Impaired translational response and increased protein kinase PKR expression in T cells from lupus patients

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Activation of peripheral blood T cells results in a rapid and substantial rise in translation rates and proliferation, but proliferation in response to mitogen stimulation is impaired in systemic lupus erythematosus (SLE). We have investigated translation rates and initiation factor activities in T cells from SLE patients in response to activating signals. Activation by PMA plus ionomycin strongly increased protein synthesis in control T cells but not in T cells from SLE patients. The rate of protein synthesis is known to be strongly dependent on the activity of two eukaryotic translation initiation factors, eIF4E and eIF2α. We show that following stimulation, eIF4E expression and phosphorylation increased equivalently in control and SLE T cells. Expression of eIF4E interacting proteins — eIF4G, an inducer, and 4E-BP1 and 4E-BP2, two specific repressors of eIF4E function — and the phosphorylation level of 4E-BP1, were all identical in control and SLE T cells. In contrast, the protein kinase PKR, which is responsible for the phosphorylation and consequent inhibition of eIF2α activity, was specifically overexpressed in activated SLE T cells, correlating with an increase in eIF2α phosphorylation. Therefore, high expression of PKR and subsequent eIF2α phosphorylation is likely responsible, at least in part, for impaired translational and proliferative responses to mitogens in T cells from SLE patients.


Introduction
Systemic lupus erythematosus (SLE) is an autoimmune disease characterized by disordered cellular immune responses leading to autoantibody production (1). To date no definitive mechanism leading to autoimmunity in SLE has been discovered. Impaired in vitro T-cell proliferation in response to mitogens and antigens is a fundamental immune defect that has long been known to occur in SLE. In addition, abnormalities of apoptotic cell death process and cytokine gene production may contribute to the pathogenesis of SLE (2–4).

The translation rate is an important determinant of cell proliferation, and numerous studies have demonstrated that cell proliferation is accompanied by increased rates of protein synthesis. Translation rates generally increase in response to treatment with growth factors, cytokines, hormones, and mitogens, and translational control is an important regulatory mechanism for growth-related genes and cytokine expression (5–7). A recent accumulation of evidence points to additional roles for translation initiation factors in the control of signal transduction and apoptosis (8–10). Most of the control of translation occurs at the level of initiation which entails the positioning of the ribosome at the AUG initiation codon. There are two steps in the translational initiation pathway that are highly regulated: (a) the binding of the small ribosomal subunit to the 5′ end of the mRNA, mediated by eIF4E, and (b) the binding of the initiator tRNA to the small ribosomal subunit, mediated by eIF2 (5, 11). Cellular mRNAs contain a cap structure [m7G(5′)ppp(5′)N; where N is any nucleotide] at their 5′ terminus (12). The initiation factor eIF4E is the cap-binding protein (13). eIF4E activity is regulated at different levels: (a) phosphorylation: the phosphorylated form of eIF4E binds to the cap structure (14, 15), (b) expression: it is the limiting factor in the translation process and its overexpression results in an increase of cell proliferation (6, 16), and (c) interaction: the dephosphorylated translational repressors 4E-BP1 and 4E-BP2 interact with eIF4E and inhibit the association of eIF4E with eIF4G, whereas the association of eIF4G with eIF4E strongly enhances the binding of the latter to 5′ mRNA cap structures (17–20). eIF2 binds GTP and the initiator Met-tRNA and transfers Met-tRNAi to the 40S ribosomal subunit. Phosphorylation of the eIF2α-subunit prevents formation of the
eIF2.GTP.Met-tRNAi complex and inhibits protein synthesis (21). The protein kinase PKR, an interferon-inducible RNA gene whose activity is regulated by double-stranded RNA, is responsible for eIF2α phosphorylation (22, 23). In peripheral blood T cells, mitogenic activation results in a strong increase in translation rates concomitant with increased expression and/or phosphorylation of several translation initiation factors, including eIF4E and eIF2α (24–27).

