Abstract. The interaction of substance P with human blood T-lymphocytes, which stimulates T-lymphocyte proliferation, was quantified by both flow cytometric and direct binding assays. Fluorescence-detection flow cytometry recorded the binding of dichlorotriazinylamino-fluorescein-labeled substance P to 21±10% (mean±SD, n = 6) and 35±8% (n = 2) of human blood T-lymphocytes before and after stimulation with 10 μg/ml of phytohemagglutinin, respectively. The suppressor-cytotoxic (leu 2a) and helper-inducer (leu 3a) subsets identified by phycoerythrin-labeled monoclonal antibodies contained substance P-reactive T-lymphocytes at respective mean frequencies of 10 and 18%. [3H]substance P bound rapidly and reversibly to a mean of 7035±2850 sites/T-lymphocyte, which exhibited a dissociation constant (KD) of 1.85±0.70×10⁻⁷ M (mean±SD, n = 5). [D-Pro²,D-Phe⁷,D-Trp⁹]substance P inhibited the binding of dichlorotriazinylamino-fluorescein-labeled substance P and [3H]substance P to T-lymphocytes at concentrations that suppressed the proliferative response to substance P. Substance P (4–11), eledoisin, and substance K (α-neurokinin), which all share with substance P the carboxy-terminal substituent -Gly-Leu-Met-NH₂, were more potent than substance P (1–4) in inhibiting the binding of [3H]substance P to T-lymphocytes, suggesting the importance of this sequence in the interaction. Purified human blood B-lymphocytes, monocytes, polymorphonuclear leukocytes, and platelets, and cultured Hut 78 cutaneous lymphoma T-cells, Jurkat cells, Molt-4 lymphoblasts, and HL-60 and U-937 monocyte-like cells all showed only minimal specific binding of [3H]substance P. The recognition of substance P by T-lymphocytes provides one mechanism for selective modulation of immunity by sensory nerves.

Introduction

Modulation of immunologic responses by elements of the central and peripheral nervous system appears to be attributable in part to the bidirectional effects of neuropeptides on distinct functions of lymphocytes. The results of in vitro studies of lymphocyte proliferation have shown that the responses to mitogens are suppressed by somatostatin (1, 2) and enhanced by substance P (SP) (3) and β-endorphin (4). That different aspects of neuropeptide structure determine specifically the net effect on other lymphocyte functions was suggested by the capacity of α-endorphin but not β-endorphin to inhibit T-lymphocyte-dependent antibody production (5), and of methionine-enkephalin and β-endorphin but not morphine or α-endorphin to enhance the natural killer activity of lymphocytes (6). The interactions of neuropeptides with lymphocytes have been defined by direct analyses of the binding of methionine-enkephalin to T-lymphocytes (7) and of vasoactive intestinal polypeptide to both Molt-4 lymphoblasts and T-lymphocytes (8, 9).

SP is an undecapeptide of amino acid sequence Arg-Pro-Lys-Pro-Gln-Gln-Phe-Gly-Leu-Met-NH₄, which has been identified in the central and peripheral nervous system and intestinal tract (10–13) and implicated in the mediation of hypersensitivity reactions by the detection of elevated levels of SP in sensory nerves supplying localized sites of chronic inflammation (14, 15). SP elicits or enhances functional responses of human mast cells, polymorphonuclear (PMN) leukocytes, T-lymphocytes, and guinea pig peritoneal macrophages at concentrations ranging from 10⁻¹¹ to 10⁻⁵ M (3, 16–19). Furthermore, the stimulation of T-lymphocyte proliferation by SP was inhibited specifically by the otherwise immunologically inactive analogue [D-Pro²,D-Phe⁷,D-Trp⁹]SP (3, 20). The

1. Abbreviations used in this paper: DTAF, dichlorotriazinylamino fluorescein; FACS, fluorescence-activated cell sorter; LTB₄, leukotriene B₄; M199-HPS and RPMI-HPS, medium 199 containing Hepes (25 mM, pH 7.4), penicillin (100 U/ml), and streptomycin (100 μg/ml); PE, phycoerythrin; PHA, phytohemagglutin-M; SP, substance P; SP*, substance P coupled to DTAF.
preparation and purification of fluorescein-labeled substance P (SP) now has permitted an evaluation by fluorescence-detection flow cytometry of the recognition of SP by a small subset of human blood T-lymphocytes, which manifest a specificity for SP* and [3H]SP similar to that observed initially in studies of the effects of SP on T-lymphocyte function (3). Furthermore, the concurrent application of SP* and of phycocerythrin-labeled monoclonal antibodies specific for antigenic determinants on functionally distinct subsets of T-lymphocytes now indicate that the SP* reactive T-lymphocytes are distributed in both the suppressor-cytotoxic and helper-inducer subsets.

