GPR109A (PUMA-G/HM74A) mediates nicotinic acid–induced flushing

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Nicotinic acid (niacin) has long been used as an antidyslipidemic drug. Its special profile of actions, especially the rise in HDL-cholesterol levels induced by nicotinic acid, is unique among the currently available pharmacological tools to treat lipid disorders. Recently, a G-protein–coupled receptor, termed GPR109A (HM74A in humans, PUMA-G in mice), was described and shown to mediate the nicotinic acid–induced antilipolytic effects in adipocytes. One of the major problems of the pharmacotherapeutical use of nicotinic acid is a strong flushing response. This side effect, although harmless, strongly affects patient compliance. In the present study, we show that mice lacking PUMA-G did not show nicotinic acid–induced flushing. In addition, flushing in response to nicotinic acid was also abrogated in the absence of cyclooxygenase type 1, and mice lacking prostaglandin D2 (PGD2) and prostaglandin E2 (PGE2) receptors had reduced flushing responses. The mouse orthologue of GPR109A, PUMA-G, is highly expressed in macrophages and other immune cells, and transplantation of wild-type bone marrow into irradiated PUMA-G–deficient mice restored the nicotinic acid–induced flushing response. Our data clearly indicate that GPR109A mediates nicotinic acid–induced flushing and that this effect involves release of PGE2 and PGD2, most likely from immune cells of the skin.

Introduction

Nicotinic acid (niacin) has been known for decades to decrease the plasma concentration of cholesterol, free fatty acids, and triglycerides in humans (1, 2), and these effects have been used to treat dyslipidemic states (3, 4). Interestingly, nicotinic acid compared with other lipid-lowering drugs strongly raises HDL cholesterol (5, 6) while plasma concentrations of VLDL and LDL cholesterol (5, 6) as well as lipoprotein(a) are lowered by nicotinic acid (3, 4). Evidence has recently been provided that nicotinic acid is beneficial as an additive therapy to statins in the treatment of patients with relatively low HDL cholesterol levels (7–11).

The major unwanted effect of nicotinic acid when given at pharmacologically active doses is flushing. Although harmless, this side effect limits patient compliance. Nicotinic acid–induced flushing can be observed even at relatively low doses (50–100 mg per os) and consists of a cutaneous vasodilation accompanied by a burning sensation mainly affecting the upper body and face (12, 13). Flushing develops rapidly in virtually every patient taking nicotinic acid and lasts for about 1 hour. When nicotinic acid is given repeatedly, tolerance to nicotinic acid–induced flushing develops within days while the lipid-lowering effects are stable over time (14). The fact that nicotinic acid–induced flushing could be reduced by cyclooxygenase inhibitors like indomethacin, which do not affect the wanted effects of nicotinic acid (15–17) suggests that prostanoids are involved in nicotinic acid–induced flushing. Further evidence for an involvement of prostanoids in nicotinic acid–induced flushing was provided by the finding that levels of the vasodilatory prostanoids prostaglandin I2 (PGI2), prostaglandin D2 (PGD2), and prostaglandin D2 (PGD2) and their metabolites increased after oral administration of nicotinic acid (15–20). The most dramatic increase was described for the PGD2 metabolite 9,11β-PGF2 (20). PGI2 and PGD2 formation decreased after repetitive administration of nicotinic acid in parallel with the development of tolerance to nicotinic acid–induced flushing (18, 21). While these data suggest that prostanoids, especially PGD2, mediate nicotinic acid–induced flushing, the mechanism of nicotinic acid–induced prostanoid formation remains obscure.

Recently, a G-protein–coupled receptor for nicotinic acid termed GPR109A (HM74A in humans and PUMA-G in mice) has been identified (22–24). The receptor is expressed in adipocytes and immune cells and couples to G2-type G-proteins. In adipose cells, activation of the receptor by nicotinic acid is supposed to lower cAMP levels, resulting in a decreased activity of hormone-sensitive lipase and reduced hydrolysis of triglycerides to free fatty acids. Consistent with this, the nicotinic acid–induced antilipolytic effect resulting in decreased free fatty acid and triglyceride plasma levels was abrogated in mice lacking PUMA-G (23).

