Effect of targeted disruption of STAT4 and STAT6 on the induction of experimental autoimmune encephalomyelitis

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Experimental autoimmune encephalomyelitis (EAE) is mediated by myelin-specific CD4+ T cells secreting Th1 cytokines, while recovery from disease is associated with expression of Th2 cytokines. Investigations into the role of individual cytokines in disease induction have yielded contradictory results. Here we used animals with targeted deletion of the STAT4 or STAT6 genes to determine the role of these signaling molecules in EAE. The STAT4 pathway controls the differentiation of cells into a Th1 phenotype, while the STAT6 pathway controls the differentiation of cells into a Th2 phenotype. We found that mice deficient in STAT4 are resistant to the induction of EAE, with minimal inflammatory infiltrates in the central nervous system. In contrast, STAT6-deficient mice, which have a predominantly Th1 phenotype, experience a more severe clinical course of EAE as compared with wild-type or STAT4 knockout mice. In addition, adoptive transfer studies confirm the regulatory functions of a Th2 environment in vivo. These novel data indicate that STAT4 and STAT6 genes play a critical role in regulating the autoimmune response in EAE.


Introduction

Experimental autoimmune encephalomyelitis (EAE) is a T cell–mediated disease that is used as a model for the study of multiple sclerosis. In EAE, cells expressing Th1 cytokines predominate and mediate inflammatory damage (1, 2), while cells expressing Th2 cytokines have been associated with remissions and recovery from disease (3–5). However, the effect of targeted deletion of individual cytokines on EAE has led to unexpected results. IL-4–/– mice were reported by some investigators to develop disease similar to wild-type mice (6, 7), while other investigators reported a more severe disease in these mice (8). Transgenic expression of IL-4 in T cells does not protect from EAE (7). IFN-γ–/– and IFN-γ receptor–/– mice develop severe disease (9, 10), and treatment of mice with anti–IFN-γ Ab worsened disease (11, 12). These apparently conflicting results may be due to the redundancy of cytokine functions and the fact that cytokines may have dual roles, proinflammatory or regulatory, during the course of an immune response (13–15). Here, we investigate the role of Th1 and Th2 cytokines in EAE using mice deficient for genes that play a pivotal role in development of Th1 or Th2 immune responses. We may thereby identify possible genetic sites for future therapeutic interventions in T cell–mediated autoimmune diseases.

STAT proteins are a recently identified class of molecules that mediate many cytokine-induced responses. These molecules are cytoplasmic proteins that are activated following phosphorylation via the Janus kinase (JAK) family of tyrosine kinases, which in turn are activated by interaction of a cytokine and its receptor. STAT proteins then dimerize, translocate to the nucleus, and bind to DNA sequences, thus regulating gene transcription. STAT6 is activated following the interaction between IL-4 and the IL-4 receptor on the surface of cells and is critical for the development of Th2 cells (16, 17). Mice deficient in STAT6 display a reduction in Th2 cytokine production, decreased IL-4–induced B cell proliferation, and reduced IgE (16, 17). In contrast, STAT4 plays a pivotal role in Th1 immune responses. STAT4 is activated after IL-12 interacts with the IL-12 receptor, inducing transcription of IFN-γ (18). Mice deficient in STAT4 lack IL-12–induced IFN-γ production and Th1 differentiation (19, 20) and display a predominant Th2 phenotype (20). Further studies showed that STAT4/STAT6 double knockout mice are able to mount a Th1 response, indicating that there is an alternate pathway for Th1 differentiation that is suppressed by the presence of Th2 cytokines as in STAT6–/– mice (21). STAT4–/– mice have been recently reported to be resistant to lymphocytic choriomeningitis virus–induced diabetes (22), but reject a fully allogeneic transplanted organ at the same tempo as STAT6–/– and wild-type mice (23).
In this report, we used STAT4- and STAT6-deficient mice to investigate the regulatory functions of Th1 and Th2 cells in EAE induced by myelin oligodendrocyte glycoprotein (MOG).

