Use of contraceptive depot medroxyprogesterone acetate is associated with impaired cervicovaginal mucosal integrity

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*J Clin Invest.* 2018. [https://doi.org/10.1172/JCI120583](https://doi.org/10.1172/JCI120583).

**BACKGROUND.** Injectable depot medroxyprogesterone acetate (DMPA) is one of the most popular contraception methods in areas of high HIV seroprevalence. Evidence is accumulating that use of DMPA might be associated with an increased risk of HIV-1 acquisition by women; however, mechanisms of this association are not completely understood. The goal of this study was to gain insight into mechanisms underlying the possible link between use of DMPA and risk of HIV-1 acquisition, exploring transcription profiling of ectocervical tissues.

**METHODS.** Healthy women received either DMPA ($n = 31$) or combined oral contraceptive (COC), which has not been linked to an increased risk of HIV acquisition ($n = 32$). We conducted a comparative microarray-based whole-genome transcriptome profiling of human ectocervical tissues before and after 6 weeks of hormonal contraception use.

**RESULTS.** The analysis identified that expression of 235 and 76 genes was significantly altered after DMPA and COC use, respectively. The most striking effect of DMPA, but not COC, was significantly altered expression (mostly downregulation) of many genes strategically involved in the maintenance of mucosal barrier function; the alterations, as indicated by Ingenuity Pathway Analysis (IPA), were most likely due to the […]

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METHODS. Healthy women received either DMPA (n = 31) or combined oral contraceptive (COC), which has not been linked to an increased risk of HIV acquisition (n = 32). We conducted a comparative microarray-based whole-genome transcriptome profiling of human ectocervical tissues before and after 6 weeks of hormonal contraception use.

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CONCLUSION. Our results suggest that impairment of cervicovaginal mucosal integrity in response to DMPA administration is an important mechanism contributing to the potential increased risk of HIV-1 acquisition in DMPA users.

TRIAL REGISTRATION. ClinicalTrials.gov NCT01421368.

FUNDING. This study was supported by the United States Agency for International Development (USAID) under Cooperative Agreement GPO-A-00-08-00005-00.

Introduction

Hormonal contraceptive (HC) methods are affordable and highly effective for prevention of unintended pregnancy. However, evidence is accumulating that some types of HC, particularly injectable medroxyprogesterone acetate (MPA), referred to as depot MPA (DMPA; Depo-Provera), might be associated with an increased risk of HIV-1 acquisition by women. The first reports about a potential effect of HC on HIV-1 acquisition date over 2 decades back (1, 2). Since that time, the potential association between HC use and risk of HIV-1 acquisition has been investigated in more than 30 epidemiological studies; however, findings from these studies remain inconsistent (reviewed in refs. 3–7).

In several recent high-quality meta-analyses of the epidemiological data, DMPA use was estimated to increase a woman’s risk of acquiring HIV 1.4 to 1.5 times in comparison with women not using HC, while no statistically significant positive association between HIV acquisition and use of combined oral contraceptive (COC) pills or the injectable progestin norethisterone enanthate has been found (3–6). Even higher effects of DMPA on risk of HIV acquisition were reported in studies on women already at high risk of infection (8, 9).

These results strengthened concerns about the safety of DMPA, particularly in countries of eastern and southern Africa, where injectable progestins are the most popular contraceptive methods, accounting for over 40% of contraception use (10), and the number of women using these methods is rapidly increasing.

However, a withdrawal of DMPA from family planning programs or even a shift to other contraceptive methods may have a substantial detrimental effect on maternal and infant morbidity and mortality rates (11). The interaction between effective family planning and effective HIV prevention is a complicated matter that
requires in-depth examination. To this end, the ECHO (Evidence for Contraceptive Options and HIV Outcomes) trial, designed to determine the impact of type of contraceptive on risk of HIV acquisition, is currently ongoing (http://echo-consortium.com). Furthermore, understanding mechanisms that could explain the potential association between enhanced risk of acquiring HIV and use of DMPA would help in determining best prevention practices.

Several plausible biological mechanisms have been proposed to explain the potential link between DMPA use and increased risk of HIV-1 vaginal transmission (reviewed in refs. 5, 12–17). They include elevated levels of cervicovaginal inflammatory mediators (18–22) that may cause activation of HIV-1 target cells and their recruitment to the cervicovaginal mucosa (8, 23–25), suppression of protective systemic and local innate and adaptive immunity (21, 26–31), alteration in the vaginal microbiota composition (32, 33), promotion of viral penetration by impairing mucosal repair (18, 28), and a direct effect of MPA on HIV replication and transcytosis (26, 34, 35). However, data presented in these studies are not always in agreement.

To gain further insight into mechanisms underlying the potential link between use of injectable DMPA and risk of HIV-1 acquisition, we conducted a comparative whole-genome expression profiling of the ectocervical mucosa at baseline and after DMPA use or use of a COC, represented by a combination of the progestin levonorgestrel (LNG) and the synthetic estrogen ethinyl estradiol, which has not been associated with increased risk of HIV-1 acquisition. This study demonstrates that DMPA use results in significant alteration in expression of ectocervical genes essential for mucosal barrier structure and function and, as predicted by functional analysis of the differentially expressed genes, that estrogen deficiency is a driving force for such alterations. We also demonstrate distinct, clustered diversity in the gene expression response to DMPA administration among participants.

