Abstract

Stimulated human phagocytes produce sister chromatid exchanges in cultured mammalian cells by a mechanism involving oxygen metabolites. Experiments were designed to determine whether antioxidants inhibit this process.

Superoxide dismutase, catalase, and hydroxyl radical scavengers (benzoate, mannitol) protected target Chinese hamster ovary cells from phagocyte-induced sister chromatid exchanges, implicating the involvement of hydroxyl radicals in this chromosomal damage. N-acetylcysteine and β-carotene were also protective.

α-Tocopherol (>5 μM) protected target cells exposed to phagocytes but not to enzymatically generated oxidants when the vitamin was added just before the source of oxygen radicals, suggesting, as reported by others, that the principal action of tocopherol in this setting was to inhibit the release of oxidants from phagocytes. On the other hand, cultivation of target cells with supplemental tocopherol protected them from the toxic effects of the enzymatic oxidant-producing system, indicating a role for membrane-associated free radicals in the mechanism of sister chromatid exchange induction.

Low concentrations of sodium selenite (0.1-1.0 μM) protected the target cells. However, higher concentrations (10 μM) of selenite had no effect on oxidant-induced sister chromatid exchange formation, and 0.1 mM selenite increased the number of exchanges. Sodium selenite concentrations of 0.1 mM also decreased the intracellular glutathione concentration of target cells during an oxidant stress, and reducing target cell glutathione concentrations with buthionine sulfoximine increased their sensitivity to oxygen-related chromosomal damage. Therefore, the potentiation of oxygen radical-induced chromosomal damage observed with high concentrations of selenite may result from a decrease in the thiol antioxidant defense systems within the cell.

The findings suggest that (a) the hydroxyl radical has an important role in the production of phagocyte-induced cytogenetic injury, (b) membrane-derived intermediates may be involved, (c) depletion of intracellular glutathione renders cells more susceptible to this injury, and (d) supplementation of target cells with antioxidants can protect them from oxygen radical-generated chromosomal injury.

Introduction

Phagocytic leukocytes synthesize toxic oxygen metabolites that are important for the killing of microorganisms (1, 2). These oxygen-derived products also can kill host cells (3). We have shown that normal human phagocytes stimulated to produce toxic oxygen metabolites cause mutations in bacteria and sister chromatid exchanges (SCEs) in cultured mammalian cells (4, 5). On the other hand, phagocytes from patients with chronic granulomatous disease (CGD) do not have these effects. In that CGD phagocytes are unable to elaborate oxygen metabolites (6, 7), it can be inferred that these metabolites play a primary role in the generation of phagocyte-mediated genetic damage. In addition, an enzymatic, cell-free system for elaborating toxic oxygen products can produce SCEs (5). Such sublethal effects of oxidants could be involved in the carcinogenesis associated with certain inflammatory conditions. In support of this idea, phagocyte- and enzyme-generated oxidants transform mammalian cells in vitro (8, 9).

A variety of biologic and chemical reagents influence the production and disposition of toxic oxygen compounds. It is interesting to examine the effects of such agents on oxygen-mediated toxicity, because the results of such study can help elucidate the mechanism of damage. Furthermore, the ability of certain of these substances to minimize genetic effects may have potential for designing strategies to reduce the carcinogenic influence of inflammation. To investigate further the role of phagocyte-generated oxygen metabolites in the genesis of SCEs, we examined the effects of enzymes and chemicals affecting toxic oxygen metabolites and cellular defenses against these compounds on the production of oxidant-induced SCEs in cultured mammalian cells.

Methods

Tissue culture cells. Chinese hamster ovary (CHO) cells were maintained in modified Ham's F10 medium (Gibco Laboratories, Grand Island, NY) and 1% penicillin/streptomycin (Gibco Laboratories) in a humidified incubator at 37°C. Culture flasks (25 cm²) were seeded with 2 × 10⁵ to 3 × 10⁵ CHO cells from a single exponentially growing culture with a doubling time of 12-14 h. In some experiments, CHO cells were preincubated with an antioxidant, which was present continuously for 72 h before seeding the flasks.

Isolation of human phagocytes. Leukocytes were isolated from anticoagulated human blood by dextran sedimentation under sterile conditions (10), suspended in Hanks' balanced salt solution (Gibco Laboratories) and used within 30 min of preparation (11). Cytochrome c reduction by human phagocytes was assayed by the method of Babior et al. (12).

