Prostacyclin Biosynthesis in Cultured Vascular Endothelium is Limited by Deactivation of Cyclooxygenase

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ABSTRACT Primary monolayer cultures of human umbilical vein endothelium produce prostacyclin (PGI₂) in response to stimulation by thrombin, ionophore A23187, arachidonic acid, and the prostaglandin endoperoxide, PGH₂. None of these treatments had a significant effect on the capacity of the endothelium to produce PGI₂ in response to subsequent stimulation by PGH₂. By contrast, endothelium initially exposed to thrombin, A23187, or arachidonic acid produced ~37, 68, and 84% less PGI₂, respectively, upon subsequent stimulation by arachidonic acid. These findings suggest that PGI₂ biosynthesis in cultured endothelium results in deactivation of cyclooxygenase-hydroperoxidase but not PGI₂ synthetase. To test the hypothesis that PGI₂ biosynthesis alone causes deactivation of cyclooxygenase, thrombin, and arachidonic acid were added to monolayers that had been preincubated with ibuprofen (250 μM), a rapidly reversible, competitive inhibitor of this enzyme. After removal of the ibuprofen and the initial stimulus, PGI₂ production in response to subsequent stimulation by arachidonic acid was maximal. These findings suggest that the metabolism of arachidonic acid itself causes a direct deactivation of cyclooxygenase. After an initial exposure to arachidonic acid, PGI₂ production in response to a second stimulation by arachidonic acid was restored to ~34, 69, and 74% of maximal, after recovery periods of 1, 24, and 48 h, respectively. We conclude that the regulation of PGI₂ biosynthesis in normal vascular endothelium may be in part a function of the activity and biosynthesis of cyclooxygenase-hydroperoxidase and that deactivation of this enzyme may be a primary factor limiting the capacity of the endothelium to produce PGI₂.

INTRODUCTION

Prostacyclin (PGI₂)¹ is a potent vasodilator, inhibitor of platelet aggregation (1), and agonist of adenylate cyclase (2), which is produced by vascular endothelium in response to a variety of stimuli (3, 4). At present, very little is known regarding the mechanisms involved in the regulation of PGI₂ biosynthesis in endothelium. Several years ago, both we (5) and Weksler et al. (3) observed that the capacity of endothelial cells grown in culture to produce PGI₂ was not unlimited. Both primary (5) and passed (3) monolayer cultures of human umbilical vein endothelium that produced PGI₂ upon stimulation with thrombin failed to respond to a second exposure to thrombin. Weksler et al. (3) also reported that monolayers stimulated first with arachidonic acid responded poorly to a subsequent stimulation by thrombin. These findings suggested several explanations, the two most likely being a product-mediated negative feedback mechanism or deactivation of one or more of the enzymes of PGI₂ biosynthesis. Although self-regulation of prostaglandin (PG) production by a cyclic AMP-mediated negative feed-

¹ Abbreviations used in this paper: H/H buffer, Hanks' balanced salt solution without NaHCO₃; PG, prostaglandin(s), with the corresponding letter (F, H) for each series; PGI₂, prostacyclin.

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back mechanism is an attractive hypothesis, we have conclusively demonstrated that such a mechanism is not involved in the short-term regulation of PGI₂ biosynthesis in primary cultures of human umbilical vein endothelium (6). On the other hand, Egan et al. (7, 8) have shown that micosomal as well as purified preparations of prostaglandin cyclooxygenase-hydroperoxidase (endoperoxide synthetase) become irreversibly deactivated during catalysis. Deactivation has been attributed to attack on the enzyme by an oxidizing species formed in situ by the hydroperoxidase (7). This oxidizing species has also been reported to de deactivate PGI₂ synthetase (9). In light of these findings, this study was designed to determine whether deactivation of cyclooxygenase and/or PGI₂ synthetase occurs in endothelium grown in culture and whether it plays a role in the regulation of PGI₂ biosynthesis. Evidence presented in this paper suggests that cyclooxygenase, but not PGI₂ synthetase, becomes deactivated during PGI₂ biosynthesis. Preliminary results have been reported in abstract form (10).

