Characterization of the Immunochemical Forms of Calcitonin Released by a Medullary Thyroid Carcinoma in Tissue Culture

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ABSTRACT Immunoreactive calcitonin released by a medullary thyroid carcinoma in tissue culture has been found to exhibit heterogeneity when analyzed by gel chromatography and radioimmunoassay, in a pattern analogous to that seen in the circulation of the patient from whom the neoplasm was removed. To examine the cause of the heterogeneity, the immunoreactive material released by the tumor into tissue culture medium was further analyzed by gel electrophoresis in the presence of the protein denaturant 8 M urea, by gel chromatography after reduction and alkylation, by affinity chromatography on concanavalin A-agarose, and by bioassay in a renal adenyl cyclase system of enhanced sensitivity. The results suggest that the larger immunochemical forms of calcitonin described in the circulation of patients with medullary thyroid carcinoma may be released directly from the neoplasm and need not derive from peripheral metabolism of the monomer. It could be demonstrated that a major proportion of the immunochemical enlargement is dependent upon intermolecular disulfide bridge formation whereas aggregation or non-covalent protein binding account for a smaller component of the heterogeneity. In view of the absence of binding of the immunoreactive material to the lectin agarose, carbohydrate side chains, at least of the α-D glucosyl variety, do not seem to contribute significantly to calcitonin enlargement. Additionally, the studies indicate that, at least by in vitro assay, the larger immunochemical forms of calcitonin, representing the majority of the immunoreactivity released by a medullary thyroid carcinoma, are biologically inactive.

INTRODUCTION

Calcitonin in several species is known to be a 32-amino acid polypeptide hormone (1–6) containing an intrachain disulfide bridge between sequence positions 1 and 7 at the NH2-terminal end of the molecule and an amide group on the COOH-terminal proline. The human hormone (hCT)1 is secreted by normal (7–12) and neoplastic C cells (7–15), as well as by non-C cell neoplasms (16–18). It has been established that immunochemical heterogeneity of calcitonin exists (19–21) in body fluids of patients with medullary thyroid carcinoma and non-C cell neoplasms. This heterogeneity, defined by gel chromatography and radioimmunoassay techniques, consists mainly of larger forms of the conventional calcitonin monomer. There is little information, however, as to the basis of this heterogeneity; that is, it is unknown whether the “larger” immunochemical forms represent aggregates of the monomer, non-covalent binding of the monomer to another protein, high molecular weight complexes of calcitonin formed by disulfide bridge formation, or covalent extensions of the monomer. Furthermore, there is no information as

1 Abbreviations used in this paper: hCT, human calcitonin; 

Kd, distribution coefficient of a solute within a gel, estimated as the difference between the elution volume of the solute and the void volume, divided by the difference between the salt volume and the void volume.
to the biological activity of these other molecular species. The present studies were undertaken to characterize the forms of immunoreactive calcitonin released into culture medium by a medullary thyroid carcinoma maintained in tissue culture. Both physicochemical and biological properties of the immunoreactive material were investigated.

METHODS

Source of samples. Plasma samples and medullary thyroid carcinoma tissue were obtained at the time of surgery from a 55-year-old male with familial medullary thyroid carcinoma as a part of the multiple endocrine neoplasia syndrome (22). Tumor tissue was minced in calcium- and magnesium-free Earle’s balanced salt solution, and the cells were dissociated mechanically or with 0.25% trypsin diluted in the same solution. Aliquots of 10^4–10^6 viable cells were plated in 50-mm polystyrene tissue culture dishes (Falcon Plastics, Div. of BioQuest, Oxnard, Calif.) in McCoy’s 5A medium (modified) with 20% (vol/vol) fetal calf serum. Cultures were incubated at 37°C in a mixture of 5% CO2 and 95% air. Tissue culture medium for each dish of cultured cells was changed every 72 h and saved after each change. In preliminary studies of medullary thyroid carcinoma culture, it was determined that immunoreactive calcitonin declined as a function of time in tissue culture; however, gel filtration profiles of the immunoreactive material were essentially unchanged. Consequently, medium from the first 10 days culture was pooled for subsequent use. In control experiments, synthetic calcitonin monomer (kindly supplied by Ciba-Geigy Ltd., Basel, Switzerland) was incubated with outdated blood bank plasma (known to contain no detectable immunoreactive calcitonin) at 37°C for 15 min, or with 10^4–10^6 viable fibroblast cells (known to release no immunoreactive calcitonin) in McCoy’s 5A medium (modified) with 20% (vol/vol) fetal calf serum at 37°C for 72 h. Experimental and control plasma and tissue culture medium were frozen in aliquots and stored at −70°C before analysis.

