Parathyroid Function in Primary Osteoporosis

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ABSTRACT Two major species of serum immunoreactive parathyroid hormone (iPTH) were measured in 47 untreated patients with primary osteoporosis by using two highly specific radioimmunoassays. Mean iPTH was normal with one antiserum but was lower than normal (P < 0.001) with the other. iPTH values did not correlate with biochemical parameters or with the proportion of bone-resorbing surfaces in iliac crest bone biopsy specimens. These data suggest that the increased bone resorption is not due to increased parathyroid function in most osteoporotic patients. However, seven of our patients (15%) appear to represent a separate population because they had increased values with one or the other of the antisera.

INTRODUCTION

Because of morphometric (1, 2) and biochemical evidence (3) that bone resorption is increased in primary osteoporosis and because it is believed that bone resorption is primarily regulated by parathyroid hormone (PTH), PTH may play a causal or permissive role in the pathogenesis of osteoporosis (4-7). However, parathyroid function has not been assessed directly in this disorder.

We measured serum immunoreactive PTH concentrations (iPTH) in normal and in osteoporotic persons to determine if parathyroid function is abnormal in osteoporosis.

METHODS

We studied 47 ambulatory patients with progressive osteoporosis of sufficient severity to produce crush fractures of the spinal column. The 43 women and four men in the group had a mean age of 64.9 yr (range, 47-79 yr). No patient had any evident medical disease that might produce osteoporosis and none had any clinically evident condition that might impair calcium absorption, such as liver disease, previous subtotal gastrectomy, or sprue. All had normal serum values for calcium, phosphorus, and alkaline phosphatase. Formal studies of intestinal absorption were not made. iPTH was determined in these patients prior to the initiation of any form of treatment.

The patients remained on their habitual diets; blood for serum iPTH determinations was drawn at 8:00 a.m. after an overnight fast. On the same serum sample, calcium was determined by atomic absorption spectrophotometry and phosphorus and alkaline phosphatase, by standard methods. Bone-forming and bone-resorbing surfaces in an iliac crest biopsy sample were determined by quantitative microradiography (1) in 27 of these patients.

For control values, serum iPTH and calcium were also determined in 146 normals, none of whom had a history of back pain (84 women and 62 men with ages distributed evenly between 20 and 78 yr); these values include previously reported data from 52 normal persons (8). Bone densitometry values (9) of the radius, obtained for two-thirds of the normals more than 50 yr old, were within the normal range for their age.

iPTH was measured by radioimmunoassay using two different antisera (GP-1M and CH-14M). The first assay system used a guinea pig anti-porcine-PTH antiserum (GP-1M) and has been described in detail previously (8). It measures iPTH in greater than 95% of normal sera. Sera from all patients studied were assayed in this system. The second assay system used a chicken anti-bovine-PTH antiserum (CH-14M). This assay system measures iPTH in greater than 90% of normal sera. The radioimmunoassay was performed identically except that it was used at a higher concentration (1:3,000, compared with 1:100,000 for GP-1M) and that approximately five times less 125I-labeled bovine PTH was added to the incubation mixtures (3,000 cpm for CH-14M compared with 15,000 cpm for GP-1M). Incubation mixtures with CH-14M were counted for sufficient times to record 10,000 counts. Standard curves with CH-14M antiserum using both purified human PTH from hyperparathyroid serum and a standard preparation of human PTH obtained from the media of cultured parathyroid adenoma explants have been published previously (10, 11). Sera of 20 of the osteoporotic patients and 36 normals (17 more than 50 yr old) were assayed for iPTH using CH-14M antiserum. In both assays, the criteria for a measurable iPTH value were those previously published (8). Human hyperparathyroid serum was used as a refer-
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values did not differ significantly between men and women. There was a small positive regression of iPTH on age \( r = 0.186, P < 0.05 \). As previously reported \( (8) \), there was an inverse correlation of iPTH with serum calcium concentration \( r = -0.53, P < 0.001 \). For 79 normals more than 50 yr old, mean iPTH \( (\pm SE) \) was 22.4\( \pm 0.9 \) ml-eq/ml.

