Effect of *Klebsiella pneumoniae* Enterotoxin on Intestinal Transport in the Rat

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**Abstract** The effects on intestinal transport of either a semipurified preparation of enterotoxin elaborated by *Klebsiella pneumoniae* or similarly prepared control material were tested by marker perfusion studies in the small intestine of rats. At a concentration of 2 mg/ml, the enterotoxin produced net secretion of water, Na, and Cl in both jejunal and ileal segments; HCO₃⁻ transport was not affected. Net secretion was evident within 30 min after introduction of the toxin and was maximal after 90 min. The addition of 56 mM glucose to the enterotoxin-containing perfusion fluid resulted in reversal of water and Na transport to net absorption in both intestinal segments. The enterotoxin also produced a significant depression of xylose absorption in both the jejunum and ileum but did not affect the absorption of either glucose or L-leucine. Intestinal structure was not altered after perfusion of the toxin but instillation of approximately one-quarter of the total perfusion dose into a ligated jejunal loop for 18 h produced fluid secretion and structural abnormalities. These observations confirm the fact that other species of coliform bacteria in addition to *Escherichia coli* are capable of elaborating an enterotoxin. Such species commonly contaminate the small intestine of persons with tropical sprue and it is suggested that chronic exposure of the intestinal mucosa to the enterotoxin elaborated by these bacteria may be a factor in the pathogenesis of intestinal abnormalities in this disorder.

**Introduction**

It is now well established that most persons with tropical sprue have colonization of their proximal small intestine by coliform bacteria (1-3). Among Puerto Ricans with untreated tropical sprue, these bacteria consist principally of *Klebsiella pneumoniae* and, less commonly, of *Enterobacter cloacae* or *Escherichia coli* (3). Concentrated preparations of crude cell-free broth filtrates of randomly selected strains of these bacteria have been shown to produce both fluid secretion and structural abnormalities in the rabbit ileal loop model (3, 4).

The enterotoxigenic material elaborated by *K. pneumoniae* is heat-stable and the results of fractionation procedures using sequential passage through various-sized ultrafiltration membranes indicate that its molecular weight is less than 10,000 (5). In the present study, we have used a marker perfusion technique in an experimental animal model to determine whether a semipurified preparation of *Klebsiella* enterotoxin induces net fluid and electrolyte secretion into the intestinal lumen, as do enterotoxins elaborated by a number of other enteric pathogens (6), and whether this flux can be reversed by the concomitant perfusion of glucose. We have also tested the effect of this enterotoxin on (a) the transport of several substances, including glucose, xylose, and L-leucine, whose absorption has been evaluated in persons with tropical sprue by the marker perfusion technique (7-9), and (b) intestinal structure in the rat.

**Methods**

Preparation of *Klebsiella* enterotoxin. A strain of *K. pneumoniae* serotype 5, which was the predominant organism cultured from the midjejunal aspirate of a Puerto Rican with tropical sprue (3) and which we examined in previous studies (3-5), was used. The techniques employed in the preparation of the enterotoxin fraction have been reported (5). Briefly, cell-free broth filtrates were prepared by 18-h stationary aerobic incubation in 250 ml of trypticase soy broth in a 2-liter flask after which the culture was centrifuged at 35,000 g at 4°C for 45 min and the...
toxin. for Co., Inc., produces a positive response (fluid: used as the enterotoxin preparation in this study. 200 mg throughout temperature chamber which was adjusted to yield an isotonic solution, consistently produces a positive response (fluid: liquid ratio greater than 1.0) in the rabbit ileal loop model whereas the UM 10 retentate is inactive at dosages of up to 500 mg (5).

The control preparation consisted of the UM 2 retentate of tryptase soy broth without bacterial growth which was processed in a manner identical to that used in making the toxin.