**Methods**

Medium 199, RPMI-1640, sheep erythrocytes (Microbiological Associates Bioproducts, Walkersville, MD), 6% macromolecular dextran-70 in 0.15 M saline (Macroderm, Ficoll-Hypaque (Pharmacia Fine Chemicals, Inc., Piscataway, NJ), 4-(2-hydroxy-ethyl)-1-piperazine ethanesulfonic acid (Heps), penicillin (1,000 U/ml), streptomycin (1,000 

μg/ml; Gibco Laboratories, Grand Island, NY), phytohemagglutinin-M (PHA) (Difco Laboratories, Inc., Detroit, MI), n-butyl phthalate (Fisher Scientific Co., Pittsburgh, PA), dinonyl phthalate (ICN Pharmaceuticals, Inc., Plainview, NY), synthetic SP, SP (1–4), SP (4–11), edeosisin, α-neurokinin (substance K), [D-Pro

3,D-Phe

3,D-Trp

3]SP, somatostatin (1–14) (Peninsula Laboratories, Inc., Belmont, CA), [3H]SP (25–55 Ci/mmol) (New England Nuclear, Boston, MA), 1.5 ml conical polypropylene tubes (Sarstedt, Inc., Princeton, NJ), sacila gel H of 250 μm thickness on 20 × 20-cm plates (Analytech, Inc., Newark, DE), phycocerythrin (PE)-conjugated monoclonal mouse antibodies to leu-3a and leu-2a (Becton-Dickinson, Inc., Mountainview, CA), dichlorotriazine-fluorescein (DTAF) (Research Organics, Inc., Cleveland OH), organic solvents which had been redistilled from glass (Burdick and Jackson Laboratories, Inc., Muskegon, MI), reagents for determining the amino acid composition of polypeptides (Beckman Instruments, Inc., Palo Alto, CA, and Pierce Chemical Co., Rockford, IL), human promyelocytic leukemia HL-60 and Jurkat cells (Dr. J. Stobo, University of California at San Francisco), cultures of Molt-4 lymphoblasts, U-937 monocyte-like cells, Hut 78 T-cells (American Type Culture Collection, Rockville, MI), and 1,25-dihydroxy vitamin D3 [1,25(OH)2D3] (Hoffman-La Roche, Nutley, NJ) were obtained from the designated suppliers.

Isolation of human T- and B-lymphocytes, PMN leukocytes, monocytes, and platelets. Mixed leukocytes from heparin-anti-coagulated blood of normal subjects were centrifuged on Ficoll-Hypaque cushions to resolve mononuclear leukocytes from PMN leukocytes. The PMN leukocytes in the pellet were resuspended in 1 ml of AB-positive human serum that was diluted to 10 ml with distilled water at room temperature to lyse contaminating erythrocytes. After 20 sec, 40 ml of Medium 199 containing 25 mM Heps (pH 7.4), 100 U/ml of penicillin, and 100 μg/ml of streptomycin (M199-HPS) was added, and the PMN leukocytes were recovered by centrifugation and washed twice with M199-HPS; the purity of the PMN leukocytes was >95% (21). The mononuclear leukocytes at the buffer and Ficoll-Hypaque interface were washed twice in M199-HPS and then were incubated with uranilidase-treated fresh sheep erythrocytes to achieve resotyping of the T-lymphocytes (21). The mixtures were centrifuged on Ficoll-Hypaque cushions to separate the T-lymphocyte rosettes from less dense nonrosetting monocytes and B-lymphocytes. The erythrocytes were lysed by hypotonic exposure, and the T-lymphocytes were washed and resuspended in M199-HPS. The purity of the T-lymphocytes was >95%, with <3% monocytes detected by an nonspecific esterase stain, and T-lymphocyte viability was always >97%, as determined by the exclusion of trypan blue dye (21).

