Changes in Proximal and Distal Tubular Reabsorption Produced by Rapid Expansion of Extracellular Fluid *

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Summary. Acute infusions of isotonic saline in the rat cause an increase in glomerular filtration rate and in the excretion of salt and water. The kidney swells, due to expansion of tubular and interstitial volume. Despite the increase in tubular diameter, transit time through the proximal tubules and loops of Henle is decreased, presumably owing to a greatly accelerated rate of tubular flow. Proximal tubular reabsorption, measured in blocked tubules, is inhibited in a way that cannot be ascribed to changes in tubular diameter. The prolongation of proximal reabsorptive half-time is not affected by the administration of aldosterone. It occurs equally in rats chronically loaded with or deprived of salt, and it is therefore not likely that it is influenced by the renal content of renin. In contrast, reabsorption from the distal convoluted tubule is enhanced by saline infusion. This change is observed in segments of tubules blocked with oil and isolated from their glomeruli and thus appears to occur independently of changes in glomerular filtration or tubular flow.

Introduction

Acute infusions of saline provoke a diuresis of water and salt in normal animals. Though such infusions usually increase glomerular filtration rate, sodium excretion in dogs is augmented by saline infusion even when the increment in filtration rate is prevented (1, 2). It has been shown that the diuresis is associated with a decrease in the fractional reabsorption of glomerular filtrate in the proximal tubule of dogs (3) and rats (4), although it is not clear whether the absolute rate of sodium reabsorption by the proximal tubule is also reduced in the latter animal.

In the present experiments the mechanism of saline diuresis was investigated by micropuncture in single nephrons of rats. Proximal tubular reabsorption, studied in blocked tubules by stopped-flow microperfusion, was diminished by intravenous administration of isotonic saline. Distal absorption, on the other hand, was accelerated by saline infusion. By virtue of the technique used, these changes were independent of changes in tubular diameter, glomerular filtration, or tubular flow through the nephron being studied. The change in proximal tubular reabsorption was not influenced by prior salt loading or salt restriction and hence is probably independent of the renin content of the kidney.

Methods

Male Sprague-Dawley rats weighing 160 to 350 g were anesthetized with Inactin.¹ A tracheostomy was

¹ Promonta, Hamburg.
performed, the bladder was cannulated, and the right ureter was ligated and transected proximally to the tie. The left kidney was exposed, its capsule stripped, and the kidney immobilized in a plastic cup for micropuncture as previously described (5). During surgery, isotonic saline equal to 1% of the body weight was infused intravenously to compensate for extracellular fluid losses.

Isotonic NaCl, 150 mEq per L, was infused at the rate of 1.2 ml per hour before and after the rapid saline infusion. After an equilibration period of 60 to 90 minutes, isotonic saline equal to 10% of the body weight was infused over the next 60 minutes. Observations were made before, during, and after the rapid expansion of extracellular fluid with isotonic saline.

Inulin-methoxy-2H\(^2\) was used to measure glomerular filtration rate (GFR). After a prime of 50 \(\mu\)c, inulin-\(2H\) was infused at a rate of 50 \(\mu\)c per hour. The radioactivity of samples in Bray's solution was determined in a Tri-Carb liquid scintillation spectrometer. The counts were corrected for quenching by using a \(2H\) internal standard. Urine was collected at intervals of approximately 30 minutes, and samples of blood were taken from the tail before and after each collection. Urine collected during the first 15 minutes of rapid saline infusion, while the rate of urine flow was increasing, was discarded.

The time taken by fluid to pass through the first 55 to 60% of the proximal tubule (proximal transit time) was measured by injecting 0.05 ml of 10% Lissamine green into the jugular vein. The time from the first appearance of dye on the surface of the kidney (capillary flush) to the disappearance of dye from all proximal convolutions was taken in some experiments as the proximal passage time, as recommended by Steinhausen (6). In other experiments, proximal transit time was estimated by the modification of Gertz, Mangos, Braun, and Pagel (7), in which the end point is taken at the time of the convergence of the columns of dye in proximal tubules before they descend beneath the surface to form pars rectae. Distal transit was measured as the time from the initial blush of dye on the surface of the kidney to the earliest appearance of dye in distal tubules.

