Coexpression of Phosphotyrosine-containing Proteins, Platelet-derived Growth Factor-B, and Fibroblast Growth Factor-1 In Situ in Synovial Tissues of Patients with Rheumatoid Arthritis and Lewis Rats with Adjuvant or Streptococcal Cell Wall Arthritis

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Abstract
Fibroblast growth factor (FGF-1) and PDGF-B-like factors have been implicated in the pathobiology of RA and animal models of this disease. Since the receptors for FGF-1 and PDGF are tyrosine kinases, we examined the expression of tyrosine phosphorylated proteins (phosphotyrosine, P-Tyr) in synovial tissues from patients with RA and osteoarthritis (OA), and rats with streptococcal cell wall (SCW) and adjuvant arthritis (AA). Synovia from patients with RA and LEW/N rats with SCW and AA arthritis, in contrast to controls, stained intensely with anti-P-Tyr antibody. The staining colocalized with PDGF-B and FGF-1 staining. Comparative immunoblot analysis showed markedly enhanced expression of a 45-kD P-Tyr protein in the inflamed synovia. Treatment with physiological concentrations of dexamethasone suppressed both arthritis and P-Tyr expression in AA. P-Tyr was only transiently expressed in athymic nude Lewis rats and was not detected in relatively arthritis-resistant F344/N rats. These data suggest that (a) FGF-1 and PDGF-B-like factors are upregulated and may induce tyrosine phosphorylation of proteins in vivo in inflammatory joint diseases, (b) persistent high level P-Tyr expression is T lymphocyte dependent, correlates with disease severity, and is strain dependent in rats, (c) corticosteroids, in physiological concentrations, downregulate P-Tyr expression in these lesions. (J. Clin. Invest. 1993. 91:553–565.)
Key words: glucocorticoids • growth factors • fibroblast growth factor-1 • inflammation • phosphorylation • platelet-derived growth factor

Introduction
Synovial tissues from patients with RA, as well as the joints of LEW/N rats with streptococcal cell wall (SCW) and adjuvant arthritis (AA), which are experimental models resembling RA, are characterized by diffuse and nodular mononuclear cell infiltration and massive hyperplasia of the stromal connective tissues. The hyperplastic connective tissues are comprised primarily of fibroblast-like cells and new blood vessels (1–4). These cells are the predominant cell types at sites of erosive synovial destruction of bone and cartilage. We have provided evidence suggesting that this highly invasive lesion resembles a localized, nonmetastatic neoplasm (1, 4–10).

We have also presented evidence implicating fibroblast growth factor (FGF-1) (also called acidic FGF or HBGF-1) and PDGF-B-like factors in these inflammatory joint diseases (11–13). Both are potent mitogenic agents for synovial fibroblasts. FGF-1, in addition, directly stimulates angiogenesis in vivo (14). Synovial tissues of RA patients express high levels of FGF-1 and PDGF-B-like factors compared with the synovia of osteoarthritis (OA) patients, a noninvasive joint disease (11–13). These inflammatory lesions express high levels of protooncogenes such as c-myc (9) and c-fos (11). FGF-1 and PDGF are also known to stimulate the expression of these nuclear regulatory factors (14, 15). These observations are consistent with the view that the interaction of these growth factors with their receptors in arthritic joints play a role in generating the invasive tumor-like behavior of RA synovial connective tissues.

Growth factors such as FGF-1 and PDGF bind to specific high affinity cell receptors on a variety of cell types (14–17). In addition to the stimulation of c-myc and c-fos, in vitro studies of the interaction of these growth factors with their receptors have shown induction of tyrosine kinase activity and the generation of numerous tyrosine phosphorylated proteins (14–17). These data predict that enhanced expression of tyrosine phosphorylated proteins should develop in inflammatory joint diseases.

To confirm our prediction and to provide further support for our hypotheses regarding the important role of FGF-1 and PDGF-B-like factors in promoting the tumor-like behavior of rheumatoid synovial membranes, we studied tyrosine phosphoprotein expression in vivo in RA, OA, as well as in the two experimental rat models of arthritis. Our data are clearly consistent with the view that FGF-1 and PDGF-B-like factors are active in vivo in these inflammatory lesions and may transduce some of their effects through phosphorylation of tyrosine.

1. Abbreviations used in this paper: AA, adjuvant arthritis; EGF, epidermal growth factor; FGF, fibroblast growth factor; H and E, hematoxylin and eosin; HPA, hypothalamic-pituitary-adrenal axis; OA, osteoarthritis; SCW, streptococcal cell wall.
Methods

Human tissue specimens. Synovial specimens were obtained from the joints of patients with RA, OA, or a traumatic injury intraoperatively at time of arthroscopic biopsy or total joint replacement. The specimens were preserved in 10% formalin, embedded in paraffin, and sectioned (6 μm) onto gelatin-coated slides. All 18 RA patients met the 1987 American College of Rheumatology criteria for the classification of RA (18), and all 12 OA patients met American College of Rheumatology criteria (19). Histologic sections from some of these tissues have also been used for other studies (11, 12).

Animals. Euthyric, virus antibody-free, inbred LEW/N and F344/N female rats were obtained from Harlan Sprague Dawley, Inc. (Indianapolis, IN). Congenitally athymic nude LEW.nu/nu rats were obtained from the Small Animal Section of the Veterinary Resources Program of the National Center for Research Resources at the National Institutes of Health, Bethesda, MD. The rats were housed in cages with filter tops (Lab Products, Maywood, NJ) in an environment free of known microbial pathogens. The rats were ~6 wk old and weighed 80–100 g at the initiation of each experiment.

