THE EFFECT OF BILATERAL STELECTOMY UPON THE CEREBRAL CIRCULATION OF MAN 1

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(Submitted for publication July 13, 1950; accepted, October 23, 1950)

The role of the sympathetic nervous system in the intrinsic control of the cerebral circulation has always been controversial. Experiments heretofore have centered on the effects of stimulation of the cerebral sympathetic nerves on changes in cerebral blood flow detected by instruments applied directly to the brain of animals. The results have generally agreed that cervical sympathetic stimulation causes only mild cerebral vasoconstriction. The marked effects of chemical agents (CO₂ in particular) in affecting the cerebral circulation have led to the probably correct conclusion that the intrinsic control of the cerebral circulation in health is predominantly mediated via chemical agents in the blood and that neurogenic vasomotor control is at best only weakly effective (1). However, recent clinical reports (2–5), which we can confirm from personal experience, on the efficacy of temporary blockade of the stellate ganglia in ameliorating symptoms of cerebral embolism and thrombosis, presumably by relieving collateral vasospasm, have increased interest in the role of the sympathetic system in the intrinsic control of the disturbed cerebral circulation.

Harmel and associates (6) studied the effects of bilateral stellate ganglion block with procain on the cerebral circulation of 13 unanesthetized normotensive and hypertensive patients and failed to find any effect whatsoever. They utilized the recently introduced nitrous oxide technique for determination of the cerebral blood flow (7) in their studies. Scheinberg (8) has recently confirmed their work.

We have had the opportunity to study the cerebral circulation of seven patients before and after bilateral stellate ganglionectomy and our findings are the subject of this report.

1 This investigation was supported in part by a research grant from the National Institutes of Health, Public Health Service.

METHODS

Patients selected for study were necessarily suffering from abnormalities for which it was hoped bilateral stellate ganglionectomy would be of benefit. Four patients (L. S., M. M., J. W. and W. N.) had postencephalitic Parkinson's disease; one (B. D.) was clinically diagnosed as advanced cerebral arteriosclerosis; one (R. H.) had hypertension and advanced cerebral atrophy (air-encephalogram); and one (A. A.) suffered with an old hemiplegia as a complication of essential hypertension.

Cerebral blood flow (CBF) was determined by the nitrous oxide technique (7). Mean arterial blood pressure (MABP) was measured from the femoral artery by a damped mercury manometer attached directly to a needle in the artery. Blood oxygen and carbon dioxide analyses were carried out by the manometric technique of Van Slyke and Neill (9). Blood pH measurements were made anaerobically at 37° C. using a glass electrode. Carbon dioxide tension in the blood (pCO₂) was calculated from the nomograms of Peters and Van Slyke (9). Cerebral vascular resistance (CVR) was calculated from the formula CVR = \( \frac{MABP}{CBF} \) (7). Cerebral oxygen consumption (CMR) was determined by multiplying the CBF by the difference in oxygen content of the arterial and internal jugular blood.

Prior to operation a control cerebral blood flow measurement was made. At an interval of three to seven days following bilateral stellate ganglionectomy the studies were repeated. The patients were afebrile and received no premedication on either occasion. Earlier postoperative observations were precluded by the fact that general systemic changes (pulmonary effects and fever) would have obscured the results. This was unfortunate since it is well known that most vessels tend to regain a portion of their tone within several days after sympathectomy.

RESULTS

The most striking finding in the series as a whole was the significant fall of CVR following bilateral stellate ganglionectomy, from a mean value of 2.6 to 2.0 resistance units (p < .02). There was not so clear an increase in the mean CBF from 45.6 to 55.6 cc./100 g./min. (p > .05) and in the CMR from 2.49 to 2.90 cc./100 g./min. (p < .9). Average values for the mean arterial blood pressure,
pulse rate, cerebral respiratory quotient, jugular and arterial pH and CO\textsubscript{2} tensions were relatively unaffected by the operative procedure.

