The Role of Acetaldehyde in Mediating the Deleterious Effect of Ethanol on Pyridoxal 5'-Phosphate Metabolism

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ABSTRACT

Previous studies in vivo and with isolated perfused rat livers have suggested that the deleterious effect of ethanol on hepatic pyridoxal 5'-phosphate metabolism is mediated by acetaldehyde. Inasmuch as acetaldehyde has no effect on the synthesis of pyridoxal phosphate, it has also been postulated that acetaldehyde accelerates pyridoxal phosphate degradation by displacing this coenzyme from binding proteins, which protect it against hydrolysis. To test these hypotheses, studies have been performed with isolated rat hepatocytes, subcellular fractions of rat liver, and human erythrocytes. Ethanol oxidation lowered the pyridoxal phosphate content of isolated liver cells when acetaldehyde oxidation was inhibited by either disulfiram or prior treatment of rats with cyanamide. Additions of 7.5 mM acetaldehyde alone at 40-min intervals to cell suspensions decreased hepatic pyridoxal phosphate content only slightly because acetaldehyde was rapidly metabolized. However, when acetaldehyde oxidation and reduction were inhibited by cyanamide treatment and by 4-methylpyrazole and isobutyramide, respectively, a 40% decrease in hepatic pyridoxal phosphate content was observed in 80 min of incubation.

In equilibrium dialysis experiments, acetaldehyde, 7.5 and 15 mM, displaced protein-bound pyridoxal phosphate in undialyzed hepatic cytosol and in hemolysate supernate containing added pyridoxal phosphate. In the presence of alkaline phosphatase, acetaldehyde accelerated the degradation of pyridoxal phosphate in dialyzed hemolysate supernate and hepatic cytosol with added pyridoxal phosphate. Acetaldehyde also inhibits tyrosine aminotransferase. The kinetics of inhibition were mixed competitive-noncompeti-

tive with respect to pyridoxal phosphate. These observations support the hypothesis that the deleterious effect of ethanol oxidation on pyridoxal phosphate metabolism is mediated at least in part by acetaldehyde which displaces this coenzyme from protein binding, thereby enhancing its degradation.

INTRODUCTION

Vitamin B₆ deficiency, as evidenced by a decreased level of plasma pyridoxal 5'-phosphate (PLP), is frequently encountered in alcoholic patients both with (1, 2) and without (3) liver disease. Although inadequate dietary intake may be a contributory factor, it has been shown that alcohol ingestion interferes with the net conversion of parenterally administered pyridoxine to plasma PLP (1). In experimental animals, PLP in plasma is derived almost entirely from liver, and its concentration is determined both by hepatic synthesis and by degradation (4). We have reported that the oxidation of alcohol by isolated perfused rat livers curtails both the release of PLP into the perfusion medium and lowers hepatic PLP content (5). These deleterious effects of alcohol on PLP metabolism are abolished by 4-methylpyrazole, a specific inhibitor of alcohol dehydrogenase, suggesting that acetaldehyde may be the causative agent (5). Indeed, incubation of human erythrocytes with 0.05–1 mM acetaldehyde impairs the net conversion of pyridoxine to PLP (3). Because acetaldehyde does not alter the rate of PLP synthesis (3), it was postulated that acetaldehyde accelerates PLP degradation.

In the normal regulation of vitamin B₆ metabolism in liver, the cellular content of PLP is governed principally by protein binding on the one hand and by hydrolysis of unbound (free) PLP by alkaline phosphatase on the other (6). Because acetaldehyde, like PLP, is capable of forming Schiff's bases with protein

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1 Abbreviations used in this paper: PLP, pyridoxal 5'-phosphate; TEA-HCl, triethanolamine hydrochloride.
amino groups, it was postulated that acetaldehyde accelerates PLP degradation by displacing PLP from protein binding. This hypothesis has now been tested in experiments with isolated rat hepatocytes, subcellular fractions of rat liver, and human erythrocytes. The efficacy of acetaldehyde in displacing PLP from protein binding of PLP has also been directly measured.

