CpG Motifs in Bacterial DNA Cause Inflammation in the Lower Respiratory Tract

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Abstract

Since unmethylated CpG motifs are more frequent in DNA from bacteria than vertebrates, and the unmethylated CpG motif has recently been reported to have stimulatory effects on lymphocytes, we speculated that bacterial DNA may induce inflammation in the lower respiratory tract through its content of unmethylated CpG motifs. To determine the role of bacterial DNA in lower airway inflammation, we intratracheally instilled prokaryotic and eukaryotic DNA in C3H/HeBFEJ mice and performed whole lung lavage 4 h after the exposure. Heat denatured, single stranded Escherichia coli genomic DNA (0.06 ng endotoxin/µg DNA) was compared to heat denatured, single stranded calf thymus DNA (0.007 endotoxin/µg DNA). 10 µg of bacterial DNA, in comparison to 10 µg of calf thymus DNA, resulted in a fourfold increase in the concentration of cells (P = 0.0002), a fivefold increase in the concentration of neutrophils (P = 0.0002), a 50-fold increase in the concentration of TNF-α (P = 0.001), and a fourfold increase in the concentration of both IL-6 (P = 0.0003) and macrophage inflammatory protein-2 (P = 0.0001) in the lavage fluid. Importantly, instillation of 0.60 ng of E. coli LPS resulted in a negligible inflammatory response. To test whether the stimulatory effects of bacterial DNA are due to its unmethylated CpG dinucleotides, we methylated the bacterial DNA and also prepared 20 base pair oligonucleotides with and without CpG motifs. In comparison to instillation of untreated bacterial DNA, methylation of the bacterial DNA resulted in a significant reduction in the concentration of cells and cytokines in the lower respiratory tract. Moreover, oligonucleotides containing embedded unmethylated CpG motifs resulted in inflammation in the lower respiratory tract that was indistinguishable from that observed with untreated bacterial DNA. In contrast, oligonucleotides without the embedded CpG motifs or with embedded but methylated CpG motifs resulted in significantly less inflammation in the lower respiratory tract. The possible relevance of these data to human disease was shown by extracting and analyzing DNA in sputum from patients with cystic fibrosis (CF). Approximately 0.1 to 1% of this sputum DNA was bacterial. Intratracheal instillation of highly purified CF sputum DNA caused acute inflammation similar to that induced by bacterial DNA.

These findings suggest that bacterial DNA, and unmethylated CpG motifs in particular, may play an important pathogenic role in inflammatory lung disease. (J. Clin. Invest. 1997. 100:68–73.) Key words: DNA • CpG dinucleotides • infection • pulmonary disease • lung inflammation

Introduction

The etiologic factors leading to pulmonary inflammation are often unknown and the ensuing pathogenesis is complex. Although bacteria and specific environmental exposures can cause extensive lung disease with profound inflammation, many forms of inflammatory lung disease are idiopathic and do not have a specific etiology. For instance, most cases of pulmonary fibrosis or acute respiratory distress syndrome (ARDS) do not have an identifiable etiology. Similarly, the events or triggers initiating and promoting lung inflammation in patients with cystic fibrosis (CF) have not been clearly defined. Given these examples, it is logical to speculate that pulmonary inflammation, in most cases, results from the host’s response to a variety of environmental stimuli. The lung provides a unique interface with the environment; breathing ~ 20,000 liters of air each day which is potentially contaminated with particles, gases, microorganisms, and allergens. Since the lung is continuously exposed to microorganisms, an obvious environmental cause of lung inflammation could be the unique components of microorganisms that distinguish these cells from eukaryotic cells.

Recently, we (1) have found that bacterial DNA and certain oligonucleotides containing unmethylated CpG dinucleotides in particular base contexts (CpG motifs) have stimulatory effects on murine and human lymphocytes in vitro and murine lymphocytes in vivo. These stimulatory effects include triggering B cell proliferation, resistance to apoptosis, and release of IL-6 and IL-12 (1, 2–5), natural killer (NK) cell secretion of IFN-γ and increased lytic activity (2, 6–9); and monocye/macrophage secretion of IFN-α/β, IL-6, IL-12, GMCSF, chemokines, and TNF-α (Krieg, A.M., unpublished data; 9a). Eukaryotic DNA or methylated bacterial DNA or CpG oligonucleotides are nonstimulatory.

