Bile Acid Excretion: the Alternate Pathway in the Hamster

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ABSTRACT The quantitative significance of renal excretion of bile acid ester sulfates as an alternate excretory pathway was evaluated in hamsters. After bile duct ligation, total serum bile acid fell from a mean level of 454 µg/ml at 24 h to 64 µg/ml by 96 h. During this period the bulk of the bile acid pool could be accounted for as esterified bile acids in urine. Renal pedicle ligation of animals with bile duct obstruction led to retention of the bile acid ester sulfates in serum. Thioacetamide hepatotoxicity diminished ester sulfation of bile acids causing diminished renal secretion with relatively greater retention of non-esterified bile acids in serum. We conclude that secretion of esterified bile acids by the kidney is an efficient alternate pathway for maintaining bile acid excretion in obstructive biliary tract disease. Coexistent hepatocellular disease diminishes ester sulfation and the effectiveness of the alternate pathway in maintaining bile acid excretion.

INTRODUCTION

In the last several years it has become apparent that all conjugated bile acids in man can be metabolized to ethereal sulfates (1–3) and perhaps glucuronides (4) that are excreted in urine to a much greater extent than the nonesterified conjugates. This alternate pathway of renal excretion occurs in acute hepatitis, cirrhosis, extrahepatic obstruction, and a variety of intrahepatic cholestatic syndromes (5).

The significance of this alternate pathway is difficult to evaluate quantitatively. Thus far, studies have been done in heterogeneous populations at a single point in time during the course of a variety of diseases. Information of this type does not permit an evaluation of the quantitative aspects of an alternate pathway as a means of maintaining effective bile acid excretion. To provide guidelines on the quantitative significance of the alternate pathway of bile acid excretion, we have developed a hamster model that gives insights which may be applicable to man.

METHODS

Bile acids and bile acid sulfates. Bile acids in serum, bile, and urine were quantitatively estimated by gas–liquid chromatography (GLC)1 as their methyl ester acetate derivatives with recrystallized 3α, 7α-dihydroxy, 12-Keto 5β-cholanoate (Schwarz Mann Div. Becton, Dickinson Co., Orangeburg, N. Y.) as an internal standard as described in detail previously (6). Response factors for bile acids were established with chromatographically pure bile acids obtained from Supelco Inc., Bellefonte, Pa.

For quantitative estimation of bile acid ester sulfates, certain modifications are required. An ester sulfate internal standard was prepared from 3α-hydroxy, 7-Keto 5β-cholanoate (Steraloids, Inc., Pawling, N. Y.) by conversion to the methyl ester followed by reaction with a mixture of pyridine-chlorosulfonic acid, a standard procedure for sulfation (7). The compound was purified by acidification of the reaction mixture, extraction into n-butanol, evaporation to dryness, and recrystallization from ethanol-water to give a product that was chromatographically homogenous.

The taurine and glycine conjugates of the ester sulfate derivative were prepared using EEDQ as a coupling agent as described in detail by Lack (8).

For solvolysis, a 2:1 mixture of methanol acetone containing dry HCl was used according to the principles established by Burstein and Lieberman (9). In practice, this mixture is easily prepared by adding 0.1 ml of concentrated HCl to a test tube containing 1 ml of H2O and 7.5 ml of dimethoxypropane (Aldrich Chemical Co., Inc., Milwaukee, Wis.). Under these conditions all the water reacts quantitatively with the dimethoxypropane to yield the mixture described above (10).

With this solvolysis procedure, equal amounts of both internal standards were weighed and dissolved in methanol (200 µg/ml were added to four tubes containing 1 ml of

1 Abbreviation used in this paper: GLC, gas–liquid chromatography.

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Bile acid glucuronides. Urine collected from three hamsters for 24 h after bile duct ligation was pooled, concentrated, and analyzed for the presence of ether glucuronides and sulfates. Bacterial β-glucuronidase (Sigma Chemical Co.) and 1–4 saccharolactone were used as described in detail previously (13) and phenolphthalein glucuronide was used to verify the occurrence or inhibition of enzyme catalysis.

