Metabolism of Heptadecapeptide Gastrin in Humans Studied by Region-specific Antisera

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Abstract

The metabolism of synthetic human heptadecapeptide gastrin (G17) in vivo, and in serum in vitro, was studied by radioimmunoassay using region specific antisera, gel filtration, ion exchange chromatography, and high performance liquid chromatography. After infusion of G17 intravenously in normal human volunteers, COOH-terminal and NH2-terminal immunoreactive G17 fragments were generated. At a steady state, ~15% of COOH-terminal immunoreactivity was attributable to G14-like material and up to 25% of total NH1-terminal immunoreactivity was attributable to two NH1-terminal fragments; one had the chromatographic properties of 1–13 G17, and the other was less acidic and less hydrophobic. After stopping the infusion of G17, the latter fragments accounted for progressively greater proportions of total gastrin activity. When G17 was incubated in serum in vitro, there was time-dependent and temperature-dependent loss of immunoreactivity, and again COOH-terminal and NH2-terminal immunoreactive fragments were formed. Removal of the NH2-terminal pyroglutamic acid was probably the rate limiting step because synthetic 2–17 G17 was degraded more rapidly in serum (t1/2, 2–3 h) than G17 (t1/2, 3–5 h). EDTA blocked degradation at the COOH-terminus of both 2–17 G17 and G17 but cleavage at the NH2-terminus still occurred, giving rise to a G14-like peptide. The rate of conversion of G17 in serum was not enough to account for the production of fragments in vivo, and it is proposed that these are formed when G17 encounters enzymes on cell surfaces, perhaps during passage through the capillary circulation. The production of these fragments needs to be considered in interpreting studies of the identity, metabolism, and release of gastrin in health and disease.

Introduction

The predominant form of the acid-stimulating hormone gastrin that occurs in antral mucosa is the heptadecapeptide, G17.1

1. Abbreviations used in this paper: G14, COOH-terminal tetradecapeptide fragment; G17, heptadecapeptide gastrin; 2–17 G17, hexadecapeptide; HPLC, high performance liquid chromatography.

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Methods

Peptides. Synthetic bG17, 2–17 bG17, and 1–13 bG17 were purchased from UCB Bioproducts (Brussels, Belgium).
Subjects. Studies were made on five normal male subjects (aged 22–40 yr) who were members of the laboratory or clinical staff, and were without gastrointestinal disease. All gave informed consent to the experiments, which were approved by the local ethical committee.
Experimental procedures. Two types of experiments were carried out. First, metabolism in vivo was studied during and after an intravenous infusion of G17. Second, the metabolism of G17 and 2–17 G17 in vitro was studied after their addition to serum or EDTA-treated plasma.
In vivo metabolism. Subjects fasted from midnight before the test. An intravenous infusion of 0.15 M NaCl was given for a 45-min control period at 42 ml-h⁻¹, followed by synthetic bG17 (400 pmol·kg⁻¹·h⁻¹) for another 60 min. After the infusion, the contents of the syringe were removed and stored at −20°C for further analysis. In control experiments, it was established that there was negligible adsorption of G17 to the infusion lines in the present experimental conditions.
During each test, venous blood was drawn from the arm opposite that used for infusion. Degradation of peptides by plasma enzymes was inhibited by mixing the blood immediately in tubes containing EDTA and 1:10 o-phenanthroline, to give final concentrations of 2.7 and 5 mM, respectively. After centrifugation, plasma was stored at −20°C before RIA or fractionation procedures. Blood samples of 5 ml were taken every 15 min throughout the test and at 5-min intervals during the final 15 min of infusion. Concentrations of immunoreactive gastrin in the final three samples were not significantly different, indicating that a steady state had been attained; these samples were pooled for chromatography. After the infusion, samples were taken every minute for 5 min, and then every 5 min for 30 min.
In vitro metabolism. After an overnight fast, venous blood was
collected in aseptic conditions into sterile dry tubes or in tubes containing 2.7 mM EDTA. The blood was centrifuged at 4°C (2,000 g, 10 min) and serum or plasma was separated. Synthetic hG17, or its COOH-terminal hexadecapeptide (2-17 G17), was added to the samples and incubated at 4, 20, or 37°C for 0, 6, 12, and 24 h. After incubation, the samples were immediately frozen in liquid nitrogen and stored at −80°C before RIA or fractionation by gel filtration or ion-exchange chromatography.

