Improving chemotherapeutic drug penetration in tumors by vascular targeting and barrier alteration

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Drug delivery and penetration into neoplastic cells distant from tumor vessels are critical for the effectiveness of solid-tumor chemotherapy. We have found that targeted delivery to tumor vessels of picogram doses of TNF-α (TNF), a cytokine able to alter endothelial barrier function and tumor interstitial pressure, enhances the penetration of doxorubicin in tumors in murine models. Vascular targeting was achieved by coupling TNF with CNGRC, a peptide that targets the tumor neovasculature. This treatment enhanced eight- to tenfold the therapeutic efficacy of doxorubicin, with no evidence of increased toxicity. Similarly, vascular targeting enhanced the efficacy of melphalan, a different chemotherapeutic drug. Synergy with chemotherapy was observed with 3–5 ng/kg of targeted TNF (intraperitoneally), about 10^4-fold lower than the LD_{50} and 10^5-fold lower than the dose required for nontargeted TNF. In addition, we have also found that targeted delivery of low doses of TNF to tumor vessels does not induce the release of soluble TNF receptors into the circulation. The delivery of minute amounts of TNF to tumor vessels represents a new approach for avoiding negative feedback mechanisms and preserving its ability to alter drug-penetration barriers. Vascular targeting could be a novel strategy for increasing the therapeutic index of chemotherapeutic drugs.

doxorubicin, with no evidence of increased toxicity. In addition, we provide evidence that vascular targeting with NGR-TNF can reduce drug-penetration barriers and increase the amount of doxorubicin that reaches cancer cells. Finally, we show that the delivery of minute amounts of NGR-TNF to tumor vessels overcomes another major problem associated with systemic administration of relatively high doses of TNF, i.e., the induction of soluble TNF inhibitors.

Methods

Tumor cell lines and reagents. Mouse B16F1 melanoma and Thy 1.1 cDNA–transfected RMA cells (RMA-T) lymphoma were cultured as described previously (14, 15).

The mAb 6G1 (rat anti–p75 murine TNF [mTNF] receptor antagonist) was produced and characterized as described previously (16, 17). The mAb V1q (rat anti-mTNF) was kindly supplied by D. Mannel (University of Regensburg, Regensburg, Germany). Melphalan (Alkerman) was obtained from Glaxo Wellcome Operations (Dartford, United Kingdom). Doxorubicin (Adriblastina) was purchased from Pharmacia & Upjohn SpA (Milan, Italy).

Preparation of human and murine TNF and NGR-TNF. Human and murine TNF and NGR-TNF (consisting of TNF fused with the C-terminus of CNGRCG) were prepared by recombinant DNA technology and purified from Escherichia coli cell extracts, as described (14). All solutions used in the chromatographic steps were prepared with sterile and endotoxin-free water (SALF Laboratorio Farmacologico SpA, Bergamo, Italy). Protein concentration was measured using the BCA Protein Assay Reagent (Pierce Chemical Co., Rockford, Illinois, USA). The in vitro cytolytic activity of human TNF (hTNF), estimated from a standard cytolytic assay with L-M mouse fibroblasts (18), was 5.4 × 10^7 U/mg, whereas that of purified NGR-hTNF was 1.4 × 10^8 U/mg. The cytolytic activity of mTNF was 7.6 × 10^7 U/mg, whereas that of NGR-mTNF was 9.1 × 10^7 U/mg. The hydrodynamic volumes of NGR-mTNF, NGR-hTNF, and mTNF were similar to those of hTNF, a homotrimetric protein (19), by gel filtration chromatography on a Superdex 75 HR column (Amersham Biosciences Europe GmbH, Freiburg, Germany). Electrospray mass spectrometry of each product determined the following molecular masses: NGR-hTNF, 17,937.6 ± 1.9 Da (expected for CNGRCG-hTNF1–157 monomers, 17,939.4 Da); hTNF, 17,349 ± 1.3 (expected for hTNF1–157, 17,350.7); NGR-mTNF, 17,841.16 ± 2.5 (expected for CNGRCG-mTNF1–156, 17,844.2); mTNF, 17,384.9 ± 2 (expected for Met-mTNF1–156, 17,386.7). The endotoxin content of each product, measured using the quantitative chromogenic limulus amoebocyte lysate (LAL) test (BioWhittaker Inc., Walkersville, Maryland, USA), was: NGR-hTNF, 0.079 U/µg; hTNF, 0.117 U/µg; NGR-mTNF, 0.082 U/µg; mTNF, 1.61 U/µg.

