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A Mutation of the Glucocorticoid Receptor in Primary Cortisol Resistance

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Abstract

The precise molecular abnormalities that cause primary cortisol resistance have not been completely described. In a subject with primary cortisol resistance we have observed glucocorticoid receptors (hGR) with a decreased affinity for dexamethasone. We hypothesize that a mutation of the hGR glucocorticoid-binding domain is the cause of cortisol resistance. Total RNA isolated from the index subject’s mononuclear leukocytes was used to produce first strand hGR cDNAs, and the entire hGR cDNA was amplified in segments and sequenced. At nucleotide 2,317 we identified a homozygous A to G point mutation that predicts an isoallelic (ATT) for valine (GTT) substitution at amino acid 729. When the wild-type hGR and hGR-Ile 729 were expressed in COS-1 cells and assayed for [3H]dexamethasone binding, the dissociation constants were 0.799±0.068 and 1.54±0.06 nM (mean±SEM) (P < 0.01), respectively. When the wild-type hGR and hGR-Ile 729 were expressed in CV-1 cells that were cotransfected with the mouse mammary tumor virus long terminal repeat fused to the chloramphenicol acetyl transferase (CAT) gene, the hGR-Ile 729 conferred a fourfold decrease in apparent potency on dexamethasone stimulation of CAT activity. The isoallelic for valine substitution at amino acid 729 impairs the function of the hGR and is likely the cause of primary cortisol resistance in this subject. (J. Clin. Invest. 1993. 91:1918–1925.) Key words: primary cortisol resistance • glucocorticoid receptor mutation • isosexual precocious pseudopuberty • polymerase chain reaction • hypercortisolism

Introduction

Investigations of hormone resistance syndromes have classically yielded critical information concerning the mechanisms of hormone action. Primary cortisol resistance, first described by Vingerhoeds et al. (1), is a rare inherited disorder characterized by hypercortisolism without Cushingoid features. Clinical manifestations, if any, are secondary to excess circulating nonglucocorticoid adrenal steroids (1–10), which cause hypertension with hypokalemia (2) and/or signs of androgen excess (7,9,10). Abnormalities of the human glucocorticoid receptor (hGR) number (4,8,10), affinity for DNA (5), affinity for glucocorticoids (2,9,10), and translocation to the nucleus (6) have been described. The molecular basis for this disorder has been determined for one subject (11) but is generally unknown.

We recently described a 6-7/12-yr-old boy with primary cortisol resistance and isosexual precocious pseudopuberty resulting from excess adrenal androgen secretion (9). Dexamethasone binding to hGR of intact fresh mononuclear leukocytes (MNL) revealed a Kd two- to threefold greater than controls and normal binding capacity (9). The hGR is compartmentalized. The two major functional domains are the DNA-binding domain, which is in the mid-region of the molecule, and the glucocorticoid-binding domain, which is at the carboxyl terminus (12–16). Since the ligand-binding affinity in this subject is decreased, we hypothesize that primary cortisol resistance results from a mutation of the glucocorticoid-binding domain of the hGR. We now describe a point mutation of the hGR mRNA that predicts a change in the primary structure of the glucocorticoid-binding domain and alters hGR function.

Methods

Subjects. The index subject was a 6-7/12-yr-old Hispanic boy with isosexual precocious pseudopuberty. The clinical and biochemical evidence for primary cortisol resistance has been described elsewhere (9). The mother of the index subject is a 26-yr-old Hispanic woman with no known medical problems including hirsutism, hypertension, or infertility. The father of the index subject was unavailable for analysis but is a first cousin of the index subject’s mother. One source of control RNA was fresh MNL from a healthy unaffected adult. The other source of control RNA was early passage explant skin fibroblasts from an unaffected 10-yr-old child, which were maintained in continuous culture in DME supplemented with 5% FCS. The study was approved by the Institutional Review Board at the University of Connecticut Health Center.

Binding of [6,7-3H]dexamethasone ([3H]Dex) to glucocorticoid receptors of intact MNL. MNL were prepared from the index subject and his mother by Ficoll-Hypaque density gradient centrifugation (9). Binding of [3H]Dex (50 Ci/mmol; New England Nuclear, Cambridge, MA) to the hGR of intact MNL and analysis of results was performed as previously described (9).

