Characteristics of Prostate-derived Growth Factors for Cells of the Osteoblast Phenotype

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Abstract

We examined the characteristics of mitogens extracted from human benign prostatic hyperplasia and prostatic adenocarcinoma tissue. Although mitogens for fetal rat skin fibroblasts as well as for rat calvarial osteoblasts and osteosarcoma cells were found, distinct entities that acted selectively in cells of the osteoblast phenotype could be obtained by sequential reverse-phase high performance liquid chromatography. Two peptides with apparent molecular weights of 10,000 and 13,000 D were derived from hyperplastic tissue, whereas a single moiety of 10,000 D was obtained from malignant tissue. These entities increased cell numbers and alkaline phosphatase activity in osteoblastlike cells consistent with effects on both growth and differentiation. Prostatic peptides did not stimulate adenylate cyclase in osteosarcoma cells. Mitogenic activity selective for osteoblastlike cells was identified in postpubertal but not prepubertal normal prostate. The results demonstrate the existence of osteoblastic growth factors in prostatic tissue whose presence may accompany postpubertal development.

Introduction

Prostatic adenocarcinoma is virtually unique among malignancies with respect to its high association with osteoblastic metastases (1). Earlier reports (1–4) described the presence of mitogens for cells of the osteoblast phenotype and for fibroblasts in both benign prostatic hyperplasia and prostatic adenocarcinoma tissue or cells. We previously found that mitogens extracted from hyperplastic and neoplastic prostatic tissue were trypsin-sensitive (3) and acid stable (unpublished observations), and that activity selective for cells of the osteoblast phenotype was basic (unpublished observations) and could be enriched by hydrophobic chromatography (3). In the present study we have further examined the chromatographic characteristics of this material and assessed its effect on alkaline phosphatase activity, a parameter of osteoblast differentiation, and on adenylate cyclase activity in osteoblastlike cells. We also compared the mitogenic activity of hyperplastic and neoplastic prostatic tissues to that seen in normal and neoplastic nonprostatic tissues and to that present in normal pre- and postpubertal prostate.

Methods

Tissues. Five pools of human prostatic adenocarcinoma (CA), and seven human benign prostatic hyperplasia (BPH) tissue biopsies obtained at surgery were kept frozen at −70°C until use. Gastric, colonic, and breast adenocarcinoma tissue were also obtained at the time of surgery and kept frozen at −70°C until use. These tissues were removed from patients who had no evidence of skeletal metastases or hypercalcemia. Normal postpubertal prostate and normal kidney, seminal vesicles, and gastric tissue were obtained from a 24-year-old car accident victim at autopsy performed 6 h after death. Normal prepubertal prostate was obtained from a 7-year-old car accident victim at autopsy performed 3 h after demise of the patient. A specimen of lymphoma was obtained at surgery from a 5-year-old male without skeletal metastases but with clinical and biochemical features characteristic of the syndrome of humoral hypercalcemia of malignancy as previously described (5).

The Leydig cell tumor (Rime H-500) that produces hypercalcemia in Fischer rats (6) was obtained from the E. G. and G. Mason Research Institute, Worcester, MA, through the courtesy of Dr. E. P. Anderson of the Breast Cancer Animal and Human Tumor Bank, National Cancer Institute, and was maintained by subcutaneous transplantation. After ~14 d when serum calcium was 13–14 mg/dl, tumors were removed, frozen, and kept at −70°C for subsequent use.

Growth factors. Highly purified mouse epidermal growth factor (EGF) and bovine pituitary (basic) fibroblast growth factor (FGF) were from Sigma Chemical Co., St. Louis, MO. Platelet-derived growth factor (PDGF) was from Bethesda Research Laboratories, Gaithersburg, MD. Insulinlike growth factor (IGF) was a mixture of 67% IGF-I and 33% IGF-II. The activity of this preparation was 7,000 ng-equivalents/ml relative to an insulin standard in a radioreceptor bioassay and was kindly supplied by Drs. H. J. Guyla, C. Polychronakos, and B. I. Posner, McGill University, Montreal, Quebec, Canada.

