Advanced congestive heart failure is associated with activation of the renin-angiotensin system and skeletal muscle wasting. We previously showed that angiotensin II infusion in rats produces cachexia secondarily to increased muscle proteolysis and also decreases levels of circulating and skeletal muscle IGF-1. Here we show that angiotensin II markedly downregulates phospho-Akt and activates caspase-3 in skeletal muscle, leading to actin cleavage, an important component of muscle proteolysis, and to increased apoptosis. These changes are blocked by muscle-specific expression of IGF-1, likely via the Akt/mTOR/p70S6K signaling pathway. We also demonstrate that mRNA levels of the ubiquitin ligases atrogin-1 and muscle ring finger–1 are upregulated in angiotensin II–infused WT, but not in IGF-1–transgenic, mice. These findings strongly suggest that angiotensin II downregulation of IGF-1 in skeletal muscle is causally related to angiotensin II–induced wasting. Because the renin-angiotensin system is activated in many catabolic conditions, our findings have broad implications for understanding mechanisms of skeletal muscle wasting and provide a rationale for new therapeutic approaches.

Results
Angiotensin II–induced protein degradation in vivo involves activation of caspase-3 and actin cleavage. We infused 12- to 16-week-old C57BL/6 mice with 500 ng/kg/min angiotensin II or vehicle (n = 6 per group) for 7 days, and sham-infused mice were pair fed. Angiotensin II infusion increased blood pressure (Figure 1A) and reduced body weight (Figure 1B), which was similar to our previous findings in rats. Gastrocnemius and soleus muscle from angiotensin II–infused mice at 7 days weighed less than those from pair-fed, sham-infused controls (Figure 1, C and D). We have recently shown that actomyosin cleavage by recombinant caspase-3 increases proteolysis via the Ub-P’some system. We found a 6-fold increase in caspase-3 activity in gastrocnemius muscle (P < 0.01) after 7 days of angiotensin II infusion (Figure 2A). Activation of caspase-3 requires proteolytic processing of its inactive zymogen into active p17 and p12 subunits. We detected significant accumulation of cleaved p17 subunit of caspase-3 in the muscle of angiotensin II–infused mice (Figure 2B). Furthermore, angiotensin II infusion markedly increased levels of the characteristic footprint of caspase-3 activation, a 14-kDa actin fragment (Figure 2C), and this increase was blunted by the cell-permeable caspase inhibitor zVAD-fmk (Figure 2D), which indicates that caspase-3 activation was responsible for the accumulation of cleaved actin fragment in muscles of angiotensin II–infused animals. We have previously shown that accumulation of cleaved actin is associated with proteolysis.

Nonstandard abbreviations used: CHF, congestive heart failure; EDL, extensor digitorum longus; GSK3β, glycogen synthase kinase 3β; IRS-1, insulin receptor substrate–1; LAD, left anterior descending coronary artery; MLC, myosin light chain; mTOR, mammalian target of rapamycin; MuRF-1, muscle ring finger–1; Ub-P’some, ubiquitin-proteasome.

Conflict of interest: The authors have declared that no conflict of interest exists.

through the Ub-P’some system (10). Evidence for involvement of the Ub-P’some system in animal models of catabolic conditions includes increased mRNA levels of the ubiquitin ligases atrogin-1/muscle atrophy F-box (atrogin-1/MAFbx) and MuRF-1 (7, 13). Using real-time PCR we found that angiotensin II caused a 24-fold and a 5-fold increase of atrogin-1 and MuRF-1 mRNA levels, respectively (Supplemental Figure 1; supplemental material available online with this article, doi:10.1172/JCI200522324DS1). Furthermore, there was a marked increase in ubiquitinated proteins in muscle from angiotensin II–infused mice (Figure 2E). Since there are a number of reports suggesting that the calpain/calpastatin system (14–16) is important in muscle wasting, we measured calpain activity in our model using gastrocnemius muscle lysates from angiotensin II–infused and pair-fed mice. Our data showed that there was no significant difference in calpain activity between angiotensin II and pair-fed animals. Furthermore, DEVD-CHO had no effect on calpain activity (Supplemental Figure 2). Thus, angiotensin II–induced muscle loss involves activation of caspase-3, actin cleavage, and activation of the Ub-P’some system.