RNA extraction and cDNA production. Table I summarizes the relevant characteristics of the hGR structure and the primers used to investigate the hGR cDNA sequence. Total RNA was extracted from MNL or fibroblasts by the acid-guanidinium-phenol-chloroform method of

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1. Abbreviations used in this paper: CAT, chloramphenicol acetyl transferase; [3H]Dex, [6,7-3H]dexamethasone; hGR, human glucocorticoid receptor; MNL, mononuclear leukocytes.
Table 1. Summary of hGR Structure and Amplification Primers with Corresponding Nucleotides and Amino Acids

<table>
<thead>
<tr>
<th>Nucleotide</th>
<th>Amino acid</th>
<th>Significance</th>
</tr>
</thead>
<tbody>
<tr>
<td>1-4,800</td>
<td>1-777</td>
<td>Entire hGR cDNA</td>
</tr>
<tr>
<td>1-132</td>
<td>None</td>
<td>5' untranslated region</td>
</tr>
<tr>
<td>133-2,463</td>
<td>1-777</td>
<td>Entire hGR coding region</td>
</tr>
<tr>
<td>2,464-4,800</td>
<td>None</td>
<td>5' untranslated region</td>
</tr>
<tr>
<td>1,365-1,599</td>
<td>411-489</td>
<td>DNA-binding domain</td>
</tr>
<tr>
<td>1,714-2,463</td>
<td>528-777</td>
<td>Glucocorticoid-binding domain</td>
</tr>
<tr>
<td>as 2,599-2,634</td>
<td>3' untranslated region</td>
<td>Reverse transcriptase primer</td>
</tr>
<tr>
<td>as 1,260-1,294</td>
<td>376-387</td>
<td>Reverse transcriptase primer</td>
</tr>
<tr>
<td>57-75 (A at 69)</td>
<td>5' untranslated region</td>
<td>GluR14, PCR primer, creating a new Taq1 restriction site</td>
</tr>
<tr>
<td>449-473</td>
<td>106-113</td>
<td>GluR7, PCR primer</td>
</tr>
<tr>
<td>as 538-562</td>
<td>135-143</td>
<td>GluR6, PCR primer</td>
</tr>
<tr>
<td>1,151-1,175</td>
<td>339-348</td>
<td>GluR11, PCR primer</td>
</tr>
<tr>
<td>as 1,248-1,276</td>
<td>372-381</td>
<td>GluR13, PCR primer</td>
</tr>
<tr>
<td>1,574-1,598</td>
<td>480-488</td>
<td>GluR4, PCR primer</td>
</tr>
<tr>
<td>as 1,631-1,657</td>
<td>501-509</td>
<td>GluR9, PCR primer</td>
</tr>
<tr>
<td>as 2,526-2,550</td>
<td>3' untranslated region</td>
<td>GluR3', PCR primer</td>
</tr>
<tr>
<td>2,236-2,260</td>
<td>701-709</td>
<td>GluR10, PCR primer</td>
</tr>
<tr>
<td>as 2,361-2,379</td>
<td>PCR primer</td>
<td>PCR primer</td>
</tr>
</tbody>
</table>

Chomczynski and Saachi (17) and precipitated twice with ethanol before use. First-strand cDNAs were synthesized from this RNA by standard methods (18). To prepare hGR cDNAs for the carboxyl half of the molecule, we used a 35-mer oligonucleotide primer complementary to nucleotides 2,599-2,634, which are in the 5' untranslated region of the alpha form of the hGR cDNA (19), to prime specific first-strand cDNA synthesis (Table I and Fig. 1). A 35-mer oligonucleotide complementary to nucleotides 1,260-1,294 was used to prime specific first-strand cDNA synthesis upstream of the middle of the molecule (Table I and Fig. 1). In both cases 5 μg of total RNA was incubated for 60 min at 37°C with 2.5 μg 35-mer oligonucleotide in 50 μl of buffer containing 50 mM Tris (pH 8.3), 7.5 mM KCl, 3 mM MgCl₂, 10 mM DTTP, 500 μM dNTPs, and 250 U MMLV reverse transcriptase (Bethesda Research Laboratories, Gaithersburg, MD).

