Oxygen Tension Regulates the Nitric Oxide Pathway
Physiological Role in Penile Erection

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Abstract
Relaxation of the trabecular smooth muscle of the corpus cavernosum (the erectile tissue) of the penis is mediated by nitric oxide released by the nerves and endothelium. We have investigated the physiological role of oxygen tension in the regulation of trabecular smooth muscle tone. In human subjects, measurement of intracavernosal PO₂ in blood drawn from corpus cavernosum in the flaccid state was comparable to that of venous blood (25–43 mmHg). Vasodilatation of the resistance arteries and trabecular smooth muscle relaxation by intracavernosal injection of papaverine and phentolamine caused oxygen tension to rise rapidly to arterial levels (PO₂ ∼ 100 mmHg). Isolated human and rabbit corpus cavernosum tissue strips in organ baths, exposed to arterial-like PO₂ relaxed to the endothelium-dependent dilator acetylcholine and to electrical stimulation of the autonomic dilator nerves. These nitric oxide-mediated responses were progressively inhibited as a function of decreasing PO₂ to levels measured in the flaccid penis. Reverting to normoxic conditions readily restored endothelium-dependent and neurogenic relaxation. Relaxation to exogenous nitric oxide was not impaired in low PO₂. In rabbit corpus cavernosum, low PO₂ reduced basal levels of cGMP and prevented cGMP accumulation induced by stimulation of dilator nerves. Furthermore, low PO₂ inhibited nitric oxide synthase activity in corpus cavernosum cytosol. It is concluded that physiological concentrations of oxygen modulate penile erection by regulating nitric oxide synthesis in corpus cavernosum tissue. (J. Clin. Invest. 1993. 91:437–442.) Key words: hypoxia • nitric oxide synthase • corpus cavernosum • endothelium-dependent relaxation • neurogenic relaxation

Introduction
During erection, the penis acts as a capacitor, accumulating blood under pressure (1). This function depends on two key events: (a) dilation of the resistance arterial bed of the penis, enhancing blood flow and pressure to the corpora cavernosa; and (b) relaxation of the trabecular smooth muscle, allowing the expansion of the lacunar spaces and trapping of blood by compression of the peripheral draining venules (veno-occlusive mechanism) (2). Trabecular smooth muscle relaxation is associated with a rise in intracellular cGMP levels and is mediated by nitric oxide (NO)¹ released from the endothelium and the autonomic dilator nerves innervating the trabeculae (3–7). The synthesis of nitric oxide is mediated by NO synthase which, in addition to L-arginine, requires oxygen as a substrate (8–10). Furchgott and Zawadsky initially reported in blood vessels that responses to endothelium-derived relaxing factor, later shown to be nitric oxide (11), were inhibited at low oxygen tensions (12), an observation corroborated by other investigators (3, 13–16). However, the physiological significance of this observation remains unclear.

To determine the possible regulatory role of oxygen tension in penile erection, we have measured intracavernosal blood oxygen tension, in vivo, in the flaccid and erect states of the penis in humans. Biopsies of human and rabbit corpus cavernosum were then studied in vitro to determine the effect of physiological oxygen tensions on nitric oxide—mediated relaxation. The effects of hypoxia were also correlated with changes in cGMP levels and NO synthase activity in corpus cavernosum.

Methods
Materials
Bretylium tosylate (2-bromo-N-ethyl-N,N-dimethylbenzenemethanaminium 4-methylbenzenesulfonate) was obtained from American Critical Care (McGraw Park, IL). Zaprinast (M&B 22948) was a gift from Rhône-Poulenc Ltd. (Dagenham Essex, England). L-[2,3-³H]arginine (58.4 Ci/mmol) was purchased from Du Pont Co./New England Nuclear Research Products (Boston, MA). Liquisint was purchased from National Diagnostics (Manville, NJ). Solutions of norepinephrine (4- (2-amino-1-hydroxyethyl)-1,2-benzenediol) contained 0.1% ascorbate (wt/vol) as an antioxidant. All gas mixtures were obtained through Medical-Technical Gases, Inc. (Medford, MA) and Welders Supply Co./Cryogenics-East, Inc. (Billerica, MA). All other drugs and reagents were purchased from commercially available sources.

Buffers
Physiological salt solution (PSS). 118.3 mM NaCl; 25.0 mM NaHCO₃; 11.1 mM D-glucose; 4.7 mM KCl; 2.5 mM CaCl₂; 1.2 mM KH₂PO₄; 0.6 mM MgSO₄; 0.026 mM CaNa₂EDTA.

