Thrombocytopenia and the need for alternative platelet sources

The blood system comprises a hierarchy of rare, largely quiescent, self-renewing hematopoietic stem cells (HSCs) and highly proliferative lineage-committed progenitors and precursors in the bone marrow, which yield a continual supply of mature blood cells of diverse lineages (1). The nearly one trillion platelets present in circulation derive from bone marrow–resident, multinucleated megakaryocytes, which in turn derive from bipotential megakaryocyte-erythroid progenitors (MEPs). The master transcription factor GATA1 is required for maturation of MEPs into both megakaryocytic and erythroid lineages (1, 2). It is estimated that each megakaryocyte produces approximately $10^7$ to $10^8$ platelets, which have half-lives of only about three days in the circulation (3–6). Reduction in the number of circulating platelets, termed thrombocytopenia, is a common clinical condition with a variety of etiologies, including infectious and heritable disease, malignancy, liver failure, chemotherapy, and medication side effects (1, 4, 7–9).

Transfusion of donor-derived platelets is employed with increasing frequency to treat patients with thrombocytopenia and places a high demand on platelet donation (10). Over two million platelet units are transfused annually in the United States (8, 10); however, there are multiple factors that hinder platelet transfusion. Donor platelets have only a three- to seven-day shelf life, limiting the ability to store and transport these cells and generating substantial waste through the disposal of aged platelets. Intermittent shortages arise due to a mismatch between supply and demand (11, 12). Further, donor-derived platelets carry the inherent risk of viral transmission and bacterial contamination due to extended room temperature storage (8). Together, these limitations have motivated the development of sustainable donor-independent platelet sources to meet the growing need for these cells (7, 11).

Pluripotent embryonic stem (ES) cells or induced pluripotent stem (iPS) cells have been proposed as a potential donor-independent source of platelets. One vision is that either ES cells or iPS cells could be used to produce a renewable and immortalized progenitor-like cell line that retains the capacity to differentiate into mature megakaryocytes, which in turn would produce functional platelets. To date, attempts to employ this strategy have suffered from a poor output of PS cell–derived megakaryocytes. Moreover, inefficient generation of platelets from megakaryocytes in vitro has been an additional challenge (4, 6, 11, 13, 14).

The GATA switch and regulation of megakaryopoiesis

The study of the GATA transcription factors GATA1 and GATA2 has provided insight into normal and disease-associated megakaryopoiesis. While GATA2 is highly expressed in early stem and progenitor cells, megakaryopoiesis and erythropoiesis are accompanied by a concurrent downregulation of GATA2 and upregulation of the closely related GATA1, a process referred to as GATA switching. The switch to GATA1 reflects a dependence on this key factor for terminal differentiation of megakaryocytes and erythroid cells (15, 16). Loss-of-function mutations in the gene encoding GATA1 underlie several human conditions, including congenital thrombocytopenias and anemias and the aberrant expansion of MEPs that is characteristic of Down syndrome–associated transient myeloproliferative disorder (17–19). Previous work demonstrated that loss of GATA1 in mouse ES cells (mES cells) leads to production of self-renewing MEP-like cells under appropriate ex vivo differentiation conditions (2). Maturation recurs in these cells upon introduction of GATA1; however, this is not enough to complete differentiation into functional megakaryocytes, as evidenced by a failure to produce platelets in vivo.

In this issue, Noh et al. report on their hypothesis that the failure to achieve full differentiation reflects inappropriate regulation of GATA1 (20). Noh and colleagues developed an elegant system in which...
GATA1 is transiently repressed in mES cells with an shRNA that is under the control of a doxycycline-responsive promoter, allowing release of GATA1 repression by removal of doxycycline. Moreover, with this scheme, GATA1 regulation proceeds via endogenous control mechanisms once it is no longer being repressed. Indeed, compared with previous attempts, which employed Gata1 knockout and retroviral-mediated reexpression (2), this inducible repression system provides a gradual induction of Gata1 mRNA that closely recapitulates the differentiation of fetal liver progenitors into megakaryocytes in vitro with a commensurate downregulation of GATA2 as GATA1 is induced along with expression of an shRNA that targets Gata1 mRNA, resulting in degradation of the full-length transcript. Addition of doxycycline induces shRNA-mediated GATA1 suppression, leading to logarithmic proliferation of MEP-like cells (G1ME2 cells). The restoration of GATA1 expression upon doxycycline withdrawal supports differentiation of MEP-like cells into mature megakaryocytes capable of producing functional platelets. TRE, tetracycline response element.