Methods

Mice. STAT4−/− and STAT6−/− mice were generated by M.J. Grusby as described previously (17, 20) and backcrossed onto a C57BL/6 background for at least ten generations. C57BL/6 wild-type and TCR-αβ−/− mice on a C57BL/6 background were purchased from The Jackson Laboratories (Bar Harbor, Maine, USA). The maintenance of the facility and use of animals is in full compliance with the Laboratory Animal Welfare Act and the Health Research Extensions Act. Female mice at 6–8 weeks of age were used for experiments.

EAE induction with MOG. MOG peptide 35-55 (MOG 35-55) (M-E-V-G-W-Y-R-S-P-F-S-R-O-V-H-L-Y-R-N-G-K) corresponding to the mouse sequence was synthesized by Quality Controlled Biochemicals Inc. Division of BioSource International (Hopkinton, Massachusetts, USA) and purified to greater than 99% by HPLC. C57BL/6 wild-type, STAT4−/−, and STAT6−/− mice were generated by transplanting mice to a C57BL/6 background for at least ten generations. C57BL/6 wild-type and TCR-αβ−/− mice on a C57BL/6 background were purchased from The Jackson Laboratories (Bar Harbor, Maine, USA). The main- tenance of the facility and use of animals is in full compliance with the Laboratory Animal Welfare Act and the Health Research Extensions Act. Female mice at 6–8 weeks of age were used for experiments.

EAE was scored as described previously (24): grade 1, limp tail or isolated weakness of gait without limp tail; grade 2, partial hind leg paralysis; grade 3, total hind leg or partial hind and front leg paralysis; grade 4, total hind leg and partial front leg paralysis; grade 5, moribund or dead animal.

Adoptive transfer. For the adoptive transfer studies, primed splenocytes are injected intraperitoneally in naïve recipients that are then immunized. We elected to immunize the animals rather than reactivate the primed cells in vitro in order to allow the transferred T cells to be activated in vivo in the environment that we wanted to test. This model allows us to examine what happens to primed T cells when they are reactivated in vivo under various conditions (Th1 versus Th2 cytokine environment). To determine the optimal number of splenocytes to be transferred, wild-type primed splenocytes were harvested on day 12 postimmunization and 25, 50, or 100 × 10^6 splenocytes were transferred into TCR-αβ−/− recipients. We determined that 50 × 10^6 cells induced adequate disease. That number of cells suspended in a volume of 1 ml of PBS was used in experiments using TCR-αβ−/− or STAT4−/− recipients. One day later, the recipient mice were immunized with MOG 35-55 as described above in order to activate the lymphocytes in vivo. The mice were given one dose of pertussis intraperitoneally on day 0.

Immunization and cell culture. For in vitro experiments, mice were immunized subcutaneously in one hind footpad and in both flanks with an emulsion of 100 µl of CFA and 100 µl PBS containing 100 µg of MOG 35-55. A single cell suspension was prepared from the inguinal and the draining popliteal lymph nodes or spleens. Cells were cultured in 96-well plates (Corning Costar Corp., Cambridge, Massachusetts, USA). Media used for proliferation and cytokine assays consisted of serum-free Ex Vivo 20 medium (BioWhittaker Inc., Walkersville, Maryland, USA) containing 75 mM/ml L-glutamine, 100 U/ml penicillin and streptomycin, 1 ml/100 ml of media of a 100× concentrated nonessential amino acid solution, 0.1 mM/ml HEPES, 1 mM/ml sodium pyruvate (all BioWhittaker Inc.) and 0.05 mM/ml 2-mercaptoethanol (Sigma Chemical Co., St. Louis, Missouri, USA). Cells were incubated at 37°C in humidified air containing 7% CO₂.

Proliferation assay. For proliferation assays, cells were cultured at 2 × 10^6 cells/ml and 200 µl/well was plated with 0, 1, 10, and 100 µg/ml of antigen. After 48 hours of culture, 1 µCi [3H]-thymidine (NEN Life Science Products Inc., Boston, Massachusetts, USA) was added in 10 µl of media to each well for another 16 hours. Cells were harvested on filter mats, dried, and counted.

