Concentration-dependent regulation of thyrotropin receptor function by thyroid-stimulating antibody

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Thyrotropin receptor (TSHR) Ab’s of the stimulating variety are the cause of hyperthyroid Graves disease. MS-1 is a hamster mAb with TSHR-stimulating activity. To examine the in vivo biological activity of MS-1, mice were treated with purified MS-1 intraperitoneally and the thyroid response evaluated. MS-1 induced a dose-dependent increase in serum thyroxine (T4), with a maximum effect after 10 μg of MS-1 was administered. MS-1–secreting hybridoma cells were then transferred into the peritoneum of nude mice to study chronic thyroid stimulation. Serum MS-1 levels detected after 2 weeks were approximately 10–50 μg/ml, and the serum TSH was suppressed in all animals. Serum triiodothyronine levels were elevated, but only in animals with low serum MS-1 concentrations. In addition, there was a negative correlation between serum T4 and the serum MS-1 concentrations. These in vivo studies suggested a partial TSHR inactivation induced by excessive stimulation by MS-1. We confirmed this inactivation by demonstrating MS-1 modulation of TSHR function in vitro as evidenced by downregulation and desensitization of the TSHR at concentrations of MS-1 achieved in the in vivo studies. Thus, inactivation of the TSHR by stimulating TSHR autoantibodies (TSHR-Ab’s) in Graves disease patients may provide a functional explanation for the poor correlation between thyroid function and serum TSHR-Ab concentrations.

Introduction
Graves disease is one of the more common human autoimmune diseases (1–3) and is caused by the development of thyrotropin receptor (TSHR) autoantibodies (TSHR-Ab’s) that bind to and stimulate the TSHR. The overstimulated thyroid gland produces excessive thyroid hormones in an unregulated manner and induces a hyperthyroid state. However, TSHR-Ab’s in the sera of Graves patients have been difficult to study since their discovery (4) and isolation (5, 6) because of the presence of multiple antibodies with both TSH-agonist (1–3) and TSH-antagonist (7) activities, as well as their low serum concentration (8, 9). To overcome these difficulties, animal models of Graves disease have been developed using immunization with TSHR antigen. We now know that the native conformation of the TSHR is of paramount importance in the induction of stimulating TSHR-Ab’s but not of blocking TSHR-Ab’s (10). On the basis of successful animal models (11–13), high-affinity mAb’s to the TSHR with thyroid-stimulating properties have been developed (14–16), including one human TSHR mAb (17). We have been characterizing a highly potent hamster-derived mAb to the TSHR (MS-1) (14) with thyroid-stimulating activity. We obtained this mAb from a hyperthyroid Armenian hamster immunized with adenovirus vector incorporating the human full-length TSHR (18). We have previously shown that MS-1 was able to stimulate the human TSHR in concentrations as low as 20 ng/ml, and that it recognized a conformational epitope on the α subunit of the TSHR. We have also shown that this epitope excludes the cleaved region of the ectodomain (approximately residues 316–366) (14).

Upon binding of TSH or stimulating TSHR-Ab’s to the TSHR, signal transduction is initiated via coupling to Gs protein (1, 3). Such activation may then be followed by inactivation as a result of G-protein uncoupling (desensitization) and receptor loss from the plasma membrane (downregulation). TSHR desensitization has been extensively studied in thyroid cells following TSH stimulation (19–23). TSHR desensitization, but not downregulation, by TSHR-Ab’s from Graves patients’ sera has also been documented in vitro (24–26). However, the clinical relevance of such TSHR-Ab–induced inactivation in Graves disease is unclear, since the disease results from sustained overstimulation of the TSHR.

To explore further the mechanisms of action of TSHR-Ab’s, we have studied the acute and chronic in vivo effects of MS-1. These studies showed the potent thyroid-stimulating activity of MS-1 in vivo but also suggested TSHR inactivation induced by excessive TSHR stimulation. This was confirmed by in vitro studies that showed that the levels of MS-1 achieved in vivo were saturating not only for binding and stimulation, but also for downregulation and desensitization of the TSHR.