The nonrosetting mixture of monocytes and B-lymphocytes was resuspended at a concentration of 1 x 10⁶/ml of M199-HPS with 10% (vol:vol) human AB serum and incubated in 75 cm² plastic culture flasks for 1 h at 37°C in 5% CO₂:95% air to remove the adherent monocytes. The contents of the flasks were decanted; the nonadherent B-lymphocytes were washed and resuspended in M199-HPS and the incubation in plastic flasks repeated to remove residual adherent monocytes. The purity of the B-lymphocytes was always >90%, with <5% T-lymphocytes and 8% monocytes; B-lymphocyte viability was >94%, as determined by the exclusion of trypan blue dye (21). Monocytes were obtained by scraping the plastic 75 cm² flasks with a rubber spatula and washing the detached cells in M199-HPS. The purity of the monocytes was always >85% as assessed by a nonspecific esterase stain, and monocyte viability was always >90%.

Human platelets from normal subjects who had not taken aspirin or other platelet-active medication for at least 7 d were isolated from citrate-anticoagulated venous blood and washed three times on cushions of autologous erythrocytes, as described (22). The washed platelets were freed of erythrocytes by centrifugation at 10 g for 5 min and were resuspended in M199-HPS (pH 7.4) containing 0.1% (wt:vol) human serum albumin.

**Maintenance of Molt-4, U-937, Hut 78, Jurkat, and HL-60 cell cultures.** Cells were cultured at a density of ~5 x 10⁶/ml in 75 cm² plastic flasks in RPMI-1640 with 1-glutamine, 15% (vol:vol) heat-inactivated fetal-calf serum, 25 mM Heps (pH 7.4), penicillin (100 U/ml), and streptomycin (100 μg/ml) (RPMI-HPS) at 37°C in 5% CO₂:95% air. The cultures were divided every 48–72 h and the cells used within 2 d of a subdivision. The cells were washed twice and resuspended in M199-HPS; viability was always >95%, as determined by the exclusion of trypan blue dye (21).

T-lymphocytes were cultured in RPMI-HPS for 48 h with and without 10 μg/ml of PHA and the degree of proliferation was quantified with a 0.2 ml portion of each suspension. The T-lymphocytes were diluted to 1 x 10⁶/ml and transferred to wells of microtiter plates containing 1 μl of [3H]thymidine (New England Nuclear) and the incubation continued for 8 h at 37°C in 5% CO₂:95% air. The uptake of [3H]thymidine was determined by trapping and washing the T-lymphocytes on glass filter apparatus in a PHD cell harvester (Cambridge Technology, Inc., Cambridge, MA), and then counting the radioactivity as described (23). In two separate experiments, the uptake of [3H]thymidine by the unstimulated T-lymphocytes was 253±67 cpm (mean±SD) and by the PHA-stimulated T-lymphocytes was 17,641±2345 cpm.

**Induction of differentiation of U-937 and HL-60 cells by 1,25(OH)2D3.** U-937 and HL-60 cells were stimulated to differentiate into monocyte-like cells by 1,25(OH)2D3 as described (24, 25) by incubation of suspensions of 5 x 10⁶/ml of RPMI-HPS in 75 cm² tissue culture flasks with 10⁻² M 1,25(OH)2D3 at 37°C in 5% CO₂:95% air for 72 h. The contents of the flasks were decanted and the adherent differentiated cells removed with a rubber spatula were washed and resuspended in M199-HPS; viability of the adherent differentiated cells always exceeded 85%, as assessed by the exclusion of trypan blue. In two successive experiments, the extent of differentiation into monocytes was 65±10% (mean±SD) and 80±5% for the HL-60 and U-937 cells, respectively, as assessed by the increased percentage of adherent cells and the percentage which expressed nonspecific esterase activity (25).
Preparation of DTAF-SP (*SP*). To prepare fluorescent SP, 2.5–5.0 mg of DTAF and 0.5–1.0 mg of SP were reacted in 0.4–0.8 ml of 0.2 M sodium carbonate-buffered 0.15 M NaCl (pH 9.0) for 2 h at 37°C. The mixture was applied to one end of a 20 × 20-cm plate of 250 μm thick silica gel H that was developed in a sealed chamber with chloroform:methanol:glacial acetic acid (15:5:1, vol:vol:vol). Unreacted DTAF and SP, which were detected by ultraviolet light-induced fluorescence and ninhydrin staining, respectively, migrated as separate spots with Rf values of 0.91 and 0.05, respectively. SP coupled to DTAF (SP*) migrated as a single spot with an Rf of 0.23. The SP*-containing silica gel was scraped from the plate and eluted with four portions of 1 ml of methanol. The eluate then was dried with a continuous stream of N₂ and resuspended in 0.4–0.8 ml of M199-HPS. To verify the amino acid composition of the SP*, replicate portions were lyophilized in 9 × 150-mm glass test tubes, resuspended in 0.3 ml of constant boiling (5.7 M) HCl, and hydrolyzed as described (26). The amino acids were quantified with a Durrum D500 analyzer, using norleucine as an internal standard (Dionex Co., Sunnyvale, CA) (26). For two different preparations, the relative amino acid composition of the SP* was Lys 0.91 (1), Arg 0.99 (1), Gln 1.93 (2), Pro 2.11 (2), Gly 0.94 (1), Met 0.97 (1), Leu 1.02 (1), and Phe 2.2 (2), as compared with that expected for the sequence Arg-Pro-Lys-Pro-Gln-Gln-Phe-Phe-Gly-Leu-Met-NH₂ and indicated in the parentheses after each value.