Induction of streptococcal and adjuvant arthritis. The preparation of cell wall peptidoglycan-polysaccharide fragments from group A streptococci and the induction of polyarthritis have been described (20, 21). Briefly, a sterile aqueous suspension of sonicated SCW fragments in PBS, pH 7.4, was injected intraperitoneally into rats at a dose equivalent to 20 μg of cell wall rhamnose per gram body weight. This dose has been shown previously to induce acute and chronic polyarthritis, in LEW/N female rats, and acute, but not chronic polyarthritis in athymic nude LEW.nu/nu rats with 100% incidence (4). Relatively arthritic-resistant F344/N female rats were also injected. Rats injected with SCW (day 0) were killed in pairs at days 1–4 and 28.

AA was induced in female LEW/N rats and clinically scored as described (22). 200 μl of a suspension of pulverized Mycobacterium butyricum (Difco Laboratories, Detroit, MI) at 10 mg/ml in mineral oil (paraffin oil, heavy; Fisher Scientific Co., Pittsburgh, PA) were injected in 25-μl aliquots in eight different locations, four on each side, of the intradermal cervical/periscapular region with a 25-gauge needle while the animals were under light anesthesia (day 0). Athymic nude LEW.nu/nu and arthritics-resistant F344/N rats, which usually do not develop clinically apparent AA, were also injected with the adjuvant suspension. Rats injected with adjuvant (day 0) were killed in pairs at 2-d intervals throughout the preclinical stages of disease until the development of maximal clinical arthritis (day 18). Hindfoot specimens were preserved in 10% formalin, decalcified in EDTA, embedded in paraffin, and sectioned (6 μm) onto gelatin-coated microscope slides.

Glucocectic treatment of adjuvant arthritic LEW/N rats. The LEW/N rats were implanted intraperitoneally with a mini-osmotic pump (Alzet 2002; Alza Corp., Palo Alto, CA) as described by Lorberboum-Galski et al., on the day of injection of adjuvant (23). Either dexamethasone (Sigma Chemical Co., St. Louis, MO) dissolved in 10% ethanol/90% normal saline at 0.167 mg/ml (0.02 μg/g body wt) or vehicle alone was administered to rats injected with adjuvant. Rats in each group were assessed for arthritis and killed in pairs on days 0, 4, 8, and 12. The tissues were prepared for immunohistology and hematoxylin and cosin (H and E) staining as described above.

Purification of FGF-1 antibody. Polyclonal antiserum against recombinant human FGF-1 was prepared in a rabbit and affinity-purified on recombinant human FGF-1 coupled to cyanogen bromide-activated Sepharose 4B (Pharmacia Fine Chemical, Uppsala, Sweden) as described previously (11). Immunoblot analysis of the affinity-purified antibody demonstrated that FGF-1 antibody recognized FGF-1 but not FGF-2 (basic FGF) (11).

Preparation and characterization of anti-P-Tyr sera. Anti-P-Tyr antisera were prepared essentially as described by Ek and Heldin (24).

Briefly, 2 mg of P-Tyr was coupled to 10 mg of bovine immunoglobulin by incubation for 24 h at 22°C with constant agitation in the presence of 20 mg of N-ethyl-N-(3-dimethylamino-propyl) carbodiimide in a final vol of 1 ml of PBS. After coupling, the conjugate was dialyzed exhaustively at 22°C against PBS. Female New Zealand white rabbits were immunized by multiple intradermal injections with 200 μg of the P-Tyr-immunoglobulin conjugate in 0.5 ml of PBS mixed with an equal volume of Freund’s complete adjuvant. The rabbits were boosted every 3 wk with the same amount of antigen suspended in an equal volume of Freund’s incomplete adjuvant. The rabbits were bled after a total of three injections and tested for production of anti-P-Tyr antibody. Rabbit antisera that were positive for reactivity to P-Tyr-containing proteins were affinity purified by absorption to and elution from phosphotyramine-Sepharose (16). The IgG fraction of rabbit antisera was affinity purified by rec-Protein G prepacked column (Zymed Laboratories, Inc., San Francisco, CA).

Anti-P-Tyr monoclonal antibody for immunohistochemistry was also purchased from Oncogene Science, Inc., Manhasset, NY. This antibody reacted with phosphotyrosine-containing proteins such as the receptors for epithelial growth factor (EGF), PDGF, and insulin, but did not cross-react with phosphoserine, phosphothreonine, or phosphohistidine nor with a variety of other phosphorylated molecules, including ribose phosphate, IMP, AMP, and ATP (25).

