The host response to anthrax lethal toxin: unexpected observations

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*Bacillus anthracis*, the causative agent of anthrax, is believed to induce disease and death in humans in an endotoxic shock–like manner. A comprehensive study (see the related article beginning on page 670) of the effects of anthrax toxin in mice demonstrates that toxin-induced death is mediated not by cytokine release, as previously thought, but by hypoxia-induced liver failure. The study strongly suggests that the therapies developed for treatment of cytokine-mediated septic shock will not be appropriate for the treatment of anthrax.


**Anthrax**

Anthrax is an ancient disease now believed to be the cause of two of the plagues of Egypt described in the Old Testament. It was further characterized by the Romans in the writings of Virgil in 28–27 B.C. (1), and studied in a systematic fashion by the preeminent 19th-century scientists Robert Koch and Louis Pasteur (2). The first anthrax vaccine was produced by Pasteur in 1881 for use in cattle and was the predecessor to the more immunogenic attenuated strain of *Bacillus anthracis* developed in the 1930s by Sterne (3). As early as the 19th century there were insights into the immunodominant and protective antigens expressed by the organism. The essential virulence factors of *B. anthracis* are known and well characterized (4); the bacterial adhesin has been identified, its binding domain mapped, and its crystal structure determined at a resolution of 2 Å (5). The anthrax toxin receptor (ATR), an integral membrane protein, has been identified (6). The genomic DNA of *B. anthracis* has been sequenced; critical domains of the major virulence factors are mapped, and much of the molecular biology of the major virulence determinants of anthrax is well established, at least in vitro. Yet, despite the long history of *B. anthracis* as a human and animal pathogen and its notoriety as an agent of biological warfare, exactly how anthrax kills the host is unclear. In an exhaustive pathological study presented in this issue of the *JCI*, observations from the laboratory of Stephen Leppla and colleagues provide major new insights into the pathogenesis of anthrax (7).

**Pathogenesis of anthrax:**

plasmid-mediated expression of essential virulence factors

Through the work of many investigators it has been well established that virulent *B. anthracis* expresses two plasmids, pXO1 and pXO2. The plasmid pXO1 expresses the anthrax toxins
lethal factor and edema factor, as well as protective antigen, which functions as a ligand. The genes necessary for capsule formation are encoded on pXO2. Both plasmids are required for virulence. The spontaneous loss of pXO2 results in the failure to produce the polyglutamate capsule and was the basis for the early attenuated vaccine strain described by Sterne. While the expression of a polypeptide capsule is somewhat unusual, its role in pathogenesis — to inhibit phagocytosis — is a function similar to that of many other bacterial capsules. Less straightforward are the effects of the toxins produced by pXO1, the lethal factor and the edema factor.

The toxins of B. anthracis can be considered “classic” AB toxins, in which the protective antigen functions as the binding component, providing entry for either of the two toxins into the host cell (8). The protective antigen binds the edema factor, a calmodulin-dependent adenylate cyclase (9) with homology to a similar enzyme in Bordetella pertussis, and the lethal factor, a zinc metalloproteinase that cleaves MAPKs (10). Once the protective antigen is bound to the host cell via the ATR, it is processed by a furin-family protease into a 63-kDa form that oligomerizes into a heptamer (11). This cleavage is necessary to expose the binding sites for the lethal factor and/or the edema factor. It appears that each monomer of the protective antigen binds either the edema factor or the lethal factor, thus providing access for seven molecules of toxin to enter the host cell. Recent studies demonstrate that the cleaved protective antigen and its receptor are clustered into lipid rafts and then internalized via the classic clathrin-dependent endocytic pathway (12), thus providing the toxin molecules access to their targets, including the MAPKs and ATP (Figure 1). In vitro, the activity of these toxins has been well established. The edema factor binds both calmodulin and ATP, which is converted to cAMP, thereby activating fluid secretion and causing edema. The production of lethal factor, the zinc metalloproteinase, has been shown to cause cell lysis usually within 1–2 hours.