The aim of the present study was to analyze the mechanism of nicotinic acid–induced flushing and to test whether the recently discovered nicotinic acid receptor is involved in this effect. Using various genetic mouse models, we show that nicotinic acid–induced cutaneous vasodilation in mice requires PUMA-G and COX-1. In addition, we demonstrate that the effect involves both PGD2 and PGE2 receptors (DP and EP2, respectively). These data provide new insight into the mechanism of nicotinic acid–induced flushing and will be of importance for the development of new lipid-lowering drugs based on the recently discovered nicotinic acid receptor.

Results

To study the mechanism of nicotinic acid–induced flushing in genetic mouse models, we established a procedure to determine...
cutaneous vasodilation in the mouse ear using laser-Doppler (LD) flowmetry. Injection of nicotinic acid i.p. resulted in a dose-dependent and transient increase in blood flow, which started within 2 minutes after administration (Figure 1, A and C). Maximal effects were observed at nicotinic acid doses of 100–200 mg/kg. In all experiments, a biphasic increase in flow could be observed with a first peak after about 3–4 minutes and a second peak after about 25 minutes. At 40–50 minutes after nicotinic acid injection, blood flow returned to basal levels. This effect was not accompanied by any measurable change in blood pressure or heart rate (data not shown). Acipimox, which is structurally related to nicotinic acid and shares its pharmacological properties (25–27), also induced a biphasic cutaneous vasodilation in mice (Figure 1, B and C). Flushing induced by nicotinic acid and acipimox has been shown to be subject to rapid tolerance development in humans. Consistent with this, readministration of nicotinic acid or acipimox within 120 minutes resulted in minor or no vasodilatory effect, and there was cross-tolerance between the effects of nicotinic acid and acipimox (Figure 1, D–G).

To analyze the mechanism of nicotinic acid–induced flushing, we tested the effect of nicotinic acid on cutaneous vasodilation in mice that lack COX-1 (28) or eNOS (29) (Figure 2). Mice deficient in eNOS showed flushing in response to nicotinic acid that was indistinguishable from flushing induced in wild-type animals (Figure 2, A–C). In contrast, mice lacking COX-1 did not respond with any increase in cutaneous blood flow to nicotinic acid (Figure 2, D–F). These data clearly show that nicotinic acid–induced flushing is completely dependent on COX-1 and subsequent formation of prostanoids while endothelial NO production does not play a critical role.

In humans, nicotinic acid has been shown to strongly increase plasma levels of the PGD₂ metabolite 9α,11β-PGF₂α (20, 21) and to a lesser extent, PGE₂ and PGI₂ (15–19). Injection of PGD₂, and PGI₂ i.p. resulted in a monophasic increase in cutaneous blood flow while systemic application of PGE₂ caused a transient increase followed by a drop in blood pressure (data not shown).

Vasodilatory effects of PGD₂, PGI₂, and PGE₂ are mediated by DPs, PGF₂α receptors (IPs), and the type 2 or type 4 PGE₂ receptors (EP₂ or EP₄, respectively) (30–32). To test whether 1 or several of these vasodilatory prostanoids mediate nicotinic acid–induced cutaneous vasodilation, we measured cutaneous blood flow of DP₂-, EP₂-, EP₄- and IP-deficient mice (33–36) in response to nicotinic acid. As shown in Figure 3, D and E, nicotinic acid–induced flushing was normal in mice lacking the IP. However, there was a significant decrease in the first peak of nicotinic acid–induced increase in blood flow in DP₂-, EP₂-, and EP₄-deficient animals while the second peak was decreased in EP₂- and EP₄- but not in DP-deficient mice (Figure 3, A–C and E). These data clearly indicate that the nicotinic acid–induced flushing response involves PGD₂ and PGE₂ but not PGI₂.