Polymerase chain reaction (PCR) amplification of the hGR cDNA. The primers and strategy for the PCR amplification of the hGR cDNA are shown in Table I and Fig. 1. The coding region of the carboxyl half of the molecule (including the DNA-binding and glucocorticoid-binding domains) was amplified with the template being the cDNA that had been prepared using the primer complementary to nucleotides 2,599-2,634. To PCR amplify the region coding for the glucocorticoid-binding domain, one tenth of the appropriate cDNA synthesis reaction (5 μl) was mixed with 12.5 pmol each of 25-mer oligonucleotides GluR4 and GluR3' (Table I and Fig. 1), which flanked a 976-bp region of the hGR cDNA coding for the glucocorticoid-binding domain (Fig. 2A). The reaction was brought to 100 μl with the final buffer containing 50 mM Tris (pH 8.3), 1.5 mM MgCl₂, 0.01% gelatin, 200 μM dNTPs, and 2.5 U Taq polymerase (20). 30 cycles of heating to 94°C for 1 min, cooling to 50°C for 1 min, and heating to 72°C for 3.5 min were performed on a thermal cycler (model 2600; Perkin-Elmer Cetus Instruments, Norwalk, CT) with a 7-min incubation at 72°C after the 30th cycle. The successful amplification of a specific 976-bp fragment was determined by electrophoresis of a 10-μl aliquot of the reaction on a 5% TBE-polyacrylamide gel (21) and staining with ethidium bromide. Alternatively, a 311-bp fragment of hGR cDNA was PCR amplified from 10 μl of first-strand hGR cDNA by the above methods using oligonucleotides GluR10 and GluR3 (Table I and Fig. 1). To amplify the region that codes for the hGR DNA-binding domain, a 506-bp fragment of the hGR cDNA was PCR amplified from 10 μl of the appropriate first-strand hGR cDNA by the above methods using oligonucleotides GluR9 and GluR11 (Table I and Fig. 1).

To amplify the remainder of the molecule, the cDNA prepared with the primer complementary to nucleotides 1,260-1,294 was used as the template. Using GluR7, GluR13, and the PCR reagents described above, an 827-bp DNA fragment was amplified with the following conditions: 30 cycles of heating to 94°C for 1 min, cooling to 50°C for 1 min, and heating to 72°C for 3.5 min. Using GluR5, GluR6, and the PCR reagents and conditions described above, a 528-bp DNA fragment that included the 5' untranslated region was amplified. 3 μl of this reaction was reamplified using primers GluR14 and GluR6 and the same reaction conditions to produce a 502-bp fragment. GluR14 introduces a new Taq1 restriction enzyme site at position 67 by substituting an A for G at position 69. This site is used for subcloning.

DNA sequencing. The amplified 976-bp fragment carrying the coding region for the glucocorticoid-binding domain was isolated from the PCR mixture by electroelution (21), cleaved with TaqI (nucleotides 1,602 and 2,500), and ligated into the Accl site of pBS SK+ (Stratagene, Inc., La Jolla, CA). The amplified 311-bp fragment was isolated by electroelution, cleaved with NsiI (nucleotide 2,309) and TaqI (nucleotide 2,500), and ligated into the PsI and Accl sites of pBS SK+. The 506-bp fragment carrying the region coding for the DNA-binding domain was cleaved with Styl (nucleotide 1,233) and EcoRI (nucleotide 1,628) and ligated into the XbaI and EcoRI sites of pBS SK+. The amplified 827-bp fragment was cleaved with HindIII (nucleotides 490 and 1,044) and the resultant fragment ligated into pBS SK+ cleaved with HindIII. This fragment was also cut with BstYI (nucleotides 915 and 1,237) and ligated into pBS SK+ cleaved with BamHI. The 502-bp fragment was cleaved with TaqI (nucleotides 67 and 526) and ligated into pBS SK+ cleaved with Accl. The recombinant plasmids were used to transform Escherichia coli. Recombinant plasmid DNAs were isolated from single-banded CsCl preparations of single recombinant bacterial colonies and sequenced by the dideoxy method (22), using [³⁵S]dATP and the universal primer, T3 primer, and internal primers.

Where indicated, the 311-bp PCR reactions (90 μl) were precipitated twice with ammonium acetate and ethanol and sequenced directly using ~50 ng (2 x 10⁷ cpm) of [³²P]dCTP-labeled internal hGR-specific oligonucleotide (PCRS4, Fig. 1) as a sequencing primer (22).

