Acute Poststreptococcal Glomerulonephritis: Immune Deposit Disease *

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The possible role of immunologic mechanisms in acute poststreptococcal glomerulonephritis was suggested in 1908 by Schick (2), who compared the delay in appearance of serum sickness after injection of heterologous serum to the latent period between scarlet fever and onset of acute glomerulonephritis. Evidence in support of this concept is the depression of serum complement during the early stages of the disease (3) and glomerular localization of immunoglobulin. Immunofluorescent studies have revealed either no glomerular deposition of γ-globulin (4) or a diffuse involvement of the capillary wall (5–9). Seegal, Andres, Hsu, and Zabriskie (10) demonstrated the presence of 7S γ-globulin, β1C-globulin, and streptococcal antigen in the glomeruli of most patients with this disease. By studies employing ferritin-labeled antibodies, these proteins could be demonstrated in the mesangium, between the endothelial cells, and within and adjacent to the basement membrane. Electron microscopic observations of the kidney in acute glomerulonephritis have also revealed the presence of discrete electron dense masses adjacent to the epithelial surface of the glomerular basement membrane (11–18).

The purpose of this paper is to describe immunofluorescent and electron microscopic observations of the kidney in 16 children with acute poststreptococcal glomerulonephritis. This study demonstrates 1) the presence of discrete deposits of γG- and β1C-globulins along the glomerular basement membrane and its epithelial surface that are similar in size and location to the dense masses seen by both thin section microscopy and electron microscopy; 2) the characteristic and unique specificity of this lesion in acute poststreptococcal glomerulonephritis, its difference from other glomerular diseases, and the similarity to experimental antigen-antibody complex nephritis; and 3) the resolution of these deposits during recovery from the disease and their absence from the glomeruli 10 years after epidemic acute poststreptococcal glomerulonephritis.

Methods

Patients. The major portion of the study concerned sixteen children with acute poststreptococcal glomerulonephritis having the characteristic clinical course and renal histology as well as prior β-hemolytic streptococcal infections and elevated or rising antistreptococcal antibody titers. A total of 22 renal biopsies were performed on these patients by the method previously described (19) and at the times indicated in Table I. As part of a separate follow-up study (20) 10 years after well-documented acute poststreptococcal glomerulonephritis (Red Lake, Minnesota, epidemic of 1953), additional renal biopsies were performed on 14 children and studied by fluorescent microscopy.

Electron and fluorescent microscopic observations of the kidney were also made in one patient with lupus nephritis and one with Goodpasture's disease.

Histologic methods. Part of each biopsy was placed in 10% buffered formalin (pH 7.35) for standard paraffin
embedding and sectioning and subsequently stained with hematoxylin-eosin, azocarmine, and periodic-acid Schiff. Light microscopy was carried out on 21 of the 22 biopsies. A total of 12 to 30 glomeruli were evaluated in 17 of the 21 biopsies; in each of the remaining specimens, five to six glomeruli were present.

Another portion of the biopsy specimen was immediately cut into cubes (0.5 mm³) under a drop of buffered (1%) osmic acid solution, dehydrated by standard techniques, and embedded in Vestopal-W 1 polyester resin. Sections 0.5 to 1.0 μ in thickness cut from these blocks were stained by either the Wright-Giemsa (21) or basic fuchsin method (22) and examined under oil immersion light microscopy. Very thin sections for electron microscopy were stained with either uranyl acetate (23) or lead citrate (24) and examined with either an RCA EMU-3D or a Philips EMU-200 electron microscope at original magnifications of 2,500 to 75,000 times and enlarged graphically as desired.

Immunofluorescent methods (25-27) were carried out on renal biopsy tissue that had been frozen in isopentane in liquid nitrogen, fixed to a small cellulose sponge, and sectioned in a Lipshaw cryostat. Fluorescent staining of unfixed tissue was carried out according to the method of Ortega and Mellors (28). In some instances an indirect technique was also employed. Inhibition of fluorescence was carried out by pretreating the section once or twice with unlabeled antiserum.