Initial extraction procedures. Tumor tissue was extracted, as previously described (3, 7). Tissue was first homogenized at 0°C in acetone (30 ml/g). The insoluble precipitate was then homogenized in n-hexane (30 ml/g), and the insoluble material from this procedure was homogenized again in acetone (30 ml/g). The dried and defatted residue was then extracted in a mixture (40 ml/g) of 1 M HCl containing 5% (vol/vol) formic acid, 1% (wt/vol) NaCl, and 1% (vol/vol) trifluoroacetic acid (F3CCOOH). This acidic medium was designed to maximize solubilization of peptides while precipitating high–molecular weight protein. The supernatant from this procedure was then passed through cartridges of octadecysilyl (ODS)-silica (C18 SepPak, Waters Associates, Mississauga, Ontario, Canada) which were washed with 0.1% F3CCOOH and eluted with 80% acetonitrile. One cartridge was used for each 0.75 g (wt wet weight) tissue extracted.

High-performance liquid chromatography (HPLC). Chromatography was performed on a Waters Associates HPLC system consisting of one 6000A pump, one M-45 pump, and an M720 system controller. Column eluates were monitored for ultraviolet (UV) absorbance at 280, 210, or 214 nm using a variable wavelength flowthrough spectro....
photometer (model M480, Waters Associates) and an M730 data module (Waters Associates). Aliquots were employed for bioassay.

Reverse-phase HPLC was performed, as previously described (3, 7), on C18Bondapak columns (Waters Associates). Samples for loading were diluted with 0.1% F3CCOOH, and columns were developed over 60 min at a flow rate of 1.5 ml/min with linear gradients of acetonitrile containing 0.1% F3CCOOH, as a counter ion.

Exclusion HPLC (8) was carried out on an 1-125 gel permeation HPLC column (Waters Associates) connected in series with a Protein Pak 300-SW gel permeation column (Waters Associates), eluting at a flow rate of 1 ml/min with 40% aqueous acetonitrile containing 0.1% F3CCOOH. Calibration was achieved by injection of a mixture of 0.5 μg of each of the following in 25 μl 40% acetonitrile containing 0.1% F3CCOOH: bovine serum albumin (BSA; Sigma Chemical Co.), human growth hormone (kindly supplied by the National Institutes of Health, ribonuclease, aprotinin, (both from Boehringer Mannheim, Montreal, Quebec, Canada), and bovine β-MSH (extracted from bovine pituitary glands and purified in our laboratory).

Preparation of indicator cells. Osteoblastlike cells were isolated from 19-d-old Sprague-Dawley rat fetuses (9, 10). Frontal and parietal bones of fetal calvaria were incubated for 90 min at pH 7.4 in Hank's balanced salt solution (HBSS) containing 2 mg of crude collagenase per ml (70% type I, 30% type II; 140–160 U/mg; Sigma Chemical Co.). Cells released between 30 and 90 min of incubation were grown in primary culture in 24-well tissue culture plates (Linbro, Flow Laboratories, Hamden, CT) (1.5 × 10^6 cells per well) in RPMI 1640 medium (Gibco, Grand Island, NY) containing 5% fetal bovine serum (Gibco) at 37°C in an atmosphere of 5% CO2 and 95% air. These cells contained parathyroid hormone–responsive adenylate cyclase activity and > 85% of cells stained positively for alkaline phosphatase. Consequently these cells appeared to express the osteoblast phenotype. Fibroblasts were similarly isolated from the skin of 19-d-old rat fetuses by collagenase digestion for 90 min and were grown under the same conditions. The osteoblast-derivied established osteosarcoma cell line (11), UMR 108, was grown in 24-well culture plates (1.5 × 10^5 cells per well) in RPMI 1640 medium containing 2% fetal bovine serum.