Therefore, given the importance of translational control of cell proliferation, of apoptotic response, and of the regulation of cytokine production, we investigated translation rates as well as eIF4E and eIF2α activities in T cells from lupus patients.

**Methods**

*Antibodies and other reagents.* PMA, ionomycin, hydrocortisone and chloroquine were purchased from Sigma Chemical Co. (St. Louis, Missouri, USA). All cell culture medium and reagents were from Gibco BRL (Grand Island, New York, USA). Antibodies against 4E-BP2 and eIF4G were generous gifts from N. Sonenberg (Department of Biochemistry, McGill University, Montréal, Canada). Antibodies against 4E-BP1, eIF4E, PKR, the phosphorylated form of eIF2α and actin were purchased from TEBU (Le Peray-en-Yvelines, France), Interchim (Montluçon, France), Ribogene (Hayward, California, USA), Research Genetics (Huntsville, Alabama, USA) and ICN (Orsay, France), respectively.

*Preparation of T cells.* Peripheral blood was obtained from healthy volunteer donors, patients with active and inactive lupus, and patients with rheumatoid arthritis (RA). The control population consisted of 20 healthy individuals (57% women and 43% men), ranging from 19 to 40 years old (mean 28 years). The lupus population consisted of 13 active lupus and 10 inactive lupus patients, ranging from 22 to 63 years old (mean 38 years). The RA population consisted of four patients, ranging from 33 to 69 years old (mean 50 years). Patients with lupus met criteria for lupus (28), and patients with RA met criteria for RA (29). Lupus disease activity was assessed by the Systemic Lupus Activity Measure (SLAM) (30) and by the Systemic Lupus Erythematosus Disease Activity Index (SLEDAI) (31). Lupus was considered inactive if the SLAM was less than or equal to 5 and the SLEDAI was less than or equal to 11. The clinical parameters of these subjects are described in Table 1.

Mononuclear cells were isolated using Ficoll-Hypaque (Amersham Pharmacia Biotech, Uppala, Sweden) density gradient centrifugation, and T cells were separated by rosetting with sheep erythrocytes (Colorado Serum Co., Denver, Colorado, USA). For this, mononuclear cells (20 × 10⁶ cells/ml) in RPMI 1640 plus 10% FBS were added to an equal volume of 5% red blood cells (RBCs) suspended in RPMI 1640 plus 10% FBS and centrifuged at 180 g for 5 minutes. Following overnight incubation at 4 °C, the cells were centrifuged on a Ficoll-Hypaque gradient (Amersham Pharmacia Biotech). The cell pellet containing the T cells was harvested, and the RBCs were lysed by incubation in 0.33% Tris-ammonium chloride for 2 minutes at 37 °C. The T cells obtained were then washed and resuspended in RPMI 1640 medium supplemented with 10% FCS, at a density of 2 × 10⁶ cells/ml. When specified, PMA was used at 10 ng/ml and ionomycin at 400 ng/ml. When indicated, hydrocortisone and chloroquine were added to the culture medium at various ranges of concentration as previously described (32, 33).

**Transfection and cell sorting assays.** Jurkat cells were cultured in RPMI 1640 supplemented with 10% FCS. Cells (1 × 10⁶) were washed with ice-cold PBS and preincubated for 1 minute on ice with 2 μg of pEGFP vector encoding the enhanced green fluorescence protein (EGFP) (CLONTECH Laboratories Inc., Palo Alto, California, USA) and 10 μg of pEF or pEF-PKR plasmids (generous gifts from A. Koromilas, Lady Davis Institute, Montréal, Canada), in 0.4-cm gap sterile disposable electroporation cuvettes. Cotransfections were carried out by electroporation with a Gene Pulser (Bio-Rad Laboratories Inc., Hercules, California, USA) at 270 V and 960 microfarads. After electroporation, cells were immediately resuspended in fresh complete medium and cultured for 24 hours before cell sorting for EGFP fluorescence by flow cytometry. Ninety-five percent of selected cells were efficiently transfected.