In vivo studies. Studies on animal models were approved by the Ethical Committee of the San Raffaele H Scientific Institute and performed according to the prescribed guidelines. C57BL/6 mice (Charles River Laboratories, Calco, Italy) weighing 16–18 g were challenged with subcutaneous injection in the left flank of 5 × 10^4 RMA-T or B16F1 living cells; 4–12 days later, the mice were treated with TNF or NGR-TNF solutions (100 µl) followed 2 hours later by administration of melphalan or doxorubicin solution (100 µl). Unless specified, all drugs were administered intraperitoneally. All drugs were diluted with 0.9% sodium chloride, containing 100 µg/ml endotoxin-free HSA (Farma-Biagini SpA, Lucca, Italy), except for doxorubicin, which was diluted with 0.9% sodium chloride alone. Tumor growth was monitored daily by measuring the tumors with calipers as previously described (20). Animals were sacrificed before the tumors reached 1.0–1.5 cm in diameter. Tumor sizes are shown as mean ± SE (five animals per group). Statistical analysis was performed by two-tailed t test. Differences between groups were considered significant when P was less than 0.05.

Soluble TNF receptor assays. Soluble p55TNF receptor (sTNF-R1) and soluble p75TNF receptor (sTNF-R2) in animal sera were measured using the Quantikine M kit (R&D Systems Inc., Minneapolis, Minnesota, USA).

Detection of doxorubicin in tumors. C57BL/6 mice bearing B16F1 or RMA-T tumors (diameter 0.5–1 cm) were treated with NGR-TNF (0.1 ng diluted in 0.9% sodium chloride containing 100 µg/ml HSA, intraperitoneally), or with diluent alone, followed 2 hours later by doxorubicin (320 µg intraperitoneally). After 2 hours, the animals were sacrificed and the tumors were excised. Each tumor was weighed, disaggregated, resuspended in cold PBS, and filtered through 70-µm filters. The cells were resuspended in cold PBS (50 ml), centrifuged (460 g, 10 minutes, 4°C), resuspended in cold PBS (2.5 ml/g of tumor tissue), and mixed with freshly prepared PBS containing 8% formaldehyde (2.5 ml/g of tissue). The cells were stored in the dark at 4°C overnight, and then analyzed by FACS. The FACScan (BD Biosciences, Erembodegen, Belgium) was calibrated with cells recovered from untreated tumors. Each sample was then analyzed using the FL-3 filter and CellQuest (BD Biosciences) software.

Results

Dose-response curves of NGR-mTNF and mTNF in murine lymphoma and melanoma models. The antitumor activity of NGR-mTNF and mTNF was first characterized in the absence of chemotherapeutic drugs. To compare the dose-response curves of NGR-mTNF and mTNF, we performed several experiments based on single or repeated intraperitoneal administration of various doses of NGR-mTNF and mTNF (from 0.01 to 10000 ng) to RMA-T lymphoma– or B16F1 melanoma–bearing mice. Murine TNF delayed tumor growth when administered at high doses (10,000 ng) (Figure 1a); no effects were induced by doses lower than 100 ng, either with single (Figure 1a) or with repeated administrations (Figure 1b). NGR-mTNF was markedly more potent. In this case we observed antitumor effects even...
with doses as low as 0.01 ng (Figure 1, a and b). However, the dose-response curve was more complex. For instance, the effect of 10 ng was surprisingly lower than that of 0.01–0.1 ng and 1,000–10,000 ng. A bell-shaped dose-response curve was observed in several other experiments conducted in the RMA-T model as well as in the B16F1 melanoma model (not shown). These results suggest that the efficacy of low doses of NGR-mTNF is markedly higher than that of mTNF, and that doses of NGR-mTNF greater than 1–10 ng activate negative feedback mechanisms that inhibit its potential antitumor activity.