All sequencing reactions were analyzed on denaturing 6% TBE-polyacrylamide gels. At least 10 recombinant clones were sequenced from the 10,000 nucleotides of the hGR mRNA are indicated by the top thick black line. The strategy for reverse transcription (RT) and PCR amplification of the cDNA are indicated. These fragments were subcloned and sequenced as described in Methods. The region containing the mutation at cDNA nucleotide 2,317 was also sequenced by direct sequencing of PCR products as indicated.
Genomic DNA Sequence

Wild
Intron H...tcattacatcatcttgcag GTGTT...Exon 9x
Mutant
(A at 2317)

PCR Primer RE2
TCATTACATCATCTTCTCAGG

PCR AMPLIFIED DNA

Wild Type
Bsl I
5'...CTCCTGCAGGTTGGAATACCT...3'

Mutant
(A at 2317)
Hph I
5'...CTCCTGCAGGTTGGAATACCT...3'

Figure 2. Strategy for detecting the A for G substitution at nucleotide 2,317 in genomic DNA. The A for G substitution at hGR cDNA nucleotide 2317 (underlined) is near the border of the ninth exon and the H intron and creates a new Hph I site in the genomic DNA. The appropriate regions of both the wild-type and the mutant sequences are shown. The upstream primer (RE2) used for PCR amplifying this region of the genomic DNA is identical to the wild-type sequence except for a C that is substituted for a T at the position indicated by a box. This substitution creates a new restriction site in the resultant fragment when the wild-type genomic DNA is amplified but not when the mutant genomic DNA is amplified. The resultant fragment from PCR amplification of the wild-type genomic DNA contains the Bsl I (CCNNNN-NNGG) restriction site, but not the Hph I site. The resultant fragment from PCR amplification of the mutant genomic DNA contains the Hph I (GGTGANNNNNNN) restriction site, but not the Bsl I site. The uncut PCR amplified fragment is 96 bp when either the wild-type or mutant genomic DNA is used as the template. Cleavage of the fragment amplified from the wild-type genomic DNA with Bsl I yields a 72-bp fragment, and cleavage of the fragment amplified from the mutant genomic DNA with Hph I yields a 60-bp fragment.

Preparation of expression vectors. An expression vector carrying the identified mutation of the hGR cDNA was prepared from the an expression vector linking the RSV LTR to full length wild-type hGR cDNA (pRshGRα), which was graciously provided by Dr. Stanley M. Hollenberg (The Salk Institute, San Diego, CA; reference 15). The 976-bp PCR-amplified cDNA coding for the entire glucocorticoid-binding domain was cleaved with Nsi I (nucleotide 2,309) and Ava I (2,380) to generate a 72-bp fragment containing the A for G substitution at nucleotide 2,317. This was ligated into the corresponding NsiI and AvaI sites of the BstXI-Xhol fragment of the pRShGRα, which had been subcloned into pBS SK+ . The Clal-Xhol fragment of this construct was ligated into the corresponding Clal and Xhol sites of the pRShGRα to create an expression vector for the mutant hGR-Ile 729. This vector was sequenced in its entirety to be sure that no other mutations had been introduced inadvertently.

The expression vector, pMTVCAT, which contains the mouse mammary tumor virus long terminal repeat (MTV) fused to the cDNA for chloramphenicol acetyltransferase (CAT), was graciously provided by Dr. Stanley Hollenberg.

Transfection of mammalian cells. To investigate the ligand-binding properties of wild-type hGR and hGR-Ile 729, these receptors were expressed in COS-1 cells by the DEAE-dextran transfection method (15). COS-1 cells were grown at 37°C in DMEM supplemented with 10% FCS in an atmosphere of 5% CO₂ and 95% air to a density of 50% in 10-cm culture dishes. Media was aspirated, cells were washed once with PBS, and refed with 4 ml of DMEM containing 10% NuSerum (Collaborative Research, Bedford, MA). The expression vectors, which had been purified using two CsCl-EtBr equilibrium gradients, were dissolved in Tris-buffered saline at a concentration of 0.25 µg/µl, and 40 µl of this solution was mixed with 80 µl of 10 mg/ml DEAE-dextran in Tris-buffered saline and added dropwise to each plate of COS-1 cells. After a 4-h incubation at 37°C, the medium was aspirated from the plates, and the cells were shocked by incubating with 5 ml of 10% DMSO in PBS for 1 min at 20°C. The DMSO solution was aspirated. The cells were washed with 5 ml of PBS, and 10 ml of complete medium was added to each plate. After being incubated for 48 h, the cells were harvested, lysed by freezing and thawing in TEDGM (10 mM Tris, 1.5 mM EDTA, 0.5 mM dithiothreitol, 3% glycerol, and 10 mM sodium molybdate), centrifuged at 100,000 g for 60 min at 4°C, and the supernatant, which had a final protein concentration of ~2.5 mg/ml, was assayed for dexamethasone binding.