The half volume reabsorption time of isotonic saline in stopped-flow microperfusions of single proximal and distal tubules was measured by sequence photomicrography as described by Gertz (8). Segments of single surface proximal or distal tubules were filled with castor oil stained with Sudan black, and a droplet of isotonic saline was introduced into the middle of the oil column. The rate of absorption of the saline was measured by photographing the column of oil at intervals of 3 seconds. The distal tubules were identified as those tubules which filled with Lissamine green after the initial clearing phase and contained concentrated dye.

The diameter of the oil column adjacent to the isolated droplet was measured in enlarged photographs with dividers and expressed in microns by comparison with a stage micrometer photographed at the same magnification.


Tubular diameter was measured during free flow by snap freezing the whole kidney at \(-70^\circ\text{C}\) and freeze substituting with absolute alcohol at the same temperature. Histological sections were prepared and were measured with an ocular filar micrometer. Only tubules cut transversely were chosen for measurement. Tubular pressures were measured by manometry, with a method similar to that used by Flanigan and Oken (9). Pipettes with a beveled tip of 8 \(\mu\) were filled with 3% Lissamine green that had been filtered through a 0.45-\(\mu\) Millipore filter. Zero reading was taken at the water-oil interface on the surface of the kidney. Pressure was recorded in a water manometer in triplicate as the pressure at which dye did not leave and tubular fluid did not enter the pipette.

For purposes of comparison, intratubular pressure and tubular measurements were made in rats during acute hydropnephrosis. In these animals observations were made 30 to 60 minutes after the ureter of the experimental kidney was ligated.

Mean femoral arterial pressure was recorded with a catheter placed in the femoral artery, using a Statham strain gage and a Grass model 7 polygraph.

The possible contribution of the renin-angiotensin system was studied by comparing two groups of rats. The first group was fed a sodium-free artificial diet \(^{3}\) and tap water for a period of 3 to 6 weeks. The second group was given the same diet mixed with USP salt mixture XIV to contain 0.07 mEq Na per g of diet, and received isotonic NaCl as drinking water for a similar period. Certain rats from the chronically salt-loaded group were given exogenous aldosterone. A priming dose of 50 to 100 \(\mu\)g of aldosterone was given intravenously 60 minutes before micropuncture, and a sustaining dose of 5 \(\mu\)g per hour was infused throughout the experiment.

The renin content in the kidneys of the two groups of rats was estimated by the granularity of the juxtaglomerular cells in histological sections stained with Bow's stain. As shown by others (10, 11), an increase in juxtaglomerular granulation, thought to correlate with renal content of renin (12, 13), was found in sodium-deficient rats, and a decrease in juxtaglomerular granularity was seen in chronically salt-loaded rats.

Results

Urine flow, sodium excretion, glomerular filtration rate, and arterial pressure (Table I, Figure 1).

Rapid infusions of saline increased urine flow by 15- to 20-fold. At the height of the diuresis, urinary sodium amounted to 0.5% of the filtered load in salt-deficient rats, 1.7% in the group given aldosterone, and 6.3% in the chronically salt-loaded animals. Inulin clearance, initially approximately 0.4 ml per minute per kidney per 100 g body weight, rose with infusion in all groups but re-

\(^{3}\) Nutritional Biochemicals. Cleveland, Ohio.
turned to or toward control levels during the hour after infusion, at a time when urine flow remained high. Mean femoral arterial blood pressure averaged 100 mm Hg and did not change with rapid saline infusion.

Transit time (Table 1, Figure 2). Proximal transit time fell during saline diuresis in each group of rats to 60 to 80% of the control value. The time taken by fluid to transverse the proximal tubules decreased after infusion from a control value of 19.0 ± 0.9 seconds (mean ± standard error) to 13.5 ± 2.0 seconds as estimated by the method of Steinhausen and from 12.8 ± 0.7 seconds to 10.4 ± 0.3 seconds using the end point suggested by Gertz. Since the proximal tubules were visibly dilated (see below), this decrease in transit time presumably reflected an increased rate of flow through the tubules. Passage time to the distal tubules was similarly decreased by infusion, from 66.9 ± 2.4 seconds before infusion to 40.3 ± 0.8 seconds afterwards.