**Angiotensin II infusion in mice induces serine phosphorylation of insulin receptor substrate–1 and reduces Akt, GSK3β, and Foxo phosphorylation in skeletal muscle.** We examined the mechanisms whereby caspase-3 became activated by angiotensin II. It has been shown that diminished Akt signaling promotes the cleavage and activation of caspase-3 (17). Using anti–phospho-Akt antibody (Ser473), we found that expression of phospho-Akt, but not total Akt, was reduced by angiotensin II infusion (Figure 2F). We next investigated the upstream signals that lead to the downregulation of Akt. There have been several reports that angiotensin II can inhibit both IGF-1 and insulin-stimulated PI3K activity and Akt activation, potentially via serine phosphorylation of insulin receptor substrate–1 (IRS-1) (18–20). We found that angiotensin II markedly stimulated Ser307 phosphorylation of IRS-1, which was not detected in muscle from control mice (Figure 2G).

Downstream effectors of Akt that can mediate hypertrophy include the negative regulator glycogen synthase kinase 3β (GSK3β; phosphorylated and inactivated by Akt) and positive regulators mammalian target of rapamycin (mTOR) and p70S6K. Additionally, the forkhead transcription factor Foxo1 is phosphorylated and inactivated by insulin and IGF-1 through an Akt-dependent mechanism, and this phosphorylation has
been shown to be critical for insulin/IGF-1 antiapoptotic effects, potentially through a caspase-3–dependent mechanism (21). Furthermore, it has been shown that IGF-1 and insulin inhibit the expression of atrogin-1/MuRF-1 by inactivating Foxos (6). We found that angiotensin II infusion reduced phosphorylation of Foxo1, Foxo3, Foxo4, and GSK3β (Figure 2F).

To demonstrate that caspase-3 activation is required in angiotensin II–induced muscle wasting, we administered a caspase inhibitor Z-Asp-2,6-dichlorobenzoyloxymethylketone to mice. This inhibitor has been shown to inhibit caspase-3 activation and ameliorate apoptosis and cardiac remodeling in rats with myocardial infarction (22). Our data showed that the caspase inhibitor markedly blunted the wasting effect of angiotensin II. Thus, there was no statistically significant difference in body and muscle weight between angiotensin II–infused and pair-fed groups treated with caspase inhibitor after 5 days (Supplemental Figure 3, A–D). We further analyzed caspase-3 activity, actin cleavage, and protein ubiquitination in mice receiving the caspase inhibitor. As shown in Figure 2A, caspase-3 activity was completely inhibited both in sham-infused, pair-fed and in angiotensin II–infused groups, and no actin cleavage was detected (Supplemental Figure 3E). Ubiquitination was also minimal, and there was no difference between angiotensin II and pair-fed groups (Supplemental Figure 3F). Therefore, our data suggest that caspase-3 activation is required for actin cleavage and for increased protein ubiquitination. Our data show that the expression levels of both atrogin-1 and MuRF-1, measured by real-time PCR, remain elevated in the angiotensin II–group compared with the pair-fed group (Supplemental Figure 1). However, the degree of angiotensin II induction of atrogin-1/MuRF-1 expression was blunted in the presence of caspase-3 inhibition. Thus, the angiotensin II–induced fold increases in atrogin-1 and MuRF-1 were 12.2 ± 1.2 and 1.4 ± 0.3, respectively, with caspase inhibition, as opposed to 24 ± 0.5 and 5 ± 0.3 without caspase inhibition. This finding suggests that angiotensin upregulation of ubiquitin ligases is in part caspase-3 dependent.