To investigate the ability of the wild-type hGR and mutant hGR-Ile 729 to stimulate gene transcription, the expression vector for each receptor was cotransfected with pMTVCAT into CV I-cells by the calcium phosphate method (15). CV I-cells were grown in MEM supplemented with 10% FCS at 37°C in 10-cm plates and split 24 h before transfection. For each plate 10 µg of pMTVCAT and the expression vector for the normal or mutant hGR were dissolved in 450 µl sterile water and combined with 50 µl 2.5 M CaCl₂. This solution was then added to 500 µl of 2X Hepes-buffered saline, allowed to precipitate for 20 min at 20°C, and distributed evenly over a 10-cm plate of cells. After 6 h the medium was aspirated. The cells were shocked with 2 ml of 10% DMSO in PBS for 3 min at 20°C, washed twice with 5 ml PBS, and fed with 10 ml of complete medium containing the indicated concentration of dexamethasone. Complete medium containing dexamethasone at the indicated concentrations was changed at 24 h. The cells were harvested at 48 h, lysed by freezing and thawing in 0.25 M Tris (pH 7.5), and assayed for CAT activity (25).

Functional assays of expressed glucocorticoid receptors. Specific binding of [³H]Dex to wild-type and mutant hGR expressed in COS-1 cells was determined by the dextran-coated charcoal method (26). About 200 µg of cytosolic protein was incubated in a final volume of 0.1 ml TEDGM buffer with [³H]Dex at concentrations from 0.1 to 25 nM at 4°C for 16 h in the absence and presence of a 1,000-fold excess of unlabeled dexamethasone. To determine the Kᵦ of the hGR for cortisol, binding was performed at a concentration of [³H]Dex equal to its
The dissociation constants of both the index subject and his mother were significantly different from normal (P < 0.01), and the maximum binding capacities were within the normal range. The dissociation constants of the index subject and his mother were not significantly different from each other.

Using the PCR, we amplified in four overlapping segments the entire cDNA coding for the hGR from the index subject and from two unrelated and unaffected controls. The 976-bp fragment carried the coding region for the entire glucocorticoid-binding domain and the 506-bp fragment carried the coding region for the entire DNA-binding domain. All samples demonstrated a specific DNA fragment of appropriate molecular weight after amplification. All four fragments were subcloned and entirely sequenced.

Sequencing of the index subject's hGR cDNA fragment demonstrated two A for G substitutions not present in a cloned hGR cDNA (19). The A for G substitution at nucleotide 1,011 was found in all eight clones from the index subject and changes the codon for amino acid 293 from AAG to AAA. These codons predict a lysine in this position in the final protein sequence. Therefore, this substitution was not expected to change the amino acid sequence of the hGR. A second A for G substitution of the index subject's hGR cDNA was identified at nucleotide 2,317 (Fig. 4). This alteration was present in nine of nine independent pBS-hGR recombinant plasmids. In addition, the A at position 2,317 was the only nucleotide present in directly sequenced PCR products from the index subject. The mutation was not present in nine of nine pBS-hGR recombinant plasmids sequenced from the two controls (Fig. 4), both of which demonstrated the normal G at this position. The A for G substitution at position 2,317 predicts an alteration in codon 729 of the hGR cDNA from GTT to ATT. This would change amino acid 729 from valine to isoleucine when the mRNA is expressed as protein. No other mutations were found.