Both internal jugular and arterial oxygen content were significantly (p < .02) decreased (by 1.3 Vol. %) and the carbon dioxide content increased (3 Vol. %) following the bilateral removal of the stellate ganglia. These changes are probably due to a fall in the hematocrit postoperatively, and in one patient in whom the hematocrit was determined pre- and postoperatively such reduction did occur. The lowered hemoglobin content of the blood would result in reduction of the blood oxygen content. Blood with a lowered hematocrit would contain relatively greater amounts of plasma and since plasma does have a higher CO\textsubscript{2} content than red cells one would expect the CO\textsubscript{2} content of blood with a reduced hematocrit to be higher. However, since the CO\textsubscript{2} tension of the blood was unaltered by operation the increased CO\textsubscript{2} content of the blood could not be the critical factor in altering the cerebrovascular resistance postoperatively. Indeed, there is no correlation whatsoever between the changes in CVR with changes in any of the blood gas contents.

It is apparent that patients with initially slow CBF obtained the greatest reduction in CVR from the operation, and as a matter of fact an excellent correlation (Figure 1) exists between the preoperative CBF and amount of decrease in CVR (r = .86).

Almost as good correlation (Figure 2) exists between the preoperative CVR and the fall in CVR (r = .75).

**DISCUSSION**

Our data confirm previous findings, chiefly in animals, that under normal conditions the intrinsic tone of the cerebral vessels is not mediated via the autonomic nervous system fibers passing through the stellate ganglia. However, the clear effect of stellectomy in reducing the CVR in patients with abnormally slow CBF and increased CVR would indicate that, in pathologic states with increased CVR, at least a portion of this increased resistance can be due to spasm mediated over sympathetic reflexes.

The element of spasm maintained reflexly can evidently be considerably greater when induced by physiological means in the intact human than when produced in experimental animals by external, even though direct, stimulation of the sympathetic nerves.

The question whether the blood in the internal jugular bulb is significantly contaminated with drainage from the face and the scalp after stellate ganglionectomy and thereby influences our calculations of the cerebral blood flow and other cerebral circulatory functions is a pertinent one. Observations which demonstrated a very minor contamination of internal jugular bulb blood by extracerebral drainage were made on intact individuals (10). However, one would expect, if this error were introduced by the procedure of stellectomy, that the arteriovenous oxygen differences and respiratory quotients would be materially altered after operation. This in fact did not occur.

The discrepancy of our results with those reported by Harmel, Hafkenscheil, Austin, Crumpton and Kety (6) probably is due to the fact that
the latter observers did not study patients with an initially reduced cerebrovascular resistance and cerebral blood flow. Scheinberg (8) did study such patients but performed only unilateral stellate blocks. Our results are based upon bilateral removal of the stellate ganglion.

We did not have the opportunity to study patients with acute cerebrovascular accidents. However, the marked reflex cerebral vasoconstriction demonstrated in some of our patients makes the existence of such a mechanism plausible in some cases of apoplexy and would explain the beneficial effects reported from stellate ganglion block in such instances. It also provides a rationale for cervical sympathectomy at the time of carotid ligation to overcome vasospasm that might result from reflex mechanisms brought into play, in some patients, by the ligation.

<table>
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<tr>
<th>Patient</th>
<th>Age</th>
<th>Blood CO₂ content (Vol. %)</th>
<th>Blood CO₂ tension (mm. Hg)</th>
<th>Blood O₂ content (Vol. %)</th>
<th>Blood pH</th>
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<td>Int. jugular</td>
<td>Arterial</td>
<td>Int. jugular</td>
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<td>49.4</td>
<td>52.3*</td>
<td>54.3</td>
<td>57.3*</td>
</tr>
</tbody>
</table>

I—Preoperative study
II—Post-bilateral stellate ganglionectomy study
* Denotes significant difference (p < .02)
SUMMARY

The cerebral circulation was studied in a series of seven patients before and after bilateral stellate ganglionectomy. A significant decrease in cerebrovascular resistance was found to result from stellate ganglionectomy. This decrease in cerebrovascular resistance following operation appears to be greatest in those patients with the initially slowest cerebral blood flow and initially most marked increases in cerebrovascular resistance.

REFERENCES