CpG motifs are at least 20-fold more common in bacterial than vertebrate DNA for three reasons. First, vertebrate DNA shows CpG suppression with only one-third to one-fourth of the CpG dinucleotides predicted based on random base utilization (10). Second, ~ 80% of the CpG dinucleotides present in vertebrate DNA are methylated at the 5 position of the cytosine (10). Third, the CpG in the vertebrate genome are usually in a nonstimulatory sequence context: they are most frequently preceded by a C, which eliminates or severely reduces the stimulatory effects on B cells, NK cells, and monocytes (5, 7; 1. Abbreviations used in this paper: CF, cystic fibrosis; MIP-2, macrophage inflammatory protein-2; NK, natural killer.)
Krieg, A.M., unpublished data). The potent immunological response to unmethylated CpG motifs suggests that the vertebrate immune system recognizes this molecular pattern characteristic of bacterial DNA as a “danger signal,” and activates appropriate immune responses to defend against the potentially adverse effects of microorganisms (reviewed in reference 11).

Since DNA is readily taken up by lymphocytes (12–14), it is logical to hypothesize that bacterial DNA and specifically unmethylated CpG motifs are capable of causing inflammation in the lower respiratory tract and may contribute to disease progression and morbidity in some forms of lung disease. To determine the possible role of bacterial DNA and unmethylated CpG motifs in lower airway inflammation, we intratracheally instilled prokaryotic DNA, eukaryotic DNA, and unique 20 base pair oligonucleotides in mice and performed whole lung lavage 4 h after the exposure. Our results indicate that bacterial DNA, and unmethylated CpG motifs in particular, may play an important pathogenic role in inflammatory lung disease.

Methods

Animals. C57HeB/FBe male mice (Jackson Laboratories, Bar Harbor, ME) were obtained at 6 wk of age and used within 2 wk. Measured weights on the day of exposure were 25.02±0.20 grams. All animal care and housing requirements set forth by the National Institutes of Health Committee on Care and Use of Laboratory Animals of the Institute of Laboratory Animal Resources were followed, and animal protocols were reviewed and approved by the Institutional Animal Care and Use Committee. Mice were maintained in wood-chip bedding (Northeastern Product, Warrensburg, NY), with food (Formulab Chow 5008; PML, Richmond, IN) and water supplied ad libitum.

Genomic DNA. Escherichia coli (strain B) DNA and calf thymus DNA were purchased from Sigma Chemical Co. (St. Louis, MO) and purified by extraction with phenol/chloroform/isoamyl alcohol (25:24:1) and ethanol precipitation. The LPS level in E. coli and calf thymus DNA was ≤ 0.06 ng/mg of DNA by Limulus assay. Heat denatured (single-stranded) genomic DNA was used in all experiments. E. coli DNA was methylated with 2 U CpG methylase (New England Biolabs, Inc., Beverly, MA) per μg DNA for 18 h at 37°C. Endotoxin concentrations in the E. coli and calf thymus genomic DNA were assayed using the endpoint chromogenic Limulus amoebocyte lysate assay (QCL-1000; Whittaker Bioproducts, Walkersville, MD) with steriley purified DNA bands are detected by ethidium bromide staining and their intensity compared to that of titred CF DNA samples on the same gel. From this it is simple to calculate the percentage of bacterial DNA within the CF sample which has been consistently 0.1 to 1.0% of the total DNA. This measure is almost certainly an underestimate of the true concentration of bacterial DNA in our samples due to the likely presence of some degraded DNA within our samples, since cleavage between primer sites will disrupt PCR amplification.

For analysis of the immune effects of P. aeruginosa DNA, bacterial cell pellets were kindly provided by P. Greenberg (University of Iowa, Iowa City, IA), and genomic DNA purified by the technique of Goldberg and Ohman (16), with subsequent further purification by Triton X-114 precipitation to reduce the endotoxin levels < 2.5 ng/ml.

Oligonucleotides. 20 base pair oligonucleotides were synthesized with and without the embedded CpG motifs (Midland Certified Reagent Company; Midland, TX). These oligonucleotides contained a nuclease-resistant phosphorothioate-modified backbone, and were purified by two rounds of ethanol precipitation before use. For our studies, we selected an oligonucleotide which contained two CpG dinucleotides in stimulatory base contexts as defined in our prior studies for B cell, NK cell, and monocyte activation (1, 5, 7). The in vitro immune effects of this oligonucleotide were essentially identical to those of dozens of other sequences evaluated in in vitro assays (not shown). The nonstimulatory oligonucleotide was identical to the stimulatory oligonucleotide except that the two embedded CpG motifs were modified, one appearing as an ApG motif and the other appearing as a GpC motif. The two synthesized oligonucleotides had the following sequences: CpG Oligonucleotide: ATAAATCGAGT-TCAAGCAGG; non-CpG oligonucleotide: ATAAATGAGCTTC-AAGCAAG.