Angiotensin II–induced muscle wasting is not due to reduced potassium levels and is glucocorticoid dependent. It is possible that angiotensin II infusion, by raising aldosterone levels, could produce hypokalemia and tissue potassium depletion, which could contribute to muscle wasting. We thus measured circulating plasma K⁺ levels in angiotensin II–infused and pair-fed mice at day 7 (n = 5 per group) and did not find a significant difference (pair-fed, 4.01 ± 0.14 mM; angiotensin II–infused, 4.07 ± 0.22 mM; P = 0.59). Because K⁺ serum homeostasis tends to be maintained at the expense of the intracellular compartment, measuring serum levels may not be adequate; therefore, we also measured muscle K⁺ content. However, we did not find a difference in gastrocnemius muscle K⁺ content (pair-fed, 104.9 ± 1.3 μmol/g wet weight; angiotensin II–infused, 105.5 ± 1.6 μmol/g wet weight; n = 5, P = 0.53).

The muscle-wasting effect of angiotensin II could be mediated via a direct interaction between angiotensin II and its receptors on skeletal muscle tissue; however, muscle angiotensin II receptor expression decreases at the end of gestation to very low levels in differentiated muscle (23, 24). Alternatively, the angiotensin II–induced decrease in IGF-1 and muscle loss could be mediated by intermediate factors that are regulated by angiotensin II, such as glucocorticoids. Indeed, we have shown previously that there is an increase in urinary corticosterone levels with angiotensin II infusion in rats (25). It has been shown that catabolic doses of glucocorticoids injected in the rat activate the ubiquitin pathway of protein degradation (26) and reduce skeletal muscle expression of IGF-1 (27). We also found that glucocorticoids are necessary for activation of the Ub-P'Some system in acidosis or diabetes (28–30). We tested an inhibitor of glucocorticoids, RU486 (2 mg/kg/d, a dose shown to be effective in mice; ref. 31), and found that it blunted the angiotensin II–induced relative weight loss and reduction in muscle mass (Figure 3, A–C).

Targeted expression of IGF-1 transgene in skeletal muscle completely inhibits angiotensin II–induced weight loss and muscle wasting. We have recently demonstrated that angiotensin II–induced muscle wasting is associated with a reduction in circulating and skeletal muscle levels of IGF-1; however, systemic administration of IGF-1 with angiotensin II did not prevent muscle wasting in rats, which suggests that the autocrine IGF-1 system was involved (25). In our present study, we found that angiotensin II infusion reduced muscle IGF-1 mRNA levels (measured by real-time PCR) by 37% ± 6% at 7 days (P < 0.05, angiotensin II–infused vs. pair-fed mice). To determine whether IGF-1 overexpression in muscle could prevent angiotensin II–induced wasting, we used MLC/mlg1–mice, which express a local IGF-1 isoform in muscle under control of the myosin light chain (MLC) promoter (32). We infused WT (FVB) mice or transgenic MLC/mlg1–mice with angiotensin II and sham-infused pair-fed mice for 7 days. The hypertensive response to angiotensin II at 7 days was virtually identical in transgenic and WT mice (58 ± 6.7 mmHg increase vs. 54.8 ± 12.1 mmHg increase, respectively), and the baseline blood pressure was the same in both groups. The angiotensin II–induced relative weight loss in WT mice (Figure 4A) was completely prevented in MLC/mlg1 transgenics (Figure 4B), as was the reduction in gastrocnemius and extensor digitorum longus muscle mass (Figure 4C).

**Figure 3**

Angiotensin II–induced muscle wasting in mice is in part glucocorticoid dependent. Mice were either angiotensin II infused or sham infused with daily injections of RU486 or vehicle and pair fed. RU486 significantly inhibited the angiotensin II–induced (A) relative loss of body weight (P < 0.01, angiotensin II–infused with RU486 [RA] vs. angiotensin II–infused), and (B and C) decrease in muscle mass as assessed at 7 days. RP, pair-fed with RU486.
Gastrocnemius lysates from WT or transgenic mice (Figure 4E), consistent with the preferential fast-fiber effect (C and D).

