Desensitization to Parathyroid Hormone in Renal Cells from Aged Rats Is Associated with Alterations in G-Protein Activity

Hiroyuki Hanai, C. Tony Liang, Linda Cheng, and Bertram Sacktor†
Laboratory of Biological Chemistry, National Institute on Aging, National Institutes of Health, Gerontology Research Center, Baltimore, Maryland 21224

Abstract

Parathyroid hormone (PTH)-stimulated Na⁺/Ca²⁺ exchange activity, but not forskolin-sensitive Na⁺-dependent Ca²⁺ efflux, was blunted in renal cortical cells from aged rats. PTH-sensitive adenylate cyclase activity in renal membranes from senescent rats also declined, but forskolin-stimulated activity did not change. In addition, cholera toxin- and pertussis toxin-stimulated Na⁺-dependent Ca²⁺ efflux and cAMP formation were blunted in cells from aged animals. Further, cells from aged rats had decreased Gₐ-α and G₁-α proteins, as detected by ADP-ribosylation. These findings would be consistent with the proposal of an age-associated heterologous desensitization that involved the G-proteins. Serum concentrations of iPTH were increased in the old rat, suggesting that the desensitization to PTH in the aging rat represented an adaptive response to prolonged stimulation by the hormone. This hypothesis was supported by the findings that the attenuated PTH-sensitive Na⁺/Ca²⁺ exchange activity, cAMP formation, and adenylate cyclase activity in cells from old rats could be reversed by parathyroidec- tomy. The decreased label in cholera toxin-catalyzed ADP-ribosylated G₂-α and pertussis toxin catalyzed ADP-ribosylated G₁-α found in cells from aged rats was also largely negated by the surgery. In conclusion, the results suggest that age-related blunting in the responses of renal cells to PTH was associated with a deficit in G-protein function and that this alteration could be reversed by removal of the parathyroid gland.

Introduction

Although PTH has long been known to stimulate renal Ca²⁺ reabsorption (1, 2), the biochemical mechanism by which the hormone increases Ca²⁺ transport is largely unknown. PTH receptors have been localized to the basolateral membrane of the tubular cell, and reception is coupled to adenylate cyclase and phospholipase C activation (2–4). The basolateral membrane also possesses Na⁺/Ca²⁺ exchange activity (5–8). Membrane vesicles prepared from parathyroidectomized animals have decreased exchange activity, and this activity is restored when synthetic bPTH (1–34) is infused into the parathyroidectomized animal (6, 8). More recently, we have reported on the presence of a Na⁺/Ca²⁺ exchange carrier in cells isolated from the rat renal cortex and have shown that PTH, when incubated with the cells in vitro, increases Na⁺-dependent Ca²⁺ efflux ~ 60% (9). The effect of the hormone is specific for biologically active PTH analogues and can be mimicked by cAMP and forskolin (9). These findings, as well as others (9), are consistent with the view that in the rat cAMP acts as the intracellular messenger to increase Na⁺/Ca²⁺ exchange activity. However, an alternate pathway to regulate Na⁺/Ca²⁺ exchange activity by PTH has been reported to be independent of cAMP (4).

In addition, we have found that PTH-sensitive Na⁺/Ca²⁺ exchange activity is blunted in cells from senescent (24 mo) rats (9). Basal Na⁺-dependent Ca²⁺ efflux and Na⁺-independent Ca²⁺ efflux are not altered in the aged animal. PTH-stimulated adenylate cyclase is also decreased in aging (9). The aged rat has increased levels of immunoreactive PTH (iPTH) (10–13). Moreover, when cultured renal cells are exposed to PTH they become refractory in their cAMP response to a subsequent incubation with the hormone (14–16). In contrast, the actions of forskolin are not diminished in the senescent animal (9). Thus, these findings are compatible with a mechanism of desensitization to PTH that occurred at the level of the receptor or hormone-receptor couple to adenylate cyclase, and we have suggested that additional studies on the PTH receptor and the GTP-binding proteins with respect to age are indicated (9).

Agonist stimulation and inhibition of cAMP production are known to involve G-proteins that couple receptors to the catalytic unit. Cells possess distinct G-proteins that are associated with stimulation (G₁) and inhibition (G₃) of adenylate cyclase (17). G₂ and G₄ are oligomeric proteins with distinct α subunits that may be radiolabeled with cholera and pertussis toxin, respectively (17). ADP-ribosylation of G₂ by cholera toxin activates G₃, whereas ADP-ribosylation of G₄ by pertussis toxin inactivates G₄ (17–19). We have used the two toxins as probes to examine whether the two G-proteins are involved in PTH desensitization in the aging rat model. The evidence reported in this paper suggests that loss of G-protein activity is associated with desensitization to PTH in renal cells of aged rats.

Methods

Animals and isolation of renal cells. Wistar-derived male rats were obtained from the Animal Facility, Gerontology Research Center, National Institute on Aging. Animals of two ages were used: the 6-month-old rat, representing a sexually mature young adult beyond the stage of rapid linear growth; and the 24-month-old rat, representing the senescent animal. In our colony, the mean 50% mortality is ~24 mo. Rats were maintained ad lib on standard National Institutes of Health chow, 1. Abbreviations used in this paper: G₁, G protein inhibition; G₂, G protein stimulation; PTX, parathyroidec- tomy.

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which consisted of 23.5% protein, 1.2% Ca, and 0.95% P. The photo period consisted of 12 h light and 12 h dark; room temperature was kept at 22-24°C. In experiments in which the rats were parathyroidectomyed, the animals were anesthetized with sodium pentobarbital (5 mg/100 g body wt). Parathyroid glands were removed surgically by electrocautery or the animals were subject to sham operations. Rats were used 48-72 h after surgery. Completeness of the removal of the glands was verified by the decreases in serum Ca concentration and iPTH as reported below. iPTH was determined by RIA.

