The buzz about BAFF

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In idle moments, people who treat autoimmune diseases such as systemic lupus erythematosus (SLE), rheumatoid arthritis (RA), and Sjögren syndrome (SS) dream of finding the diseases’ Achilles heel: a protein that plays some causative role, is required for disease persistence, and can be targeted therapeutically without causing widespread side effects. Experiments on BAFF (also known as BLyS, TALL-1, THANK or zTNF4) (1–4), a new member of the TNF family of cytokines, are generating enormous excitement because they suggest that these dreams just might come true. Here, at last, is an example of a molecule that appears to be involved in common human autoimmune diseases, rather than just the ever-so-rare eponymous syndromes (5–8). Moreover, experiments in animals suggest that therapies based on antagonizing BAFF may make a real difference clinically (6, 9–12).

There are many mouse models of SLE, for example, featuring high levels of anti-DNA antibodies, deposits of immune complexes, and organ failure. These include Bcl-2 transgenic mice (13), mice lacking the Bcl-2 antagonist Bim (14), mice with low expression of CD95 (Fas/APO-1; the product of the mouse lpr gene) (15), and mice lacking genes lyn or fyn (16, 17), among others. Disappointingly, mutation or aberrant expression of these genes has only rarely been found in humans with common autoimmune syndromes (18). In contrast, elevated levels of BAFF have now been found in humans with SLE, RA, and SS, as well as in both lpr and NZB/WF1 mice (5–8).

BAFF is made in both membrane-bound and soluble forms by myeloid cells and dendritic cells, as well as by some T cells (reviewed in ref. 19). It is most closely related to APRIL/TRDL-1α, another TNF family member implicated in growth of tumor cells (20). Both BAFF and APRIL can bind to either of the receptors BCMA and TACI, but only BAFF binds another receptor, BAFF-R/BR3, that is expressed on the surface of B cells (21, 22) (Figure 1). When the BAFF receptor gene is mutated, as occurs in A/WySnJ mice, peripheral B cells are absent (21, 22), indicating that BAFF signaling is required for the production or maintenance of these cells. Ligation of BAFF-R seems not to affect proliferation, but rather to promote B cell survival, perhaps by increasing expression of the anti-apoptotic protein Bcl-2 (23, 24) — a possibility that would fit nicely with the observations of autoimmunity in Bcl-2 transgenic mice (13).

Injection of recombinant BAFF into mice enhances both Ig levels and mature B cell numbers (25). The B cell population is also increased when BAFF is continuously elevated, as in BAFF transgenic mice. These mice are prone to an SLE-like syndrome, with raised levels of circulating immune complexes and anti-DNA autoantibodies, and Ig deposits in their kidneys (6, 26, 27). Moreover, as described by Groom et al. in this issue of the JCI, they also develop and eventually succumb to a disease like SS, with severe inflammation of the salivary glands (7). Thus, overproduction of BAFF is sufficient to cause the development of two autoimmune diseases in vivo.

Blocking BAFF in vivo confirms that it is required for persistence of mature B cells and generation of specific antibody responses. Mice treated with TACI-Fc protein, which binds to BAFF and prevents it from engaging its...
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