METHODS

Reagents. PGI₂ was biosynthesized according to the method of Gorman et al. (11). Arachidonic acid was purchased from Nu-Chek Prep., Inc. (Elysian, MN) and A23187 from Calbiochem-Behring Corp., American Hoechst Corp. (San Diego, CA). Stock solutions (10 mM) of both arachidonic acid and A23187 were prepared using dimethyl sulfoxide as the diluent; 20-μl aliquots of these solutions were kept at −80°C until use. Na ibuprofen (Motrin) was a gift from the Upjohn Co. (Kalamazoo, MI). L-Ascorbic acid, n-propyl gal late, dithiothreitol, and glutathione (reduced form) were purchased from Sigma Chemical Co. (St. Louis, MO); phenyl-methyl-sulphide (thioanisole) was from Aldrich Chemical Co. (Milwaukee, WI). The sources of other agents used are described elsewhere (4, 5, 12, 13).

Cell culture. Primary cultures of human endothelial cells from umbilical veins were prepared by a modification (13) of the method of Jaffe et al. (14). Confluent endothelial cell monolayers containing ~4.5 × 10⁵ cells/24-mm diam well of a 12-well plate (Linbro Chemical Co., Hamden, CT) were used 3–4 d after seeding.

Incubation procedure. Immediately before each experiment, culture medium was aspirated and monolayers were rinsed twice with 1 ml of "H/H buffer" (Hanks' balanced salt solution without NaHCO₃) (Gibco Laboratories, Grand Island, NY); buffered to pH 7.4 with 15 mM Hepes. Unless indicated otherwise, monolayers were incubated for 10 min at 37°C with 500 μl of H/H buffer alone (±vehicle; 0.04% dimethyl sulfoxide) or containing a test stimulus. At the end of the incubation period, the incubation medium was removed from the monolayers. When a second incubation was carried out, monolayers were immediately rinsed twice with 1 ml of H/H buffer before the addition of buffer or stimulus. Incubation medium removed from the monolayers was frozen at −20°C until it was assayed for 6-keto-PGF₁α. In these studies, monolayers were not rocked during incubation periods as we have found that the amount of PGI₂ produced in response to any stimulus tested is unaffected by agitation (data not shown).

Radioimmunoassay of 6-keto-PGF₁α. The radioimmunoassay of 6-keto-PGF₁α is described elsewhere (5). Assay detection limits are 0.25 pmol of 6-keto-PGF₁α/ml, and 50% displacement of [³H]6-keto-PGF₁α is obtained with 1.8 to 2.3 pmol of 6-keto-PGF₁α/ml. This assay has 4% cross-reactivity with PGI₂, 2% with PGF₁a, 1.6% with PGE₂, and <1% with PGE₁, PGD, or PGD₂.

Statistical analysis. Statistical significance was determined by the Student's t test; a P value of <0.05 was selected to denote statistical significance between groups. Unless indicated otherwise, all data shown are means±SE of triplicate determinations from the same experiment. In all cases, similar findings were obtained in a minimum of two other experiments.

RESULTS

PGI₂ synthetase. To determine whether deactivation of PGI₂ synthetase occurs in cultured endothelium, we first examined the effect of the PG endoperoxide, PGH₂, on PGI₂ production by endothelium previously exposed to PGH₂. As shown in Fig. 1, prior exposure of the endothelium to PGH₂ had no effect on the amount of PGI₂ produced in response to a second stimulation by this endoperoxide. In addition, no significant decrease in PGI₂ production was observed even after three successive exposures to PGH₂ (data not shown). Similar results were obtained when endothelium had been pretreated with 100 μM aspirin; thus, the effect of PGH₂ is solely attributable to its conversion to PGI₂ by PGI₂ synthetase, and not to indirect stimulation of earlier steps in the biosynthetic pathway. The finding that the endothelium can re-

![Figure 1](https://example.com/figure1.png)
spond maximally to multiple stimulations by PGH₂ suggests that PGI₂ synthetase does not become directly deactivated as a result of the conversion of PGH₂ to PGI₂. To determine whether events or products generated during earlier steps in the biosynthetic pathway could deactivate PGI₂ synthetase, the effect of PGI₂ on PGI₂ production by endothelium that had first been exposed to other stimuli was studied. Fig. 2 shows that prior stimulation of the endothelium by thrombin, the calcium ionophore A23187 or arachidonic acid had no detectable effect on the capacity of these cells to produce PGI₂ in response to subsequent stimulation by PGH₂. Together, these findings suggest that deactivation of PGI₂ synthetase does not occur in cultured vascular endothelium.