Assessment of the interaction of SP-DTAF (SP*) with T-lymphocytes and other cells. In each experiment, 1 × 10⁸ T-lymphocytes, monocytes, PMN leukocytes, or cultured cells in 0.2 ml M199-HPS were incubated for 40 min at 4°C with 1–3 × 10⁻⁷ M SP* or unconjugated DTAF. The labeled T-lymphocytes were washed and resuspended in 1 ml of M199-HPS at 4°C immediately before introduction into a Becton-Dickinson fluorescence-activated cell sorter (FACS IV) equipped with a 2 W Argon laser (Spectra Physics, Mountainview, CA) operating at 400 mW that excited at 488 nm. The emitted light was passed through a long-pass filter and analyzed at 515 nm. Fluorescence intensity was measured on a scale of logarithmic amplitude which was calibrated so that a change of 57 channels was the equivalent of a 10-fold increase in fluorescence intensity. For each measurement of fluorescence, 2 × 10⁸ T-lymphocytes were counted. The interaction of SP* with the T-lymphocytes was analyzed in terms of either two parameters (relative cell number, and relative fluorescence intensity) or three parameters (forward light scatter, relative cell number, and relative fluorescence intensity).

The interaction of SP with a specific subset of T-lymphocytes was quantified by dual color FACS analysis after sequential exposure of mixed T-lymphocytes to PE-labeled monoclonal leu-3a and leu-2a antibodies, which identify the helper-inducer and suppressor-cytotoxic subsets, respectively, and to SP coupled to DTAF (SP*). 1 × 10⁷ T-lymphocytes in 0.2 ml of M199-HPS were incubated at 4°C for 45 min with 0.05 ml of either leu-3a or leu-2a bearing PE. The subset-labeled T-lymphocytes then were washed once and incubated with SP* as described above. Dual color FACS analysis was carried out using a single 2 W Argon laser operating at 400 mW. Fluorescein staining was excited at 488 nm and the emitted light was passed through a long-pass filter and analyzed at 515 nm, while PE staining excited at 488 nm and was analyzed with a 500 nm beam splitter and two six-cavity band-pass filters (530/30 and 575/25) (Becton Dickinson, Inc.).

Measurement of the binding of [³H]substance P to blood T-lymphocytes and other cells. In each experiment, a concentration of [³H]SP ranging from 3 to 30 nM without and with different concentrations of SP, [D-Pro²,D-Phe⁷,D-Trp⁹]SP, SP substituent peptides, substance K, eldecoisin, or somatostatin was incubated with duplicate suspensions of 1 × 10⁶ T-lymphocytes or other cells in a final volume of 0.3 ml for 40 min at 4°C. The amount of bound radioactivity was determined by sedimenting the T-lymphocytes in each suspension through a 0.3 ml layer of phthalate oils (27) in a 1.5 ml conical polypropylene tube that was centrifuged for 30 s at 8000 g in a Beckman microfuge B (Beckman Instruments, Inc.). The tip of the polypylene tube containing the T-lymphocyte pellet was cut off with a razor blade, and the contents of the tip were resuspended with a pasteur pipette in 3 ml of Hydrofluor for the quantification of radioactivity in the pellet.