We next PCR-amplified a 311-bp fragment of the hGR cDNA from the mother of the index subject and a normal control. This cDNA fragment was selected to include the site of the mutation at position 2,317. The mother's cDNA was found to have both a G and an A at position 2,317 (Fig. 4). The A was present in 4 of 10 recombinant pBS-hGR plasmids, and the G was present in the remaining 6 recombinant pBS-hGR plasmids. In addition, the mother's cDNA was found to have a G/A doublet at position 2,317 when the 311-bp hGR cDNA fragment was directly sequenced after PCR amplification. The mutation was not present in seven of seven pBS-hGR recombinant plasmids sequenced from the unaffected controls.

Fig. 5 is an example of the restriction enzyme analysis of the amplified genomic DNA from the index subject and one normal control. In both cases a 96-bp fragment is obtained from the PCR amplification. The fragment amplified from the index subject is cut completely by Hphl to yield a 60-bp fragment, but this fragment is not cut by BslI. This demonstrates that his genomic DNA is homozygous for the A for G substitution at cDNA nucleotide 2,317, which creates a new Hphl site and causes a loss of the BslI site. The fragment amplified from the control subject is cut completely by BslI to yield a 72-bp fragment, but this fragment is not cut by Hphl. Analysis of genomic DNA from 20 unrelated controls gave this same result. Therefore, both alleles of each control genomic DNA have a G at nucleotide 2,317, not an A. Not shown is the fragment amplified from the mother of the index subject, which is cut partially by both enzymes, indicating that she is heterozygous and carries a copy of both the mutant and wild-type alleles.

The expression vector for the hGR-Ile 729 was prepared as described in the Methods section, and the wild-type hGR and hGR-Ile 729 were expressed in tissue culture. Fig. 6 is an example of the Scatchard analysis of [3H]Dex binding to the wild-type hGR and mutant hGR-Ile 729 that had been expressed in COS-1 cells. It illustrates the decreased affinity of hGR-Ile 729 for [3H]Dex. The binding analysis was performed in duplicate on the cytosols from four separate transfection experiments. The dissociation constants for the wild-type hGR and hGR-Ile 729 were 0.799±0.068 and 1.5±0.06 nM (mean±SEM, n = 4, P < 0.01), respectively. The maximum binding capacities were 1.03±0.16 and 1.13±0.210 fmol/mg protein (P = NS), respectively. The dissociation constants of the wild-type hGR and hGR-Ile 729 for cortisol were 11.2±2.8 and 32.2±8.4 nM, respectively (n = 3, P < 0.01).
The stimulation of CAT activity by dexamethasone in CV-1 cells cotransfected with pMTV-CAT and expression vectors for the wild-type hGR and hGR-Ile 729 is shown in Fig. 7. The mean shift in the concentration of dexamethasone required for half maximal stimulation of CAT activity was 4.0±0.9-fold (P < 0.05), when the mutant hGR-Ile 729 expression vector was substituted for the wild-type hGR expression vector. The maximum CAT activity in response to 30 nM dexamethasone increased linearly with the log of the amount of the hGR and hGR-Ile 729 expression vectors transfected up to 10 μg of expression vector.

Discussion

Fig. 8 summarizes the sequencing of the index subject's hGR cDNA and indicates the relative cDNA and amino acid location of the mutation at hGR cDNA nucleotide 2,317. This A for G substitution predicts the substitution of an isoleucine for a valine at hGR amino acid 729, which is located in the glucocorticoid-binding domain. Not shown is the A for G substitu-
activity as described in Methods. The mean activities from three separate experiments performed in duplicate are plotted. The CAT activity in cells transfected with hGR and hGR-Ile 729 is significantly different \((P < 0.05)\) at dexamethasone concentrations of 0.03, 0.1, 0.3, 1.0, and 3.0 nM. The concentration of dexamethasone required for half maximal stimulation of CAT activity was 4.0±0.9-fold \((P < 0.05)\) greater when the cells were transfected with the hGR-Ile 729 expression vector than when they were transfected with the hGR expression vector. Maximum CAT activity was 250±35 pmol/mg protein per h. No CAT activity was detected in the absence of dexamethasone or if the expression vector for MTV-CAT was transfected with pBS KS+.

Figure 7. Stimulation of CAT activity by dexamethasone. CV-1 cells were cotransfected with MTV-CAT and either hGR or hGR-Ile 729 expression vectors by the calcium phosphate method and incubated for 48 h with dexamethasone at the indicated concentrations. Supernatants from the cells were assayed for CAT activity at nucleotide 1,011. This mutation does not predict a change in the amino acid sequence of the hGR and therefore is not expected to cause cortisol resistance. The entire hGR cDNA was sequenced and no other mutations were found. The evidence in this manuscript supports the hypothesis that the mutation at nucleotide 2,317 is the cause of decreased dexamethasone-binding affinity and subsequently primary cortisol resistance in the index subject.