A fine-tuning of gene expression provides the key

Following successful production of mature megakaryocytes ex vivo, Noh et al. turned to mouse models to validate the quality of their G1ME2-derived megakaryocytes. Recent studies have demonstrated that infusion of mature megakaryocytes into mice leads to the production of functional platelets (21). Infusion of G1ME2-derived megakaryocytes into mice led to observable platelet production. Furthermore, an arteriole laser injury model revealed that these platelets are incorporated into functional thrombi at a rate that is indistinguishable from the rates of incorporation of either platelets produced from fetal liver–derived megakaryocytes or platelets isolated from donor mice. These experiments provide in vivo evidence that G1ME2-derived megakaryocytes can produce platelets able to home to sites of injury and participate in thrombus formation (20).

These results from the study by Noh and colleagues have several important implications. First, they emphasize that proper cellular differentiation relies not only on the absence or presence of the correct transcriptional regulatory factors, but also requires appropriate levels and timing of expression. These results also suggest that protocols for cellular engineering and reprogramming may benefit from relying on and incorporating endogenous gene regulatory mechanisms to any extent possible. In addition, gene therapy approaches often utilize strong promoters, such as those driving expression of viral genes or mammalian housekeeping genes, to maximize gene expression. However, the findings of Noh et al. emphasize that too much expression may be just as problematic as too little expression to restore normal function. The need to fine-tune gene expression is likely to extend to ORF overexpression and clustered regularly interspaced palindromic repeat (CRISPR) gene activation experiments, which may fail to identify key regulators due to inappropriate spatiotemporal and/or nonphysiologic levels of gene expression.

The study by Noh and colleagues brings the field a step closer to human donor-independent sources of platelets. In order to achieve clinical utility, platelets must be produced in large quantities (4, 11), as currently one unit for transfusion contains 3 to 4 × 10^{11} platelets (8). With the assumption that each megakaryocyte can produce 10^5 platelets (3, 4, 6), 3 to 4 × 10^{14} megakaryocytes would be required for a single platelet transfusion and more than 6 to 8 × 10^{14} megakaryocytes would be needed to replace the necessity of donor-derived platelets across the United States. Noh et al. demonstrated that each G1ME2-derived megakaryocyte produces approximately 40 platelets with a half-life of five to six hours when transferred into mouse models (20); however, the increa-
ible expansion of G1ME2 cells allows for the production of clinical levels of platelets, despite reduced platelet output per megakaryocyte. This reduced ability of the G1ME2-derived megakaryocytes to produce platelets and shortened half-life of these platelets may reflect an incomplete differentiation of G1ME2 cells or an intrinsic biological limitation as the result of deriving G1ME2 cells from cells of embryonic origin and not adult cells. The possibility of a developmental stage restriction represents a potential roadblock to using PS cells derived from embryonic sources for the production of many adult cell types. A clearer understanding of the molecular mechanisms of ontogeny may inform attempts to more successfully engineer robust in vitro models of adult megakaryopoiesis and platelet production.

Conclusions and future directions

The next step toward clinical translation of the work by Noh and colleagues is an extension of this strategy to human ES cells (hES cells) and iPSCs. Cross-species differences between mES cells and hES cells are appreciable (22); however, the similar transcriptional networks involved in murine and human hematopoiesis suggest that inducible suppression and restoration of GATA1 may be applicable in human cells. The low platelet outputs from hES cell–derived megakaryocytes are an additional hurdle that must be overcome before clinical realization (23, 24). Moreover, the use of hES cells as a megakaryocyte source also warrants discussion of both safety and ethics. Fortunately, as platelets lack nuclear DNA, platelet products can be generated ex vivo, which suggests that current culture conditions may lack essential components necessary for the release of fully functional platelets (25).

Even if technically successful, the cost of clinical scale-up of hES cell/iPS cell–based cellular differentiation protocols represents a substantial challenge to supplanting the existing systems based on altruistic human donors. In essence, the goal would be to make a clinical product that is at least equivalent in quality and cost to donor-derived platelets. In addition, there are several applications of bioengineered platelets in which the final product might actually be superior to existing available products. For example, platelets are efficient vectors for delivery of cargo to sites of vascular injury. It is plausible that by enhancing prothrombotic or antithrombotic properties, engineered platelets could provide novel treatment options for hemorrhagic or thrombotic diseases (26, 27). Thus, with further enhancements to platelet quality and yield, the approach proposed by Noh et al. could be developed into a practical platform in which to produce platelets at clinical scale. We applaud this advance in the challenging path to a sustainable donor-independent platelet supply.

Acknowledgments

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