Prostaglandin cyclooxygenase-hydroperoxidase. In sharp contrast to the effect of PGI₂, prior exposure of the endothelium to 4 µM arachidonic acid markedly decreased PGI₂ production in response to an immediate subsequent stimulation by the same concentration of this fatty acid (Fig. 3, right). PGI₂ production during a second incubation with arachidonic acid was decreased by an average of 84±2% (mean±SE of 11 experiments) as compared with the amount released in response to an initial incubation with arachidonic acid. In addition to arachidonic acid, prior exposure of the endothelium to thrombin (0.5 U/ml) or A23187 (4 µM) significantly decreased PGI₂ production in response to subsequent stimulation by arachidonic acid (Fig. 3). On average, the amount of PGI₂ produced during a second incubation with arachidonic acid was decreased by 37±4% (n = 28 experiments) and 68±4% (n = 13 experiments) when the initial stimulus was thrombin or A23187, respectively. Hence the capacity of the endothelium to produce PGI₂ in response to subsequent stimulation by arachidonic acid is decreased proportionately to the magnitude of the initial response. As shown in Fig. 4, prior exposure of the endothelium to arachidonic acid decreased PGI₂ production in response to subsequent stimulation by either thrombin or A23187. On average, thrombin- or A23187-induced release of PGI₂ was decreased by 58±6% (n = 11 experiments) and 61±2% (n = 11), respectively, as a result of an initial incubation with arachidonic acid. It is important to note that the capacity of arachidonic acid-treated endothelium to respond to thrombin and A23187 was inhibited by the same extent. The concentrations of arachidonic acid, thrombin, and A23187 used in this study are those that stimulated maximal or near-maximal production of PGI₂. Lower concentrations of either of these agents during a first incubation had a proportionately smaller effect on the capacity of the endothelium to produce PGI₂ in response to subsequent stimulation (data not shown).

Studies with ibuprofen. To test the hypothesis that PGI₂ biosynthesis alone causes deactivation of cyclooxygenase, we took advantage of specific properties of ibuprofen, a nonsteroidal antiinflammatory agent (15). In contrast to aspirin, which acetylates cyclooxygenase (16) and thereby produces an irreversible inhibition, the inhibitory effect of ibuprofen is rapidly reversible.
during the first containing arachidonic acid dothelial monolayers with ibuprofen, this enzyme is thus protected from deactivation during exposure to any given upon removal of the drug (17). Experiments were therefore carried out in which the endothelium was exposed to thrombin, A23187, and arachidonic acid in the presence of ibuprofen; the monolayers were then rinsed and immediately incubated with arachidonic acid. As shown in Fig. 5, preincubation with 250 μM ibuprofen blocked PGI2 production in response to thrombin (Fig. 5 A), A23187 (Fig. 5 B), or arachidonic acid (Fig. 5 C). In each case, after removal of ibuprofen and the initial stimulus, PGI2 production in response to subsequent incubation with arachidonic acid was maximal, i.e., the same amount as that produced by monolayers that had first been incubated with either buffer alone or ibuprofen alone. By contrast, monolayers exposed to thrombin, A23187, or arachidonic acid in the absence of ibuprofen exhibited a typical, marked reduction in PGI2 release in response to subsequent stimulation by arachidonic acid (Fig. 5 A-C). Similar findings to those summarized in Fig. 5 were obtained when monolayers were first exposed to arachidonic acid in the presence of ibuprofen followed by a second stimulation with either thrombin or A23187 (data not shown). By inhibiting cyclooxygenase activity with ibuprofen, this enzyme is thus protected from deactivation during exposure to any given

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**Figure 4** Effect of thrombin or A23187 on PGI2 production by endothelium previously exposed to arachidonic acid. Endothelial monolayers were incubated for 10 min at 37°C with H/H buffer alone (control; data not shown) or buffer containing arachidonic acid (AA) (4 μM). PGI2 production during the first incubation is indicated by the open bars. Monolayers were rinsed and then immediately incubated for 10 min at 37°C with H/H buffer containing either thrombin (0.5 U/ml) or A23187 (4 μM). PGI2 production during the second incubation by monolayers first exposed to arachidonic acid is indicated by the solid bars; the stippled bars indicate PGI2 production by monolayers first exposed to buffer alone. Values given are the means±SE of triplicate determinations from nine separate experiments. The asterisk represents P < 0.005 comparing PGI2 production in response to thrombin or A23187 by monolayers first incubated with arachidonic acid or buffer.