Results
MS-1 stimulates the mouse TSHR in vitro. We first examined the binding and thyroid stimulation of MS-1 using CHO cell lines stably expressing the mouse thyrotropin receptor (CHO-mTSHR). As shown in Figure 1, MS-1 bound to the mouse TSHR with high affinity (Kd = ~1.1 nM) and was able to induce cAMP generation with <10 ng/ml; these data are similar to those obtained previously with the human TSHR (14). Thus, MS-1 stimulation and binding of human and mouse TSHRs seemed to be similar.

Acute in vivo thyroid stimulation study. We observed a rapid and robust increase in serum thyroxine (T4) 24 hours after a single
intraperitoneal injection of MS-1. Mice were injected with 0.5, 2.5, 5, and 10 μg of MS-1 (n = 4 for each), and serum T4 levels measured. The normal range for T4 (<5.7 μg/dl) was determined by measuring the thyroid hormone levels in the animals before treatment (n = 20). A dose-dependent increase in T4 was observed after injection of MS-1, and hyperthyroidism was clearly induced with 5-μg and 10-μg treatments, while only a marginal increase in T4 was observed with 2.5 μg (Figure 2A). There was a robust increase in T4 levels after the 10-μg injection, followed by a significant decrease in T4 (24 or 48 hours vs. 72 hours; P < 0.01). In contrast, a lesser but sustained increase in T4 was observed after the 5-μg treatment. When the areas under the curve of T4 levels were calculated to evaluate the total release of thyroid hormone for each animal (Figure 2B), there was a significantly greater T4 release with 2.5-μg or higher doses of MS-1 compared with control, and there was a sigmoid relation between the dose of MS-1 injected and the amounts of T4 released (r = 0.9743). This indicated that a 10 μg dose was near saturating for in vivo thyroid stimulation.

The serum levels of MS-1 (Table 1) indicated that oversaturating concentrations (~1 μg/ml) failed to sustain the initial high level of thyroid stimulation. Histological examination showed thyroid epithelial cell hypertrophy in the specimens from the 10-μg and 5-μg injections of MS-1, but not in the lower doses or the control (Figure 2C). Colloid contents were reduced but not totally depleted by the treatment.

Chronic thyroid stimulation study. Having shown potent in vivo bioactivity of MS-1, we studied chronic thyroid stimulation in athymic nude mice (n = 15) to avoid any unfavorable immune reactions due to longer exposure of the allogeneic hamster mAb. MS-1-producing hybridoma cells were injected intraperitoneally and the animals examined 2 weeks later. Serum MS-1 levels, 7.2–49.7 μg/ml (mean 18.5 ± 3.9 μg/ml), determined by capture ELISA, were higher than that observed in the acute stimulation study. However, we found that the serum T4 levels of these mice were similar to pretreatment controls (4.4 ± 0.3 vs. 5.3 ± 0.7 μg/dl), and there was even a negative correlation between serum levels of T4 and MS-1 (r = 0.614, P < 0.05) (Table 2, Figure 3B). It has been shown previously that pristane treatment triggers chronic inflammation (27) and activates intraperitoneal macrophages with increased secretion of cytokines, such as IL-6 and IL-1β (28). These cytokines have been shown to induce non-thyroid illness syndrome, also called low triiodothyronine/thyroxine (T3/T4) syndrome (29), which might have explained the normal T4 values. However, the serum T3 levels of these mice at the end of the 2 weeks were significantly elevated (63.53 ± 4.0 vs. 43.65 ± 5.1 ng/dl, P < 0.03) (Figure 3A, Table 2), and their TSH levels were suppressed or undetectable (Table 2). Therefore, the selective increase in T3 seen in 7 out of 10 animals examined was proof of hyperthyroidism in the form of T3 toxicosis, which is sometimes a feature of Graves disease (30, 31). This was further supported by their thyroid histology, which showed epithelial cell hypertrophy in 9 of the 12 animals (Figure 3C) along with colloid depletion (Figure 3D). However, three animals showed evidence of thyroid atrophy (Figure 3E). These data also made it improbable that we were observing direct stimulation of pituitary TSHRs (32) causing the low TSH levels (33).