Methylation protocol. DNA was methylated as we have described previously (1) with 2 U CpG methylase (New England Biolabs, Inc.) per μg DNA for 18 h at 37°C. Methylated DNA was tested to confirm that it was completely protected against digestion with Hpa-II but not Msp-I.

Instillation protocol. Mice were lightly anesthetized with inhaled methoxyflurane (Pitman-Moore, Inc., Mundelein, IL), and placed supine with their head tilted back. The trachea was visualized under fiberoptic illumination and intubated with a 24-gauge IV catheter (Jelco, ETO sterilized, nonpyrogenic; Johnson & Johnson Medical, Inc., Arlington, TX) that was modified by cutting off the bevel such that the needle was flush with the sheath when fully inserted. A 1-cc syringe containing 50 μl of DNA or oligonucleotide solution was then attached to the catheter and used to instill the solution. The catheter was then removed and the mice were allowed to recover from the anesthesia which required about 5 min.

Lung lavage. 4 h after DNA or oligonucleotide instillation, mice were killed, the chest was opened, and lungs were lavaged in situ via PE-90 tubing inserted into the exposed trachea. A pressure of 25 cm H2O was used to wash the lungs with 6.0 ml of sterile pyrogen-free saline, 1 ml at a time.

Treatment of lavage fluid. Our standard method (15) of processing the sample is as follows: immediately following lavage, the volume is noted and 15-ml conical tubes are centrifuged for 5 min at 200 g. The supernatant fluid is decanted and frozen at −70°C for subsequent use. The residual pellet of cells is resuspended in HBSS (without Ca or Mg). A small aliquot of the sample is taken for cell count using a hemocytometer. The cells are then spun for 5 min on a glass slide using a cytocentrifuge. Staining is performed using a Diff Quick Stain (Baxter Scientific, Miami, FL).

Lavage fluid cytokine analysis. Lavage fluid was assayed for TNF-α, IL-1β, IL-6, and macrophage inflammatory protein-2 (MIP-2). TNF-α was measured using a polyclonal antibody specific for mouse
TNF-α (R & D Systems, Minneapolis, MN) as a capture reagent in a standard sandwich ELISA. The limit for detection of this ELISA is 5.1 pg/ml of mouse TNF-α. These results were validated against a cytotoxicity assay using the TNF-sensitive L929 fibroblast cell line (17). IL-1β was measured using an ELISA (Biosource International, Camarillo, CA) prepared with anti–murine IL-1β monoclonal antibody. The detection limit of this assay was determined to be 7 pg/ml, and the antiserum used in this assay is specific for IL-1β. IL-6 was determined by ELISA method using antibodies obtained from Pharmingen Corp. (San Diego, CA). Briefly, monoclonal capture and biotinylated detection antibodies specific for murine IL-6 were used. Immulon 1 plates (Dynatech Laboratories, Chantilly, VA) were coated with capture antibody and stored overnight at 4°C. The plate was washed and blocked for 2 h at room temperature with 1× PBS/10% FCS/0.05% Tween-20, followed by plating of samples and standards in triplicate and overnight incubation. Standards were generated using recombinant murine IL-6 (PharMingen Corp.). Detection antibodies were incubated for 1 h. Plates then underwent 45-min incubation of avidin-horseradish peroxidase (Biorad Laboratories, Hercules, CA). Detection was achieved using o-Phenylenediamine Dihydrochloride (Sigma Chemical Co.) in citrate buffer with H2O2. MIP-2 was measured using a rat MIP-2 ELISA kit (Biosource International) containing antibodies that are cross-reactive to murine MIP-2. A standard curve was generated using recombinant murine MIP-2 generously provided by Dr. Patricia Olsen of the Chiron Corporation (Emery, CA).

Preparation of RNA and multiprobe RNase protection assay. Total RNA was extracted from lung specimens using the single-step method (18, 19), lysing flash frozen lung in RNA STAT-60 (Tel-Test B, Friendswood, TX). The composition of RNA STAT-60 includes phenol and guanidium thiocyanate in a monophase solution. The lung parenchyma was homogenized in the RNA STAT-60 using a polytron homogenizer. Chloroform was added, the total RNA was precipitated from the aqueous phase by addition of isopropanol, and the total RNA was washed with ethanol and solubilized in water. After drying the pellet in a vacuum desiccator, the yield and purity of RNA was quantitated by measuring the ratio of absorbances at 260 and 280 nm. Mini-gel electrophoresis was used to confirm the integrity of the 28s and 18s rRNA bands. Gene transcripts were detected using the RNase protection assay and probes as previously described (20).