Renal cortical cells from the two kidneys of each rat were isolated as described in detail previously (9). The cells were suspended at a concentration of 10-15 mg of cell protein/mL in a medium containing 140 mM KCl, 10 mM HEPES-Tris buffer, pH 7.4, 10 mM mannose, 0.5 mM β-hydroxybutyrate and 2.5 mM glutamine. There were no significant differences between the cells from the different aged rats in cellular integrity and general metabolism, as assessed and reported earlier (9).

**Measurement of calcium efflux**. Na+-dependent 45Ca2+ efflux was measured as previously reported (9). Briefly, the cells in a 50-µl aliquot of a freshly prepared suspension were preloaded with Ca by adding to the suspension 50 µl of the incubation medium containing 2 mM CaCl2, labeled with 0.25 µCi of 45Ca and incubating the mixture with constant shaking for 30 min at 37°C. After the preloading period, efflux of Ca was initiated by the addition of 900 µl of efflux medium containing either 140 mM NaCl or choline chloride, plus 2 mM EGTA and 10 mM HEPES-Tris buffer, pH 7.4. After 5 s, efflux was terminated by the addition of 3 ml of ice-cold choline-containing efflux medium and the mixture rapidly filtered on 5-µm Millipore filters (SMWP 02500) (20). The reaction tube and filter were washed three times, each time with 3 ml of ice-cold stopping solution. The cells and filter were digested with 1 ml of 0.1 N NaOH for several hours, 10 ml of scintillation fluid (Ready Solv. MP; Beckman Instruments, Inc., Fullerton, CA) was then added, and radioactivity counted. Zero time values (0% efflux) were estimated from reactions in which the ice-cold stopping solution was added before the efflux medium and the contents of the reaction tube immediately filtered. All incubations were carried out at least in triplicate. Each experiment was repeated a minimum of five times, each with different cell preparations. Values are reported as the mean±SE for the different experiments. When the effects of PTH or forskolin on 45Ca2+ efflux were measured, the agonists or vehicle controls were incubated with the renal cells for 1.5 min before the initiation of efflux. The effect of PTH on efflux was maximal after a 1.0- to 1.5-min incubation (9). When the actions of cholera and pertussis toxins were determined, the toxin was preactivated in a solution of 20 mM DTT for 30 min and 40 mM DTT for 60 min, respectively. The activated toxin was added to the cell suspension at the end of the 45Ca preloading period and incubated with the cells for an additional 25 min. Efflux was initiated as described above.

**ADP-ribosylation of G-proteins**. A 200-µl suspension of cells (8-10 mg of protein/ml) in 5 mM sodium phosphate, pH 8.0, containing 100 µM leupeptin, 200 µM PMSF, 100 U/ml aprotinin, and 1 mM EGTA, was homogenized and the mixture centrifuged at 27,000 g for 15 min at 4°C. The pellet was resuspended in the phosphate buffer, without protease inhibitors, and recentrifuged. The resultant pellet was suspended in 100 µl of 100 mM potassium phosphate, pH 7.5, containing 100 U/ml Trasylol, 20 mM thymidine, 2 mM ATP, 4 mM GTP, 10 mM MgCl2, 25 µM [32P]NAD, and activated toxin. The protein contents of the membrane preparations from 6- and 24-h-old rats were determined and adjusted to the same concentration before ADP-ribosylation. The concentrations of cholera toxin and pertussis toxin were 10 and 5 µg/100 µl, respectively, in 100 µl of membrane suspension (0.5 to 0.7 mg of protein). The mixtures were incubated for 1 h at 30°C. The reaction was stopped with the additions of 50 µl of ice-cold potassium phosphate, pH 7.5, and 150 µl of a solution containing 0.125 M Tris-HCl, pH 6.8, 4% SDS, 20% glycerol, 10% mercaptoethanol, and 0.005% bromophenol blue. SDS-PAGE was carried out by a slight modification of the Laemmli method (21) on slab gels consisting of 10% separating gel and 4% stacking gel. To each well was added 100 µl of the reaction mixture (2-3 µCi of [32P]NAD). Autoradiograms were developed after 3 d. Radioactivity in the appropriate band was counted by scintillation spectrometry. Membranes from 6- and 24-h-old rats were compared in each experiment and equal amounts of membrane protein were applied to the same slab gel.

**Other assays.** The production of cAMP by renal cells was determined as reported previously (22). Briefly, cAMP in perchloric acid extracts of the incubation reactions was diluted with 20-40 vol of sodium acetate buffer followed by acetylation and estimated with a commercial RIA kit (Incstar Corp., Stillwater, MN). Serum PTH level was determined with a PTH-MM RIA kit. Adenylate cyclase activity in renal cell membranes was measured as described (23). Protein was estimated by the Lowry method (24), with BSA as the protein standard. Serum Ca was determined by atomic absorption.

**Materials**

45Ca (50 mCi/ml) and [32P]NAD (28.6 Ci/mmol) were obtained from New England Nuclear (Boston, MA). bPTH (1-34), 6,800 U/mg, was from Peninsular Laboratories. Leupeptin was from Calbiochem-Behring Corp. (La Jolla, CA). PMSF, aprotinin, thymidine, and ATP were obtained from Sigma Chemical Co. (St. Louis, MO). GTP was from Pharmacia Fine Chemicals (Piscataway, NJ). NAD and DTT were from Boehringer-Mannheim Biochemicals (Indianapolis, IN). Cholera toxin and pertussis toxin were purchased from List Biological Laboratories (Campbell, CA).