The studies of \(^3\H\)Dex binding to the hGR of the intact MNL shows an affinity abnormality of the glucocorticoid receptor from both the index subject and his mother. These results suggest that cortisol resistance is an inherited defect and has not arisen as a new mutation in the index subject. Since the affinity of the glucocorticoid receptor is affected, an abnormality in the glucocorticoid-binding domain of the index subject is expected.

The G to A missense point mutation at nucleotide 2,317 was not an artifact of our reverse transcription and/or amplification procedures, since it was found in two family members and not in normal controls. Restriction enzyme analysis of the PCR-amplified genomic DNA from the index subject, his mother, and normal controls provides further evidence that the mutation is not an artifact of our procedures. These results demonstrate the mutation in the index subject and his mother in a specific and sensitive assay of genomic DNA. The mutation was not found in 20 unrelated controls.

It is likely that the index subject is homozygous for the mutation at nucleotide 2,317. The only nucleotide found at position 2,317 of his hGR cDNA was an A, and the parents of the index subject are believed to be first cousins. In addition, analysis of the genomic DNA supports the conclusion, since the DNA fragment that was amplified from genomic DNA was cleaved by HphI, and not Bsal. This mutation is apparently heterozygous in the mother, since approximately half of her hGR cDNA clones had a G at position 2,317, and half had an A. The analysis of the genomic DNA also supports this conclusion, since the amplified DNA could be partially cut by both restriction enzymes. The father was not available for analysis but is likely to have contributed the second mutant allele to the index subject. He could have contributed a nonexpressed or null allele to the index subject. However, this possibility is unlikely in light of the normal receptor-binding capacity of the index subject's hGR, which implies a normal amount of receptor protein (9).

Several lines of evidence support the hypothesis that hGR-Ile 729 is the cause of primary cortisol resistance in the index subject. First, the location of the mutation in the glucocorticoid-binding domain predicts that the receptor will have a decreased affinity for dexamethasone, as we had observed in the MNL hGR of the index subject. In vitro experiments with transfected cloned animal and human hGR cDNAs have demonstrated that the terminal 250 amino acids of the receptor are responsible for the glucocorticoid-binding activity, which can be altered by single amino acid changes (13–15, 28). Since the identified mutation is in the glucocorticoid-binding domain as expected, it is likely to be responsible for the decreased dexamethasone affinity of the hGR. Second, no other mutation that predicts a change in the amino acid sequence of the hGR was found. Third, the functional activities of the hGR-Ile 729 receptor expressed in tissue culture were very similar to those observed in vivo. When expressed in mammalian cells the hGR-Ile 729 is functionally abnormal. The dissociation constant for \(^3\H\)Dex is about twice normal. This corresponds well with the two- to threefold increase in dissociation constant of the native MNL hGR of the index subject (9). The fourfold decrease in the apparent potency of dexamethasone to stimulate hGR-mediated gene transcription corresponds well with the in vivo response of ACTH to dexamethasone. A daily dose of 4 mg of dexamethasone was required to decrease the serum cortisol concentration to <140 nmol/liter (5 μg/dl) in the index subject (9). This is about five times as much as is normal.
nally expected to produce the same effect. Fourth, similar findings have been demonstrated in other disorders of steroid hormone resistance. In another kindred with primary cortisol resistance, a single amino acid change of the glucocorticoid-binding domain causes cortisol resistance (11). In addition, single amino acid alterations of the human androgen receptor (29) and human thyroid hormone receptor (30) cause end organ resistance syndromes to each of these hormones. Fifth, studies of androgen-resistance syndromes have identified two regions of the androgen receptor ligand–binding domain that frequently carry mutations in subjects with decreased androgen receptor affinity for testosterone and subsequent androgen resistance (31). The mutation that we suspect to cause cortisol resistance is located in a region of the glucocorticoid-binding domain analogous to one of these two regions of the androgen receptor ligand–binding domain. As in the androgen-resistance model, a mutation in this region of the glucocorticoid-binding domain causes hormone resistance by altering the receptor affinity for its ligand. Sixth, the mother of the index subject is heterozygous for the mutation that the index subject is apparently homozygous. Therefore, it is expected that she would be less clinically affected than the index subject. Indeed, this is the case, since she has no hirsutism, infertility, or other clinical evidence of androgen excess. Taken together these six lines of evidence strongly support the hypothesis that an A for G substitution at nucleotide 2,317 is responsible for the syndrome of primary cortisol resistance in the index subject.

