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In Vivo and In Vitro Studies of Urinary Concentrating Ability in Potassium-depleted Rabbits

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Abstract

The factors responsible for the urinary concentrating defect associated with the potassium-depleted (KD) state are uncertain. The present studies were designed to, first, determine whether a urinary concentrating defect exists in potassium-depleted rabbits and, second, to use the technique of in vitro perfusion to evaluate directly the antidiuretic hormone (ADH) responsiveness of cortical collecting tubules (CCT) in this setting. Feeding female New Zealand White rabbits a potassium-deficient diet for 2 wk caused a significant fall in plasma potassium levels in both the ad-libitum and controlled water intake groups (P < 0.001). Muscle potassium content after 2 wk of potassium restriction fell from 45.6±0.9 to 29.0±1.2 meq/100 g fat-free dry solids (P < 0.001). Renal papillary sodium content fell significantly from a control value of 234.6±8.0 to 182.46±10.0 meq/kg H2O after 2 wk of potassium restriction.

Maximal urinary osmolality measured after 12 h of dehydration and 1.25 U pitressin IM was significantly decreased in rabbits after 2 wk of potassium restriction in both the ad-libitum and controlled water intake groups (P < 0.001). The relationship between plasma potassium concentration and maximum urinary osmolality was significantly correlated in both the ad-libitum and controlled water intake groups, r = 0.73 and 0.68 (P < 0.001), respectively. In addition, refeeding KD rabbits with normal chow for 1 wk resulted in normalization of both plasma potassium levels and urinary concentrating ability.

CCT from control and KD rabbits were perfused in vitro at 25°C. The hydraulic conductivity coefficient, Lp, was significantly reduced at all doses of ADH tested in tubules from KD rabbits when compared with control tubules. In addition, the maximal hydraulic conductivity in tubules from KD rabbits when tested with 200 μU/ml ADH at 37.5°C was only 23% of control values (P < 0.05). Furthermore, this reduced ADH responsiveness persisted when the bath potassium was elevated from 5 to 20 mM. The reflection coefficient for NaCl when compared with raffinose was 0.91 in tubules from KD animals. Thus, these data suggest that the ADH-resistant urinary concentrating defect associated with potassium depletion is due, at least in part, to a diminished responsiveness of the CCT to ADH.

Therefore, further studies were designed to investigate the cellular steps involved in this abnormal response. There was no difference in the 8-para-chlorophenylthio cyclic AMP induced hydroosmotic response between CCT from KD and control rabbits. Since the cAMP-induced hydroosmotic response was similar between KD and control CCT, experiments were performed to evaluate the contribution of phosphodiesterase (PDIE) activity by using the potent PDIE inhibitor isobutylmethylxanthine (10-4 and 10-3 M) in the presence of ADH (200 U/ml). Although Lp was increased by PDIE inhibition in CCT from both control and KD animals, the overall hydroosmotic response in CCT from KD rabbits was still significantly reduced when compared with controls. The final experiments used forskolin to evaluate further the adenylate cyclase complex. The resulting hydroosmotic response in CCT from KD rabbits was almost identical to that obtained in controls. In conclusion, these data suggest that the decreased responsiveness of CCT from KD rabbits to ADH involves a step at or proximal to the stimulation of the catalytic subunit of adenylate cyclase and that PDIE activity makes no contribution to this abnormal hydroosmotic response.

Introduction

Polyuria is just one of many abnormalities of renal function that has been associated with the potassium-depleted state (1). In 1957, Hollander and associates (2) showed that the polyuria of potassium depletion (KD) was associated with a defect in renal concentrating ability that was not corrected by administering antidiuretic hormone (ADH) (2). Since then several mechanisms have been proposed to explain this defect, including insensitivity to ADH (3), decreased papillary solute content (4), prostaglandin overproduction (5), primary polydipsia (6), abnormal medullary oxidative metabolism (7), and altered ADH release (8).

The fact that KD animals exhibit a submaximal renal response to exogenously administered ADH has encouraged a considerable amount of investigation. Earlier studies using heterogenous kidney tissue preparations from KD rats showed a defect in ADH-stimulated adenylate cyclase activity and cyclic adenosine-3',5'-monophosphate (cAMP) accumulation.

Portions of this work were presented at the annual meeting of American Federation for Clinical Research, Washington, DC, 5 May 1984; the IXth International Congress of Nephrology, Los Angeles, CA, 12 June 1984; and the annual meeting of the Southern Section of the American Federation for Clinical Research, New Orleans, LA, 30 January 1983.