Aliquots of urine were incubated in acetate buffer (pH 4.5) with β-glucuronidase with or without saccharolactone followed by solvolysis and then hydrolysis of the conjugates using cholyglycine hydrolyse (14). Analysis by GLC indicates that the maximum increase in bile acid concentration after β-glucuronidase was 12±3%, a value that agrees with a mean value of 16% glucuronides found in human urine (15).

Analysis of the pooled urine for the proportion of bile acids as ester sulfates gave a value of 67±9% again indicating that the bile acid ester composition of hamster and human urine after extrahepatic obstruction is quite similar (5).

Inasmuch as many ethereal glucuronides are known to hydrolyze in alkali (16), the possibility that hydrolysis of bile acid glucuronides occurs during the chemical procedure used to hydrolyze conjugated bile acids (1.25 M NaOH 121°C, 3 h) was investigated. Human urine from three patients with intrahepatic cholestasis was pooled and concentrated. 4 aliquots were solvolysed and only two were then incubated with β-glucuronidase. All the aliquots then underwent alkaline hydrolysis to cleave the conjugates. No significant difference in the concentration of deoxycholic, chenodeoxycholic, and cholic acids was found in any of the aliquots. It appears therefore that alkaline hydrolysis may also hydrolyze at least some bile acid glucuronides although the glucuronide of 3β-hydroxyandrost-5-en-17-one, a sterol which might be expected to react similarly to bile acid glucuronides, was not hydrolyzed. The combination of solvolysis and alkaline hydrolysis probably permits analysis of virtually all the known bile acid derivatives in urine.

Bile acid pool size. The pool size of chenodeoxycholate and cholate was determined using 14C-labeled bile acids (Amersham/Searle Corp., Arlington Heights, Ill.) by modification of the method described by Adler (17). Exactly 0.1 ml of 0.05% sodium taurocholate containing 1 µCi of 14C-labeled sodium taurocholate and an additional 5 µg of cholic acid was percolated through a column of XAD-2 resin, and the bile acids then eluted with methanol. Aliquots of the methanol fraction were then used for quantitative bile acid analysis.

It was shown that solvolysis followed by alkaline hydrolysis is the preferred method for generating the unconjugated bile acids. Alkaline hydrolysis of sulfated bile acids can yield artifactual derivatives that do not occur when solvolysis is done before alkaline hydrolysis (11, 12). To further test these reports, the glycine and tauro conjugates of the ester sulfates 3α-OH, 7-Keto 5β-cholanoate were subjected to solvolysis followed by alkaline hydrolysis and also in reverse order. With the preferred method, recovery of both conjugates run in triplicate ranged from 82 to 85%. indicating that the solvolysis procedure is applicable to conjugates and that alkaline hydrolysis is virtually complete. Solvolysis done after alkaline hydrolysis did not result in the appearance of unidentified peaks on the GLC tracing but recovery ranged from 77 to 83%. It is possible that losses occur because the unconjugated sulfated bile acid does not extract as readily into the organic phase after hydrolysis and acidification. However, the possibility of artifactual compounds that did not appear as peaks in the GLC tracing cannot be excluded.

The possibility that hydrolysis of bile acid glucuronides could occur during the solvolysis procedure was evaluated by subjecting nitophenyl sulfates and phenolphthalein glucuronide (Sigma Chemical Co., St. Louis, Mo.) to both solvolysis and alkaline hydrolysis. After solvolysis and alkalization, free nitophenol was readily detected (yellow) but no phenolphthalein (pink) was visible. However, after alkaline hydrolysis and acidification, phenolphthalein could be demonstrated, indicating that some alkaline hydrolysis of ether glucuronides can occur although acid hydrolysis is the preferred method. From a technical point of view, it should be remembered that heating phenolphthalein glucuronide in 1.25 N NaOH will not produce a visible pink color because the trisodium salt is colorless. However, acidification followed by alkalinization generates the pink color of the disodium salt. For these reasons, attempting to detect alkaline hydrolysis of phenolphthalein glucuronide can give a false negative result.

To determine the proportion of ester sulfates in biological samples, the double internal standard was added and only a portion of the sample subjected to solvolysis. Nonsolvolyzed samples, not subjected to alkaline hydrolysis, showed only one internal standard peak on GLC analysis. Nonsolvolyzed samples undergoing alkaline hydrolysis (1.25 N NaOH, 121°C, 3 h) yielded a 3α-hydroxy, 7-Keto 5β-cholanoate peak between 3 and 5% of the 3α, 7α-dihydroxy, 12-Keto 5β-cholanoate internal standard, indicating that some solvolysis can occur during chemical hydrolysis.