Droplet reabsorption in the proximal tubule (Table 1, Figure 3). The reabsorption of stationary droplets of isotonic saline by proximal tubules was clearly prolonged by rapid expansion of extracellular fluid. Half-time of reabsorption rose significantly from a control value of 8.5 ± 0.24 seconds (mean ± standard error) in rats on a salt-free diet to 11.9 ± 0.51 seconds (p < 0.001), and from 8.7 ± 0.24 to 11.9 ± 0.42 seconds in rats previously salt loaded (p < 0.001). Similar changes were seen in animals treated with exogenous aldosterone. Neither the salt content of the diet nor injections of aldosterone altered the initial reabsorptive half-time or its response to acute intravenous loads of saline.

Since the absolute rate of sodium reabsorption studied by the split droplet technique is proportional to the volume of the isolated droplet as well as to the half-time of disappearance, the diameter of the isolated droplet was measured before and after saline infusion. Tubules filled with oil always appear distended when compared with the surrounding tubules in which free flow is proceeding. No difference was found in the droplet diameter of tubules thus distended with oil before and after saline loading. The prolongation of half-time that was observed therefore represents an absolute decrease in the reabsorption of sodium and water from tubules blocked with oil, as a consequence of rapid expansion of the extracellular fluids with saline.

If it is assumed purely for the purpose of calculation that reabsorption of tubular fluid during free flow has the same rate constant as that measured during stopped perfusion, as suggested by Gertz (7), an approximation can be obtained of the fraction of glomerular filtrate reabsorbed by
proximal tubules using the half-time of reabsorption of the split droplet and the time taken by dye to pass through the proximal tubules by the method of Gertz. This calculated figure averaged 66% in control rats and 45% after saline infusion. It is interesting to see how closely these values correspond to those obtained from actual determinations of inulin in proximal tubular fluid and plasma during free flow by Cortney, Mylle, Las-siter, and Gottschalk (4), who found 67% of glo-

**TABLE I**

<table>
<thead>
<tr>
<th>Rate (GFR) and proximal tubular function</th>
<th>Half-time of reabsorption (s)</th>
<th>Diameter of isolated droplet (μm)</th>
<th>Urine volume (μl/min/kidney)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Renin-rich (14 rats)</td>
<td>8.5 ± 0.24 (n=47)</td>
<td>27.4 ± 0.4 (n=26)</td>
<td>1.5 ± 0.2 (n=16)</td>
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<tr>
<td>Renin-poor (13 rats)</td>
<td>8.7 ± 0.24 (n=47)</td>
<td>27.8 ± 0.3 (n=15)</td>
<td>1.5 ± 0.8 (n=17)</td>
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<tr>
<td>Aldosterone (9 rats)</td>
<td>8.58 ± 0.32 (n=27)</td>
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<td>1.3 ± 0.2 (n=9)</td>
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<td>11.0 ± 0.57§ (n=31)</td>
<td>21.8 ± 1.17§ (n=17)</td>
<td>19.7 ± 4.3§ (n=15)</td>
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<tr>
<td></td>
<td>11.5 ± 0.52§ (n=23)</td>
<td>26.3 ± 0.311 (n=22)</td>
<td>32.7 ± 10.9§ (n=11)</td>
</tr>
<tr>
<td></td>
<td>12.0 ± 1.0§ (n=12)</td>
<td>27.8 ± 0.411 (n=15)</td>
<td></td>
</tr>
<tr>
<td></td>
<td>11.9 ± 0.51§ (n=22)</td>
<td>26.3 ± 0.411 (n=18)</td>
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<tr>
<td></td>
<td>11.9 ± 0.42§ (n=30)</td>
<td>28.1 ± 0.511 (n=15)</td>
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<tr>
<td></td>
<td>11.3 ± 0.36§ (n=30)</td>
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<tr>
<td></td>
<td>11.3 ± 0.72§ (n=9)</td>
<td>19.9 ± 6.8§ (n=16)</td>
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<tr>
<td></td>
<td>11.9 ± 0.95§ (n=12)</td>
<td>18.0 ± 4.0§ (n=15)</td>
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<tr>
<td></td>
<td></td>
<td>25.8 ± 6.5§ (n=14)</td>
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**FIG. 1.** Change in glomerular filtration rate (GFR) produced by saline infusion. Percentage change in GFR (inulin clearance) after rapid saline infusion in three groups of rats. Values are expressed as per cent of GFR in the control period. The Figure shows means and standard errors.
FIG. 2. Changes in transit time in proximal and distal tubules produced by saline infusion. Both proximal and distal passage times decreased after rapid expansion of the extracellular fluid. Values are means ± standard errors and are expressed as per cent of control.

