Regulation by Vascular Endothelial Growth Factor of Human Colon Cancer Tumorigenesis in a Mouse Model of Experimental Liver Metastasis

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Abstract

To investigate the relationship between angiogenesis and hepatic tumorigenesis, we examined the expression of vascular endothelial growth factor (VEGF) in 8 human colon carcinoma cell lines and in 30 human colorectal cancer liver metastases. Abundant message for VEGF was found in all tumors, localized to the malignant cells within each neoplasm. Two receptors for VEGF, KDR and flt1, were also demonstrated in most of the tumors examined. KDR and flt1 mRNA were limited to tumor endothelial cells and were more strongly expressed in the hepatic metastases than in the sinusoidal endothelium of the surrounding liver parenchyma. VEGF monoclonal antibody administration in tumor-bearing athymic mice led to a dose- and time-dependent inhibition of growth of subcutaneous xenografts and to a marked reduction in the number and size of experimental liver metastases. In hepatic metastases of VEGF antibody–treated mice, neither blood vessels nor expression of the mouse KDR homologue flk-1 could be demonstrated. These data indicate that VEGF is a commonly expressed angiogenic factor in human colorectal cancer metastases, that VEGF receptors are up-regulated as a concomitant of hepatic tumorigenesis, and that modulation of VEGF gene expression or activity may represent a potentially effective antineoplastic therapy in colorectal cancer. (J. Clin. Invest. 1995, 95:1789–1797.) Key words: KDR • Flt1 • Flk-1 • angiogenesis • hepatic

Introduction

Cancer metastasis is thought to be an inefficient process, requiring a complex set of interactions between tumor cells and the host leading to development of a grossly demonstrable secondary. A commonly described model of metastasis holds that once neoplastic cells leave a primary tumor and reach the circulation, a series of hurdles must be overcome to establish a metastatic deposit. These hurdles include evasion of host immune surveillance, arrest within a distant capillary bed, adherence to endothelial cells of the target organ, invasion across the endothelial basement membrane, proliferation of both neoplastic and stromal cells at the secondary site, and neovascularization (1). This metastatic cascade model provides a framework for the study of the regulation of metastasis and may provide insights into novel therapeutic strategies. While considerable experimental evidence lends support to the postulated roles of adhesion molecules, proteolytic enzymes, and both autocrine and paracrine growth factors in the process of metastasis (2), the contribution of angiogenesis to secondary tumor formation has principally been inferred from numerous investigations of models of subcutaneous tumor growth (3). The ability of a primary tumor to induce angiogenesis appears to reflect a balance between positive and negative regulatory factors (4) and is felt to represent a fundamental element in the control of tumor growth beyond 2–3 mm in greatest dimension. The majority of attention has been directed toward the identification of various peptide growth factors, elaborated by certain tumor cells, which exhibit direct angiogenic activity, as defined by their ability to stimulate proliferation and motility of endothelial cells in culture and to induce new blood vessel formation in rabbit cornea or chick chorioallantoic membrane assays (4). Recently, considerable interest has developed in the possible participation of the endothelial mitogen vascular endothelial growth factor (VEGF) in malignant tumor growth.

VEGF is a homodimeric glycoprotein consisting of four isoforms (containing either 121, 165, 189, or 206 amino acid residues in the mature monomer), which are generated by alternative splicing of mRNA derived from a single gene (5, 6). While all forms of VEGF possess a signal sequence, only the smaller two species are secreted (5). In contrast, the larger forms are associated with heparin-bound proteoglycans in the extracellular matrix (7). VEGF is mitogenic for a variety of large and small vessel endothelial cells, induces the production of tissue factor, collagenase, plasminogen activators, and their inhibitors, and stimulates hexose transport in these cells as well (for review see reference 6). VEGF is also known as vascular permeability factor by virtue of its permeability enhancing effects (8). VEGF gene expression has been demonstrated in several human cancer lines in vitro (9) and in surgically resected tumors of the human gastrointestinal tract (10), ovary (11), brain (12), and kidney (13). Recently, elevated serum levels of VEGF have been reported in patients with lung and gynecologic cancers (14). Scatchard analysis of binding kinetics of 125I-VEGF to several types of bovine and human endothelial cells has indicated two classes of high affinity binding sites (15), and two receptor tyrosine kinases have recently been identified for which VEGF acts as a high affinity ligand: the fms-like tyrosine