Bioassays. To assess stimulation of DNA synthesis (3), samples for bioassay were added to primary cultures 48 h after plating or to osteosarcoma cells 14 h after plating. Cultures were then incubated with RPMI 1640 medium containing 2–5% fetal bovine serum. 22 h later 2 μCi of [3H]thymidine (sp act, 50–80 Ci/mmol; New England Nuclear, Boston, MA) were added to each well. After 2 h of incubation the medium was aspirated and the cells were washed twice with ice-cold HBSS and once with 1 ml of cold 1.2 N perchloroacetic acid. The perchloroacetic acid–insoluble material was dissolved in 2 ml of 0.6 N NaOH and 3H radioactivity was then estimated by liquid scintillation spectrometry. To determine effects on cell proliferation, 1, 3, and 5 d after addition of samples for bioassay the number of cells per replicate culture was estimated by enzymatic dispersion (0.25% trypsin and 1 mM EDTA) and counting in a hemocytometer.

Alkaline phosphatase activity was measured in culture medium, or in cell extracts after a 24-h incubation with test factor, by the hydrolysis of p-nitrophenyl phosphate (Sigma Chemical Co.). An aliquot of the tissue culture medium was incubated with 8 mM p-nitrophenyl phosphate in 0.5 M 2-amino 2-methyl 1-propanol buffer for 30 min at 37°C and the p-nitrophenol liberated was measured in a spectrophotometer at a wavelength of 410 nm. Alternatively, after washing, cells were freeze-thawed three times, the lysate scraped from each well with a rubber policeman, and aliquots incubated with phosphatase substrate (12). Alkaline phosphatase activity was expressed as the amount of p-nitrophenol liberated in nanomoles per 30-min incubation per milliliter of medium or in micromoles per 60-min incubation per milligram cell protein.

Adenylate cyclase assays were performed in cloned rat osteosarcoma cells (UMR 108) (13). At confluence, cells were incubated with 1 μCi [2-3H]adenine (16 Ci/mmol; 1pCi/μl; New England Nuclear) for 2 h in 1 ml culture medium per well. Immediately before addition of agents to be tested, the medium was aspirated from the wells, and the cells were washed twice with 1 ml HBSS to remove excess [3H]adenine. Tumor extracts or hormones were dried in a Speed-Vac concentrator (Savant Instruments, H Hicksville, NY) before assay and then added to the cells in 0.5 ml McCoy's 5 A medium (Gibco) containing 0.1% BSA, 0.2 mM 3-isobutyl-1-methylxanthine (Sigma Chemical Co.), and 10^-6 M forskolin (Calbiochem-Behring Corp., La Jolla, CA). Bovine parathyroid hormone (PTH)-(1-84), used as a standard in the assay, was purchased from Bachem Co., Torrance, CA. After incubation at 22°C for 10 min, the reaction was stopped by aspiration of the hormone-medium mixture and immediate addition of 0.5 ml of 10% trichloroacetic acid. ~ 3,000 cpm of [3H]cAMP (53.1 mCi/mmol, New England Nuclear) were added in a carrier solution containing 5 mM CAMP and 50 mM ATP in a 100 μl vol. [3H]cAMP formed was isolated from the unneutralized acid samples by the method of Salomon et al. (14).

Results

Characterization of mitogenic activity in BPH and cancer extracts. Reverse-phase HPLC of extracts of BPH yielded mitogenic activity in all three indicator cells. However, two regions in which mitogenic activity was demonstrable in fetal rat calvarial cells and in osteosarcoma cells, but not in fibroblasts, could be observed (Fig. 1). In some prostatic extracts, only a single region of such bioactivity was found (Fig. 1). After chromatography of these regions on reverse-phase HPLC, homogeneous UV peaks were obtained which retained activity in cells of the osteoblast phenotype but failed to stimulate activity in fibroblasts (Fig. 2). These peaks produced dose-dependent stimulation of [3H]thymidine incorporation (Fig. 3) and a

![Figure 1](https://example.com/figure1.png)