**METHODS**

**Preparation of isolated rat hepatocytes.** Male Sprague-Dawley rats (150–250 g), maintained for at least 1 wk on standard laboratory chow (Wayne Lab-Blox; Allied Mills, Inc., Chicago, Ill.) ad lib., were fasted 12–18 h before use for the isolation of liver parenchymal cells. The pyridoxine content of the diet was 8.1 μg/g. In some experiments, rats were injected intraperitoneally with cyanamide, 0.1 mg/kg, 1 h before the preparation of isolated liver cells (7). The method for isolating liver cells was similar to the procedure described by Seglen (8). The major steps included the addition of 2.5 mM CaCl₂ to the Hanks' medium during collagenase digestion and the further dispersion of the minced liver with hyaluronidase (8 mg/50 ml of medium) after perfusion with collagenase. The isolated parenchymal cells were >98% pure. 90–95% of the liver cells excluded trypan blue and exhibited intracellular K⁺ concentration of 134 ± 10.5 meq/liter (n = 10). The cells were morphologically intact by electron microscopy (9) and were active in amino acid transport (10), gluconeogenesis (10), and synthesis of enzymes inducible by hormones (11). These measures of viability were maintained with little change for at least 4 h after isolation.

**Preparation of supernate and membrane fractions of human erythrocytes.** Venous blood was collected from healthy human volunteers with 2 mM EDTA as an anticoagulant. After separation from plasma and buffy coat, the erythrocytes were washed twice with 0.15 M NaCl at 4°C, and hemolyzed by either hypotonic lysis or freeze-thaw. In the former procedure, the washed erythrocytes were hemolyzed with 10 vol of 12 mM triethanolamine hydrochloride (TEA-HCl), pH 7.4, at 4°C. After 10 min of intermittent mixing, the hemolysate was centrifuged at 30,000 g for 30 min to separate the supernatant fraction from the erythrocyte membranes. To prepare hemolysate by freeze-thaw, the washed erythrocytes were quick-frozen in an acetone-dry ice bath and thawed four times. The membrane ghosts were then separated by centrifugation at 100,000 g for 90 min. For studies that required recombination of supernate and membrane fractions, the membrane fraction derived from hypotonic lysis of erythrocytes was washed six or more times with the TEA-HCl buffer until the erythrocyte membranes became colorless. Before recombination, the hemolysate supernate was dialyzed extensively in 12 mM TEA-HCl buffer and the membrane ghosts were disrupted by sonication, employing a model 1,000 Insonator (Savant Instruments, Inc., Hicksville, N. Y.) (20 kHz) supplied with a half-inch sonohorn. The reference meter setting was 75, and sonication was applied three times in 10-s pulses at 4°C.

**Preparation of cytosolic fraction and isolated plasma membranes from rat liver.** Male Sprague-Dawley rats (150–250 g), fasted 12–18 h, were used for the preparation of subcellular fractions. Cytosolic fraction and plasma membranes were prepared by the methods of Hogeboom (12) and of Ray (13), respectively.

**Purification of tyrosine aminotransferase.** Tyrosine aminotransferase was purified from rat liver as described by Granner and Tomkins (14). The procedure was carried out through the DEAE-cellulose chromatography step; at which point, the yield was 18–25% and the specific activity of the enzyme was 72–95 U/mg protein. Tyrosine aminotransferase was resolved of its coenzyme (PLP) by dialysis for 18 h at 4°C against 0.1 M potassium phosphate, pH 6.0 (15).

**Incubation conditions.** All incubations were performed in Erlenmeyer flasks in a shaking water bath. The experiments were conducted in darkened rooms equipped with yellow fluorescent lights to minimize photodecomposition of PLP.