We next examined the signal pathways that mediate IGF-1’s anabolic effect in the MLC/mIgf-1 mice. IGF-1 induces muscle hypertrophy by activating the type 1 IGF-1 receptor (IGF-1R), which then activates multiple signaling pathways, including the PI3K and MAPK pathways. There were no significant differences in IGF-1R, phospho- or total Akt, and phospho- or total MAPK pathways. However, the expression level of phospho-mTOR and phospho-p70S6K was increased at basal levels in the MLC/mIgf-1 mice (Figure 5A). The expression level of phospho-mTOR and phospho-p70S6K was increased at basal levels in the MLC/mIgf-1 mice (Figure 5A). However, the expression level of phospho-mTOR and phospho-p70S6K was increased at basal levels in the MLC/mIgf-1 mice (Figure 5A). The expression level of phospho-mTOR and phospho-p70S6K was increased at basal levels in the MLC/mIgf-1 mice (Figure 5A). Consequently, caspase-3 activation (Figure 5C) and actin cleavage (Figure 5D) were prevented in the angiotensin II–infused MLC/mIgf-1 mice. These data demonstrate that the Akt/mTOR/p70S6K pathway remains active in the MLC/mIgf-1 mice receiving angiotensin II.

In order to provide additional evidence of the role of the Akt/mTOR/p70S6K pathway in skeletal muscle wasting, we studied a rat ischemic cardiomyopathy model. Heart failure was induced by left anterior descending coronary artery (LAD) ligation, and muscles were harvested at 2 weeks. The rats with LAD ligation had reduced gastrocnemius (LAD-ligated, 1.5 ± 0.08 g; sham-operated, 122.8 ± 8.7 mg; sham, 152.4 ± 9.3 mg; P < 0.01). Western blotting showed that the levels of phospho-Akt and phospho-p70S6K were markedly reduced in gastrocnemius muscle from LAD-ligated rats compared with those from sham-operated rats. The levels of total Akt and total p70S6K were not different between LAD-ligated and sham-operated rats (Supplemental Figure 4).

Angiotensin II induces apoptosis of skeletal muscle, which is prevented by autocrine IGF-1. The activation of caspase-3 in our angiotensin II–infused animals prompted us to investigate whether apoptosis is

**Figure 5**

Involvement of Akt/mTOR/p70S6K kinases in the ability of the MLC/mIgf-1 transgene to prevent angiotensin II–induced muscle loss. (A) Basal characterization of signaling pathways in MLC/mIgf-1 mice. Gastrocnemius lysates from WT or MLC/mIgf-1 mice were subjected to SDS-PAGE and Western blotting with indicated antibodies. There is no significant difference in baseline levels of IGF-1 receptor (IGF-1R), phospho- or total Akt, and phospho- or total MAPK in transgenics. (B) Phospho-mTOR and phospho-p70S6K expression was diminished in muscles of angiotensin II–infused WT mice compared with pair-fed controls but was maintained in the angiotensin II–infused MLC/mIgf-1 mice. Additionally, expression of phospho-mTOR and phospho-p70S6K was increased at basal levels in transgenic mice compared with WT. (C) Phospho-Akt expression was maintained in angiotensin II–infused MLC/mIgf-1 mice, accompanied by diminished caspase-3 cleavage. (D) The accumulation of 14-kDa actin fragment was significantly reduced in the angiotensin II–infused MLC/mIgf-1 mice compared with WT mice.
involved in angiotensin II–induced muscle loss. Upstream components of the apoptosis cascade include Bad and cytochrome c. Akt has been shown to promote cell survival in part via its ability to phosphorylate Bad at Ser136 (33, 34). Phospho-Bad (Ser136) expression was reduced in the muscle of WT angiotensin II–infused mice compared with the pair-fed controls (Figure 6A). However, the phosphorylation of Bad was maintained in the infused mice vs. pair-fed WT). These changes were completely blunted in the transgenic mice (A–C).