Animal perfusion technique. Perfusion techniques were the same as those previously employed by other laboratories for the in vivo evaluation of intestinal transport by means of marker perfusion studies in rats (10-12). Fasting Sprague-Dawley rats, weighing 250-300 g, were anesthetized with sodium pentobarbital, 90 mg/kg body wt given subcutaneously, tracheostomized, and kept in a constant temperature chamber which was maintained at 31°C throughout the perfusion procedure. Single 20-cm intestinal segments were cannulated with polyvinyl tubing which started proximally at 4-6 cm from the stomach for jejunal segments and ended distally at 3-5 cm from the ileocecal valve for ileal segments. Only one segment was perfused in each rat; it was perfused at a rate of 0.5 ml per min with a model 1201 Harvard perfusate pump (Harvard Apparatus Co., Inc., Millis, Mass.) with the solution temperature adjusted to 37°C as it entered the animal by passage through a constant temperature bath. After a 30-min steady-state period, four 30-min test fractions were collected by gravity drainage into covered, iced volumetric flasks and measured to the nearest 0.1 ml. The test perfusion (control or toxin) was perfused during both the steady-state and test periods. At the termination of the experiment, the animals were exsanguinated by intracardiac puncture and the plasma osmolality and exact length of the segment perfused were determined. The plasma osmolality in control rats was 317±3 (mean±SEM mosmol/kg).

Composition of the perfusion fluid. The electrolyte solution described by Powell and Malawer (10) was used. This solution contains (in milliequivalents per liter) Na 150, K 5, Cl 125, CO3 30, mannitol 16 mmol/liter, and polyethylene glycol 4000 (PEG) 1 600 mg/100 ml as a nonabsorbable water marker. This solution was modified in the present study by reducing the concentration of mannitol such that the osmolality of the perfusing fluid remained constant at 317 mosmol/kg when the following were added: xylose 2 mM, L-[1-14C]leucine at a concentration of 10 μCi/liter to which was added carrier leucine to make a total concentration of 2 mM, and 200 mg/100 ml of either the toxin or control preparations. The pH of both the toxin and control solutions was 7.6.

In the glucose-containing solution, Na and Cl concentrations were reduced to 118 and 93 meq/liter respectively, and glucose in a concentration of 56 mM was added; the osmolality of this solution remained unchanged. Previous studies by Powell et al. have established that this combination of glucose and Na concentrations results in maximum water and Na absorption from the normal rat jejunum and ileum (13).

Chemical analysis. All chemical analyses were performed in duplicate. Na was measured by flame photometry. HCO3 values were determined immediately after each 30-min collection period by using an Oxford titrator (Oxford Laboratories, Foster City, Calif.) by Bittner and Hall's modification of the method of Van Slyke (14); this method involves back titration of an acidified sample with 0.005 N sodium hydroxide, with phenol red as an endpoint indicator. Chloride concentrations were determined with an Oxford titrator by the method of Schales and Schales (15), by titrating with acid mercuric nitrate in the presence of diphénylcarbazone as an endpoint indicator. Glucose levels were determined chemically by the o-toluidine method (16); the results were confirmed by duplicate determinations assayed by the glucose oxidase method using Glucostat enzyme reagents (Worthington Biochemical Corp., Freehold, N. J.). Xylose concentrations were measured by the method of Roe and Rice (17). PEG was determined by a modification (18) of Hyden's turbidimetric technique (19). L-[1-14C]leucine was measured on a model 3380 Packard Tri-Carb liquid scintillation spectrometer (Packard Instrument Co., Inc., Downers Grove, I1.), using Scintiverse scintillation mixture (Fisher Scientific Co., Pittsburgh, Pa.) with an efficiency of 78%. Osmolalities were determined by measuring the freezing point depression with an Advanced DigiMatic osmometer (Advanced Instruments, Inc., Needham Heights, Mass.).

Net transport of water and solutes was calculated from changes in PEG and individual solute concentrations by the usual water marker technique equations (10). A transport value for each animal was derived by averaging the results of the four 30-min test periods, and mean±SEM transport rates were calculated for the animals in each test group, which ranged from 5 to 7 in number. Net lumen-to-blood transport is termed "absorption," which is signified by a plus sign, whereas a minus sign refers to net blood-to-lumen transport, or secretion. The significance of difference in means was determined by Student's t test for independent means.

At the termination of each study, Swiss rolls were made of the perfusion segment and of an adjacent nonperfused segment of intestine. One half of the Swiss roll was fixed in 10% buffered formalin and the sections stained with hematoxylin-eosin (H&E) and with periodic-acid Schiff Alcian blue for goblet cell and brush border mucopolysaccharides; the other half was quick-frozen on dry ice and the sections stained with Oil Red O for lipids and with the azo coupling method for acid and alkaline phosphatases (20).