Nanogram, but not picogram, doses of NGR-TNF induce soluble TNF receptor shedding. The protective mechanisms responsible for the bell-shaped dose-response curve of NGR-mTNF were then investigated. Since exogenously administered TNF can induce shedding of soluble TNF receptors (sTNF-Rs) shedding in vivo (21), we hypothesized that the lower efficacy of 10 ng of NGR-mTNF was related to induction of sTNF-R1 and/or sTNF-R2 and, consequently, to neutralization of its interaction with membrane receptors.

To test this hypothesis, we measured the levels of sTNF-R1 and sTNF-R2 in the serum of tumor-bearing mice, collected 1 hour after administration of various doses of mTNF and NGR-mTNF. As expected, both products induced sTNF-R2 shedding, but not sTNF-R1 shedding, at doses greater than 4 ng (Figure 2a).

To assess whether sTNF-R2 shedding regulates the activity of NGR-mTNF, we coadministered this cytokine with mAb 6G1, an antagonist anti-sTNF-R2 antibody that prevents the binding of mTNF to soluble and membrane murine TNF-R2 (16). The antitumor activity of 10 ng of NGR-mTNF was potentiated by mAb 6G1 (Figure 2b), in line with the hypothesis that sTNF-R2 plays a role in inhibiting the antitumor effects of NGR-mTNF.

To further support this hypothesis we compared the in vivo dose-response curve of NGR-mTNF with that of NGR-hTNF, taking advantage of the fact that the human cytokine cannot bind murine sTNF-R2 (22). We found that the dose-response curve of NGR-hTNF was not bell-shaped and that 10 ng of NGR-hTNF is as active as 1 ng (Figure 2c). It is also remarkable that 1 ng was sufficient to induce the maximum antitumor effect. This may suggest that receptor binding on vessels can be achieved with very low blood levels of NGR-hTNF.

**Figure 2**

Circulating levels of sTNF-R2 and their role in regulating the activity of NGR-mTNF and NGR-hTNF. (a) Serum levels of sTNF-R1 and sTNF-R2 in B16F1 tumor-bearing mice 1 hour after treatment with various doses of NGR-mTNF or mTNF. Animals (three mice per group) were treated at day 6. (b) Effect of the anti-sTNF-R2 mAb 6G1 on the antitumor activity of NGR-mTNF. The mAb 6G1 (100 µg) was administered to animals bearing B16F1 tumors at day 5 and 8. Each animal was treated 1 hour later with NGR-mTNF at the indicated doses, and 2 hours later with melphalan (90 µg, five mice per group). (c) Effect of NGR-hTNF and hTNF on the growth of RMA-T tumors. Mice were treated with various doses of each cytokine at day 11. NS, not significant (t test).
Taken together, the results of these experiments strongly suggest that NGR-mTNF and mTNF, at doses greater than 4 ng, induce shedding of sTNF-R2 in amounts sufficient to inhibit their antitumor activity. Picogram doses of NGR-mTNF are sufficient to enhance the therapeutic effect of melphalan and doxorubicin. We then investigated whether targeted delivery of low doses of NGR-mTNF to tumor vessels could enhance the antitumor activity of chemotherapeutic drugs. These experiments were conducted using the B16F1 model, a spontaneous mouse melanoma characterized by scarce immunogenicity and low sensitivity to melphalan, and using the RMA-T model. Melphalan (90 µg) was unable to affect the growth of B16F1 tumors when injected alone (Figure 3a). Similarly, mTNF (0.1 ng, alone, intraperitoneally) was virtually inactive, while the same dose of NGR-mTNF modestly delayed the tumor growth (Figure 3b). The combination of melphalan with 0.1 ng of NGR-mTNF induced stronger antitumor effects than did the single agents, indicating a synergistic effect (Figure 3c). Remarkably, the combination of melphalan with 0.1 ng of NGR-mTNF was more effective than the combination with 5,000 ng of mTNF (Figure 3, c and d). We observed this synergism even when NGR-mTNF (0.1 ng) was injected intravenously (not shown).