In the cell experiments, freshly isolated liver cells, 15–20 mg protein/ml, were incubated at 37°C in 7.5 ml Krebs-Henseleit medium containing 10 mM pyruvate and 2.5 g/100 ml fatty acid free bovine serum albumin. The incubation flasks, sealed by rubber caps, were flushed with 95% O₂ and 5% CO₂ before adding ethanol or acetaldehyde. In the experiments with acetaldehyde, it was necessary to add acetaldehyde at 40-min intervals because it was metabolized rapidly even when the cells were isolated from cyanamide-treated rats and incubated in the presence of 4-methylpyrazole and isobutyramide. The addition of reagents and the sampling of cell suspensions were carried out with Hamilton syringes (Hamilton Co., Reno, Nev.). At appropriate time intervals, 1-ml aliquots of cell suspension were removed and centrifuged for 3 min at 1,000 g in a Sero-Fuge (Clay Adams, Div. of Becton, Dickinson & Co., Parsippany, N. J.) to separate the cells from the medium. The medium was immediately deproteinated by adding 0.2 ml 60% HClO₄ and used for acetaldehyde assay. The cell pellet was washed with 10 vol of a cold Krebs-Henseleit medium and resuspended in 4 ml of a cold 2 mM phosphate buffer (pH 7.4). The resuspended cells, 0.2-ml aliquots, were then added to 2.5 ml 2 mM phosphate buffer (pH 7.4) and immediately precipitated with 0.3 ml 75% trichloroacetic acid. After discarding the protein precipitate, the supernate was extracted with ether and then assayed for PLP.

**Analyses.** PLP and acetaldehyde were assayed enzymatically with tyrosine apodecarboxylase and aldehyde dehydrogenase, respectively (3, 16). Hemoglobin was determined as cyanmethemoglobin (17). Protein concentrations were measured by the method of Lowry et al. (18).

During the purification of hepatic tyrosine aminotransferase, enzyme activity was assayed by measuring the rate of formation of p-hydroxybenzaldehyde at 37°C (19). The final reaction mixture contained 2.4 ml of 0.125 M potassium phosphate (pH 7.6) and 7 mM L-tyrosine, 0.06 ml of 0.5 M α-ketoglutarate, 0.03 ml of 5 M PLP, and 0.3 ml of tyrosine aminotransferase. The latter was diluted in a buffer that contained 0.125 M potassium phosphate (pH 7.6), 5 mg/ml bovine serum albumin, 1 mM EDTA, and 1 mM dithiothreitol. The reaction was started by the addition of enzyme, and stopped at 2.5 and 5 min by the addition of 0.21 ml of 10 N KOH. The final mixture, kept for 30 min at 37°C, was then read at 331 nm against a “zero time” blank prepared by the addition of KOH to the reaction components before tyrosine aminotransferase. The molar absorbancy of the product, p-hydroxybenzaldehyde, is 19,900 M⁻¹ cm⁻¹. 1 U of enzyme activity is the quantity that catalyzes the formation of 1 μmol p-hydroxyphenylpyruvate/min.

In the course of this work, it was found that acetaldehyde interfered with this assay method. Thus an alternative method, the modified Briggs assay (20), was employed when acetaldehyde was present in the reaction mixture. The assay condition was as described above but the reactions were terminated by adding 0.21 ml of 50% trichloroacetic acid. To this solution, 1.8 ml of water, 1 ml of 1 g/100 ml KH₂PO₄, and 1 ml of molybdate solution containing 5 g/100 ml ammonium molybdate in 5 N H₂SO₄ were added. The final mixture was

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allowed to stand at room temperature for 1 h and then centrifuged to remove any precipitate. The blue color of the molybdate complex was read at 850 nm with a molar absorbance of 4,100/M·cm. The Briggs assay, although less sensitive, agreed well with the assay based on p-hydroxybenzaldehyde measurement.

Equilibrium dialysis. These studies were carried out in dialysis tubings with a molecular weight exclusion limit of 10,000–20,000. Dialysis was performed at 4°C in stopped flasks to prevent evaporation of acetaldehyde. Photodecomposition of PLP was minimized by wrapping the flasks in aluminum foil.

Reagents. Cyanamide, disulfiram, isobutyramide, essentially fatty acid-free bovine albumin, PLP, aldehyde dehydrogenase, and tyrosine apodecarboxylase were purchased from Sigma Chemical Co., St. Louis, Mo. 4-Methylpyrazole was obtained from K and K Laboratories, Inc., Plainview, N. Y. Collagenase and hyaluronidase were purchased from Worthington Biochemical Corp., Freehold, N. J. The apodecarboxylase was further purified as described previously (3). Reagent grade acetaldehyde was redistilled immediately before use.

Statistical analyses. Student’s t test was used to determine the significance of the difference between mean values.

