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In Vitro Growth Rate of Placental Fibroblasts Is Developmentally Regulated

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Abstract

Placental cells of mesenchymal origin were used to study the regulation of fetal growth at the cellular level. A significant difference in the in vitro growth rates of placental fibroblasts was observed as a function of gestational age. Cells derived from 10–19-wk placentae exhibited proliferative rates two to three times greater than cells derived from 7–9-wk placentae (16–30 h vs. 30–60 h, P < 0.001). The proliferation rate remained stable throughout multiple passages in culture. Additionally, these two groups of cell strains exhibited marked differences in their responsiveness to mitogenic stimuli. Using maximal effective concentrations, insulin-like growth factor I interacted synergistically with epidermal growth factor and fibroblast growth factor to stimulate DNA synthesis in cells derived from 10–19-wk placentae. By contrast, the interaction of insulin-like growth factor I with epidermal growth factor and fibroblast growth factor exhibited significantly less synergy in 7–9-wk cells. These findings argue that the accelerated growth rate of human fetal cells results primarily from developmental events intrinsic to the cells and is associated with enhanced responsiveness to the mitogenic action of peptide growth factors. (J. Clin. Invest. 1991. 88:1697–1702.) Key words: placenta • growth • mitosis

Introduction

Normal fetal growth results from the normal progression of discrete developmental events that occur throughout gestation. The degree to which fetal growth results from a developmental "program" intrinsic to the fetus or is regulated by maternal or other external factors is not known. This is understandable since the cellular mechanisms comprising normal embryonic and fetal development are not fully understood. A major developmental event occurs at ~ 10 wk gestation when an acceleration in fetal growth velocity takes place (1). This acceleration represents not only total fetal weight but is due primarily to cellular hyperplasia in fetal organs (2). While the molecular basis for this accelerated growth is unknown, possible regulatory roles for tissue growth factors and cellular oncogenes during fetal development have been postulated (3–5).

The placenta is a logical source of fetal cells to study the cellular mechanisms regulating fetal growth. It is the only fetal organ whose sole function is to maintain an optimal milieu for fetal development. Consequently, fetal growth is dependent upon placental well-being. Like other fetal tissues the placenta undergoes a specific sequence of growth and differentiation over a short time period (6). Specifically, the placenta undergoes a similar acceleration in growth rate at the end of the first trimester (7). Since tissue-specific mesenchymal cells are essential for normal organ development (8) placental fibroblasts were used as a model system to begin studying the cellular mechanisms regulating human placental growth.

Materials

Sources of material. Term placental tissue was obtained from normal, nonlabored pregnant women undergoing repeat caesarean section at 38–41 wk gestation. Preterm placental tissue was obtained from elective therapeutic abortions between 7 and 19 wk gestation. Placentae were obtained in accordance with a protocol and consent form approved by the Institutional Review Board of the University of Texas, Southwestern Medical Center, Dallas, Texas. Dulbecco's modified Eagle's medium, penicillin, streptomycin, fetal calf serum, nystatin, and all plastic culture dishes were purchased from Gibco Laboratories, Grand Island, NY. BSA-RIA grade was obtained from Sigma Chemical Co., St. Louis, MO. Epidermal growth factor (EGF)1 and fibroblast growth factor (FGF) were obtained from Collaborative Research, Inc., Waltham, MA. Synthetic, human insulin-like growth factor I (IGF-I) was purchased from Bachem, Inc., Torrance, CA. Carrier-free 125I-Na, 125I-EGF (2,200 Ci/mmol), and 1H-thymidine were purchased from DuPont New England Nuclear Corp., Boston, MA. Peroxidase-antiperoxidase immunohistochemical staining kits for vimentin, desmin, and a human chorionic gonadotropin (HCG) were obtained from Accurate Chemical Scientific Corp., Westbury, NY. Peroxidase-antiperoxidase immunohistochemistry kits for factor VIII antigen and cytokeratin were obtained from Dako Corp., Santa Barbara, CA.