HSE. 20 mM Hesper, pH 7.2; 320 mM sucrose; 0.5 mM Na₃EDTA; 1 mM DTT.

HE. 5 mM Hesper, pH 5.5; 2 mM Na₂EDTA.

In vivo studies
A group of 10 patients was subjected to a complete erectile function evaluation that included hormonal profile, neurological tests, cavernosal infusion of vasorelaxants, and nocturnal penile tumescence monitoring with simultaneous recording of electroencephalographic and electrooculographic activity. All patients participating in the study

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1. Abbreviations used in this paper: L-NOARG, N⁶-nitro-L-arginine; NO, nitric oxide; PSS, physiological salt solution.
were evaluated to have normal erectile function tests. Six patients had some degree of penile curvature. All patients issued informed consent and experimental protocols were approved by the local Institutional Review Boards for Human Studies. Using a pressure transducer and a recorder, intracavernosal pressure was monitored through a 19-gauge needle inserted directly into one of the cavernosal bodies. This same needle was also used to draw blood for 

were evaluated degree and intracavernosal the sued of time of three New baths logenic scribed. Since experiments, and were treated with 70 mmHg; the contraction of ethyl)-1,2-benzenediol) were treated with (a chloride) (see below). Rabbit. Penile corpus cavernosum tissue strips were obtained from male New Zealand White rabbits (3.0–3.5 kg) as previously described (3). The protocol was approved by the Animal Care Committee at the Boston University Medical Center.

Organ bath studies of isolated tissue strips

Strips of human or rabbit corpus cavernosum were mounted to tension transducers and submerged in thermostated (37°C) 25 ml organ baths containing bicarbonate buffered PSS and aerated with 95% air/5% CO₂ (normoxic conditions) to attain pH 7.4. Optimal isometric tension for contraction was attained as described previously (3). Tissues were treated with 1 μM indomethacin (a cyclooxygenase inhibitor) and 10 μM bretylium (an inhibitor of adrenergic neurotransmission) throughout the experiment.

Responses to acetylcholine and electrical stimulation. Tissue strips were contracted with 0.1 μM norepinephrine (4-(2-amino-1-hydroxy-ethyl)-1,2-benzenediol) and subjected to either increasing concentrations of acetylcholine (2-acetylxy)-N,N,N-trimethylethanamium chloride) by cumulative addition or electrical stimulation at the indicated frequencies, as previously described (3). After several exchanges of fresh PSS, the bathing media were bubbled with gas mixtures containing the indicated concentrations of oxygen, 5% CO₂, and balance N₂ for 30 min. The 
P₀₂ values (mean±SD) for the various gas mixtures were as follows: 95% air (normoxia) = 147±5 mmHg; 6% O₂ = 49±2 mmHg; 4% O₂ = 32±3 mmHg; 3% O₂ = 27±3 mmHg. The tissues were contracted again with norepinephrine, and the electrical stimulations and the acetylcholine dose responses were repeated. In some of the experiments, after a second wash period, the bathing gassing mixture was changed back to normoxic conditions and the protocol was repeated a third time.

Nitric oxide dose response. As described previously (3), nitric oxide gas was bubbled through deoxygenated water in test tubes for 10 min to yield a saturated solution of aqueous nitric oxide (≈10⁻³ M). Serial dilutions were performed by transferring aliquots with a syringe between rubber-stoppered tubes containing deoxygenated water. Stock solutions were used within 15 min of preparation and discarded after each use.

cGMP measurements

Incubations. Rabbit corpus cavernosum tissue strips were tied with surgical suture to Teflon catheters and submerged in 25 ml baths containing PSS, aerated (P₀₂ = 147±5 mmHg), and thermostated at 37°C. Tissues were washed and equilibrated in PSS for 1 hr and were not stretched or subjected to active tension. Indomethacin (3 μM), bretylium (10 μM), and atropine (0.1 μM) were then added to the baths and the tissue strips were incubated for 30 min. After washing with fresh PSS, tissues were subjected to a second 30-min incubation in the presence of 100 μM zaprinast, as well as indomethacin, bretylium, and atropine. Also during this incubation period, some tissues were treated with 50 μM N°-nitro-L-arginine (L-NOARG) or aerated with 1° O₂, 5% CO₂, 94% N₂ gas mixture. All tissue strips were then exposed to 1 μM phenylephrine for 20 min. Tissues were subjected to electrical stimulation with a train of square waves for 20 s at 5 Hz, 10 V, and 0.5 ms pulse duration. After stimulation, the tissue strips were removed from the baths and rapidly frozen by submerging them in liquid nitrogen. Frozen tissues were pulverized into powder and stored at −80°C.