RESULTS

Control material

The results of perfusing groups of rats with the control preparation in either the electrolyte or the glucose-
containing solution are shown in Table I. As has been noted by others (12, 21, 22), under normal circumstances HCO₃⁻ is absorbed in the rat jejunum and secreted in the ileum. The addition of 56 mM glucose to the perfusion fluid resulted in a significant enhancement of water (P < 0.02) and Na (P < 0.05) absorption in the jejunum and of water (P < 0.01) absorption in the ileum.

Enterotoxin

Jejunum (Fig. 1). Perfusion of the toxin in the electrolyte solution resulted in secretion of water, Na, and Cl. The transport of HCO₃⁻ was unchanged.

Ileum (Fig. 2). The toxin produced net secretion of water, Na, and Cl, although the degree of secretion was less pronounced than that observed in the jejunum. Bicarbonate secretion was not affected.

Onset of toxin action (Fig. 3). With the 2 mg/ml dosage of toxin that was employed throughout this study, water secretion was evident in the jejunum during all four 30-min study periods and was maximum during period 3 at 90 min after initial exposure to the toxin. In the ileum, secretion was also present during all four study periods and was maximum after exposure to the toxin for 60 min. Four rats were perfused with the enterotoxin at a dosage of 1 mg/ml. Secretion was present only during period 1, after 30 min exposure to the toxin. Jejunal perfusion using a toxin dosage of 0.5 mg/ml did not affect water transport.

Effect of glucose. When the enterotoxin was perfused in a solution containing 56 mM of glucose, water and Na transport were reversed from secretion to absorption in the jejunum (Fig. 1), although the values for their absorption continued to be significantly less (P < 0.001 for water, < 0.05 for Na) than those in animals perfused with the control electrolyte solution. Secretion of Cl persisted and the absorption of HCO₃⁻ was not affected. In the ileum (Fig. 2), the addition of glucose to the toxin solution reversed water, Na, and Cl transport from secretion to absorption values which were in the same range as those in animals perfused with the control electrolyte solution. The transport of HCO₃⁻ was not altered.

The degree to which glucose enhanced water and Na absorption appeared to be related to the magnitude of

* Expressed in microliters (for water) or micromoles (for electrolytes) per centimeter per 30 min. Values are mean±SEM for all four test periods in groups of 5–7 rats. A negative sign indicates net secretion.
† Presence or absence of glucose, 56 mM, in the perfusing fluid.
secretion induced by the enterotoxin. Thus, in the jejunum (Fig. 4), the addition of glucose resulted in water absorption during periods 1 and 2 but not during periods 3 and 4 during which time the enterotoxin produced the most striking secretion. Similarly, Na transport was reversed to absorption during periods 1 and 2 but remained in slight secretion during the last two periods; Cl transport remained in net secretion throughout all four periods, but secretion was less during the first two than during the last two periods. In the ileum, where the effect of the toxin in the electrolyte solution on water, Na, and Cl transport was less striking than in the jejunum, the addition of glucose resulted in a more pronounced reversal to absorption.

**Absorption of other test substances.** The absorption of xylose was significantly less from the electrolyte solution containing toxin than from the control in both the jejunum (P < 0.001) and ileum (P < 0.01) (Fig. 5). Values for xylose absorption from the glucose-containing solution, which are not shown in the figure, were 0.38 ± 0.08 (mean ± SEM) from the control and 0.08 ± 0.02 from the toxin preparation in the jejunum, and 0.10 ± 0.01 from the control and 0.04 ± 0.02 from the toxin preparation in the ileum. Absorption from the toxin preparation was significantly (P < 0.001) reduced in the jejunum but not in the ileum.

The absorption of glucose was tested at two different concentrations. Absorption from the solution containing 56 mM glucose with toxin (Fig. 5) was reduced below values in control animals in both the jejunum and ileum; however, the difference between absorption in the control and toxin groups was only marginally significant (P < 0.10) in the jejunum and not statistically significant in the ileum. Five additional rats were perfused with a solution containing 5.6 mM glucose to which was added the control preparation during the first two 30-min test periods and the toxin during the last three test periods (Fig. 6). The addition of the toxin resulted in reduced net water absorption, with net secretion during the last period, but no change was evident in glucose absorption as determined both by chemical analysis and by the transport of a tracer dose of D-[U-14C]glucose.

There was no difference between the transport of L-leucine in animals perfused with the control and toxin preparations (Fig. 5).