Placental fibroblast culture. Placental tissue, dissected free of decidua and membranes, was subjected to enzymatic digestion for 30 min at 37°C by 0.1% collagenase, 0.1% hyaluronidase, and 0.01% DNase in DMEM (5 ml/gm). The dispersed cells were filtered through a 150-μm nylon mesh. The cells were centrifuged (100 g), resuspended in 10 ml DMEM containing 10% FCS, penicillin (100 U/ml), streptomycin (100 μg/ml), and seeded into T-25 culture flasks. The cells were allowed to attach overnight. The media were changed the next day and every 3–4 d thereafter. The fibroblastoid cells proliferated while the trophoblasts tended to degenerate during the second week of culture. When confluent the cells were passaged in a 1:4 split ratio. By the second passage an apparently homogeneous population of fibroblastoid cells remained. The fibroblasts were grown in T-75 flasks in DMEM, 10% FCS, in a humidified incubator containing 5% CO2. The medium was harvested every 3–4 d. The cells were removed by trypsinization and replated every week (1:4 passage dilution).

Characterization of cell strains. Mesenchymal cells were isolated from the chorionic villi of human placentae at 7–19 wk gestation. Ges-

1. Abbreviations used in this paper: EGF, epidermal growth factor; FGF, fibroblast growth factor; GF, growth factor; HCG, human chorionic gonadotropin.

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tational age was determined by maternal dates and confirmed by foot length measurements (9) when possible. The cells were grown in DMEM supplemented with 10% FCS from identical lots in most cases. Otherwise, only lots that performed similarly in growth-promoting assays were used. Cells were used for growth studies between the third and seventh passages. The cells were characterized by immunohistochemical techniques as described later. The fibroblasticoid character of cells derived from 9- and 19-wk placenta was confirmed by the positive staining of vimentin along with negative staining for desmin, factor VIII antigen, keratin, and a-HCG. This screen effectively ruled out the presence of differentiated vascular smooth muscle cells, endothelial cells, and trophoblasts (10–12). Additionally, each cell strain was karyotyped. Only cell strains with normal chromosomes by karyotype analysis were included in these studies.

Cellular binding of [125I]-IGF-I and [125I]-EGF. IGF-I was iodinated to a sp act of 200–300 μCi/μg by a modification of the chloramine-T procedure of Hunter and Greenwood (13), as described by Rechler et al. (14). Fibroblasts of 15 wk gestation were grown to confluence in 1.6-cm wells as described. The medium was changed to serum-free medium and incubated further for 48 h. After 48 h the cells were washed with serum-free medium and incubated with IGF-I (100 ng/ml), EGF (10 ng/ml), or control medium for 4 h. The cells were then washed three times with Earle’s balanced salt solution, pH 7.4. Radiolabelled IGF-I or EGF (20,000–30,000 cpm) and various concentrations of unlabelled, homologous peptide were added to each well in triplicate to a final volume of 1.0 ml Earle’s balanced salt solution, pH 7.4. The cells were incubated for 16–20 h at 4°C, washed, solubilized with 1N NaOH, and counted. Specific binding was determined by the difference in binding in the presence and absence of 100 ng unlabelled homologous ligand. Binding to the cells was analyzed by Scatchard analysis.

Receptor crosslinking. Placental fibroblasts were grown to confluence in 24-well plates in DMEM, 10% FCS. The cells were then washed and incubated in the presence or absence of EGF (10 ng/ml) or FGF (100 ng/ml) for 4 h at 37°C. The cells were washed twice with ice cold phosphate buffered saline and incubated 16 h at 4°C in 0.5 ml binding buffer (0.1 M Hepes, 0.12 M NaCl, 5 mM MgSO4, 8 mM glucose, 5 mg/ml BSA, pH 8.0) containing 500,000 cpm [125I]-IGF-I. At that time 0.4 ml disuccinimidyl suberate was added at a concentration of 0.200 mM and incubated for 15 min at room temperature. The reaction was quenched with 1.2 ml ice cold 10 mM Tris/1 mM EDTA. The cells were solubilized in 75 μl 2% SDS, 100 mM dithiothreitol. Lysates from three wells were pooled, transferred to 1.5-ml microfuge tubes, and boiled for 3 min. The lysates were subjected to 10% SDS-PAGE. The gels were dried and subjected to autoradiography in the presence of Dupont intensifying screens at −80°C.

Thymidine incorporation. Confluent monolayers of placental cells (passage 4–6) were placed in serum-free medium (SFM), 0.1% BSA, for 48 h in 24-well plates. The quiescent cells were then washed and refed with SFM, 0.1% BSA plus test hormones. The cells were incubated further for 24 h. Time course experiments in 9-wk and 19-wk fibroblasts revealed maximum DNA synthesis at 20–28 h. Within that time 0.5 μCi [1H]-thymidine was added to each well and incubated further for 4 h. The cells were then washed, extracted with 10% TCA, solubilized in 1N NaOH, and counted. Data are represented as the mean±SEM (n = 3).