Immunohistochemistry. P-Tyr, FGF-1, and PDGF-B chain antigens were demonstrated by the use of saturating amounts of antibodies against P-Tyr, FGF-1, or PDGF in combinations with immunoperoxidase staining with a Vectastain ABC kit (Vector Laboratories Inc., Burlingame, CA) as described previously (11, 12). All subsequent procedures were performed at room temperature. The sections were deparaffinized, and endogenous peroxidase activity was exhausted by incubating in 0.3% peroxide in methanol for 45 min. The sections were preincubated with 0.1% BSA in PBS for 20 min and with diluted goat serum (1:66.7; Vector Laboratories) or horse serum (1:66.7; Vector Laboratories) for 20 min. The sections were incubated in a humid chamber with rabbit anti-P-Tyr polyclonal antibody 75 μg/ml, anti-P-Tyr monoclonal antibody (Oncogene Science, Inc.) 25 μg/ml, anti-P-Tyr monoclonal antibody that was preincubated with purified O-phospho-t-tyrosine (Sigma Chemical Co.) or O-phospho-d-tyrosine (Sigma Chemical Co.), affinity-purified anti-FGF-1 antibody 50 μg/ml, affinity-negative fraction of anti-FGF-1 antibody 50 μg/ml, monoclonal anti-PDGF-B antibody (Upstate Biotechnology, Inc., Lake Placid, NY) 75 μg/ml, purified rabbit IgG (Jackson Immunoresearch Laboratories, Inc., West Grove, PA) 75 μg/ml, purified mouse IgG,G,α (MOPC 21; Sigma Chemical Co.) 25 μg/ml, or purified mouse IgG2a (Sigma Chemical Co.) 75 μg/ml for 30 min, washed in PBS, and incubated with biotinylated goat anti-rabbit IgG or biotinylated goat anti-mouse IgG for 30 min. The sections were further washed with PBS and incubated with an avidin and biotinylated horseradish peroxidase complex for 45 min. Finally, the sections were washed and color was developed by immersing sections in a solution of 0.05% wt/vol 3,3'-diaminobenzidine tetrahydrochloride (Sigma Chemical Co.), 0.04% wt/vol nickel chloride, and 0.01% hydrogen peroxide in 0.05 M Tris, pH 7.4 for 2–7 min. The sections were counterstained with 0.5% light green SF (Roboz Surgical Instrument Co., Inc., Washington, DC). Positive staining was indicated by brownish-black deposits. Control stains with rabbit IgG, mouse IgG,G,α, or the specific antibody absorbed with purified P-Tyr peptide were uniformly negative in all cases.

For each tissue specimen, the extent and intensity of staining with P-Tyr, FGF-1, or PDGF-B antibodies was graded on a scale of 0–4+ by a blinded observer on two separate occasions using coded slides, and an average score calculated. The observer assessed all tissue on the slides to assign the scores. A 4+ grade implies that all staining was maximally intense throughout the specimen, while 0 implies that staining was absent throughout the specimen. The microanatomical sites of staining were also recorded. Mononuclear cell infiltration was graded similarly on hematoxylin and cosin (H and E) stained sections cut from the same paraffin blocks used for antibody staining. A 4+ grade implies that all tissue was intensely infiltrated with mononuclear cells, and 0 implies that mononuclear cell infiltration was absent throughout. This grading methodology has been used extensively in past studies (4, 9–13, 26).
Double antibody immunostaining. Sections were stained with the first antibody (FGF-1 antibody or PDGF-B antibody) using the peroxidase method as detailed above. The sections were next washed with PBS with 0.1% BSA for 20 min and then with diluted horse serum (1:66.7; Vector Laboratories) for 20 min. The sections were incubated with monoclonal anti-P-Tyr in PBS (Oncogene Science, 25 μg/ml; Oncogene Science, Inc.) for 30 min. After washing with PBS, the sections were incubated with biotinylated horse anti-mouse IgG in PBS for 30 min. The sections were washed with PBS and incubated with Vectastain ABC-AP reagent (Vector Laboratories) for 45 min.

Figure 1. In situ P-Tyr immunostaining on synovium from patients with RA and OA. Representative sections from synovial tissues of patients with RA and OA and from “normal” synovial tissue were stained using rabbit anti-P-Tyr IgG (75 μg/ml) as described in Methods. Positive staining was indicated by brownish-black deposits and background staining was light green on original sections. In this photograph, positive staining is indicated by black deposits. Control staining with normal rabbit IgG (75 μg/ml) was uniformly negative. Similar data were obtained with anti-P-Tyr monoclonal antibody (25 μg/ml). Staining with normal mouse IgG, or P-Tyr monoclonal antibody (25 μg/ml) that was adsorbed by preincubation with purified P-Tyr was also negative (data not shown). (A), (C), and (D), RA synovium stained with rabbit anti-P-Tyr IgG (x250 on original photographs). (B) RA synovium stained with nonspecific rabbit IgG. (E) OA synovium stained with rabbit anti-P-Tyr IgG (x250 on original photograph). (F) Normal synovial tissue stained with rabbit anti-P-Tyr IgG (x250 on original photograph). The labels denote synovial lining cell layer (SL), sublining synovial tissue cells (SN), and blood vessels (BV).
washing with PBS, color was developed by exposure to the alkaline phosphatase substrate solution for 15–30 min. Counterstaining was done with 0.5% light green SF. Positive staining for the alkaline phosphatase method was indicated by red deposits. Controls stained with affinity-negative anti-FGF-1, mouse IgG₂a, or mouse IgG₂b were uniformly negative (light green).