**Results**

**Characteristics of participants at baseline.** This open-label nonrandomized study included 63 healthy women who chose to receive either DMPA injection (n = 31) or COC (n = 32) (Figure 1 and Table 1). DMPA users had higher BMI and included significantly fewer participants of Hispanic ethnicity than the COC group. Among 18 enrolled black women, the majority of them chose to receive DMPA (P = 0.08).

*Ectocervical transcriptomes did not display significant differences between DMPA and COC groups at baseline.* In addition to

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**Figure 1. Flow chart of the study.**

Participants screened for eligibility

- Excluded (n = 148):
  - Nugent score 7 or more (n = 61)
  - Medical disease/abnormal lab (30)
  - Sexually transmitted disease (n = 19)
  - Lactating (n = 4)
  - Abnormal pap smear (13)
  - Pregnant (n = 4)
  - Withdrew consent (n = 2)
  - Prohibited concurrent medications (n = 6)
  - Exceeded screening window (n = 2)
  - Anovulation/irregular menses (n = 7)

Enrolled (n = 74)

- Chose not to participate (n = 9)
  - Personal reason (n = 7)
  - Desire to become pregnant (n = 2)

Allocated to intervention (n = 65)

- (nonrandomized, women’s choice)

Received combined oral contraceptive daily (n = 32)

- Failed to follow protocol requirements (n = 2)

- Analyzed (n = 32)
- Excluded from analysis (n = 0)

Received DMPA injection (n = 31)

- Analyzed (n = 31)
- Excluded from analysis (n = 0)
clinical characteristics, we conducted a comparison of ectocervical gene expression between HC groups at baseline. The analysis identified only 5 differentially expressed genes (DEGs), with false discovery rate–adjusted P value set at 0.05, between DMPA and COC cohorts at this point (Supplemental Table 1; supplemental material available online with this article; https://doi.org/10.1172/JCI120583DS1). None of these genes was found to be differentially expressed after HC use compared with baseline (Supplemental Tables 2 and 3).

**DMPA but not COC use resulted in substantial changes in ectocervical gene expression.** Transcriptional analysis of ectocervical tissues before and after use of HC revealed that, in comparison with baseline, DMPA use caused statistically significant changes in expression of 235 genes (Supplemental Table 2). Of these, 56 DEGs were upregulated, with fold change (FC) ranging from +1.24 to +4.5, while 179 DEGs were downregulated, with FC ranging from −1.21 to −6.83. The effect of COC on the ectocervical mucosa was markedly less evident — only 76 genes were differentially expressed (Supplemental Table 3): 12 DEGs were upregulated and 64 DEGs were downregulated. Expression changes in the COC group were much smaller in magnitude than those in the DMPA group: FC ranged from +1.31 to +1.81 for upregulation and from −1.23 to −1.83 for downregulation. In the DMPA group, expression of 27 genes was altered at least 2-fold; of these, changes in 22 genes were statistically significant at parametric P < 0.001 (8 upregulated, 14 downregulated) (Table 2 and Supplemental Table 1). None of the genes reached 2-fold expression change after COC use. Of 76 genes changed by COC, 20 were also altered by DMPA (Supplemental Table 4).

Unsupervised hierarchical clustering analysis based on DMPA-altered genes demonstrated good separation between baseline and DMPA usage (Figure 2A). The distinction based on COC-altered genes was less evident (Figure 2B).

**DMPA use was associated with altered expression of genes involved in the maintenance of epithelial integrity and differentiation.** Many DEGs that were found downregulated in the ectocervical tissues of DMPA users are involved in epithelial barrier function and differentiation (Table 2).

The top most downregulated and the most statistically significant DEG was a member of the epidermal differentiation complex (EDC) — retinoid receptor, pi (RPTN; FC = −6.83, P < 1 × 10−7) (Table 2 and Supplemental Table 1). DMPA use caused downregulation of other genes belonging to the EDC: late cornified envelope 3D (LCE3D), loricrin (LOR), and small proline-rich protein 2C (SPRR2C). Also downregulated were genes critical for development of the stratum corneum of the epidermis: transglutaminase 3 (TGM3) and arachidonate 12-lipoxygenase, 12R type (ALOX12B). The list of significantly downregulated DEGs included genes encoding cell junctional proteins: the desmosomal cadherin desmoglein 1 (DSG1) and desmocollin 2 (DSC2) and the corneodesmosomal protein corneodesmosin (CDSN). In addition, we observed changes in gene expression of keratinocyte differentiation markers, including downregulation of keratin 10 (KRT10) and KRT1, as well as upregulation of KRT18 and KRT19. A desmosomal cadherin defect and dramatic loss of KRT10 at the protein level were also detected in the vaginal mucosa (Figure 3). DSG1 protein was seen as a sharp border outlining suprabasal vaginal keratinocytes in the baseline samples, while the outline was lost after DMPA use. Levels and patterns of distribution of KRT10 and DSG1 remained unchanged after COC use. Deficiency in desmosomal and corneodesmosomal proteins might also be due to downregulation in DMPA users of serine peptidase inhibitor clade B, member 7 (SERPINB7), and serine protease inhibitor, Kazal type 6 (SPINK6), which are known to inhibit kallikrein-related (KLK) peptidases that specifically degrade cell junctions (36, 37). Furthermore, loss of DSG1 may be heightened by upregulation of proteinase calpain 14 (CAPN14) (38). Among other suppressed genes implicated in epithelial barrier function were the suprabasal keratinocyte-secreted proteins dermatokinin (DMKN) and suprabasin (SBSN). The loss of DMKN at a protein level was also demonstrated in the vaginal epithelium of DMPA users (Supplemental Figure 1).