**Results**

Effect of age of the rat on PTH-sensitive Na+-dependent Ca2+ efflux. Fig. 1 illustrates the effect of synthetic bPTH (1-34) on Na+-dependent 45Ca2+ efflux from renal cells isolated from 6-
and 24-mo-old rats. The basal (vehicle control) Na+-dependent \(^{45}\)Ca\(^{2+}\) efflux did not significantly differ in cells from the two age groups, being 10.1±1.2% and 9.1±1.8% in cells from 6- and 24-mo-old animals, respectively. When cells from adult (6 mo) rats were preincubated for 1.5 min with 10 U/ml (3.4 \(\times\) 10\(^{-7}\) M) PTH, efflux was increased to 16.0±1.2%, a 58% stimulation \((P < 0.02)\). In contrast, when cells from senescent (24 mo) rats were exposed to the hormone, stimulation of \(^{45}\)Ca\(^{2+}\) efflux was markedly decreased, only 19% higher than basal. With cells from 6-mo-old animals, \(^{45}\)Ca\(^{2+}\) efflux into a choline-containing medium, in the absence of Na\(^{+}\), was not altered by PTH, 3.1±1.3% and 2.8±1.0% in control and hormone treated cells, respectively. These values were not significantly different from those obtained with cells from 24 mo animals (data not reported). Thus, the present findings indicated that the response of the Na\(^{+}\)/Ca\(^{2+}\) exchange system to PTH in the senescent rat was blunted, confirming our earlier results (9).

Fig. 1 shows additionally that forskolin (10 \(\mu\)M) enhanced Na\(^{+}\)-dependent \(^{45}\)Ca\(^{2+}\) efflux. But, in contrast to the response of the exchange system to PTH, stimulation by forskolin did not change in the aged rat. In cells from 6-mo-old rats, Na\(^{+}\)-dependent \(^{45}\)Ca\(^{2+}\) efflux was increased 86% by forskolin, from 8.6±1.2% to 16.0±1.2% \((P < 0.02)\). In cells from 24 mo old rats the Na\(^{+}\)-dependent efflux was enhanced 91%, from 9.6±1.5% to 18.3±1.4% \((P < 0.02)\). Na\(^{+}\)-independent \(^{45}\)Ca\(^{2+}\) efflux was not affected by forskolin in cells from adult and senescent animals (data not shown).

**Effect of age of the rat on adenylate cyclase activity.** The loss in the responsiveness of the Na\(^{+}\)/Ca\(^{2+}\) exchange system to PTH with age was consistent with the finding that PTH-sensitive adenylate cyclase activity in membranes prepared from renal cells from senescent rats also declined. As shown in Table I, basal adenylate cyclase activity did not change significantly with age, being 67.3±5.2 pmol -15 min\(^{-1}\) mg\(^{-1}\) of protein and 60.0±10.7 pmol from 6- and 24-mo-old animals, respectively. In the presence of 10 U/ml of bPTH (1-34), cyclase activity increased 3.4-fold with preparations from adult animals, but only 2.0-fold with membranes from senescent rats. In the presence of a concentration of GTP (1 \(\mu\)M), which by itself had little effect on basal activity, PTH increased adenylate cyclase activity 6.8- and 3.36-fold in membranes from 6- and 24-mo-old animals, respectively. Comparable decreases with age in PTH-stimulated adenylate cyclase activity was found at all tested concentrations of PTH, ranging from 0.3 to 10 U/ml (data not shown). In addition, Table I shows that NaF-stimulated and GMP-PNP-stimulated adenylate cyclase activities were also decreased in membranes from aged rats. In contrast, forskolin-stimulated adenylate cyclase activity did not change significantly with age. At the concentration of forskolin (10 \(\mu\)M) used in these experiments, the diterpene most likely increased adenylate cyclase activity by direct interaction with the catalytic component of the cyclase complex (25). On the other hand, the actions of NaF and GMP-PNP would be mediated by G-proteins (25), and the action of PTH could involve both hormone receptor and G-proteins. Since the responses to PTH, NaF, and GMP-PNP declined in preparations from senescent animals, whereas the responses to forskolin did not change with age, the possible involvement of G-proteins in the age-associated desensitization to PTH appeared to be an attractive hypothesis.

**Responses of renal cells to cholera and pertussis toxins.** Because cholera toxin should catalyze the ADP-ribosylation of G\(_{s}\) resulting in increased adenylate cyclase activity, we examined how cells from the kidneys of 6- and 24-mo-old rats responded to the toxin. Fig. 2 shows the effects of different concentrations of cholera toxin on Na\(^{+}\)-dependent \(^{45}\)Ca\(^{2+}\) efflux. \(^{45}\)Ca\(^{2+}\) efflux was enhanced with renal cells from adult animals (Fig. 2 A). Compared to an efflux of 6.4±0.8% in control cells, 2, 5, 10, and 20 \(\mu\)g/ml of cholera toxin increased \(^{45}\)Ca\(^{2+}\) efflux to 9.1±1.4, 10.5±1.3, 10.6±0.9, and 10.1±0.8%, respectively, increases of ∼60% and comparable to that obtained with PTH (Fig. 1). With renal cells from senescent animals, the effect of cholera toxin on the Na\(^{+}\)/Ca\(^{2+}\) exchange system was markedly diminished (Fig. 2 B). No increase in \(^{45}\)Ca\(^{2+}\) efflux was found with 2 \(\mu\)g/ml of the toxin and concentrations of toxin ranging from 5 to 20 \(\mu\)g/ml resulted in stimulations of ∼25%, likewise comparable to that obtained with cells from aged animals incubated with PTH (Fig. 1). Consistent with these results were the findings that after the cells from 6 mo animals were preincubated with cholera toxin (10 \(\mu\)g/ml) the cAMP content of the cells plus medium (in the absence of a phosphodiesterase inhibitor) was increased 35%, from 3.6±0.7 pmol/mg protein in the control to 4.7±0.6 pmol/mg protein in