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1. Abbreviations used in this paper: bFGF, basic fibroblast growth factor; GAPDH, glyceraldehyde phosphate dehydrogenase; HGF, hepatocyte growth factor; VEGF, vascular endothelial growth factor.
kinase flt1 (16) and KDR (17). The importance of VEGF and its receptors in glioblastoma growth has recently been demonstrated in vivo. Kim et al. (18) reported that administration of neutralizing monoclonal antibody directed against human VEGF inhibited growth of subcutaneous human xenografts in the nude mouse, and Millauer (19) demonstrated growth suppression of the C6 rat glioblastoma in the nude mouse after local administration of retrovirus expressing a dominant negative mutant of flk-1, the murine homologue of KDR. In this investigation, we have examined the possible role of VEGF and its receptors in the growth of colorectal cancer metastases in the liver. While prominent tumor vascularity represents an important histologic hallmark of glioblastoma (12), colorectal cancers generally are poorly vascularized and are not characterized by prominent perivascular edema. Nevertheless, VEGF mRNA was found to be ubiquitously expressed in human liver metastases from primary colon or rectal cancers as assessed by either Northern analysis or in situ hybridization. Both flt1 and KDR mRNA could be demonstrated in hepatic metastases but not in the surrounding normal hepatic parenchyma. We also provide evidence, using neutralizing VEGF monoclonal antibodies, that VEGF serves a major function in hepatic tumorigenesis in an athymic mouse model of experimental liver metastasis.

Methods

Materials

*Guadinium isothiocyanate* was purchased from Gibco BRL (Gaithersburg, MD). Radiolabeled nucleotides were obtained from Amersham Corporation (Arlington Heights, IL). Cell culture reagents were obtained from the Cell Culture Faculty, University of California Medical Center (San Francisco, CA). Recombinant human VEGF165 (rhVEGF) was purified from conditioned media of transfected Chinese hamster ovary cells as previously described (20, 21). Monoclonal antibody 4.6.1 (22) used to neutralize VEGF bioactivity in vivo as described below is specific for human VEGF.

Human tissues

Specimens of liver metastases from colorectal cancers were taken from biopsied or resected tumors after submission of the tissue to the Department of Pathology in patients with metastatic disease confined to the liver undergoing either hepatic resection or placement of an implantable infusion pump for hepatic intraarterial chemotherapy. The presence of cancer was confirmed by routine histological examination. Normal liver was obtained from those patients who underwent liver resection for colorectal cancer metastases and was taken from a portion of the specimens well away from all surgical margins. Aliquots of tissue were either frozen immediately in liquid nitrogen or prepared for in situ hybridization by fixation in 4% paraformaldehyde at 4°C for 4 h, followed by immersion in 15% sucrose/PBS at 4°C for 2 h, and then embedded in optimal cutting temperature compound. All specimens were stored at −70°C.

In situ hybridization for VEGF, flt1, flk-1, and KDR

Antisense and sense riboprobes for VEGF were obtained by subcloning a fragment corresponding to the residues 924–1920 of the human cDNA (5) into a pRKS vector in both orientations with respect to the SP6 promoter. The linearized riboprobes were labeled with 125 μCi [35S]UTP (>2000 Ci/mmol; DuPont-New England Nuclear, Boston, MA) in an in vitro transcription reaction.

For the VEGF receptors KDR, flt1 and flk-1, PCR was used to derive a template for subsequent in vitro transcription as previously described (23). For KDR, PCR primers were designed to generate a fragment that spanned the transmembrane region, corresponding to nucleotides 2098–2408 of the cDNA sequence. For flt, primers for PCR were designed to include the transmembrane domain, generating a fragment corresponding to nucleotides 2088–2475 of the full length cDNA clone. Sequences for T3 and T7 bacteriophage promoter were included in the original PCR primer sequence for both templates. Each template was then used to generate 32P-labeled antisense and sense RNA probes by in vitro transcription. For hybridization, 5-mm sections were prepared and treated as previously described (18).

Cell lines and culture

The human colorectal cancer lines LS174T, HCT 15, SW 620, COLO 201, COLO 205, and COLO 320 (obtained from Dr. Young Kim, UCSF) were grown and maintained in DMEM supplemented with 10% fetal bovine serum, penicillin (100 U/ml) and streptomycin (100 μg/ml) (complete DMEM), in a 5% CO2 environment unless otherwise indicated. LS LI6 is a derivative of LS 174T selected for its high liver metastasizing ability during cecal growth (24), and HM7 is a variant of LS 174T selected in vitro for high mucin production which also has a high liver-colonizing capacity after splenic portal injection in athymic mice (25). To determine the effect of rhVEGF on proliferation of colon carcinoma lines in vitro, 2000 cells/well were cultured overnight in flat-bottom 96-well microtiter plates at 37°C in complete DMEM. The medium was aspirated and fresh serum-free medium containing 0–100 ng/ml rhVEGF or 10 μg/ml of mAb 4.6.1 was added to 5 replicate wells. Cells were cultured for 72 h, and cell number was estimated using the MTT assay (26). For determination of VEGF secretion, the cell lines COLO 205, HCT 15, and LS LI6 were grown to confluence in 6-well tissue culture plates in complete DMEM. The cultures were washed with HBSS and replaced with 2.0 ml of fresh serum-free medium. Cells were maintained at 37°C for 48 h, conditioned media were collected, cells were removed by centrifugation at 10,000 rpm for 10 min, and supernatants were stored at −70°C. VEGF immunoactivity was assayed in duplicate cultures by ELISA as previously described (21).