Interestingly, we observed changes in expression of genes encoding enzymes that regulate the level of retinoic acid (RA), which is known to affect KRT10 and DSG1 expression and keratinocyte differentiation (39, 40). These enzymes included cytochrome P450 family 26 subfamily B, polypeptide 1 (CYP26B1), which was downregulated with the highest statistical significance (P < 1 × 10−7), and retinol dehydrogenase 10 (RDH10), which was upregulated.

Notably, DMPA use caused significant downregulation of progesterone receptor gene (PGR) in ectocervical tissue. **DEGs upregulated by DMPA encode multifunctional proteins.** DEGs highly upregulated by DMPA included olfactomedin 4 (OLFM4), γ-aminobutyric acid receptor, pi (GABRP), dual-specificity phosphatase 4 (DSP4), protocadherin 8 (PCDH8), and steroid sulfatase, isozyme S (STS) (Table 2). These genes encode multifunctional proteins, which may regulate or be regulated by sex steroids including estrogen (Supplemental Table 5 and ref. 41).

### Table 1. Demographic and clinical characteristics of participants at enrollment

<table>
<thead>
<tr>
<th>Characteristics</th>
<th>DMPA users (n = 31)</th>
<th>COC users (n = 32)</th>
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<td></td>
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<tr>
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<td>9 (28.1)</td>
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<tr>
<td>No partner</td>
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<tr>
<td>Years of education, mean (SD)</td>
<td>13.3 (3.3)</td>
<td>14.0 (3.3)</td>
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</tr>
</tbody>
</table>

aContinuous values were compared using 2-tailed t test for normally distributed data or Mann-Whitney for non-normally distributed data; for categorical data, Fisher’s exact tests or χ² statistics were used. bThe BMI is the weight in kilograms divided by the square of height in meters.
Changes in expression of several genes selected based on their function were confirmed by quantitative reverse transcriptase PCR (Supplemental Figure 2 and Supplemental Table 6).

Expression of epithelial barrier genes displayed strong positive intragroup correlation and negative correlation with upregulated genes. We were interested to see how differentially expressed genes and specifically those involved in the epithelial functions were coordinated with each other and with other significant genes. We performed statistical correlation analysis for 20 genes, selected based on their expression level and/or involvement in epithelial barrier functions. We found that genes associated with epithelial structure such as RPTN, DSG1, ALOX12B, DMKN, LCE3D, TGM3, and KRT10 displayed strong positive correlation in expression among each other (Figure 4), with $P < 0.001$ for all of them and $P < 0.0001$ for most of them (Supplemental Figure 3). These genes also strongly correlated with CYP26B1 and, except for KRT10, with glycogen synthase 2 (GYS2). Significant negative correlation (with some exceptions; see Figure 4) was observed between epithelial barrier genes (RPTN, DSG1, ALOX12B, DMKN, and KRT10) and genes that were found to be strongly upregulated...
(GABRP, DUSP4, STS, OLFM4, and PCDH8). These upregulated genes were positively correlated with each other. There was a significant positive correlation \((P < 0.0001)\) between each other for PGR, serine protease 23 \((PRSS23)\), WNT1 inducible signaling pathway protein 2 \((WISP2)\), versican \((VCAN)\), and also CYP26B1, while these genes displayed strong negative correlation with GABRP and DUSP4. Interestingly, for PGR, PRSS23, WISP2, and VCAN there was low correlation \((P > 0.05)\) or no correlation with epithelial structural genes.

Functional analysis revealed alterations in epidermal/epithelial structure as top biological functions enriched in DMPA but not COC users, while biological processes related to immune cell movement and functions were affected in both groups. Strengthening and expanding gene expression results discussed in the previous section, Ingenuity Pathway Analysis (IPA) indicated that the top overrepresented function in DEGs after DMPA use was “dermatological diseases and conditions,” which involved 148 genes (Figure 5A and Supplemental Figure 4A). In DEGs of the COC group, this function was the least significant; the top enriched function in the COC group was “cellular movement” \((33 \text{ DEGs})\) (Figure 5A and Supplemental Figure 4B). Overall, for almost all functions enriched in HC users, statistical significance was considerably stronger in the DMPA group. Functions with significance comparable between DMPA and COC were “cellular movement,” “cellular growth and prolifera-

Figure 2. Heatmaps of hierarchical clustering of the genes differentially expressed in the ectocervical epithelium of hormone contraception users. (A) DMPA users. (B) COC users. Columns represent participants; rows represent genes. Gene expression levels are indicated by color: red denotes upregulation; blue denotes downregulation.