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**Figure 5** Effect of arachidonic acid on PGI2 production by endothelium previously exposed to thrombin, A23187, or arachidonic acid in the presence of ibuprofen. Endothelial monolayers were preincubated for 5 min at 37°C with H/H buffer alone or buffer containing ibuprofen (IBU) (250 μM). After preincubation, thrombin (0.5 U/ml) (A), A23187 (4 μM) (B), or arachidonic acid (AA) (4 μM) (C) was added to the monolayers, which were then incubated for 10 min at 37°C; PGI2 production during the preincubation and incubation periods is indicated by the open bars. Monolayers were rinsed and then immediately incubated for 10 min at 37°C with arachidonic acid (4 μM). PGI2 production during the second incubation by monolayers first exposed to thrombin, A23187, or arachidonic acid in the presence or absence of ibuprofen is indicated by the solid bars; the stippled bars indicate PGI2 production in response to arachidonic acid by monolayers incubated with buffer alone. Values given are the means±SE of triplicate determinations from the same experiment; similar findings were obtained in four other experiments. The asterisk represents P < 0.005 comparing PGI2 production in response to arachidonic acid by monolayers first incubated with thrombin or buffer (A), with A23187 or buffer (B), or with arachidonic acid or buffer (C).
stimulus of PGI₂ biosynthesis; however, as ibuprofen acts only on cyclooxygenase, earlier steps in the biosynthetic pathway are unaltered. The results summarized in Fig. 5 suggest that the metabolism of arachidonic acid alone causes a direct deactivation of cyclooxygenase and that events or products of earlier steps in the pathway of PGI₂ biosynthesis have no direct or indirect inhibitory effect on the capacity of the endothelium to produce PGI₂ in response to arachidonic acid.

**Effect of antioxidants.** Several studies have shown that a variety of antioxidants are effective in protecting microsomal and purified forms of cyclooxygenase from deactivation (7, 8, 18, 19). We have tested the effects of several antioxidants on arachidonic acid-induced stimulation of PGI₂ biosynthesis with the aim of determining whether these agents can affect cyclooxygenase activity in intact cells. Neither ascorbic acid (2 mM) nor reduced glutathione (10 mM) had a significant effect on PGI₂ production; however, n-propyl gallate (200 μM), methyl-phenyl-sulfide (1 mM), and dithiothreitol (10 mM) inhibited PGI₂ production by 80, 43, and 97%, respectively. Preliminary studies demonstrated a dose-dependent relationship of the inhibitory effects of these agents. Each agent produced a similar inhibitory effect regardless of whether it was added before or simultaneously with arachidonic acid. The effect of methyl-phenyl-sulfide was reversible upon rinsing the endothelium; the reversibility of n-propyl gallate and dithiothreitol was not determined. All of the agents studied had similar effects on PGI₂ production in response to thrombin or A23187.

**Recovery of responsiveness to arachidonic acid.** In light of the possibility that deactivation of cyclooxygenase may play an important role in limiting PGI₂ production by vascular endothelium, studies were carried out to determine the duration of this phenomenon. Since deactivation of cyclooxygenase and inhibition of its activity by aspirin result in the same net effect on PGI₂ production, the capacity of the endothelium to recover from both was compared in order to provide some perspective. The protocol used in these experiments was as follows: monolayers were first incubated for 30 min at 37°C with H/H buffer alone or buffer containing 4 μM arachidonic acid or 100 μM aspirin; monolayers were then rinsed with buffer, and allowed to 'recover' for 1, 24, or 48 h in culture medium containing 20% fetal calf serum; recovery incubations were carried out in a 95% air/5% CO₂ atmosphere. After the recovery period, monolayers were again rinsed and incubated for 30 min at 37°C with 4 μM arachidonic acid. As shown in Table I, PGI₂ production in response to a second stimulation by arachidonic acid was restored to 70% of maximal after a 48-h recovery period. Significantly less recovery to stimulation by arachidonic acid was observed in monolayers first incubated with aspirin. In three experiments, recovery of arachidonic acid-treated monolayers averaged 34±4, 69±4, and 74±2%, whereas recovery of aspirin-treated monolayers was 18±1, 36±2, and 37±2% after 1, 24, and 48 h, respectively (means±SE). Similar results were obtained when monolayers were allowed to recover in serum-free culture medium. Reduction of the aspirin concentration from 100 to 40 μM resulted in