The percent ester sulfate for each bile acid in the sample was calculated from the difference in concentration between the solvolysed and nonsolvolyzed sample corrected by the percent of the ester sulfate internal standard measured in the nonsolvolyzed sample.
Experimental design. The purpose of the study was to evaluate the quantitative importance of bile acid esterification and renal excretion in diseases of the liver and biliary tree.

Ligation of the hepatic ducts above the gallbladder under ether anesthesia was used to mimic biliary tract disease.

Hepatic cell necrosis was induced by intraperitoneal injection of thioacetamide (20 mg/100 g body wt in 0.9% saline), a well-defined hepatotoxin that does not cause histological changes in other organs including the kidney (19). Animals on protein-depleted diets can develop elevation in urea nitrogen in serum in association with histologic renal lesions after several days of thioacetamide feeding (20).

In the present studies, both serum creatinine, 0.6±1 mg/100 ml and urea nitrogen 16.7±4.4 mg/100 ml were found to remain unchanged during the 96-h period of study in both male and female hamsters given thioacetamide. Also, histological sections of the kidney at the time of sacrifice showed no evidence of cell necrosis in contrast to the liver, which revealed the lesions described previously by others (19, 20).

Blood samples were obtained by heart puncture using brief ether anesthesia.

Serum bile acids and bile acid excretion in urine were estimated in a group of control male and female hamsters exposed to daily repeated ether anesthesia and aspiration of 0.4 ml of blood by heart puncture. The total serum bile acid in seven hamsters was found not to exceed 2.2 μg/ml.

The effect of renal pedicle ligation on serum bile acids was also determined in 10 animals up to 72 h. It was found that the serum bile acid increased from a mean of 1.0 μg/ml at 24 h to a mean of 5.2 μg/ml at 72 h. Although an occasional animal survived to 96 h, none did in this group.

It was concluded from these preliminary studies that repeated ether anesthesia had no effect on serum bile acid levels, and that the effects of renal pedicle ligation alone were minimal and perhaps attributable to the effect of uremia on hepatic extraction efficiency of bile acids.

RESULTS

Effect of bile duct ligation on bile acid metabolism and excretion

Total serum bile acid levels were determined at 24-h intervals for 96 h after bile duct ligation (Fig. 1). In 18 hamsters at 24 h the mean value was 454±176 μg/ml SD and fell to 73±48 μg/ml SD. Cholic acid ranged from 61 to 86% and chenodeoxycholate from 10 to 31%. These two primary bile acids always accounted for at least 90% of the total bile acids in serum.

During the 96-h period while bile acid levels were falling progressively, serum bilirubin rose from a mean value of 64 to 133 μg/ml.

In 10 hamsters, total bile acid excretion in urine was determined at 24-h intervals (Table I). The excretion of bile acids in urine was greatest during the initial 24-h period and fell progressively during the 96-h period. The total amount of bile acid excreted in urine probably represents the bulk of the primary bile acid pool of these animals (Table II) which was found to range from 4.9 to 12.9 mg, of which cholic acid was found to represent 51–71%. Deoxycholate did not exceed 11% of the proportion of bile acids found in bile.

Bile acid ester sulfates in serum, urine, and hepatic bile after bile duct ligation. The proportion of ester sulfates in serum and in urine were analyzed at 24-h intervals in two hamsters (Table III). In all instances the proportion of ester sulfates in urine for each bile acid exceeded that found in serum. As the total serum bile acid fell progressively during the 96-h period, a reduction in the proportion of ester sulfates in serum usually occurred.

The proportion of bile acid ester sulfates in bile obtained from distended hepatic ducts proximal to the ligature was also estimated (Table IV) at 96 h and found to be greater than that normally found in bile but much less than that found in urine.