Cytokine ELISA. For cytokine assays, cells were cultured at 4 × 10^5 cells/ml in 200 µl media at antigen concentrations of 0, 1, 10, and 100 µg/ml of antigen. Supernatants for IL-5 and IFN-γ ELISA were collected after 48 hours of culture. Quantitative ELISAs for IL-5 and IFN-γ were performed using paired Ab’s and recombinant cytokines from PharMingen (San Diego, California, USA), according to manufacturer’s recommendations. Enzyme-linked immunosorbent spot assay. Cells (4 × 10^6 per well) were incubated with antigen in U-bottomed plates for 24 hours. The cells were resuspended and serially diluted from a concentration of 4 × 10^6/ml down to 3 × 10^3/ml, then added to nitrocellulose plates (Millipore Corp., Bedford, Massachusetts, USA). The plates were coated with 50 µl primary IFN-γ Ab (clone R4-6A2; Endogen Inc., Woburn, Massachusetts, USA),
Table 1
Disease incidence, mean maximal grade, and day of onset in STAT4 or STAT6 knockout compared with wild-type

<table>
<thead>
<tr>
<th>Incidence</th>
<th>Mean maximal grade ± SE</th>
<th>Onset ± SE</th>
</tr>
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<tbody>
<tr>
<td>Wild-type</td>
<td>16/16</td>
<td>1.88 ± 0.24</td>
</tr>
<tr>
<td>STAT4 knockout</td>
<td>7/16</td>
<td>0.46 ± 0.23</td>
</tr>
<tr>
<td>STAT6 knockout</td>
<td>15/15</td>
<td>2.7 ± 0.11</td>
</tr>
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aOnset is calculated only for the animals that did develop EAE. *P = 0.0008 compared with wild-type and STAT6–/– by Fisher’s exact test. **P = 0.0022 compared with wild-type and P < 0.0001 compared with STAT6–/– by Mann-Whitney test.

or primary IL-5 Ab (clone TRFK5; PharMingen), or primary IL-4 Ab (clone 11B11; PharMingen) at a concentration of 5 µg/ml. One hundred microliters of the appropriate concentrations of antigen or mitogen were added to the nitrocellulose enzyme-linked immunosorbent spot (ELISPOT) assay plates. The cells were incubated for 18 hours at 37°C, washed three times, and 50 µl/well of biotinylated IFN-γ secondary Ab (clone XMG1.2; Endogen Inc.) or biotinylated IL-5 secondary Ab (clone TRFK4), or biotinylated IL-4 secondary Ab (clone BVD6-24G2) was added to the plates at a concentration of 2 µg/ml diluted in 1% BSA/PBS for 5 hours at room temperature. After washing, 50 µl of alkaline phosphatase (Sigma E-2636) was added to the plates at a dilution of 1:1,000 in 0.05% Tween/PBS for 2 hours at room temperature. Plates were washed twice with wash buffer and then twice in PBS. Fifty microliters of BCIP/NBT (Sigma FASTR B-5655) solution was added for 5 to 20 minutes until blue spots developed. Plates were washed with distilled water. Spots were counted using a Zeiss Stemi 100 dissecting microscope (Carl Zeiss Inc., Thornwood, New York, USA).

Immunohistology and histopathology. Spinal cords and brains were collected on day 17–21 and at day 50 post immunization from two to four mice in each experimental group. Spinal cord tissues were embedded in OCT, quick frozen in liquid nitrogen, and kept at −70°C until sectioning. Cryostat sections (10 µm) of spinal cords were fixed with acetone or 4% paraformaldehyde and then labeled with the Ab of interest: anti-mouse CD4 (clone H129.19), anti-mouse CD8α (clone 53-6.7), anti-mouse Ly-6G (clone RB6-8C5), all from PharMingen, and anti-F4/80 (clone CI:A3-1; Caltag Laboratories Inc., Burlingame, California, USA). The sections were stained using the avidin-biotin technique (Vectastain Elite kit; Vector Laboratories, Burlingame, California, USA), visualized with diamino-benzidine (Vector Laboratories), and counterstained in hematoxylin. Isotype-matched Ig and omission of the primary Ab served as negative controls. Each specimen was evaluated at a minimum of three different levels of sectioning. The whole tissue section (a longitudinal spinal cord section) was evaluated for a given cellular marker at ×40 magnification. Number of cells staining positive for the given marker were counted in ten ×40 (high-power fields) fields per section. The results for one section were totaled, and the results between sections were averaged.