**Table I. Effect of PTH, Agonists, and Age on Adenylate Cyclase Activity in Renal Cell Membranes**

<table>
<thead>
<tr>
<th>Agonist</th>
<th>6 mo</th>
<th>24 mo</th>
</tr>
</thead>
<tbody>
<tr>
<td>Basal</td>
<td>1.00</td>
<td>1.00</td>
</tr>
<tr>
<td>PTH</td>
<td>3.40±0.15</td>
<td>2.00±0.21</td>
</tr>
<tr>
<td>GTP</td>
<td>1.33±0.15</td>
<td>1.54±0.20</td>
</tr>
<tr>
<td>PTH + GTP</td>
<td>6.80±0.82</td>
<td>3.36±0.41</td>
</tr>
<tr>
<td>GMP – PNP</td>
<td>17.9±2.2</td>
<td>11.4±1.9</td>
</tr>
<tr>
<td>NaF</td>
<td>22.0±1.7</td>
<td>13.1±0.3</td>
</tr>
<tr>
<td>Forskolin</td>
<td>13.2±1.5</td>
<td>9.9±1.3</td>
</tr>
</tbody>
</table>

Basal activities in the membranes from 6- and 24-mo-old rats were 67.3±5.2 and 60.0±10.7 pmol -15 min\(^{-1}\) mg\(^{-1}\) of protein, respectively. The values were given a relative activity of 1.00. The concentrations used were: PTH, 10 U/ml (3.4 \(\times\) 10\(^{-7}\) M); GTP, 1 \(\mu\)M; GMP – PNP, 10 \(\mu\)M; NaF, 7 mM; and forskolin, 10 \(\mu\)M.

![Figure 2. Effect of the concentration of cholera toxin (CT) on Na\(^{+}\)-dependent \(^{45}\)Ca\(^{2+}\) efflux.](image-url)
toxin-treated cells ($P < 0.01, n = 6$). The cAMP content did not significantly change when choler toxin was preincubated with cells from 24 mo rats.

It might be predicted that treatment of renal cells with pertussis toxin would also increase adenylate cyclase activity (26), resulting in a stimulation of Na$^+$/Ca$^{2+}$ exchanger. Fig. 3 compares the effect of pertussis toxin on cells from 6- and 24-mo-old animals. With cells from adult rats, pertussis toxin enhanced Na$^+$-dependent 45Ca$^{2+}$ efflux about 40%, from 6.7±0.6% to 9.3±0.7% ($P < 0.05$) (Fig. 3 A). With cells from senescent animals, 45Ca$^{2+}$ efflux was not significantly increased, 6.1±1.0% and 6.7±1.2%, with control and pertussis toxin-treated cells, respectively (Fig. 3 B). Preincubation of pertussis toxin ($1 \mu$g/ml) with cells from adult animals increased the cAMP content (cells plus medium) by 28%, from 3.2±0.6 in the vehicle control to 4.1±0.6 pmol/mg protein in toxin-treated cells ($P < 0.01, n = 6$). When cells from aged rats were used, the cAMP content was not altered. Fig. 3 also shows that treatment of cells with saturating concentrations of both choler and pertussis toxins did not enhance Na$^+$-dependent 45Ca$^{2+}$ efflux more than that found with choler toxin alone. Moreover, the loss in response with age was still evident in the presence of both toxins.

**ADP-ribosylation of G-proteins.** Membranes prepared from renal cortical cells isolated from 6- and 24-mo-old rats were incubated with [α-32P]NAD and either choler or pertussis toxin to identify the $\alpha$ subunits of G$\alpha$ and G$\beta$, respectively. Fig. 4 shows autoradiograms of the [32P]ADP-ribosylated proteins. With choler toxin, two bands of ~ 52 and 45 kD were found in membranes from adult animals corresponding to the previously described (17) two forms of G$\gamma$. With pertussis toxin, a band of ~ 41 kD was seen, corresponding to the $\alpha$ subunit of G$\alpha$. With a mixture of two toxins, the three bands were clearly visible. None of the bands were seen when toxin was absent from the labeling medium. Fig. 4 also demonstrates that the intensities of the bands, representing the $\alpha$ subunits of both G$\alpha$ and G$\beta$, were markedly decreased in membranes from aged rats.

The age-associated decreases in label were quantitated by cutting out the appropriate regions of the slab gels and counting for radioactivity. As shown in Fig. 5 A, the 52- and 45-kD $\alpha$ subunits of G$\alpha$ in membranes from senescent animals had only 50±4 and 56±4%, respectively, the radioactivities found in membranes from adult animals. Radioactivity in the 41-kD region, representing the $\alpha$ subunit of G$\alpha$, was decreased 24±2% in membranes from aged rats. Similar age-associated decreases in label were evident when the ADP-ribosylating medium contained both choler and pertussis toxins (Fig. 5 B). In membranes from 24-mo-old rats, the 52-, 45-, and 41-kD regions contained respectively, 50±7, 54±6, and 69±3% of the radioactivities measured in the corresponding regions of gels to which membranes from 6-mo-old rats were applied.