Column chromatography: Serum or plasma samples were fractionated by gel filtration, ion-exchange chromatography, and HPLC. To obtain enough material for characterization, plasma samples collected during the final 15 min of the infusion of hG17 were separately pooled for each subject to give volumes of 15-20 ml. In some experiments, plasma samples from the five subjects were pooled together for chromatography. Four such samples of 20 ml were separately processed: (a) plasma collected just before the end of the infusion; (b) plasma collected 2 and 3 min after stopping infusion; (c) plasma collected 5, 10, and 15 min after infusion; and (d) plasma collected 20, 25, 30, and 35 min after infusion.

Gel filtration. Samples were applied to Sephadex G-50 superfine columns (1 × 100 cm) eluted with 0.05 M phosphate, pH 7.5 at 4°C with a constant flow rate of 6 ml·h⁻¹. Trace amounts of ¹²⁵I-Na were added as a calibration marker; in addition, the void volume was routinely identified by the elution position of plasma proteins detected by OD at 280 nm. Columns were also calibrated on separate occasions with synthetic standard hG17 and 1-13 hG17.

Ion-exchange chromatography. Samples were applied to DEAE columns (1 × 15 cm) with trace amounts of ¹²⁵I labeled hG17 as a marker. After equilibration with 0.6% ammonium carbonate at 4°C, the columns were eluted with a gradient from 0.6 to 6% ammonium carbonate using a 50-ml mixing vessel and a constant flow rate of 10 ml/h.

Reverse phase HPLC. Material from DEAE column eluates was separated by reversed-phase HPLC on a Teknisil C₁₈ 5 μm (5 × 250 nm) column using an Altex system. The samples were reduced in volume in a Speed-vac (Savant Instruments, Inc., Hicksville, NY) to 3-6 ml and pH was brought below 7.0 with trifluoroacetic acid. Elution was made with a gradient of acetonitrile in 0.05% trifluoroacetic acid. In separate runs the columns were calibrated with 1-13 G17 and synthetic hG17 in total quantities comparable to those in the test samples. Column eluates (1 ml) were collected into 0.1 ml of 1 M ammonium bicarbonate; recovery was 90-100%.

Gastrin RIA. Gastrin was estimated by RIA using three types of region specific antisera: (a) antisera L6, which is in practice absolutely specific for G17 (9), (b) antisera LW1, which was raised to hG17 conjugated to bovine serum albumin (BSA) and is COOH-terminal specific (10), and (c) antisera LW11, which was raised to 1-13 hG17 conjugated to BSA, and is NH₂-terminal specific (10). ¹²⁵I-labeled synthetic hG17 was used for RIA (11, 12). The peptide was iodinated by the chloramine-T method and the reaction mixture was purified on AE cellulose. Incubation and separation conditions were as previously described (8, 10). With all antisera, assays were carried out using synthetic hG17 as standard. The concentration of hG17 for half maximal inhibition of binding was 2 fmol·ml⁻¹ for

Table 1. Metabolism of hG17 Immunoreactivity in Five Normal Subjects (Mean±SE) Infused with hG17 Measured with Antibodies L6, LW1, and LW11

<table>
<thead>
<tr>
<th>Antiserum</th>
<th>hG17 Infusion rate (pmol·kg⁻¹·h⁻¹)</th>
<th>Plasma plateau level (pmol·l⁻¹)</th>
<th>Half-life (min)</th>
<th>Metabolic clearance rate (ml·kg⁻¹·min⁻¹)</th>
<th>Volume of distribution (ml·kg⁻¹)</th>
</tr>
</thead>
<tbody>
<tr>
<td>L6</td>
<td>396±6</td>
<td>617±47</td>
<td>3.23±0.17</td>
<td>10.97±0.91</td>
<td>51.39±5.80</td>
</tr>
<tr>
<td>LW1</td>
<td>389±11</td>
<td>691±34</td>
<td>4.88±0.08</td>
<td>9.52±0.68</td>
<td>67.08±4.90</td>
</tr>
<tr>
<td>LW11</td>
<td>406±10</td>
<td>815±49</td>
<td>11.71±0.60</td>
<td>8.44±0.57</td>
<td>143.30±14.17</td>
</tr>
</tbody>
</table>

Figure 1. Mean plasma concentration of intact G17 measured by antibody L6 (—○—), COOH-terminal (—●—), and NH₂-terminal (—△—) G17 immunoreactivity measured by LW1 and LW11, respectively, during and after infusion of hG17 (400 pmol·kg⁻¹·h⁻¹) in five normal subjects. Each point is mean±SE.
LW1, 1 fmol·ml⁻¹ for LW11, and 2.5 fmol·ml⁻¹ for L6. In assays in which >20 μl of plasma was added to the tube (up to a maximum of 100 μl), the standard curves were prepared with an appropriate volume of plasma stripped of gastrin. The detection limit of gastrin immunoreactivity in plasma ranged from 3 to 10 pmol·l⁻¹ depending on the antisera.