The total number of moles of SP bound to the T-lymphocytes was determined by dividing the cpm bound to the cells by the specific activity of [³H]SP. The amount of radioactivity bound in the presence of 3.0 × 10⁻⁸ to 1.0 × 10⁻⁷ M nonradioactive SP was divided by the same value for the specific activity of [³H]SP to determine the level of nonspecific binding of SP. The number of moles of SP specifically bound to the T-lymphocytes was calculated by subtracting the nonspecific binding from the total binding.

Results

Characteristics of the interaction of SP-DTAF (SP*) with human blood T-lymphocytes. T-lymphocytes were labeled with SP* and the distribution of labeling analyzed with a FACS to assess whether SP is recognized by all of the T-lymphocytes or only a limited subpopulation. The flow cytometric analyses demonstrated a small peak of positively fluorescent cells (Fig. 1), which represents the T-lymphocytes that bind SP*. In six consecutive experiments with T-lymphocytes purified from different normal subjects, the number of cells labeled with SP* accounted for 21±10% (mean±SD) of the total T-lymphocytes. In contrast, DTAF alone failed to reveal a specifically staining population of cells. The specificity of labeling of T-lymphocytes with SP* was examined using a similar experimental design, but including replicate suspensions incubated with a mixture of SP* and 10⁻⁹ M [D-Pro²,D-Phe⁷,D-Trp⁹]SP, which prevents the enhancement of T-lymphocyte function by SP (3). In the

Figure 1. Flow cytometric analysis of the binding of SP* to human T-lymphocytes. 1 × 10⁷ T-lymphocytes in 0.2 ml of M199-HPS were incubated for 40 min at 4°C with 1–3 × 10⁻⁷ M SP*, washed, and analyzed in a FACS IV. Fluorescence intensity is depicted on a log amplitude scale. The subset of T-lymphocytes reactive with SP is designated SP*. 

1534 Payan, Brewster, Missirian-Bastian, and Goetzl
absence of [D-Pro²,D-Phe⁷,D-Trp⁹]SP, a positively fluorescent peak of T-lymphocytes labeled with SP* is detected, representing 15% of the total T-lymphocytes (Fig. 2 A). The peptide antagonist of the effects of SP on T-lymphocytes eliminated completely any labeling of T-lymphocytes with SP* (Fig. 2 B).

The binding of SP* to T-lymphocytes, which had been stimulated by PHA to proliferate, was evaluated in order to examine the responsiveness of the SP-reactive subset and the effects of expansion of the subset on the specificity of binding of SP. At the end of the period of exposure to PHA, T-lymphocyte viability was 85±5% (mean±SD, n = 2) and 81±7% for the unstimulated and PHA-stimulated T-lymphocytes, respectively, as assessed by the exclusion of trypan blue. The labeling of PHA-stimulated T-lymphocytes with SP* increased to 35±8% (mean±SD, n = 2), as compared with 23±6% for unstimulated T-lymphocytes from the same donors. The binding of SP* by PHA-stimulated T-lymphocytes was reversed completely by 10⁻⁵ M [D-Pro²,D-Phe⁷,D-Trp⁹]SP, as with unstimulated T-lymphocytes. In two consecutive experiments with SP*, PMN leukocytes, monocytes, Molt-4 lymphoblasts, Hut 78 cells, and Jurkat cells failed to develop specific fluorescence, indicating a lack of recognition of SP.

Dual immunofluorescent staining of T-lymphocytes with SP* and subset-specific monoclonal antibodies conjugated with PE demonstrated SP*-reactive T-lymphocytes in both subsets (Figs. 3 and 4). In the suppressor-cytotoxic subset identified by leu 2a-PE, 9.5±3.0% (mean±range, n = 3) of the T-lymphocytes bound SP* (Fig. 3), while in the helper-inducer subset identified by leu 3a-PE, 18.0±5.0% (mean±range, n = 3) of the T-lymphocytes bound SP* (Fig. 4).

Characteristics of the binding of [³H]SP to human blood T-lymphocytes. The time-course of association of [³H]SP with purified T-lymphocytes was assessed by incubating duplicate suspensions of 1 × 10⁸ T-lymphocytes with 10 nM [³H]SP for 0.5–40 min at 4°C. The specific binding of [³H]SP by T-lymphocytes increased with time and reached a plateau after ~9–12 min (Fig. 5). The time-course of dissociation of specifically bound [³H]SP from T-lymphocytes was examined by incubating replicate suspensions of T-lymphocytes for 40 min at 4°C with 10 nM [³H]SP to achieve saturation, washing with cold buffer to remove fluid phase [³H]SP, and resuspending in buffer with 10⁻⁴ M (10,000-fold excess) nonradioactive SP. Specifically bound [³H]SP diminished rapidly with time, so that ~50 and 80% were dissociated after 5 and 30 min, respectively (Fig. 5).