The sections were viewed in a Zeiss microscope with an HB-200 light source or a mercury lamp (GE-AHGH) mounted in a Scopicon water-cooled unit. The ultraviolet activating and heat absorption filters were UG-1 and KG-1, respectively. The barrier filters consisted of OG-4 and a 2A Wratten (Kodak). Photographs were taken with an Exacta camera using Kodak Tri-X or high-speed Ektachrome film. The intensity and amount of fluorescence were arbitrarily graded as negative, trace, 1+, 2+, and 3+. Six to 18 glomeruli were available for evaluation from each of the 22 biopsies.

Preparation of antisera. Antisera were prepared against the following antigens: 1) Human γG-globulin was isolated by DEAE Sephadex A-50 chromatography; 2) immunoelectrophoresis of this antigen against antihuman serum revealed a single precipitin line. 2) Human βG-globulin, a part of the third component of complement, was prepared from 400 ml of fresh human serum by the column chromatographic method of Müller-Eberhard, Nilsson, and Aronsson (29); the βG-globulin isolated formed one precipitin line with both antihuman serum and with known rabbit anti-βG-globulin serum. 3) Human fibrinogen was prepared from human Fraction I 8 according to the method of Laki (30, 31). 4) Human fibrin was prepared from human fibrinogen; 25.0 mg of fibrinogen was diluted in isotonic saline to a final concentration of 5.0 mg per ml, and then 10.0 ml of 0.075 M sodium chloride in phosphate buffer (pH 6.1) and 0.5 ml of bovine thrombin were added. After standing for 1 hour, the clots were washed with distilled water, lyophilized, and suspended in particulate form in 0.15 M saline. Antisera were also prepared against 5) human albumin (Cohn Fraction V), 6) rabbit γ-globulin (Cohn Fraction II), and 7) heat-killed and ground-cell suspension of nephritogenic, type I, group A, β-hemolytic streptococcus. 8) Extracellular products of the same streptococcus were prepared according to the method of Wannamaker (32) and concentrated by ammonium sulfate precipitation or by pervaporation.

Preparation of antibody. Antibody to these human antigens was prepared in rabbits. Immunizations were carried out with alum-precipitated human γG-globulin and albumin, fibrin and βG-globulin incorporated in complete Freund’s adjuvant, and a saline solution of fibrinogen. Alum-precipitated rabbit γ-globulin was injected into goats. The specificity of the antisera was shown by immunoelectrophoresis of the immunizing antigen and whole serum developed against the antisera. Antisera showing more than one major precipitin band were not used. A horse anti-γG-globulin serum, employed in these studies, formed one major line on immunoelectrophoresis against normal serum; an additional faint line was also seen in the αG-globulin region.

Antisera to the various streptococcal preparations were obtained by immunizing rabbits three times weekly for a total of 2 months with 0.5 ml of antigen in solution or suspension. Antigen preparations were injected intravenously during the first month and subcutaneously during the second month of immunization. The development of antibodies to multiple antigens in these crude vaccine materials was demonstrated by the appearance of a number of lines of precipitation in a double-diffusion agar system.

The ammonium sulfate-precipitated globulins were dialyzed and then conjugated with fluorescein-isothiocyanate 10 (33, 34) with 0.015 g per g of protein. The labeled antisera was then passed through a column of Sephadex G-25 to remove the free fluorescein (35, 36). Antisera were stored as small portions at −22°C until used. Immediately before use, the antisera were ab-

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1 Martin Jaeger Co., Geneva, Switzerland.
2 Onkosponge no. 1, obtained from Histomed, Paterson, N. J.
3 Some of the γG-globulin used was obtained from Immunology, Inc., Lombard, Ill.
4 During the initial part of this investigation the rabbit anti-βG serum was kindly supplied by Dr. H. Müller-Eberhard, Scripps Clinic and Research Foundation, La Jolla, Calif.
5 Provided by the American Red Cross and Dr. Richard von Korff, Department of Biochemistry, University of Minnesota, Minneapolis, Minn.
6 Cutter’s normal human serum albumin, Cutter Laboratories, Berkeley, Calif.
7 Rabbit γ-globulin (Fraction II), Nutritional Biochemical Corp., Cleveland, Ohio.
8 Difco Laboratories, Detroit, Mich.
9 Hyland Laboratories, Los Angeles, Calif.
10 Baltimore Biological Laboratories, Baltimore, Md.
# Fluorescent and electron microscopic observations of the kidney in 16 patients with acute glomerulonephritis