### Table 1

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**Rheumatoid arthritis**

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Pred low, < 0.5 mg/kg/d; pred mod, = 0.5–1 mg/kg/d; pred high, > 1 mg/kg/d; Pred, Prednisone; Plaq, Hydroxychloroquine 200 mg twice a day; Cyclo, Cyclophosphamide; aza, azathioprine; MTX, Methotrexate; Mycoph, Mycophenolate; sulf, sulfasalazine; etan, etanercept.
Metabolic labeling. Cells were cultured in 24-well culture plates at 2.5 x 10^4 cells/well in a total volume of 1 ml of RPMI 1640 medium containing 10% FBS. After 1 hour of incubation, stimulation of cells was performed with either medium alone or with PMA plus ionomycin. At the indicated times, cells were washed and incubated in 1 ml of methionine-free medium containing [35S]methionine (25 μCi). After 2 hours of incubation at 37°C, cells were harvested, washed, and lysed in buffer containing 0.5% NP-40, 140 mM NaCl, and 30 mM Tris-HCl (pH 7.5). The radioactivity incorporated into trichloroacetic acid–precipitable (TCA-precipitable) material was measured.

Two-dimensional polyacrylamide gel electrophoresis. The procedure followed was as previously described (34, 35). Cell pellets were solubilized in lysis buffer containing 9.5 M urea, 2% NP-40, 2% of 2-mercaptoethanol, and 0.2 mM of PMSF in distilled deionized water. After lysis, 30-μl aliquots containing 5 x 10^6 cells were applied onto iso-focusing gels. Isoelectric focusing was carried out, using pH 4–8 carrier ampholytes, at 1200 V for 16 hours and 1500 V for an additional 2 hours. For the second dimension separation, an acrylamide gradient of 11.4–14.0 g/dl was used. Proteins were transferred to Immobilon-P PVDF membrane (Millipore Corp., Bedford, Massachusetts, USA) and blotted with an anti-eIF4E antiserum.

SDS-PAGE and Western blotting. Cells (3 x 10^6) were dissolved in Laemmli sample buffer and the samples were loaded onto an SDS polyacrylamide gel. Proteins were transferred onto a 0.22 μm nitrocellulose membrane (Schleicher & Schuell, Dassel, Germany), which was blocked in 5% milk for 2 hours, followed by incubation for 2 hours with specific antisera in 10 mM Tris-HCl, pH 8.0 buffer containing 150 mM NaCl. The membrane was then incubated for 2 hours with horseradish peroxidase-labeled conjugate Ab at a dilution of 1/2000. Immunodetection was realized by enhanced chemoluminescence (ECL) reagents and autoradiography.

RT-PCR. Total RNA was isolated from 2.5–6 x 10^6 normal or active lupus T cells, using TriZol reagents (GIBCO BRL). Single-stranded cDNA was synthesized from total RNA using Moloney’s murine leukemia virus reverse transcriptase and random hexamers as primers. Preliminary experiments were performed to determine the conditions in which cDNAs were amplified in the linear region of the PCR reaction curve. The reaction mixture was composed of 1 or 4 μl of cDNA template (1/50 dilution) obtained from 1 μg of extracted RNA, 25 pmol of primers, 25 nmol of each dNTP, 2.5 U of Taq DNA polymerase, and 10 μl of 10x PCR buffer in a final volume of 50 μl. PCR amplification conditions were as follows: denaturation at 94°C for 5 minutes, amplification during 30 cycles composed of denaturation at 94°C for 30 seconds, annealing at 57°C for 30 seconds, and extension at 72°C for 1 minute, followed by a final extension at 72°C for 10 minutes. The nucleotide sequence of primers used are 5'-GCCTTTTCATCCAAATGGAATT-3' and 5'-GAATCTGTTCGGGCCTCAG-3' for PKR (36) and 5'-ATCATGTTTGAGACCTTCAA-3' and 5'-TTGGCCTAGGGAGGCAAT-3' for β-actin cDNA sequences. The expression level for each transcript was evaluated after ethidium bromide staining. Each PCR reaction was reproduced three times by sample.