Merular filtrate reabsorbed by the proximal tubule in non-diuretic rats and 42% after i stonic saline loading.

Tubular diameter during free flow (Table II, Figure 4). The kidney swells visibly during rapid infusion of saline. Snap frozen histological sections of the cortex (Figure 4) from animals sacrificed at the end of the 60-minute infusion show that there is expansion of the tubular lumina and of the interstitial space. The average diameter of the proximal tubular lumen was 21.6 ± 0.6 μ (mean ± standard error) in kidneys from control rats and 27.1 ± 0.8 μ in animals undergoing saline diuresis. The increase in luminal area occurs at the expense of the epithelial cells lining the tubule, which appear flattened. The outside diameter of the tubule is unchanged by saline diuresis. These changes in tubular diameter seen during free flow contrast with the observations recorded above in tubules filled with oil in which split droplet mea-
Mechanisms of Saline Diuresis

Measurements were made. The latter tubules were apparently maximally distended by the oil droplet, and no difference was seen after infusion with saline.

Proximal tubular pressure (Table II). Swelling of the decapsulated kidney during saline diuresis was not accompanied by measurable changes in intraluminal pressures within the proximal tubule. Average proximal tubular pressure in non-diuretic rats was 15.9 ± 0.4 cm H$_2$O (mean ± standard error) and in saline-loaded animals 14.9 ± 0.6. Care was taken in each experiment to make sure that the tip of the micropuncture pipette was not occluded. Clamping the ureter produced a prompt rise in proximal tubular pressure, which reached 57.1 ± 4.3 cm H$_2$O in rats loaded with saline.

Droplet reabsorption in the distal tubule (Table III). In contrast to the slowing of reabsorption seen in the proximal tubule, the reabsorption time of a droplet of saline placed in an oil-filled segment of distal tubule was shortened by saline diuresis. Half-time of reabsorption with the split droplet technique averaged 38.4 ± 2.3 seconds in the distal tubule of control rats and decreased to 29.7 ± 1.0 seconds when saline was infused. As in the proximal tubule, the diameter of the isolated droplet was the same before and after saline loading, indicating that changes in reabsorption half-time reflected changes in the absolute volume of fluid absorbed from the droplet.

Discussion

The increase in urinary excretion of sodium and water provoked in normal animals by acute expansion of the extracellular fluid appears to be caused primarily by changes in glomerular filtration rate and proximal tubular reabsorption. Cortney and associates (4) showed that infusions

<table>
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<th>Table II: Effect of saline loading on proximal tubular diameter and intratubular pressures</th>
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<tr>
<td></td>
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<tr>
<td>Control</td>
</tr>
<tr>
<td>(n = 50)</td>
</tr>
<tr>
<td>Saline-loaded</td>
</tr>
<tr>
<td>(n = 41)</td>
</tr>
<tr>
<td>Acute hydrenephrosis</td>
</tr>
<tr>
<td>(n = 39)</td>
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<tr>
<td>Acute hydrenephrosis and saline loading</td>
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* Values refer to means ± standard errors; n = number of observations.
† Significantly different from control $p < 0.001$.
‡ Not different from control ($p > 0.3$).
Before Infusion

After Infusion

21.6 ± 0.6 µ

27.1 ± 0.8 µ

Fig. 4. Photomicrographs of snap frozen kidneys before and after saline infusion. Luminal diameter of proximal tubules is given as mean ± standard error. Note the dilatation of the lumina at the expense of cell height (original magnification 80 ×).