The recent identification of GPR109A as a receptor for nicotinic acid raises the question of whether this receptor, which has been shown to mediate the antilipolytic effects of nicotinic acid, is also involved in nicotinic acid–induced flushing. Mice deficient for the murine form of GPR109A, PUMA-G, did not respond with any measurable change in cutaneous blood flow to nicotinic acid while mice heterozygous for a null allele of PUMA-G showed a flushing response comparable to wild-type animals (Figure 4, A–C and E). Administration of PGD₂ (Figure 4D) or serotonin (data not shown) to PUMA-G−/− mice induced a full flushing response, indicating that PUMA-G–deficient mice had not lost the ability to flush in general. Thus, PUMA-G mediates both nicotinic acid–induced antilipolysis (23) and cutaneous vasodilation.

PUMA-G as well as its human orthologue HM74A are expressed in adipose cells as well as in various immune cells, including macrophages (22–24, 37). Northern blot analysis clearly showed that PUMA-G is also expressed in the external ear (Figure 5A). RT-PCR analysis of skin prepared from various regions, including the ear, indicated PUMA-G expression in the skin (Figure 5B).

Figure 1
Nicotinic acid– and acipimox-induced flushing response in the mouse external ear and its desensitization. (A and B) Original recordings of the LDF signal in the ear artery. Mean baseline LDF represents 100% on the vertical scale. Nicotinic acid (NA) or acipimox (APX) were injected i.p. in doses of 200 mg/kg at the time points indicated by arrows. (C) Quantitative analysis of the percentage of LDF increase after administration of NA (white bars, n = 21) and APX (black bars, n = 11) during the first and second peaks of flushing. (D–G) Animals were pretreated with 200 mg/kg (i.p.) of NA (D and E) or APX (F and G) 120 minutes before the administration of NA (D and F) or APX (E and G). Shown are representative recordings of 5–6 experiments per group.
obtain further information about the cell type which may mediate nicotinic acid–induced flushing, we isolated various immune cells from skin and other organs. RT-PCR revealed expression of PUMA-G in MHC class II–positive skin cells and dendritic cells as well as in peritoneal macrophages whereas no expression could be seen in peripheral monocytes (Figure 5C). To test whether macrophages are able to respond to nicotinic acid via PUMA-G, we determined intracellular-free \([\text{Ca}^{2+}]_i\) in Fura-2–loaded macrophages. While wild-type cells responded with a transient increase in \([\text{Ca}^{2+}]_i\), PUMA-G–deficient macrophages were completely unresponsive (Figure 5D). However, PUMA-G–/– macrophages were still able to respond to ATP (Figure 5D).

To test whether immune cells mediate nicotinic acid–induced flushing, we generated bone marrow chimeras by transplanting wild-type bone marrow or bone marrow from PUMA-G–/– mice into irradiated PUMA-G–deficient animals. The potential of nicotinic acid to induce flushing was tested before transplantation and in 4 week intervals after transplantation. Before and up to 8 weeks after bone marrow transplantation, PUMA-G–deficient mice transplanted with wild-type or PUMA-G–deficient bone marrow did not flush in response to nicotinic acid. However, 12 weeks after transplantation, PUMA-G–/– mice that had received wild-type bone marrow started to show cutaneous vasodilation in response to nicotinic acid. The responsiveness of transplanted PUMA-G–/– mice to nicotinic acid was accompanied by the expression of PUMA-G in the bone marrow as well as in bone marrow–derived dermal cells (Figure 6A). PUMA-G–deficient animals transplanted with PUMA-G–deficient bone marrow remained unresponsive (Figure 6, B and C). The fact that wild-type bone marrow was able to restore the nicotinic acid–induced flushing response in PUMA-G–deficient animals clearly shows that bone marrow–derived cells expressing PUMA-G mediate the nicotinic acid–induced flushing reaction.