We tested the possibility that the greater ADP-ribosylation of G-proteins in membranes from 6-mo-old animals relative to membranes from 24-mo-old animals was due to the presence of a hypothetical activating factor in the membranes from the adult rat or the presence of a hypothetical inhibitory factor in the membranes from aged animals. Fig. 6 shows the results of experiments in which identical amounts of membrane protein from 6- and 24-mo-old animals were applied to gels and compared with the same amount of protein consisting of an equal mixture of membranes from 6- and 24-mo-old rats. Autoradiograms of the 52- and 45-kD proteins ADP-ribosylated by choler toxin and the 41-kD protein ADP-ribosylated by pertussis toxin in the mixture of membranes from 6- and 24-mo rats were less intense than corresponding bands from 6-mo animals and more intense than corresponding bands from 24-mo animals (Fig. 6, top). Quantitation of the radioactivity (Fig. 6, bottom) revealed that for the 52-kD region, the relative

![Figure 3](image-url)  
**Figure 3.** Effect of choler (CT) and pertussis (PT) toxins on Na$^+$-dependent 45Ca$^{2+}$ efflux. In A, cells from 6 mo rats were used; in B, cells from 24 mo animals were used. The concentrations of choler toxin and pertussis toxin were 10 and 1 µg/ml, respectively. Other details of the experiment are described in the text and in Figs. 1 and 2. Each datum represents the mean±SE of 6-10 experiments, each triplicated.

![Figure 4](image-url)  
**Figure 4.** Autoradiograms of the ADP-ribosylated proteins formed after incubations of renal cell membranes from 6 mo (6M) and 24 mo (24M) rats with choler toxin (CT), pertussis toxin (PT), the combination of the two toxins, and in the absence of toxins. Description of the methods is given in the text. The same quantity of membrane protein was added to each lane. In different experiments the amount of protein ranged from 200 to 300 µg. The figure illustrates a typical gel pattern. Identical results were found with at least seven other membrane preparations from each age group.

![Figure 5](image-url)  
**Figure 5.** Quantitation of the age-associated decreases in ADP-ribosylated G$\alpha$ (52 and 45 kD), catalyzed by choler toxin (CT), and G$\beta$ (41 kD), catalyzed by pertussis toxin (PT). A, shows the effects of the toxins acting separately, whereas B illustrates the effects of choler toxin and pertussis toxin in combination. Equal aliquots of the membrane suspensions from 6 and 24 mo rats were applied to the same gel. Each datum represents the mean±SE of seven gels, each with different membrane preparations. The amounts of label found associated with the proteins derived from 6 mo rats are given a relative value of 100%.

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To test this possibility, the membranes were dispersed with 0.1% Lubrol PX for 1 h at room temperature and then incubated with [α-32P]NAD and pertussis toxin. Typical autoradiograms are shown in Fig. 7. Detergent dispersed membranes from 6-mo animals were more intensely labeled than were control membranes, perhaps suggesting the greater accessibility of ADP-ribosylation sites. However, Lubrol PX dispersed membranes from 24-mo rats still showed the marked decrease in label in the α band of G, relative to the band in the membranes from young animals. Thus, hindered accessibility of the G, protein to pertussis toxin and NAD could not account for the decreased ADP-ribosylation in membranes from senescent rats. To be noted in Fig. 7, was the doublet band at 40–41 kD seen in membranes from 24-mo animals. This doublet was found in many, but not all, autoradiograms of pertussis toxin catalyzed ADP-ribosylation of membranes.

Effect of parathyroidectomy (PTX) on the responses of the renal cell to PTH. The senescent rat presents with elevated levels of iPTH (10–13). In the rats used in this study, the serum iPTH concentrations in 6- and 24-mo-old animals were 100±4 and 153±19 pmol/liter, respectively (P < 0.01). Serum Ca concentrations did not differ with age, being 2.25±0.06 and 2.24±0.04 mM for 6 and 24 mo rats. Because of the higher levels of iPTH associated with the aged rat, we tested the hypothesis that the increased serum iPTH contributed to the desensitization to the hormone in the kidney. Therefore, 6- and 24-mo rats were PTX or subjected to sham operations and the responses of the renal cells examined 48–72 h after surgery. In the 6-mo rat, iPTH concentration fell after PTX from 100±4 to 76±2 pmol/liter (P < 0.005). In the 24-mo animal, iPTH concentration decreased from 153±19 to 89±7 pmol/liter (P < 0.01). The difference in the concentrations of iPTH in 6- and 24-mo animals after PTX was not statistically significant. Serum Ca concentrations was lowered similarly in both age groups, from 2.25±0.06 to 1.61±0.02 mM (P < 0.001) in the adult and from 2.24±0.04 to 1.56±0.03 mM (P < 0.001) in the senescent animal.

Fig. 8 illustrates the effects of PTX and the sham operation on renal cell Na+/Ca2+ exchange in 6- and 24-mo-old animals. With cells from sham-operated animals, Na+-dependent Ca2+ efflux in control cells were essentially the same for both ages, 10.1±1.1 and 10.3±1.1% for 6- and 24-mo rats, respectively. In PTH-treated cells from 6- and 24-mo animals, 45Ca2+ efflux was 15.9±1.0 and 12.5±1.0%, representing increases of 57 and 21% relative to the control. Thus, the age-related desensitization to PTH in this series of sham-operated animals was...
identical to that found in the cohort of normal animals reported above (Fig. 1). Na⁺-dependent ⁴⁵Ca²⁺ efflux from cells from PTX 6 mo animals was decreased 21% from the value found with cells from sham-operated rats, 10.1±1.1 to 7.9±0.6% (P < 0.05), a finding in agreement with that reported in our earlier study with very young (2 mo) rats (9). When the cells from PTX 6 mo animals were incubated in vitro with 3.4±10⁻⁷ M PTH, Na⁺-dependent ⁴⁵Ca²⁺ efflux was increased to 15.0±1.1%. With cells from aged animals, PTX did not alter the basal level of Na⁺-dependent ⁴⁵Ca²⁺ efflux. In vitro incubation of PTH with cells from the PTX 24 mo rats resulted in a 62% increase in the Na⁺-dependent ⁴⁵Ca²⁺ efflux, reaching a level of efflux, 16.4±1.3%, comparable to the efflux found in cells from 6-mo-old animals. This result demonstrated that PTX of 24 mo rats completely reversed the decrease in PTH-dependent Na⁺/Ca²⁺ exchange seen in the senescent animal. Fig. 8 shows additionally that PTX of 24 mo rats did not change the forskolin-dependent stimulation of Na⁺-dependent ⁴⁵Ca²⁺ efflux.