RESULTS

Effect of ethanol and acetaldehyde on the PLP content of isolated liver cells. The effect of ethanol oxidation was first examined in liver cells isolated from untreated rats (Fig. 1). In contrast to our previous findings in perfused livers, PLP content was not affected by the addition of ethanol alone. However, when disulfiram was also added to the medium or when cells were isolated from cyanamide-treated rats, significant decreases in cellular PLP content were observed at the end of 2-h incubation (n = 4 for each condition, P < 0.001). Both disulfiram and cyanamide are potent inhibitors of liver aldehyde dehydrogenases. Thus, it appeared that to demonstrate an effect of acetaldehyde on PLP metabolism in isolated cells, it is necessary to inhibit the further metabolism of acetaldehyde.

The effect of acetaldehyde on PLP content of isolated liver cells prepared from untreated and cyanamide-treated rats is shown in Fig. 2. With cells isolated from untreated animals, the addition of 7.5 mM acetaldehyde at 40-min intervals lowered the cellular content of PLP only slightly (mean decrease was 13% at the end of 2-h incubation, n = 4, P < 0.01). However, acetaldehyde was metabolized rapidly and its concentration decreased to 0–0.1 mM at the end of each 40-min period. Acetaldehyde can be metabolized both by way of reduction to ethanol, catalyzed by alcohol dehydrogenase, and by way of oxidation to acetaldehyde by aldehyde dehydrogenase. When the cells from untreated animals were incubated in the presence of isobutyramide and 4-methylpyrazole, potent inhibitors of alcohol dehydrogenase, the concentrations of acetaldehyde were 0.2–0.4 mM at the end of each 40-min period and the decrease in cellular PLP was accordingly greater (mean decrease was 22% at the end of 2-h incubation, n = 4, P < 0.001). When these inhibitors were added to cells prepared from cyanamide-treated rats, the acetaldehyde concentrations were maintained in the range of 2.8–7.5 mM and cellular

![Figure 1](image1.png) Effect of ethanol oxidation on the cellular content of PLP in isolated hepatocytes prepared from untreated and cyanamide-treated rats. Isolated hepatocytes from untreated and cyanamide-treated rats were incubated as described in Methods. (A) Cells from an untreated rat were incubated without other additions ( ), with 0.1 mM disulfiram ( ), with 50 mM ethanol ( ), and with ethanol plus disulfiram ( ). In four experiments with ethanol plus disulfiram, the mean decrease in cellular PLP at 120 min was 16% (P < 0.001). (B) Cells from a cyanamide-treated rat were incubated with ( ) and with 50 mM ethanol ( ). In four experiments with cells prepared from cyanamide-treated animals, ethanol oxidation decreased cellular PLP 16–25% at 120 min (P < 0.001).

![Figure 2](image2.png) Effect of acetaldehyde metabolism on the cellular content of PLP in isolated hepatocytes prepared from untreated and cyanamide-treated rats. (A) Cells from an untreated rat were incubated without other additions ( ), with 7.5 mM acetaldehyde added at 40-min intervals ( ), and with 7.5 mM acetaldehyde added 40 min apart and in the presence of 0.15 mM 4-methylpyrazole and 1 mM isobutyramide ( ). (B) Cells from a cyanamide-treated rat were incubated without other additions ( ), and with 0.75 mM ( ) and 7.5 mM ( ) acetaldehyde added at 40-min intervals in the presence of 4-methylpyrazole and isobutyramide. The results are representative of four experiments.
PLP decreased >40% (Fig. 2, n = 4, P < 0.001). These data, therefore, indicate that under appropriate conditions, both ethanol and acetaldehyde can significantly alter the metabolism of PLP in the isolated liver cell. Effect of acetaldehyde on protein-bound PLP in the soluble fractions of liver and erythrocytes. In liver, PLP is bound to a large number of PLP-dependent enzymes (21). Fig. 3 shows the effect of acetaldehyde on PLP binding by hepatic cytosol as studied by equilibrium dialysis. After dialysis for 24 h, fully 20% of the cytosolic PLP, presumably free or loosely associated with proteins, was removed by dialysis in the absence of acetaldehyde. In the presence of 7.5 and 15 mM acetaldehyde, both the rate and amount of PLP removal by dialysis were increased.