Cell migration assay

The effect of anti-VEGF on migration of colon carcinoma lines was demonstrated by using the microcarrier bead assay (27). Briefly, a suspension of LS LI6 cells was seeded into a 100-mm culture dish at 105 cells/ml in 20 ml of complete DMEM and 5 mg/ml dextran matrix beads (Cytox2; Pharmacia LKB Biotechnology, Piscataway, NJ). Bead cultures were incubated for 3 d, allowing cells to attach to beads and undergo 1–2 doublings. Attached cells were counted by removing a 1-ml aliquot from the bead culture, washed with Ca2+/Mg2+-free phosphate-buffered saline, trypsinized (0.05% trypsin/0.02% EDTA in Ca2+/ Mg2+-free HBSS) to detach cells, and counted with hemacytometer. The bead suspension was adjusted to 2 × 105 cells/ml in serum-free DMEM, and 0.5 ml was seeded into 2-cm2 wells of 24-well plates. To each of six wells, 50 μg/ml rhVEGF or epidermal growth factor (Sigma Chemical Co., St. Louis, MO), and 10 μg/ml anti-VEGF mAb 4.6.1 or control mAb was added in a volume of 25 ml in various combinations as shown in Table I. Plates were incubated for 48 h, after which the wells were rinsed three times with PBS to remove beads, and the attached cells were stained with 1.0% crystal violet in deionized water. The cells were counted by optical microscopy using a Zeiss I.D 02 microscope and ×10 objective. Data were expressed as cells per 10 fields.

RNA isolation and Northern analysis

All colon carcinoma lines were grown to confluence in complete DMEM in 2-cm tissue culture plates, and total cellular RNA was extracted using RNAzol B (Tel-Test, Inc.; Friendswood, TX). Total RNA from human tissues was prepared using the guainidium isothiocyanate/cesium chloride gradient method (28). RNA samples were resolved by electrophoresis through 1% agarose gels containing 2.2 M formaldehyde in Pipes buffer, transferred to nylon membranes (Amersham Corp.), and cross-linked to the membranes by ultraviolet irradiation. Blots were hybridized to the full length fragment of human VEGF165 cDNA for 1 h at 68°C in QuikHyb (Stratagene, La Jolla, CA). The cDNA probes were labeled with [α-32P]dCTP to a specific activity of 1–2 × 106 cpm/μg DNA using

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Table I. Effect of VEGF on Migration of the Human Colon Carcinoma LSLIM6 In Vitro*

<table>
<thead>
<tr>
<th>Condition</th>
<th>Concentration</th>
<th>Cell migration1</th>
</tr>
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<tr>
<td>Control</td>
<td>—</td>
<td>186±11</td>
</tr>
<tr>
<td>rhVEGF&lt;sub&gt;40&lt;/sub&gt;</td>
<td>50 ng/ml</td>
<td>255±31</td>
</tr>
<tr>
<td>VEGF mAb</td>
<td>10 μg/ml</td>
<td>166±19</td>
</tr>
<tr>
<td>Control mAb</td>
<td>10 μg/ml</td>
<td>203±20</td>
</tr>
<tr>
<td>EGF</td>
<td>50 ng/ml</td>
<td>932±84&lt;sup&gt;1&lt;/sup&gt;</td>
</tr>
<tr>
<td>EGF plus VEGF mAb</td>
<td>50 ng/ml and 10 μg/ml</td>
<td>897±64&lt;sup&gt;1&lt;/sup&gt;</td>
</tr>
<tr>
<td>EGF plus control mAb</td>
<td>50 ng/ml and 10 μg/ml</td>
<td>997±67&lt;sup&gt;1&lt;/sup&gt;</td>
</tr>
</tbody>
</table>

* After adherence of human colon carcinoma cells to beads and culture for 72 h, a bead suspension was used to inoculate 24-well tissue culture plates containing either serum-free DMEM alone or the indicated growth factors or monoclonal antibodies. After an additional 48 h, cells migrating off of the beads were enumerated as described in Methods.

1 Mean±SEM of six replicate wells. * P < 0.001 vs control by Student’s t test.

Vascular Endothelial Growth Factor in Metastatic Colorectal Cancer

The random hexamer labeling method (Rediprime; Amersham Corp.). Typically, 1–2 × 10<sup>6</sup> cpn of <sup>32</sup>P-labeled probe was used for an 80-cm<sup>2</sup> filter in 7 ml of solution. Final washes were in 0.1 × SSC, 0.1% SDS at 40°C. The membranes were exposed to Kodak (Rochester, NY) XAR-2 film with an intensifying screen at -70°C for 24 h. To control for total RNA content in each sample, the blots were stripped and subsequently rehybridized to a human glyceraldehyde phosphate dehydrogenase (GAPDH) probe (1.3-kb human GAPDH cDNA; American Type Culture Collection, Rockville, MD).