Statistical analysis. The significance of differences between groups was determined using analysis of variance (ANOVA), with the level of significance set at P < 0.05. Regression analysis was performed with Systat software (SPSS Science, Chicago, Illinois, USA).

Results

Protein synthesis rates in unstimulated and stimulated lupus T cells. We analyzed protein synthesis rates during activation of T cells from controls and lupus patients. T cells were isolated from eight healthy controls, eight patients with active lupus (patients 1–8), and six patients with inactive lupus (patients 14, 15, 18, and 20–22), and were similarly stimulated by PMA plus ionomycin. The translation rate was determined by metabolic labeling of the cells with [35S]methionine, and incorporation rates were measured 24 hours after stimulation (Figure 1a). The relative basal rates of protein synthesis in lupus T cells as compared with control T cells were approximately similar. Treatment of control T cells with PMA plus ionomycin for 24 hours resulted in an 92 ± 25 fold increase (mean ± SEM) in protein synthesis as expected. The same treatment resulted in 5 ± 2 or 23 ± 9 fold increase (mean ± SEM) in protein synthesis, in T cells from lupus with active disease or inactive disease, respec-

Figure 1

Protein synthesis in normal and lupus T cells. (a) T cells from eight healthy controls, seven patients with active lupus, and six patients with inactive lupus were treated with PMA (10 ng/ml) and ionomycin (400 ng/ml) for 24 hours. (b) T cells from five healthy controls, five patients with active lupus, five patients with inactive lupus, and four patients with RA were treated with PMA (10 ng/ml) and ionomycin (400 ng/ml) for 8 hours. Following treatment, cells were preincubated for 1 hour in methionine-free medium, then [35S]methionine (25 μCi) was added for 2 hours. The radioactivity incorporated into TCA-precipitable material was measured. Incorporation of [35S]methionine is expressed as fold increase as compared with unstimulated cells. Each point represents a single subject. The symbols with error bars represent the mean ± SEM of the group.
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Expression of eIF4E in active (a) and inactive (b) lupus T cells. 3 × 10⁶ cells untreated or treated with PMA plus ionomycin (P/I), were dissolved in Laemmli sample buffer, and total protein extracts were loaded onto a 12% SDS polyacrylamide gel. Proteins were analyzed by Western blotting, using monoclonal anti-eIF4E, followed by monoclonal anti-actin antibodies.

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Expression of PKR in lupus T cells. Expression of PKR was then analyzed in T cells isolated from nine healthy controls, six active (patients 1, 3, and 5–8), and three inactive (patients 16, 20, and 22) lupus patients. We observed a marked change in PKR expression following activation of active lupus T cells as shown for three patients in Figure 6. In control T cells, PKR is slightly induced following PMA plus ionomycin treatment (2 ± 0.5 fold increase, mean ± SEM). However, PMA plus ionomycin treatment caused significantly more PKR protein expression in T cells from active lupus patients relative to healthy controls (9 ± 3 fold increase, mean ± SEM) \((P = 0.027\text{ by ANOVA)}\). In addition, the induction of PKR was more rapid in active lupus T cells as upregulation of PKR following activation of lupus T cells occurred as early as after 4 hours of treatment (Figure 6c) and the maximal level of PKR was reached after 8 hours of treatment. This high expression of PKR was observed in T cells from all six active lupus patients analyzed and in T cells from one out of three inactive lupus patients. Interestingly, the latter inactive lupus patient presented a concomitant lack of induction of protein synthesis following activation. The two inactive lupus patients for which PKR expression was normal did not demonstrate an increase in protein synthesis following PMA plus ionomycin treatment.