Tissue extraction and cGMP assay. Tissue powders were homogenized in 1 ml of 1 n perchloric acid using a glass-glass tissue grinder. Crude homogenates were transferred to clean test tubes and combined with an 0.5-mI water rinse of the homogenizing vessel. Samples were centrifuged at 3,000 g for 30 min. at 2°C. The pellets were saved for protein assay and the resulting supernatants were transferred to clean test tubes and neutralized with 0.6 ml of 2 n KOH/0.5 M triethanolamine. The precipitate was removed by centrifugation. To the supernatant, 750 μl of water and 150 μl of 1 M sodium acetate (pH 5.8) were added to yield a final concentration of 50 mM acetate. An aliquot of each sample was further diluted (fivefold) with 50 mM acetate (pH 5.8) and acetylated cGMP was quantitated using a commercially available radioimmunoassay kit (Amersham Corp., Arlington Heights, IL). Pellet samples saved for protein assay were solubilized in 0.5 ml of 1 n NaOH by heating at 80–90°C for 10–15 min. Nonsoluble material was removed by centrifugation and supernatants were dialyzed 10-fold to reduce the concentration of NaOH to 0.1 n. Aliquots of the diluted supernatants were then assayed for protein by the method of Lowry et al. (17).

Measurement of nitric oxide synthase activity

To assess the activity of NO synthase, the procedures described by Brett and Snyder (18) and Rengasamy and Johns (19) for the cerebellum were adapted for use in corpus cavernosum tissue.

Cytoplasm preparation. Rabbit corpus cavernosum tissue was frozen and pulverized into powder, using a ground glass pestle homogenizer. The tissue powder, pooled from several animals, was homogenized on ice with HSE buffer (4 ml/g tissue powder) in the presence of 0.5 mM PMSF, 1 μM pepstatin A, and 2 μM leupeptin. The homogenate was transferred to ultracentrifuge tubes and centrifuged at 20,000 x g for 45 min at 2°C. The resulting supernatant (cytosol) was kept on ice until use.

Purification of [³H]arginine. Purification of [³H]arginine for the purpose of removing products of arginine decomposition, such as [³H]-citrulline, was achieved by passing 200 μCi of [³H]arginine (in deionized water, 2% ethanol) through a 2-ml column of AG1-X8 resin (hydroxide form, 100-200 mesh; Bio-Rad Laboratories, Richmond, CA) an anion exchanger. The column was washed with 5 ml of deionized water and all effluent was collected. The purified [³H]arginine was then frozen in small aliquots. This procedure greatly reduced background counts in the NO synthase assay.

Incubations. An aliquot of the cytosol was set aside for protein determination. Each incubation mixture (200 μl total) contained 150
μl of cytosol, 2 mM NADPH, 0.45 mM CaCl₂, 100 μM l-arginine, and 5 μCi l-[2,3-3H]arginine/ml of incubation. Time-dependent [3H]-citrulline synthesis was determined by incubating samples (in duplicate) in a water bath at 37°C for 0, 5, 10, 15, 30, 45, and 60 min. A parallel set of incubations was performed at 2°C, and a third set containing 3 × 10⁻³ M L-NOARG was performed at 37°C. Incubations were terminated by the addition of 2 ml of ice-cold HE buffer. Samples were passed through a 1-ml column of AG 50W-X8 (Na⁺ form, 100–200 mesh; Bio-Rad Laboratories) and eluted with 2 ml of HE buffer. The positively charged [3H]arginine is retained by the column, whereas the [3H]citrulline passes through unhindered. Eluates were collected in vials, mixed with Liquiscint and counted in a Packard Tri-Carb 460CD refrigerated liquid scintillation counter.

For hypoxic incubations, the cytosol and stocks were degassed on ice for 30 min, then combined, exposed to a nitrogen environment, and placed in a 37°C water bath for 15 min. N₂ gas was passed over the reaction mixture during the incubation period through a needle inserted into the rubber-stoppered vial. A second needle was inserted into the rubber cap to act as a vent. Cytosol treated in this manner yielded a Po₂ range varying from 15 to 25 mmHg, as determined by measurement with an oxygen needle electrode (Diamond General Corp., Ann Arbor, MI). Incubations were also performed at 37°C for 15 min under normoxic conditions (Po₂ in the 130–145 range). A parallel set of incubations were carried out at 2°C for 15 min under both normoxic and hypoxic conditions and were considered as background or nonspecific activity. Incubations were terminated and processed in the same manner as the time course samples. The specific activity of the [3H]arginine was corrected for endogenous L-arginine content, as determined by HPLC analysis of cytosolic extract from corpus cavernosum after TCA (10%) precipitation. It was determined that 1 g of corpus cavernosum tissue yielded 134.7±7.6 nmol l-arginine. Nonspecific activity, as determined by parallel incubations performed at 2°C, was subtracted from each corresponding incubation performed at 37°C before citrulline production was calculated.