Figure 3. Representative images of immunohistochemical detection of KRT10 and DSG1 in the vaginal epithelium at baseline \((n = 10 \text{ in DMPA cohort}; n = 5 \text{ in COC cohort})\) and after contraception use \((n = 16 \text{ in DMPA cohort}; n = 5 \text{ in COC cohort})\). See Supplemental Figure 5 for more details. BL, baseline. Scale bars: 100 \(\mu\)m.
of mononuclear leukocytes” (Z score = –2.431, n = 7), “chemotaxis of mononuclear leukocytes” (Z score = –2, n = 4), and “T cell development” (Z score = –2.187, n = 8). Importantly, IPA upstream regulator analysis recognized β-estradiol as the most statistically significant transcriptional regulator in DMPA users, which was predicted to be negatively associated with DMPA use (P = 1.66 × 10–24; Z = –0.842), thus underscoring the negative impact of DMPA on the estrogen level/activity in the genital mucosa. Interestingly, the second most significant regulator was tretinoin (all-trans RA; P = 7.65 × 10–18), which was predicted to be activated in the ectocervix of DMPA users (Z = +2.15).

In addition to the analyses based on the expression of individual DEGs, we performed analysis of gene set overrepresentation using Biometric Research Branch (BRB) array tools, which revealed that, as defined by gene ontology (GO) categories, the top 7 gene sets enriched in the ectocervical mucosa of DMPA users (comprising about 170 genes) were related to epidermal/epithelial structure, function, and development (Table 3 and Supplemental Table 9). None of these GO categories was enriched in the COC group (Table 3). This result was consistent with significant enrichment of “dermatological diseases and conditions” biofunction associated with the DMPA- but not COC-altered genes.

DMPA effect on cervicovaginal mucosa showed interindividual variability. Unsupervised clustering analysis of DEGs demonstrated that while samples before and after use of DMPA displayed good segregation, there was apparent heterogeneity in gene expression among women within the DMPA group (Figure 2). We were interested to estimate the scale of variations related to the epithelial integrity, and for this purpose designated 3 major groups (G1, G2, G3) defined by cluster analysis based on a gene set of 22 most significantly altered genes with [FC] > 2 at P < 0.001 (Figure 6). Four DMPA samples, which clustered with 2 baseline samples, Figure 4. Graphical Spearman correlation matrix of selected ectocervical genes differentially expressed in the DMPA users. Spearman correlation r values were determined using GraphPad Prism 7. Colors are added for better visualization. See Supplemental Figure 2 for significance of Spearman correlation.
were defined as group G1. The majority of DMPA samples (n = 19) formed a big cluster that we annotated as group G2, while 5 DMPA samples formed a very distinct cluster defined as group G3. We excluded from the group analysis 3 DMPA samples that were intermixed within the cluster of 29 baseline samples. Transcriptomic analysis revealed that there were 213, 404, and 750 DEGs in G1, G2, and G3, respectively (Figure 7 and Supplemental Tables 10–12). We created a list of 49 genes based on their relation to the epithelial integrity and significance of their expression changes and estimated transcriptome changes in each group compared with baseline. In group G1, expression of only 6 genes from the list was found altered, and the magnitude of changes for 4 of these genes, PGR, PRSS23, WISP2, and VCAN, was bigger in this group compared with the rest of participants (Supplemental Tables 10 and 13 and Figure 7). Interestingly, there were no changes in expression of these genes in G3, and they displayed strong mutual correlation in their expression, presenting a stand-alone group in the correlation analysis (Figure 4 and Supplemental Figure 3). In the G2 group, expression levels of DEGs were close to those obtained for the whole DMPA group (Supplemental Tables 11 and 13), though some intragroup variability was evident (Figure 6). The most drastic changes were displayed in the G3 group represented by 5 participants. The changes were manifested in dramatically stronger transcriptional changes of epithelial barrier genes, including RPTN (FC = –25.1), DSG1 (FC = –30.2), LCE3D (FC = –24.8), DMKN (FC = –10.2), FLG (FC = –9.9), and KRT10 (FC = –4.2) (Figure 7 and Supplemental Tables 12 and 13). Immunohistochemical analysis of proteins KRT10 and DSG1 in 26 vaginal specimens taken at baseline (n = 10) and after use of DMPA (n = 16) indicated that group-related variations in patterns of their expression were in correspondence with those of ectocervical genes (Supplemental Figure 5). Notably, there was also stronger downregulation of GYS2 (FC = –13.0) in G3. Furthermore, in striking contrast to responses in groups G1 and G2, molecular functions associated with immune cell movement categories were found to be activated in the G3 group (Figure 8). Significantly upregulated genes included the leukocyte-attracting chemokines CXCL6, CXCL1, IL8, CCL19, CXCL13, and CCL2, and complement component 3 (C3), also involved in attraction of immune cells (Supplemental Tables 12 and 13).

Discussion
The goal of this study was to gain insight into mechanisms underlying the possible link between use of progestin-only injectable DMPA and risk of HIV-1 acquisition, exploring whole-genome
transcription profiling of ectocervical tissues. In women, cervicovaginal mucosal tissues are the main portal of entry for the virus, and therefore gene and structural changes induced by HC are critical to such relationship. The major finding of the study is that DMPA use caused significant alterations in expression of genes responsible for cervicovaginal epithelial integrity (Figures 9 and 10 and Supplemental Figure 6). Notably, this effect was not observed in the users of COC, which consisted of a combination of the progestin LNG and the synthetic estrogen ethinyl estradiol.