1. Abbreviations used in this paper: BSO, dl-buthionine-SR-sulfoximine; CHO, Chinese hamster ovary; PMA, 12-O-tetradecanoylphorbol-13-acetate; SCE(s), sister chromatid exchange.
were plated, the N-acetylcysteine, 107 mannitol (Mallinckrodt, St. Louis, MO) and
mannitol (Mallinckrodt Chemical Works, St. Louis, MO) followed
by 107 leukocytes. Some flasks were also treated with 12-O-tetradeca-
nonoylphorbol-13-acetate (PMA) (Lot 29, Consolidated Midland, Brew-
ster, NY) to activate the oxidative metabolism of the phagocytes (13).
Controls consisted of CHO cells alone as well as CHO cells plus PMA,
CHO cells plus 107 unstimulated leukocytes, or CHO cells plus each
of the antioxidants added individually. In some experiments, an
enzymatic superoxide-generating system was used in place of activated
phagocytes. This system consisted of hypoxanthine (7 ug/ml) and
xanthine oxidase (15 ug/ml) (Sigma Chemical Co.) added in
the presence and absence of an antioxidant. Cytochrome c reduction
by hypoxanthine/xanthine oxidase was assayed by the method of McCord
and Fridovich (14).

The flasks were incubated for 30 min at 37°C (8 min for hypoxan-
thine/xanthine oxidase), the supernatant was washed out and replaced
with 10 ml of a medium enriched with 2.5 x 10-2 M 5-bromo-2-
deoxyuridine (Sigma Chemical Co.) and incubated for 30 h as described
by Latt (15). 3 h before harvesting, 0.2 ml of colcemide (Sigma
Chemical Co.) (22.5 ug/ml) was added to each flask.

After harvesting, the cells were hypotonically swollen with 0.075
M potassium chloride for 12-13 min and subsequently washed three
times with absolute methanol/glacial acetic acid (3:1). Of this suspension,
0.2 ml was dropped from a distance of 8-15 cm onto glass slides held
at an angle to rupture the cells. Chromosomes were stained with the
fluorescence plus Giemsa method (16), and SCEs were counted by
scoring at points of discontinuity in staining and reported as the mean
number of exchanges per metaphase after at least 30 metaphases per
data point were counted. Metaphases were counted in a coded fashion
without the scorer knowing the nature of the experimental incubation.

Total glutathione measurement. Total glutathione (GSH + GSSG)
d was determined by the GSSG reductase-5,5'-dithio-bis-2-nitrobenic
acid recycling assay using a modification (17, 18) of the Tietze
method (19).

Glutathione depletion. In some experiments we wished to study the
effects of depletion of the intracellular antioxidant, glutathione. For
this purpose, CHO cells were routinely cultured in a 250-ml spinner
flask (Belco Glass, Vineland, NJ) containing McCoy's 5A medium
plus 10% fetal calf serum and the antibiotics (100 ug/ml) penicillin
and streptomycin as previously described (18). The cells were maintained
in exponential growth by appropriate dilution of the spinner flask
three times a week; the cell population doubling time was approximately
14 h under these conditions. Cells were placed in 25-cm² flasks 24 h
before the experiment to yield 10⁶ cells per flask on the day of the experiment. All flasks were initiated from the spinner cultures. The cells were incubated for 24 h in the presence of 0.1 mM dl-buthionine-
SR-sulfoximine (BSO) (Chemalog, South Plainfield, NJ), which resulted
in total glutathione levels of <10% of control at the end of the 24-h
incubation.

Results

Fig. 1 shows the effect of the enzymes superoxide dismutase
and catalase on the number of SCEs produced in CHO cells
by phorbol ester-stimulated human phagocytes. Superoxide
dismutase and catalase significantly (P < 0.0005) reduced
the number of phagocyte-induced SCEs, whereas the heat-inacti-
vated enzymes had no effect.

The results observed with the hydroxyl radical scavenger
mannitol, are illustrated in Fig. 2. A dose-dependent decrease
in SCEs is demonstrated, with near-complete inhibition ob-
served at mannitol concentrations of 10 mM or greater.

The effects of benzoate, another hydroxyl radical scavenger,
and N-acetylcysteine, a sulfhydryl compound are shown in
Fig. 3. Benzoate and N-acetylcysteine effectively lowered the
number of phagocyte-generated SCEs.