Two similar experiments were conducted with doxorubicin in the B16F1 model. Animals were treated 5 days after tumor implantation, with NGR-TNF, diluted in 0.9% sodium chloride containing 100 µg/ml HSA, or with diluent alone, and 2 hours later with various doses of doxorubicin (20–320 µg intraperitoneally). In both experiments, the effect of doxorubicin plus NGR-mTNF was stronger than that of doxorubicin alone (Figure 4, a, b, and e), indicating that NGR-mTNF markedly improves the efficacy of this drug. For example, the effect of doxorubicin (40 µg) plus NGR-mTNF (0.1 ng) was stronger than that of 320 µg of doxorubicin alone (Figure 4b), while the effect of doxorubicin (20 µg) plus NGR-mTNF was weaker (Figure 4a). From these results we estimate that the activity of doxorubicin is potentiated eight- to tenfold by NGR-mTNF in this model.

In another series of experiments, we measured the effect of NGR-mTNF in combination with melphalan or doxorubicin, administered 10–12 days after tumor implantation, i.e., when the tumors were well established. Synergism between low doses of NGR-mTNF and chemotherapy was observed in both B16F1 and RMA-T models (Figure 5). Of note, a single treatment with NGR-TNF plus melphalan cured three out of five RMA-T tumor–bearing mice. In contrast, no cure was observed with B16F1 tumors treated with NGR-mTNF, combined with either doxorubicin or melphalan. Likely, this reflects the stronger immunogenicity of the Raucher virus–induced lymphoma (RMA-T) compared with the spontaneous B16F1 melanoma.

In conclusion, these results suggest that picogram doses of NGR-TNF are sufficient to improve the response of tumors to melphalan and doxorubicin. Low doses of NGR-mTNF are not toxic and do not increase the toxicity of melphalan. To estimate the efficacy/toxicity ratio of each treatment, we monitored animal body weight daily and animal survival after treatment. While therapeutic doses of mTNF (10,000 ng) induced marked loss of body weight in RMA-T–bearing animals (Figure 1c, left), therapeutic doses of NGR-mTNF (0.01–1 ng) did not cause loss of body weight nor animal death (Figure 1c, right). The toxicity of NGR-mTNF in combination with melphalan was then examined. Three out of ten mice bearing the RMA-T tumor died 3 days after treatment with 200 µg of melphalan alone. Neither NGR-mTNF nor mTNF (1 ng each) increased the lethality of melphalan (200 µg), as in both cases only two out of ten animals died.

In the B16F1 model, therapeutic doses of NGR-mTNF (0.1 ng) did not cause loss of body weight, even when combined with melphalan (Figure 3e). In contrast, melphalan combined with therapeutic doses of

Figure 3
Effect of melphalan, alone (a) or in combination with NGR-mTNF (c) or mTNF (d), on the tumor growth (a–d) and body weight (e and f) of mice bearing B16F1 melanoma. The animals were treated intraperitoneally with the drugs and the doses indicated in each panel (five animals per group) at days 4, 7, and 9 after tumor implantation (indicated by arrows).
mTNF (5 µg) induced marked loss of body weight (Figure 3f). In addition, NGR-mTNF (0.1 ng) did not increase the loss of body weight caused by high doses of doxorubicin (Figure 4, c and d).

These results suggest that picogram doses of NGR-mTNF increase the response of tumors to melphalan and doxorubicin with no evidence of increased toxicity.

**TNF-R1 activation is necessary and sufficient for the synergism between NGR-TNF and chemotherapeutic drugs.** The mechanisms of the synergism between low doses of NGR-mTNF and chemotherapy were then investigated.

To assess whether these mechanisms rely on TNF-Rs activation, we tested the effect of mAb V1q, a neutralizing anti-mTNF antibody, on the antitumor activity of NGR-mTNF (0.1 ng) in combination with melphalan (90 µg). V1q inhibited, at least partially, the antitumor activity of these drugs in the B16F1 model (Figure 6a). This suggests that the interaction between the TNF moiety and TNF-Rs is critical for the activity of the conjugate.