Fig. 4 shows the results of a similar experiment performed with the hemolysate supernate of erythrocytes. PLP was added to the hemolysate supernate before dialysis, and the amount remaining after dialysis to equilibrium at 19 h was measured. Acetaldehyde, 7.5 and 15 mM, reduced PLP content to 45 and 34% of the initial amounts present. In the absence of acetaldehyde, the amount remaining was 59%. The amount of PLP lost from the dialysis bag in each instance was recovered almost quantitatively in the dialysate. These data, therefore, indicate the millimolar concentrations of acetaldehyde can effectively displace PLP from protein binding by both liver cytosol and the hemolysate supernate of erythrocytes.

Effect of acetaldehyde on PLP hydrolysis in a reconstituted system containing erythrocyte hemolysate supernate and cell membranes. PLP is actively degraded by the plasma membranes of erythrocytes and liver cells (3, 6). This PLP-hydrolyzing activity in hepatic plasma membranes has been characterized and shown to be a property of the nonspecific alkaline phosphatase enzyme which is associated with plasma membranes (22). Additionally, it has been shown that the binding of PLP to proteins protects it from degradation by alkaline phosphatase (6).

Fig. 5 shows the effect of acetaldehyde (15 mM) on the hydrolysis of PLP in a reconstituted system of dialyzed hemolysate supernate and sonicated membrane ghosts. The amount of PLP present in dialyzed hemolysate supernate is small. This amount is tightly bound, and the addition of erythrocyte ghosts resulted in little or no change in PLP concentration after 80 min of incubation. As expected, acetaldehyde enhanced the degradation of this tightly bound PLP to only a slight extent. However, when PLP was added in vitro to the dialyzed hemolysate supernate to provide binding to low affinity sites, PLP hydrolysis by the membrane ghosts occurred more rapidly. Acetaldehyde, 10 mM, further accelerated this degradation rate and about 30 and 50% of the added PLP was hydrolyzed in 40 and 80 min, respectively. It has been previously demonstrated that acetaldehyde does...
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FIGURE 6 Effect of acetaldehyde (Ach) on tyrosine aminotransferase apoenzyme activity. The concentration of PLP was varied from 50 nM to 1 μM. The results are representative of three experiments.

was mixed competitive-noncompetitive with respect to PLP (Fig. 6).

DISCUSSION

We have previously reported that ethanol oxidation decreases the hepatic content of PLP in isolated perfused rat livers (5). In the present study with isolated hepatocytes, ethanol oxidation has no demonstrable effect on cellular PLP content unless acetaldehyde oxidation was inhibited concomitantly (Fig. 1). These findings suggest that the perfused liver and isolated hepatocyte systems differ quantitatively in their ability to metabolize acetaldehyde. Data from the literature seem to support this conclusion. Thus, Crow et al. (24) have recently measured the accumulation of acetaldehyde in cell suspensions during ethanol oxidation and found its concentration to be low, in the range of 2 μM, but increasing to 50–180 μM when 0.1 mM disulfiram was added. On the other hand, Lindros et al. (25) have reported that the acetaldehyde level of isolated perfused rat livers was 150 μM when the ethanol concentration in the perfusates was in the range of 16–32 mM. Importantly, the acetaldehyde concentrations of liver have been well demonstrated to be about 200 μM in vivo during ethanol oxidation (26). The reason for these differences is unknown but is under investigation in our laboratory.

As would be expected from the above considerations, the addition of acetaldehyde to suspension of isolated hepatocytes from untreated rats resulted in only a small decrease in cellular PLP (Fig. 2), because acetaldehyde was rapidly metabolized by way of alcohol and aldehyde dehydrogenase in the isolated hepatocytes. The addition of 4-methylpyrazole and isobutylamine to the incubation of medium together with the use of cyan-

FIGURE 5 Effect of acetaldehyde on the hydrolysis of PLP in a reconstituted system of dialyzed hemolysate supernate and sonicated erythrocytic ghosts. Hemolysate supernate, prepared by freeze-thaw method, was dialyzed for 16 h against a 12 mM TEA-HCl (pH 7.4), hemolysate supernate buffer volume ratio of 1/100). The incubation mixtures contained 12 mM TEA-HCl buffer (pH 7.4); 1.25 mM MgCl2; hemolysate supernate containing 330 mg hemoglobin; and membrane ghosts derived from 0.12 ml of packed erythrocytes. Where indicated, 75 ng PLP and 15 mM acetaldehyde (Ach) were also added. In the absence of hemolysate supernate, 75 ng PLP in the free (unbound) form was hydrolyzed completely within 5 min (data not shown). The final volume of each mixture was 2.84 ml. Reactions were started by adding the membrane ghosts. Temperature was 32°C. The results are the mean values of duplicate incubations and are representative of three experiments.

