Reagin-Mediated Asthma in Rhesus Monkeys and Relation to Bronchial Cell Histamine Release and Airway Reactivity to Carbocholine

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A B S T R A C T  Rhesus monkeys with persistent immediate-type cutaneous and respiratory responses (RR) to ascaris antigen (AA) were compared with rhesus monkeys with skin reactivity and no respiratory responses, and animals with no skin reactivity and no respiratory responses to inhaled antigen (NR). The RR group could not be distinguished from the nonresponding (NR) group by the cutaneous skin test titers, serum, or respiratory secretion IgE concentration. Leukocyte histamine (H) release due to anti-IgE was similar with peripheral blood leukocytes and bronchial lumen mast cells (MC) from RR and NR animals. The RR group of animals could be distinguished from the NR group by their degree of sensitivity to inhaled carbocholine and H release from respiratory MC exposed to AA. The RR group demonstrates consistent, persistent respiratory responses suitable for immunologic, pharmacologic, and physiologic studies. Finally, it was found that the IgE concentration in respiratory secretions of rhesus monkeys was comparatively higher than in serum, evidence for IgE as a secretory Ig in the respiratory tract of this species.

INTRODUCTION

For several years we have studied animals with immediate-type airway responses to inhaled antigens in attempts to provide a model of human asthma suitable for immunologic, pharmacologic, and physiologic studies. The features of such a model that seemed desirable included the following: The immunologically mediated hypersensitivity should be due to reaginic antibody analogous to human IgE; spontaneous, i.e., due to exposure to antigens in the environment rather than a result of laboratory immunization procedures; and of long duration, so that the reactivity was similar to the human disease state and so that the same animal could be studied in repetitive experiments. The animals should be sufficiently large so that pulmonary function studies, bronchial lavage, and other studies could be done with ease and without loss of the animal. Canine and primate models fulfilling these criteria were developed and the characteristics of the responses recently reviewed (1). The canine model had the advantage of availability but usefulness was limited by the marked variability of each animal’s response in individual experiments to antigen challenge, even under experimental conditions controlled as carefully as possible. The monkey model, with Macaca mulatta, appeared significantly superior to the canine system in that the airway responses were more consistent in degree of reaction and occurred in primates; thus, they more likely simulate human responses. The major limitation of the rhesus model, which we reported previously, was that the availability of animals with the type of respiratory reactivity required appeared sufficiently limited to inhibit significantly the potential usefulness of this system (1). We now report the method of establishment of a colony of rhesus monkeys that fulfill the criteria described above, the status of these animals over observation ranging from 1 to 3 yr, and some recent observations comparing animals with persistent airway responses with the nonreactive controls.

We propose that the rhesus monkeys with the respiratory responses described in these experiments constitute the most appropriate model of human asthma currently available. Further, use of the animals as described for these experiments carefully conserves a spe-
METHODS

Animals. Animals are young adult male and female *M. mulata*, obtained from Primate Imports Corp., Port Washington, N. Y. Initially, monkeys received for research at this medical center were screened for cutaneous reactivity to ascaris antigen (AA). Those animals with marked cutaneous reactivity (positive at a 10^{-9} dilution) to ascaris challenge were retained for further study. Subsequently, a cutaneous screening service has been conducted by Primate Imports, Inc. This service has included skin-testing animals to the purified AA and supplying only those animals with cutaneous reactivity, with a positive cutaneous response to challenge with a 10^{-4} dilution of antigen. All animals are considered free of parasitic infestations because all have received treatment with at least two separate courses of thiobendazole. Each animal is housed individually, with standard cage cleaning with wash water at 180°C, limiting possibilities of cross-contamination with parasitic infestations. Fecal examination of selected animals have revealed no evidence of ova or parasites.

Antigen and antiserum. AA is a sequential Sephadex (Pharmacia Fine Chemicals, Inc., Piscataway, N. J.) G50 and 75 column fraction of *Ascaris suum* extract prepared by the method of Hogarth-Scott (2). Standardization of each preparation of AA was done both by determination of protein as estimated by optical density at 280 nm (Beckman DU spectrophotometer; Beckman Instruments, Fullerton, Calif.) and cutaneous titration in AA-sensitive animals (3). The preparation of AA in current use contains 0.8 mg protein/ml and is stored at 4°C in phosphate-buffered 0.15 M NaCl, pH 7.35 (PBS). Rabbit anti-human IgE was prepared against the Fc fragment of IgE myeloma P.S. Such anti-human IgE has been shown to cross-react with rhesus IgE (4). The anti-IgE used in these studies bound 0.828 mg 1^{125}I-IgE/ml.