**Immunoblot analysis.** For anti-P-Tyr immunoblotting analysis, synovial specimens were quickly excised from the ankle joints of LEW/N rats at day 0, day 3 after injection with SCW, and day 18 after injection with adjuvant, and were placed in 10 ml of buffer (1% Triton X-100, 10 mM Tris-HCl, pH 7.6, 5 mM EDTA, 50 mM NaCl, 30 mM sodium pyrophosphate, 50 mM NaF, 100 μM Na₃VO₄, 1 mM PMSF, 0.5 μg/ml leupeptin, 0.7 μg/ml pepstatin A, 0.1% BSA, 0.1% azide). Synovial membrane specimens from patients with rheumatoid arthritis and osteoarthritis were also obtained and processed identically. The tissues were homogenized at the maximum setting for ~ 3 s (Homogenizer; Brinkmann Instruments Co., Westbury, NY) and incubated on ice for 10 min. Cellular debris was removed by centrifugation at 1,500 g at 4°C for 15 min. The supernatants were transferred to 10 ml Oak Ridge tubes and centrifuged at 25,000 g at 4°C for 1 h. The supernatants were used for analysis of cytoplasmic phosphotyrosine-containing proteins. Equal amounts of protein (32 μg/lane) were separated on 10% Tris-tricine Polyacrylamide gel electrophoresis (NoveX, San Diego, CA) and transferred to a nitrocellulose membrane (0.2 μm; Schleicher & Schuell, Inc., Keene, NH) using a semi-dry transfer unit (Millipore Corp., Bedford, MA) (27). The phosphotyrosine-containing proteins were detected on the membrane by a color reaction of substrate with alkaline phosphatase using a monoclonal anti-phosphotyrosine Western blotting kit (Upstate Biotechnology Inc.). The blots were blocked with 3% wt/vol skim milk powder in PBS, pH 7.4, for 30 min and incubated with monoclonal anti-P-Tyr antibody (1 μg/ml; Upstate Biotechnology, Inc.) in blocking buffer overnight at 4°C with constant rocking. After rinsing with PBS the immunoblots were incubated with 0.5 μg/ml alkaline phosphatase-labeled goat anti–mouse IgG (Upstate Biotechnology, Inc.) for 1 h at room temperature. After immersion in 0.05% vol/vol Tween 20 in PBS pH 7.4 for 5 min and washing in PBS, the blots were incubated with alkaline phosphatase substrates (bromo-chloroindolyl phosphate and nitro blue tetrazolium in dimethylformamide) dissolved in developing buffer (100 mM NaCl, 5 mM MgCl₂, 100 mM Tris, pH 9.5) until the bands were visible. The reaction was stopped with water rinses, the blots were dried and photographed. Three controls, irrelevant isotype-matched immunoglobulin (mouse IgG₂a, Sigma Chemical Co.), affinity-negative fraction of anti-P-Tyr antibodies (Upstate Biotechnology, Inc.) adsorbed on P-Tyr-Sepharose 4B column, and the secondary antibody alone, were also performed to confirm the specificity of the P-Tyr antibody.

**Statistical analysis.** Analyses of data were performed using the Wilcoxon rank-sum test and Spearman’s rank correlation (28).

**Results**

*In situ P-Tyr immunostaining on synovial tissues from patients with RA and OA.* The IgG fraction of polyclonal anti-P-Tyr antibody or monoclonal anti-P-Tyr antibody was used to stain synovia from patients with RA and OA. As shown in a representative RA synovial tissue section, extensive and intense intra-cellular staining was observed within the synovial lining cell layer (Fig. 1A). Prominent P-Tyr staining was also observed in the sublining stromal fibroblast-like cells (Fig. 1A), vascular endothelial cells (Fig. 1C), and aggregated mononuclear cells (Fig. 1D). The intensity and localization of staining with polyclonal anti-P-Tyr antibody (75 μg/ml) was similar in all cases to the staining with monoclonal antibody at a concentration of 25 μg/ml. Control staining was absent with nonspecific rabbit IgG (Fig. 1B), nonspecific mouse IgG₂b or P-Tyr monoclonal antibody that was adsorbed by preincubation with purified P-Tyr. Synovial tissue sections from patients with OA, in sharp contrast to the RA specimens, stained weakly in the lining cell layer, sublining vascular endothelial cells, and stromal fibroblast-like cells (Fig. 1E). In addition, “normal” synovial tissue sections from a subject undergoing arthroscopy for suspected traumatic injury did not stain (Fig. 1F).

The extent and intensity of staining with P-Tyr antibody was graded 0–4+ by a blinded observer on 18 RA and 12 OA synovial specimens. P-Tyr staining grades were much higher in synovia of RA patients (mean score = 2.2) than in specimens of OA patients (mean score = 0.5) (P < 0.01; Wilcoxon rank-sum test). In addition, the extent and intensity of staining with P-Tyr antibody and the extent and intensity of mononuclear cell infiltration (assessed on H and E–stained sections) in synovia of RA patients were highly correlated (r = 0.63, P < 0.01; Spearman’s rank correlation).

**Correlation between P-Tyr, FGF-1, and PDGF-B immunostaining in RA patients.** As noted in the introduction, our group has recently reported high level expression of FGF-1 and PDGF-B-like factors in rheumatoid synovial tissues (11–13). The extent and intensity of FGF-1 and PDGF-B-like immunostaining in synovia of RA patients is also correlated with the extent and intensity of mononuclear cell infiltration, as well as c-myc and c-fos expression (9, 11, 12). Several sections from the same tissue blocks were used to compare FGF-1, PDGF-B, and P-Tyr antigen expression. There was a significant correlation of P-Tyr expression with FGF-1 (r = 0.82, P < 0.001) and with PDGF-B-like factor expression (r = 0.56, P < 0.01). High grade intracellular staining with FGF-1 antibody was observed in the synovial lining cell layer, sublining stromal fibroblast-like cells, vascular endothelial cells, and inflammatory mononuclear cells (11). Immunoreactive PDGF-B expression was primarily noted in synovial lining cell layer and inflammatory mononuclear cells, but only equivocal or very weak immunostaining was noted in the vascular endothelial cells.