An intact genital epithelium provides an efficient barrier to HIV penetration, since the risk of HIV-1 transmission following a single sexual exposure is low — the average probability of male-to-female HIV-1 transmission is estimated as 1–2 per 1,000 coital acts (42, 43).

Ectocervical and vaginal epithelia are structurally similar self-renewing stratified squamous tissues consisting of several layers (or strata) of keratinocytes, which undergo a process of a continuous tightly orchestrated differentiation from a proliferative basal cell layer through postmitotic suprabasal layers to the outermost corneal layer (or stratum corneum [SC]), where they are transformed into flattened corneocytes and shed off the epithelial surface (Figure 9 and refs. 44–48). During differentiation, keratinocytes switch their transcriptional and translational patterns and change cell shape, metabolism, and intercellular contacts. Disturbances in epithelial differentiation have been shown to result in impaired barrier function (39, 40, 49).

We found that expression of several prominent markers of epithelial differentiation was altered after DMPA use. Thus, KRT10, the known marker of differentiating postmitotic suprabasal keratinocytes, was strongly suppressed along with other suprabasal keratins KRT6B and KRT1, while KRT18 and KRT19, which are characteristically expressed in the basal layer cells (50), were upregulated. Downregulation of other genes predominantly expressed in the suprabasal differentiating layers additionally points to defective epithelial differentiation. They include DSG1, the isoform of a desmosomal cadherin responsible for intercellular adhesion in the suprabasal epithelial layers (51, 52); DMKN and SBSN, clustered genes encoding proteins secreted by upper suprabasal keratinocytes (53, 54); and genes encoding proteins essential for the SC (see below).

Besides DSG1, 2 more genes encoding intercellular junction proteins were found downregulated by DMPA: DSC2, a desmosomal cadherin expressed primarily in the lower epithelial layers, and CDSN, a gene coding for an adhesive protein that is added to the extracellular part of desmosomes as they are converted to the corneodesmosomes during keratinocyte transformation to corneocytes (36). Corneodesmosomes hold the corneocytes together until they reach the uppermost part of the SC, where CDSN together with desmosomal cadherins is degraded by specific KLK peptidases to permit the desquamation process. KLK CDSN together with desmosomal cadherins is degraded by specific KLK peptidases to permit the desquamation process. KLK peptidases are critical to such relationship. The major finding of the study is that DMPA use caused significant alterations in expression of genes responsible for cervicovaginal epithelial integrity (Figures 9 and 10 and Supplemental Figure 6). Notably, this effect was not observed in the users of COC, which consisted of a combination of the progestin LNG and the synthetic estrogen ethinyl estradiol.

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<table>
<thead>
<tr>
<th>GO category</th>
<th>GO ontology</th>
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<th>No. of genes</th>
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<th>KS permutation P value</th>
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<tr>
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<td>Negative regulation of cytokine-mediated signaling pathway</td>
<td>11</td>
<td>0.00188</td>
<td>0.00726</td>
</tr>
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</table>

*Gene set expression comparison was performed using BRB array tool as described in Simon and Lam BRB array tool user guide (http://linus.nci.nih.gov/brb). Annotated gene sets were from gene ontology (GO) classes. Significant gene sets were determined using the Fisher (LS) and Kolmogorov-Smirnov (KS) statistics and sorted by LS permutation P value. The threshold of determining significant gene sets is 0.0005 (in boldface). BP, biological process; CC, cell component.*
of their inhibitors contributes to degradation of DSGs and CDSN (36, 37). DSG1 deficiency observed at the protein level might have additionally been due to overexpression of CAPN14, a protease that specifically degrades this cadherin (38). A substantial decline in the desmosomal/corneodesmosomal proteins entails destruction of desmosomes/corneodesmosomes, which are critically important for barrier integrity and epithelial differentiation (refs. 49, 55, and Figure 10).

Transcriptomic analysis revealed DMPA-induced alterations in a number of genes associated with the SC structure. The strongest and most statistically significant was downregulation of RPTN, which belongs to the epidermal differentiation complex (EDC), a 2-Mb region located at chromosomal region 1q21 and comprising about 60 genes, many of them encoding proteins essential for the late steps of keratinocyte differentiation and formation of the SC (56). We also found downregulation of other members of the EDC: LCE3D, LOR, SPRR2C, and, in a group of participants, FLG. In the epidermis, the proteins encoded by these genes are localized to the upper stratum granulosum and SC; however, not much is known about their expression in the cervicovaginal epithelium. In addition to alterations in structural molecules, we observed reduction in expression of genes encoding enzymes essential in the formation of the tight impermeable epidermal barrier in the SC — cross-linking enzyme TGM3 and lipoxygenase ALOX12B (57–59). Notably, these data imply that genes and proteins with well-defined roles in the epidermis are apparently operational in the cervicovaginal mucosa as well. In the epidermis, the SC is considered the principal barrier that prevents penetration of pathogenic molecules and microorganisms, due to a tight cornified envelope (CE) that in association with lipid envelope surrounds the corneocytes embedded into extracellular matrix (49, 58, 60). In the SC of mucosal stratified epithelia, a modified or incomplete version of the CE is thought to be formed, which makes the mucosal SC not as impermeable as the epidermal one (61–65). Nonetheless, virion penetration through the superficial layers of the ectocervical squamous epithelia is relatively infrequent and rather shallow (55). It can, therefore, be suggested that, even if not as efficient as in the skin, the SC of the cervicovaginal epithelium may present the first physical barrier for most microorganisms (61, 62, 66); downregulation of genes coding for proteins required for proper SC formation may facilitate mucosal penetration of pathogens.