Cutaneous testing. Animals were anesthetized with pentobarbital and received 2.5 ml of 0.5% Evans' blue dye. Intracutaneous tests were performed by injection of 0.1 ml of serial 10-fold dilutions of AA in PBS. The cutaneous titration was recorded as the dilution of antigen producing the last definitive positive bluing reaction, as compared with the control site injected with PBS (3, 5).

Pharmacologic agents. Carbocholine (Car) and histamine (H) were obtained from Sigma Chemical Co., St. Louis, Mo. Varying concentrations were dissolved in PBS and delivered to the respiratory tract as described below.

Aerosol antigen challenge and determination of pulmonary function parameters. Animals received aerosol challenges no more frequently than every 2 wk. For an aerosol antigen experiment, the rhesus monkeys were anesthetized with pentobarbital, and an endotracheal tube and an esophageal catheter were inserted. After a period of observation, the animals receive a control aerosol challenge with PBS. Base-line pulmonary function studies were obtained subsequent to this challenge, and next the AA aerosol challenge was administered. The AA challenge was delivered in a standard manner (3), with an in-line nebulizer in a Bird Mark VII (Bird Corp., Ltd., Richmond, Calif.) respirator with all settings controlling respiration constant for each experiment in each animal. The animal received a standard number of inhalations of the AA (currently 15 inhalations of a 1: 5 dilution of standard AA) and changes in pulmonary function subsequent to this challenge were recorded. The methodology for recording changes in pulmonary function has been described in detail recently (6). Recordings of the following parameters of respiration are made: breathing frequency, peak expiratory flow rate, tidal volume, ratio of expiratory to inspiratory time, pulmonary resistance, and dynamic compliance. In selected experiments, arterial PaO_{2}, PaCO_{2}, and PaCO_{2} were recorded with indwelling electrodes with a disposable in vivo oxygen catheter attached to a multipurpose oxygen analyzer (International Biophysics Corp., Irvine, Calif.) (7). In a large series of experiments, considerable variations were observed in the respiratory function parameters of different animals (6). Because of this, the most useful experimental system for analysis of the AA response was found to be the comparison of post-challenge results with those obtained during the control period after the PBS challenge, with expression of the results as percent change in pulmonary function from the base-line control period.

Respiratory secretions (RS) and cells. Rhesus monkeys were anesthetized and an endotracheal tube was inserted. A 1.5-mm catheter was passed through the endotracheal tube. 50 ml of lactated Ringer's solution in aliquots of 10 ml were used to lavage the bronchi with intermittent aspiration of the lavage fluid. The recovered fluid, between 50-75% of the volume of the lactated Ringer's introduced, was centrifuged and the cells were used for mediator release studies and the supernate was used for the quantitation of selected proteins.

Estimation of rhesus serum (S) and RS proteins. The RS was concentrated by means of a diaflo ultrafiltration membrane XM 50 with a 10 PA Propellent Cell (Amicon Corp., Lexington, Mass.). The concentrations of albumin and IgG were estimated by means of radial immunodiffusion plates prepared for quantitation of human serum albumin and IgG (Behring Diagnostics, American Hoechst Corp., Somerville, N. J.). IgE concentration was determined by the double-antibody radioimmunoassay of Gleich et al. (8). This inhibition assay, developed for measurement of human IgE, expresses IgE as units and 1 U approximates 2.4 ng of IgE. The use of these assays for human serum proteins for quantitative estimation of the rhesus monkey serum proteins is based on the cross-reactivity of antiserum against human serum proteins with the analogous serum proteins from other primates. For example, the cross-reactivity of monkey IgE with antiserum against human IgE was established by Ishizaka and Ishizaka (9). In this laboratory, experiments conducted with monkey serum albumin (a Sephadex G200 peak III preparation of rhesus serum), monkey IgG (a diethylaminoethyl peak I preparation of rhesus serum) (DEAE reference), and IgE (with whole monkey reaginic serum) indicated at least 70% cross-reactivity between these rhesus monkey serum proteins and the analogous human serum proteins with the antiserum currently in use against human serum proteins. In these experiments, the concentrations of rhesus albumin, IgG, and IgE are compared only with the concentrations of these proteins from different animals or different body fluids of the same animals. The results are expressed as milligrams per milliliter for albumin and IgG and units per milliliter for IgE, with the clear
**Table I**

**Criteria for a Positive Respiratory Response to AA Challenge in Ascaris-Sensitive Rhesus Monkeys**

1. The acute change in pulmonary function (PF) must occur within 5 min, with the peak abnormalities at 2 or 5 min after completion of antigen challenge.
2. The change of PF parameters must be in the expected direction: an increased f, PR, and E/I, and a decreased PEFR, TV, and C. The parameters must remain in this direction for at least the 2- and 5-min recordings before or after the peak change.
3. The minimum percent change from base line must be at least f, +20%; PR, +15%; E/I, +30%; PEFR, −15%; TV, −15% C, −45%.
4. Four of six PF parameters must meet the above criteria.