Animal tumor growth

Subcutaneous tumors. Confluent cultures of LS LiM6 or HM7 were grown in 10 cm<sup>2</sup> Petri dishes were harvested by brief trypsinization (0.05% trypsin/0.02% EDTA in Ca<sup>2+</sup>/Mg<sup>2+</sup>-free HBSS), washed several times in Ca<sup>2+</sup>/Mg<sup>2+</sup>-free PBS, and resuspended at a final concentration of 5 × 10<sup>5</sup> cells/ml in serum-free DMEM. The presence of single cells was confirmed by phase-contrast microscopy, and cell viability was determined by trypan blue exclusion. Pathogen-free Balbc/NCR-NU athymic mice (3–4-wk-old females obtained from Simonsen Laboratories, Gilroy, CA) were housed in sterilized cages and injected subcutaneously with 5 × 10<sup>5</sup> viable tumor cells. Animals were observed daily for tumor growth, and subcutaneous tumors were measured using a caliper every 3 d. Beginning 1 d after tumor inoculation and every 3–4 d thereafter, animals were injected intraperitoneally with varying amounts of either anti-VEGF mAb 4.6.1 (0–200 μg per mouse) or a control mAb of the same isotype (200 μg/mouse) (20) in a volume of 0.25 ml in 0.9 M NaCl. Tumor volumes were calculated as previously described (29).

Liver metastases. HM7 cells were grown to confluence and harvested as described above for subcutaneous injection and resuspended in serum-free DMEM at a concentration of 20 × 10<sup>5</sup> cells/ml. Athymic mice were anesthetized with methoxyfluorene by inhalation, prepared in a sterile fashion, and the spleen was exteriorized through a left flank incision. 2 × 10<sup>5</sup> cells in 100 μl were slowly injected into the splenic pulp through a 27-gauge needle over 1 min, followed by splenectomy 1 min later. Experimental animals were given VEGF antibody 4.6.1 or control antibody (100 μg/mouse) by intraperitoneal injection beginning 1 d after splenic-portal injection and every 3–4 d thereafter. All animals were killed when the first mouse appeared lethargic and an enlarged liver could be palpated (day 28). The livers were excised and weighed, and the metastases were enumerated using a dissecting microscope. To estimate tumor volume, the diameter of each liver metastasis was measured to the nearest millimeter, and the volume of each tumor was calculated by assuming it to be a sphere. The sum of the volumes of all tumors in each liver was determined. The livers of two control animals were nearly replaced by tumor and individual nodules could not be distinguished. Tumor volume was estimated in these two livers as follows: the total liver volume was measured by displacement of water in a 20-ml graduated cylinder, and the tumor volume was estimated to represent 85% of the liver (see Fig. 5).

Statistics

Mean values for tumor volumes, tumor weights, liver weights, and number of liver tumors and colon carcinoma cell migration were compared by the Student’s t test using a computer program (StatWorks) with P < 0.05 considered significant.

Results

VEGF gene expression in human liver metastases from colorectal cancer

We first determined the relative abundance of VEGF transcripts in biopsied or resected hepatic metastases by Northern analysis using a cDNA probe which hybridizes with all known splice variants of VEGF mRNA. Tissue samples were taken from nonnecrotic areas of the tumor periphery and frozen immediately in liquid nitrogen. Hybridization of the VEGF probe to a major species of 3.3 kb with a lesser signal from a transcript of 4.4 kb is demonstrated in Fig. 1. Each of the 16 tumors analyzed expressed VEGF mRNA, but to varying degrees. This may reflect patient to patient variation in the ratio of stromal cells to neoplastic cells in the portion of tumor analyzed or a true variability in gene expression between different metastatic tumors. RNA was also extracted from adjacent grossly normal liver of those patients undergoing liver resection and subjected to Northern analysis for VEGF expression. A detectable signal for VEGF was observed in three out of five livers (data not shown). An additional 14 colorectal metastases were examined for VEGF gene expression by in situ hybridization using <sup>33</sup>P-labeled antisense and sense riboprobes. Intense expression of VEGF was present in the majority of carcinoma cells in all 14 metastases, while labeling of tumor stromal cells did not exceed background levels seen with the sense VEGF riboprobe (Fig. 2, a and b). Specific hybridization of the VEGF antisense riboprobe to histologically normal liver was also demonstrated, although the level of VEGF gene expression was dramatically less than that seen in the tumors, consistent with the Northern analysis (Fig. 2, e and f). VEGF message in the nontumorous liver was localized primarily to hepatocytes and scattered perisinusoidal cells in these sections. The same tumors were also analyzed for VEGF receptor gene expression by in situ hybridization using sense and antisense riboprobes for flt-1 and KDR.

A majority of biopsies showed expression of both receptors localized to vascular endothelium within the connective tissue stroma of the carcinoma (Fig. 2, c and d). None of the carcinoma cells within the tumor showed hybridization with probes for either receptor. Flt-1 was more consistently expressed than tumor vessel endothelium (12/14 tumors) although a majority of biopsies showed concurrent flt and KDR expression (8/14). Control experiments using <sup>33</sup>P-labeled sense riboprobes for KDR and flt1 produced very low levels of background labeling, comparable with that demonstrated for the VEGF sense riboprobe in Fig. 2, b and f (data not shown). The lack of specific labeling of endothelial cells in both tumorous and histologically benign livers by the VEGF antisense riboprobe serves as a further control for the specific labeling of tumor vessel endothelium using the riboprobes for KDR and flt1. When adjacent normal
liver was examined by in situ hybridization, no expression of flt-1 or KDR could be demonstrated (data not shown).