Among other important factors known to undermine epithelial terminal differentiation (both cervicovaginal and epidermal) are vitamin A derivatives. We found that DMPA induced alterations in ectocervical genes encoding metabolic enzymes that control levels of retinoic acid (RA), a principal biologically active form of vitamin A. A gene coding for CYP26B1, an enzyme that irreversibly catabolizes RA, was significantly downregulated, while RDH10, which mediates the biosynthesis of RA (reviewed in ref. 67), was upregulated. It is conceivable that collective activity of the RA metabolic enzymes in the ectocervical squamous epithelia is relatively infrequent and rather shallow (55). It can, therefore, be suggested that, even if not as efficient as in the skin, the SC of the cervicovaginal epithelium may present the first physical barrier for most microorganisms (61, 62, 66); downregulation of genes coding for proteins required for proper SC formation may facilitate mucosal penetration of pathogens.

Vitamin A has long been characterized as an antikeratinizing factor that opposes effects of estrogen (39, 70) and is associ-
ated with shedding of desmosomes and dramatic loss of KRT10 (refs. 39, 40, 71, 72, and references therein), and also with decline in other differentiation markers including filaggrin, loricrin, small proline-rich proteins, and transglutaminase (73–76), all of which we found downregulated in the cervicovaginal epithelium of the DMPA users.

Interestingly, CYP26B1 was downregulated also in the COC users, in whom changes associated with reduced ectocervical epithelial integrity were not observed. Deficiency in CYP26B1 in these women might be compensated by the estrogenic component present in COC.

Estradiol was identified by IPA upstream regulator analysis as the most statistically significant regulator negatively associated with changes in gene expression in DMPA users, which is in line with the well-established fact that injectable DMPA causes hypoestrogenism with systemic estrogen levels falling into postmenopausal range (32, 77–81). Interestingly, many of the genes we found changed in the DMPA users are also altered in postmenopausal women, particularly in those experiencing vaginal atrophy, and expression of most of these genes is restored after administration of estrogen (refs. 82, 83, and our unpublished data). The essential role of estrogen in the structural organization and functioning of the cervicovaginal mucosa has long been recognized. Estrogen deficiency, as found in postmenopausal women or women undergoing estrogen suppression therapy, or in ovariectomized animals, is associated with cervicovaginal regression, which can be substantially reversed by exogenous estrogen administration (82–88). Furthermore, in murine models (including humanized ones), DMPA treatment causes suppression of cervicovaginal DSG1 accompanied by increased genital mucosal permeability and enhanced susceptibility to herpes virus type 2 (HSV-2) and HIV-1, which are prevented when mice are concomitantly treated with estrogen (89, 90). A role of estrogen in protection against simian immunodeficiency virus (SIV) has been demonstrated in primate models. In ovariectomized macaques, intravaginal inoculation of SIV leads to infection, while SIV transmission is averted.

Figure 7. Volcano plots of gene expression changes in 3 groups of the DMPA users. Colored circles represent genes significant at false discovery rate set at 0.05. Red circles, upregulated genes; blue circles, downregulated genes.
increased HIV transmission in DMPA users has earlier been proposed (13, 32) and discussed in detail (14).

Effects of estrogen and progesterone/progestin are mediated through their cognate receptors — estrogen receptors (ERs) and progesterone receptors (PRs), respectively. There is a significant crosstalk between PRs and ERs. While estrogen bound to ERs is the major factor that positively regulates PR levels in a tissue- and cell-specific manner (101–104), downregulation of PRs may be induced by activated RA receptors and progestins themselves (105, 106). Our data indicate that use of either progestin-only DMPA or progestin LNG combined with estrogen in COC caused a decrease in ectocervical expression of PGR. The observed suppression of PGR in both DMPA and COC users might occur by action of the progestins with an additional contribution from RA, whose level could be elevated due to decreased levels of the retinoid catalytic enzyme CYP26B1. Interestingly, no correlation was detected between expression of PGR and barrier genes, while there was a strong correlation between expression of PGR and CYP26B1. Less significant alterations in these genes in COC users were likely due to an opposing effect of the estrogen component in COC and/ or possibly because of differential targeting of steroid hormone receptors by the different progestin constituents of both contraceptives. While both MPA and LNG have comparable affinities when macaques receive systemic or local estrogen (87, 91). Estrogen therapy has been shown in these experiments to cause significant cornification and maturation of the epithelium (91).

Ancillary to the structure-related genes, we found reduced expression of GYS2 in the DMPA users, which likely entails a drop in epithelial production of glycogen (92), a nutrient essential for vaginal colonization by Lactobacillus spp. (93). Downregulation of GYS2 points to a mechanism that may underlie the decrease in vaginal colonization by lactobacilli reported for DMPA users (32, 33). Importantly, reduced vaginal abundance of lactobacilli has been linked to impairment of the cervicovaginal epithelial integrity (94, 95) and increased susceptibility to sexually transmitted infections including HIV-1 (93, 96–100). Notably, glycogen-dependent glucose metabolism and vaginal colonization by lactobacilli are stimulated by estrogen (92).