<table>
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<tr>
<th>Patient</th>
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* Rabbit antisera to γG-globulin, β1c-globulin, albumin, and fibrin were labeled with fluorescein-isothiocyanate and used directly. In some instances an indirect technique was also used by overlaying the tissue with unlabeled rabbit anti-β1c-globulin followed by fluorescein-labeled goat antirabbit γG-globulin; the labeled goat antirabbit globulin control was negative in each instance. The fluorescence was inhibited by the prior application of unlabeled antiserum.† I FH = fluorescence inhibited by first overlaying tissue with unlabeled rabbit anti-γG-globulin. The appearance of fluorescence with labeled anti-γG-globulin and anti-β1c-globulin was primarily discrete and nodular in all patients except 10, 12, and 14. In these patients florescence was seen in both a linear and nodular distribution along the basement membrane.
With the basic fuchsin technique the nodules were pale red or pink, whereas the basement membrane proper was intensely red.

II) Fluorescent microscopy

A) Acute glomerulonephritis. The glomerular deposition of \( \gamma G \)- and \( \beta_{10} \)-globulins is summarized

![Image](image_url)
in Table I. In 12 of 16 patients, γG-globulin was demonstrated in the glomeruli of the initial biopsy; β1c-globulin was detected in glomeruli of all patients. Typically, the fluorescence was discrete and nodular, scattered diffusely throughout the glomeruli (Figure 2A); linear areas of basement membrane and mesangial fluorescence were also seen, especially in patients with more severe disease (Patients 10, 12, 14) or patients biopsied later in convalescence, but this morphologic distribution was less frequent. In glomeruli from some patients the fluorescent masses approached the size of erythrocytes and in some areas seemed to be fused with other masses in a local distribution sparing parts of the glomerulus. In tissue from other patients the nodules were smaller and gave a speckled appearance to the glomerulus at these magnifications. The deposits appear to follow the course of the glomerular capillary walls at higher magnification, and in glomeruli from some patients the immune deposits clearly were present on the epithelial surface of the glomerular basement membrane (Figure 2B). There was no evidence that the fluorescence represented nuclear, cytoplasmic, or cellular staining. Gamma G-globulin was not present on the glomeruli in Patients 4, 9, 13, and 15. In these patients considerable amounts of β1c-globulin were observed as discrete nodules.

Beta1c-globulin was also demonstrated by an indirect technique in nine patients so studied, but when this method was used, the fluorescence was more linear in appearance than when the direct technique was used.

In Patient 10, the amounts of γG- and β1c-globulins were decreased at 112 days. At 272 days, only trace amounts of γG-globulin were noted on the glomeruli in focal distribution, but no β1c-globulin could be detected. The tissues from Patients 5 and 6, 193 and 184 days after onset, demonstrated neither β1c- nor γG-globulin. Slight local and focal deposition of both γG and β1c was observed in tissue obtained from Patient 12, 198 days after onset.

The specificity of the fluorescence was confirmed by inhibition of fluorescence with unlabeled antiserum to γG-globulin in 11 of 11 instances, by inhibition of fluorescence with antisera to β1c-globulin, and by negative fluorescence for human albumin in eight of eight preparations. No γM-
globulin could be shown in the glomeruli of six patients so studied.

Fibrin was observed in the glomeruli of initial biopsy specimens from five of eight patients; however, the distribution of the fluorescence differed from the nodular distribution observed with \( \gamma \)G- or \( \beta_{1C} \)-globulins (Figure 3). The pattern of fibrin deposition was often ribbon-like as though it were present within Bowman's space, along the basement membrane, or within the capillary lumen.