**Figure 1.** Reverse-phase HPLC profiles of ODS-silica extracts of two representative BPH specimens. The C18 Bondapak column was monitored for UV absorbance (---) and for bioactivity in assays measuring [3H]thymidine incorporation into UMR 108 osteosarcoma cells (c) fetal rat calvarial osteoblasts (b), and fetal rat skin fibroblasts (a). Mitogenic activity ([3H]thymidine incorporation") was determined, as described in the text, and expressed as 100 × [3H]thymidine incorporation into cells incubated with extracts minus [3H]thymidine incorporation into cells incubated without extracts, divided by the latter ("% above control"). Control levels of [3H]thymidine incorporation into osteosarcoma cells, osteoblasts, and fibroblasts were 28,248±1,120, 11,921±628, and 11,715±880 cpm (mean±SEM of triplicate determinations), respectively. The column was eluted with a linear gradient (---) of acetonitrile (ACN) containing 0.1% F3CCOOH, as described in the text. The pattern on the left (I) was representative of that seen in three BPH biopsy pools examined, whereas that on the right (II) was representative of that seen in four pools.
effects of 1.0 ng/ml of peaks I-A and I-B, obtained from the final HPLC steps shown in Fig. 2, on numbers of osteosarcoma cells (UMR 108) after incubation for 1–5 d. (Lower panel) Effect of incubation, with osteosarcoma cells, of 1.0 ng/ml of peaks I-A and I-B, on alkaline phosphatase activity in cell medium. Similar results were obtained in studies examining alkaline phosphatase activity in cell extracts.

Figure 5. Reverse-phase HPLC profile of an ODS-silica extract of CA tissue. The C18 Bondpak column was monitored for UV absorbance (−−−) and for bioactivity in assays measuring [3H]thymidine incorporation into UMR 108 osteosarcoma cells (○), fetal rat calvarial osteoblasts (●), and fetal rat skin fibroblasts (▲). Mitogenic activity was expressed as described in the legend to Fig. 1. Control levels of [3H]thymidine incorporation into osteosarcoma cells, fetal rat calvarial osteoblasts, and fetal rat skin fibroblasts were 18,287±141, 7,475±120, and 6,671±48 cpm (mean±SEM of triplicate determinations), respectively. The column was eluted with a linear gradient (−−−−) of acetonitrile (ACN) containing 0.1% F3CCOOH as described in the text. This pattern was seen in four out of five prostate cancer pools examined. In one pool, two regions of selective mitogenic activity for osteoblasts was detected as in pool I shown in Fig. 1.

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was observed although PTH and extracts of cancers associated with hypercalcemia were stimulatory (Table II).

The UV peaks, obtained from sequential reverse-phase HPLC, appeared homogenous by gel permeation HPLC (Fig. 8). The earlier eluting peak, I-A, extracted from BPH tissue had an apparent 10,000 mol wt whereas the later eluting peak, I-B, had an apparent 13,000 mol wt. The material, II-C, obtained from a specimen of BPH from which only a single selective bioactive peak could be extracted, had an apparent 13,000 mol wt. The peak obtained from prostatic cancer tissue eluted with an apparent 10,000 mol wt.

Characterization of mitogenic activity in control tissues and normal prostate. Although mitogenic activity for all three indicator cells could be extracted from malignant gastric, colonic, and breast tissue (collected and stored in a manner identical to that of prostatic hyperplastic and malignant tissue) no activity selective for osteoblast-like cells could be resolved by reverse-phase HPLC analysis from these nonprostatic tissues (Fig. 9).

Similarly, no mitogenic activity, selective for cells of the osteoblast phenotype, could be obtained by analysis of extracts of normal kidney, seminal vesicles, or stomach (Fig. 10). However when normal adult prostatic tissue collected and handled in an identical manner was examined, a single region of activity selectively mitogenic for cells of the osteoblast phenotype was observed (Fig. 11). This activity was not seen after chromatography of extracts of normal prepubertal prostate, although eluates active in all three cell types were obtained.