Analysis of the data. All results are expressed as mean±SEM, and the infusion data is analyzed here according to the plateau principle. Plasma steady-state gastrin concentrations were taken as the mean of values obtained during the final 15 min of infusion of hG17. The plasma gastrin concentrations after stopping the infusion were converted to the natural logarithm, and linear regression of ln plasma gastrin vs. time was computed to yield the slope, from which the half-life (t½) was determined by dividing into 0.693. The metabolic clearance rate, expressed in ml·kg⁻¹·min⁻¹, was calculated by dividing the infused dose in pmol·kg⁻¹·min⁻¹, by the plateau increment in plasma gastrin in pmol·l⁻¹. The apparent volume of distribution, expressed as ml·kg⁻¹, was obtained by dividing the infusion rate by the product of plateau concentration and the slope of regression for disappearance.

Results

In vivo metabolism. The effective infusion rate of hG17 measured with L6, LW1, and LW11 was 396±6, 389±11, and 406±10 pmol·kg⁻¹·h⁻¹, respectively, as estimated by RIA of the solutions remaining in the syringe after infusion. Gel filtration and ion-exchange chromatography of this material showed a single peak with the chromatographic and immunochemical properties of standard hG17.

During the initial saline infusion, plasma gastrin immunoreactivity was undetectable with L6 (<10 pmol·l⁻¹), was 10.1±2.6 pmol·l⁻¹ with antisera LW1, and was 10.0±0.7 pmol·l⁻¹ with antisera LW11. 30 min after beginning infusion of hG17, plasma gastrin immunoreactivity reached a plateau level. The mean plateau concentration with the NH₂-terminal specific antibody, LW11, was ~30% higher than with antibody L6, which measures intact G17. The plateau concentration with the COOH-terminal specific antibody, LW1, was ~15% higher than with L6 (Fig. 1 and Table I). The metabolic clearance rate, volume of distribution, and half-life determined with antibodies L6, LW1, and LW11 are given in Table I. Of particular interest is the difference in half-lives measured by different antibodies; thus, intact circulating G17 (read by L6) disappeared with a calculated mean half-life of 3.23±0.17 min, whereas total COOH-terminal and NH₂-terminal G17 immunoreactivity disappeared slower with half-lives of 4.88±0.08 min and 11.71±0.60 min, respectively (Fig. 2 and Table I).

Molecular forms. Gel filtration of plasma samples taken during the plateau phase of the infusion revealed in each subject a major peak of activity eluting in the position of the standard (Fig. 3) and read equally by the three antisera. In addition, there was a peak of late-eluting COOH-terminal
immunoreactive material measured by LW1, and a peak of NH2-terminal gastrin immunoreactivity eluting just before G17 revealed by LW11.

Ion-exchange chromatography of plasma samples taken during the plateau phase also revealed in each subject a major peak coeluting with standard G17 and reacting with all three antibodies (Fig. 4). In addition, antibody LW1 revealed a peak of COOH-terminal activity (18% total) that eluted later and progressively declined after stopping the infusion. Moreover, antiserum LW11 revealed two further peaks of NH2-terminal G17 immunoreactivity. These eluted close to each other and just in front of hG17; they probably coeluted on gel filtration. Peak II corresponded in elution position to 1-13 G17 standard. Tubes corresponding to peaks I and II of NH2-terminal immunoreactivity were also fractionated by HPLC. Peak II emerged as a single peak that again had the retention time of 1-13 G17, and Peak I emerged 2-3 min earlier, indicating a less basic and less hydrophobic peptide (Fig. 5). In plasma samples collected after the infusion, the same peaks of NH2-terminal activity were found. However, the two earlier eluting peaks increased from 26% of total NH2-terminal immunoreactivity during the infusion to 75% in the 20-35-min samples after stopping the infusion (Fig. 4). The peak corresponding to hG17 was proportionally reduced (Table II).