In ten patients (No. 2 to 6, 10 to 12, 13, 15) the tissue was stained with fluorescein-conjugated globulin against two cellular preparations of a nephritogenic type 1, group A, \( \beta \)-hemolytic streptococcus: a heat-killed and a ground-cell suspension.\(^{11} \) Definite discrete glomerular fluorescence was present in Patients 2 and 3 when either antiserum was used (Figure 4); this was inhibited by the prior application of unlabeled antisera. A trace of fluorescence was also seen in the glomeruli of Patient 4, but none was seen in the other patients. It was not possible to localize exactly the fluorescence with respect to the glomerular basement membrane, although no discrete nodules were seen. Fluorescein-conjugated globulin against the extracellular streptococcal products failed to show localization in Patients 2, 3, 4, 5, and 10; the remainder of the patients were not evaluated with this antiserum because of lack of tissue. Fluorescent antibody against the ground-cell preparation

\(^{11} \) These studies were done in collaboration with Dr. Lewis W. Wannamaker under the sponsorship of the Commission on Streptococcal and Staphylococcal Diseases, Armed Forces Epidemiological Board. The support of the offices of the Surgeon General, Department of the Army, Washington, D. C., and of the American Heart Association (Dr. Wannamaker, Career Investigator) in this collaborative effort is hereby acknowledged.
of type 1 streptococcus showed no glomerular staining in kidney tissue obtained from patients with the nephrotic syndrome (2), chronic glomerulonephritis (2), subacute glomerulonephritis (1), and diabetes mellitus (1), or in a normal individual (1).

B) Ten years after acute glomerulonephritis. Renal biopsies from 14 patients who had had acute poststreptococcal glomerulonephritis 10 years previously were examined for the presence of \( \gamma G \)- or \( \beta_1C \)-globulins. All had normal renal function. The Addis counts in these patients were slightly abnormal, but the frequency of this abnormality was not significantly different from that of a control Indian population with no history of glomerulonephritis (20).

In 11 biopsies no glomerular deposition of \( \gamma G \)- or \( \beta_1C \)-globulins was found; nine of these biopsies showed normal histology, but two showed mild focal and local glomerular abnormalities. In three biopsies, there was focal and local deposition of \( \gamma G \)- and \( \beta_1C \)-globulins along the basement membrane of approximately one-half of the glomeruli; the deposition was restricted to small loci and represented a very small area of the glomerulus. Histologically, two of these biopsies also showed mild focal and local glomerular abnormalities, and one was normal. No immune complex type of deposition resembling that found during acute glomerulonephritis was seen.

III) Electron microscopy

Two to four glomeruli in each of 11 renal biopsy specimens from 9 of the 16 patients included in this report were studied by electron microscopy.

The ultrastructural changes within glomeruli of the patients fell roughly into two patterns, each related to the interval between onset of clinical disease and renal biopsy.

A) Electron microscopic findings in six renal biopsy specimens obtained 7 to 26 days after onset (Patients 1 to 4, 6, 12). The prominent abnormalities of ultrastructure in these biopsies included (Figures 5 and 6) 1) an increase in volume of low density cytoplasmic material of luminal endothelial cells (endothelial swelling); 2) an increased number of cells identified as either luminal endothelial cells (endothelial proliferation) or centrolobular cells (mesangial cells); 3) a striking in-

crease in the number of polymorphonuclear leukocytes within the glomerular capillary lumina usually adjacent to the dense deposits within the basement membrane or opposite nodules on the epithelial side of the basement membrane; 4) irregular circumscribed and linear areas of increased density within the basement membrane with occasional zones of thinning of the lamina densa or irregular scalloped thickening (these were especially prominent in Patients 2, 3, and 12); and 5) numerous dense, homogeneous, spherical deposits that projected from the epithelial side of the basement membrane. The smaller masses often indented the lamina densa of the basement membrane (Figure 5) and appeared to lie wholly within the basement membrane. These ovoid bodies were always more densely stained with lead citrate or uranyl acetate than the lamina densa. The larger masses were pedunculated and attached to the basement membrane by a narrow base that fused with the lamina densa. Other larger spheres often appeared to lie entirely within the epithelial cell although this is uncertain since serial sections would be needed to establish this point. Rarely, dense granular material could be observed within endothelial cytoplasmic vacuoles.