of isotonic saline in rats were accompanied by increases in glomerular filtration rate and parallel decreases in fractional reabsorption of glomerular filtrate, so that the absolute quantity of fluid reabsorbed by the proximal tubule was estimated to remain roughly the same, and the entire increment in fluid filtered was delivered to the distal nephron. It is quite clear, however, at least in the dog, that renal excretion of sodium may be induced by saline infusions even when a rise in glomerular filtration is prevented. By puncturing the proximal tubule of exposed kidneys in dogs, Dirks, Cirksena, and Berliner (3) demonstrated that the decrease in fractional reabsorption of glomerular

Table III

Effect of saline infusion on distal tubular function

<table>
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<tr>
<th>Transit time</th>
<th>Half-time of reabsorption (ts)</th>
<th>Diameter of isolated droplet</th>
</tr>
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<tbody>
<tr>
<td>% of control</td>
<td>Normal diet (6 rats)</td>
<td>Normal diet (6 rats)</td>
</tr>
<tr>
<td></td>
<td>(10 rats)</td>
<td>(10 rats)</td>
</tr>
<tr>
<td>Control period</td>
<td>100 100</td>
<td>38.4 ± 2.3†</td>
</tr>
<tr>
<td></td>
<td>(n = 10) (n = 10)</td>
<td>(n = 41)</td>
</tr>
<tr>
<td>60 to 120 min after start infusion</td>
<td>59 ± 3.4† 68.0 ± 4.0‡</td>
<td>29.7 ± 1.0†</td>
</tr>
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<td></td>
<td>(n = 9) (n = 18)</td>
<td>(n = 33)</td>
</tr>
</tbody>
</table>

* Renin-rich = chronically salt-depleted rats; renin-poor = chronically salt-loaded rats.
† Means different from control (p < 0.001).
‡ Values refer to means ± standard errors; n = number of observations.
§ Means not different from control (p > 0.9).
filtrate induced by saline infusion persisted even when over-all glomerular filtration rate was artificially lowered by clamping the renal artery. Although in the present experiments glomerular filtration rate rose initially when saline was infused, it fell to or below control values in some rats after the infusion was completed. Nevertheless, diuresis persisted (Figure 1), emphasizing the role of altered tubular reabsorption in producing the diuresis. The results of these experiments clarify some aspects of the mechanism of this change in tubular behavior.

The split droplet technique of Gertz measures reabsorption in a segment of tubule isolated with oil in such a way that the transfer rate of water cannot be affected by glomerular filtration rate or tubular flow through the nephron being studied. Infusions of saline greatly prolonged droplet reabsorption time and hence reduced net sodium reabsorption by proximal tubular epithelial cells. By virtue of the technique used, this pronounced effect upon tubular reabsorption was independent of glomerular filtration rate and tubular flow. The administration of aldosterone did not change this response, a result consistent with the failure of mineralocorticoids to alter natriuresis in the dog when saline is infused (1, 2). Similar results with the split droplet technique in the proximal tubule have been obtained by Landwehr, Klose, and Giebish (14) and Rector, Sellman, Martinez-Maldonado, and Seldin (15).

A humoral influence on the proximal tubule has been invoked to explain the natriuresis of saline infusion (1, 16, 17). A reasonable locus for the elaboration of such a hormone is the juxtaglomerular apparatus. Indeed, Leyssac has suggested that angiotensin may play a physiological role in inhibiting tubular reabsorption of sodium and promoting salt excretion through a direct action upon renal tubular cells (18, 19), even though intratubular or peritubular injection of angiotensin does not appear to alter the halftime of resorption of an isolated droplet of saline in the proximal tubule (20). In the present experiments, rats chronically deprived of sodium were compared with rats chronically loaded with sodium. In the former group, renal stores of renin were high and in the latter, the juxtaglomerular apparatus was depleted of granules. Both groups responded similarly to rapid saline infusion. The inhibition of proximal tubular reabsorption that is brought about by saline infusion is therefore not influenced by the renal content of renin, and it seems likely that it is independent of the renin-angiotensin system.