Discussion

Initial interest in the presence within prostatic tissue of growth factors for osteoblasts arose from the very high frequency, relative to other neoplasms, with which prostatic adenocarcinomas are associated with osteogenic metastases (1). Subsequent work indeed identified osteoblast mitogens in extracts of human prostatic cancer tissue (1–3) and in one study (4) messenger RNA extracted from a human prostatic cancer cell line

Table I. Effects of IGF, EGF, FGF, and PDGF on Tritiated Thymidine Incorporation in Skin Fibroblasts

<table>
<thead>
<tr>
<th>IGF</th>
<th>EGF</th>
<th>FGF</th>
<th>PDGF</th>
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</thead>
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<tr>
<td>Concentration</td>
<td>Response</td>
<td>Concentration</td>
<td>Response</td>
</tr>
<tr>
<td>10</td>
<td>28±3</td>
<td>0.5</td>
<td>40±5</td>
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<td>50</td>
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<td>69±2</td>
<td>100</td>
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<tr>
<td>100</td>
<td>70±3</td>
<td>1,000</td>
<td>75±2</td>
</tr>
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</table>

* Concentrations of growth factors are expressed in ng/ml. † Responses are 100 × [3H]thymidine incorporation into cells incubated with growth factors minus [3H]thymidine incorporation into cells incubated without growth factors, divided by the latter ("% above control") and are expressed as mean±SEM of triplicate determinations. All values shown were significantly above control levels at P < 0.05 as determined by Student's t test. Control levels of [3H]thymidine incorporation into fibroblasts were 3,609±24 cpm.
and microinjected into Xenopus oocytes directed the synthesis of mitogenic and stimulatory material for osteoblastlike cells. Moreover, mitogens active in both osteoblastlike cells and fibroblasts have been identified in extracts of human benign prostatic hyperplasia tissue as well as in malignant tissue. We previously demonstrated in such extracts that mitogens with the characteristics of basic peptides act preferentially on osteoblastlike cells (3). In the present study we have employed two cells of the osteoblast phenotype, one obtained from primary culture and a second an established malignant cell line, to examine selective activity relative to that in skin fibroblasts. We have found in this way that two mitogens for osteoblastlike cells may be obtained from hyperplastic tissue with estimated 10,000 and 13,000 mol wt, whereas a single mitogen for osteoblastlike cells with an apparent 10,000 mol wt was extractable from prostatic adenocarcinoma. Whether these two

Table II. Effects of Extracts of Prostatic Tissue and of Malignancies Associated with Hypercalcemia on Adenylate Cyclase Activity

<table>
<thead>
<tr>
<th>Sample*</th>
<th>Adenylate cyclase activity†</th>
<th>P value‡</th>
</tr>
</thead>
<tbody>
<tr>
<td>Basal</td>
<td>1,473±53</td>
<td>—</td>
</tr>
<tr>
<td>BPH</td>
<td>1,516±25</td>
<td>NS</td>
</tr>
<tr>
<td>CA</td>
<td>1,560±80</td>
<td>NS</td>
</tr>
<tr>
<td>Lymphoma</td>
<td>3,200±75</td>
<td>&lt;0.01</td>
</tr>
<tr>
<td>Leydig cell tumor</td>
<td>3,900±45</td>
<td>&lt;0.01</td>
</tr>
<tr>
<td>PTH</td>
<td>11,341±435</td>
<td>&lt;0.01</td>
</tr>
</tbody>
</table>

* Tissue samples (100 μg of Lowry protein per sample) were assayed after extraction on cartridges of ODS-silica. PTH was added at a maximally stimulating concentration of 10−6 M.
† Adenylate cyclase activity was determined in UMR 108 osteosarcoma cells as described in Methods and expressed as [3H]cAMP per culture plate per 10 min in counts per minute. Each value is the mean±SD of triplicate determinations.
‡ Statistical significance determined by Student's t test.