*Abbreviations used in this table: C, dynamic compliance; E/I, ratio of expiratory to inspiratory time; f, breathing frequency; PEFR, peak, expiratory flow rate; PF, pulmonary function; PR, pulmonary resistance; TV, tidal volume.*

RR animals have persistent respiratory responses, arbitrarily defined as at least six consecutively positive respiratory responses to aerosol challenge over a period of 12 mo. Five monkeys are classified as negative respiratory responders (NR). These animals have persistently negative respiratory responses for at least three consecutive experiments over 3 mo, with the exception of one animal with negative skin reactivity, in which one negative aerosol challenge was considered sufficient. One of the animals with cutaneous reactivity to a $10^4$ dilution of AA was classified as an erratic respiratory responder. This animal had either positive or negative responses. Five animals in each group were selected for detailed analysis of possible differences between animals classified as RR and NR.

**Some characteristics of animals with and without consistent respiratory responses to AA.** Table II summarizes the current status of 10 of the 12 animals in the colony. The monkey with erratic responses described above and one animal observed for less than 1 yr were not included. Eight animals were selected for cutaneous reactivity to AA. The degree of cutaneous reactivity to AA in the RR group is somewhat greater, as determined by the endpoint titration (Table II), but this technique does not clearly separate the RR group from the NR group, since endpoint titers of $10^4$ appear in both groups. No statement can be made about sex differences in this series. It is apparent that animals with consistently positive responses of long duration can be ob-

**RESULTS**

**Current status of the monkey colony.** The total population of the monkey colony is 12 animals. 10 of these animals were selected for the colony because of the presence of positive cutaneous reactivity to dilutions of $10^4$ or greater of AA. Two animals with negative cutaneous reactivity to undiluted AA were retained as subjects with negative skin reactivity. The respiratory reactivity of the reactive animals is as follows: Six animals are classified as consistent respiratory reactors (RR) to aerosol challenge. Current criteria for a positive respiratory response are summarized in Table I and an example of a positive response is shown in Fig. 1.
TABLE II
Some Characteristics of Two Groups of Monkeys with Cutaneous Reactivity to AA

<table>
<thead>
<tr>
<th>Monkey number</th>
<th>Classification of monkey</th>
<th>Sex</th>
<th>Cutaneous reactivity*</th>
<th>Duration of observation</th>
<th>Reproducibility: number of respiratory responses</th>
<th>Consistency: number of consecutive positive responses</th>
</tr>
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<tbody>
<tr>
<td>1</td>
<td>RR</td>
<td>M</td>
<td>10^-4</td>
<td>2</td>
<td>17/19</td>
<td>8</td>
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<tr>
<td>2</td>
<td>RR</td>
<td>F</td>
<td>10^-4</td>
<td>2</td>
<td>14/14</td>
<td>14</td>
</tr>
<tr>
<td>3</td>
<td>RR</td>
<td>M</td>
<td>10^-4</td>
<td>2</td>
<td>14/15</td>
<td>12</td>
</tr>
<tr>
<td>4</td>
<td>RR</td>
<td>M</td>
<td>10^-4</td>
<td>1</td>
<td>9/9</td>
<td>9</td>
</tr>
<tr>
<td>5</td>
<td>RR</td>
<td>F</td>
<td>10^-4</td>
<td>2</td>
<td>10/12</td>
<td>10</td>
</tr>
<tr>
<td>6</td>
<td>NR</td>
<td>F</td>
<td>10^-2</td>
<td>2</td>
<td>1/10</td>
<td></td>
</tr>
<tr>
<td>7</td>
<td>NR</td>
<td>F</td>
<td>Negative</td>
<td>3</td>
<td>0/5</td>
<td></td>
</tr>
<tr>
<td>8</td>
<td>NR</td>
<td>M</td>
<td>10^-3</td>
<td>3</td>
<td>0/3</td>
<td></td>
</tr>
<tr>
<td>9</td>
<td>NR</td>
<td>M</td>
<td>10^-2</td>
<td>1</td>
<td>2/6</td>
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<tr>
<td>10</td>
<td>NR</td>
<td>M</td>
<td>Negative</td>
<td>2</td>
<td>1/10</td>
<td></td>
</tr>
</tbody>
</table>

Half the group had repeated positive respiratory responses to aerosol challenge with AA. Abbreviations: RR, respiratory responder to AA aerosol challenge; NR, nonrespiratory responder to AA aerosol challenge; M, male; F, female.