Radioimmunoassay. The radioimmunoassay for calcitonin employed in these studies is similar to that previously described (23, 24). Antiserum was raised in rabbits to synthetic human calcitonin monomer. The same synthetic peptide was also used for radioimmunoassay standard and for radioiodination. Radioimmunoassay buffer consisted of a solution of 0.03 M sodium phosphate buffer at pH 7.0, 0.001 M disodium EDTA, 0.005% (wt/vol) merthiolate, and 10% (vol/vol) athyryeotic plasma or outdated blood bank plasma (previously tested for absence of immunoreactive calcitonin and extent of damage to tracer). Unknown samples were assayed in duplicate or triplicate and often in multiple dilutions. Each 0.5-ml incubation volume contained no more than 20% (vol/vol) plasma. Synthetic peptide fragments employed for characterization of the antiserum were kindly supplied by Drs. W. Rittel and R. Maier, Ciba-Geigy Ltd., and Dr. F. R. Singer, University of Southern California.

Gel filtration. Gel filtration studies were performed at 4°C (for bioassay studies) or 22°C (for studies employing guanidine-HCl) with 1.5 x 70-cm columns of Bio-Gel P-200 (100–200 mesh, Bio-Rad Laboratories, Richmond, Calif.) eluted with 0.1 M ammonium acetate buffer, pH 5.0. 125I-labeled calcitonin monomer and 125I-Na were added to each 1-ml sample of plasma or 4-ml sample of culture medium immediately before gel filtration to serve as internal markers of the hormone monomer and salt peak respectively. 125I-counts were determined for each eluted 0.9-ml fraction, in a gamma well spectrometer (Packard Instrument Co., Inc., Downers Grove, Ill.). Each fraction was then lyophilized, reconstituted in 0.2 ml radioimmunoassay buffer, and assayed in duplicate. For studies analyzing reduced and alkylated hormone, column calibration was performed with the tritiated 5-carboxymethylcysteine derivative of calcitonin monomer (vida infra) and no 125I-labeled internal standards were added. 3H radioactivity in 0.1-ml aliquots of each eluted fraction was determined in a liquid scintillation spectrometer (Packard Instrument Co., Inc.), whereas the remainder of the aliquots was lyophilized and then assayed for immunoreactivity. For assessment of apparent molecular weight, ovalbumin, chymotrypsinogen A, ribonuclease A (all from Pharmacia Fine Chemicals, Div. of Pharmacia, Inc., Uppsala, Sweden), bovine serum albumin (Sigma Chemical Co., St. Louis, Mo.), human growth hormone (courtesy of the National Pituitary Agency), and bovine parathyroid hormone (courtesy of Dr. J. T. Potts, Jr., Massachusetts General Hospital) were employed for column calibration.

Gel electrophoresis. 0.2-ml aliquots of fractions obtained by gel filtration of medullary thyroid carcinoma tissue culture medium were combined into four pools (the pool sizes having been determined by radioimmunoassay of the remainder of each fraction). The pools were then lyophilized, and each pool was reconstituted in 0.2 ml of a solution of 8 M urea-0.1 M acetic acid, and incubated with intermittent stirring for 30 min at 22°C before electrophoresis at pH 4.4 on 8% urea-polyacrylamide gels at 4°C. 125I-labeled calcitonin monomer was employed as a marker. Gels were cut into 1-mm slices, and each slice was shaken for 24 h at 4°C in 0.2 ml of radioimmunoassay buffer. Each 0.2-ml sample was then assayed for 125I radioactivity and analyzed by radioimmunoassay.