Statistical analysis. Four primary comparisons were pursued in this investigation: (a) the lung inflammatory response to prokaryotic (bacterial) versus eukaryotic (calf thymus) DNA; (b) the lung inflammatory response to untreated prokaryotic DNA versus methylated prokaryotic DNA; (c) the lung inflammatory response to an oligonucleotide containing embedded CpG motifs versus the response to an oligonucleotide not containing CpG motifs; and (d) the inflammatory response in lower respiratory tract after instillation of an oligonucleotide containing unmethylated CpG motifs versus an oligonucleotide containing methylated CpG motifs. The inflammatory response was assessed using lavage cellularity, lavage fluid cytokine concentration, and the relative concentration of mRNA for specific cytokines in the lung parenchyma. After making sure that the data were normally distributed, statistical comparisons were made using parametric statistics including the Student’s t test (21).

Results

Prokaryotic DNA results in significant inflammation when compared with eukaryotic DNA. These differences are best demonstrated after intratracheal–tracheal instillation of 10 μg of bacterial DNA which results in a fourfold increase in the concentration of cells lavaged from the lower respiratory tract as compared to instillation of 10 μg of calf thymus DNA (Fig. 1). Moreover, in comparison to calf thymus DNA, exposure to 10 μg of bacterial DNA resulted in a profound increase in the concentration of polymorphonuclear leukocytes, TNF-α, IL-6, and MIP-2 in the lavage fluid (Fig. 2). Interestingly, no significant increases were seen in the concentration of IL-1β in the lavage fluid after exposure to bacterial DNA.

Although bacterial DNA has approximately a 10-fold excess of endotoxin (0.06 ng endotoxin/μg bacterial DNA) in comparison to calf thymus DNA (0.007 ng endotoxin/μg calf thymus DNA), the differences in the inflammatory response in the lower respiratory tract were not due to endotoxin. Instillation of 0.60 ng of E. coli lipopolysaccharide resulted in a negligible inflammatory response in the lower respiratory tract (Fig. 3).

Since unmethylated CpG motifs are more frequent in DNA from bacteria than vertebrates, and the unmethylated CpG motif has been reported to have immune stimulatory effects, we speculated that the unmethylated CpG motif was responsible for bacterial DNA induced inflammation in the lower respiratory tract. To test this hypothesis, we compared the inflammatory response in the lower respiratory tract between untreated and methylated bacterial DNA. Our results (Fig. 4) indicate that methylation of bacterial DNA results in a marked reduction in the concentration of cells, polymorpho-
nuclear leukocytes, and cytokines in the lavage fluid in comparison to untreated bacterial DNA.

To further assess the effect of unmethylated CpG motifs, we prepared 20 base pair oligonucleotides with and without embedded CpG motifs. While instillation of 10 μg of an oligonucleotide containing embedded unmethylated CpG motifs resulted in inflammation in the lower respiratory tract that was indistinguishable from that observed with 10 μg of untreated bacterial DNA, instillation of an oligonucleotide without the embedded CpG motifs resulted in significantly less inflammation (Fig. 5). Finally, methylating the CpG motifs in the CpG oligonucleotide resulted in a substantial reduction in the concentration of cells and cytokines in the lower respiratory tract (Fig. 6).

Results from the RNase protection assay indicate that unmethylated CpG motifs substantially effect mRNA transcription. Fig. 7 demonstrates that mRNA for TNF-α, IL-1β, IL-1α, and IL-6 are increased in concentration when the mice are exposed to DNA containing the unmethylated CpG motifs (bacterial DNA or unmethylated CpG oligonucleotide) when compared to specific mRNA production following exposure to DNA without unmethylated CpG motifs (eukaryotic DNA, methylated prokaryotic DNA, non-CpG oligonucleotide, or methylated CpG oligonucleotide).

To assess the biological relevance of our findings, we isolated DNA from the sputum of patients with cystic fibrosis. All patients had sputum cultures yielding P. aeruginosa with or without additional flora. As a measure of immune activation, we assessed the ability of highly purified P. aeruginosa DNA to stimulate the proliferation of murine B cells using 48 h [3H]thymidine incorporation as described (1). Like DNA from E. coli, P. aeruginosa DNA triggered B cell proliferation, in contrast to calf thymus DNA, which did not (Table I). The recovery of pure DNA from the patient sputum was 0.1–2.0 mg/ml of sputum which is similar to previous reports (22–24). As expected, the percentage of prokaryotic DNA was ≤ 1%.
of the total DNA. Intratracheal instillation of 50 μg of DNA isolated from the sputum of patients with cystic fibrosis into mice resulted in substantial inflammation in the lower respiratory tract with an increase in the concentration of total cells (81,532 ± 32,746 cells/ml) and neutrophils (50,315 ± 30,408 cells/ml) in the lavage fluid. The concentration of cells and neutrophils in lavage fluid after intratracheal instillation of DNA derived from sputum from patients with cystic fibrosis was comparable to the inflammatory response we observed after intratracheal instillation of either prokaryotic DNA or CpG containing oligonucleotides.