**Table I**

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<th>Recovery of Responsiveness to Arachidonic Acid After an Initial Exposure of Endothelial Monolayers to Arachidonic Acid or Aspirin</th>
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* Endothelial monolayers were first incubated for 30 min at 37°C with H/H buffer alone (control) or buffer containing arachidonic acid (4 μM) or aspirin (100 μM). During this incubation, monolayers produced 522±23 nM 6-keto-PGF₁α (n = 12) in response to arachidonic acid. Incubation with aspirin inhibited PGI₂ production in response to an immediate subsequent incubation with arachidonic acid by 100%. After the first incubation, monolayers were rinsed and allowed to 'recover' for 1, 24, and 48 h in culture medium containing 20% fetal calf serum. Values given reflect 6-keto-PGF₁α production in response to a subsequent incubation (30 min at 37°C) with arachidonic acid (4 μM). Base-line production of 6-keto-PGF₁α has been subtracted; the numbers in parentheses reflect the recovery of the endothelium to stimulation by arachidonic acid. Values given are the means±SE of triplicate determinations from the same experiment; similar findings were obtained in two other experiments.

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recoveries comparable to those observed with arachidonic acid-treated monolayers (data not shown). These findings suggest that the effect of deactivation, like those of aspirin, are long lasting, are likely to be irreversible and, thus, to require de novo synthesis of the enzyme.

**DISCUSSION**

The data presented in this paper demonstrate that PGI₂ biosynthesis in cultured vascular endothelium results in deactivation of cyclooxygenase-hydroperoxidase but has no effect on the activity of PGI₂ synthetase. This conclusion is based on the following lines of evidence. The finding that both untreated and aspirin-treated endothelium respond maximally to multiple stimulations by PGH₂ suggests that PGI₂ synthetase does not become deactivated as a result of the conversion of PGH₂ to PGI₂. Furthermore, the lack of a detectable effect of thrombin, A23187, or arachidonic acid on the capacity of the endothelium to produce PGI₂ in response to subsequent stimulation by PGH₂ shows that events or products generated during earlier steps in the biosynthetic pathway do not affect the activity of PGI₂ synthetase. In light of these results, the observation that prior exposure of the endothelium to arachidonic acid markedly decreased the amount of PGI₂ produced in response to subsequent stimulation by this fatty acid suggests that cyclooxygenase itself becomes deactivated as a result of the metabolism of arachidonic acid. Additional evidence in support of this conclusion is provided by the finding that other stimuli of PGI₂ biosynthesis, such as thrombin and A23187, likewise decreased the responsiveness of the endothelium to arachidonic acid, and that prior exposure of the endothelium to arachidonic acid decreased the amount of PGI₂ produced in response to subsequent stimulation by thrombin or A23187. In general, the capacity of the endothelium to produce PGI₂ in response to subsequent stimulation was decreased proportionately to the magnitude of the initial response. To demonstrate conclusively that the actual metabolism of arachidonic acid by cyclooxygenase-hydroperoxidase causes deactivation of this enzyme, studies with ibuprofen were carried out. The finding that ibuprofen effectively protected cyclooxygenase from deactivation during exposure to any given stimulus of PGI₂ biosynthesis shows that the metabolism of arachidonic acid alone, and not events or products of earlier steps in the pathway causes deactivation of this enzyme.

Extensive studies of microsomal and purified preparations of prostaglandin cyclooxygenase-hydroperoxidase have shown that both the oxygenase (2, 21) and peroxidase (7, 8) activities become irreversibly deacti-
of this enzyme may be a primary factor limiting the capacity of the endothelium to produce PG\textsubscript{12}. Studies are presently underway to characterize this phenomenon further in cultured endothelium and to determine whether deactivation occurs in vivo. Understanding of the mechanism of deactivation may permit the development of specific protective drugs.

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