In vitro metabolism. All antisera revealed a time-dependent and temperature-dependent decrease of immunoreactivity when G17 was incubated in serum (Fig. 6). The COOH-terminal and NH2-terminal G17 immunoreactivities were slower to decrease than intact G17-immunoreactivity measured by L6. This suggests that both NH2- and COOH-terminal fragments of G17 were produced during the incubation, and that the degradation of these was slower than that of intact G17. In support of this, gel filtration studies revealed a major peak with the properties of the intact heptadecapeptide together with an additional peak of COOH-terminal immunoreactivity eluting after G17 and a peak of NH2-terminal immunoreactivity eluting just before, and imperfectly separated from, G17 (Fig. 7). The COOH-terminal and NH2-terminal immunoreactive components were also separated on ion exchange chromatography (Fig. 8).

Addition of EDTA prevented the loss of immunoreactivity with the COOH-terminal antibody LW1, but not with LW11 and L6 (Fig. 6). Gel filtration (not shown) and ion exchange chromatography (Fig. 9) suggested that in these samples there was material with the properties of G17 together with a COOH-terminal fragment that increased in concentration during incubation and that had similar chromatographic properties to the COOH-terminal fragment generated in vivo. There was also a minor peak of NH2-terminal immunoreactive material. A third peak of COOH-terminal immunoreactivity was read by antiserum LW1 in samples after prolonged incubation. This material eluted just in front of G17 and was not well resolved from it. Total COOH-terminal immunoreactivity was relatively constant, so that the two COOH-terminal fragments generated during incubation became progressively more important and finally accounted for close to 100% of the total COOH-terminal activity.

When 2-17 G17 was incubated in serum, there was a time-dependent and temperature-dependent loss of immunoreactivity, which was about twice that of G17 (Fig. 10). EDTA...
completely inhibited the loss of immunoreactivity. Separation by ion-exchange chromatography indicated that in both serum and EDTA-treated plasma there was conversion to a more acidic COOH-terminal fragment (Fig. 11), and with prolonged incubation there was further accumulation of a molecular species that was less acidic than 2–17 G17. Presumably EDTA stops the further degradation of the COOH-terminal fragments.

### Discussion

The principal finding of this study is that G17 can be converted to COOH-terminal and NH$_2$-terminal immunoreactive fragments in the human circulation in vivo, and in serum incubated in vitro. There have been many previous studies of the concentrations, identity, and metabolism of G17-like immunoreactivity in the human circulation, but little attention has been given to the possibility of its conversion to smaller forms.

![Figure 6](image-url)

**Figure 6.** Loss of immunoreactivity when hG17 was incubated in human serum at 4, 20, or 37°C for up to 24 h (left), and the effects of EDTA (right). Samples were assayed with three antibodies (see Fig. 1). Note that EDTA stops the loss of COOH-terminal immunoreactivity but not that of NH$_2$-terminal and intact G17 immunoreactivity. ———, antibody LW1; ———, antibody L6; ———, antibody LW11.

![Figure 7](image-url)

**Figure 7.** Separation on Sephadex G50 superfine (1 × 100 cm) of synthetic hG17 before (top) and 6 h after incubation in serum at 37°C (bottom). Columns were assayed with the same antibodies as used in Fig. 1. Note that after 6 h incubation there was a late running peak of COOH-terminal immunoreactivity and an imperfectly separated peak of NH$_2$-terminal immunoreactivity emerging before G17.
the circulating peptides these gastrinoma tissue, forms have G14 of G17.1-13 when reactive forms which is both in membranes generated COOH-terminal virtually absent intact G17 cat, reactive fragments is converted that this shows that assumed -25%. Indeed, the arrow. Columns were calibrated with peak ing 8.

Figure 8. Separation on DEAE Cellulose (1 × 15 cm) of human G17 before (top) and 6 h after incubation in serum at 37°C (bottom). See legend to Fig. 1 for further details about antibodies. Note the late-eluting peak of COOH-terminal immunoreactivity and the early eluting peak of NH2-terminal immunoreactivity, in addition to G17-immunoreactivity. Columns were calibrated with 125I-G17, indicated by the arrow.

Indeed, for practical purposes it often seems to have been assumed that G17 is stable in human plasma. Our results show that this assumption is unjustified. In species such as dog and cat, it is already well established that circulating G17 is converted in the circulation to COOH-terminal immunoreactive fragments (13–15). The main difference between dog, cat, and man lies in the rate of the conversion. Thus in dog, intact G17 and NH2-terminal immunoreactive fragments are virtually absent from the systemic circulation (13), whereas in man COOH-terminal or NH2-terminal immunoreactive fragments generated from G17 occur in concentrations up to ~25% of total G17 immunoreactivity.