Doubling times. Placental cells were seeded at a density of 100,000 cells/60-mm dish in DMEM containing 10% FCS. After overnight attachment the cells of three dishes were washed, trypsinized, and counted using a hemocytometer. In three tandem dishes the media were replaced with DMEM, 10% FCS. After 48 h further incubation, the cells in each dish were counted and averaged. The doubling time was estimated from the increase in cell number during that 48-h period. Preliminary experiments revealed that the doubling time determined between days 1 and 3 was identical to that obtained between days 3 and 5. Therefore all subsequent determinations were derived from cell counts on days 1 and 3. Doubling times from at least three passages between the third and seventh passage were determined and averaged.

The data are expressed as the mean±SEM (n = single determinations over three to four passages).

Immunohistochemical staining. Placental cells were plated onto glass cover slips. The cells were grown for 2–4 d and fixed in Bouin’s solution for 30 min. After fixation, the cells were rinsed and stored at 4°C in PBS for 2–5 d before staining. The cells were stained using commercially available kits according to instructions. Keratin, factor VIII antigen, and desmin kits were obtained from Dako Corp. Kits for vimentin and a-HCG were obtained from Accurate Chemical & Scientific Co. Paraffin sections of 13-wk placental tissue were used as control references for identifying cell types.

Cell cycle analysis. Placental fibroblasts were grown as described above. Confluent cells were trypsinized and replated at a low density of 1,000 cells/cm² in DMEM, 10% FCS. The cells were allowed to attach overnight and the media were changed. The cells were then allowed to grow in DMEM, 10% FCS, for 48 additional hours to allow the cells to achieve exponential growth and a random distribution throughout the cell cycle. They were then rinsed and fixed with 70% ethanol for 30 min. The cells were further incubated with 100 μg/ml mithramycin in 50 mM Tris/20 mM MgCl₂, pH 7.4 for an additional 30 min at 22°C essentially as described (15). The stained, attached cells were scanned with an Interactive Laser Cytometer (ACAS 570; Meridian Instruments, Inc., Okemos, MI) with a wavelength of 457 nm and the ×20 microscope objective. Fluorescence emission at 530 nm was collected by a photomultiplier tube and digitized by a 16-bit microcomputer. Pseudocolor fluorescence intensity maps of the stained nuclei were displayed and DNA fluorescence histograms were obtained. The percent of cells in G1, S, and G2/M were estimated by assuming normal distributions for the G1 and G2/M peaks as described (16). At least 1,000 cells were counted per cell strain for analysis. Absolute phase times were calculated from the phase distribution based upon the following relationships:

1. \( T_{G0}/T_C = -1/\ln 2 \times \ln(1 - F_{G0}/2) \)
2. \( T_{D}/T_C = -1/\ln 2 \times \ln(1 - F_D/2) \)
3. \( T_{G0}/T_C = 1 - T_D/T_C \)

This model assumes that the cells are in steady state, asynchronous, exponential growth (16). \( T_C \) represents the time required to traverse the complete cell cycle and was taken from the doubling time calculated from direct cell counts as described above during the same passage as the cell cycle analysis.

Statistical analysis. Differences between groups were analyzed using Student’s t test.

Results

Doubling times of placental fibroblasts. Growth patterns of the placental cells were studied by measuring their doubling time under uniform culture conditions. As seen in Fig. 1 A, the doubling times of cells derived from 10–19-wk placentae (21.6±1.7 h) were much shorter than those exhibited by the 7–9-wk gestation cells (53.4±1.4 h). The increased rate of proliferation was observed to occur at 10 wk gestation. When the cell strains derived from placentae of 7–9 wk gestation were compared to those derived from 10–19-wk placentae, the difference in their doubling times was significantly different (Fig. 1 B, \( P < 0.001 \)). Additionally, the increased growth rate was “remembered” throughout multiple passages in culture (Fig. 2). Because these studies were done using identical or similar lots of fetal bovine serum, the increased proliferative rate appeared to be an intrinsic quality of the cells that was expressed from one generation to the next. Each cell strain was chromosomally normal by karyotype analysis. While this doesn’t rule out all potential genetic lesions, it does point to developmental age as the most likely variable related to the observed change in proliferative rate.
Cell cycle analysis performed on mitomycin-stained cells revealed that rapidly growing cells (15 and 19 wk) exhibited much shorter G1 phases than the more slowly growing cells at 7 and 8 wk gestation (10–13 h vs. 40–47 h, Table I). The G2/M phase was also somewhat shorter suggesting the presence of a G2 restriction point in these cells. It appears, however, that the major difference in cycling time for these two groups of cells resides in the length of G1.