not alter directly the PLP phosphatase activity of erythrocyte ghosts (3). Therefore, the mechanism by which acetaldehyde accelerates PLP degradation appears to be its displacement of PLP from low affinity protein binding sites, thereby allowing the unbound PLP to be rapidly hydrolyzed.

Similar results were obtained in experiments carried out with dialyzed hepatic cytosol and rat liver plasma membranes (data not shown), demonstrating that acetaldehyde enhances PLP degradation in liver by displacing bound PLP.

Effect of acetaldehyde on hepatic tyrosine aminotransferase. Tyrosine aminotransferase has a relatively low affinity for PLP (15). Additionally, the relative contributions of the various functional groups of PLP to the formation of the coenzyme-apoenzyme complex is known (23). Hence the effect of acetaldehyde on the activity of this enzyme was examined. Purified tyrosine aminotransferase activity was inhibited 50% by 17.5 mM acetaldehyde. The kinetics of inhibition
amide-treated animals progressively increased the depletion of cellular PLP so that a 40% decrease was seen when acetaldehyde concentration was maintained in the range of 2.8–7.5 mM (Fig. 2). These data support our previous hypothesis that acetaldehyde may be the toxic metabolite responsible for the detrimental effect of ethanol oxidation of PLP metabolism (3).

The studies with subcellular fractions of human erythrocytes and rat liver (Figs. 3 and 4) indicate that acetaldehyde is capable of displacing PLP from binding proteins in erythrocyte hemolysates and hepatic cytosol. This action renders PLP more susceptible to hydrolysis by the phosphatase enzyme located on erythrocytic and liver cell plasma membranes. Hepatic cytosol accounts for 70% of the PLP in liver (21) and contains a host of PLP-dependent enzymes with varying affinities for the coenzyme. When cytosol is dialyzed exhaustively in a TEA-HCl buffer or gel filtered on Sephadex G-150 (Pharmacia Fine Chemicals, Piscataway, N. J.), about 20% of the PLP can be removed. Presumably, this fraction of cytosolic PLP originates from PLP-dependent enzymes or proteins with low affinity for the coenzyme. Acetaldehyde affects principally these low affinity PLP-enzymes because its largest effect was demonstrated in undialyzed cytosol (Fig. 3).

Recent studies in our laboratories indicate that the distribution of PLP in liver is dispersed among many enzymes (21). Glycogen phosphorylase, aspartate aminotransferase, and alanine aminotransferase in combination account for <30% of the PLP bound in liver cytosol. The identity of the PLP-enzymes and proteins responsible for the binding of the remainder of the PLP in cytosol remains unknown. This multiplicity of PLP-binding proteins in liver renders difficult the precise identification of the enzyme(s) most susceptible to the effect of acetaldehyde.

PLP binds to its apoenzymes by multipoint attachments (27). In addition to the labile azomethine linkage of the Schiff's base which forms between the aldehyde group of the coenzyme and lysyl residues of proteins, noncovalent interactions via the phosphate, the phenolic oxygen, and the heterocyclic nitrogen also play a role in the binding process. However, the relative strengths of these interactions in the various PLP-enzymes have not been systematically quantified. In the case of tyrosine aminotransferase, the ΔG° value for the Schiff's base is only 2.8 kcal/mol (23). This free energy contribution is lower than that of the phosphate group, 7.1 kcal/mol. This circumstance probably explains the high Kᵢ of acetaldehyde in the inhibition of tyrosine aminotransferase (Fig. 6). A number of aldehydes such as 4-nitrosalicylaldehyde, m-nitrobenzaldehyde, and 3-hydroxyppyridine-4-aldehyde (28, 29), have been shown to compete for binding for the coenzyme site of PLP-dependent enzymes.