Figure 3
NA-induced flushing involves EP\(_2\), EP\(_4\), and DP but not IP. (A–D) Original recordings of the flushing response to nicotinic acid (200 mg/kg i.p.) in DP–/– (A), EP\(_2–/–\) (B), EP\(_4–/–\) (C), and IP–/– mice (D). (E) Quantitative analysis of the percentage of LDF increase in response to NA in wild-type control animals \((n = 27)\) and the indicated mutants \((n = 6–15)\). *\(P = 0.013\); ***\(P < 0.001\) vs. control (contr.).
Discussion
Nicotinic acid is one of the oldest drugs to treat dyslipidemia. It decreases VLDL synthesis and lowers LDL cholesterol levels while being the best available agent for increasing HDL cholesterol (38, 39). Despite its versatile beneficial effects, the clinical use of nicotinic acid has been limited by its side effects. Most prominently, the flushing response consisting of cutaneous vasodilation accompanied by a burning sensation occurs in virtually all patients receiving nicotinic acid and negatively affects compliance (4, 14). Characteristic differences between the effect of nicotinic acid on lipids and nicotinic acid–induced flushing have been observed with regard to the underlying mechanism. While the flushing response abates after repeated administration of nicotinic acid within days, the antidiyslipidemic effect is stable even after long-term treatment (4, 14). In addition, initial flushing can be reduced by coadministration of nonsteroidal antiinflammatory agents, which do not affect nicotinic acid effects on lipid levels (40). The recent identification of GPR109A as a G protein–coupled receptor for which nicotinic acid is a high-affinity ligand (22–24) opens new approaches to study the mechanisms of the pharmacological effects of nicotinic acid. While the receptor has been shown to mediate the antilipolytic effects of nicotinic acid on adipocytes and the subsequent decrease in free fatty acid and triglyceride levels, it is not clear whether the receptor is also involved in nicotinic acid–induced HDL cholesterol elevation and flushing. In the present paper, we provide evidence that the murine form of GPR109A, PUMA-G, mediates nicotinic acid–induced cutaneous vasodilation.

The phenomenon of a rapid cutaneous vasodilation in response to nicotinic acid and related drugs is not restricted to humans but can also be seen in other mammalian species (15, 41).
that nicotinic acid and its analogue acipimox induce an increase in cutaneous blood flow in mice also. The effect showed strong tachyphylaxis similar to the situation in humans (13). We consistently observed a biphasic response to both nicotinic acid and acipimox. A similar phenomenon has been described in humans receiving nicotinic acid orally (13).

Vasodilatory effects are in most cases mediated by an increase in cGMP or cAMP concentrations in vascular smooth muscle cells via activation of guanylyl cyclases by nitric oxide or via adenyl cyclases by agents activating Gi-coupled receptors, respectively (42). Our data indicate that the nitric oxide/guanosine cyclase pathway is unlikely to be involved in nicotinic acid–induced vasodilation since mice lacking eNOS showed a normal flushing response to nicotinic acid. Based on observations in humans (see above), cyclooxygenase-mediated prostanoid production has been suggested as playing a role in the flushing response to nicotinic acid. Consistent with this, mice lacking COX-1 did not show any flushing after administration of nicotinic acid, indicating that COX-1 indeed plays a central role in mediating this effect. At least 3 prostanoids with the potential to induce vasodilatory effects are produced in a COX–dependent manner: PGI$_2$, PGD$_2$, and PGE$_2$, which act through the Gi-coupled IP, DP, and EP$_2$/$E_P_4$, respectively (31, 32, 43). For all 3 prostanoids and their metabolites, an increase in plasma or urine levels has been described in humans (31, 32, 43). For all 3 prostanoids and their metabolites, an increase in plasma or urine levels has been described in humans (31, 32, 43). For all 3 prostanoids and their metabolites, an increase in plasma or urine levels has been described in humans (31, 32, 43).

To test whether any of the 3 prostanoids is involved in nicotinic acid–induced flushing, we used mice lacking DP, EP$_2$, EP$_4$, or IP. (44) Interestingly, IP-deficient mice showed normal flushing responses to nicotinic acid while the responses were significantly reduced in mice lacking DP, EP$_2$, or EP$_4$. However, none of the prostanoid–deficient mice showed complete abrogation of nicotinic acid–induced flushing in contrast to COX–1-deficient animals. We conclude from these studies that both PGD$_2$ and PGE$_2$ but not PGI$_2$ mediate the nicotinic acid–induced flushing response.

