Vision research has often led to significant advances in our understanding of biology. There has also been particular success in translating basic research in the eye into breakthrough clinical therapies that mark important milestones for ophthalmology and also for medical research. Anti-VEGF therapy for age-related macular degeneration was named as one of the top ten science advancements of the year 2006. Only two years later, successful transfer of the RPE65 gene into retinal pigment epithelium of patients with Leber congenital amaurosis was noted as one of the most important clinical applications of gene therapy. The articles in this Review series outline current developments in vision research and highlight its continued importance in ophthalmology and medicine.

Introduction
The ancient proverb “the eye is the window to the soul” is echoed prosaically in science. Vision research has long led to a deeper knowledge of biology, as illustrated by the Nobel Prize–winning work by David Hubel and Torsten Wiesel over 30 years ago. They defined neural structure-function relationships of sensory information processing in the visual cortex. They also defined windows of cortical plasticity that for the first time explained how vision loss in amblyopia arises from visual sensory deprivation during a critical developmental period. Their work remarkably advanced our understanding of not only visual information processing but also of brain microarchitecture and function in general. Similarly important, work conducted by George Wald in the 1930s found visual pigments in the retina linking vitamin A to phototransduction, leading to his Nobel Prize in 1967.

Ophthalmology has also been at the forefront of translational research. Basic eye research (1–3) was translated to the clinic with anti-VEGF therapy for age-related macular degeneration (AMD). This was voted in 2006 by Science magazine as among the top ten science breakthroughs of the year (4) after two clinical trials (5, 6) showing that treatment with the anti-VEGF drug ranibizumab improves vision in one-third of patients with wet AMD while stabilizing the condition in most of the remaining patients. This is in stark contrast to all prior treatments for AMD, in which loss of fewer than three lines of visual acuity had been considered a success. Eye research trials have also played critical roles in advancing human gene therapy as a therapeutic principle for clinical practice. Transfer of the RPE65 gene into retinal pigment epithelium (RPE) of patients with Leber congenital amaurosis (LCA), a retinal degenerative disease that had previously been considered untreatable, can partially restore visual function (7, 8). The RPE65 gene therapy trials are some of the most successful applications of gene therapy in humans to date.

This Review series discusses a wide range of current vision research developments and highlights how vision research continues to advance the fields of both ophthalmology and medicine (Figure 1).

Through the eyes of a child
An in-depth analysis of the pathogenesis of ROP and proliferative retinopathy is given in the review by Sapiieha and colleagues (16). The study of ROP has led to a greater understanding of angiogenesis, vascular neural interconnections, and metabolic vascular cross-talk. The authors illustrate in detail how in the premature infant, exposure of the developing retina to unphysiologically high oxygen tension leads first to arrest of normal vascular development (phase I of ROP) and subsequently to excessive and uncontrolled blood vessel growth (phase II). Based on the lack of autonomic vascular innervation of the retina (17–19), the retinal vasculature relies predominantly on local factors to regulate tissue oxygen tension. In the prematurely born infant, however, local autoregulation of both retinal and choroidal blood flow is very limited compared with that in adults (20). This dysregulation in combination with oxygen levels that by far exceed the in utero levels normally present at this stage of retinal development leads to abnormally high tissue oxygen tension. One direct consequence is the generation of ROS and reactive oxygen species.
Figure 1
Eye research and its multiple connections to other areas of medical research.

Further progression, however, thickening of the Bruch membrane, focal reduction in choroidal capillary density, RPE cell loss, and photoreceptor degeneration can result in more significant visual impairment. Unfortunately from a functional point of view, all these changes (in their most complete form often referred to as geographic atrophy) appear almost exclusively in and around the macula, the part of the retina that is responsible for central vision and higher visual functions such as reading or recognizing faces. The Review highlights the structural changes seen specifically in AMD eyes, but also discusses the complex involvement of several systemic factors in detail. Although the author points out that the increased prevalence of AMD seen in population-based studies appears not to be solely attributable to an increased life expectancy (23), systemic aspects of aging can be unraveled in the study of AMD. Dysregulation of the immune system especially in the complement cascade and lifestyle-associated risk factors such as smoking and obesity are important systemic contributors to AMD progression. The identification of AMD-associated haplotypes in the gene for complement factor H, in particular, has significantly advanced the field of AMD research and has contributed substantially to integrating this local degenerative disease of the eye into a wider picture of systemic immune function.

Nudging nature
As with AMD, recent advances in molecular genetics have helped to reveal the underlying defects in many inherited retinal dystrophies. Based on these diagnostic achievements, gene therapy has advanced to a successful clinical debut in treatment studies in patients with LCA due to defects in the RPE65 gene (7, 8). The Review by den Hollander et al. discusses the recent breakthroughs in diagnosing and treating retinal inherited disorders, a heterogenous group of blinding eye diseases that until recently were considered incurable (24). While affecting a variety of different genes, all retinal dystrophies discussed in this Review are characterized by the dysfunction and eventual degeneration of photoreceptor and/or RPE cells. The connection between underlying gene defect and clinical presentation is in many cases not easy to make, and the distinction among some retinal dystrophies can be very subtle or even arbitrary. Thus an essential prerequisite for any successful gene therapy is the exact identification of the underlying genetic defect in each patient. den Hollander and colleagues provide an overview of the current standards in molecular genetics and discuss the need for reliable animal models for preclinical testing of gene therapy approaches. A challenge going forward is how to adapt gene therapy strategies for RPE treatment to the treatment of photoreceptors, as these cells often carry the genetic deficit responsible for retinal dystrophies. This will involve adjusting the vector system and the injection protocols and could potentially be associated with risks such as ectopic vector expression in brain cells. While the success of the LCA-RPE65 trials may have depended on treating patients with useful vision early in life, the seminal results obtained from these first ocular gene therapy trials offer real hope for patients with other forms of retinal dystrophy and put ocular research at the forefront of human gene therapy development.