The blunting of PTH-dependent Na⁺/Ca²⁺ exchange in the aged rat and the negation of this decrease in the PTX senescent animal was in accord with results obtained in experiments in which production of PTH-dependent cAMP was measured. In these experiments, conducted in parallel to the transport assays, cells from 6 and 24 mo rats, sham-operated or PTX, were incubated for 1.5 min with 3.4×10⁻⁷ M PTH or vehicle control (in the absence of a phosphodiesterase inhibitor). As shown in Fig. 9, with cells from 6 mo sham-operated animals the cAMP found in the cells and incubation medium increased by 30% after incubation with hormone, from 9.97±0.75 to 12.8±1.24 pmol/mg protein (P < 0.01). With cells from 24 mo sham-operated animals the cAMP found was increased only 12% by PTH, from 13.0±0.94 to 14.8±1.86 pmol/mg protein, a difference that was not statistically significant. For reasons that remain unclear, it was noted that the control level of cAMP in cells from the senescent animal was higher than the control level in cells from the adult rat. With cells from 6 mo PTX animals, cAMP in the control decreased relative to the sham-operated (P < 0.01). Incubation of cells from 6 mo PTX rats with PTH resulted in a 51% increase in cAMP formed, reaching the same level as found in hormone-treated cells of sham-operated 6 mo animals. In contrast to the relative nonresponsiveness of 24 mo sham-operated animals to PTH, after the rats were PTX, cells from the aged rats were fully responsive to exogenous PTH; the cAMP found increased 39%, from 13.27±0.86 to 18.40±2.36 pmol/mg protein (P < 0.005). The response of the cells to forskolin was not significantly influenced by age nor by PTX (Fig. 9).

Measurements of adenylate cyclase activities in renal membranes provided additional evidence that the desensitization to PTH in senescent animals was reversed by PTX. Table II shows that the decreases in PTH-and PTH + GTP-stimulated adenylate cyclase found in membranes from sham-operated 24-mo-old rats relative to 6-mo-old rats were contradicted by PTX of the senescent animals. For example, the relative activities in membranes from sham-operated 6- and 24-mo-old rats incubated with PTH + GMP were 3.86±0.36 and 2.10±0.26 (P < 0.005), but after PTX, although the relative activity in membranes from 6-mo-old rats did not change, being 3.66±0.18, the relative activity in membranes from

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**Table II. Effect of PTX on Adenylate Cyclase Activity in Renal Cell Membranes**

| Agonist       | 6 mo | 24 mo | | PTH | 1.00 | 1.00 | | GTP | 1.64±0.21 | 1.54±0.10 | NS | | PTH + GTP | 3.86±0.36 | 2.10±0.26 | P < 0.005 | | GMP - PNP | 13.1±1.2 | 8.91±0.41 | P < 0.005 | | NaF | 20.4±1.2 | 14.0±0.9 | P < 0.005 | | Basal | 1.00 | 1.00 | | PTH | 2.79±0.23 | 1.33±0.17 | P < 0.005 | | GTP | 1.64±0.21 | 1.54±0.10 | NS | | PTH + GTP | 3.86±0.36 | 2.10±0.26 | P < 0.005 | | GMP - PNP | 13.1±1.2 | 8.91±0.41 | P < 0.005 | | NaF | 20.4±1.2 | 14.0±0.9 | P < 0.005 | | Basal | 1.00 | 1.00 | | PTH | 2.56±0.21 | 1.92±0.21 | NS | | GTP | 1.46±0.16 | 1.73±0.14 | NS | | PTH + GTP | 3.66±0.18 | 3.55±0.30 | NS | | GMP - PNP | 12.6±1.42 | 13.9±1.10 | NS | | NaF | 21.4±2.37 | 17.1±0.88 | NS |

**Basal activities in the membranes from sham-operated 6 and 24 mo animals were 67.3±5.2 and 60.0±10.7 pmol·15 min⁻¹·mg⁻¹ of protein, respectively. In the membranes from PTX 6 and 24 mo rats the basal activities were 69.5±8.4 and 57.2±7.5 pmol·15 min⁻¹·mg⁻¹ of protein. The values were given a relative activity of 1.00. The concentrations of agonists are as reported in Table I.**
24-mo rats increased to $3.55 \pm 0.30$, a value not different from that of the younger rat. Of additional importance, Table II shows that the decreases in NaF- and GMP-PNP-stimulated adenylate cyclase activities observed in 24 mo sham-operated rats were also negated when the animals were PTX.