Anti-MOG Ab assay. Serum samples were obtained from blood of immunized or naive mice and stored at −20°C. MOG 35-55 was dissolved at 1 µg/ml in NaHCO3 buffer 0.1 M, pH 9.6. The peptide was coated on a 96-well Nunc-Immuno Plate (Nalge Nunc International, Rochester, New York, USA) at 50 µg/well for 3 hours at 37°C. The plates were blocked overnight with 2% BSA (wt/vol) in PBS at 4°C. The serum samples (diluted 1:50 in PBS) were added, then serially diluted on the ELISA plate. The plates were incubated for 3 hours at 37°C, then washed three times, and
horse anti-mouse IgG, IgG1, and IgG2a peroxidase-conjugated Abs (Vector Laboratories Inc.) were added (concentration 1:1,000 in PBS). Plates were incubated for 1 hour at room temperature. TMB Microwell Peroxidase Substrate (Kirkegaard & Perry Laboratories, Gaithersburg, Maryland, USA) was used to develop the plates, and the reaction was stopped with TMB Stop Solution (Kirkegaard & Perry Laboratories), and read at 450 nm. Serum samples from immunized animals were compared to a naive serum standard, and the titer equivalent to the standard was recorded.

Statistical analysis. The Student’s t test was used to compare STAT4–/– or STAT6–/– groups to wild-type in the immunohistology, proliferation, and cytokine studies. The Mann-Whitney test was used to compare STAT4–/– and STAT6–/– groups to wild-type in the Ab study, while for the incidence comparisons, Fisher’s exact test was used.

Results
Clinical disease expression in STAT4–/– and STAT6–/– mice. First we tested the effects of targeted deletion of STAT4 versus STAT6 on the induction of EAE. Our data show that STAT4–/– mice are resistant to the development of clinical EAE, while STAT6–/– mice experience a more severe form of disease as compared with STAT4–/– or wild-type mice (Figure 1). Composite data from three experiments are shown in Table 1. Mice were followed for up to 50 days. STAT4–/– mice have a lower incidence of disease (<50%) compared with wild-type and STAT6–/– mice (100%; P = 0.0008 for either). The STAT4–/– mice that develop EAE experience a similar day of onset of disease as wild-type mice, but show a very mild clinical course (mean maximal disease grade of 0.46 ± 0.2). In contrast, STAT6–/– mice have an earlier onset of disease compared with wild-type (P < 0.01) mice and attain a higher disease grade compared with wild-type (P < 0.005) and to STAT4–/– (P < 0.0001) mice.

Immunopathology of the CNS after EAE induction. Pathologic examination of the CNS from STAT4–/–, STAT6–/–, and wild-type mice taken on day 16 postimmunization showed minimal inflammation in the CNS of STAT4–/– mice, while there were more infiltrates in the other two groups of mice (Figure 2a). Quantitation of CD4+ and CD8+ T cells, macrophages, and granulocytes after immunohistological staining showed significantly fewer infiltrating cells in STAT4–/– mice as compared with wild-type and STAT6–/– mice (Figure 2a). There were significantly fewer CD4+ cells in spinal cord sections from STAT4–/– compared with wild-type mice taken on day 50 postimmunization (Figure 2b).