Thus, it is not surprising that acetaldehyde can also displace PLP from tyrosine aminotransferase and the supernatant proteins of erythrocytes and liver. The kinetic studies on tyrosine aminotransferase indicate mixed competitive and noncompetitive inhibition by acetaldehyde. Such a pattern can be interpreted as the occurrence of both the binding of acetaldehyde to the apoenzyme to form a binary complex that has a decreased affinity for PLP and the binding to the holoenzyme to form a ternary complex that is nonproductive (30). The mode of coenzyme-apoenzyme interaction in tyrosine aminotransferase differs significantly from some of the other PLP-enzymes, such as glycogen phosphorylase (31). In the latter, the covalent linkage due to Schiff's base formation appears to play a principal role in its cofactor-protein interaction. Studies are now in progress in our laboratories to study the effect of acetaldehyde on glycogen phosphorylase.

In considering the in vivo effects of acetaldehyde, quantitative data concerning its concentrations in blood and tissues are pertinent. As indicated earlier, acetaldehyde level in liver during ethanol oxidation is in the range of 200 μM (26). Acetaldehyde level in the tail blood of rats is usually <20 μM but the level in arterial blood may attain concentrations up to 150 μM (32). It is also known that after disulfiram or pyrogallol treatment (33, 34), venous blood acetaldehyde concentrations may reach levels as high as 2 mM. We have shown previously that acetaldehyde in the range of 0.05–1 mM significantly inhibits the net conversion of PLP from pyridoxal or pyridoxine in erythrocytes which do not have the capacity to metabolize acetaldehyde (3). In the isolated hepatocyte experiments reported here, the presence of acetaldehyde at 0.1–0.4 mM and 2.8–7.5 mM resulted in 13–22% and >40% decrease in cellular PLP, respectively (Fig. 2). Whereas the lower levels of acetaldehyde (<0.3 mM) are attainable in vivo in rat liver after acute ethanol administration, the higher levels (≥2 mM) can be reached only with simultaneous disulfiram or pyrogallol treatment. In the experiments with broken cell preparations, higher concentrations (>7.5 mM) of acetaldehyde were required to consistently elicit displacement of PLP and enhancement of PLP degradation. The reason for this is unclear, but it should be emphasized that in many reports of experiments in vitro (35–37), high concentrations of acetaldehyde approaching or in excess of 1 mM are required to demonstrate its toxic potential. It is difficult to reconstruct in vitro with cell-free system the situation in vivo, because the exposure to acetaldehyde in man is chronic. Chronic ethanol consumption also results in higher blood acetaldehyde level due to imbalance between acetaldehyde production and disposition (38).

The decrease of PLP content in isolated hepatocytes due to low levels of acetaldehyde (0.3 mM and less)
is about 20%. This decrement, albeit small, is important in the overall economy of vitamin B₆ metabolism and B₆-dependent pathways. In a recent study (39), growing rats that were provided 4 µg pyridoxine/day exhibited only a 20% decrease in liver PLP. However, these animals were vitamin B₆ deficient as evidenced by retardation of growth. The liver plays a control role in vitamin B₆ metabolism (40). It actively converts pyridoxine to PLP, pyridoxal, and pyridoxic acid which are released into the circulation (41). Whereas pyridoxic acid is biologically inactive, PLP and pyridoxal are the transport forms in plasma. Ethanol oxidation lowers hepatic PLP and impairs the release of this coenzyme (5). As shown here, acetaldehyde also decreases hepatic PLP; however, its effect on the release of PLP and pyridoxal has not been defined.

The deleterious effect of ethanol-derivaded acetaldehyde on PLP metabolism may be mediated by additional mechanisms. In liver and other tissues, acetaldehyde is oxidized to acetate. Acetate has been shown to inhibit the recombination of PLP with glutamate apodecarboxylase (42). Recently, Dietrich and Irwin (43) have suggested another effect of acetaldehyde, namely, the inhibition of the metabolic elimination of endogenous aldehydes more potent than acetaldehyde itself. These toxic endogenous aldehydes may include formaldehyde, malondialdehyde, and the biogenic aldehydes. The role of these aldehydes and acetate upon PLP binding and degradation awaits further study.

ACKNOWLEDGMENTS

The author wishes to thank Dr. Ting-Kai Li for his advice and suggestions. This work was supported by the Veterans Administration grant 5246.

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