In order to characterize the molecular basis of PKR overexpression in SLE T cells, RT-PCR amplification of PKR gene transcript was first undertaken. Expression of PKR mRNA was analyzed in T cells isolated from eight healthy controls and seven active lupus patients (patients 2, 7, and 9–13), untreated or treated with PMA plus ionomycin for four and eight hours. We observed a marked decrease in PKR mRNA expression following activation of normal T cells as shown for three healthy controls in Figure 7 (left panel). Surprisingly, in active lupus T cells, PKR mRNA expression was also markedly decreased following PMA plus ionomycin treatment, as shown for three patients in Figure 7 (right panel). Therefore, overexpression of PKR in lupus T cells is most likely due to differential post-transcriptional regulation of the PKR gene.

eIF2α phosphorylation in lupus T cells. To demonstrate that the PKR form overexpressed in lupus T cells is active, we assessed the phosphorylation state of eIF2α in the same samples previously analyzed for PKR expression, by Western blotting using antibodies specific to phosphorylated eIF2α. As previously described \((24), a\) decrease in eIF2α phosphorylation was observed during the first 8 hours of activation of normal T cells (Figure 8). In contrast, in active SLE patients, a marked increase in eIF2α phosphorylation was observed following PMA plus ionomycin treatment (Figure 8). This increase in eIF2α phosphorylation was not due to an increase in eIF2α expression, as following 8 hours of stimulation of SLE T cells, there was no modification of eIF2α expression (ref. 27 and data not shown). Furthermore, the kinetics of induction of eIF2α phosphorylation and PKR expression were similar.

Overexpression of PKR and increase in eIF2α phosphorylation were specific to lupus, as PKR expression...
and eIF2α phosphorylation were normal in four patients with RA as shown in Figure 9, a and b. The overexpression of PKR and the induction of eIF2α phosphorylation, following stimulation of T cells from patients with active lupus, could not be attributed to corticosteroids and cyclophosphamide because some patients were not receiving these drugs at the time of the experiments, yet remained hyporesponsive. Furthermore, simultaneous treatment of normal T cells with PMA plus ionomycin and with hydrocortisone (1–100 μM) or chloroquine (10–100 μM) did not increase PKR expression, or eIF2α phosphorylation (Figure 9c) in vitro.

Effect of PKR overexpression in T cells. Even though it has been demonstrated in many cell types that overexpression of PKR leads to an inhibition of protein synthesis, no such experiment has been reported so far in T cells. Therefore, we transiently overexpressed PKR in Jurkat T cells and measured protein synthesis rates in these cells. For this purpose, we cotransfected the pEGFP vector encoding the enhanced green fluorescence protein with the expression plasmid pEF-PKR or with the empty vector pEF. Because of the low transfection efficiency (10–15%), we selected cells expressing EGFP by flow cytometry. By Western blotting we confirmed that PKR was indeed overexpressed in the selected cells (Figure 10a). The translation rate was determined by metabolic labeling of the cells with [35S]methionine and incorporation rates were measured 31 and 37 hours after transfection. We observed a strong inhibition of translation rate in cells overexpressing PKR as compared with control cells (Figure 10b). An increase in apoptosis was observed in PKR overexpressing cells, 48 hours post-transfection but not before (data not shown).

Therefore, it is likely that the reduced protein synthesis rates observed in lupus T cells are accounted for in part by the overexpression of PKR and subsequent increased phosphorylation state of eIF2α, and that these defects might be common to a majority of lupus T cells, and participate in the impaired proliferative response of lupus T cells to mitogens.

Discussion
The translation rate is an important determinant of cell proliferation, and recently, close to 20% of the genes expressed in T cells have been shown to be translationally regulated during T cell activation (39). Because T cells from patients with active lupus are relatively anergic (2–4), it was interesting to investigate translation rates in these cells. Our results show a defect of induction of translation rates in stimulated lupus T cells. We previously reported reduced trans-
PKR overexpression in Jurkat T cells. 1 × 10⁷ Jurkat T cells were cotransfected with pEGFP and either pEF-PKR or pEF, and 24 hours after transfection, cells expressing EGFP were selected as described in Methods. (a) Western-blotting analysis using an anti-PKR antibody. (b) [³⁵S]methionine incorporated into TCA-precipitable was measured after labeling of the cells, 31 and 37 hours after transfection.