**Double staining of synovial tissues from RA patients with anti–FGF-1 and anti–P-Tyr antibodies or anti–PDGF-B and anti–P-Tyr antibodies.** To localize and compare further the microanatomy of FGF-1, PDGF-B, and P-Tyr expression in the synovia of RA patients, we immunostained the same sections from RA synovia by a double antibody staining method. The

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**Figure 2.** Double staining of the same synovial sections from RA patient with anti–FGF-1 and anti–P-Tyr antibodies or anti–PDGF-B and anti–P-Tyr antibodies. Sections were stained with the first antibody (FGF-1 antibody or PDGF-B antibody) using the peroxidase method and with the second antibody (monoclonal anti-P-Tyr antibody) using the alkaline phosphatase method as described in Methods. Positive staining for peroxidase or alkaline phosphatase resulted in black or red deposits, respectively. Counterstaining was done with 0.5% light green SF. The magnification in all cases is 250 on the original photograph. (A) RA synovium stained with anti–FGF-1/mouse IgG₁, (B) RA synovium stained with anti–PDGF-B/mouse IgG₁, (C) RA synovium stained with affinity-negative anti–FGF-1/monoclonal anti–P-Tyr, (D) RA synovium stained with mouse IgG₂a/monoclonal anti–P-Tyr, (E) RA synovium stained with anti–FGF-1/monoclonal anti–P-Tyr, (F) RA synovium stained with anti–PDGF-B/monoclonal anti–P-Tyr, (G) RA synovium stained with affinity-negative anti–FGF-1/mouse IgG₁, (H) RA synovium stained with mouse IgG₂a/mouse IgG₁.
first antigen (FGF-1 or PDGF-B) was stained with peroxidase and second antigen (P-Tyr) was stained with alkaline phosphatase. Black or red deposits, respectively, represented positive staining. Intense black-red deposits were demonstrated in synovial lining cells and infiltrating mononuclear cells upon double staining with both anti-FGF-1/anti-P-Tyr and anti-PDGF-B/anti-P-Tyr (Fig. 2, E and F). Synovial vascular endothelial cells showed black-red deposits with anti-FGF-1/anti-P-Tyr staining, but these cells showed only very light black deposits and intense red staining with anti-PDGF-B/anti-P-Tyr staining. Control staining with affinity-negative anti-FGF-1/mouse IgG1 (Fig. 2 G) or mouse IgG2b/mouse IgG1 (Fig. 2 H) was uniformly negative (light green staining). Staining with affinity-positive anti-FGF-1/mouse IgG1 (Fig. 2 A) or anti-PDGF-

Figure 3. P-Tyr immunostaining in SCW-injected euthymic LEW/N rats. Sections A-C, E, and F were stained with anti-P-Tyr monoclonal antibody (25 μg/ml) as described in Methods. Control staining with mouse IgG1 or monoclonal anti-P-Tyr that was preincubated with purified P-Tyr peptide was uniformly negative. (A) and (B) show representative hindfoot joints from noninjected euthymic LEW/N rats (×250 on original photographs). (C), (E), and (F) show representative hindfoot joints from SCW-injected euthymic LEW/N rats with chronic arthritis at day 28 (×250 on original photograph). (D) shows a hindfoot joint from the same section as (C) stained with monoclonal anti-P-Tyr antibody that was preincubated with purified P-Tyr. The labels denote the cartilage (C), synovial lining cell layer (SL), sublining synovial tissue cells (SN), and blood vessels (BV).
B/mouse IgG1 (Fig. 2 B) showed only black deposits. Staining with affinity-negative anti-FGF-1/anti-P-Tyr (Fig. 2 C) or mouse IgG2b/anti-P-Tyr (Fig. 2 D) showed only red deposits.

P-Tyr immunostaining in SCW-injected euthymic LEW/N, athymic LEW.rnu/rnu, or euthymic F344/N rats. Immunostaining with monoclonal anti-P-Tyr, as well as the kinetics of its appearance in the synovium, was examined in SCW-injected euthymic LEW/N, athymic LEW.rnu/rnu, or euthymic F344/N rats. Both LEW/N and LEW.rnu/rnu rat strains, but not F344/N rats, developed erythema and swelling of peripheral joints within 24 h of SCW administration. Histologically, this response is characterized by edema, fibrin deposition in the joint space and synovium, and cellular infiltration by granulocytes and macrophages. This rapid onset phase of disease typically reaches maximal severity at day 3 and then substantially decreases in severity over the next week (4).

P-Tyr staining was absent or equivocal in control rats not injected with SCW throughout the synovium (Fig. 3 A), cartilage (Fig. 3 B), and bone, but widespread P-Tyr expression, which reached maximal levels by day 3 after SCW injection (Table I), developed in both LEW/N and LEW.rnu/rnu rats. This enhanced expression paralleled the development of clinically observable joint inflammation. The synovial lining cell layer, synovial stromal fibroblast-like cells and blood vessels, perivascular inflammatory cells, cartilage chondrocytes, and osteoblasts within the bone matrix stained intensely (Table I). Sections from SCW-injected F344/N rats did not show enhanced expression of P-Tyr (Table I). Control staining with mouse IgG1-κ or anti-P-Tyr antibody that was adsorbed by preincubation with purified P-Tyr was uniformly negative (Fig. 3 D).