Renal pedicle ligation in bile duct obstructed animals

Eight hamsters underwent bilateral renal pedicle ligation at the time of bile duct ligation. Only five survived for 72 h and two for 96 h. As shown in Fig. 1, in the absence of renal excretion, the serum levels remain markedly elevated. Analysis of the proportion of sulfates in serum (Table V) indicates that con-
considerable sulfation has occurred in the absence of a renal circulation. The proportion of sulfates found in serum in renal pedicle ligated animals is greater than in those with only bile duct obstruction.

Effect of thioacetamide on bile acid metabolism

Eight hamsters were given two intraperitoneal injections of thioacetamide at an interval of 24 h which caused elevation of the serum bile acids during the 96-h period of observation (Fig. 2). The mean total serum bile acid rose from 31 μg/ml at 24 h to 75 μg/ml at 96 h.

The administration of thioacetamide to six animals with obstructed bile ducts was followed by marked persistent elevation of serum bile acids (Fig. 2) equivalent in some instances to those occurring in animals having combined renal pedicle and bile duct ligation (Fig. 1).

Analysis of the proportion of ester sulfates in serum at 48 h failed to detect any sulfate conjugates of cholic acid (Fig. 3). The proportion of esterified chenodeoxycholate ranged from 10 to 44%. Total bile acid excretion in the urine of bile duct ligated animals was significantly less during the 24-h period after bile duct ligation in the animals given thioacetamide (Fig. 4). However, the proportion of bile acid ester sulfates in urine in thioacetamide-treated animals is not significantly different from those with only bile duct obstruction (Table VI).

DISCUSSION

Previous studies have shown that bile acid synthesis in the hamster is more similar to man than to the mouse or rat. Thus, the hamster, unlike the rat or mouse does not synthesize muricholic acids from cholesterol, 26-hydroxycholesterol or 7α-hydroxycholesterol (18, 21) and similar to man, has a bile acid pool consisting of mostly the glycine and taurine conjugates of cholic and chenodeoxycholic acids with lesser amounts of deoxycholate and lithocholate.

The quantitative significance of ester sulfation as an alternate pathway of bile acid excretion in the hamster is quite striking. Thus the bulk of the bile acid pool is excreted in urine within 4 days after bile duct ligation. More than 70% of the bile acids in urine were ester sulfates. In addition, glucuronides may account for as much as an additional 12%. Thus, excretion of nonesterified bile acids is extremely limited in the hamster, as it is in man (22).

In the bile duct ligated hamster the proportions of

<table>
<thead>
<tr>
<th>TABLE I</th>
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<tbody>
<tr>
<td><strong>Total Bile Acid Excretion in Urine of Hamsters after Bile Duct Ligation</strong></td>
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<td>Hamster no.</td>
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<td>10</td>
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<tr>
<td>Mean±SD</td>
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* Determined by isotope dilution at 24 h.

<table>
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<tr>
<th>TABLE II</th>
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<tbody>
<tr>
<td><strong>Primary Bile Acid Pool Size in Hamsters</strong></td>
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<td>Hamster</td>
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<td>Mean±SD</td>
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* Determined by isotope dilution at 24 h.
TABLE III
Bile Acid Composition of Serum and Urine in Two Hamsters after Bile Duct Ligation

<table>
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<tr>
<th>Hours postligation</th>
<th>Source</th>
<th>Bile acid</th>
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<th></th>
<th></th>
<th>Sulfate</th>
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<tbody>
<tr>
<td></td>
<td></td>
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<td>Cheno</td>
<td>Deoxy</td>
<td>Litho</td>
<td>Cholic</td>
<td>Cheno</td>
<td>Deoxy</td>
<td>Litho</td>
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<td>23</td>
<td>51</td>
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<td>5</td>
<td>10</td>
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<td>86</td>
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<td>6</td>
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<td>5</td>
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<td>35</td>
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<tr>
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<td>0</td>
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<td>75</td>
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<tr>
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<td>Serum</td>
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<tr>
<td></td>
<td>Urine</td>
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<td>18</td>
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<tr>
<td>48</td>
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<td>0</td>
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<tr>
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<td>0</td>
<td>76</td>
<td>70</td>
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</table>

Ester sulfates in serum were considerably higher at 24 h than at 72 h. During this period the serum bile acid fell progressively as a consequence of renal excretion. The marked increase in esterified serum bile acids in the normal hamster in the 24-h period after bile duct ligation indicates that their renal clearance is less than the rate of formation. Under these circumstances, renal clearance may be the rate-limiting step in the alternate pathway. However, lesser degrees of biliary obstruction may be associated with lower rates of esterification, and under these circumstances all the esterified bile acids could be rapidly excreted in urine.