**Figure 6**

Angiotensin II–induced muscle loss in WT mice is associated with (A) reduced levels of phospho-Bad in gastrocnemius muscle; (B) increased cytochrome c release into the cytosolic fraction (*P < 0.05, angiotensin II–infused vs. pair-fed WT); and (C) DNA fragmentation as detected by cell death ELISA (***P < 0.01, angiotensin II–infused vs. pair-fed WT). These changes were completely blunted in the transgenic mice (A–C).

We have recently demonstrated that caspase-3 activation and resulting actin cleavage are associated with increased protein degradation via the Ub-P’some pathway (10). We now show that caspase-3 activity is markedly increased in muscle from angiotensin II–infused mice, leading to actin cleavage. Additionally, angiotensin II increases expression of ubiquitin ligases and stimulates protein ubiquitination in skeletal muscle. These changes are prevented by expression of an IGF-1 transgene, consistent with a model wherein the depression of skeletal muscle IGF-1 and of IGF-1 signaling plays the central role, leading to activation of caspase-3 and to increased transcription of ubiquitin ligases and increased proteolysis. We show that in addition to stimulating the Ub-P’some pathway, angiotensin II stimulates apoptosis of skeletal muscle via a reduction in Bad phosphorylation and an increase in cytosolic cytochrome c release. These changes are also reversed by transgenic expression of IGF-1 in muscle. It is of note that Sandri et al. (6) have recently shown that IGF-1 inhibits starvation and glucocorticoid-induced atrogin-1 expression and atrophy of cultured myotubes. This effect of IGF-1 was mediated by inactivation of Foxos. Our data extend these observations by strongly suggesting that the protective effect of IGF-1 against muscle atrophy is also mediated by its ability to maintain Bad phosphorylation in the setting of a catabolic stimulus, namely angiotensin II infusion.

Our data using a caspase inhibitor support the critical role of caspase activation in the wasting effect of angiotensin II. Thus, in the presence of caspase inhibition, the angiotensin II–induced loss of muscle weight was markedly blunted and not significant at days 5–7. Angiotensin II–induced actin cleavage and protein ubiquitination were also inhibited by caspase inhibition. Interestingly, angiotensin II–induced upregulation of atrogin-1 and MuRF-1 mRNA levels was partially blunted in the presence of caspase inhibition, which suggests a possible involvement of a caspase-3–dependent mechanism in angiotensin II–mediated upregulation of ubiquitin ligase expression.

It is likely that the angiotensin II–induced increase in serine phosphorylation of IRS-1 (which has been shown to reduce PI3K activity; ref. 18) acts concurrently with the angiotensin II–induced depression of IGF-1 levels to reduce IGF-1 signaling, as evidenced by decreased phospho-Akt, phospho-GSK3β, and phospho-Foxos in muscle. It has been shown that diminished Akt signaling promotes the cleavage and activation of caspase-3 and subsequent cell atrophy or cell loss (17). The ability of IGF-1 overexpression to prevent angiotensin II–induced reduction in phospho-Akt and activation of caspase-3 (Figure 5C) strongly suggests that angiotensin II reduction in phospho-Akt signaling plays a pivotal role in the activation of caspase-3 and the subsequent signaling cascades leading to stimulation of the Ub-P’some pathway and increased apoptosis.

Although we have previously shown that angiotensin II–induced wasting is blocked by an angiotensin II type 1 (AT1) receptor antagonist (5), the low expression of AT1 receptor on differentiated muscle (23, 24) suggested an indirect effect of angiotensin II. Glucocorticoids have been shown to be required for stimulation of the Ub-P’some pathway in diabetes, fasting, and metabolic acidosis (28–30, 37, 38), and we have shown that angiotensin II infusion increases glucocorticoid levels (25). It has also been shown that acute treatment with corticosteroids decreases IGF-1 expression in rat skeletal muscle (27). We now show that RU486, a glucocorticoid receptor antagonist, significantly blocked the angiotensin II–induced weight loss, consistent with a role for glucocorticoids in
angiotensin II–induced muscle wasting. However, other cytokines such as TNF-α could also be involved.