For patients with osteoporosis, mean iPTH \( (\pm SE) \) was 25.1\( \pm 1.8 \) ml-eq/ml (range, 9.0–71.2), not significantly different from that of normals more than 50 yr old. The serum calcium values did not differ significantly in the two groups. There was no significant correlation of iPTH with serum calcium concentration (Fig. 1) or with serum phosphorus or alkaline phosphatase or, in the 27 patients who had iliac crest biopsies, with the proportion of surfaces undergoing formation or resorption.

Six of the 47 osteoporotic patients had iPTH values that were above the 97.5 percentile limit for the regression of iPTH on serum calcium concentration in normals. Three of these six patients subsequently underwent an intravenous infusion of calcium (as the glucocorticosterone, 4 mg/kg per h for 4 h in two and 8 h in one); at this time all three were receiving treatment for their osteoporosis (calcium supplements and calcitonin for 6 months in two and phosphate supplements for 3 months in one). iPTH remained unchanged or increased slightly during the 8 h after the beginning of the infusion in two patients; it decreased from 71 to 11 ml-eq/ml in one (Fig. 2). In four normals who received a 4 h infusion of calcium at the same rate, iPTH was undetectable by 2 h and remained so through 12 h \( (8) \).

**RESULTS**

**iPTH values obtained with antiserum CH-14M.** iPTH was measurable in all but two sera from normals; values did not differ significantly between men and women or between individuals over and under age.

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50 yr. For these 37 normals, mean iPTH (±SE) was
127.2±9.2 µ-eq/ml. For the 20 osteoporotic patients who
also had values determined with this antiserum, mean
iPTH (±SE) was 69.9±14.2 µ-eq/ml, significantly
lower (P < 0.001) than normal. However, one patient
had a value higher than normal. In neither normals nor
osteoporotic patients was there a significant correlation
between iPTH and serum calcium concentration (Fig.
3).

DISCUSSION

iPTH values were not increased in the majority of
osteoporotic patients when the assay was based on antiserum
GP-1M but they were significantly lower than normal when assayed with antiserum CH-14M. Fur
thermore, if PTH excess is the sole cause of increased
bone loss in osteoporosis, a correlation between iPTH
values and the amount of bone-resorbing surface would
be expected; this was not found. However, in another
study which also used antiserum GP-1M, iPTH values
 correlated directly with bone-resorbing surface when
 secondary hyperparathyroidism was induced in osteo-
porotic patients by chronic therapy with porcine calci-
tonin (14). Also, iPTH values by either antiserum
correlated directly with the osteoclast count and with
osteocytic osteolysis in bone from patients with primary
hyperparathyroidism. Although it is possible that PTH
may play a permissive role, our findings suggest that
increased parathyroid function is not a distinguishing
feature of most osteoporotic patients and that there
may be a partial inhibition of PTH secretion, as previ
ously suggested by us (15).

It is not entirely clear why different results were
obtained with the two antisera in the osteoporotic pa
tients. The fraction of iPTH (mol wt ~ 9500) which
CH-14M measures primarily appears to be the principal
secretory product of parathyroid glands in vivo (13); this
form of iPTH apparently is converted peripherally
into a smaller molecule (mol wt ~ 7000) (13) which
GP-1M measures primarily. Our finding that iPTH
assayed with CH-14M is lower than normal and iPTH
assayed with GP-1M is normal might indicate decreased
PTH secretion coupled with decreased rate of metabo
lism of the lower molecular weight form of the hormone.

The data also suggest that there are two populations
of osteoporotic patients—a large majority with normal
or decreased parathyroid function and a small minority
with increased parathyroid function. The presence of
two types of parathyroid function in osteoporosis might
explain the failure to observe the expected inverse cor
relation between iPTH (assayed with antiserum GP-
1M) and serum calcium concentration. Of the seven