A representative Scatchard plot (Fig. 6) of the concentration-dependence of [³H]SP binding to T-lymphocytes reveals a linear relationship with a single dissociation constant (K₀) of 0.83 × 10⁻⁷ M and a mean of 4820 specific binding sites for SP/T-lymphocyte. The data from this and four other identical analyses of the binding of [³H]SP to T-lymphocytes from different normal subjects exhibit some donor-dependent vari-

**RELATIVE FLUORESCENCE INTENSITY**

Figure 3. Two-color flow cytometric analysis of leu 2a-PE (suppressor-cytotoxic) expression and binding of SP-DTAF (SP*) to human blood T-lymphocytes. T-lymphocytes were stained sequentially with anti-leu 2a-PE and SP* and analyzed with a FACS IV with two parameters. The positively-staining anti-leu 2a-PE T-lymphocytes (left) were analyzed selectively (gated peak) and examined for the presence of SP* reactivity. Within the leu 2a-positive peak, there are both nonreactive and SP*-reactive (9.5%) (right) T-lymphocytes. The positively-staining anti-leu 2a-PE T-lymphocytes constituted 26±5% (mean±SD, n = 3) of the total.

**RELATIVE FLUORESCENCE INTENSITY**

Figure 2. Flow cytometric analysis of the specificity of binding of SP* to human T-lymphocytes. 1 × 10⁸ T-lymphocytes were incubated with SP* as described in Fig. 1. In (A), the binding of 1 × 10⁻⁴ M SP* was subjected to two parameter analysis; in (B), T-lymphocytes were incubated with both 1 × 10⁻⁸ M SP* and 10⁻⁴ M [D-Pro²,D-Phe⁷,D-Trp⁹]SP and an identical analysis performed. With the addition of [D-Pro²,D-Phe⁷,D-Trp⁹]SP, the small positively staining peak in A is no longer present in B.
at (Table 1). The mean $K_i=SD$ was $1.85\pm 0.70 \times 10^{-7}$ M and the mean density of binding sites for SP was $7035\pm 2850$ T-lymphocyte. The level of nonspecific binding of [3H]SP after a 40-min incubation at $4^\circ C$ for five separate experiments was $35\pm 15\%$ (mean $\pm SD$) of the total binding.

Structural determinants of the binding of SP to human T-lymphocytes. The peptide requirements for the binding of [3H]SP to T-lymphocytes was evaluated by examining the effects on binding of structurally distinct neuropeptides and substituents of SP (Fig. 5). The SP antagonist (19) [D-Pro$^2, D$-Phe$^5, D$-Trp$^6, D$-Leu$^7$] SP competitively inhibited the binding of [3H]SP to T-lymphocytes (Fig. 7) at concentrations known to suppress the stimulatory effects of SP on T-lymphocyte function (3). SP (4-11), which stimulates [3H]thymidine incorporation by T-lymphocytes (3), also competitively inhibited the binding of [3H]SP to T-lymphocytes. Eledoisin, which has the same amino acids as SP at positions 2, 7, and 9-11, and substance K (a-neurokinin) (28), which has the same amino acids as SP at positions 3, 7, and 9-11, exhibited $\sim 10-20\%$ of the potency of SP assessed at 20% displacement of binding of [3H]SP and 10% and 0.1%, respectively, of the potency of SP at 40% displacement (Fig. 7). In contrast, similar concentrations of the tetrapeptide SP (1-4) and of somatostatin failed to inhibit significantly the binding of [3H]SP; the concentration of somatostatin required for 50% inhibition of specific binding of [3H]SP was 1,000-fold greater than for SP.

Cellular specificity of the binding of SP. The binding of [3H]SP by purified human blood B-lymphocytes, monocytes, PMN leukocytes, and platelets, and by cultured Jurkat, Hut 78, Molt-4, and differentiated U-937 and HL-60 cells was examined in two experiments (Table II). None of the non-T-lymphocytes demonstrated specific binding of [3H]SP which exceeded 21% of the total binding. In contrast, the total binding of [3H]SP by PHA-stimulated and unstimulated blood T-lymphocytes, which achieved a level similar to that of the cultured cells, consisted of over 60% specific binding as assessed by the addition of a 10,000-fold molar excess of unlabeled SP (Table II).