**VEGF gene expression by human colon carcinoma cell lines**

We next examined several cultured human colon carcinoma lines for VEGF expression in vitro. All lines were grown to confluence in complete DMEM, cells were harvested, and total cellular RNA was extracted. By Northern analysis, eight out of eight cell lines constitutively expressed VEGF mRNA. A predominant transcript of 3.3 kb was identified (Fig. 3). While there was considerable variability in the absolute level of VEGF message among different cell lines, there was no clear relationship between the degree of cancer cell differentiation and steady state levels of VEGF mRNA. Three colon cancer lines, COLO 205, HCT 15, and LS LiM6, which exhibited low, intermediate, and strong signals for VEGF mRNA by Northern analysis, respectively (Fig. 3), were tested for secretion of VEGF immunoactivity. Cells were grown to confluence in 2.0 ml of complete DMEM as described in Methods and changed to fresh DMEM. 48 h later, media from duplicate wells were collected and assayed for VEGF by ELISA. The concentrations of VEGF in media conditioned by COLO 205 (0.65±0.01 ng/ml), HCT 15 (1.28±0.05 ng/ml), and LS LiM6 (2.19±0.32 ng/ml) (mean±SEM) correlated well with the relative amount of VEGF mRNA in these cells determined by Northern analysis.

**Neutralization of VEGF in vivo**

*Subcutaneous tumor growth.* To determine the possible contribution of VEGF to tumor formation in vivo, we examined the growth of two human colon carcinoma lines HM7 and LS LiM6 in nude mice. Animals were given either a neutralizing monoclonal antibody to human VEGF or an isotypic control antibody by intraperitoneal injection twice weekly beginning 1 d after

![Figure 1. VEGF gene expression in human colorectal cancer liver metastases. Total RNA (20 μg) extracted from 16 biopsied or resected liver metastases were separated by agarose gel electrophoresis, transferred to a nylon filter, and hybridized to a 32P-labeled cDNA probe for human VEGF165 as described in Methods. Film exposure was for 24 h. The predominant VEGF mRNA species expressed measured ~ 3.3 kb. The Northern blot was stripped and rehybridized using a probe for human GAPDH.](image)

![Figure 2. Photomicrographs of in situ hybridization of colon carcinoma metastases in the liver. (a) VEGF antisense probe. Note intense hybridization signal specific to the carcinoma cells. The signal is more intense toward the lumen of the tumor acini, presumably the areas of relative ischemia. (b) VEGF sense probe. Negative control. (c) KDR antisense probe. Note specific hybridization to the endothelium of the large vein; adjacent carcinoma cells are negative. (d) flt antisense probe. Hybridization is confined to the endothelium of vessels; carcinoma cells are negative. (e) Normal liver, VEGF antisense probe. Note specific hybridization centered predominantly on hepatocytes. The level of signal intensity is less than that noted for the carcinoma cells shown in a. (f) Normal liver, VEGF sense probe. Negative control.](image)
subcutaneous inoculation of $5 \times 10^6$ cells into the flank. Animals were killed either 14 d (HM7) or 21 d (LS LiM6) later, and the subcutaneous tumors were carefully excised and weighed. While all animals developed tumors, anti-VEGF treatment led to a 76% reduction in tumor weight at day 14 (HM7) and an 88% reduction at day 21 (LS LiM6) (Fig. 4A). A separate group of 30 mice was then inoculated subcutaneously with LS LiM6 and treated twice weekly with either 0.9 M NaCl, control mAb mpg120 (200 μg/mouse), or with varying doses of anti-VEGF mAb 4.6.1, and tumor volumes were measured over 3 wk. A dose-dependent inhibition of tumor growth was observed over the range of mAb doses tested (10–200 μg/mouse) (Fig. 4B). A 90% reduction in tumor volume was seen with a dose of 100 mg/mouse compared with the control mAb–treated animals. At the 10-μg dose level, a significant reduction in tumor volume (62%) was seen in comparison with the saline-treated controls ($P = 0.033$). Neither exogenous rhVEGF (1–50 ng/ml) nor anti-VEGF mAb 4.6.1 (10 μg/ml) had any effect on proliferation of LS Li6 or HM7 cells in vitro (data not shown). We also examined the possibility that VEGF may act as an autocrine migration factor for colon carcinoma. LS Li6 cells were cultured in the presence of microcarrier beads for 3 d. Beads to which cells had become adherent were then used to test the effect of either exogenous rhVEGF or monoclonal antibody to VEGF in a 48-h migration assay (27) under serum-free conditions (Table I). Neutralizing antibody to human VEGF had no effect on either basal or epidermal growth factor–stimulated migration of LS Li6 cells. Also, the addition of exogenous VEGF (50 ng/ml) similarly led to no stimulation of baseline cell migration in this assay. These data suggest that the inhibition of human colon cancer growth in the nude mouse by antibody 4.6.1 is not a consequence of an inhibition of cancer cell proliferation or motility.