Calculations for organ bath experiments. As previously described (3), all responses are expressed as percentage of maximal relaxation that was induced by the addition of 0.1 mM papaverine (1-(1-(3,4-di-methoxy-phenyl)methyl)-6,7-dimethoxyisouquinoline hydrochloride) at the end of the experiment. Data are expressed as mean±SE for n different individuals, unless stated otherwise. Statistical significance was determined by analysis of variance followed by paired comparisons with control (normoxic) responses using t test.

Results

In vivo studies. In human subjects, blood gas and intracavernosal pressure values were monitored simultaneously. Erections were induced by intracavernosal injection of the vasodilator papaverine and the alpha adrenergic antagonist phentolamine. These drugs cause both arterial and trabecular smooth muscle to relax. In the flaccid state, the mean Po₂ value was 34.1±7.4 mmHg (range = 25–43 mmHg; n = 10). Upon stimulation by injection with papaverine and phentolamine, the mean Po₂ value increased to 99±2.8 mmHg, reaching 85% of the peak value by 1 min (Fig. 1). Simultaneous measurement of intracavernosal pressure revealed a slower rate of increase with a lag phase within the first 60 s.

Isometric tension measurements. To characterize this phenomenon further, we studied neurogenic and endothelium-dependent relaxation of the trabecular smooth muscle in vitro (organ baths). Human and rabbit corporal tissue strips were exposed to varying oxygen tensions within the physiological range measured in corpus cavernosum blood. In tissues contracted with norepinephrine and exposed to increasing concentrations of acetylcholine, relaxation was progressively atten-

![Figure 1](image-url)
20%O₂ Ach [log M] 

![Graph 1](image1.png)

**Figure 2.** Effect of hypoxia on responses to exogenous acetylcholine in isolated strips of human corpus cavernosum. Under normoxic conditions, tissue strips submerged in organ baths were contracted with 0.1 μM norepinephrine and exposed to increasing concentrations of acetylcholine in a cumulative fashion. After a 30-min incubation under various states of hypoxia (see Methods for P₀₂ values), acetylcholine dose responses were repeated. The protocol was repeated a third time after reverting back to normoxic conditions (summarized data not shown). Isometric tension recordings are shown above the summarized data in graphical form. *Indicates statistically significant differences (P < 0.01) in the extent of relaxation as assessed by analysis of variance followed by paired comparisons with control (normoxic) responses using t test. All values are expressed as mean±SE.

Measurement of NO synthase activity. Nitric oxide synthase activity was assessed in the cytosolic fraction of rabbit corpus cavernosum tissue homogenates by measuring the production of L-[³H]citrulline from L-[³H]arginine. In samples that were incubated at 37°C, [³H]citrulline production increased in a linear fashion over the time course assayed (0–60 min). In contrast, samples incubated at 37°C in the presence of L-NOARG exhibited a minimal increase in [³H]citrulline formation comparable to incubations performed at 2°C. In control incubations under normoxic conditions (cytosol P₀₂ 130–150 mmHg) at 37°C, rabbit NO synthase produced 0.38±0.02 nmol citrulline/mg protein in a period of 15 min (Fig. 8). Incubations that were performed under nitrogen atmosphere (cytosol P₀₂ 15–25 mmHg) exhibited a significant reduction (60%) in citrulline synthesis.

Discussion

Our data suggest that oxygen tension plays an active role in regulating penile erection in the following manner: Blood oxygen tensions in the corpus cavernosum are close to venous P₀₂ levels in the flaccid state. At these oxygen tensions, synthesis of nitric oxide in corpus cavernosum is inhibited, preventing trabecular smooth muscle relaxation. Sacral parasympathetic stimulation initiates vasodilatation of the resistance arterial bed and enhances intracavernosal blood oxygen content caused by increased flow. In this oxygen-enhanced environment, autonomic dilator nerves and the endothelium are able to synthesize nitric oxide, mediating trabecular smooth muscle relaxation that is necessary for the entrapment of blood in the corpora during penile erection.

![Graph 2](image2.png)

**Figure 3.** Effect of hypoxia on responses to exogenous acetylcholine in isolated strips of rabbit corpus cavernosum. Rabbit tissues were subjected to acetylcholine dose responses, as described in Fig. 2. Initial dose responses are designated as Normoxia-1 (95% air), while responses obtained after reverting back to normoxic conditions (95% air) after a hypoxic (3% O₂) episode are designated as Normoxia-2. (*P ≤ 0.0005, as determined by t test comparing hypoxic vs. normoxic conditions.)