**Cellular responsiveness to growth factors.** To determine if the enhanced proliferative rates of the cell strains could be explained, in part, by altered responsiveness to specific peptide growth factors (GF), the abilities of IGF-I, EGF, and FGF to stimulate DNA synthesis in these cells were tested. Each GF alone was capable of stimulating DNA synthesis in a dose-dependent manner. While the dose response curve for each GF was the same in both groups of cells, the cells derived from 10–19-wk placenta tended to have a greater maximum response than the cells studied at earlier gestations. It was difficult to quantify this difference, however, because of the significant variation exhibited by individual cell strains between experiments. The basal activity was similar in both groups of cells. When various combinations of GFs were tested at maximal stimulating doses, however, a major difference was noted between the two groups of cells. The combinations of IGF-I + EGF and IGF-I + FGF resulted in apparent additive stimulation of DNA synthesis in cells derived from an 8-wk placenta (Fig. 3 A). The same combinations of GFs, by contrast, interacted synergistically in cells derived from a 19-wk placenta (Fig. 3 B). When the combination of IGF-I and EGF was tested in the other cell strains, a much stronger interaction was consistently observed in cells derived from 10–19-wk placentae compared to the responses observed in cells derived from 7–9-wk placentae (Fig. 4 A). When the 7–9-wk cells were compared to the 10–19–wk cells the difference in their responsiveness was statistically significant (Fig. 4 B). Similar gestational age-dependent differences in the cellular responsiveness were seen with the combination of IGF-I and FGF as well (Fig. 5 A and B). By contrast, the combination of EGF and FGF resulted in additive stimulation of DNA synthesis suggesting that their mitogenic signals proceed along distinct, noninteracting pathways (data not shown).

While the doubling times exhibited by the cells were significantly different, the time course for thymidine incorporation was similar for both groups (22–32 h). This time course is intermediate to the lengths of G1 exhibited by the two groups of cells (10–13 h and 40–47 h). It has been previously shown that the ability of cells to be “rescued” from G0, reenter G1, and progress to S phase frequently requires a longer period of time than it takes to traverse G1 in sparse, exponentially growing cells (17). Moreover, the amount of time necessary to leave G0 and reenter G1 varies with the length of time the cells are quiescent. This suggests that cellular quiescence resulting from density inhibition and serum starvation occurs at similar points in G1 before S phase in both groups of placental fibroblasts. The population of cells responsive to GF stimulation would there-

**Table 1. Cell Cycle Phase Duration* of Placental Fibroblasts**

<table>
<thead>
<tr>
<th>Cell strain</th>
<th>$T_2$</th>
<th>$T_{G1}$</th>
<th>$T_s$</th>
<th>$T_{G2M}$</th>
</tr>
</thead>
<tbody>
<tr>
<td>7 wk</td>
<td>58.9</td>
<td>46.6 (0.85)</td>
<td>4.1 (0.05)</td>
<td>8.2 (0.10)</td>
</tr>
<tr>
<td>8 wk</td>
<td>55.9</td>
<td>41.5 (0.81)</td>
<td>4.9 (0.07)</td>
<td>9.5 (0.12)</td>
</tr>
<tr>
<td>15 wk</td>
<td>19.0</td>
<td>11.0 (0.66)</td>
<td>6.0 (0.26)</td>
<td>2.0 (0.13)</td>
</tr>
<tr>
<td>19 wk</td>
<td>21.5</td>
<td>12.2 (0.65)</td>
<td>6.0 (0.24)</td>
<td>3.3 (0.11)</td>
</tr>
</tbody>
</table>

* Data expressed in hours. Number in parentheses is the fraction of cells in phase.
fore reenter G1 at similar times relative to S phase and result in similar time courses of thymidine incorporation.

To determine the time during the cell cycle that the mitogenic pathways for IGF-I, FGF, and EGF interact, sequential addition experiments were performed on cells of 19 wk gestation. When IGF-I was added to the cells up to 8 h after FGF or EGF, maximal stimulation of DNA synthesis is observed. By contrast, if FGF or EGF is added after IGF-I, much less potentiation is observed (Fig. 6, A and B). These data suggested that FGF and EGF act at a time early in the cell cycle to enhance the cellular responsiveness to IGF-I. This is consistent with the competence/progression model of cell cycle regulation previously put forth (18).