The main COOH-terminal product of G17 metabolism both in vivo and in vitro has the properties of minigastrin, which is known now to be the COOH-terminal tetradecapeptide fragment, G14 (16). One of the two NH2-terminal immunoreactive forms generated in vivo had the properties of 1–13 G17. The other NH2-terminal product is probably a fragment of 1–13 G17, since we found closely similar material produced when 1–13 G17 was infused intravenously in humans (10). Both G14 and 1–13 G17 have previously been reported to occur in the human peripheral circulation (11, 17). The same forms have also been reported in extracts of antral mucosa, or gastrinoma tissue, and have been isolated and sequenced from these sources (16, 18, 19). It is generally thought that in man the circulating peptides are derived intact from the tissue stores. This study indicates that this need not be true. Instead, a proportion of the circulating pools of these peptides could be obtained by cleavage of G17 following secretion. We found that after stopping an infusion of G17 the NH2-terminal fragments accounted for progressively greater proportions of total immunoreactivity until they were the predominant immunoreactive forms; presumably these fragments have a longer half-life than G17.

The conversion of G17 to COOH-terminal fragments like G14 is not likely to make a significant change in circulating gastrin biological activity because long COOH-terminal fragments are equipotent with G17 (20). It is generally thought that NH2-terminal fragments of G17 are inactive, so that conversion of G17 to 1–13 G17 would reduce activity. However, if 1–13 G17 was generated by the action of an endopeptidase, the COOH-terminal tetrapeptide might be produced as a coproduct and this is the minimal fragment with biological activity. The potency of the tetrapeptide is about 10 times less than that of G17 for acid secretion. In this study it would have escaped detection because it reacts weakly with the COOH-terminal antibody LW1. It should also be noted that Petersen et al. (21) have recently reported that 1–13 G17

Figure 9. Separation on DEAE cellulose of samples 6, 12, and 24 h after incubation of hG17 in plasma containing EDTA. See legend to Fig. 1 for further details.
inhibited acid secretion. Cleavage of G17 to 1–13 G17 might therefore generate inhibitory activity in the circulation. However, we have been unable to confirm the observations of Petersen et al., so that for now the significance of circulating 1–13 G17 for acid secretion remains in doubt (10).

To determine if the conversion of G17 to COOH-terminal and NH2-terminal fragments was due to the action of serum enzymes, we performed a series of incubation experiments in vitro. We found that in serum there are enzyme systems that can degrade G17 to G14-like and 1–13 G17-like peptides, as well as to forms not recognized by COOH-terminal or NH2-terminal specific antibodies. The hexadecapeptide (2–17 G17) was degraded more rapidly than G17, indicating a protective function for the NH2-terminal pyroglutamyl residue in G17. In the presence of EDTA both G17 and 2–17 G17 were converted to COOH-terminal immunoreactive peptides that were resistant to further degradation, so that one of the enzymes acting at the NH2-terminus is presumably a metalloenzyme.

The rate of conversion of G17 to COOH-terminal and NH2-terminal fragments in vitro, and the subsequent degradation to nonimmunoreactive fragments was relatively slow; for example, at 37°C the half-life measured by L6 was 3–5 h. In contrast, the half-life of intact G17 in vivo is <5 min. Evidently the plasma enzyme systems we have identified are not likely to be of physiological importance in the clearance of G17. We have previously observed that in dog, there is also degradation of G17 by plasma enzymes to COOH-terminal fragments, and again the rates of conversion are relatively slow (although faster than in humans) (13). Because plasma enzymes

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**Figure 10.** Comparison of the stability of hG17 (circles) and 2–17 HG17 (squares) in serum and in plasma collected in EDTA during incubations at 4, 20, and 37°C for periods up to 6 h. All samples were assayed with a COOH-terminal specific antibody (LW1).

**Figure 11.** Separation on DEAE Cellulose of samples taken before (bottom) and during incubation of 2–17 HG17 in serum for 30 min and 120 min, and in plasma containing EDTA. Assays with COOH-terminal specific antiserum, LW1. Note the progressive appearance in serum of a G14-like peptide (elution volume, 110–115 ml) followed by an earlier-eluting peptide (60–70 ml). In EDTA-treated samples the G14-like component predominates.
are unable to account for the rate of conversion in vivo, it has been postulated that enzymes either on or near the capillary endothelial cells mediate the conversion (13). Similar systems have also been postulated to account for the production of fragments of the NH2-terminal tryptic peptide of G34 that have been found in the peripheral circulation in man (22).

The present findings emphasize the care that must be taken in processing samples for gastrin RIA and in interpretation of the results of studies of gastrin molecular forms. They also indicate the importance of using several region specific antisera together with chromatographic separation in studying the physiology and pathophysiology of this hormone.

References