MS-1 biological activity in mouse serum. To explain the negative correlation between serum levels of MS-1 and thyroid hormone, it was important to examine its biological activity in the mice under study. We examined the binding and stimulation of the TSHR by MS-1 in the mouse serum and found that all of the sera were positive for hamster-derived TSHR-Ab and negative for mouse-derived TSHR-Ab when studied by FACS using CHO-mTSHR cells as targets (Figure 3G). Sera were serially diluted, and the binding to CHO-mTSHR cells was examined using known concentrations of purified MS-1 as control. This allowed an approximate estimation of MS-1 activity in the sera. These data were comparable to the ELISA-derived concentrations (data not shown) and were further supported by the potent thyroid-stimulating activity of the sera using the cAMP generated by CHO-mTSHR target cells (representative results are shown in Figure 3H). We concluded that there was no significant loss of biological activity of MS-1 and that the
thyroid glands must have become refractory to chronic stimulation with oversaturating concentrations of MS-1.

**TSHR stimulation in vitro by MS-1.** We first examined cAMP production as an indicator of TSHR stimulation induced by various doses of MS-1 for 2, 24, and 48 hours using CHO cell lines stably expressing human TSHR (CHO-hTSHR). TSHR stimulation was sustained for 24 hours as indicated by similar dose-dependent cAMP profiles. However, there was a significant reduction in the cAMP profile after 48 hours of stimulation (Figure 4A). By plotting a ratio for the cAMP produced with each concentration of MS-1 at 2 hours compared to 48 hours of stimulation (Figure 4B), a dose-dependent loss of TSHR responsiveness was seen in concentrations of more than 300 ng/ml MS-1 (Figure 4B). This loss of stimulation could be explained by either loss of biological activity of MS-1 or loss of TSHR function.

**TSHR binding by MS-1.** We first asked whether MS-1 was still bound to the TSHR when the loss of responsiveness was observed. To study TSHR occupancy by MS-1, CHO-hTSHR cells were stimulated for 48 hours and surface MS-1 binding was detected. As shown in Figure 4C, dose-dependent MS-1 binding occurred. However, the maximum MS-1 binding was less than previously observed. Therefore, we suspected that TSHR expression was decreased by MS-1 treatment.

**TSHR downregulation.** To quantitate the total expression of TSHRs on the plasma membrane in response to MS-1 stimulation, we used our TSHR mAb TAb-8 labeled with green fluorescent dye. TAb-8 can bind to the TSHR with interfering with, or being inhibited by, MS-1 binding to the TSHR (Figure 5A), since it has an independent epitope (Ando et al., unpublished observations). By using labeled TAb-8, we were able to study the total surface TSHRs avoiding a problem with occupancy and, thus, we were able to detect actual TSHR expression. We observed downregulation that was time- and dose-dependent, seen maximally after 48 hours of MS-1 stimulation (Figure 5B). We concluded that loss of surface TSHR was one of the mechanisms of TSHR inactivation induced by MS-1.