The involvement of G-proteins in the reversal by PTX of the age-related desensitization to PTH was also suggested from experiments examining ADP-ribosylations of Gs- and Gi- subunits (Fig. 10). Lanes 3 and 4, to which were applied equal aliquots of membrane protein from 6- and 24-mo rats, show the decreased label in cholera toxin-catalyzed ADP-ribosylation of the 52 and 45 kD subunits of Gs in the sham-operated aged animal. Lanes 1 and 2 show that, when equal aliquots of membrane protein from PTX animals were applied to the gel, the differences in label were no longer readily evident (Fig. 10, top). Counting the excised regions of the slab gels revealed that for the 52 kD band, radioactivity was reduced by $\sim 50\%$ in the membranes from sham-operated rats (Fig. 10, bottom). After PTX, ADP-ribosylation was increased 71% in the membranes from 24 mo rats, although full recovery was not attained in the 48–72 h period after surgery. PTX did not affect ADP-ribosylation of the 52 kD protein derived from 6-mo animals. Similar responses were found for the 45 kD subunit of Gi-α. The label in 45 kD decreased by $\sim 50\%$ in the sham-operated 24 mo rat, and after PTX there was partial recovery. Gi-α also responded to PTX of the senescent animal. Autoradiograms of pertussis toxin-treated membranes show the decrease in label at 41 kD in membranes from 24 mo sham-operated rats relative to 6 mo sham animals. This difference was largely negated when the animals were PTX (Fig. 10, top). Measurements of the radioactivity indicated that, with sham-operated animals, counts in the 41-kD region were decreased by $\sim 30\%$ in membranes from senescent animals relative to those in adult animals. After PTX, the counts in the 41-kD region in membranes from 24 mo rats significantly increased and closely approached (not significantly different) the radioactivity found in membranes for PTX 6 mo rats (Fig. 10, bottom). Thus, for Gi-α, PTX essentially completely blunted the age-related deficit in ADP-ribosylation.

**Discussion**

The present study showed that responses of renal cells to PTH, i.e., increased Na$^+$/Ca$^{2+}$ exchange, cAMP production and adenylate cyclase activity, were blunted in the senescent rat. Marcus and Gonzales (27) and Armbrrecht et al. (28) found an age-related decline in PTH-dependent adenylate cyclase in renal cortical slices, but our results differed from theirs in that we found decrements from the mature adult to the aged rat, whereas they reported changes during development, from the immature 2–3 mo animal to the 12–13 mo adult. Moreover, we reported earlier that PTH-stimulated Na$^+$/Ca$^{2+}$ exchange in cells from maturing rats (2–12 mo of age) did not change (9). In addition, the present study demonstrated that NaF- and GMP-PNP-stimulated adenylate cyclase activities in renal membranes from 24 mo rats were decreased. Further, cholera toxin- and pertussis toxin-stimulated Na$^+${-}dependent 45 Ca$^{2+}$ efflux and cAMP formation were also blunted in cells from senescent animals. Thus, in the aged rat, the finding of a broad pattern of refractoriness, in which responses to PTH and nonhormonal effectors were impaired, would suggest desensitization of the heterologous type (29). The desensitization with age to other hormone-receptor systems, i.e., β-adrenergic agonists and vasopressin, could not be tested because the adenylate cyclase activity of the isolated renal cortical cells responded negligibly, if at all, to these hormones (Liang, C. T., H. Hanai, L. Cheng, and B. Sacktor, unpublished observations.).

PTH-mediated refractoriness of the cAMP system was reported in a variety of experimental models, including prolonged (8–20 h) infusion of massive quantities of exogenous PTH (30–32), feeding animals a low Ca or vitamin D-deficient diet (15, 33, 34), and pre-treatment of cultured chick renal and bone cells with the hormone (16, 35). The general conclusion from these studies was that elevating circulating levels of PTH or increasing the concentration of the hormone in the medium down-regulated PTH-sensitive adenylate cyclase. In the aging rat model, serum levels of iPTH were increased (this study and 10–13). In the human, many studies indicated that serum levels of iPTH increased with age (36, 37). Moreover, it was recently demonstrated that the increased iPTH was biologically active and was not caused by retention of nonbiologically active early fragments by the aging kidney (38, 39). Thus, the bulk of evidence would support the proposal that the desensitization to PTH in the aging rat, as reported in the present study, represented an adaptive response to relatively prolonged stimulation by the hormone.

The attenuation of PTH-stimulated cAMP production in cultured chick bone cells after exposure of the cells to the hormone (35) and in renal membranes after infusion of parathyroid gland extract into dogs (31) was shown to be associated with loss of PTH receptors. Our preliminary studies with aging rats also indicated a decrease in maximum number of PTH agonist binding sites without change in binding affinity (40). Although in the senescent rat desensitization to PTH might be attributed, in part, to downregulation of PTH receptors, the present investigation clearly demonstrated that target cell resistance to PTH involved components of the adenylate cyclase complex distal to the receptor. Indeed, we showed that adenylate cyclase activity stimulated by NaF and GMP-PNP, agonists interacting with G-proteins and by-passing the receptor, was blunted in membranes from cells isolated from 24 mo rats.
Moreover, the actions of cholera toxin and pertussis toxin in increasing Na⁺-dependent ⁴⁵Ca²⁺ efflux and in generating cAMP was also attenuated in cells from senescent animals. On the other hand, the actions of forskolin on these cellular responses did not decrease in cells from aged animals, suggesting that the catalytic component of the adenylate cyclase complex was probably not altered by age. Further, ADP-ribosylation of G₁-α and G₂-α by the toxins showed decreased label in the G-proteins from old animals. Thus, these results provided new evidence showing that decrements in G-protein activity was concomitant with the age-associated desensitization of renal cells to PTH. Alterations in the function of G-proteins were hypothesized in the heterologous desensitization to prostaglandin E₁ (41, 42), chorionic gonadotropin (43), and glucagon (44) in various tissues. Modulation of the amounts, proportions, and/or properties of the G-proteins was also suggested to explain the changes in the catecholamine-stimulated adenylate cyclase system during the differentiation of preadipocytes into adipocytes (45).