Results presented here together with data published by others suggest that significant and highly correlated DMPA-induced dysregulation of genes responsible for cervicovaginal epithelial integrity was largely a consequence of a DMPA-driven decline in estrogen levels. Substantial impairment of the mucosal protective barrier presents a mechanism contributing to the potential link between increased HIV acquisition rates and DMPA use (Figures 9 and 10). Causal relationship between hypoestrogenism and increased HIV transmission in DMPA users has earlier been proposed (13, 32) and discussed in detail (14).

Effects of estrogen and progesterone/progestin are mediated through their cognate receptors — estrogen receptors (ERs) and progesterone receptors (PRs), respectively. There is a significant crosstalk between PRs and ERs. While estrogen bound to ERs is the major factor that positively regulates PR levels in a tissue- and cell-specific manner (101–104), downregulation of PRs may be induced by activated RA receptors and progestins themselves (105, 106). Our data indicate that use of either progestin-only DMPA or progestin LNG combined with estrogen in COC caused a decrease in ectocervical expression of PGR. The observed suppression of PGR in both DMPA and COC users might occur by action of the progestins with an additional contribution from RA, whose level could be elevated due to decreased levels of the retinoid catalytic enzyme CYP26B1. Interestingly, no correlation was detected between expression of PGR and barrier genes, while there was a strong correlation between expression of PGR and CYP26B1. Less significant alterations in these genes in COC users were likely due to an opposing effect of the estrogen component in COC and/ or possibly because of differential targeting of steroid hormone receptors by the different progestin constituents of both contraceptives. While both MPA and LNG have comparable affinities

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**Figure 8. Activation status of functions related to immune cell migrations in 3 groups of the DMPA users (IPA analysis).** (A) Networks showing relationships of DEGs with functions. (B) Heatmaps of the activation status of the biological functions in the groups.
cell movement and functions were predicted to be significantly suppressed by use of DMPA, which is consistent with an immunosuppressive role of GR activation and supports observations in other studies. Contrastingly, in a small group of women (n = 5), DMPA use caused significant activation of pathways related to immune responses, including immune cell attraction and migration, potentially augmenting susceptibility to HIV-1 acquisition. In this group, we observed significant upregulation of genes encoding chemokines attracting immune cells postulated to be HIV targets, including CCL19 and CCL21, which are ligands for CCR7 receptor expressed by central memory T cells and dendritic cells (DCs), and CXCL13, which binds CXCR3 expressed on activated T cells and plasmacytoid DCs. Furthermore, strongly upregulated in this group, CXCL1, CXCL6, and IL8 genes encode proinflammatory chemokines binding CXCR1 and CXCR2 receptors largely for PRs, MPA additionally binds with high affinity and activates another member of the superfamily of nuclear receptors, glucocorticoid receptor (GR), known as a potent suppressor of proinflammatory mediators (107–110). Activated by MPA, GR has been demonstrated in vitro and ex vivo to downregulate production of key cytokines/chemokines responsible for regulation of immune response in various types of cells, thus contributing to suppression of systemic and local immune protection (26, 109, 111, 112). Compromised immune function is suggested as one of the mechanisms underlying the potential link between HIV-1 acquisition risk and DMPA use (reviewed in refs. 12–14, 16).

While ectocervical transcriptome data do not reflect an assessment of the systemic immune status, our functional analysis of altered genes revealed that in the majority of women participating in our study, biological processes associated with immune cell movement and functions were predicted to be significantly suppressed by use of DMPA, which is consistent with an immunosuppressive role of GR activation and supports observations in other studies. Contrastingly, in a small group of women (n = 5), DMPA use caused significant activation of pathways related to immune responses, including immune cell attraction and migration, potentially augmenting susceptibility to HIV-1 acquisition. In this group, we observed significant upregulation of genes encoding chemokines attracting immune cells postulated to be HIV targets, including CCL19 and CCL21, which are ligands for CCR7 receptor expressed by central memory T cells and dendritic cells (DCs), and CXCL13, which binds CXCR3 expressed on activated T cells and plasmacytoid DCs. Furthermore, strongly upregulated in this group, CXCL1, CXCL6, and IL8 genes encode proinflammatory chemokines binding CXCR1 and CXCR2 receptors largely...
expressed by neutrophils, which are often linked to tissue damage (66, 113, 114). Activation of chemokine genes took place concomitantly (and might have been mutually interrelated) with dramatically increased alterations in expression of epithelial barrier genes. Moreover, in this group of women we observed considerably stronger downregulation of GYS2, which might result in an adverse effect on the vaginal microbiota that may in turn further contribute to attenuation of the mucosal protective function (115). It is not clear what mechanism(s) may underlie these stark transcriptome variations. We did not detect significant differences in the baseline characteristics (including gene expression) between this “high-response” group and the rest of the participants, although we found that women in this group tended to have lower BMI.

One of the limitations of this study was that we did not test women for urogenital infections after 6-week use of HC; therefore, a possible role of newly acquired infections in the observed differential responses could not be ruled out. It may be speculated that factors aggravating DMPA effect could be associated with dynamic alterations in mucosal environment due to, for example, sexual activity and/or intravaginal practices. Exposure to semen induces vaginal immune responses (116–118); besides, vaginal intercourse is frequently accompanied by epithelial mechanical microabrasions (119). Disruption of mucosal integrity resulting from some intra-vaginal practices (120, 121) may be exacerbated by DMPA use (18). We did not assess condom use and frequency of sexual encounters, which is another limitation of the study. In general, variations in the cervicovaginal mucosal microenvironment, including those reported to exist in different populations, might contribute to divergent responses to DMPA administration demonstrated in previous studies, especially taking into account that participants in those studies may represent diverse populations with intrinsically different cervicovaginal environments (24, 115, 122–125).