The effect of vitamin E on phagocyte-induced SCEs is shown in Table I. There was a significant reduction in exchanges
when vitamin E was added concomitantly to the incubations.
To determine whether this protective effect was due to the
interaction between vitamin E and oxidants alone, these
experiments were repeated using hypoxanthine and xanthine
oxidase in place of phagocytes. As shown in Table I, vitamin
E had no protective effect when oxidants were generated by a
cell-free system. The rates of superoxide formation by the
enzyme system and the PMA-stimulated leukocytes under the
conditions employed were comparable (104 and 175 nmol/
incubation, respectively). The results from using β-carotene
in similar experiments are shown in Table II. In contrast to the

![Figure 1](image-url)

**Figure 1.** The effect of superoxide dismutase (SOD), catalase (CAT),
and heat-inactivated superoxide dismutase and catalase on phagocyte-
genrated SCEs. Enzymes were heat-inactivated by autoclaving for 30
min at 132°C. The concentration of superoxide dismutase was 100
μl/ml and catalase was 220 μl/ml. PMA was used in a concentration
of 100 ng/ml. The bars indicate mean±SD of 30 determinations.

![Figure 2](image-url)

**Figure 2.** The effect of mannitol on phagocyte-induced SCEs. PMA
was used in a concentration of 100 ng/ml. Each point indicates the
mean±SD of 30 determinations. Shaded area, control range.
findings with vitamin E, the presence of \( \beta \)-carotene in the incubations effectively protected against the generation of SCEs by both phagocytic and enzymatically generated oxygen metabolites.

When CHO cells pretreated with vitamin E, \( \beta \)-carotene or both were exposed to hypoxanthine plus xanthine oxidase, there was a highly significant reduction in exchanges compared to controls (Table III). Thus, vitamin E was able to protect the target CHO cells if they were grown in it for 72 h, but it was not protective when added acutely during the test incubations.

The effect of sodium selenite had variable effects on the number of SCEs generated depending on the concentration added, as shown in Table IV. The high concentrations of sodium selenite caused an augmentation in the number of SCEs, whereas at lower concentrations, a protective effect was observed.

To try to determine why high concentrations of sodium selenite cause an augmentation in the amount of oxygen radical-induced genetic damage, we examined the effect of

### Table II. Effect of \( \beta \)-Carotene on Phagocyte-induced and Enzymatically Generated SCEs

<table>
<thead>
<tr>
<th>Additions to cell cultures</th>
<th>SCE±SEM</th>
</tr>
</thead>
<tbody>
<tr>
<td>1 Control</td>
<td>7.34±0.39</td>
</tr>
<tr>
<td>2 PMA + 10(^7) WBCs*</td>
<td>12.00±0.75‡</td>
</tr>
<tr>
<td>3 + ( \beta )-carotene (5 × 10(^{-6}) M)</td>
<td>9.70±0.86§</td>
</tr>
<tr>
<td>4 + ( \beta )-carotene (10(^{-5}) M)</td>
<td>8.80±0.44†</td>
</tr>
</tbody>
</table>

* The concentration of PMA used was 100 ng/ml. WBCs, leukocytes.
†† P < 0.01 vs. 1.
§§ P < 0.0005 vs. 2.
Controls consisted of CHO cells alone as well as CHO cells plus hypoxanthine and CHO cells plus xanthine oxidase.
** Pooled data from two experimental preparations; 60 metaphases counted per data point.
* P < 0.0005 vs. 1.
† † P < 0.0005 vs. 2.

### Table III. Effect of Preincubation with Vitamin E and \( \beta \)-Carotene on Enzymatically Generated SCEs

<table>
<thead>
<tr>
<th>Additions to cell cultures</th>
<th>SCE±SEM</th>
</tr>
</thead>
<tbody>
<tr>
<td>1 Control</td>
<td>8.43±0.50</td>
</tr>
<tr>
<td>2 Hypoxanthine + xanthine oxidase</td>
<td>22.57±1.79‡‡</td>
</tr>
<tr>
<td>3 Hypoxanthine + xanthine oxidase + ( \beta )-carotene (10(^{-5}) M)</td>
<td>14.90±1.30§§</td>
</tr>
</tbody>
</table>

* The concentration of PMA used was 100 ng/ml. WBCs, leukocytes.
selenite on cellular glutathione levels. As shown in Table V, CHO cells were able to maintain glutathione levels despite exposure to hypoxanthine and xanthine oxidase. However, in the presence of 0.1 mM selenite and an oxidant stress, glutathione levels fell to 75–80% of controls and there was a corresponding increase in genetic toxicity. Sodium selenite alone (in the absence of an oxidant stress), at 10^{-4} M and 10^{-5} M caused slight increases in glutathione levels, whereas at 10^{-3} M, the glutathione level fell to 84% of control. Sodium selenite, by itself, in concentrations of 10^{-4} and 10^{-5} M did not affect SCE rates.