**Figure 4**
Effect of various doses of doxorubicin, alone (white bars) or in combination with NGR-mTNF (black bars), on the tumor growth (a and b), body weight (c and d), and survival (e) of mice bearing B16F1 melanomas. The drugs were administered to the animals (five mice per group intraperitoneally) 5 days after tumor implantation.

The role of TNF-R1 and TNF-R2 was then studied. To this end, we evaluated the effect of melphalan in combination with 0.01 ng or 0.1 ng of NGR-hTNF, a TNF-R1–specific agonist (22). The effect of melphalan in the B16F1 model was potentiated by NGR-hTNF (Figure 6b), suggesting that TNF-R1 activation is sufficient for the synergism.

**The synergy between NGR-mTNF and chemotherapy is not dependent on tumor cell cytotoxicity.** To assess whether the synergism depends directly on cytotoxicity against tumor cells, we measured the effect of each compound, alone or in combination, on cultured B16F1 cells. Neither melphalan nor NGR-mTNF, alone or in combination, killed these cells in a 48-hour in vitro assay (not shown). Similarly, NGR-mTNF did not enhance the cytotoxic activity of doxorubicin in vitro (not shown). These results suggest that the synergism observed in vivo is not directly dependent on cytotoxic effects against tumor cells and point to an indirect role of a component of the tumor stroma, e.g., the endothelial lining of tumor vessels.

**NGR-mTNF increases the penetration of doxorubicin in murine melanomas and lymphomas.** We then investigated whether NGR-mTNF could increase the penetration of chemotherapeutic drugs in tumors. To this aim we measured the amount of doxorubicin that had penetrated B16F1 and RMA-T tumors 2 hours after administration, taking advantage of the fluorescent properties of this drug (23). Preliminary
experiments showed that the nuclei of B16F1 cells become fluorescent after these cells are exposed to doxorubicin in vitro (Figure 7a). The fluorescence signal is dose-dependent and stable for at least 24 hours, when the cells are fixed with formaldehyde and kept at 4°C, as measured by FACS (Figure 7b). Thus, the fluorescence intensity of tumor cells recovered from animals after treatment is an indication of the amount of doxorubicin that has penetrated tumors. We observed that 0.1 ng of NGR-mTNF, administered 2 hours before doxorubicin, increased the fluorescence intensity and the percentage of positive cells recovered from both B16F1 and RMA-T tumors 2 hours after treatment (two- to fivefold; Figure 7, c–h). This suggests that NGR-mTNF increased the number of cells that were reached by doxorubicin as well as the intracellular amount of drug.

Discussion
Alteration of vascular permeability and interstitial pressure, endothelial cell damage, and fibrin deposition are important mechanisms for the antitumor activity of TNF, either alone or in combination with chemotherapeutic drugs. After infusion in animals or patients, TNF can also induce negative feedback mechanisms that neutralize most of these effects. For example, TNF, even at moderate doses, can induce the release of soluble p55 and p75 TNF receptors that may prevent its interaction with membrane receptors (21, 24). Although these soluble inhibitors may protect the body from the harmful effects of this cytokine, they may also prevent its antitumor activity and could explain, in...
part, the need of high doses of TNF for effective therapy. In this work we postulated that homing low doses of TNF to tumor vessels represents a new strategy to avoid toxic reactions as well as negative feedback mechanisms, while preserving its synergism with chemotherapy. To verify this hypothesis, we have investigated the antitumor activity of high and low doses of NGR-mTNF and mTNF, ranging from picogram to microgram quantities, in two murine models based on subcutaneous RMA-T lymphoma and B16F1 melanoma tumors. The study was carried out using these cytokines alone or in combination with melphalan or doxorubicin. While mTNF was virtually inactive in these models at doses lower than 100–1,000 ng, we found that NGR-mTNF, even alone, could induce antitumor effects with doses as low as 0.01–0.1 ng. Since the LD_{50} values of mTNF and NGR-mTNF are similar and correspond to about 50,000 ng (2.5 mg/kg) in RMA-T tumor-bearing mice (14), these results indicate that the efficacy/toxicity ratio of NGR-mTNF is 10^{4}–10^{5} times greater than that of mTNF.