B) Electron microscopic findings in five kidney biopsy specimens obtained 1 month or more after onset (biopsy 2 from Patients 5, 6, and 14 and biopsies 2 and 3 from Patient 10). The electron microscopic findings in the group were similar to those described above except that the amount of dense material was decreased, and there were fewer deposits within the basement membrane. Nodular masses, where present, appeared to be within enlarged epithelial cells that contained numerous dilated cisternae and a decreased number of mitochondria and lysosomes. A dense granular layer of material approximately 200 A in thickness surrounded the nodular deposits and appeared to blend into the epithelial cytoplasm. The basement membrane from later biopsy specimens showed focal areas of thickening alternating with areas of normal thickness and density. Glomeruli from two biopsy specimens (Patients 5 and 6), obtained 6 months after onset of the disease, demonstrated only an occasional nodular mass that appeared to be entirely within the epithelial cell; there was also an increase in membranous (stalk) material.

IV) Comparison of the immunofluorescent and ultramicroscopic morphology of acute glomerulonephritis with other renal diseases

A nodular deposition of \( \gamma \)- and \( \beta_1 \)-globulins has also been seen in tissue from certain patients with chronic glomerulonephritis and systemic lupus erythematosus (SLE). In the latter disease large amounts of immune-complex deposits may be present within or beneath the glomerular basement membrane or projecting from its epithelial surface (Figure 7A). Electron microscopy of a similarly involved glomerulus from the same patient reveals numerous irregular dense masses within and projecting from the epithelial side of the basement membrane (Figure 8A). These masses are very different from the nodules described in acute glomerulonephritis in that the lesions observed in SLE are less compact, are rarely pedunculated, and have not been observed as nodules entirely within the visceral epithelium.

In other diffuse glomerular diseases such as certain types of chronic glomerulonephritis and Goodpasture's disease, no nodules or masses are seen by light or fluorescent microscopy. Figure 7B illustrates the fluorescent microscopic appearance of the glomerulus in a patient with Goodpasture's disease. The fine linear basement membrane fluorescence is due to \( \gamma \)-globulin deposition in the basement membrane, which is uniformly thickened and without nodules when viewed un-

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**Fig. 7.** A) Tissue obtained from a 15-year-old male during the course of severe lupus nephritis. Fluorescent microscopy of a segment of a glomerulus reveals the presence of \( \gamma \)-globulin along the glomerular basement membrane. Deposits are primarily along the epithelial side of the basement membrane (arrows), but are also present within it. \( \beta_1 \)-globulin was present in a similar distribution. Compare with electron microscopic appearance in Figure 8.

B) Tissue obtained from a 26-year-old man with Goodpasture's disease. Gamma G-globulin is present within the glomerular basement membrane giving a diffuse linear pattern. No isolated or discrete extramembranous deposits are seen. Beta-G-globulin was present in a similar distribution. Compare with electron microscopic appearance in Figure 8. (Fluorescent microscopy \( \times 875 \).)
**Discussion**

Strict criteria for the diagnosis of acute poststreptococcal glomerulonephritis in 16 of our patients included a characteristic clinical picture, evidence of preceding streptococcal infection, and characteristic renal morphology. The salient finding was the presence of discrete nodular deposits of either \( \beta_{1C} \) or \( \gamma \)-globulin, or both, in the glomeruli of all 16 patients with acute disease and the correlation of this type of deposition with densities, similar in conformation and location, in electron microscopy and thin section microscopy of tissue from the same biopsies. These deposits are...
characteristic of the disease. In a few patients with severe disease, a prominent diffuse linear basement membrane and mesangial fluorescence was also observed. During convalescence, the immune-complex deposits were either not present at all or in minimal quantity by fluorescence microscopy and seemed to be resolving in the few patients studied by electron microscopy. In these late specimens the densities seemed to be entirely within the epithelial cells and showed changes interpretable of ongoing lysis.

This lesion is morphologically distinct from the diffuse linear distribution of \( \gamma \)-globulin and complement observed by fluorescent microscopy within glomerular basement membrane in Goodpasture's disease and in some patients with chronic glomerulonephritis, in which no discrete deposits are present. Nodular basement membrane fluorescence has also been observed in disseminated lupus erythematosus and in some cases of chronic glomerulonephritis (39); however, the \( \gamma \)G and \( \beta_{1C} \) are not as discretely deposited.