**Cellular binding of [125I]-IGF-I and [125I]-EGF.**  Cellular binding studies were performed to determine if the mitogenic pathways of IGF-I and EGF interact at the receptor binding level. The cellular binding of [125I]-IGF-I and [125I]-EGF to 19-wk cells was unaltered by the heterologous peptide during the course of these experiments (Table II). Additionally, dose-response analysis revealed no change in the ED50 of EGF (1.1-1.0 ng/ml) or FGF (5-15 ng/ml) in the presence or absence of IGF-I. Likewise, the ED50 of IGF-I (20-30 ng/ml) was unaltered by the presence of EGF or FGF (data not shown).

[125I]-IGF-I was covalently crosslinked to 10- and 15-wk placental fibroblasts and subjected to SDS-PAGE (Fig. 7). Autoradiography revealed no increase in labeling of the α-subunit of the IGF-I receptor in the presence of EGF (10 ng/ml) or EGF (100 ng/ml). These data argue that the potentiation of GF interactions observed in these cells cannot be explained by the simple heterologous regulation of cellular binding capacity or affinity.

**Discussion**

The data presented in this report suggest that mesenchymal cells derived from human placental tissue undergo a developmental change resulting in an increased rate of proliferation.

**Table II. Cellular Binding of [125I]-IGF-I and [125I]-EGF to Placental Fibroblast Monolayers**

<table>
<thead>
<tr>
<th>Radioisotopic</th>
<th>Kd</th>
<th>Bmax</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>(M)</td>
<td>(M)</td>
</tr>
<tr>
<td>IGF-I (control)</td>
<td>3.3 × 10^{-10}</td>
<td>2.6 × 10^{-11}</td>
</tr>
<tr>
<td>IGF-I (EGF treated)</td>
<td>3.8 × 10^{-10}</td>
<td>2.6 × 10^{-11}</td>
</tr>
<tr>
<td>EGF (control)</td>
<td>4.1 × 10^{-10}</td>
<td>5.7 × 10^{-12}</td>
</tr>
<tr>
<td>EGF (IGF treated)</td>
<td>4.9 × 10^{-10}</td>
<td>5.4 × 10^{-12}</td>
</tr>
</tbody>
</table>
The data reported here support the concept that the ability of peptide GFs to elicit the mitogenic response is a function not only of the concentration of GF but also a function of the intrinsic cellular responsiveness to that specific GF or combination of GFs. The expression of factors that attenuate or augment GF signals are, therefore, likely candidates to regulate mitotic activity. Their altered expression throughout gestation may significantly alter the cellular response to mitogenic signals, in vivo. The inability of IGF-I or EGF to influence the cellular binding of the heterologous peptide suggests that the mitogenic pathways for each peptide interact at point(s) early in the cell cycle distal to the receptor binding site. The second messenger systems involved in mediating the mitogenic signal of each GF, therefore, are likely points of interaction and signal amplification. Interactions or "crosstalk" between signalling pathways have been well described in several cell culture systems (26–29). Additionally, protooncogenes have been closely linked to the proliferative response of cells and may function as important components of signalling pathways used by peptide GFs. Moreover, protooncogene expression occurs throughout embryonic and fetal development and does so in a tissue-specific and developmentally regulated manner (3, 4, 25, 30–33). The second messenger systems used by IGF-I, FGF, and EGF to elicit the mitogenic response in placental fibroblasts have not been defined. Characterization of these pathways should help delineate the molecular basis for the enhanced cellular response to their combined stimulation.

In summary, the proliferation rates of placental fibroblasts, in cell culture, bear a striking relationship to developmental age. Moreover, the appearance of rapidly dividing cells in culture coincides with the acceleration of fetal growth that begins at the end of the first trimester. This would suggest that accelerated fetal growth represents, in part, a developmental change intrinsic to some fetal cells. The cellular responsiveness to mitogenic growth factors also appears to be related to developmental age. While this increased responsiveness may account for part of the enhanced proliferative rate observed for these cells, the full complement of cellular mechanisms that determine this phenotype remain to be defined. The fact that the enhancement in proliferative rate and GF responsiveness are stable in cell culture provides an opportunity to define the cellular basis of this phenotype and, hopefully, delineate important mechanism(s) regulating normal fetal growth.

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