A highly destructive, thymic-derived lymphocyte-dependent phase of disease develops in euthymic LEW/N, but not athymic LEW.rnu/rnu nor F344/N, rats 14–28 d after injection (9). During this phase of disease, euthymic LEW/N, but not athymic LEW.rnu/rnu nor arthritis-resistant F344/N rats, expressed high grade P-Tyr throughout the involved joints including the synovial lining cell layer (Fig. 3 C), sublining stromal cells (Fig. 3 C), blood vessels (Fig. 3 E), cartilage chondrocytes (Fig. 3 F), subchondral bone cells (Fig. 3 F), and bone matrix cells, as well as ligamentous and tendinous structures (Table I).

In addition to the staining of synovial connective tissues, cartilage, and bone, both SCW-injected euthymic LEW/N and athymic LEW.rnu/rnu rats with acute arthritis also exhibited P-Tyr expression in the hindlimb skin at days 1–4 (Table I). Cells in the epidermis and polymorphonuclear cells in the dermis surrounding the inflamed joints stained intensely. P-Tyr expression was demonstrated in the hindlimb skin at day 28 after SCW injection in euthymic LEW/N, but not athymic LEW.rnu/rnu, rats (Table I). Control euthymic LEW/N and athymic LEW.rnu/rnu, and control and SCW-injected F344/N rats did not exhibit staining in skin (Table I). Thus, persistent, high-level P-Tyr expression in the skin, like synovium, bone, and cartilage, was dependent on thymic-derived lymphocytes.

P-Tyr immunostaining in adjuvant-injected euthymic LEW/N, athymic LEW.rnu/rnu, and euthymic F344/N rats. The injection of a suspension of heat-killed mycobacteria in mineral oil induces chronic, destructive peripheral arthritis in LEW/N rats, but not athymic LEW.rnu/rnu rats. Clinically apparent disease appears on or about day 10 after adjuvant injection (10, 22). F344/N female rats develop equivocal or very low grade clinically-apparent arthritis (26).

To determine when P-Tyr expression was first detected in AA, rats were killed at 2-d intervals after adjuvant injection and examined immunohistochemically with monoclonal anti-P-Tyr antibody. Basal expression of P-Tyr, as noted above, was absent or equivocal. Although clinically observable inflammation was absent at days 2–4 after adjuvant injection, we detected low grade P-Tyr expression on the synovial lining cell layer (Fig. 4 A), synovial stromal fibroblast-like cells (Fig. 4 A), blood vessels (Fig. 4 A), cartilage chondrocytes (Fig. 4 B), subchondral bone (Fig. 4 B), bone marrow cells as well as skin epidermis of both LEW/N and LEW.rnu/rnu rats (Table II). By days 10–18 after adjuvant injection, P-Tyr was intensely expressed in synovial lining cell layer, synovial stromal fibroblast-like cells (Fig. 4, C and D), inflammatory mononuclear cells (Fig. 4 C), blood vessels, cartilage chondrocytes, subchondral bone (Fig. 4 D), bone marrow cells (Fig. 4 D) as well as skin epidermis of the hindlimbs in euthymic LEW/N rats. By days 10–18, immunostaining in LEW.rnu/rnu rats, however, decreased to levels similar to control animals (Table II). Upregulated P-Tyr expression was not noted in arthritis-resistant rats.

Table I. P-Tyr Expression in SCW-injected Rats*

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* Graded 0–4+ on coded slides by a blinded observer. 0 = no staining, 4 = maximal intensity. NP, not present.
Figure 4. P-Tyr immunostaining in adjuvant-injected euthymic LEW/N rats. Sections were stained with anti-P-Tyr monoclonal antibody (25 μg/ml) as described in Methods. Positive staining is indicated by black deposits. (A) and (B) show a representative hindfoot joint from adjuvant-injected euthymic LEW/N rat without clinically apparent arthritis at day 4 (×250 on original photograph). (C) and (D) show a representative hindfoot joint from adjuvant-injected euthymic LEW/N rat with clinically apparent arthritis at day 18 (×250 on original photograph). The labels denote synovial lining cell layer (SL), sublining synovial tissue cells (SN), blood vessels (BV), cartilage (C), bone marrow (BM), and bone (B).
F344/N rats at any timepoint (Table II). Control staining with monoclonal anti-P-Tyr antibody adsorbed by preincubation with purified P-Tyr or normal mouse IgG1.6 was uniformly negative in all cases.

**P-Tyr immunostaining in adjuvant-injected LEW/N rats treated with glucocorticoids.** As shown in our previous study (26) and Fig. 5 and Table III, treatment of adjuvant-injected LEW/N rats with dexamethasone in the physiologically relevant doses (0.02 μg/g body wt) strikingly suppresses clinical arthritis. It also suppressed P-Tyr expression in synovial lining cell layer (Fig. 5, A and B), synovial stromal fibroblast-like cells (Fig. 5, A and B), vascular endothelial cells, cartilage chondrocytes (Fig. 5, C and D), subchondral bone cells, bone marrow cells as well as skin epidermis (Fig. 5, E and F). Control staining with monoclonal anti-P-Tyr antibody preincubated with purified P-Tyr or mouse IgG1.6 was uniformly negative.

**Immunoblot analysis of phosphotyrosine-labeled proteins in synovia from RA and OA patients and rats with SCW- and adjuvant-arthritis.** To estimate the sizes and the number of proteins that were tyrosine phosphorylated in the inflamed synovia, we extracted cytoplasmic proteins from synovia from RA and OA patients. We also extracted cytoplasmic proteins from synovial tissues of noninjected control LEW/N rats, and from LEW/N rats 3 d after SCW injection and 18 d after adjuvant injection. Immunoblot analysis of these synovial extracts with monoclonal anti-P-Tyr antibody showed markedly enhanced expression of a 45-kD tyrosine phosphoprotein in the RA patients versus OA (Fig. 6 A) and the arthritic versus control rats (Fig. 6 B).