**TSHR desensitization.** We also studied the function of TSHRs that had been previously occupied with MS-1. For this purpose, prebound MS-1 was removed from the cell surface TSHRs by washing with cold acid buffer (34). We first optimized the washing procedure by studying MS-1 detaching and binding after an acid wash, and then binding MS-1 to CHO-hTSHR cells after such previous MS-1 detachment. A 30-second exposure of cells to acid buffer was as effective as 4 minutes of exposure and detachment about 80% of bound MS-1 (Figure 6, A and C). Importantly, the 30-second exposure maintained cell viability (about 95% vs. 80–85%) and MS-1 rebinding (about 50% vs. about 30%) superior to the 4-minute exposure (Figure 6, B and D). Thus, a 30-second acid wash could be used to detach MS-1 bound to CHO-hTSHR cells. Although the acid wash procedure attenuated cAMP production by about 40–50%, TSHR desensitization following MS-1 stimulation was not seen with 4 hours of prior MS-1 exposure. However, after 24 hours and 48 hours of MS-1 stimulation there was a profound decrease in cAMP generation (Figure 6E). This was more obvious with the addition of isobutylmethylxanthine to the incubations. These results clearly indicated that TSHR function was impaired as a result of desensitization in addition to downregulation induced by MS-1, since reduced stimulation was seen even after the removal of MS-1 from the occupied TSHRs. Furthermore, these reduced responses were observed at the same or lesser levels of MS-1 than observed in the in vivo studies.

**Discussion**

Since MS-1, a TSHR-stimulating mAb, is of hamster origin, we were able to quantitatively study in vivo thyroid stimulation by a stimulating antibody using mouse hosts. We demonstrated the acute, potent dose-dependent biological activity of MS-1 and found that chronic oversaturating stimulation resulted in the inactivation of TSHRs as suggested by a negative correlation with serum thyroid hormone. The presence of in vivo TSHR inactivation was confirmed in vitro by documenting TSHR desensitization and TSHR downregulation by MS-1 using concentrations of MS-1 similar to those seen in the in vivo studies.

The acute MS-1 stimulation study was similar to the original long-acting thyroid stimulator assays (4), except that we used the direct measurement of thyroid hormone released in response to stimulation. This study clearly showed the potent in vivo biological activity of MS-1 as indicated by a robust increase in serum T4 with acute and oversaturating concentrations of Ab. Similar findings have been obtained with repetitive TSH stimulation (35). As

<table>
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<th>Table 1</th>
<th>Serum levels of MS-1 in the acute thyroid stimulation study</th>
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<td>MS-1 dose</td>
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<td>5 μg</td>
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<td>0.12 ± 0.02</td>
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The serum levels of hamster IgG (μg/ml) are shown after the indicated doses of MS-1 treatment as determined by capture ELISA.

<table>
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<th>Table 2</th>
<th>Thyroid parameters in the chronic thyroid stimulation study</th>
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<td>C4</td>
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<td>Mean ± SE</td>
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*C* indicates preimmune controls; N indicates test animals. UD, undetectable; NA, not available.
a consequence of secondary TSHR desensitization, however, such active hormone release did not persist (36). It has been shown that only a partial reduction in cAMP production by desensitized TSHRs was sufficient to turn off downstream signaling (36). In contrast to high concentrations of MS-1, we found that the acute treatment with lower levels of Ab induced a more sustained, but reduced, serum T4 response in vivo and cAMP response in vitro. Although there have been few studies examining chronic exposure of TSHR-Ab’s in vivo, a previous report indicated that Graves patient serum did not induce desensitization of TSHR; however the absence of a robust initial increase in T4 levels suggested that the TSHR-Ab’s utilized possessed low potency relative to MS-1 (37).

The precise molecular mechanisms preventing thyroid hormone release in conditions of oversaturating stimulation are uncertain, but megalin may have a role in this regulation. Megalin is a lipoprotein expressed on the apical surface of thyrocytes and its expression is upregulated by TSH and stimulating TSHR-Ab’s. Megalin transports thyroglobulin from colloid to the bloodstream, and this transcytosis of thyroglobulin competes with thyroid hormone release from colloid (38).