**Intestinal structure.** No morphologic abnormalities were observed in intestinal segments after perfusion.
with a total dose of 150 mg of either the toxin or control preparation for a 24-h period (Fig. 7). In 10 additional rats which were not perfused, two 10-cm ligated jejunal loops were created. In five rats, 80 mg of the toxin (in 1 ml of phosphate-buffered saline) was placed in one loop and 80 mg of the control material put in the adjacent loop; in the five other rats, the dosage of each material used was 40 mg. After 18 h, the mean fluid: length ratio (milliliter: centimeter) was 0.39 in the loops containing 80 mg of toxin, 0.35 in the loops containing 40 mg of toxin, and 0.0 in the loops containing either dosage of the control material. A ratio of greater than 0.30 is considered indicative of a positive fluid response in the rat ligated loop (23). Jejunal loops containing either dosage of toxin showed both histologic and histochemical abnormalities (Fig. 8) similar to those which we have described in detail following the instillation of a crude cell-free broth filtrate of this strain of *K. pneumoniae* into the rabbit ileal loop model (4). No structural abnormalities were present in jejunal loops which contained the control material.

**DISCUSSION**

The effect of enterotoxins produced by five species of bacteria on the intestinal transport of water and electrolytes has been assessed by in vivo marker perfusion techniques in experimental animals to date. The most comprehensively studied, choleragen, a purified preparation of *Vibrio cholerae* enterotoxin, elicits net secretion of water and of Na, Cl, and HCO3 in both the proximal and distal small intestine of dogs (24–26) and rabbits (27–30). Toxigenic strains of *E. coli* elaborate either a heat-stable (ST) or heat-labile toxin (LT) or, in some instances, both types of toxin depending on the method of preparation (31, 32). Crude preparations of LT (33) or of partially (34–36) or completely (37) ST produce net secretion of water in the jejunum of dogs (34, 36), rabbits (33, 35), and calves (37). Partially ST has also been shown to increase the blood-to-lumen flow of Na in the rabbit jejunum (35); and completely ST evokes net secretion of Na and Cl and enhances HCO3 secretion in the proximal and distal small intestine of calves (37). *Shigella dysenteriae* 1 enterotoxin evokes water secretion in the rabbit jejunum.
enterotoxin B from Staphylococcus aureus produces transient secretion of water, Na, Cl, and HCO₃ in the jejunum and ileum of rats (12); and Clostridium perfringens enterotoxin induces secretion of water, Na, and Cl in the rat ileum (38). The results of the present study indicate that Klebsiella enterotoxin also induces net secretion of water, Na, and Cl into the proximal and distal small intestine of the rat. For reasons that are not clear to us, HCO₃ transport was not affected by the toxin; it is possible that this may be a reflection of the animal model employed since disease of the rat ileum with Salmonella enteritis is associated with HCO₃ absorption rather than enhancement of secretion (21), and C. perfringens enterotoxin does not induce HCO₃ secretion when perfused through the rat ileum either (38). The minimum dose of Klebsiella enterotoxin found necessary to cause water secretion, 1,000 μg/ml, is somewhat higher than that of preparations of various degrees of purity of other enterotoxins found effective in perfusion studies; these range from 2 μg/ml for staphylococcal enterotoxin B (12), 1 μg/ml for purified (34) and 12.5–25 μg/ml for NIH lot 001 cholera toxin (30, 35), 50 μg/ml for E. coli partially LT (34), and 63 μg/ml for partially ST (36) to 200 μg/ml for S. dysenteriae 1 toxin (30). The higher dosage found necessary for Klebsiella enterotoxin in the present study clearly relates to the fact that the material used was relatively impure. Subsequent purification procedures, employing Sephadex column chromatography, have yielded a fraction of this material that induces net water secretion in the rat jejunum at a dosage of 0.5 μg/ml.

Klebsiella enterotoxin bears a number of resemblances to E. coli ST. Both are heat-stable and, in contrast to other enterotoxins (6), have a low molecular weight (5, 39), ST prepared by the same process and used in a similar dosage as in the present study evokes net water secretion in the ileum of calves (40). Whereas the effect of choleragen and E. coli LT on intestinal transport is not evident for several hours (26, 41), Klebsiella toxin and ST act promptly. Both evoke a de-
detectable fluid response in the rabbit ileal loop system within 2 h (4, 41). During perfusion studies, net water secretion is evident within 30 min and maximum after 90 min exposure to ST (34-37) and we found such to be the case with Klebsiella toxin. In addition, submaximal dosages of either partially LT (34) or of Klebsiella toxin induce only transient net secretion of water whereas sustained secretion is achieved by the use of larger doses.