Figure 8. Gel permeation HPLC of material from BPH and prostatic CA tissue after reverse-phase HPLC. Shown in the panels labeled I-A, I-B, and II-C are the UV profiles of aliquots of bioactive peaks from the final step (bottom panels) of Fig. 2. Shown in the panel labeled CA is the UV profile of an aliquot of the prostatic CA peptide from the final step (bottom panel) of Fig. 6. HPLC was performed as described in Methods. The columns (Waters I-125 and Waters Protein Pak 300-SW connected in series) were monitored for UV absorbance at 210 nm (i.e., C). Calibration (M) was performed with BSA (A), human growth hormone (B), ribonuclease (C), aprotinin (D), and bovine β-MSH (E). The molecular weight of peaks I-A, I-B, II-C, and CA were estimated using the retention time of standards A–E.

Figure 9. Reverse-phase HPLC profiles of ODS-silica extracts of gastric, colon and breast carcinomas (CA). The C18 Bondapak columns were monitored for UV absorbance (—) and for bioactivity in assays measuring [3H]thymidine incorporation into UMR 108 osteosarcoma cells (c), fetal rat calvarial osteoblasts (b), and fetal rat skin fibroblasts (a). Mitogenic activity was expressed as described in the legend to Fig. 1. Control levels of [3H]thymidine incorporation into osteosarcoma cells, osteoblasts, and fibroblasts were 28,146±1,021, 11,121±633 and 10,815±920 cpm, (mean±SEM of triplicate determinations), respectively. The column was eluted with a linear gradient (— — — ) of acetonitrile (ACN) containing 0.1% F3CCOOH, as described in the text.

Figure 10. Reverse-phase HPLC profiles of ODS-silica extracts of kidney, seminal vesicles, and stomach. The C18 Bondapak columns were monitored for UV absorbance (—) and for bioactivity in assays measuring [3H]thymidine incorporation into UMR 108 osteosarcoma cells (c), fetal rat calvarial osteoblasts (b), and into fetal rat skin fibroblasts (a). Mitogenic activity was expressed as described in the legend to Fig. 1. Control levels of [3H]thymidine incorporation into osteosarcoma cells, osteoblasts, and fibroblasts were 28,146±1,021, 11,121±633 and 10,815±920 cpm (mean±SEM of triplicate determinations), respectively. The column was eluted with a linear gradient (— — — ) of acetonitrile (ACN) containing 0.1% F3CCOOH, as described in the text.
moieties are related as precursor and product or whether they are distinct entities will require further study.

The mitogens appeared to increase cell proliferation, and at least one parameter of differentiated osteoblast function (alkaline phosphatase activity) was enhanced. Although growth factors generally do not employ the adenylate cyclase system for signal transduction, endocrine trophic factors such as thyroid-stimulating hormone are known to stimulate cyclic AMP in target tissues in addition to their effects on enhancing cell growth and differentiated function (15). No significant increase in adenylate cyclase activity was seen in osteoblastlike cells in response to our prostatic mitogens, suggesting that our material does not employ this mechanism of action. This property also distinguishes our material from other peptides, produced by neoplastic tissue and capable of influencing osteoblastic activity, which stimulate adenylate cyclase and have been associated with a hypercalcemic bone-resorbing syndrome.

An increasing number of growth factors have been identified in recent years (16, 17) and many may be synthesized by multiple tissues. Consequently, the presence of mitogens in extracts of a variety of neoplastic and normal tissues we examined was not an unexpected finding. Yet, most known growth factors fail to act selectively in the three mesodermal cell types we employed. This and other characteristics, such as apparent molecular weight, also appears to distinguish our human prostatic materials from the acidic prostate-derived growth factor for fibroblasts isolated from rat tissues (18). Although we were unable to identify selective osteoblastlike mitogenic activity in prepupal prostate, such activity was demonstrable in normal postpubertal tissue, suggesting the possibility of androgen dependence. In view of the higher skeletal mass in males relative to females and the acceleration of skeletal loss after menopause in females, a phenomenon without parallel in the male, the presence of androgen-dependent osseous growth factors in the male could be of major importance in understanding the mechanisms of several basic observations in skeletal physiology.

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