**Experimental hepatic metastases.** The liver is typically the first and most frequent site of metastasis in colorectal cancer (30). Consequently, an effective antineoplastic therapy in this disease must be capable of modulating tumor growth at this orthotopic site. We chose to use a previously established model of experimental liver metastasis from human colorectal cancer in the athymic mouse to investigate the contribution of VEGF to hepatic tumorigenesis (25). The livers of 12 animals were inoculated with HM7 cells by splenic-portal injection. This human colon carcinoma line has been shown to exhibit a high potential for spontaneous liver metastasis after cecal implantation (25). Beginning 1 d after inoculation, animals were treated by twice weekly intraperitoneal injections of either anti-VEGF or control monoclonal antibody (100 μg/dose). All animals were killed 4 wk later. The appearance of the livers of representative animals is given in Fig. 5. Again, all animals showed evidence of hepatic tumors, but a dramatic reduction in the number and size of liver metastases was observed in the anti-VEGF–treated animals. The average number of tumors per liver and the mean

![Figure 3. VEGF gene expression in eight human colorectal carcinoma cell lines. Cells were grown to confluence in complete DMEM medium containing 10% fetal bovine serum. RNA was extracted, and Northern analysis was performed using cDNA probes for human VEGF and GAPDH as in Fig. 1. Film exposure was 16 h for the VEGF hybridization.](image)

![Figure 4. Neutralizing monoclonal antibody directed against human VEGF inhibits human colon cancer growth subcutaneously in the athymic mouse. (A) 1 d after subcutaneous inoculation of the human colon carcinoma cell lines LS LiM6 or HM7 into the flanks of athymic mice, intraperitoneal injection of either control mAb (solid bars) or anti-VEGF mAb (gray bars) given twice weekly was begun. On either day 14 (HM7) or day 24 (LS LiM6) after inoculation, tumors were excised and weighed ($n = 5$ in each HM7 group and $n = 10$ in each LS LiM6 group). (B) Dose-dependent inhibition of tumor growth by anti-VEGF mAb. Groups of five athymic mice were inoculated subcutaneously with the colon carcinoma line LS LiM6, and 1 d later, intraperitoneal injections of either 0.9 M NaCl (filled boxes), control mAb (200 μg, open boxes) or anti-VEGF mAb (10 μg, filled circles; 50 μg, open triangles; 100 μg, open circles; or 200 μg, filled triangles) were begun and continued twice weekly for 3 wk. Tumor dimensions were measured with a caliper, and tumor volumes were calculated.](image)
Figure 5. Neutralizing antibody to human VEGF inhibits growth of experimental hepatic metastases in the athymic mouse. 1 d after splenic-portal tumor cell inoculation (2 million HM7 cells), twice weekly antibody injections were begun, and animals were killed after 4 wk. Livers of representative animals are shown.

estimated tumor volume per liver were 10- and 18-fold greater, respectively, in the control animals versus the anti-VEGF-treated mice (Table II). Liver weights were also significantly greater in the control versus anti-VEGF-treated animals (3.68±1.25 g vs 1.09±0.04 g, respectively; P = 0.03). When the size distribution of liver tumors was examined, the influence of anti-VEGF therapy became even more evident. An average of 91% of tumors per liver in the anti-VEGF-treated mice was smaller than 1 mm and 6 out of 7 of these mice had no tumor > 3 mm in diameter. In contrast, only 38% of the tumors from the control mice were under 1 mm in diameter, and all control animals were found to bear tumors measuring 8 mm or greater in diameter. Expression of VEGF and flk-1, the mouse homologue of the human VEGF receptor KDR, was analyzed in liver metastases of control mAb and anti-VEGF mAb-treated mice (Fig. 6). As we observed in biopsied human liver tumors, human colon cancer xenografts in the mouse liver strongly expressed VEGF mRNA. VEGF expression was confined to the epithelial cells within each tumor and was equivalent in the control and anti-VEGF-treated animals (Fig. 6, a and b). Background labeling with a VEGF sense riboprobe in the experimental mouse liver metastases was comparable with that demonstrated with the sense riboprobe in the human liver metastases, as in Fig. 2 b (data not shown). Strong labeling of tumor blood vessels was observed in the liver tumors of control antibody-treated mice, using the flk-1 antisense probe (Fig. 6 c). However, no blood vessels were identified in the small hepatic metastases of the anti-VEGF-treated mice, and we observed no specific hybridization of the flk-1 probe in these tumors (Fig. 6 d).