Under normal circumstances, glucose enhances the mucosal-to-serosal transport of sodium and water in the small intestine of humans (42) and experimental animals (43). This enhancement remains intact in experimental animals exposed to cholera (24) or E. coli enterotoxins (33, 36, 37), although Pierce and Wallace found that in the canine jejunum perfused with E. coli partially ST and glucose, water absorption did not return to levels present in the control animals (36). Perfusing Klebsiella enterotoxin, we found that glucose reverses water and Na transport from secretion to absorption in both the jejunum and ileum and that chloride transport was reversed in the ileum.

The effect of bacterial enterotoxins on the intestinal transport of substances other than water and electrolytes has not been extensively evaluated. The absorption of glucose was normal in various animal models which were perfused with cholera enterotoxin (24, 44, 45), E. coli ST with 56 mM glucose (37), and staphylococcal enterotoxin B with 20 mM glucose (12). In contrast, glucose absorption was reduced when tested by Sherr et al., who perfused a 5.6 mM solution of glucose plus E. coli partially ST (35), and C. perfringens enterotoxin was reported by McDonel to reduce glucose absorption from a 20 mM solution (38). In the present study, glucose absorption was marginally reduced from a 56 mM glucose solution containing Klebsiella enterotoxin and we wondered whether using a smaller, more physiologic concentration of 5.6 mM might make an absorptive abnormality more apparent. Such did not prove to be the case. The absorption of glycine has been reported to be reduced in rabbits perfused with E. coli partially ST but not with cholera (35); we observed no effect of Klebsiella enterotoxin on the absorption of leucine. The Klebsiella toxin did significantly reduce the absorption of xylose, both in the jejunum and ileum. Attention has recently been directed to the influence of water movement on the transport of solutes such as xylose and glucose (46); it is uncertain whether this factor contributed to the changes that we observed in xylose transport.

Contamination of the proximal small intestine with coliform bacteria is frequently present among persons in the tropics who have diarrhea associated with certain disorders. Such is the case among most malnourished children who have chronic diarrhea (47-51) and abnormalities of intestinal transport and structure (52, 53). Transient contamination by coliforms is also often present among children (54, 55) and adults (56, 57) in the tropics who have acute undifferentiated diarrhea. Strains of K. pneumoniae are commonly among the coliform bacteria isolated from children with diarrhea associated either with acute gastroenteritis or chronic malnutrition and this species was the most commonly encountered in two studies of such patients in Mexico (47, 54). Among 17 adults with acute undifferentiated diarrhea, many of whom were in a net fluid secretory state (58), who were evaluated by Gorbach, Banwell, and Chatterjee in Calcutta (57), 8 had a predominant flora of enterotoxigenic strains of E. coli within the jejunum and 9 had a mixed flora which, in 6, included strains of K. pneumoniae. Coliform overgrowth within the jejunum is also well documented in persons with tropical sprue (1-3). In the single study in which the specific species of coliforms isolated from patients with this disorder were identified, K. pneumoniae was found to be either the predominant or only species present in 7 of 10 persons who had bacterial overgrowth (3). Previously, E. coli has been considered to be the only species of coliform bacteria capable of elaborating an enterotoxin. The results of previously reported observations from this laboratory (3-5) as well as those presently described indicate that other species of coliforms, including K. pneumoniae and E. cloacae, share this capacity.

It has been suggested that enterotoxigenic coliform bacteria may be a factor in the pathogenesis of the intestinal abnormalities present in tropical sprue (3). This suggestion is based on the observations that (a) significant concentrations of these bacteria are commonly found present within the small intestine of patients with this disorder (1-3); (b) the strains of these organisms tested are not invasive but elaborate an enterotoxin that produces structural abnormalities in the rabbit ileal loop model (4) that resemble those present in patients with tropical sprue (59, 60); and (c) the intestinal abnormalities in tropical sprue can be reversed to normal by therapy with either broad-spectrum antibiotic agents (61, 62) or nonabsorbable sulfa preparations (63) which appear to act by reducing or neutralizing the coliform bacteria (64). The results of the present study indicate that Klebsiella enterotoxin is also capable of inducing two of the abnormalities of intestinal transport that are commonly present early in the course of sprue, secretion of water and electrolytes and malabsorption of xylose (7). These abnormalities were observed under acute conditions in an experimental animal and their relationship to tropi-
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REFERENCES