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1. Abbreviations used in this paper: 8-p-cPT-cAMP, 8-para-chlorophenylthio-cyclic AMP; ADH, antidiuretic hormone; CCT, cortical collecting tubules; DOC, deoxycorticosterone acetate; FFDS, fat-free dry solids; IBMX, isobutylmethylxanthine; JV, rate of water absorption; KD, potassium depletion (depleted); Lp, hydraulic conductivity coefficient; Vp, rate of perfusion.
in the medullary and papillary regions of the kidney (9, 10). Although Kim et al. (11) showed that isolated medullary thick ascending limbs of Henle and outer medullary collecting tubules from KD rats had normal and increased ADH-sensitive cAMP accumulation, respectively (11), more recent studies from Kim et al. showed decreased cAMP accumulation in inner medullary collecting ducts from KD rats (12). Although these studies and ones in amphibian urinary bladders (13) indirectly suggest that an impaired hydroosmotic response to ADH exists in KD animals, the exact location along the nephron and the underlying mechanism responsible for the urinary concentrating defect remain to be shown conclusively.

Since previous studies have shown that an abnormal renal response to ADH exists in KD animals, the present study was designed to investigate directly by isolated tubular perfusion the ADH-stimulated hydroosmotic response of cortical collecting tubules (CCT) from KD rabbits. The CCT was investigated for several reasons, including the exquisite sensitivity of this segment to ADH and cAMP (14), the relatively larger magnitude of water reabsorption in this segment compared with the medullary collecting tubule (15), the existence of ADH-stimulated prostaglandin production (16), the demonstration of prostaglandin inhibition of ADH-induced CCT water reabsorption (17), and the presence of morphologic changes in this segment during potassium depletion (18). Finally, water reabsorption in the CCT is an essential determinant of inner medullary urea reabsorption and the overall maintenance of medullary interstitial hypertonicity.

**Methods**

Female New Zealand White rabbits weighing 1.5 to 2.5 kg were fed a potassium-deficient diet containing ~1 meq/kg potassium, 437 meq/kg sodium, and supplemented with 2.4 g/kg of magnesium (ICN Nutritional Biochemicals, Cleveland, OH). The control animals were fed regular laboratory rabbit chow containing 354 meq/kg potassium, 130 meq/kg sodium, and 2.4 g/kg magnesium (Wayne Feed Division, Continental Grain Co., Chicago, IL). Rabbits were divided into two groups according to their water intake, either ad-libitum or limited to 110 ml/d (an amount similar to that ingested ad-libitum while ingesting the control diet). The animals were maintained on this regimen for 2 wk during which time weekly determinations of body weight, urine flow rate, and plasma potassium levels (Kina Flame, Beckman Instruments, Inc., Fullerton, CA) were performed. The animals neither gained nor lost significant weight during the 2 wk of potassium restriction. Urinary flow rates increased in the ad-libitum group from 6.3±0.9 to 10.2±1.1 and 9.1±1.4 ml/h after 1 and 2 wk, respectively. The plasma potassium concentration fell significantly over the 2-wk period from 4.7±0.2 to 2.3±0.03 meq/liter (P < 0.001, n = 15) in the ad-libitum group. Similar changes were seen in the controlled intake group (4.8±0.2 to 2.2±0.1 meq/liter (P < 0.001, n = 12).

Tissue potassium levels were measured in psoas muscle samples obtained after decapitation and frozen until the time of analysis. In preparation for analysis, the muscle samples were lyophilized, extracted with anhydrous ether, and weighed. The tissue was then digested in concentrated nitric acid (1 ml/100 mg tissue) for at least 24 h at room temperature. The pH of the solutions was adjusted to 7.8 by adding ammonium hydroxide, and the volumes were brought up to 25 ml in volumetric flasks by adding distilled, deionized water. The sodium and potassium concentrations of the solutions were determined by flame photometry and the results were expressed as meq of potassium per 100 g of fat-free dry solids (FFDS). The muscle potassium content fell significantly from 45.6±0.9 meq/100 g FFDS in 11 control animals to 29.0±1.2 meq/100 g FFDS (P < 0.001) in 26 experimental animals over the 2-wk period.

![Figure 1. Correlation between plasma [K+] and maximal urine osmolality in rabbits on a K+-free diet and ad-libitum H2O intake.](image)

Renal papillary sodium content was analyzed in control and KD rabbits. Papillae were resected, weighed, lyophilized to dry weight, reweighed, digested in nitric acid, neutralized with ammonium hydroxide, and volumes were brought up to 1 ml before analysis by flame photometry. The renal papillary sodium content decreased significantly from 234.6±8.0 meq/kg H2O in 12 control animals to 182.5±10.0 meq/kg H2O (P < 0.001) in 13 experimental animals.