* Highest serial 10-fold dilution of AA resulting in a positive reaction after cutaneous testing.

TABLE III
Quantitation of IgE, IgG, and Albumin in Serum and Bronchial Specimens from Two Groups of Rhesus Monkeys (See Table II) and Comparison of Combined Protein Ratios

<table>
<thead>
<tr>
<th>Animal</th>
<th>IgE*</th>
<th>IgG*</th>
<th>Alb*</th>
<th>IgE/Alb</th>
<th>IgG/Alb</th>
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</thead>
<tbody>
<tr>
<td></td>
<td>U/ml</td>
<td>mg/ml</td>
<td>S</td>
<td>RS</td>
<td>S</td>
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<tr>
<td>1</td>
<td>34</td>
<td>0.16</td>
<td>18</td>
<td>1</td>
<td>0.70</td>
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<tr>
<td>2</td>
<td>38</td>
<td>0.09</td>
<td>13</td>
<td>1</td>
<td>0.71</td>
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<tr>
<td>3</td>
<td>35</td>
<td>0.11</td>
<td>25</td>
<td>2.1</td>
<td>0.68</td>
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<tr>
<td>4</td>
<td>23</td>
<td>0.42</td>
<td>51</td>
<td>2.5</td>
<td>0.45</td>
</tr>
<tr>
<td>5</td>
<td>36</td>
<td>0.27</td>
<td>58</td>
<td>2.8</td>
<td>0.62</td>
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<tr>
<td>Mean±SEM</td>
<td>34±2.2</td>
<td>14±2.6</td>
<td>16±2.2</td>
<td>0.42±0.14</td>
<td>53±1.6</td>
</tr>
</tbody>
</table>

* Concentrations were determined by methods for measurement of analogous human serum proteins and expressed quantitatively for comparative purposes only (see Methods).

† IgE value (U/ml) per albumin value (mg/ml).

§ IgG value (mg/ml) per albumin value (mg/ml).

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between AA experiments have been extended as long as 6 mo without loss of respiratory responses.

**Evaluation of S and RS proteins.** Relative concentrations of albumin, IgE, and IgG in S and RS were compared in the RR and NR groups of monkeys to determine if differences in concentrations of these proteins, particularly IgE, might distinguish the RR from the NR. The results (Table III) demonstrate no significant differences in the concentrations of these proteins in either S or RS between the RR and NR groups of monkeys. The results of Table III demonstrate that the S and RS ratios of IgE/Album and IgG/Album are relatively consistent when individual animals are compared and when samples are obtained repeatedly from the same animal. A definite difference is apparent when the ratios of IgE/Album and IgG/Album in S are compared with these ratios in RS (Table III and Fig. 2). The significantly higher IgE/Album ratio demonstrated in RS as compared with S indicates that the IgE is a secretory Ig in the lower (subglottic) respiratory tract in this species and that IgG is not.

**H release phenomena.** The release of H from PBL and RC due to two immunologic stimuli (anti-IgE and AA) in the two groups of animals was compared to determine whether or not differences between the two groups could be demonstrated. The potentiating effect of D2O on the release of H was also studied. The results of H release from PBL and RC due to anti-IgE are shown in Fig. 3. Significant H release (more than 15%) occurred from PBL from every animal tested, although D2O was necessary to demonstrate a significant release in most samples (Fig. 3). The potentiating effect of D2O on H release from PBL is evident. Significant H release from RC due to anti-IgE occurred with cells from all animals except two, and no significant potentiating effect of D2O is seen (Fig. 3). No difference in the degree of H release from either PBL or RC from the two groups of monkeys RR and NR was observed in these studies with anti-IgE as the immunologic stimulus. The results of H release studies due to AA are shown in Fig. 4. Significant H release occurred from PBL with or without D2O in all but two experiments (Fig. 4). These two negative experiments used cells from the two animals with no skin reactivity to AA. The release of H from PBL, when it occurred, was potentiated by D2O. Except for these two animals with negative skin reactivity to AA, the RR group could not be distinguished from the NR group by the degree of H release either with or without D2O (Fig. 4).