Additional tyrosine phosphoproteins in higher molecular weight range (>45 kD) were also evident in the extracts of the synovia from rats with arthritis and some of the RA extracts. These bands were not detectable in the synovial extracts from the control rats or OA patients (Fig. 6, A and B). Control immunoblot analysis of the same samples with the secondary antibody alone, a nonspecific isotypic immunoglobulin (mouse IgG2b) or the original primary antibody adsorbed on a P-Tyr column confirmed the specificity of the 45-kD band and several higher molecular weight bands (not shown).

**Table II. P-Tyr Expression in Adjuvant-injected Rats**

<table>
<thead>
<tr>
<th></th>
<th>Day 0</th>
<th>Day 2</th>
<th>Day 4</th>
<th>Day 10</th>
<th>Day 18</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>LEW/N</td>
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<td>LEW/N</td>
<td>LEW/N</td>
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<tr>
<td></td>
<td>mu/mu</td>
<td>F344/N</td>
<td>mu/mu</td>
<td>F344/N</td>
<td>mu/mu</td>
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<tr>
<td><strong>Skin epidermis</strong></td>
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<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Synovium</td>
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<td>0-1+</td>
<td>0-1+</td>
<td>2+</td>
<td>ND</td>
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<tr>
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<tr>
<td>Vascular endothelium</td>
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<td>0-1+</td>
<td>0-1+</td>
<td>1+</td>
<td>ND</td>
</tr>
<tr>
<td><strong>Mononuclear inflammatory cells</strong></td>
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<td></td>
<td></td>
<td></td>
<td></td>
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<tr>
<td>Stromal fibroblast-like cells</td>
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<td>NP</td>
<td>NP</td>
<td>ND</td>
<td>NP</td>
</tr>
<tr>
<td>Cartilage chondrocytes</td>
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<td>0-1+</td>
<td>0-1+</td>
<td>1+</td>
<td>ND</td>
</tr>
<tr>
<td>Subchondral bone</td>
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<td>0-1+</td>
<td>0-1+</td>
<td>1+</td>
<td>ND</td>
</tr>
<tr>
<td>Bone marrow</td>
<td>0-1+</td>
<td>0-1+</td>
<td>0-1+</td>
<td>0-1+</td>
<td>ND</td>
</tr>
</tbody>
</table>

*Graded 0-4+ on coded slides by a blinded observer. 0 = no staining, 4 = maximal intensity. ND, not done; NP, not present.

**Discussion**

RA patients and the rat experimental arthritis models, SCW- and adjuvant-induced arthritis, are characterized by massive hypertrophy and hyperplasia of the normally thin, delicate synovial membrane, resulting primarily from proliferation of stromal fibroblast-like cells and new blood vessels (1-4). These cells are the predominant synovial cell populations at sites of cartilage resorption and bone erosion. We have suggested that this invasive behavior resembles a localized nonmetastatic neoplasm (1, 4-13). For example, in vivo the highly proliferative and invasive tissue expresses high levels of protooncogenes such as c-fos (11) and c-myc (9), and metalloproteinases such as transin/stromelysin (9, 10). Moreover, when stimulated in vitro with growth factors such as PDGF or FGF, freshly explanted synovial fibroblast-like cells from rheumatoid and SCW arthritic joints (a) proliferate rapidly in vitro (6-8); (b) do not undergo contact inhibition, but rather form foci (8); (c) grow under anchorage-independent conditions (6, 8); and (d) form short-lived tumor-like nodules when implanted in nude, athymic mice (6, 13). These data suggest that synovial fibroblasts may exhibit properties generally associated with invasive tumor cells as a consequence of stimulation by polypeptide factors like FGF-1 and PDGF probably acting in conjunction with many other regulatory polypeptides and mediators (29-32).

Consistent with this hypothesis, we have detected high levels of FGF-1 (11) in the synovial tissues from RA, but not OA patients. We have also detected high levels of FGF-1 in both SCW and adjuvant arthritic LEW/N rats, but not relatively arthritis-resistant F344/N rats. FGF-1 is a potent angiogenic factor and angiogenesis is a prominent feature of RA and arthritic rat models (11-13). High levels of PDGF-B-like polypeptides, PDGF-A-like polypeptides and their receptors have also been detected in RA, but not OA synovial sections (7, 12, 13).

Numerous in vitro studies have shown that the interaction of FGF-1 and PDGF with their receptors stimulates tyrosine kinase activities (14-17). The receptors for FGF-1 and PDGF are part of the family of growth factor receptors that have in-
trisin tyrosine kinase activity. These include, in addition to FGF-1 and PDGF, the receptors for EGF (33), insulin (34), insulin-like growth factor-1 (35) and colony-stimulating factor-1 (36). We proposed that FGF-1 and PDGF-stimulated tyrosine phosphorylation may play a role in vivo in the generation of invasive synovial connective tissue in rheumatoid arthritis and related conditions (15, 16). The data presented in this manuscript provide evidence in support of this hypothesis.