A comparison was made of the proportions of ester sulfates in the serum of bile duct ligated hamsters that had, in addition, either bilateral renal pedicle ligation or ureteral ligation. Although no marked differences were noted, it was decided that the experimental design did not permit a quantitative statement concerning the possible role of the kidney in the sulfation of bile acids (23).

The proportions of bile acid ester sulfates in serum

TABLE IV
Bile Acid Composition of Bile in Five Hamsters 24 h after Bile Duct Ligation*

<table>
<thead>
<tr>
<th>Hamster</th>
<th>Total bile acid mg/ml</th>
<th>Bile acid %</th>
<th>Sulfate %</th>
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<tr>
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<td>Deoxy</td>
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<td>79</td>
<td>17</td>
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<td>15</td>
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<td>3</td>
<td>12.6</td>
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<td>25</td>
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<td>4</td>
<td>44.2</td>
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<td>5</td>
<td>23.8</td>
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<tr>
<td>1</td>
<td>35.3</td>
<td>72</td>
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</tbody>
</table>

* Bile aspirated at the time of sacrifice from distended hepatic ducts.
* Pooled gallbladder bile from five normal hamsters.

Bile Acid Excretion: The Alternate Pathway in the Hamster
TABLE V
Proportion of Bile Acids and Percent Sulfated in Serum after Ligation of Bile Duct and Renal Pedicles in Two Hamsters

<table>
<thead>
<tr>
<th>Hours postligation</th>
<th>Bile acid</th>
<th>Sulfate</th>
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<tbody>
<tr>
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<td>96</td>
<td>73</td>
<td>21</td>
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</table>

are somewhat difficult to interpret quantitatively because of a possible recirculation of unesterified bile acids from the obstructed bile ducts. It was noted at the time of sacrifice that the bile ducts above the site of obstruction were distended even at 96 h. The bile acid concentration of this fluid was similar to normal hepatic bile but in addition contained esterified bile acids at relatively low concentrations compared to urine. Thus a reservoir of unesterified bile acids could have been recirculating episodically during the 96-h period of

![Figure 2](image_url)

**Figure 2** Total serum bile acid concentration in hamsters after thioacetamide administration. 14 hamsters received two intraperitoneal injections of thioacetamide (20 mg/100 g body wt) at 0 and 24 h. Six animals also had bile duct ligation at the time of the initial thioacetamide administration. Thioacetamide alone caused a progressive increase in serum bile acids that exceeded levels found in bile duct ligated animals at 96 h (Fig. 1). Bile duct ligation of thioacetamide-treated animals (cross-hatched bars) caused a much greater increase in serum bile acids.

![Figure 3](image_url)

**Figure 3** Serum bile acid concentrations and proportions of chenodeoxycholate and cholate and percent esterified as sulfate in hamsters with bile duct ligation. Typical results are shown in three animals studied at 48 h. One hamster (open bar) had bile duct ligation and the total serum bile acid (283 μg/ml) is less than the other two animals, both of whom had renal-pedicle ligation. In addition, one animal (cross-hatch) received thioacetamide. The proportion of ester sulfates in serum is significantly less in the animal with thioacetamide hepatitis. The animal with intact kidneys (open bars) has a lower serum bile acid and lower proportion of esterified cholate attributable to urinary excretion.

R. Galeazzi and N. B. Javitt
renal-pedicle ligated
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above
the
gallbladder.
Nevertheless,
the
marked
difference
in
the
proportions
of
ester
sulfates
in
bile
duct
ligated
animals
at
24 h
and
96 h
indicates
that
in
biliary
tract
obstruction,
the
synthesis
of
ester
sulfates
can
exceed
their
renal
clearance
in
the
hamster.
The
wide
range
in
serum
bile
acid
concentration
after
bile
duct
ligation
can
be
attributed
to
the
difference
in
bile
acid
pool
size,
the
proportion
present
in
bile
ducts
and
the
rate
of
excretion
in
urine.