It should be emphasized that this would not preclude the loss of PTH receptors as part of the mechanism of PTH-desensitization in aged rats. Indeed, our own experiments showing a decrement in PTH-binding sites in cells from 24 mo animals (40), would indicate age-dependent adaptations in both the PTH receptor and the G-proteins. Moreover, the present results would not rule out the possibility that the level or activity of cAMP-dependent protein kinase might also be altered as a function of age. In our study, only a maximal concentration of forskolin (10 µM) was tested. Limiting concentrations of forskolin, resulting in less activation of cAMP-dependent protein kinase, might have revealed decrements with age in processes distal to the generation of cAMP, in addition to sites proximal to the synthesis of cyclic nucleotide.

The finding of decreased G₂-α protein in cells from 24-mo-old rats, as detected by ADP-ribosylation, was consistent with the blunting of the stimulation of adenylate cyclase by PTH, NaF, and GMP-PNP in the aged animal. Similar decrements of ∼50% were found for both the 52- and 45-kD forms of G₂-α. The two forms of G₂-α were reported to arise from distinct species of mRNA (46–48). In turn, these long and short forms of G₂-α mRNA were products of alternative splicing of the G₂-α gene (46, 47). Whether the changes in normal functional G₂-α proteins in senescence reflected the steady-state levels of the mRNAs, the stability of the mRNAs, their translation, and/or the transcription of the G₂-α gene awaits further investigation. It is of interest that target organ resistance to PTH is characteristic of the genetic disorder, pseudohypparathyroidism type Ia (49). Moreover, the genetic lesion for the blunting of the response to PTH, and other hormones (50), was recently shown to affect the maintenance of mRNA levels for the multiple forms of the G₂-α subunit (51). Other possible alternative explanations for the age-associated decreases in ADP-ribosylation of G₂-α and G₁-α might include decrements in a protein cofactor required for ADP-ribosylation of Gₙ-α by cholera toxin (52–55), and alterations in the β-γ subunit that modulates ADP-ribosylation of G₂-α by pertussis toxin (56). Future studies are necessary to test these hypotheses.

A major finding reported in the present study was that the age-associated blunting of the responses of renal cells to PTH were completely or mostly reversed by surgical removal of the parathyroid gland from the senescent rat. This was evident from the observations that the decreased Na⁺/Ca²⁺ exchange activity (Fig. 8), cAMP formation (Fig. 9), and membranal adenylate cyclase activity (Table II) in cells from 24-mo-old rats could be restored to the levels found in 6-mo-old rats by PTX of the aged animals. Moreover, the decreased label in cholera toxin-catalyzed ADP-ribosylated G₂-α and pertussis toxin-catalyzed ADP-ribosylated G₁-α found in cells from 24-mo-old rats was also largely negated by the surgery. Since the aged rat had elevated concentrations of serum iPTH and this prolonged hormonal stimulation during aging likely led to adaptive responses resulting in desensitization, it might be reasonable to propose that removal of the stimulus, by ablation of the gland, would restore sensitivity. The increased ADP-ribosylation of G₁-α and G₂-α after PTX indicated that G-proteins were involved in this reversal. Our preliminary observations, reported elsewhere (40), revealed an increase in PTH receptor binding sites in cells from aged rats subjected to PTX. Thus, after PTX, alterations in both G-proteins and PTH receptors appeared to contribute to recovery of sensitivity.

The mechanisms by which the serum concentration of iPTH was increased in the aged rat are not clear. Secondary hyperparathyroidism has been a universal finding in patients and experimental animals with chronic renal insufficiency (57). The aged rats used in the present study did exhibit various degrees of chronic renal failure and reduced glomerular filtration rates (13). Thus, the reduced functional renal mass in the aged rat could contribute, in part, to the elevated serum hormone concentration. Indeed, it was hypothesized that the etiology of senile osteoporosis was secondary hyperparathyroidism due to renal failure (58). However, recent studies in women correlating serum levels of biologically active PTH and urinary cAMP/glomerular filtration rate indicated that decreases in renal function were not the major factor accounting for the rise in serum iPTH with age (38, 59). In addition, the senescent rat was found to be hypophosphatemic (13), whereas typically the retention of phosphorous would be a significant contributory factor in the development of secondary hyperparathyroidism in renal insufficiency (57). Moreover, steady-state concentrations of serum total calcium (13) and ionized calcium (Takamoto, S., L. Cheng, C. T. Liang, H. Hanai, and B. Sacktor, unpublished observations) were not measurably decreased in the 24-mo rat. An alternative explanation for the increase in PTH with age might stem from findings that altered vitamin D metabolism could modulate iPTH levels. It was reported that parathyroid cells exposed to 1,25-dihydroxycholecalciferol had a significantly decreased rate of PTH secretion due to declines in the steady state level of prepro-PTH mRNA and the rate of PTH gene transcription (60–62). Decreased suppression would be consistent with previous findings of a lower concentration of the vitamin D metabolite in aged rats (63) and a decreased renal 1-α-hydroxylase activity in mitochondria from the 24 mo animal (64). Another possible explanation for the hyperparathyroidemia in the senescent rat could be an age-associated alteration in the set-point for Ca²⁺-regulated PTH release. Indeed, a recent study provided suggestive evidence that the decrease in iPTH secretion in response to an elevation in Ca²⁺ in glands from old rats was smaller than that observed in glands from young animals (65). Whether these or other mechanisms are responsible for the increase in iPTH in the aged rat will require further experimentation.
less, the present results suggest that the age-associated blunting in the responses of renal cells to PTH was due, at least in part, to an alteration in G-protein function and that this deficit could be reversed by removal of the parathyroid gland.

References