Beta\(_{1C}\)-globulin was demonstrated more consistently in the glomeruli of patients than was \( \gamma \)G-globulin, which was not demonstrable even in trace amounts in four children. This may be analogous to the non-\( \gamma \)-globulin Coombs' test in certain hemolytic anemias where complement or its components, and not \( \gamma \)-globulin, may be found on the red cell surface (40, 41). Laddie, Hill, Swisher, and Vaughan (41) have suggested that the \( \gamma \)-globulin is present, but sterically hindered from reacting with its homologous antisem, or that \( \gamma \)-globulin has in fact dissociated from the cell leaving complement behind. It may also be that the location of the deposit in some way determines detectability of the \( \gamma \)-globulin.

The closest experimental analogue to the lesions in acute poststreptococcal glomerulonephritis is antigen-antibody complex nephritis, as observed by Dixon, Feldman, and co-workers (42-45). Our own studies (3) and those of Germuth and McKinnon (46, 47) support the concept that the lesions of serum sickness reflect the toxicity of these complexes, which are also complement fixing. Light microscopy of the kidney in rabbits with experimental serum sickness shows acute proliferative glomerulonephritis and vasculitis, and electron microscopy reveals swelling and proliferation of the endothelial cells and deposition of electron-dense material adjacent to and within the glomerular basement membrane (42-44). Ferritin-labeled studies have shown that these deposits contain bovine serum albumin (antigen) and rabbit \( \gamma \)-globulin (antibody) (48). The discrete nodular fluorescent and electron microscopic appearance of these nodular masses on the epithelial side of the basement membrane in acute serum sickness in rabbits is indistinguishable from the renal lesion of acute poststreptococcal glomerulonephritis in children (49).

Although the exact mechanism of production of acute glomerulonephritis is speculative, the sequence of events may be similar to that occurring in experimental antigen-antibody complex disease. The presence of streptococcal antigen in the glomeruli of some patients with this disease tends to support but does not prove the antigen-antibody complex hypothesis.

Although the deposits of acute glomerulonephritis bear similarities to those of lupus nephritis and some forms of chronic glomerulonephritis, there are differences. In acute nephritis the deposits tend to be discrete and appear to be present wholly within the epithelial cell; in the other diseases, the nodular deposits may be located entirely within the basement membrane, as in some cases of chronic glomerulonephritis (39); the electron-dense material or \( \gamma \)G- and \( \beta_{1C} \)-globulins may also appear as a linear density within the basement membrane without extramembranous deposits as in Goodpasture's disease. The appearance of the glomeruli on immunofluorescent staining of the biopsies in the latter disease is identical to that previously shown to be characteristic of nephrotoxic serum nephritis (3). In acute nephritis there is little distortion or disruption of the basement membrane, and the masses are not usually trapped or incorporated within the basement membrane; in the other diseases the basement membrane is extensively involved and becomes thickened and distorted.

**Summary**

1. A coordinate study of the light, immunofluorescent, and electron microscopy of the kidney was carried out in 16 children with acute poststreptococcal glomerulonephritis.

2. Discrete deposits of \( \beta_{1C} \)-globulin or \( \gamma \)G-globulin or both were present within and along the epi-
thelial surface of the glomerular basement membrane during the acute phase of the disease. By electron and thin section microscopy, these immune deposits were shown as dense masses lying on the epithelial surface of the basement membrane, and rarely within the endothelial cell. This discrete deposition of $\gamma$G- and $\beta_{1c}$-globulins is morphologically distinct from other glomerular diseases. Correlative experimental evidence indicates that these deposits represent immune aggregates, probably antigen-antibody complexes. In three of ten patients streptococcal cell antigen was also present in the glomeruli.

3. The amount of $\gamma$G- and $\beta_{1c}$-globulin in the glomeruli decreased markedly or disappeared in four patients studied up to 9 months after onset.

4. Immunofluorescent studies on kidney tissue obtained from 14 patients 10 years after epidemic acute poststreptococcal glomerulonephritis reveals no deposition in 11 and minimal abnormalities in 3.

Acknowledgments

We appreciate the thoughtful editorial assistance of Miss Ann Gabrielsen.

References