We have shown that, in vitro, the loss of TSHR function expressed on CHO cells in response to stimulation with MS-1 in concentrations greater than 300 ng/ml was due to desensitization and downregulation. These data were compatible with previous reports showing TSHR desensitization in vitro by TSHR-Ab’s (from Graves disease patients) (24–26) using thyroid cell cultures. However, with TSHR-transfected CHO cells there have been conflicting reports regarding desensitization induced by TSH (39–42), and this most likely depended upon the characteristics of the CHO cells used (43). As far as we know, there are no reports showing TSHR downregulation induced by TSHR-Ab’s in such models. This is most probably due to the low concentration of TSHR-Ab’s in sera from Graves disease patients (8, 9) and the earlier lack of tools to detect surface TSHRs occupied by TSHR-Ab.

Figure 3
Chronic thyroid stimulation in vivo by MS-1. (A and B) Correlation between serum MS-1 levels and (A) T3 and (B) T4 concentrations. The gray areas indicate normal ranges (mean ± 2SE). Data for animals with thyroid hyper trophy and atrophy were expressed as filled circles and filled triangles, respectively. (C–F) Thyroid glands from nude mice, showing (C) thyroid epithelial hyper trophy with vascular engorgement (D) thyroid epithelial hypothyrophy with colloid depletion (E) thyroid atrophy, and (F) a normal thyroid. Magnification, ×200. (G) Treated mouse serum bound to CHO-mTSHR (thick line) and not to control CHO cells (thin line). Anti-hamster IgG and anti-mouse IgG (inset) were used to detect IgG bound to the cells. The horizontal axis indicates fluorescence intensity and the vertical axis the cell number. (H) Representative serum from an MS-1 hybridoma–treated nude mouse containing approximately 50 μg/ml of MS-1 was serially diluted and used for stimulation of CHO-mTSHR cells.

Figure 4
TSHR stimulation study in vitro by MS-1. (A) TSHR activation profile in vitro at different time points. CHO-hTSHR cells were stimulated with indicated doses of MS-1 for indicated periods. *P < 0.05. (B) TSHR responsiveness with 48 hours of stimulation by MS-1. A ratio for cAMP production with indicated doses of MS-1 (2 hours vs. 48 hours; inset) was expressed as percentage responsiveness. *P < 0.05; **P < 0.02 (indicated dose vs. 0, 10, and 33 ng/ml of MS-1). (C) MS-1 binding when loss of TSHR responsiveness was observed. CHO-hTSHR cells were stimulated with the indicated doses of MS-1 for 48 hours, and surface MS-1 binding was studied. MS-1 binding (mean ± SD) in five separate experiments on CHO-hTSHR cells without prior MS-1 stimulation is shown by the arrows.
Our studies indicated that optimum levels of stimulating TSHR-Ab are required for in vivo release of T4 to endure. The optimum level for more sustained thyroid stimulation by MS-1 was about 100–300 ng/ml. This was near the concentration of mAb necessary for 50% occupancy of the TSHRs as estimated by receptor-binding studies \( K_d \approx 160 \text{ ng/ml} \). The recent isolation of a human TSHR-stimulating mAb has suggested that human TSHR-Ab’s may be as potent as or more potent than MS-1 \( (17) \). Hence, ‘optimum’ levels of TSHR-Ab in Graves disease patients may be even lower than 100 ng/ml. Therefore, the low concentration of stimulating TSHR-Ab’s in Graves patients’ sera may be the reason that hyperthyroidism becomes a chronic problem. It is well known that there is a poor correlation between the concentration of TSHR-Ab and the degree of thyroid hyperfunction in Graves disease \( (44–48) \). This has usually been explained by the presence of concomitant TSHR-blocking Ab’s \( (49) \). However, our study indicated that such a lack of correlation may also be explained by TSHR inactivation induced by high titers of stimulating TSHR-Ab.