**Clinical manifestations of anthrax**

The clinical manifestations of anthrax are also well documented (2, 13). Cutanea-}

Figure 1

How anthrax toxins cause pathology. Fully virulent B. anthracis produce an antiphagocytic capsule as well as toxins. The protective antigen (PA) of the anthrax toxin binds to the ATR on the host cell surface. The 83-kDa form of PA is cleaved by the cell surface protease furin and produces a 63-kDa monomer. Heptamerization of PA induces clustering of the ATRs, association of the complex with lipid rafts, and exposure of binding domains to the edema factor (EF) or the lethal factor (LF). The heptamer, and bound EF or LF, are then endocytosed. EF, an adenylate cyclase, and LF, a Zn²⁺ metalloprotease, translocate to the cytosol through a pore created in the membrane and act on host cytosolic targets to induce edema, necrosis, and hypoxia. Modified with permission from Annual Reviews (4). CaM, calmodulin.
and marked pleural effusions. This progresses to what was considered to be septic shock, coma, and death. The pathophysiology of inhalational anthrax in humans has been assumed to be similar to shock associated with endotoxin (or LPS): an outpouring of proinflammatory cytokines, notably TNF-α and IL-1. This was based on the animal data suggesting that the lysis of infected macrophages would release large amounts of cytokines into the circulation. However, as a Gram-positive organism, B. anthracis lacks LPS, and there are few data to document that components of the organism potently trigger cytokine release. Nor has it been established that anthrax-infected macrophages in vivo release such large amounts of cytokines as to cause the sepsis syndrome. This distinction is clinically important, as therapies being introduced to treat septic shock that target TNF-α and other cytokines might not be appropriate for anthrax-associated shock due to an entirely different pathophysiology.

Macrophages have been found to be important in the pathophysiology of anthrax (14). Murine models of infection demonstrated rapid lysis of macrophages, and presumably release of intracellular cytokines, as an important consequence of anthrax toxin activity. Macrophage-depletion studies also implicated these cells as the target for the activity of toxin. A major distinction was made between strains of mice with susceptible macrophages, such as the BALB/c and the C57BL “resistant” strains of mice, with the implication that resistant macrophages would not undergo lysis and release cytokines. However, a direct demonstration of how lethal toxin actually kills cells of these types of mice, and whether macrophage susceptibility is involved, was lacking.

In the experiments detailed by Moayeri et al. (7), the effects of lethal toxin on BALB/c and C57BL/6J mice were meticulously compared. Although the timing of the pathological events in the two genetic backgrounds was somewhat different, the end result was the same: death characterized by tissue hypoxia, extensive liver necrosis, and pleural edema. There was no evidence of TNF-α or cytokine production in either strain of mice. The pathological features of endotoxin-mediated shock were not observed. The most prominent pathology associated with anthrax lethal toxin was extensive tissue necrosis and hypoxic damage in the liver, spleen, and bone marrow. These central effects of tissue hypoxia were demonstrated by elevated levels of erythropoietin in the mice. There was no vascular collapse associated with shock, and no evidence of a consumption coagulopathy, nor were there endothelial changes typical of intravascular coagulation or renal dysfunction, the expected consequences of a process analogous to endotoxin-mediated shock. As the C57BL mice have macrophages that are “sensitive” to anthrax lethal toxin, in contrast to the BALB/c mice, these results demonstrate that macrophage susceptibility to toxin is not critical in the host response. The general lack of a cytokine response to lethal toxin is consistent with toxin-mediated MAPK cleavage in vitro, as MAPKs are important in cytokine signaling in response to infection. The pathology observed in the mice correlates reasonably well with published studies of human anthrax. The prominence of cyanosis and hypoxia, in the absence of pulmonary infiltration, may be explained by central effects of the toxin that cause hypoxic injury in many tissues.

This analysis of the pathological effects of the B. anthracis lethal toxin (7) should help focus future studies of optimal therapy for patients exposed to this organism. These results make clear that anthrax patients exhibit a unique pathophysiology and should not be considered to have generic shock analogous to Gram-negative sepsis. Exactly how the lethal factor produces such profound tissue hypoxia, what metabolic processes are affected in the liver and elsewhere, and how these effects may be blocked will require further studies. It should also be noted that despite the long interest in this pathogen, as well as the availability of classical genetic data, sophisticated molecular genetic tools, and 2-Δ modeling information, the work of Moayeri et al. (7) relied predominantly on meticulous observation and the careful documentation of animal pathology, techniques that have been used successfully to study infectious diseases for the last century.