![Graph 3](image3.png)

**Figure 4.** Effect of hypoxia on responses to electrical stimulation in human corpus cavernosum. Tissue strips submerged in organ baths were contracted with 0.1 μM norepinephrine and electrically stimulated at the indicated frequencies under normoxic conditions in the presence of indomethacin and bretylium. After a 30-min incubation under various states of hypoxia (see Methods for P₀₂ values), electrical stimulations were repeated. The protocol was repeated a third time after reverting back to normoxic conditions (summarized data not shown). Isometric tension recordings are shown above the summarized data in graphical form. All values are expressed as mean±SE. *Indicate statistically significant differences as assessed by analysis of variance followed by paired comparisons with control (normoxic) responses using t test (*P ≤ 0.01, **P ≤ 0.005).
In previous work, we (3) and others (4–7) have shown that trabecular smooth muscle relaxation induced by both the nerves and the endothelium is mediated by nitric oxide or a similar substance. Low oxygen tensions may interfere with the synthesis or secretion of nitric oxide or alter its availability upon release. It is also possible that the target cell (the smooth muscle) is less responsive to NO under hypoxic conditions. As NO readily diffuses across cell membranes, there is no apparent oxygen requirement for NO release. Since low oxygen tensions did not inhibit relaxation of corpus cavernosum smooth muscle to authentic NO, this would suggest that NO can diffuse into the target cell, that it is not more actively metabolized in a low oxygen environment, and that the responsiveness of the smooth muscle is not impaired by hypoxia. Therefore, it is likely that low oxygen tensions inhibit the synthesis of NO in the corpus cavernosum.

The inhibition of cGMP accumulation under basal and electrically stimulated conditions by hypoxia provides further evidence for regulation of nitric oxide production by oxygen tension. It should be noted that low oxygen tensions were nearly as effective as L-NOARG, a potent NO synthase inhibitor, in preventing the accumulation of cGMP under basal or stimulated conditions.

A more direct demonstration of the regulatory role of oxygen is provided by the measurement of NO synthase activity in rabbit corpus cavernosum cytosol preparations. Hypoxic conditions caused a significant reduction of NO synthase activity. Thus, our findings suggest that oxygen may be a rate-limiting factor for nitric oxide production in the penile corpus cavernosum. The activity of nitric oxide synthase derived from macrophages (10) and cerebellum (19) has also been shown to be modulated by oxygen tension. In both systems, low oxygen tensions suppressed enzyme activity. NO synthase from cerebellum exhibits lower $V_{max}$ and higher $K_m$ values for L-arginine under hypoxic conditions (19). Recent studies have also shown that NO synthase incorporates molecular oxygen into both nitric oxide and citrulline, indicating that it is a dioxygenase (20).

Measurements performed in various organs indicate that tissue $P_O_2$ levels can be significantly lower than in venous blood (21). Furthermore, most oxygen using enzymes have a $K_m$ that is higher than the mean oxygen concentration present in almost all tissues (21). This indicates that these oxygen-dependent enzymes may normally be faced with critical levels of oxygen substrate and makes plausible the concept of local oxygen concentrations regulating nitric oxide synthesis.

Regulation of nitric oxide–mediated trabecular smooth
muscle relaxation by oxygen was observed in tissue from potent men, as well as in rabbit tissue (a healthy animal model). Thus, it appears that this may be a normal physiological mechanism regulating erection and not one that manifests itself only in impotent men. The regulation by molecular oxygen of nitric oxide synthesis, and therefore trabecular smooth muscle tone, may be of importance in the physiology and pathophysiology of the erectile function. Physiologically low oxygen tensions may participate in maintaining penile flaccidity by inhibiting nitric oxide production, while insufficient increases in oxygen tension may result in erectile dysfunction. In some instances, impaired relaxation of trabecular smooth muscle is caused by endothelial and/or nerve dysfunction, as occurs in diabetic men with impotence (22) or in hypercholesterolemic animal models (23). However, our data suggest that reduced oxygen tension can be a rate limiting factor for nitric oxide–mediated relaxation in penile corpus cavernosum regardless of the normal or pathological state of the nerves and endothelium. It is possible that men with impaired reactivity or significant obstruction of the penile arteries may not be able to increase arterial flow (and, therefore, intracavernosal oxygen tension) to sufficient levels to fully activate NO synthesis in the corpora. The inability to relax the trabecular smooth muscle would lead to impotence.

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References