The urinary concentrating ability of control and KD animals was measured initially and after 1 and 2 wk on their respective diets. After 12 h of water deprivation, animals were given an intramuscular injection of 1.25 U of pitressin tannate in oil (Pitressin, Parke-Davis Co., Div. Warner-Lambert Co., Morris Plains, NJ). Urine was obtained 8 h later by urethral catheterization and its osmolality was determined by freezing point depression (Osmette; Precision Systems, Inc., Natick, MA). Maximal urinary osmolality fell significantly from 1,655±64 to 1,130±47 mOsm/kg H2O (P < 0.01, n = 25) in the ad-libitum group after 2 wk; similar changes were seen in the controlled water intake group (2,086±139 to 1,158±81 mOsm/kg H2O (P < 0.05, n = 12). As shown in Figs. 1 and 2, maximal urinary osmolality was correlated with the plasma potassium concentration in both ad-libitum and controlled water intake groups. Potassium repletion was achieved by refeding 6 KD rabbits regular laboratory chow for 1 wk. The plasma potassium levels and urinary concentrating ability normalized after this maneuver ([K+] after refeeding, 4.31±0.19 vs. control, 4.30±0.13 meq/liter; Uosm, after refeeding, 1,873±95 vs. control, 1,750±96 mOsm/kg H2O).

*In vitro perfusion studies.* Cortical collecting tubules were isolated and perfused in vitro according to the technique developed by Burg (19) and as used previously (20, 21). After decapitation of the rabbit, the kidneys were quickly removed and tubules were dissected from 2–3 mm cross-sectional slices immersed in chilled bath solution containing 2. Since hypoadrenosteronism is often associated with potassium depletion and previous workers have shown that the urinary concentrating defect associated with adrenal insufficiency in the rabbit is correctable by the administration of either dexamethasone or desoxycorticosterone acetate (26), desoxycorticosterone acetate (DOCA) (250 µg/kg IM) was subsequently administered to five KD rabbits after 12 h of dehydration and stimulation with 1.25 U pitressin tannate in oil. The urine osmolality did not increase after DOCA and remained significantly reduced when compared with the control values in the same animals before the induction of KD (post pitressin and DOCA, 903±84 vs. control, 1,718±111, P < 0.025, n = 5).
addition of 200 μM [K+] followed by a prolonged (90 min) exposure to 20 mM [K+]. Tubular fluid samples were obtained continuously during this final period.

Effect of cAMP on the hydroosmotic response. The effect of 8-para-chlorophenylthio-cyclic adenosine monophosphate (8-p-CPT-cAMP) (Sigma Chemical Company, St. Louis, MO) on the hydroosmotic response in CCT from five KD and four C rabbits was determined by using a 200 mM/kg H2O transepithelial gradient at 25°C. Tubules were allowed to equilibrate for 150 min before exposure to bath containing 8-p-CPT-cAMP in concentrations of 10**-8, 10**-7, and 10**-6 M. Three samples were then collected for each period for determination of the rate of water absorption (Jv) and hydraulic conductivity coefficient (Lp).

Effect of phosphodiesterase inhibition by isobutylmethylxanthine (IBMX) on the ADH-induced hydroosmotic response. The maximal hydroosmotic response of CCT from four KD and four C rabbits was determined using ADH (200 μU/ml) at 25°C in the absence and presence of isobutylmethylxanthine (IBMX) (Sigma Chemical Co.) (10**-4 M). In addition, CCT from three KD rabbits were perfused as above except that IBMX was present in a concentration of 10**-3 M. Otherwise, tubules were perfused according to the same conditions and protocol as outlined in the previous sections.

Effect of forskolin. A dose response curve for forskolin (Calbiochem, La Jolla, CA) using bath concentrations of 10**-4, 10**-5, and 10**-6 M was determined in CCT from five KD and four C rabbits at 25°C. Since forskolin was initially dissolved in propylene glycol before addition to the normal bath solution, a control period using a 1.25% bath solution of propylene glycol without forskolin (the concentration present with 10**-4 M forskolin) was added to the protocol. The hydraulic conductivity was no different in the presence of propylene glycol compared with the normal control period.