IGF-1 is an important anabolic growth factor for skeletal muscle (11) and promotes myoblast proliferation and myogenic differentiation (39, 40), and IGF-1 expression is increased during compensatory hypertrophy of muscle (41). The signaling mechanisms mediating IGF-1–induced hypertrophy are incompletely understood and could include the PI3K/Akt pathway, the downstream mTOR/p70S6K or Akt/GSK3β pathways (42), or the serine/threonine protein phosphatase calcineurin, which mediates the dephosphorylation of the nuclear factor of activated T cells (NFAT) transcription factors (43). It is interesting to note that MLC/mlgf-1 mice have muscle hypertrophy that is not accompanied by increased Akt phosphorylation; however, when these mice are crossed with mdx mice (an animal model for Duchenne muscular dystrophy), the resultant mdx:MLC/mlgf-1 mice have improved muscle mass and function and a marked increase in Akt phosphorylation in muscle (12). Our study confirms that there is no increase in Akt phosphorylation in muscle from MLC/mlgf-1 mice at basal levels. In addition, we show a marked increase in mTOR and p70S6K phosphorylation in muscle from MLC/mlgf-1 mice. To our knowledge, this is the first report that IGF-1–mediated skeletal muscle hypertrophy is accompanied by increased phosphorylation of mTOR and p70S6K in vivo. Our data show that although overexpression of IGF-1 did not increase Akt phosphorylation in the unstimulated state, the reduction of phospho-Akt due to angiotensin II infusion was completely blocked in the MLC/mlgf-1 mice. Additionally, mTOR and p70S6K phosphorylation was not reduced in transgenic mice receiving angiotensin II but was markedly reduced by angiotensin II in WT mice. These data indicate that IGF-1’s ability to prevent angiotensin II–induced muscle loss is likely mediated via the Akt/mTOR/p70S6K pathway. In order to confirm the role of the Akt/mTOR/p70S6K pathway in muscle wasting, we studied muscle from rats with LAD ligation–induced heart failure and mice with angiotensin II–infused control mice were given the same amount of food as that eaten by the angiotensin II–infused mouse on the previous day (i.e., mice were pair fed). Blood pressures were measured noninvasively using the Visitech BP-2000 (Visitech Systems Inc.) as previously described (5). Seven days after implantation of the osmotic pumps, mice were anesthetized and tissues were removed, weighed, and snap-frozen in liquid nitrogen and stored at −80°C until processed. For 1 experiment, caspase inhibitor (Z-Asp-2,6-dichlorobenzoyloxymethylketone; Alexis Biochemicals) was injected intraperitoneally for 7 days (8.8 mg/g/d) (22, 58) and mice were either sham-infused (n = 5) or infused with angiotensin II (n = 5).

Myocardial infarction model. Myocardial infarction was induced by the ligation of the left coronary artery, as described previously (59). Briefly, male Sprague-Dawley rats weighing approximately 280 g each were anesthetized with ketamine (50 mg/kg i.p.) and xylazine (10 mg/kg i.p.) and tracheally ventilated with room air using a rodent ventilator (Harvard Apparatus). After a left lateral thoracotomy in the fifth intercostal space was performed, the left coronary artery was ligated. Sham-operated animals underwent a similar procedure without the actual ligation. Animals were sacrificed 2 weeks after LAD ligation and skeletal muscles collected for analysis.

Western blot. Samples were solubilized in Laemmli buffer and proteins separated by electrophoresis on 12% SDS-polyacrylamide gels. Proteins were blotted onto PVDF membranes and, after being blocked with 5% dry milk/0.1% Tween-20, incubated with primary antibodies in the same solution. Bound antibodies were detected by anti-rabbit or -mouse IgG conjugated with peroxidase and subsequent chemiluminescent detection.