It has been proposed that alterations in tubular diameter play a controlling role in determining proximal tubular reabsorption, presumably by influencing the volume of tubular contents and the area available for sodium flux across tubular membranes (7, 15, 21, 22). It is clear from the present experiments that the inhibition of proximal reabsorption induced by saline infusion was not a direct result of a reduction in tubular diameter. The diameter of isolated proximal tubules blocked with oil and filled with saline was unchanged by intravenous infusion, yet reabsorption of the droplet was significantly prolonged. During free flow, proximal tubules were obviously more distended after saline infusion than before, when they were reabsorbing less, not more, fluid.

Although proximal tubular volume increased with saline loading, the increase was not proportionate to the increase in tubular flow, as evidenced by the shortened proximal transit time. Rector and co-workers have suggested that proximal tubular absorption during saline infusion is partly governed by the ratio of tubular volume to glomerular filtration rate (15). This ratio, calculated from transit time and tubular fluid/plasma inulin, declined during saline diuresis in their experiments. The fact that proximal tubules are obviously dilated during free flow after saline infusion does not, of course, eliminate the possibility that if they were distended even further, tubular reabsorption of salt and water would increase and diuresis would cease. In this sense, tubular diameter might be thought of as influencing the mechanism of saline diuresis, as suggested by Rector and associates (15). A disproportion between tubular volume and GFR is probably not essential for saline diuresis, however, since in the experiments of Landwehr and co-workers, proximal transit time was unchanged after infusions of saline sufficient to reduce proximal absorption and to provoke a diuresis (14, 23).

Increases in mean arterial pressure perfusing the kidney have been reported to reduce tubular reabsorption of Na (24-27), even when tubular flow is stopped (28). Mean femoral arterial pressure, however, was not affected by the amounts of
saline infused in our experiments. It is interesting that there was no measurable change in pressure within proximal tubules when saline was infused, presumably because only an infinitesimal change in the transtubular pressure gradient was necessary to produce the observed degree of tubular dilatation.

In contrast to the diminution in sodium and water reabsorption in the blocked proximal tubule that was provoked by saline infusion, studies with the split droplet technique in the distal convoluted tubules showed an increase in net tubular reabsorption by approximately one-third, reflected in a 25% fall in reabsorption half-time. The concentration of sodium in distal tubular fluid is normally lower than in plasma. Because the concentration of sodium in the shrinking droplet was not measured before and after saline infusion, it is not entirely clear whether sodium reabsorption by distal tubular segments increased in proportion to the increase in reabsorption of water. Nevertheless, it is likely that some increase in sodium absorption occurred, since in nondiuretic rats the lowest concentration of sodium reached in droplets of isotonic saline placed in isolated oil-blocked segments of distal tubules by Malnic, Klose, and Giebisch varied only from 0.66 ± 0.07 times plasma concentration in the early portion to 0.89 ± 0.13 in the late distal tubule (29). Whether distal reabsorption of sodium during free flow is increased by saline loads is not yet established, but seems likely from indirect evidence.

An increase in sodium reabsorption in the distal tubule after expansion of the extracellular fluid was postulated by Rector, Van Giesen, Kiil, and Seldin, who found an increase in free water clearance together with an increase in urine flow and sodium excretion when massive infusions were given under conditions of fixed lowered filtration rate and maximal suppression of antidiuretic hormone (30). In the micropuncture experiments of Dirks and associates, the magnitude of depression of proximal tubular reabsorption compared with the ultimate sodium diuresis that occurred suggested to these authors that distal reabsorption of sodium was enhanced during saline administration (3). The present study provides a direct demonstration of enhanced reabsorption in the distal convoluted tubule during saline loading. Because of the nature of the split droplet technique, the increase in distal absorption stimulated by saline infusion can be dissociated from simultaneous changes caused by the infusion in glomerular filtration, tubular flow, and the composition of tubular fluid in the segment of nephron studied. Changes in tubular diameter as a cause of increased distal absorption are also excluded by measurements of the diameter of the oil-filled tubule, which was unaffected by saline loading. Why increased reabsorption in the distal tubule appears along with decreased proximal sodium reabsorption as extracellular fluid is expanded is not yet clear.

Acknowledgments

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References