Discussion

The capacity of neuropeptides and other mediators to modify immune function specifically is dependent on recognition of the mediators by T-lymphocytes which express immunoregulatory activity. The application of two distinct techniques employing SP labeled by different methods demonstrated the
specificity of the interaction of SP with human T-lymphocytes. A fluorescent derivative of SP, designated SP*, labeled 21±10% (mean±SD, n = 6) of human T-lymphocytes as assessed by flow cytometry (Fig. 1). The binding of [3H]SP by similarly purified human T-lymphocytes revealed a single class of receptors with a $K_D$ of 1.85±0.70 × 10⁻⁷ M (mean±SD, n = 5) (Fig. 6, Table I). The binding of [3H]SP to T-lymphocyte receptors achieved equilibrium rapidly and was reversed rapidly by the addition of excess nonradioactive SP (Fig. 5). The specificity of the interaction of SP with T-lymphocytes was confirmed by complete inhibition of both SP* fluorescent staining and [3H]SP binding by [D-Pro²,D-Phe⁷,D-Trp⁹]SP (Fig. 7) at concentrations which inhibit the effects of SP on T-lymphocyte function (3). The competitive inhibition of [3H]SP binding by other peptides revealed that SP (4-11), which stimulates T-lymphocyte proliferation with a concentration dependence similar to SP (3), displaced [3H]SP at equimolar concentrations (Fig. 7). Two peptides of the tachykinin family, eldeoisin and substance K, which share the same carboxy-terminal tripeptide and two other amino acids with SP, also inhibit the binding of [3H]SP to T-lymphocytes at higher concentrations (Fig. 7). The structural requirements for binding of SP to T-lymphocytes suggest that the carboxy-terminal sequence -Gly-Leu-Met-NH₂, which contributes to the stabilization of the structure of SP (29) and Phe⁷ but not the

**Table I. Binding of [3H]SP to Human Blood T-Lymphocytes**

<table>
<thead>
<tr>
<th>Experiment*</th>
<th>Specific binding sites/ T-lymphocyte‡</th>
<th>$K_D$ (Molar × 10⁻⁷)†</th>
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<td>1</td>
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<td>5</td>
<td>3614</td>
<td>1.51</td>
</tr>
<tr>
<td>Mean±SD</td>
<td>7035±2850</td>
<td>1.85±0.70 × 10⁻⁷ M</td>
</tr>
</tbody>
</table>

* Experiments were done on blood T-lymphocytes from five different normal donors.
‡ The $K_D$ and number of binding sites were determined by Scatchard analysis as described in the text. Each experiment was done in duplicate.

![Figure 6. Scatchard plot of the concentration-dependence of [3H]SP binding to human T-lymphocytes. The data are based on total [3H]SP bound by 1 × 10⁷ T-lymphocytes in the presence of increasing quantities of nonradioactive SP. Each point represents the mean of duplicate measurements for experiment number 1 (see Table I). The horizontal portion of the curve represents the amount of nonspecific binding of [3H]SP to T-lymphocytes.](image-url)
amino-terminal tetrapeptide, determine the affinity and specificity of the interaction.

Concurrent identification of helper-inducer and suppressor-cytotoxic subsets of T-lymphocytes with PE-conjugated monoclonal antibodies to different leu antigens of the respective subsets permitted assignment of the SP-DTAF (SP*) fluorescence to T-lymphocytes in both subsets (Fig. 3 and 4). SP* was recognized by a mean of 18 and 9.5% of the helper-inducer and suppressor-cytotoxic subsets of T-lymphocytes, respectively. The cellular specificity of the binding of SP was established by demonstrating a greater degree of specific binding of [3H]SP to T-lymphocytes than to B-lymphocytes, monocytes, PMN leukocytes, platelets, and differentiated monocytes of the U-937 and HL-60 lines (Table II). SP, at concentrations of $10^{-11}$ to $10^{-6}$ M had no effect on the uptake of [3H]thymidine by the lymphoid cells Molt-4, Hut-78, and Jurkat in culture, and [3H]SP failed to bind the cultured lymphoid cells.