IRS-1 serine phosphorylation. Homogenate (1 mg protein) was incubated with a rabbit anti-IRS-1 antibody bound to protein A-Sepharose to immunoprecipitate IRS-1, and serine phosphorylation was detected by Western blotting with an anti–phospho-IRS-1 (Ser307) antibody.

In summary, our present study demonstrates that angiotensin II–induced muscle wasting is mediated by reduced action of IGF-1 in skeletal muscle resulting from decreased IGF-1 expression and signaling, which lead to stimulation of the Ub-P’some pathway, activation of caspase-3, and apoptosis. These findings have important implications for understanding mechanisms of weight loss in conditions such as heart failure, in which the renin-angiotensin system is activated, and provide a strong rationale for developing therapeutic strategies to activate the skeletal muscle IGF-1 system in wasting conditions.
Caspase-3 activity assay. Caspase-3 activity was measured using a kit from Promega Corp. Muscle lysate was prepared from muscle samples by Dounce homogenization in lysis buffer provided with the kit. The lysates were centrifuged at 15,000 g for 20 minutes at 4°C, and the supernatants containing 100 μg protein were used for caspase-3 assay. Caspase-3 activity was examined by measurement of the rate of cleavage of colorimetric-conjugated substrate Ac-DEVD-p-nitroaniline. The specificity of the assay was confirmed by addition of the specific inhibitor DEVD-CHO in the reaction mixture at a concentration of 50 μM during the incubation.

Calpain activity assay. Calpain activity was measured using a kit from BioVision Inc. Muscle lysates were prepared from gastrocnemius muscle samples by Dounce homogenization in extraction buffer provided with the kit. The lysates were centrifuged at 10,000 g for 3 minutes at 4°C, and the supernatants containing 200 μg protein were used for calpain assay. Calpain activity was examined by measurement of the rate of cleavage of calpain substrate Ac-leucine-leucine-proline–7-aminomethylcoumarin (Ac-LLL-AMC).

Actin cleavage. Gastrocnemius muscles were homogenized in hypotonic buffer composed of 5 mM Tris•HCl (pH 8.0), 1 mM EDTA, 1 mM EGTA, 1 mM β-mercaptoethanol, 1% glycerol with 0.1 mM PMSF, leupeptin (5 μg/ml), and aprotonin (5 μg/ml). The homogenates were centrifuged (1,600 g for 10 minutes), the pellet was resuspended in the hypotonic buffer, and the prepared extracts were incubated at 37°C for 2 hours with or without the caspase-3 inhibitor DEVD-CHO (50 μM). Equal volumes of Laemmli sample buffer were then added for SDS-PAGE and Western blot analysis using C-term–specific anti-actin antibody.

Real-time PCR. RNA was extracted using the RNeasy kit (QIAGEN Inc.) and cDNA was synthesized using the first-strand cDNA synthesis kit with random primers (Amersham Biosciences). Real-time PCR was performed using the iCycler (Bio-Rad Laboratories) with the following primers: for mouse IGF-1, 5′-TGGCTTCTTCAAGGTTGTG-3′, 5′-ACATCTCAGTTCCTCAG-3′ for mouse atrogin-1, 5′-GCAGAGAGTCGGCAAGTC-3′, 5′-CAGGTGCGTGATGCTGGAG-3′, for mouse MuRF-1, 5′-CAACCTTGCCGCCAATTG-3′, or 5′-CAACCTTGCGCTCACAGAAGT-3′ with an annealing temperature of 53.2°C (IGF-1), 53.8°C (atrogin-1), and 55.1°C (MuRF-1) for 40 cycles.

Statistical analysis. All data represent the mean ± SEM of at least 5 animals in each group, and results were analyzed using Student’s t test when data from 2 experimental groups were compared or ANOVA when data from 3 groups were studied. For data analyzed by ANOVA, pairwise comparisons were made using Tukey’s test; P < 0.05 was considered statistically significant. All Western blotting was performed using a minimum of 3–4 pairs of samples.

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