To assess the effect of glutathione depletion on the susceptibility of the target cell to oxidant-induced damage, CHO cells were incubated with BSO for 24 h before exposure to an oxidant stress. BSO is a potent inhibitor of the enzyme γ-glutamylcysteine synthetase which catalyzes the initial step in glutathione synthesis. Total glutathione levels at the end of this incubation are 10% of controls. As shown in Table VI, there was a slight, but significant increase in sister chromatid exchanges in cells incubated with BSO alone and this effect was magnified in cells treated with BSO and exposed to an oxidant stress. Furthermore, this combined treatment produced additional obvious effects on DNA replication as well: the proportion of cells that had gone through one, instead of two, rounds of DNA replication was also determined as described by Tice et al. (20). First-division cells contain chromosomes with both sister chromatids uniformly dark as opposed to second-division cells in which chromosomes have one chromatid darkly stained and its sister lightly stained. 75% of the cells incubated with BSO and exposed to hypoxanthine and xanthine oxidase were delayed in first metaphase, whereas the effect on DNA replication was minimal in the other experimental groups.

**Discussion**

Among other toxic oxygen-derived metabolites, activated neutrophils produce hydroxyl radicals by a mechanism believed to involve a metal-catalyzed Haber-Weiss reaction. This reaction requires the participation of both superoxide anions and hydrogen peroxide (21). Because superoxide dismutase or catalase alone each had inhibitory effects on SCE production, the hydroxyl radical is indirectly implicated as an important oxygen metabolite leading to SCE formation, although this data is indirect. The fact that the hydroxyl radical scavengers mannitol and benzoate also inhibited the generation of phagocyte-generated SCEs supports this conclusion. The incomplete inhibition of oxidant-mediated SCE formation observed with these compounds is likely due to the design of the test system in which stimulated phagocytes are in close apposition to the CHO cells, preventing effective inactivation of the toxic products.
before they contacted targets on the cell. Also, superoxide dismutase, catalase, and mannitol do not readily penetrate the cell and thus might only remove extracellular reactants. Finally, some of the oxygen products may react with components of the cell resulting in the formation of toxic intermediate compounds not degraded by the antioxidants studied.

Despite the evidence for the hydroxyl radical as an intermediary leading to SCEs, it is unlikely that the hydroxyl radical produced by phagocytes in the extracellular medium causes SCEs directly. The hydroxyl radical is so unstable in aqueous media that it reacts essentially when initially formed and has very little target specificity (22). The damage leading to SCE formation must ultimately influence the cell nucleus. Although hydrogen peroxide and superoxide anion not degraded by cytoplasmic scavenging systems could theoretically react in the nucleus to produce hydroxyl radicals, mannitol, which does not permeate cells, would not be expected to inhibit this process.

Hydroxyl radicals can react with membrane lipids to yield a variety of secondary radicals (23, 24). These products are longer-lived than hydroxyl radicals and could eventually influence events in the nucleus. The effects of vitamin E and \( \beta \)-carotene are consistent with this idea. Vitamin E has been shown to inhibit carcinogenesis in animals and reduce mutations in some bacterial testing systems (25, 26). Vitamin E is a hydrophobic antioxidant, and it is believed that its principal function is to protect the lipid material of an organism from uncontrolled, spontaneous autoxidation (27, 28). When target CHO cells were cultivated with vitamin E and then exposed to a cell-free oxidizing system, little chromosomal damage occurred. Although membrane concentrations of vitamin E were not measured directly, it is likely that vitamin E is membrane associated in this system to provide protection, because free vitamin E was washed out of the medium prior to the oxidant stress. Because vitamin E protects against membrane fatty acid oxidation, it is possible that a membrane-derived, fatty acid oxidation product acts as an intermediate for the genetic damage we observed.