In summary, we demonstrated TSHR inactivation in vivo and in vitro by saturating concentrations of the thyroid-stimulating mAb MS-1. These observations provide an explanation for the clinical significance of TSHR desensitization induced by stimulating TSHR-Ab’s and may help explain why low serum levels of TSHR-Ab’s in Graves disease patients are able to maintain thyroid hyperfunction.

### Methods

**Cells.** We used CHO-mTSHR, CHO-hTSHR, and control CHO cells. The cDNA encoding mouse TSHR was provided by P. Kopp (Northwestern University, Chicago, Illinois, USA), and the CHO-hTSHR (JPO9) cells \( (50) \) were provided by G. Vassart (Université Libre de Bruxelles and Service de Génétique Médicale, Brussels, Belgium). All cells were maintained as previously described \( (14) \).

**mAb’s.** The mAb’s MS-1 and TAB-8 used in this study were of hamster origin (IgG) against the human TSHR \( (14) \). Hybridoma supernatants were purified via Protein G columns (Amersham Biosciences, Piscataway, New Jersey, USA), followed by dialysis against PBS.

**Figure 5**

TSHR downregulation by MS-1. (A) Binding of labeled TAB-8 (*TAB-8) to CHO-hTSHR in the presence (thin line) or absence (thick line) of MS-1. The broken line indicates background staining. (B) TSHR downregulation. Time dependency in response to 1 μg/ml of MS-1 (left) and dose dependency with 48 hours of MS-1 stimulation (right). Loss of cell surface TSHRs was detected by labeled TAB-8, expressed as percentage TSHR loss after 48 hours. The use of TAB-8 avoided the problem of receptor occupancy by MS-1.

**Figure 6**

TSHR desensitization by MS-1. (A–D) Optimization of acid wash. MS-1 binding to CHO-hTSHR cells (thin solid lines), bound MS-1 (thick line) after acid wash for 30 seconds (A) or 4 minutes (C), and rebinding of MS-1 (thick lines) after acid wash for 30 seconds (B) or 4 minutes (D) are shown. Broken lines indicate background staining. (E) TSHR desensitization. CHO-hTSHR cells were stimulated with 1 μg/ml of MS-1 or medium (indicated as M and 0, respectively) for 4 hours (left) and 48 hours (right) (first stimulation), followed by 2 hours incubation with or without the same dose of MS-1 with 2 mM isobutylmethylxanthine (second stimulation). Between these two stimuli, cells were washed with cold acid buffer. Forskolin (50 μM) stimulation generated approximately 3,000 fmol of cAMP. *P < 0.001.
Chronic thyroid stimulation study. Pristane (0.5 ml/animal) (Sigma-Aldrich) was injected intraperitoneally into female athymic nude mice (Hsd; Harlan Bioproducts for Science Inc., Indianapolis, Indiana, USA; n = 15) 2 weeks prior to injection of MS-1 hybridoma cells (2.5 × 10⁵ cells per animal). Two weeks after transferring hybridoma cells, the animals were sacrificed and sera and thyroid glands collected. Pretreatment mouse sera were used as negative controls.

Thyroid hormone and TSH assays. Serum total T₃ and T₄ concentrations were measured as previously described by a clinical automatic analyzer (BRAHMS Diagnostics). A known concentration of hamster IgG was probed with anti-hamster IgG conjugated with FITC (Sigma-Aldrich) or anti-mouse IgG conjugated with FITC (Sigma-Aldrich) or CHO cells as described earlier. Anti-hamster IgG conjugated with FITC and, in separate tubes, total surface TSHR was studied using TAb-8 labeled with Alexa 488 (Molecular Probes Inc., Eugene, Oregon, USA). TAb-8 binds to the TSHR even when occupied by MS-1.

To study TSHR desensitization, cold acid buffer (34) was used to unbind MS-1 on CHO-hTSHR cells, and the intracellular cAMP was measured as described. This work was supported in part by NIH grants DK52464, DK45011, and AI24671 to T.F. Davies, and the David Owen Segal Endowment to T. Ando.

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