Discussion

Approximately 60,000 patients die each year in the United States from colorectal cancer, and 40,000 of these will have liver metastases as the principal site of disease (31). It is estimated that liver resection for colorectal secondaries is curative in only 1,000–1,500 of these individuals. Of the remaining patients, standard chemotherapeutic agents may be delivered either systemically or by regional infusion, but response rates

<table>
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<th>Parameter*</th>
<th>Anti-VEGF</th>
<th>Control mAb</th>
<th>P*</th>
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<tr>
<td>Number of tumors per liver</td>
<td>22±9</td>
<td>226±113</td>
<td>0.05</td>
</tr>
<tr>
<td>(range)</td>
<td>(2–67)</td>
<td>(13–500)</td>
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<tr>
<td>Tumor volume per liver (mm³)</td>
<td>166±183</td>
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<tr>
<td>Liver wt (g)</td>
<td>1.09±0.04</td>
<td>3.68±1.25</td>
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<tr>
<td>Percentage of tumors &lt; 1 mm</td>
<td>91±5</td>
<td>38±16</td>
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Athymic mice were given experimental hepatic metastases by splenic injection of 2 million human colon carcinoma cells (HM7). Beginning 1 d after tumor inoculation, mice were treated with either control (n = 5) or anti-VEGF (n = 7) mAb (100 µg/injection) by twice weekly intraperitoneal administration. 4 wk after inoculation, all animals were killed, and various parameters of liver tumor growth were measured, as described in Methods. * Mean±SEM. ** P value by Student’s t test.

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do not exceed 50% and no patient is cured (32). In an effort to better understand the biology of metastasis in colorectal cancer, we have tested the hypothesis that angiogenesis plays a fundamental role in the formation of liver metastases from human colorectal cancer, and that the endothelial cell mitogen VEGF may act as a major regulator of hepatic tumorigenesis in this disease.

In agreement with this hypothesis, Northern analysis of cultured human colon carcinoma demonstrated expression of VEGF mRNA to varying degrees in all cell lines tested. The cDNA probe hybridized predominantly to a 3.3-kb mRNA species which probably represents VEGF165 (5). Three of these lines were tested for VEGF secretion, and immunoreactive VEGF was identified in the conditioned media of these cells (COLO 205, HCT 15, and LS LiM6) in amounts which were proportional to their expression of VEGF mRNA. Several other peptide growth factors have been reported to act as direct endothelial mitogens, including basic fibroblast growth factor (bFGF), hepatocyte growth factor (HGF), and transforming growth factor alpha (TGFα). bFGF has been well characterized as an angiogenic protein with a potency which is comparable with that of VEGF (33)). The expression of bFGF in primary human colorectal cancers is sparse, however, and immunoactivity resides principally in the stromal cells of these tumors (34). While bFGF lacks a signal sequence and is not likely to act as a carcinoma-derived endothelial growth factor in human colorectal cancer, bFGF can be demonstrated in the extracellular matrix in many tissues and synergizes with VEGF using both in vitro and in vivo assays of angiogenesis (35). Consequently, a contributory role of bFGF in colon cancer metastasis formation cannot be excluded. HGF, also called scatter factor, can stimulate endothelial cell proliferation and migration in vitro and is angiogenic in a rabbit cornea assay (36). The HGF receptor, cMET, is overexpressed in colon cancers and may regulate the invasive behavior of these neoplasms (37). However, HGF, the cMET ligand, appears to be expressed by stromal cells rather than the carcinoma cells within human colon cancer metastases (our unpublished observations). While TGFα is secreted by a variety of human colon cancer lines, this growth factor and its receptor are expressed at comparable levels in benign and malignant gastrointestinal epithelium (38). Expression of other potential angiogenic factors in human colorectal cancer remains to be investigated.

That the expression of VEGF in colon carcinoma is not restricted to tumor cell lines in vitro is demonstrated by the finding of strong VEGF gene expression by either Northern analysis or in situ hybridization in each of 30 liver metastases from colon or rectal primaries. VEGF mRNA was identified throughout each tumor examined, but was confined to the malignant cells of the neoplasm. These data are consistent with the
finding of Brown and co-workers (10) of an enhanced expres-
sion of VEGF in primary colon cancers compared with matched
normal colonic mucosa. Adjacent, histologically normal liver
in these patients also expressed VEGF mRNA, although at lev-
els which were considerably lower than those found in the
hepatic tumors. In agreement with the report of Monacci et al.
(39) in the rat, in situ hybridization studies of normal human
liver revealed that VEGF mRNA was localized to hepatocytes
and to a small number of scattered Kupffer cells. The function
of hepatocyte-derived VEGF is not clear. It has been sug-
gested that in addition to a possible role in development and differen-
tiation of the vascular system, VEGF may contribute to main-
tenance of vascular integrity and physiologic homeostasis in the
adult, particularly in tissues bearing fenestrated endothelium
such as the kidney, spleen, and liver (40). In addition to expres-
sion of the ligand, high affinity binding of 125I-VEGF to both
small and large vessels in tissue sections of normal mouse liver
has been reported (41). In the present study, however, no spe-
cific hybridization of RNA probes for either known VEGF re-
ceptor was observed in histologically normal human liver. It is
possible that expression of either KDR or flt occurs in the human
liver at levels which are too low to be detected by in situ
hybridization. Alternatively, VEGF may associate with binding
sites in hepatic endothelial cells which are not encodred by KDR
or flt1.