### Discussion

Our results indicate that bacterial DNA, and unmethylated CpG motifs in particular, may play an important pathogenic role in inflammatory lung disease. This conclusion is supported by our findings that bacterial DNA is proinflammatory when compared to eukaryotic DNA; the proinflammatory effects of bacterial DNA do not appear to be caused by endotoxin contamination and can be significantly reduced by methylation; that DNA extracted from CF sputum can reproduce the acute pulmonary inflammation; and that synthetic oligonucleotides containing embedded unmethylated CpG motifs are proinflammatory while oligonucleotides with methylated CpG motifs or oligonucleotides synthesized without CpG motifs do not cause lung inflammation. These findings imply that bacterial DNA may independently trigger lung inflammation in infectious forms of lung disease and may also play an important etiologic role in chronic forms of inflammatory lung disease.

The immunomodulatory effects of bacterial DNA may augment the inflammatory response to endotoxin. In fact, in a previous study (6) Cowdery and coworkers have shown that mice pretreated with bacterial DNA, compared with those pretreated with calf thymus DNA, had a much higher mortality when challenged with LPS. IFN-γ appeared to mediate the enhanced LPS toxicity of bacterial DNA treated mice, since IFN-γ was rapidly released by splenic NK cells following in vivo exposure to *E. coli* DNA and IFN-γ knockout mice pretreated with *E. coli* DNA had a reduced toxicity to LPS. These findings suggest that bacterial DNA may induce the production of specific mediators, such as IFN-γ, which could enhance the response to LPS. We have also reported that IFN-γ enhances the B cell activation induced by CpG DNA (25). Thus, blocking the response to bacterial DNA may substantially alter the in vivo inflammatory response to LPS.

These findings could have a profound effect on the way we think about chronic inflammatory lung diseases, such as asthma, chronic obstructive lung disease, cystic fibrosis, and pulmonary fibrosis. If inhaled or resident bacterial DNA is proinflammatory and/or enhances the toxicity of LPS, then simply killing bacteria is insufficient. DNA from dead bacteria would still be present and could induce or promote an inflammatory response. Strategies would have to be developed to minimize bacterial growth, enhance bacterial clearance, degrade bacterial DNA, and block the stimulatory effects of bacterial DNA. In fact, our results indicate that DNA derived from the sputum of patients with cystic fibrosis initiates an inflammatory response in the lower respiratory tract.

As basic research leads to the identification of abnormali-
ties in gene expression predisposing to pulmonary diseases, there is increasing interest in using the powerful techniques of gene therapy to restore deficient gene expression, or to express therapeutic genes. The approaches currently being used or considered for pulmonary delivery of DNA include viral vectors and nonviral DNA delivery systems such as liposomes. Some of these approaches are already known to be associated with unwanted immune activation, the nature and causes of which have been incompletely studied. In this regard, it is noteworthy that the immune effects of DNA vaccines have recently been reported to result from the presence of CpG motifs (26).

The oligonucleotides used in the present studies were selected because their stimulatory effects on lymphocytes were representative of the large number of different oligonucleotides we compared in our preliminary studies. To our knowledge, there have been no studies that have demonstrated any preferential exposure of these or other sequences during nuclease digestion of prokaryotes. We do not believe that structural constraints are a major limitation to the immune activation by bacterial DNA, since we observe only a modest difference in the level of lymphocyte activation by double-stranded vs. single-stranded bacterial DNA (1) or bacterial DNA digested with various restriction enzymes, including enzymes with four base recognition sites, where the average length will be 256 bp (unpublished data). Other investigators have shown that bacterial DNA is taken up by monocytes and lymphocytes, and degraded into oligonucleotides (12, 27). Thus the intracellular forms of the DNAs used in our studies are likely to be identical.

The present studies show that bacterial DNAs or synthetic oligodeoxynucleotides containing unmethylated CpG dinucleotides induce pulmonary inflammation. These studies suggest that pulmonary gene therapy techniques involving the delivery of DNA with CpG motifs will likely cause local immune activation and cytokine secretion. Further studies will need to be performed to determine whether such a DNA-mediated inflammatory response can be avoided by modification of these gene delivery systems.

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