Administration of minute amounts of NGR-mTNF (0.01–0.1 ng/mouse, 0.5–5 ng/kg, about 10^{6}-fold lower than the LD_{50}) to tumor-bearing animals potentiated the antitumor activity of melphalan and doxorubicin with no evidence of increased toxicity, as judged by tumor mass reduction, animal survival, and weight loss after treatment. This suggests that NGR-mTNF improves the therapeutic index of these drugs. It is noteworthy that 5 × 10^{4}-fold greater doses of mTNF (e.g., 5,000 ng/mouse in the B16F1 model) were necessary to enhance the effect of melphalan to comparable levels, causing marked loss of body weight.

The fact that both melphalan and doxorubicin at doses virtually inactive in the B16F1 model reduced tumor growth when combined with NGR-mTNF indicates that these drugs act synergistically. Studies on the mechanism of action showed that the synergism relies on the interaction of NGR-mTNF with TNF-R1 on stromal cells, most likely endothelial cells, and much less on tumor cells. In addition, we found that vascular targeting with NGR-mTNF improves both the percentage of cancer cells that can be reached by doxorubicin in 2 hours and the intracellular amount of drug, suggesting that NGR-TNF can alter drug-penetration barriers. Previous studies showed that TNF can rapidly increase endothelial permeability (25, 26) and can decrease interstitial fluid pressure (8), both believed to be critical for drug penetration in tumors (1). Possibly, these mechanisms increase convective transport of drugs through tumor vessel wall and interstitium, finally resulting in increased drug uptake by tumor cells. The timing of administration is likely critical for these mechanisms, as TNF can also induce intravascular coagulation (27), leading to vessel occlusion and reduction of tumor perfusion. In keeping with this view, we observed that the effect of melphalan was higher when this drug was administered 2 hours after NGR-TNF than when it was administered after 6 hours (data not shown). Besides these mechanisms, other known effects of TNF on endothelial cells could contribute to its overall antitumor activity, including the induction of endothelial leukocyte adhesion molecules, inflammatory cytokines, chemokines, class II molecules, and procoagulant factors (11, 12). These mechanisms, together with improved chemotherapeutic drug penetration, could contribute to activating inflammatory and immune responses.

The hypothesis that vascular targeting could avoid negative feedback mechanisms, usually associated with TNF therapy, is supported by the observation that picogram doses of NGR-mTNF do not induce soluble receptor shedding, while both NGR-mTNF and mTNF rapidly induce the release of sTNF-R2 into the circulation at doses greater than 4–10 ng. These levels of

![Figure 8](image-url)
sTNF-R2 inhibited most of the antitumor activity of 10 ng of NGR-mTNF and may explain the paradoxical observation that 10 ng is less active than 0.1 ng. Likely, a large proportion of injected molecules were rapidly complexed by sTNF-Rs and their activity was blocked. The molecular mechanisms underlying the selective interaction of low doses of NGR-mTNF with tumor blood vessels have been partially elucidated. We have shown recently that different CD13 isoforms are expressed in tumor-associated vessels, in epithelia, and in myeloid cells, and that the NGR domain of NGR-TNF selectively recognizes a CD13 isoform associated with tumor vessels (28). We hypothesize, therefore, that low blood levels of NGR-mTNF can rapidly interact with CD13-positive endothelial cells, because of high-avidity multivalent binding involving both CD13 and TNF-Rs, and that they interact little or not at all with CD13-negative endothelial cells of normal vessels, because of lower avidity. A schematic representation of these concepts and of the hypothetical interactions of NGR-TNF with soluble and membrane receptors is shown in Figure 8.

In conclusion, we have found that targeted delivery of picogram doses of NGR-mTNF to tumor vessels enhances the antitumor activity of chemotherapeutic drugs in mice without inducing soluble TNF-Rs shedding. Given that the CNGRC motif is expected to target human as well as murine tumor-associated vessels (29), our results suggest that the combination of low doses of NGR-TNF with melphalan or doxorubicin could increase their therapeutic index in patients.

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References