Reduction and alkylation. Lyophilized pools of immunoreactive calcitonin obtained by gel filtration of medullary carcinoma tissue culture medium or lyophilized synthetic human calcitonin monomer were each dissolved in 0.2 ml of a solution of 6 M guanidine-HCl in 0.05 M Tris-HCl, pH 8.5, gassed with N2, sealed, and then incubated with shaking at 37°C for 1 h to denature the protein. Dithiothreitol (Sigma Chemical Co.) was then added to the mixture to a final concentration of 0.015 mM, and the mixture was gassed with N2 and shaken for 4 h more at 37°C. A solution of 0.2 ml of 0.0075 mM iodoacetic acid (Sigma Chemical Co.) in 2 M Tris-HCl, pH 8.5, was then added to the calcitonin-guanidine–dithiothreitol mixture, and the combined mixtures were incubated in the dark at 22°C for 30 min. Then the reaction was stopped by the addition of 0.1 ml β-mercaptoethanol. The entire mixture was chromatographed on Bio-Gel P-100, and each fraction was radioimmunoassayed as described previously.

In initial experiments involving synthetic human calcitonin monomer, 10–20 x 10^4 cpm of [2-3H]iodoacetic acid (specific activity 64 mCi/mmol; Amersham/Searle Corp., Arlington Heights, Ill.) was added to the alkylating solution. The S-carboxymethylcysteine derivative of the calcitonin monomer with incorporated 3H, was desalted on a column of Bio-Gel P-2 (100–200 mesh, Bio-Rad Laboratories) and was employed as a column marker for the alkylated monomer in subsequent reduction and alkylation studies with immunoreactive pools. In preliminary experiments, it was determined that synthetic human calcitonin monomer, after reduction and alkylation by the procedure just described, reacted with the antiserum used in these studies in parallel with the synthetic human calcitonin monomer standard.

Affinity chromatography. Lyophilized pools of immunoreactive calcitonin obtained by gel filtration of medullary carcinoma tissue culture medium or lyophilized synthetic
Adenylyl cyclase assay. Adenylyl cyclase activity was determined in purified renal membranes prepared from the kidneys of male albino (New Zealand) rabbits, 15–17 kg, or of male Sprague-Dawley rats, 150–200 g, according to a method previously described (25, 26). In preliminary experiments, the adenylyl cyclase assay when performed in membranes prepared from rabbit kidneys, was found to be 13-fold more sensitive to synthetic hCT monomer than was the assay performed in conventional rat renal membranes; consequently, rabbit membranes were employed for subsequent studies. Adenylyl cyclase activity was determined (27) after a 10-min incubation at 37°C. The incubation mixture contained, in a 0.1-ml vol, 50 mM Tris-HCl, pH 7.4; 0.84 mM ATP; 0.8–2.0 x 10^6 cpm of [α-32P]ATP (ICN Pharmaceuticals, Inc., Irvine, Calif.); 9 mM theophylline; 4.2 mM MgCl2; 26 mM KCl; 0.118% (wt/vol) albumin; 5 mM creatine phosphate (Schwarz/Mann Div., Becton, Dickinson & Co., Orangeburg, N. Y.); 0.1 mg/ml creatine phosphokinase, and 30–80 μg of membrane protein determined by the method of Lowry (28). [α-32P] cyclic AMP was isolated by the method of Salomon (29). Synthetic human calcitonin monomer, Lot K992-2, (115 MRC Units/mg; MRC, Medical Research Council, Great Britain) used as a standard in the adenylyl cyclase assay, was kindly supplied by Dr. J. L. Hughes, Armour Pharmaceutical Co., Kankakee, Ill.

RESULTS

Antiserum specificity. The synthetic hCT fragment representing sequence positions 17–28 produced minimal inhibition of binding of 131I-labeled hCT (1–32), the intact monomer, to the antisem (Fig. 1). The hCT fragment extended towards the NH₂-terminus by six residues and, in representing sequence positions 11–28, produced more marked, but still incomplete, inhibition of hCT monomer binding to the antisem (Fig. 1). However, inclusion of the four COOH-terminal residues, in the fragment representing sequence positions 17–32, resulted in marked inhibition of binding of the intact labeled monomer to the antisem (Fig. 1). Nevertheless, twice the concentration of this latter fragment as of the intact monomer was required to produce 50% inhibition, and the displacement was nonparallel. Inclusion of both the six more NH₂-terminal residues, as well as the four residues at the COOH-terminus, in the fragment representing sequence positions 11–32, achieved inhibition of binding of labeled intact monomer to the antisem which was both parallel and equimolar with the unlabeled intact monomer standard (Fig. 1).