Seeing is believing
The Review by Blumberg and Kreiman provides an overview of visual information processing (25). They focus on object recognition, a crucial cerebral visual-processing function necessary for reading or face identification. The capacity of the human visual system to...
recognize faces is still much more powerful than computer-based systems in part because of the robustness of our visual system in accommodating image transformations. Even when most of the pixels of an image are changed or the object is altered in size, position, luminance, motion, or texture, the human brain still can recognize and name that object appropriately. Electrophysiological studies on animals as well as patients with spatially defined brain lesions have helped to map specific areas of the cortex involved in image recognition. In addition, neurophysiological studies with epileptic patients have provided evidence that the recognition of faces can be used to probe the robustness of image recognition despite image alteration. In one patient, a particular face no matter how transformed elicited a selective response in one particular neuron. A response specific to this face occurred whether it was presented as a black and white drawing, as a color photograph, or in different poses and views (26). These results help to advance our understanding not only of the connections between eyes and brain, but also our understanding of the complex interactions triggered by sensory input into the cerebral cortex, perhaps leading, among other achievements, to more advanced computer face recognition.

Fittest for survival

All of the Reviews discussed so far focus on either ocular or cerebral disorders of vision. The Review by Fan and Wiggins concentrates on RGCs that link the retina to the first interconnecting neurons of the cerebral visual pathways (27). RGCs are the cells primarily damaged in glaucoma, leading to severe visual field defects and, if left untreated, complete blindness. Current treatments can prevent progression of ganglion cell loss in the majority of glaucoma patients; they are, however, not curative. Many forms of glaucoma appear to be inherited. Most genes identified to date lie within 29 genetic loci (28, 29) and are mostly associated with ocular development. As a consequence, mutations in these genes most commonly lead to early onset or juvenile glaucoma. However, mutations in some genes, such as optineurin (30) and WDR36 (31), are also found in patients with the more prevalent adult-onset form of primary open angle glaucoma (POAG) and are thought to directly affect RGC survival.

Interesting questions regarding the interplay between systemic and ocular abnormalities are raised by studies showing an overlap of genetic regions involved in regulation of intraocular pressure and regulation of blood pressure (32). Given that genetic testing can identify individuals at risk for early onset glaucoma in approximately 30% of cases (33), gene therapy might potentially offer a targeted treatment option with long-lasting effect in at least certain subgroups of glaucoma patients similar to treatments for retinal dystrophies as discussed in the Review by den Hollander et al. (24). Finally, analogous to the repair of neuronal or vascular retinal tissue as discussed in the review by Marchetti et al. (9), the use of pluripotent stem cells for either supply of neurotrophic factors or facilitation of endogenous repair of damaged RGCs might become a suitable treatment option for glaucoma patients in the future.

Eyeing immunity

The Review by Rachel Caspi offers another link between vision research and advances in other areas of medical research (34). Her article on uveitis highlights the special relationship between the immune system and ocular tissues. While the eye enjoys a so called “ocular immune privilege” (35), uveitis is nevertheless often associated with systemic immunological disorders such as juvenile rheumatoid arthritis, anklylosing spondylitis, or Behçet disease. Common predisposing factors for both the ocular and the systemic manifestations of the underlying immunologic disorders are HLA haplotypes. Particularly striking is the association between Vogt-Koyanagi-Harada syndrome or systemic ophthalmia and HLA DR4 and birdshot retinochoroidopathy and HLA A-29. This association of uveitic diseases with certain HLA haplotypes has been explored in the commonly used mouse model of experimental autoimmune uveitis (EAU). The retinal antigen to which uveitis patients most frequently respond is arrestin (S-Ag). Arrestin is, however, a poor uveitogen in the EAU mouse model except in transgenic mice expressing HLA DR4 (36).

The Review also provides a thorough overview of the current therapies available to treat uveitis. One treatment strategy that has evolved from animal models into clinical practice is the targeting of pathogenic effector T cells using cyclosporine, FK-506, or rapamycin. Other approaches include administration of appropriate doses of retinal uveitogenic antigens to correct defects in peripheral antigen tolerance by infusion of autologous B cells engineered to express uveitogenic antigen fragments. Finally, treatment strategies targeting pathogenic effector cytokines such as TNF-α and IL-17 or blocking adhesion molecules and inflammatory recruitment factors have shown promising results. Notably, many of these treatments are not unique for uveitic disorders but show promising effects also in systemic conditions such as arthritis and thus further illustrate how ocular research is interconnected with a wide array of various medical research areas.

Conclusion

The Review series presented in this issue of JCI provides an overview of the wide and promising field of ophthalmology research. The universal importance of some of the findings presented highlights the role of the eye and the visual system as a research tool for other biomedical specialties. Irrespective of whether a particular researcher’s interest lies in immunology, angiogenesis, gene therapy, or neurodevelopment, the eye is an easily accessible organ that can be used to visualize a wide variety of physiological and pathological concepts.

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