H release occurred from some RC after exposure to AA (Fig. 4). The release was less than that from PBL of the same animal (Fig. 4). Potentiation of RC H release occurred with D2O, but this potentiation is less than with PBL from the same animal. The H release studies show a difference between the RR and the NR, in that no evidence of H release due to AA, either with or without D2O, was demonstrated in the NR group, whether they were positive or negative skin reactors.

**Responses of rhesus monkeys to carbocholine (Car).** Previous studies demonstrated that aerosol challenge of a rhesus monkey with a sufficient concentration of Car resulted in an airway response similar to that observed.
after challenge with antigen (Fig. 1), prostaglandin \( F_{\alpha} \), or H (12). The RR and NR groups of animals (Table II) were tested with 15 inhalations of increasing concentrations of Car (0.1 mg, 0.25, 2.5, and 10 mg/ml). The concentration of Car that gave a definitive respiratory response was determined. An example of a recording of respiratory function of such an experiment is shown in Fig. 5. This demonstrates a positive respiratory response to a concentration of 2.5 mg Car/ml. All animals in Table II were tested identically to determine the threshold concentration of Car giving a positive response. The criteria for a positive respiratory response to aerosolization of Car were those described above for determination of a positive respiratory response to antigen challenge (Table I). The lowest concentrations of Car to which animals in Table II reacted are shown in Table IV. These results show that the RR group can be distinguished from the NR by the degree of respiratory responsiveness to Car. This is most apparent at the concentration of 2.5 mg/ml under the conditions of these experiments.

**DISCUSSION**

The rhesus monkey colony described here demonstrates that a group of primates with immediate-type respiratory responses to a purified antigen has been obtained without great difficulty. The respiratory responsiveness of these animals is of long duration, is due to natural rather than experimental sensitization, is reproducible in repeated experiments, and is consistently positive (Table II). We believe that the characteristics of these primates, with consistent, persistent, reagin-mediated respiratory responsiveness to antigen inhalation present in only a part of a population of animals with immediate-type skin reactivity, constitutes the closest analogue in animals to human extrinsic or reagin-mediated asthma. The availability of such animals provides a resource for study of a variety of immunologic and physiologic mechanisms. The types of experiments and information obtained from animals of this type are summarized in Table V. The animals compared and described in this study do not constitute the total population of animals used in the experiments resulting in information listed in Table V.

The use of rhesus monkeys as described in these experiments constitutes what should be considered a conservational use of primates for laboratory research. The experiments listed for respiratory responders in Table II demonstrate the number of studies possible without loss of any animal in that group for a total time of 10\( \frac{1}{2} \) monkey yr. The simultaneous use of these animals for the cell studies (Figs. 3 and 4) further demonstrates a way of conserving a species decreasing in availability because of excessive use of subhuman primates for fatal experiments.

The results of studies of the proteins obtained by bronchial lavage of monkeys in these studies are similar to those obtained by bronchial lavage of human lungs (13). In volunteer nonsmoking human subjects, the ratios of IgG to Alb were 0.12±0.02 (mean±SEM of combined ratios) in bronchial fluid and 0.23±0.02 in serum (13). These ratios were of similar magnitude in the bronchial fluid and serum of the rhesus monkeys (13). The marked differences in IgE to Alb and IgG to Alb ratios seen in S and RS are consistent with IgE being a secretory Ig in the lower (subglottic) respiratory tract in rhesus monkeys, an observation suggested for humans by Ishizaka and Newcomb (14).
Data indicate that the presence of reaginic antibody alone is not sufficient to result in a consistently RR animal. Because the members of RR group are more reactive to cholinergic stimuli (Car), each animal of the RR group is differentiated from NR by both the presence of reagin and a hyperreactive airway. This presents an obvious analogy to the human extrinsic asthmatic.

Previous studies of H release from rhesus RC did not demonstrate significant potentiation of AA-induced H release by DoO (10). The current studies (Fig. 4) suggest that the RR group has both H release from RC due to AA and potentiation of H release due to DoO. The failure to demonstrate this previously was because the majority of cell studies utilized animals with cutaneous but not respiratory responses.

The current studies of the RR and NR group demonstrated that the only differences detectable between the two groups were the Car sensitivity and H release from RC due to AA (but not of anti-IgE) of the RR groups. We have previously shown a potentiating relationship between the cholinergic stimulation of Car, the immunologic stimulation of antigen, and the pharmacologic stimulation of H (12). Although these interactions are complex, study of the autonomic, immunologic, and pharmacologic interactions may help determine why some animals are consistent respiratory responders and others are not.

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