Consequently, the antisem appeared to require primarily a major antigenic site within sequence positions 29–32 at the COOH-terminus of hCT monomer, and a minor antigenic site in the middle of the molecule within sequence positions 11–16. Whether the residues within these sites interact directly with antibody sequences or produce a molecular conformation appropriate for antibody recognition could not be distinguished by these studies.

Gel filtration of plasma and tissue culture medium calcitonin. Patient plasma and medullary carcinoma tissue culture medium contained 21 and 48 ng/ml of immunoactive calcitonin, respectively, and recoveries of total immunoreactivity after gel filtration were 63 and 71%, respectively. Both elution profiles demonstrated multiple “peaks and shoulders” of immunoreactivity (Fig. 2, panels a and b) but appeared qualitatively similar in the overall pattern of distribution of eluted immunoreactivity. In each case, only one peak of immunoreactivity co-eluted with the 131I-labeled hCT monomer; the remaining immunoreactivity eluted before the monomer. However, quantitative differences in the major eluted regions of immunoreactivity were apparent with, for example, a greater proportion of the total immunoreactivity of plasma than of tissue culture medium co-eluting with 131I-labeled hCT monomer (28% vs. 24%, respectively). In contrast, in control experiments incubating synthetic human calcitonin monomer with either calcitonin-free plasma or with non-calcitonin-producing cells (fibroblast cells) in tissue culture, virtually all immunoreactivity co-eluted with the hCT monomer marker (Fig. 2, panels c and d).

For further analysis of the calcitonin immunoreactivity released into the medullary carcinoma tissue culture medium, the immunoreactive material obtained by gel chromatography was combined into four major pools, I–IV (Fig. 2b): pool I included material having apparent molecular weights > 60,000 (Kd 0.0–0.11); pool II included material having apparent molecular weights in the 13,000–40,000 range (Kd 0.21–0.48); pool III included material having apparent molecular weights in the 4,000–13,000 range (Kd 0.48–0.72); and pool IV included material coeluting with calcitonin monomer (Kd 0.72–0.83). Although any of these four major pools in themselves may have represented heterogeneous entities, the absence of biochemical information regarding their precise identity seemed to minimize any advantage which might have been gained by further subfractionating them. Consequently, these pools were used as the starting...
point for the characterization of the calcitonin immunoreactivity released by the tumor.

Serial dilutions of aliquots of medullary carcinoma culture medium before gel filtration and of aliquots of each eluted pool obtained by gel filtration inhibited $^{125}$I-labeled hCT monomer binding to the antiserum in parallel with the hCT monomer standard (Fig. 3). Consequently, quantitation of each pool was possible in terms of nanograms of hCT monomer. Each of pools I–IV represented 13, 15, 38, and 24%, respectively, of recovered immunoreactivity. The binding inhibition in parallel with hCT standard displayed by each eluted pool of immunoreactivity, indicated that each pool contained sufficient antigenic determinants to satisfy at least the spatially discrete sites required for the interaction of the antiserum with hCT monomer.

Electrophoretic analysis. When each pool of calcitonin immunoreactivity obtained by gel filtration of medullary carcinoma medium was analyzed by polyacrylamide gel electrophoresis and radioimmunoassay, each pool was found to be heterogenous; that is, the immunoreactivity did not resolve into a single peak co-migrating with the $^{125}$I-labeled calcitonin monomer despite the presence of the protein denaturant 8 M urea (Fig. 4). Nevertheless, in pools I–III, a significant proportion of the immunoreactivity co-migrated with the hCT monomer marker (23, 26, and 16% of recovered immunoreactivity, respectively); only in pool IV, however, did the bulk of the immunoreactivity (79%) co-migrate with the monomer marker. Consequently, despite analysis in the presence of the protein denaturant, immunochemical heterogeneity persisted (Fig. 4).
Reduction and alkylation studies. After reduction with dithiothreitol in the presence of the denaturant 6 M guanidine, and alkylation with iodoacetic acid, each pool of calcitonin immunoreactivity was re-chromatographed on the same column, and the eluted fractions were re-immunoassayed. With this procedure, pool IV co-chromatographed with the S-carboxymethylcysteine derivative of hCT, but only a proportion of pools II and III (21 and 18% of recovered immunoreactivity) now eluted in this position (Fig. 5). Pool I, which had previously eluted close to or in the void volume (Fig. 2), now eluted entirely in the position of the alkylated derivative of the hCT monomer.