Cytokine production by primed T cells from STAT4–/– and STAT6–/– mice. We examined the proliferation of in vivo primed splenocytes isolated from STAT4–/–, STAT6–/–, and wild-type mice. T cells of STAT4–/– and STAT6–/– mice proliferated well to MOG peptide in vitro (Figure 3), indicating that they are primed. We examined Th1 and Th2 cytokine production by ELISA assay and quantified the number of cytokine-secreting cells by ELISPOT assay. Interestingly, IFN-γ production in culture supernatants was significantly higher in splenocytes of wild-type mice than in STAT6–/– mice after stimulation with MOG peptide (Figure 4a). This finding was confirmed by the

Figure 3
Proliferative response of splenocytes isolated from wild-type, STAT4–/–, and STAT6–/– mice to MOG 35-55 in vitro. Splenocytes were obtained on day 14 postimmunization from wild-type (white bars), STAT4–/– (gray bars), and STAT6–/– (black bars) mice. The cells were cultured in the presence of MOG 35-55 at 1, 10, and 100 µg/ml (on the x axis). The cpm is indicated on the y axis (± SD). Proliferation to 10 µg/ml of MOG was significantly more in cultures from STAT4–/– (P = 0.0009) and STAT6–/– (P = 0.0001) mice compared with wild-type.

Figure 4
IFN-γ production of splenocytes from wild-type, STAT4–/–, and STAT6–/– mice in response to MOG peptide in vitro. (a) IFN-γ production was measured by ELISA (± SD) in the supernatants of splenocytes harvested on day 14 from C57BL/6 (white bars), STAT4–/– (gray bars), or STAT6–/– mice (black bars) after 48 hours of culture with MOG 35-55 at concentrations of 1, 10, or 100 µg/ml. IFN-γ production was significantly greater in the cultures from wild-type mice compared with STAT4–/– mice at all concentrations of MOG 35-55 (P < 0.005). (b) MOG 35-55-specific IFN-γ-producing cells (± SD) were measured by ELISPOT assay in cultures of splenocytes from C57BL/6 wild-type (white bars), or STAT4–/– (gray bars), or STAT6–/– mice (black bars). The y axis represents the number of positive cells per 2 × 10⁵ cells plated. The frequency of IFN-γ-producing cells was significantly higher in wild-type than STAT4–/– (P < 0.005) and STAT6–/– mice (P < 0.01) at all concentrations of MOG peptide.
IL-4 and IL-5 cytokine production of splenocytes from wild-type, STAT4−/−, and STAT6−/− mice in response to MOG peptide in vitro. (a) IL-5 production was measured by ELISA (± SD) in the supernatants of splenocytes harvested on day 14 postimmunization with MOG p35-55 from C57BL/6 wild-type (white bars), STAT4−/− (gray bars), or STAT6−/− mice (black bars), after 48 hours of culture with three different concentrations of MOG p35-55. Measurable IL-5 production was significantly greater in the cultures from STAT4−/− mice at all concentrations of MOG p35-55 (P < 0.05 compared to wild-type and STAT6−/−). (b) MOG p35-55–specific IL-5–producing cells (± SD) were measured by ELISPOT in cultures of splenocytes from C57BL/6 wild-type (white bars), STAT4−/− (gray bars), or STAT6−/− mice (black bars) taken 14 days postimmunization with MOG p35-55. The y axis represents the number of positive cells per 2 × 10^5 cells plated. The frequency of IL-5–producing cells was significantly higher in STAT4−/− compared with wild-type or STAT6−/− cultures at all concentrations of MOG (P < 0.005). (c) MOG p35-55–specific IL-4–producing cells (± SD) were measured by ELISPOT in cultures of splenocytes from C57BL/6 wild-type (white bars), STAT4−/− (gray bars), or STAT6−/− mice (black bars) taken from mice 14 days postimmunization with MOG p35-55. The y axis represents the number of positive cells per 2 × 10^5 cells plated. The frequency of IL-4–producing cells was significantly higher in STAT4−/− and wild-type compared with STAT6−/− cultures at all concentrations of MOG (P < 0.01).

ELISPOT assay data showing the highest frequency of IFN-γ–producing cells in the wild-type cultures (Figure 4b). As expected, STAT4−/− mice had the lowest IFN-γ production as determined by ELISA and the lowest frequency as determined by the ELISPOT assay (Figure 4, a and b). IL-4 is difficult to measure in culture supernatants using ELISA due to consumption by cells; thus we measured IL-5 in culture supernatants as a marker of Th2 cells. IL-5 production was highest in culture supernatants from STAT4−/− mice (Figure 5a). This was associated with a higher frequency of IL-5–producing cells as measured by ELISPOT assay in these mice (Figure 5b). The frequency of IL-4–producing cells as determined by ELISPOT assay was similar in the STAT4−/− and wild-type groups and significantly lower in the STAT6−/− mice (Figure 5c).