In contrast with the surrounding normal liver, expression of both
VEGF receptor genes was identified in the majority of hepatic
metastases in which tumor vessels were seen. Hybridiza-
tion of the probes for KDR and flt1 was limited to endothelial
cells of both large and small vessels in the neoplasms. Since it
has been shown that after splenic tumor injection the vascular
supply of experimental hepatic metastases develops from he-
patic sinusoids (42), these data suggest that an up-regulation of
KDR and flt1 in sinusoidal endothelial cells occurs as a con-
comitant of hepatic tumorigenesis. The relative contribution
of KDR/flk-1 and flt1 in mediating the various actions of vascu-
lar endothelial growth factor is unclear. Recent evidence sug-
gests that KDR/flk-1 may be the more important site for trans-
duction of the mitogenic activity of VEGF. Using porcine endo-
thelial cells which lack endogenous VEGF receptors, Waltenberger and co-workers (43) demonstrated that cells
transfected with KDR respond to VEGF by both proliferation
and chemotaxis. However, cells expressing flt1 lacked either of
these responses (43). Consistent with these findings, Millauer
et al. (19) showed that, by blocking functional flk-1 expression
alone in rat glioblastoma in vivo using a dominant-negative flk-
1 mutant, tumor growth is dramatically diminished. It is possible
that heterodimeric complexes between flk-1 and flt1 may exist
which are inactivated by the dominant-negative flk-1 mutant
lacking the intracellular kinase domain. However, the existence
of such hybrid VEGF receptors has yet to be demonstrated.

The mechanism of the apparent increase in VEGF receptor
mRNA expression in liver metastases is unknown, but may rep-
resent a key element in the regulation of colon cancer tumori-
genesis in the liver. While the homologous up-regulation of
other peptide hormone receptors by their cognate ligands has
been reported (44, 45), preliminary experiments have failed to
demonstrate an increase in binding of 125I-VEGF to bovine aor-
tic endothelial cells exposed to 20 ng/ml of rhVEGF 165 for 24 h.
Heterogeneity is known to exist among endothelial cells derived
from different tissues with regard to growth factor respon-
siveness (46), and bovine aortic endothelial cells may not accu-
ately reflect the behavior of hepatic sinusoidal endothelium.
Factors secreted by colon carcinoma cells other than VEGF
may be responsible for heterologous up-regulation of KDR and
flt1 in human liver metastases from colon cancer. Experiments
are underway to test this hypothesis, using isolated rat liver
sinusoidal endothelial cells exposed to either rhVEGF or to
HM7 cell conditioned medium. Alternatively, the up-regulation
of VEGF binding sites in tumor endothelial cells may occur
under the influence of factors derived from other tumor stromal
cells, such as fibroblasts, infiltrating leukocytes, or pericytes.
Nevertheless, the recent finding of a similar up-regulation of
VEGF receptor mRNA expression in tumor vessels relative to
vessels in the surrounding normal parenchyma in a rat glioma
model (47) as well as in human renal cell carcinomas (48)
suggests that induction of KDR and flt1 may represent a key
element in the regulation of solid tumor formation. It will thus
be important to better understand the mechanisms which govern
the expression of KDR and flt1 in hepatic sinusoidal endothe-
lum as a function of liver tumorigenesis.

While these data establish the presence of all elements of the
VEGF system in metastatic colorectal cancer in humans, the in vivo
studies provide evidence that this system is central
to the formation and growth of hepatic secondary tumors. In a
subcutaneous tumor model of human colon carcinoma in the
nude mouse, intraperitoneal injection of neutralizing mono-
clonal antibody directed against VEGF delayed the onset of
tumor formation and markedly diminished the rate of tumor
growth in a dose- and time-related fashion. Using a mouse
model of experimental liver metastases, the inhibitory effect
of anti-VEGF treatment was even more pronounced. 4 wk after
intrasplenic tumor inoculation, all animals had developed liver
tumors. However, the anti-VEGF-treated animals contained
significantly fewer and significantly smaller tumors than the
control group. Most of the tumors in the treated group were
under 1 mm in diameter and all were under 3 mm in greatest
dimension. This finding corresponds well to the estimation by
Folkman (49) that tumors require neovascularization for growth
beyond a diameter of 2–3 mm.

The regimen of anti-VEGF administration in this investiga-
tion was begun 1 d after tumor inoculation and thus most closely
resembles an adjuvant therapy. Future studies will examine the
activity of a VEGF against established liver metastases in colo-
rectal cancer. Targeting the tumor vasculature was first proposed
by Folkman as a fundamentally novel approach to cancer treat-
ment (49). Various agents which may inhibit tumor angiogen-
esis have been identified which act directly upon endothelial
cells to block the proliferative response to mitogens (4). The
dontr data emphasize, however, that despite the potential con-
tribution of TGFα, HGF, and bFGF or other tumor-derived
angiogenic growth factors, strategies designed to antagonize
one specific endothelial mitogen, VEGF, may form the basis of an
effective antineoplastic therapy in human colorectal cancer.

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References
Vascular Endothelial Growth Factor in Metastatic Colorectal Cancer