Affinity chromatography of immunoreactive calcitonin. Pools II and III, the majority of which had failed to resolve into a single molecular species identifiable as hCT monomer or its alkylated derivative, despite subjection to protein denaturants and reducing agents, were then analyzed by affinity chromatography on concanavalin A-agarose to detect possible glycoprotein content. Recoveries of immunoreactivity in pools II and III and for synthetic hCT were 83, 84, and 74%, respectively. Neither one of the pools nor synthetic hCT monomer assessed by radioimmunoassay or labeled with $^{125}$I, bound detectably to the concanavalin A-agarose. Despite this, 86% of $^{125}$I-labeled thyroid-stimulating hormone did bind by the procedure employed.

Bioassay of immunoreactive calcitonin. Each pool of immunoreactive calcitonin obtained by gel filtration of medullary carcinoma culture medium was bioassayed in an in vitro rabbit renal adenyl cyclase assay. The assay incubations, performed in duplicate contained either 5 or 2.5 ng of pool I, 9 or 4.5 ng of pool II, 12 or 6 ng of pool III, or 8 or 4 ng of pool IV. Of the four pools bioassayed, only pool IV significantly stimulated adenyl cyclase activity above basal, in each of the two concentrations employed (Fig. 6).
DISCUSSION

There has been considerable interest in the immunochernical heterogeneity of calcitonin in view of the possibility of deriving further insight into peptide hormone biogenesis and action, and because of the potential for improved detection of neoplastic states for which the hormone is a marker (17–23). Yet, there is little information regarding the characterization of this heterogeneity. The origin of the heterogeneity has not been clarified, although it has been suggested that synthetic human calcitonin monomer continues to circulate as the monomer after administration to humans and does not contribute to calcitonin heterogeneity by peripheral conversion (19). The present studies, by demonstrating analagous patterns of immunochernical heterogeneity in the circulation of a patient with medullary thyroid carcinoma and in the culture medium of the same neoplasm maintained in tissue culture, support the thesis that the heterogenous forms of calcitonin are released directly by the neoplasrn and need not be derived from peripheral metabolism of secreted monomer (30).

The protein denaturant 8 M urea failed to convert the bulk of the larger immunochernical forms of calcitonin obtained by gel filtration into species identifiable (by polyacrylamide gel electrophoresis) with the monomer. Thus, aggregation of the monomer or noncovalent binding of the monomer to a high molecular weight protein appears not to be responsible for the majority of the heterogeneity observed.

However, after reduction and alkylation, the largest molecular weight pool of calcitonin immunoreactivity did resolve into a single peak co-eluting with the monomer on gel filtration. Consequently, this material seemed to be either a high molecular weight polymer of calcitonin resulting from intermolecular disulfide bridge formation, or a high molecular weight complex formed by disulfide bridge linkage of the monomer to an unrelated protein. For these studies the use of an antiserum with demonstrable absence of antigenic binding sites within the NH2-terminal ring of the monomer, permitted continued detection of calcitonin immunoreactivity despite considerable interaction involving this region of the molecule.

To date only small quantities of the antiparallel dimer of calcitonin have been isolated from medullary thyroid carcinoma tissue (31), and intermolecular disulfide bridge formation has not been previously implicated in circulating heterogeneity. However, in previous analyses, the conditions employed for reduction of heterogeneous circulating calcitonin forms did not include a protein denaturant to facilitate exposure of the disulfide bonds, were not performed under nitrogen, and did not include irreversible alteration of the exposed thiol groups to prevent recombination during subsequent analysis (19–21).