Anti-MOG Ab titers in STAT4−/−, STAT6−/−, and wild-type mice. Anti-MOG Ab’s were reported to augment disease severity in a MOG EAE rat model (25), although B cell–deficient C57BL/6 mice develop EAE (26). A decreased level of IgG1 and IgE, typically associated with a Th2 phenotype, have been reported in STAT6−/− mice (16). IgG2a, typically associated with a Th1 phenotype, has been reported to be either elevated (27) or normal (16, 17) in STAT6−/− animals. We examined the relative titers of anti-MOG total IgG (Figure 6a), IgG1 (Figure 6b), and IgG2a (Figure 6c) from serum samples...
STAT4–/– mice (filled circles) or STAT6 –/– mice (filled squares) were injected intraperitoneally into recipient STAT4–/– mice. Splenocytes from wild-type mice were harvested 12 days after immunization with MOG peptide. The recipients were immunized with MOG peptide 1 day after transfer. Five recipient mice per group were used. (a) Adoptive transfer of wild-type cells into TCR-αβ−/− mice. Spleenocytes from wild-type mice were harvested 12 days postimmunization with MOG peptide. The cells were resuspended in PBS and wild-type splenocytes at concentrations of either 100 × 10^6 (open circles), 50 × 10^6 (filled triangles), or 25 × 10^6 (filled squares) were injected intraperitoneally into recipient TCR-αβ−/− mice. The recipients were immunized with MOG peptide 1 day after transfer. Five recipient mice per group were used. (b) Adoptive transfer of wild-type cells into TCR-αβ−/− mice. Splenocytes from either wild-type or STAT6−/− mice were harvested 12 days after immunization with MOG peptide. The cells were resuspended in PBS and 50 × 10^6 splenocytes from STAT4−/− mice (filled circles) or STAT6−/− mice (filled squares) were injected intraperitoneally into recipient TCR-αβ−/− mice. The recipients were immunized with MOG peptide 1 day after transfer. Five recipient mice per group were used.

Adoptive transfer studies into TCR-αβ−/− recipients. To further investigate the encephalitogenicity of Th1 and Th2 cells, we used an adoptive transfer model where primed splenocytes from mice immunized previously were transferred directly without in vitro stimulation into TCR-αβ−/− animals. The adoptively transferred wild-type cells were similar to STAT4−/− cell cultures with very little IFN-γ production in the supernatants of cultures of primed cells harvested from STAT4−/− recipients of STAT6−/− splenocytes (Figure 9a). IFN-γ production in cultures of adoptively transferred wild-type cells were similar to STAT4−/− cell cultures with very little IFN-γ production (Figure 9a). IL-5 levels were similar between STAT4−/− recipients of STAT6−/− cells or wild-type cells (Figure 9b).

Discussion

To our knowledge, this is the first report on the effect of targeted disruption of STAT 4 and STAT 6 genes on the development of EAE. The first novel observation is that STAT4−/− mice are relatively protected from EAE, while STAT6−/− mice experience a more severe disease isolated from STAT4−/−, STAT6−/−, and wild-type mice at four different time points postimmunization: day 12, 16, 22, and 50. Three to five samples per group per time point were tested. Using Mann-Whitney analysis, no significant differences were found in total IgG titers between the three groups. IgG2a titers were not significantly different in either the STAT4−/− or STAT6−/− groups compared with wild-type mice. As anticipated, IgG1 titers were significantly lower in the STAT6−/− (P = 0.028) but not STAT4−/− (P = NS) mice compared with wild-type.