...rates in human immature thymocytes as well as in T cells treated with the immunosuppressant rapamycin (35, 37). In human immature double-positive CD4⁺CD8⁺ thymocytes, which undergo apoptosis in response to activation, we showed that eIF4E is dephosphorylated and the expression of the repressor 4E-BP2 is high (35). Rapamycin treatment leads to 4E-BP1 dephosphorylation and consequent sequestration of eIF4E and inhibition of translation initiation (37). In contrast, in lupus T cells, our results suggest that eIF4E remains functional, and we observed a drastic change in PKR expression following activation of lupus T cells. This high expression of PKR was observed in all active lupus T cells analyzed and in some cases of inactive lupus. Interestingly, these latter inactive lupus presented a concomitant lack of induction of protein synthesis following activation. Furthermore, upregulation of PKR following activation of lupus T cells occurred as early as after 4 hours of treatment and correlated with an increase in eIF2α phosphorylation. PKR strongly regulates cell growth (23). Overexpression of PKR in mouse (40) and yeast cells (41) results in severe inhibition of growth, accompanied by increased eIF2α phosphorylation, and we have now confirmed that overexpressing PKR inhibits protein synthesis in human T cells. Therefore, it is likely that the lack of proliferation observed in activated lupus T cells reflects in part a decreased activity of the translational machinery via components such as PKR and eIF2α.

An accumulation of evidence points to additional roles for PKR and eIF2α in the control of signal transduction and apoptosis (42–44). The inducible expression of wild-type PKR activates apoptosis (45, 46), and PKR has been implicated as a general transducer of apoptosis in response to a variety of different stimuli (45, 47–50). Cells overexpressing PKR become extremely sensitive to dsRNA and TNF-α induced apoptosis (51). Furthermore, PKR overexpression results in a strong induction of Fas and Bax protein levels, due to posttranscriptional as well as transcriptional regulation of these two genes (43, 46). This is of particular interest as apoptosis after T cell activation in vitro is increased in SLE patients, and apoptosis is actively induced through the Fas pathway. SLE T cells express on their surface significantly higher amounts of Fas ligand compared with controls, and stimulation of the cells leads to a further, high increase in surface membrane Fas ligand expression (52–55). Therefore, PKR overexpression could account for the high apoptotic rates as well as for the Fas upregulation observed in lymphocytes from patients with SLE.

The basis for PKR overexpression in lupus T cells is currently under investigation. We showed that whereas PKR mRNA expression was decreased in response to activation in lupus T cells, PKR protein expression was strongly increased. In normal T cells, activation also resulted in a decrease in PKR mRNA expression, while PKR protein expression was unchanged or slightly increased. Therefore, posttranscriptional regulation of PKR may be an important mechanism involved in the control of PKR gene expression, dysregulated in lupus T cells.

Translational control has been identified as an important regulatory mechanism for many gene products involved in regulation of proliferation and for cytokines (56–59). Therefore, it would also be of great interest to determine the existence of specific genes whose translation may be regulated specifically or predominantly by PKR and eIF2α and that may be affected in SLE.

In summary, our results suggest that abnormally increased PKR expression may directly contribute to the development of lupus by modifying T-cell gene expression and signaling. Interestingly, upregulation of PKR impairs cell functions identical to the biochemical abnormalities that are exhibited by lupus immune cells, including cell proliferation, Fas-dependent apoptosis, cytokine gene expression, and signaling. The determination of the mechanisms causing the increase in PKR expression and the identification of target mRNAs highly dependent on PKR and eIF2α activities will yield data critical for addressing many unanswered questions about activation and apoptosis in lupus T cells and will be the subject of future studies.

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