Vitamin E was protective against SCE formation induced when the vitamin present in the medium during exposure of target cells to phagocytes, but not to hypoxanthine and xanthine oxidase (even though the quantity of superoxide anion produced in each system was comparable—unpublished data). These data suggest, but do not prove, that vitamin E may be affecting the phagocyte directly, because it would have protected the target cells exposed to a cell-free oxidizing system had it been acting merely as an antioxidant. Vitamin E supplementation of the human diet results in neutrophils which undergo a normal respiratory burst, but release far less than the normal amount of hydrogen peroxide (29).

\( \beta \)-Carotene reduced the number of oxidant-induced SCEs in both the cellular and cell-free oxidant-producing systems studied. \( \beta \)-Carotene is a quencher of singlet oxygen but also can function as an effective radical-trapping antioxidant (30, 31). \( \beta \)-Carotene does not have the structural features commonly associated with chain-breaking antioxidants and presumably does not have to be membrane-bound to be effective as an antioxidant (32). \( \beta \)-Carotene does partition in biologic membranes, however, and it is not surprising that cells preincubated with \( \beta \)-carotene were protected from oxygen radical-induced chromosomal damage as well.

Glutathione plays a central role in the antioxidant defenses of cells (33). It is a cofactor of the enzyme glutathione peroxidase, which can detoxify both hydrogen peroxide and lipid hydroperoxides (34). Therefore, by depleting hydrogen peroxide, glutathione is expected to be important for preventing hydroxyl radical formation from superoxide anion and hydrogen peroxide and also for degrading lipid peroxides formed from the reaction of membranes with hydroxyl radicals. In cells treated with hypoxanthine and xanthine oxidase alone, glutathione levels were equal to those in controls, reflecting the activity of glutathione reducing and generating systems in the cell, yet a large number of SCEs were induced. Therefore, normal glutathione levels are insufficient to protect the cell from large oxidant fluxes, and it is not surprising that a modest fall in total glutathione levels would be associated with a very significant rise in genetic toxicity.

To determine whether a reduction in total glutathione levels would render the cell more susceptible to oxidant-induced chromosomal damage, glutathione production was blocked in BSO-treated cells (35, 36). SCEs were increased in cells treated with BSO alone and this effect was greatly magnified when an oxidant stress was added. In addition, there was a marked delay in DNA replication in these same cells which, in addition to SCEs, is a marker of toxicity (20). Conversely, the reduction in phagocyte-generated SCEs by \( N \)-acetylcysteine could be explained in part by its effect as a glutathione-like agent on oxidants directly (37).

Selenium is a prosthetic group essential for the catalytic activity of glutathione peroxidase (38). Sodium selenite has been shown to be anticarcinogenic, antimutagenic, and anti-clastogenic (39–42), and it has been suggested that adequate dietary selenium has a protective effect against the development of cancer in man (43). However, sodium selenite can also induce SCEs, unscheduled DNA synthesis, and chromosomal aberrations under certain conditions (44–46). SCE induction by sodium selenite occurs only if erythrocytes are added to the incubation medium, whereas for unscheduled DNA synthesis, glutathione must be present, indicating that a metabolite of sodium selenite is responsible for the damage (44, 46). The first two intermediates of sodium selenite metabolism are selenodiglutathione and glutathione selenopersulfide, whose formation requires reduced glutathione and glutathione reduction, respectively. Glutathione selenopersulfide is then converted to elemental selenium or hydrogen selenide (47).

In this study, erythrocytes were not present in the incubation medium, and no increase in SCEs with selenite alone was observed. In the presence of an oxidant stress, however, an augmentation in SCEs was seen at high concentrations of sodium selenite, whereas low concentrations resulted in a diminution of SCEs compared to controls. The latter effect may have been due to an induction or stabilization of glutathione peroxidase, resulting in a higher level of protection from oxygen radical-induced damage (48).

The detrimental effects of high concentrations of sodium selenite may be related to its interaction with glutathione. Because sodium selenite can convert glutathione to the disulfide, selenodiglutathione, it was predicted that total glutathione levels would fall in cells exposed to high concentrations of selenium. Total glutathione levels fell significantly in cells incubated with \( 10^{-3} \) and \( 10^{-4} \)M sodium selenite and then exposed to an oxidant stress. This decrease in oxidant defense
correlated with an increase in chromosomal and somatic toxicity.

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References