Adoptive transfer studies into TCR-αβ−/− recipients. To investigate the putative regulatory function of a Th2 environment in disease expression, we transferred 50 × 10^6 splenocytes from STAT6−/− or wild-type mice into STAT4−/− recipients that were subsequently immunized with MOG. Splenocytes harvested from STAT6−/− mice resulted in worse disease than wild-type splenocytes when transferred into STAT4−/− recipients (Figure 8). This may be due to the ability of the Th2 environment to better regulate uncommitted wild-type T cells than STAT6−/− cells, which lack the IL-4-regulated Th2 differentiation pathway and may only form Th1 cells. In vitro cytokine production confirmed this and showed high levels of IFN-γ production in the supernatants of cultures of primed cells harvested from STAT4−/− recipients of STAT6−/− splenocytes (Figure 9a). IFN-γ production in cultures of adoptively transferred wild-type cells were similar to STAT4−/− cell cultures with very little IFN-γ production (Figure 9a). IL-5 levels were similar between STAT4−/− recipients of STAT6−/− cells or wild-type cells (Figure 9b).

Adoptive transfer of wild-type splenocytes into a STAT4−/− host results in less disease than transfer of STAT6−/− splenocytes. Splenocytes (50 × 10^6) from wild-type (triangles) or STAT6−/− (squares) mice were injected intraperitoneally into recipient STAT4−/− mice that were then immunized as above. A nontransfer STAT4−/− group (circles) is also shown. Five recipient mice per group were used.
than STAT4−/− and wild-type controls. These data are different from those obtained with individual cytokine gene knockout mice and point to the potential therapeutic advantage of targeting genes that control Th1 and Th2 immune responses as opposed to individual cytokine genes. The Th1 cytokines, IFN-γ and TNF-α, have all been linked to disease expression in EAE (2, 3, 28, 29). However, Th1 cytokines may play a dual role in disease initiation and disease remission (10, 30). The minimal clinical disease observed in STAT4−/− mice is in sharp contrast to IFN-γ−/− mice that have massive CNS infiltrates and more severe disease than wild-type mice (ref. 9 and our own unpublished observations). This apparent paradox may be related to the regulatory functions of IFN-γ as an anti–T cell proliferative cytokine (31–33) and, more relevant to our model, its potential role in inducing apoptosis of T cells in the CNS (34). STAT4−/− mice produce small amounts of IFN-γ via a STAT4 independent pathway that may involve IL-18 (35–38). This small amount of IFN-γ may be sufficient to regulate the immune response in STAT4−/− mice. Similarly, TNF-α−/− deficient mice develop more severe EAE (39, 40) than wild-type controls, again indicating that during some phase of the disease TNF-α plays a protective role. The role of IL-12 in EAE is well documented: Ab’s to IL-12 protect mice from passive disease (41) and from actively induced disease and relapses (42), while mice deficient in IL-12 are resistant to EAE (43). The functional effects of IL-12 are mediated via the IL-12R (44) after tyrosine phosphorylation of STAT4 (45, 46). Thus, our data showing that STAT4−/− mice are protected from EAE are consistent with these observations.

There are several potential explanations for the lack of disease in STAT4−/− mice. First, it is possible that cells in the STAT4−/− mice fail to be primed. Our proliferation data show that STAT4−/−-derived cells proliferate as well as the control cells, consistent with priming. Second, the cells may fail to differentiate and express the appropriate cytokine profile conducive to disease. Our data are consistent with this hypothesis, since cells from STAT4−/− mice produce low IFN-γ and high IL-4 and IL-5. The third possibility is that STAT4−/−-primed cells lack the appropriate chemokine signals to enter the CNS. Th1 and Th2 cytokines play an important role in production of key chemokines that may control tissue migration of effector T cells (47, 48). Thus, the decrease in IFN-γ in STAT4−/− mice may decrease the production of Th1-dependent chemokines such as IP-10 (49, 50) and MIG (51, 52), leading to milder disease. Using STAT4- and STAT6-deficient mice, Zhang et al. recently reported a differential expression of chemokines by Th1 and Th2 cells, and showed that the expression of Th2-derived chemokines was dependent on STAT6 and preferentially induced the chemotaxis of Th2 over Th1 cells (53). In an asthma model, Mathew et al. showed that antigen-specific wild-type Th2 cells adoptively transferred to STAT6−/− mice fail to induce asthma consistent with there being functional STAT6 binding sites in the promoters of Th2 active chemokines (54). Furthermore, IFN-γ plays a role in directing chemokine production so that IFN-γ−/− mice have undetectable levels of MCP-1 and RANTES during the course of EAE (30), although these chemokines are not decreased in STAT4−/− mice (53). It appears that STAT proteins and other transcription factors such as NF-κB may bind to chemokine promoters (55) so that the STAT proteins may be a key point in the signaling pathway that leads to differentiation and recruitment of T cells.