The demonstration of labeling of only a mean of 21% of mixed T-lymphocytes with SP* permitted an estimation of the number of SP receptors. The Scatchard plot of the results of binding of [3H]SP to T-lymphocytes revealed a mean of 7035 SP receptors/T-lymphocyte, if all cells were assumed to bind SP (Fig. 6, Table I). Utilizing the flow cytometric data to define a subset of SP-reactive T-lymphocytes which amount to 21% of the total population led to an estimate of ~35,000 receptors/T-lymphocyte in the subset which recognized SP. The relevance of the binding data to the effects of SP on T-lymphocytes also was suggested by the similarity of the $K_d$ to the concentration of $0.5 \times 10^{-7}$ M SP required to achieve 50% of the maximal stimulation of T-lymphocyte proliferation (3).

The selective interaction of SP with a quantitatively small subset of T-lymphocytes is reminiscent of the binding of C3a peptides (21) and leukotriene $B_4$ (LTB$_4$) (30) to only ~40 and 11%, respectively, of human blood T-lymphocytes. The distribution of SP*-reactive T-lymphocytes between the helper-inducer (leu 3a+) and suppressor-cytotoxic (leu 2a+) subsets resembles more that of LTB$_4$-reactive lymphocytes within the same general subsets (30). Although LTB$_4$ reacted with both subsets, a greater percentage of LTB$_4$-reactive lymphocytes were suppressor-cytotoxic cells (14%) than helper-inducer cells (8%), with the net effect of LTB$_4$ on proliferation being inhibition (23). In contrast, a greater percentage of SP-reactive

<table>
<thead>
<tr>
<th>Cell type</th>
<th>Total binding ($10^4$ M [3H]SP)</th>
<th>Specific binding*</th>
</tr>
</thead>
<tbody>
<tr>
<td>T-lymphocytes*</td>
<td>1273±126</td>
<td>766±96</td>
</tr>
<tr>
<td>T-lymphocytes stimulated with PHA*</td>
<td>1626±80</td>
<td>994±87</td>
</tr>
<tr>
<td>B-lymphocytes*</td>
<td>966±107</td>
<td>19±65</td>
</tr>
<tr>
<td>Monocytes‡</td>
<td>1451±161</td>
<td>97±130</td>
</tr>
<tr>
<td>PMN leukocytes‡</td>
<td>972±60</td>
<td>158±67</td>
</tr>
<tr>
<td>Platelets‡</td>
<td>2817±90</td>
<td>119±120</td>
</tr>
<tr>
<td>Molt-4 lymphoblasts</td>
<td>3810±368</td>
<td>369±248</td>
</tr>
<tr>
<td>Jurkat cells</td>
<td>2641±210</td>
<td>174±190</td>
</tr>
<tr>
<td>Hut 78 T-cells</td>
<td>2185±162</td>
<td>189±141</td>
</tr>
<tr>
<td>U-937 monocytes, differentiated§</td>
<td>846±35</td>
<td>196±86</td>
</tr>
<tr>
<td>NL-60 cells, differentiated§</td>
<td>724±117</td>
<td>178±54</td>
</tr>
</tbody>
</table>

* Experiments utilized T- and B-lymphocytes isolated from five separate normal donors. T-lymphocytes were stimulated with 10 ug/ml of PHA for 48 h.
‡ Experiments utilized PMN leukocytes, monocytes, and platelets from two separate normal donors.
§ Two separate experiments were performed with cells stimulated to differentiate by 1.25(OH)$_2$D$_3$.
¶ Mean cpm bound±SD/1 x 10$^5$ cells for duplicate measurements with cells from each donor, except in the case of platelets where 1 x 10$^5$ cells in duplicate were used.
† Specific binding = total binding ($10^{-4}$ M [3H]SP) minus nonspecific binding ($10^{-4}$ M [3H]SP + $10^{-4}$ M SP).
T-lymphocytes were helper-inducer cells (18%) compared with suppressor-cytotoxic cells (9%), and the net effect of SP on proliferation is stimulation (3). However, the presence in the helper-inducer subset of suppressor-inducer T-lymphocytes emphasizes the difficulty of meaningfully explaining a functional outcome from the results of analyses with a limited number of monoclonal antibody reagents. The recognition of C3a peptides and somatostatin by a minority of T-lymphocytes also has substantial functional consequences, as manifested by significant suppression of proliferation (1, 21) and other activities (21). The in vitro findings suggest that the net effect on immunological responses of neuropeptides released from peripheral nerves may depend, in part, on the balance of the stimulatory effects of SP and the inhibitory effects of somatostatin.

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References