The phospholipase A$_2$–mediated (PLA$_2$–mediated) formation of arachidonic acid, which is rapidly metabolized to prostanoids and other eicosanoids depending on the available enzyme systems, is the rate-limiting step in the acute biosynthesis and release of prostanoids. PLA$_2$ activation initiated through the activation of G-protein–coupled receptors involves the activation of protein kinases or the elevation of the cytosolic [Ca$^{2+}$], which can then activate PLA$_2$ (45, 46). The G$_i$-coupled nicotinic acid receptor is mainly expressed in adipocytes and immune cells, including macrophages (22–24, 37). Although adipocytes can form a variety of prostanoids (47, 48), nicotinic acid–induced prostanoid formation responsible for flushing has been suggested as taking place in the skin (49). The fact that nicotinic acid–induced flushing can be restored in irradiated PUMA-G–deficient mice transplanted with wild-type bone marrow strongly indicates that immune cells mediate the effect. It is well known that in leukocytes, activation of G$_i$ by Glycophospholipase C activation results in an increase in the intracellular [Ca$^{2+}$] ([Ca$^{2+}$]), and consecutive PLA$_2$ activation. Consistent with this, we found that in macrophages, nicotinic acid induces an increase in [Ca$^{2+}$], via its receptor PUMA-G. Future work will have to identify the exact cell type responsible for nicotinic acid–induced prostanoid formation via the nicotinic acid receptor. Mast cells are unlikely to be involved, as nicotinic acid treatment does not result in a measurable systemic histamine accumulation (20). In addition, we have observed a normal flushing response in the mast cell–deficient mouse mutant WBBF1-Kit$^+/K_{it}^{R+}$ (52, 53) (data not shown). Other dermal immune cells, such as those of the monocyte/macrophage lineage, which are able to synthesize various prostanoids (54–56), are good candidates that may execute the nicotinic acid–induced prostaglandin-mediated flushing reaction.

Taken together, we have identified the nicotinic acid receptor GPR109A as a critical mediator of nicotinic acid–induced flushing. This indicates that it will be difficult to pharmacologically dissociate the antilipolytic and vasodilatory effects of nicotinic acid by using potentially new agonists acting on GPR109A. However, our data clearly indicate that nicotinic acid–induced flushing is an indirect effect mediated by GPR109A-dependent production of PGD$_2$ and PGE$_2$ by bone marrow–derived immune cells and that the PGE$_2$ and PGD$_2$ synthesizing enzymes and the DP and EP$_2$/$E_P_4$ represent potential targets to suppress nicotinic acid–induced flushing.

**Methods**

**Mice.** Experiments were carried out in wild-type and genetically altered adult mice (body weight 20–30 g) on a C57BL/6 background. Wild-type and eNOS$^{-/-}$ animals were obtained from Charles River Laboratories, COX-1$^{-/-}$ mice were from Ingvar Bjarnason (Department of Medicine, Guy’s, King’s College, St. Thomas’ School of Medicine, London, United Kingdom), and prostanoid receptor–deficient mice were from Shuh Narumiya (Kyoto...
University, Kyoto, Japan). When testing KO animals, wild-type littermates served as controls. Mice were housed in temperature-controlled facilities on a 12-hour light-dark cycle with ad libitum food and water access. All experimental procedures were approved by the Animal Care and Use Committee at the Regierungspräsidium Karlsruhe, Karlsruhe, Germany.

Measurement of flush. Mice were anesthetized by i.p. injection of 60 mg/kg pentobarbital (Narcoren; Merial) and placed on their left sides on a controlled heating pad (TKM-0902; Föhr Medical Instruments) in order to maintain a rectal temperature between 35.5 and 37.5°C. Using adhesive strip and a PH 07-5 miniholder, a small straight LD probe (No. 407; Perimed) was attached to the dorsal surface of the right ear over a first order branch of the ear artery. LD flux (LDF) was continuously recorded by a PeriFlux 5001 LD monitor (Perimed) connected to a PC via the MP100 system (Biopac Systems Inc.). Recordings were analyzed offline with AcKnowledge 3.7.3 software (Biopac Systems Inc.). After a 10-minute stabilization period, test compounds were injected i.p. Nicotinic acid and acipimox were prepared in 5% (2-hydroxypropyl)-β-cylo-dextrin, and the pH of solutions was adjusted to 6.9–7.1 with 1 M NaOH. These agents were applied in a dose of 200 µg/g body weight in a volume of 20 µl/g. PGD2, PGE2, and PGl2 (Cayman Chemical Co.) was dissolved in DMSO and diluted 20 times with saline. The dose of prostanooids was 2 µg/g in a volume of 4 µl/g. None of the vehicles induced any change in ear blood flow, systemic blood pressure, or heart rate in control experiments (data not shown).