Calculations and statistics. Jv (nl·mm⁻¹·min⁻¹) and Lp (cm·s⁻¹·atm⁻¹·10⁻⁷) were calculated according to the following formulas:

Jv = V₀/(C₀/Cᵥ) - 1)/Lᵥ,
Lp = 1/(R(TSC₂)² · [Cᵥ(Vᵥ - Vₜ)] + [CᵥVᵥ ln (Cᵥ - C₀)/V₀ - ln (CₜVₜ - C₀Vᵥ)]),

where Vₜ is the rate of tubular fluid collection, L is the length of the tube, and Cₜ and C₀ are the concentrations of 1°C in the collected and perfused fluid, respectively. The rate of perfusion, V₀, averaged 10.84±0.50 nl·min⁻¹ and was calculated at V₀ = (C₀/Cᵥ)Vᵥ.

The results are expressed as mean±1 SEM; N = number of animals or tubules. The results from control and experimental animals and tubules were compared using Student’s t test for unpaired data and analysis of variance for repetitive measurements of paired observations in the same animal or in the same tubule.

Results

ADH dose response. The average values of Lp at the various concentrations of ADH are shown in Fig. 3. The ADH-induced Lp in CCT from six KD rabbits was significantly less than that for CCT from four C rabbits at all concentrations of ADH tested and represented approximately a 55% decrease in responsiveness. There was no significant difference between the two groups with respect to basal Lp. Furthermore, analysis of
Figure 3. Effect of ADH on the hydraulic conductivity coefficient, Lp, in cortical collecting tubules from four control (●) and six KD (○) rabbits.

The variance showed that there was no difference between the Lp obtained with ADH bath concentrations of 100, 200, and 400 μU/ml. Therefore, a bath concentration of 200 μU/ml was used as the maximal stimulatory concentration in subsequent experiments.

Maximal ADH response. The maximal Jv and Lp with 200 μU/ml of ADH were determined at 37.5°C in CCT from four C and four KD animals (Fig. 4). The mean Jv of 3.24±0.78 nl·mm⁻¹·min⁻¹ for control animals was significantly greater (P<0.05) than that obtained from KD animals, 0.83±0.19 nl·mm⁻¹·min⁻¹. Furthermore, the Lp was significantly greater for the control than the experimental group, 304.3±49.7 vs. 44.4±10.9 cm·s⁻¹·atm⁻¹·10⁻⁷, respectively (P<0.05).

Reflection coefficient of NaCl vs. raffinose. The reflection coefficient for NaCl was estimated from the ratio of the Jv obtained with NaCl to that obtained with raffinose, assuming a reflection coefficient of one for the latter. The tubules were perfused according to the methods outlined earlier with the addition of ADH 200 μU/ml at 25°C. The ratio of Jv(NaCl)/Jv(raffinose) was 0.91, which is similar to the value reported previously for CCT obtained from normal animals and studied under similar conditions (23). These results suggest that the decreased hydroosmotic response in tubules from KD animals is not due to increased permeability to sodium chloride.

Effect of elevated peritubular K⁺ concentration. The maximally stimulated Lp with a bath [K⁺] of 20 mM remained significantly reduced in CCT from six KD rabbits compared with four C rabbits (Fig. 5). There was no difference between the two groups with respect to basal hydraulic conductivity.

Effect of 8-p-CPT-cAMP. The average Lps at the various concentrations of 8-p-CPT-cAMP are shown in Fig. 6. There was no difference between the two groups at any of the concentrations tested. The basal hydraulic conductivity was not different between the two groups.

Effect of phosphodiesterase inhibition. The maximal Lp both before and after the addition of IBMX to bath containing...
ADH (200 μU/ml) is shown in Fig. 7. The Lp increased significantly from 88.06 to 130.22 (P < 0.005) in tubules from four control rabbits and from 26.82±12.00 to 60.17±16.98 cm·s⁻¹·atm⁻¹·10⁻⁷ (P < 0.01) in tubules from four KD rabbits. Although an increase in hydraulic conductivity was observed, the overall hydroosmotic response of tubules from KD rabbits was still significantly reduced when compared with control tubules (P < 0.025). In addition, the Lp in CCT from three KD rabbits using IBMX at 10⁻³ M was no different from that at 10⁻⁴ M, 50.35±8.22 vs. 60.17±16.98, respectively.

Effect of forskolin. The forskolin dose response curve is shown in Fig. 8. Although Lp in response to forskolin was somewhat greater in CCT from five KD rabbits compared with four C rabbits, this difference did not reach statistical significance. The addition of isobutyrimethylxanthine to the highest concentration of forskolin had no additional effect on hydraulic conductivity.