It is interesting that STAT6−/− mice have a more severe disease than wild-type mice despite having lower IFN-γ production. Our data of the cytokine profiles in STAT4- and STAT6-deficient mice suggest that the Th1/Th2 cytokine balance may be an important determinant of the expression pattern of clinical and pathological disease. Thus, in wild-type mice a higher amount of IFN-γ production is counterbalanced by the production of Th2 cytokines, whereas in STAT6−/− mice a moderate production of IFN-γ is unopposed by Th2 cytokines leading to a more severe disease. STAT4−/− mice, on the other hand, while producing a small amount of IFN-γ, express a predominance of Th2 cytokines and are thus protected from disease.
The second novel observation in our study is that primed STAT4−/− T cells do not induce disease in an immunodeficient host. The role of Th2 cells in EAE remains controversial. Th2 cells have been shown to protect against Th1 cell–mediated inflammatory diseases (56, 57), and CNS-specific Th2 clones have been shown to be protective in EAE (58, 59). However, there is conflicting data showing a lack of protection from disease by short-term proteolipid protein–specific Th2 cell lines (60). More importantly, myelin basic protein–specific Th2 cells induced delayed onset EAE in an immunodeficient host, associated with infiltration with polymorphonuclear leukocytes (61). Our data show a lack of encephalitogenicity of STAT4−/− cells in both immunocompetent and immunodeficient hosts. We have carried out our observations to day 50, and STAT4−/− remained resistant to clinical disease. In addition, in the STAT4−/− mice that developed very mild disease (44%), the onset of disease was not delayed. Furthermore, STAT4−/− animals had minimal early and late cellular infiltrates including granulocytes. These observations emphasize the complexity of the Th1/Th2 paradigm in autoimmune diseases in general and in EAE in particular. We conclude that targeting STAT genes extends beyond the simple effect of a particular cytokine deficiency or dysregulation. Thus, our hypothesis is that the overall phenotype (T cell differentiation, recruitment, and chemotaxis) of the immune response determines the expression pattern of clinical and pathological disease in EAE.

The third novel and important observation in this study is that the Th2 environment in STAT4−/− animals may be regulatory, particularly in the case of adoptive transfer of primed wild-type splenocytes. Interestingly, primed STAT6−/− cells mediated a more severe disease than wild-type cells in adoptive transfer experiments into STAT4−/− environment, raising the possibility that regulation is more effective when the target is less committed to develop into Th1 effector cells. Whether the regulatory environment in STAT4−/− animals is mediated by regulatory T cells or by a state of Th2 immune deviation with a predominance of Th2 cytokines and chemokines will require further investigation and possibly the generation of antigen-specific Th1 and Th2 lines and clones, as previously reported in an allogeneic system in vivo (62).

In summary, STAT4 and STAT6 genes control a pathway central to the induction of EAE. Disruption of the STAT4 gene ameliorates clinical disease and reduces inflammatory infiltrates in the CNS, while disruption of the STAT6 gene causes worse clinical and pathological disease. Our data show that modulation of T helper responses at a more proximal site, rather than complete elimination of a particular Th1 cytokine, is the key to modulating autoimmune responses in vivo. Further studies are required in relapsing models of STAT4−/− and STAT6-deficient mice in order to elucidate the mechanisms of function of these genes in EAE. We are currently backcrossing the STAT-deficient mice into the SJL background to study the effect of STAT4 and STAT6 disruption on relapsing disease. Targeting individual cytokines have led to unwanted results in both humans and mice and care should be exercised in extrapolating these results to human diseases.

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