In desensitization and cross-desensitization experiments, the putative desensitizing agent was injected i.p. 105 minutes before the onset of anesthesia, i.e., 120 minutes before the injection of the tested compound. In control experiments, we verified that the flushing effects of nicotinic acid and acipimox are completely reversed within 120 minutes and LDF returns to the baseline level (data not shown).

Evaluation of the flushing response and statistics. Original LDF recordings were averaged for 1-second intervals in order to obtain mean LDF without pulsation. In all experiments, baseline LDF was determined prior to injection of the tested compound. Nicotinic acid and acipimox induced biphasic flush, and therefore the maximal LDF values of the first and second flushing were determined and expressed as percentages of the baseline flow. All data are presented as mean ± SEM. If 1 compound was tested several times in 1 animal, the results obtained were averaged. Between 2 experiments in the same animal, at least 1 week was allowed for recovery. Statistical analyses of differences between 2 groups was performed by unpaired, 2-tailed Student’s t test. Comparisons among 3 or more experimental groups were made by ANOVA followed by the Bonferroni post hoc test. A P value of less than 0.05 was considered significant.

Bone marrow transplantation. Bone marrow transplantation was performed as described previously (57). Bone marrow was obtained aseptically from femurs and tibias of wild-type or PUMA-G−/− mice after euthanizing animals by cervical dislocation. Unfractionated bone marrow cells (5 × 106) were resuspended in sterile PBS and transplanted by tail-vein infusion into 1 animal, the results obtained were averaged. Between 2 experiments in 1 mouse, the results obtained were averaged. Between 2 experiments in 1 mouse, the results obtained were averaged. Between 2 experiments in 1 mouse, the results obtained were averaged.

Isolation of cells. Mouse ears were dissected and split into ventral and dorsal sheets. After 1-hour digestion in PBS containing trypsin (0.5% w/v) and 5 mM EDTA, the dermis was removed, and the pooled epidermal tissue was agitated to release cells. The cells were magnetically sorted using MHC class II (haplotype 1a) antibody coupled to magnetic beads (Miltenyi Biotec). Dendritic cells were stained with FITC anti-mouse CD86 and PE anti-MHC class II (IA/IE) (BD Biosciences — Pharmingen) and sorted using a FACS Vantage (BD) flow cytometer. Reanalysis of the sorted cells showed 74% of them to be CD86+MHC class II+ . Monocytes were isolated from whole blood by gradient centrifugation using Lympholyte Mammal (Cedarlane Laboratories Ltd.). The peritoneal cavities of mice were lavaged with 5 ml RPMI medium in order to obtain peritoneal macrophages.

Measurement of [Ca2+]i. Macrophages were allowed to adhere to 12-mm-diameter glass covers and loaded with Fura-2/AM (3 µM, Molecular Probes; Invitrogen Corp.) for 60 minutes at room temperature. The nonadherent cells were removed by washing with Hank’s balanced salt solution containing 2.5 mM Ca2+ and 5 mM glucose. Ratiometric calcium signals were recorded using a Zeiss Axiovert135 microscope, a SensiCam CCD camera (PCO AG), and TILLvisION software version 4.00 (TILL Photronics).

Northern blots and RT-PCR. Northern blot analysis and RT-PCR were performed as described (23). RNA was isolated with the Trizol Reagent (Invitrogen Corp.). For RT-PCR, 50 ng to 1 µg of total RNA were reverse transcribed. cDNA of a PUMA-G 560-bp fragment was performed with specific primers (gGTGTTAGCACCTGCATCTGT; asGAGATGTGAAAGCCAGATAAG). cDNA synthesis was monitored by PCR of a 401-bp fragment of glyceraldehyde 3-phosphate dehydrogenase.

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