That only small quantities of pools II and III co-
FIGURE 4 Immunoreactive profiles of pools I to IV, after electrophoresis on polyacrylamide gels at pH 4.4 in 8M urea. The vertical arrow represents the migration position of $^{131}$I-labeled hCT used as a marker for the hormone monomer. D represents the detection limit of the radioimmunoassay. Vertical scales to the immediate left of the panels refer to immunoreactivity and vertical scales to the immediate right refer to $^{131}$I radioactivity.

FIGURE 5 Gel filtration profiles of calcitonin immunoreactivity after chromatography on Bio-Gel P-100 of reduced and alkylated pools I to IV. Each pool initially obtained by gel filtration of medullary carcinoma tissue culture medium, was reduced with diithiothreitol in 6 M guanidine-HCl under N$_2$ at 37°C and then alkylated with iodoacetic acid before rechromatography. Vertical arrows, from left to right, represent the void volume (V$_0$), the elution position of the reduced and alkylated hCT monomer labeled with [2-3H]iodoacetic acid ([3H]hCT), and the salt peak (V$_s$). D represents the detection limit of the radioimmunoassay. Vertical scales to the immediate left of the panels refer to immunoreactivity and vertical scales to the immediate right refer to $^{3}$H radioactivity.
eluted with the monomer after reduction and alkylation in the presence of 6 M guanidine, was commensurate with that proportion of these pools co-migrating with the monomer in the presence of 8 M urea. Consequently, the fraction of these pools identifiable with the monomer may have existed as an aggregate or non-covalently bound to another protein before disruption with the denaturant. Disulfide bridge disruption need not be invoked here. As a result, the nature of the bulk of pools II and III remained unresolved by that technique.

In view of recent reports (32, 33) identifying larger molecular weight forms of other peptide hormones as glycoproteins, the capacity of pools II and III to bind to concanavalin A was assessed. No binding of pools II and III to the lectin was observed, however, indicating that as a minimum they contained no carbohydrate side chains with α-D-mannosyl or sterically related residues. However, these pools did react in a parallel fashion with the antiserum employed, which is known to require at least two spatially separate sites for interaction with the monomer; consequently, these molecular species contain a significant proportion of the calcitonin sequence, most likely covalently extended.

Calcitonin is known to enhance urinary excretion of electrolytes and cyclic AMP in vivo (34) and has been demonstrated to stimulate adenyl cyclase in membranes prepared from rat kidneys in vitro (35, 36). Consequently, this defined property of calcitonin of stimulating in vitro adenyl cyclase was used as a bioassay in the present studies. Rabbit renal membranes were employed rather than rat membranes in view of their enhanced sensitivity to human calcitonin. Only pool IV, corresponding to the human calcitonin monomer, could be demonstrated to stimulate adenyl cyclase significantly. Consequently, insofar as the assay reflects in vivo activity, the majority of the immunoreactivity released by a medullary thyroid carcinoma, at least in vitro, may be biologically inactive or of markedly reduced activity relative to the monomer.

Studies correlating calcitonin structure with function have demonstrated that an intact disulfide bridge between sequence positions 1 and 7 of the monomer is essential for biological activity (37), and, indeed, the dimer previously extracted from tumor tissue was demonstrated to have little activity until converted to monomer (38). This, therefore, may explain the absence of detectable activity in pool I in which the intramolecular disulfide bridge would no longer have remained intact.

The precise nature of the majority of pools II and III remain undefined, although immunoreactivity...
within these pools would be the most likely to represent covalent extensions of calcitonin monomer possibly functioning as biosynthetic precursors. Biosynthetic precursors of peptide hormones are frequently reported to have reduced biological activity relative to the hormonal products (39, 40). Of the two studies which have reported the existence of precursors of calcitonin, one did not assess the biological activity of the precursor (molecular weight 7,000) derived from trout ultimobranchial glands (41), but the other study did report reduced activity (relative to monomer) of a precursor (molecular weight about 13,000) derived from chicken ultimobranchial glands (42). Consequently, the discordance between immunologic and biologic activity seen in our studies may be related to the observations regarding bio-activity reported for peptide hormone precursors including calcitonin precursors.

Further studies will be required to determine more precise chemical and biological properties of the larger forms, and development of specific antisera to them may eventually lead to more sensitive indices of the activity of neoplastic and perhaps of non-neoplastic C cells.

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REFERENCES