A mutation causing primary cortisol resistance has been reported in one other kindred. This mutation was at a different position in the glucocorticoid-binding domain and also was associated with a decreased hGR affinity for glucocorticoids. It was homozygous in the index subject and heterozygous in a family member who was less affected clinically (10). Interestingly, the mutation reported here is biochemically more conservative than most others that have been reported to cause cortisol resistance or other syndromes of steroid hormone resistance (11, 29, 30).

This very conservative substitution of a neutral isoleucine for a neutral valine produces a surprisingly large change in receptor affinity for glucocorticoids and a clinical syndrome with cortisol resistance that is seemingly greater than anticipated from the change in dexamethasone binding. It should be noted that this is not complete resistance, since it can be overcome by large amounts of exogenous glucocorticoids (9). We and others have proposed that complete resistance may be incompatible with life (32). There are two possible explanations for the apparent discrepancy between the dexamethasone-binding affinity abnormality and the clinical abnormalities of the index subject (9). First, cortisol, the naturally occurring glucocorticoid, may bind less effectively to the mutant receptor than dexamethasone. Second, the mutant receptor may have more abnormal functions than just ligand binding. These possibilities are not mutually exclusive, and there is some evidence for both. The ratio of dissociation constants of the mutant receptor to that of the wild-type receptor is 1.9 for dexamethasone and 2.9 for cortisol. This indicates that the binding of the natural ligand is affected to a greater degree than binding of dexamethasone, a more potent glucocorticoid agonist. Therefore, the dexamethasone-binding studies may not accurately predict the magnitude of the clinical abnormalities, since cortisol is the naturally occurring glucocorticoid. It should also be noted that the valine at amino acid position 729 is present throughout evolution. Mouse (13), rat (33), and new world monkey (34) glucocorticoid receptors all normally contain a valine at the position equivalent to residue 729 of the human receptor. Thus, this amino acid may serve a key function in the mechanism of hGR action. Isoleucine has a slightly more bulky side chain than valine, and this may hinder glucocorticoid binding to the receptor. It has also been suggested that this region of the hGR may be important in receptor dimerization, which may promote hGR binding to the glucocorticoid regulatory elements (35). This mutation may interfere with dimerization, thereby inhibiting binding of the activated receptor to the DNA and contributing further to the clinical expression of cortisol resistance. It is attractive to hypothesize that this amino acid is bifunctional, since this may help to explain the apparent discrepancy between alterations in binding affinity of dexamethasone and the apparent potency of dexamethasone to stimulate gene transcription; the former is altered twofold whereas the latter is altered fourfold.

The results presented here do not explain why the dissociation constant of the MNL hGR from both the index subject and his mother are equal. It is possible that the binding assay is not sensitive enough to detect subtle differences. If the mutant and wild-type hGR bind independently, then a slightly curved Scatchard analysis is predicted. However, our visual analysis of the predicted Scatchard curve indicates that, with the sensitivity of the current binding assay, such a curve would be impossible to distinguished from a straight line. Alternatively, there may be unexpected interactions between receptors that influences their apparent binding affinities.

In summary, we have demonstrated an inherited point missense mutation of the hGR glucocorticoid–binding domain in a subject with primary cortisol resistance. This mutation was identified by sequencing cDNA prepared from mRNA and was subsequently demonstrated to be present in genomic DNA. This conservative mutation decreases the affinity of the expressed glucocorticoid receptor for glucocorticoids and impairs its ability to stimulate gene transcription. The magnitude of the changes observed in vitro in these studies are very similar to the magnitude of the changes observed previously in the patient. Taken together these results strongly support the hypothesis that homozygosity for this mutation causes the clinical and biochemical phenotype of primary cortisol resistance in the kindred under study. These studies also suggest that Val 729 of the hGR is critical for its normal function.

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