Discussion

The present study demonstrates that potassium deficient rabbits develop a urinary concentrating defect similar to that described in previous human and animal studies (2, 3, 8, 24, 25). This concentrating defect seems to develop independently of the polydipsic state as both the ad-libitum and water-controlled intake groups showed no difference with respect to either the magnitude of their potassium depletion or the severity of their decreased concentrating ability. In addition, this nephrogenic resistance to antidiuretic hormone is completely normalized after only 1 wk of potassium repletion, a finding that is consistent with previous work by Rubini et al. (26) in humans. Furthermore, the lack of improvement of the concentrating defect after DOCA administration contrasts with the significant improvement shown in adrenalectomized rabbits after DOCA treatment (27), thus suggesting that coexistent hypoaldosteronism is not a major cause of the decreased concentrating ability in the KD rabbits.

The in vitro perfusion experiments with ADH at 25°C and 37.5°C suggest that the state of nephrogenic diabetes insipidus associated with KD may be partially secondary to a relative insensitivity of the CCT to the hydroosmotic effects of ADH. The ADH dose response profile is indicative of a decreased Vmax of the ADH stimulated adenylyl cyclase system. The significant reduction in the hydraulic conductivity of this nephron segment may contribute to the decreased renal papillary solute content shown in this and other studies (4, 27) and, ultimately, to the reduction in urinary concentrating ability. According to current thoughts on the mechanisms of urinary concentration (28, 29), water reabsorption in the CCT in the absence of urea reabsorption results in a progressive increase in luminal urea concentration before reaching the inner medulla. The higher urea permeability of the inner medullary collecting duct then allows urea to be reabsorbed down a favorable concentration gradient resulting in an increased interstitial urea concentration. However, if as found in this study, decreased water reabsorption occurred in the cortical collecting tube, this would result in a decreased luminal urea concentration in the inner medullary collecting duct, and hence, decreased urea reabsorption. Subsequently, this would contribute to a decrease in passive water abstraction by the thin descending limb of Henle, which would secondarily result in decreased passive sodium chloride reabsorption by the thin ascending limb of Henle. Thus, this sequence of alterations of water, sodium chloride, and urea reabsorption would result in a decreased interstitial solute concentration and, ultimately, a decreased maximal urine osmolality. Furthermore, although the issue is not addressed in this study, it is possible that decreased sodium chloride reabsorption in the thick ascending limb of Henle may also play a role in the concentrating defect (30, 31).

The experiments using 8-p-CPT-cAMP, IBMX, and forskolin were performed to better define the mechanisms of decreased ADH responsiveness of CCT from KD rabbits. The normal hydroosmotic response to 8-p-CPT-cAMP suggests that this cAMP analogue can bypass the defect and is compatible with the hypothesis that decreased intracellular cAMP accumulation is a major determinant of the reduced ADH response. The contribution of cAMP degradation from phosphodiesterase activity was evaluated using IBMX, a potent phosphodiesterase inhibitor that, in a concentration of 10⁻³ M, has been shown to maximally inhibit this enzyme (32). Although the relative augmentation of the hydroosmotic response to ADH in the presence of IBMX was greater in the KD group than in controls, Lp was still significantly reduced in the KD group, thus suggesting that phosphodiesterase activity is not a major factor in this abnormal response. Also relevant to this argument are recent studies by Kim et al. (12) showing that phosphodi-

Figure 7. Effect of isobutylimethylxanthine, 10⁻⁴ M, on the ADH-stimulated hydraulic conductivity coefficient in CCT from four C (●) and four KD (○) rabbits.

Figure 8. Effect of forskolin on the hydraulic conductivity coefficient in CCT from four C (●) and five KD (○) rabbits. IBMX, 10⁻⁴ M, had no effect on the maximal forskolin stimulated hydraulic conductivity.
esterase activity was not elevated in inner medullary collecting ducts from KD rats. The present study also shows that forskolin is able to bypass the defective step(s) and that adenylate cyclase can be activated equally in KD and C CCT. Interestingly, unlike the ADH experiments, IBMX produced no augmentation of the hydroosmotic response to forskolin. The exact reason for this is unclear but several possibilities exist. First, although ADH and forskolin were present in maximally stimulatory concentrations, their modes of activation of adenylate cyclase differ significantly (32, 33). Second, ADH stimulates negative modulators of its own action (e.g., prostaglandin E2) (16), which may act to increase phosphodiesterase activity and thus explain why IBMX augments the hydroosmotic response to ADH. Finally, the relative effect of phosphodiesterase activity may be diminished by the fact that forskolin is a much more potent stimulant of adenylate cyclase activity than agents that require the guanine nucleotide regulatory protein for activation of adenylate cyclase (33).

Collectively, these data suggest that the decreased ADH responsiveness of CCT from KD rabbits is due to a defect at or proximal to activation of the catalytic subunit of adenylate cyclase. However, the precise mechanism of this defect remains to be elucidated.

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