Further
quantitative
assessment
of
the
significance
of
esterification
can
be
obtained
from
the
use
of
a
well-defined
hepatotoxin
that
does
not
affect
the
kidney
(19).
Confirmation
of
previous
studies
(20)
was
obtained
by
demonstrating
normal
renal
morphology
and
normal
serum
creatinine
during
the
96 h
of
observations.
The
liver
showed
the
characteristic
changes
previously
described.

Administration
of
thioacetamide
alone
caused
an
increase
in
serum
bile
acids.
At
96 h
the
serum
bile
acid
elevations
were
in
the
range
found
for
animals
in
which
the
bile
duct
was
totally
obstructed.
However,
the
amount
found
in
urine
indicated
relatively
little
renal
excretion
and
there
was
relatively
little
esterified
bile
acid
in
serum.

The
defect
in
esterification
could
be
further
evaluated
by
bile
duct
ligation
of
animals
given
thioacetamide.
Total
serum
bile
acids
approximated
levels
seen
in
renal-pedicle
ligated
hamsters
at
96 h
but
in
contrast
contained
significantly
less
sulfate.
The
findings
indicate
that
as
part
of
the
hepatotoxicity
there
is
a
reduction
in
the
capacity
to
esterify
bile
acids
and
therefore
a
reduced
renal
clearance.
For
this
reason,
at
comparable
serum
bile
acid
levels
at
24
and
48 h,
bile
acids
excreted
in
urine
in
thioacetamide-treated
animals
is
reduced
(Fig. 4).
Consistent
with
this
interpretation
is
the
unchanged
proportion
of
bile
acid
esters
in
urine.
Thus,
the
esterified
bile
acids
are
cleared
by
the
kidney
and
the
limiting
step
is
the
capacity
to
esterify
bile
acids.

These
studies
provide
a
convenient
experimental
model
that
can
help
to
unravel
the
possible
significance
of
the
esterification
of
bile
acids
that
occurs
in
the
course
of
a
variety
of
hepatic
diseases
in
man.
Unlike
bilirubin
which
is
esterified
as
the
same
metabolites
in
urine
or
bile,
it
appears
that
diminished
capacity
to
excrete
bile
acid
by
the
liver
is
associated
with
either
the
activation
or
diversion
of
enzymatic
pathways
to
the
esterification
of
bile
acids.
It
would
seem
that
the

<table>
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<tbody>
<tr>
<td></td>
<td>Cholic</td>
<td>Cheno</td>
</tr>
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**Table VI**

Proportion of Bile Acids in Urine and Percent Sulfated in Two Hamsters after Bile Duct Ligation and Thioacetamide Administration

**Figure 4** Total bile acid excretion in urine after bile duct ligation. 24 hamsters underwent bile duct ligation. In addition, six animals received injections of thioacetamide (cross-hatched bars). Total bile acid excretion at 24 h is much greater in animals not having thioacetamide hepatitis (open bars).
sulfokinase enzymes, about which very little is known, would play the major role in the pathway.

Some information is available concerning the biological role of sulfation of steroids in regard to hormone metabolism (24). It appears that the ester sulfation of hormones occurs mostly in liver, to some extent in intestines, and very little in kidney, except perhaps during the newborn period. Ester sulfation of hormones is known to markedly reduce or nullify their biologic activity.

Other than possible regulators of hepatic cholesterol and bile acid synthesis, it is not known whether bile acids have any biologic activity in regard to hepatocytes. In vitro effects exist to indicate they have deleterious effects on enzymatic functioning (25). From studies of hepatic transport of bile acids (26), it is quite clear that an equilibrium occurs between the hepatocyte and serum in a manner known to occur for sulphobromophthalein and referred to as a “storage” phenomenon (27). Thus high intracellular concentrations of unesterified bile acids in cholestatic liver disease could affect hepatocyte function and be a determinant of the course of the disease. Ester sulfation by the hepatocyte could reduce these biologic effects and does enhance their renal excretion, thus reducing potential deleterious effects. Evidence already exists to indicate that the cholestatic effect of 3β-hydroxy-5β-cholanoate (28) is prevented by ester sulfation (29, 30) and that the esterified form is preponderant both in urine (31) and meconium (32).

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REFERENCES