First, we observed that P-Tyr immunostaining was more extensive and intense in the synovia of RA patients than OA and normal human subjects and correlated with the extent and intensity of synovial mononuclear cell infiltration. There was a significant correlation in RA synovia between FGF-1, PDGF-B and P-Tyr immunostaining, and double antibody staining methods showed extensive coexpression of FGF-1 and P-Tyr, or PDGF-B and P-Tyr in the synovial lining cells and inflam-
Table III. P-Tyr Expression in Adjuvant-injected LEW/N Rats Treated with Glucocorticoids*

<table>
<thead>
<tr>
<th></th>
<th>Day 0 Treatment with Glucocorticoids</th>
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<th>Day 8 Treatment with Glucocorticoids</th>
<th>Day 12 Treatment with Glucocorticoids</th>
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</thead>
<tbody>
<tr>
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<td>Glucocorticoids</td>
<td>Vehicle</td>
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<tr>
<td>Skin epidermis</td>
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<td>1±2±</td>
<td>±±1±</td>
<td>2±3+</td>
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<tr>
<td>Synovium</td>
<td></td>
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<td></td>
</tr>
<tr>
<td>Lining cell layer</td>
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<td></td>
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<tr>
<td>Vascular endothelium</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Mononuclear inflammatory cells</td>
<td>NP</td>
<td>NP</td>
<td>NP</td>
<td>NP</td>
</tr>
<tr>
<td>Stromal fibroblast-like cells</td>
<td>0±±</td>
<td>2±</td>
<td>±±±</td>
<td>3+±</td>
</tr>
<tr>
<td>Cartilage chondrocytes</td>
<td>0±±</td>
<td>2±</td>
<td>±±±</td>
<td>3+±</td>
</tr>
<tr>
<td>Subchondral bone</td>
<td>0±±</td>
<td>2±</td>
<td>±±±</td>
<td>3+±</td>
</tr>
<tr>
<td>Bone marrow</td>
<td>±±±</td>
<td>1±2±</td>
<td>±±±</td>
<td>3+±</td>
</tr>
</tbody>
</table>

* Graded 0–4+ on coded sections by a blinded observer. 0 = no staining, 4+ = maximal intensity. See Methods for further details. NP, not present.

Phosphotyrosine-containing proteins in RA patients. Anti-PDGF-B did not, however, stain vascular endothelial cells, as we reported previously (12, 13). These data, thus, suggest that FGF-1 and PDGF-B-like factors are upregulated in RA synovia and may activate tyrosine kinase activities. This suggestion was also supported by our studies in SCW and adjuvant-injected arthritic LEW/N rats. High levels of immunohistochemical staining with P-Tyr antibody were detected in the joints of the arthritic but not the control rats. P-Tyr expression was detected at day 3 after SCW injection in athymic LEW.rnu/rnu rats with acute arthritis, and at day 4 after adjuvant injection in athymic rats without clinically apparent arthritis. It was not sustained. These observations demonstrate that persistent expression of P-Tyr, as well as chronic arthritis, requires an intact lymphocyte-dependent immune system.

Moreover, staining with anti-P-Tyr antibody was absent or questionable in relatively arthritis-resistant F344/N rats after the injection with SCW or adjuvant. Recent data have suggested that arthritis resistance in F344/N rats may be associated with their robust hypothalamic-pituitary-adrenal axis (HPA) responses to inflammatory stimuli (37-42). F344/N female rats show a rapid increase in plasma ACTH and corticosteroid levels in response to SCW and many other stimuli, as well as increased hypothalamic release and synthesis of corticotropin releasing hormone. In sharp contrast, the HPA response is profoundly blunted and delayed in LEW/N rats. Consistent with this view, administration of physiologically relevant doses of corticosteroids to LEW/N rats suppressed adjuvant arthritis and P-Tyr expression. These data, thus, show that the generation of P-Tyr in vivo is strain dependent and susceptible to downregulation by glucocorticoids.

Finally, immunoblot analysis of control, 3-d SCW, and 18-d AA rats and RA synovia detected the enhanced levels of expression of a 45-kD phosphotyrosine-containing polypeptide. Multiple additional immunostained bands were also detected in cytoplasmic extracts of synovial tissues, particularly in blots of LEW/N rats 3 d after injection with SCW and 18 d after adjuvant injection.

Receptors for FGF-1 and PDGF with molecular masses of 110 and 150 kD (14, 16), and 180 kD (15), respectively, are present on a wide variety of cells. A common mechanism through which these growth factors stimulate cell proliferation is the induction of tyrosine kinase activity. FGF-1 stimulates tyrosine phosphorylation of 150, 130, and 90-kD proteins in NIH 3T3 cells (25) and 145–210 and 90-kD proteins in Swiss 3T3 cells (43). PDGF stimulates tyrosine phosphorylation of 300–200, 115, 72, 54, 45, and 35-kD proteins in human fibroblasts (24). Indeed, autophosphorylation of the PDGF receptor is important both for its subsequent interactions with substrates and for induction of DNA synthesis (15, 44–46). Moreover, intracellular tyrosine kinases such as Src, Fyn, and Yes have been reported to associate with the β-PDGFR receptor, and PDGF may serve to amplify the tyrosine kinase activity of these proteins (47–49). Our immunostaining and immunoblot data are, thus, consistent with a role for FGF-1 and PDGF at the inflammatory site. Furthermore, our data suggest that the
interaction of growth factors with their receptors may regulate the appearance of increased phosphotyrosine-containing proteins in synovial cells which may serve as one of the signals responsible for the highly destructive tumor-like behavior of synovial connective tissues in inflammatory arthritis. Our data, however, do not exclude a role for other regulatory factors on the induction of tyrosine phosphorylation.

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References