Another weakness of this study is that microarray-based results were only partially validated by quantitative reverse transcriptase PCR and immunohistochemical analysis. In summary, by applying whole-genome transcriptomic analysis to ectocervical biopsies taken before and after use of HC, we found that use of DMPA, but not COC, caused significant alterations in expression of genes responsible for mucosal barrier functions, most likely as a result of DMPA-induced hypoestrogenism.
We propose that impairment of cervicovaginal epithelial integrity in response to DMPA administration is an important mechanism underlying the potential link between increased risk of HIV-1 acquisition and DMPA use. Our data also indicate that whereas in the majority of the DMPA users in our study biological processes associated with immune cell movement and functions were suppressed, in a small group of women some of these functions were substantially activated, resulting in an inflammatory-like response. In addition to epithelial barrier compromise, both immunosuppression and inflammatory responses could contribute to enhanced HIV transmission.

**Methods**

Supplemental Methods are available online with this article; https://doi.org/10.1172/JCI120583DS1.

**Study design.** This research was a part of the prospective parallel cohort CONRAD A10-114 study (ClinicalTrials.gov NCT01421368) conducted at 3 clinical sites — Eastern Virginia Medical School, the University of Pittsburgh, and ProFamilia, Santo Domingo, Dominican Republic — designed to assess the effect of contraceptive methods on acquisition and DMPA use. Our data also indicate that whereas

**Microarray gene expression analysis, data normalization, and statistical analysis.** Gene expression analysis was conducted as previously described (127) with some modifications. Briefly, microarray expression profiling using Affymetrix U133 Plus 2 arrays was performed by Asuragen Inc. Affymetrix raw data (.CEL files) were processed and analyzed using Biometric Research Branch (BRB) Arrays Tool version 4.5.1 developed by Simon and Lam (National Cancer Institute; available at http://linus.nci.nih.gov/BRB-ArrayTools.html). We identified genes that were differentially expressed between classes by using a multivariate permutation test set to provide 80% confidence that the false discovery rate was less than 5%. Genes that passed these criteria were considered differentially expressed (DEGs). In these settings, DEGs’ fold change difference between the studied groups was greater than 1.2. The microarray data are available through the Gene Expression Omnibus with accession number GSE110313.

Hierarchical clustering analysis of DEGs was performed using unsupervised average linkage with Euclidean distance metric.

**Gene set comparison.** Gene set comparison was conducted using BRB array tools as described in the Simon and Lam BRB array tool user guide (http://linus.nci.nih.gov/brb). Annotated gene sets were defined based on gene ontology (GO) categories. Analysis of GO groups rather than individual genes enables data on biologically related genes to reinforce each other without relying on gene selection. Tests used to find significant gene sets were the Fisher (LS) statistic and the Kolmogorov-Smirnov (KS) statistic. The threshold of determining significant gene sets was 0.005. LS/KS permutation test finds gene sets that have more genes differentially expressed among the phenotype classes than expected by chance.

**Functional analysis of significant genes.** Biofunctions and molecular and cellular processes that are significantly associated with DEGs in our data sets were determined using Ingenuity Pathway Analysis (IPA) software. Significance is expressed as P value calculated by right-tailed Fisher’s exact test, which measures the likelihood that the association between DEGs from our data set and a given process/function is due to random chance.

IPA’s Upstream Regulator Analysis tool, which uses the IPA knowledge base, was explored to predict upstream regulators that can affect expression of genes from the analyzed data sets.

**Immunohistochemistry.** IHC analysis was performed on paraffin-embedded vaginal biopsies as described earlier (23). Briefly, tissue sections (5 μm) were deparaffinized and rehydrated followed by antigen retrieval in citrate buffer (pH 6.2; DAKO) at 98°C. The tissue sections were incubated with primary antibodies overnight at 4°C, followed by treatment with appropriate biotinylated secondary antibodies for 1 hour at room temperature. Details on antibodies and their working dilutions are presented in Supplemental Table 16. The sections were treated with ABC reagent (Vector Laboratories), and staining reaction was developed using an AEC chromogen substrate kit (SkyTek Labs).

**Statistics.** GraphPad Prism software (version 7.01) was used to assess association between expression of DEGs using Spearman’s correlation coefficients. Details of statistical analyses of microarray data, gene set comparison, and functional analysis of DEGs are given in the corresponding sections above. For the demographic data, statistical analyses were performed with SAS version 9.3.
continuous endpoints from COC and DMPA cohorts using an independent-samples 2-tailed Student’s t test for normally distributed data or Wilcoxon-Mann-Whitney test for non-normally distributed data. For categorical variables, we used χ² statistic or Fisher’s exact tests as indicated by expected cell size. Statistical significance was determined at α = 0.05.

Study approval. The study was approved by the institutional review boards of Eastern Virginia Medical School, the University of Pittsburgh, and ProFamilia, Santo Domingo, Dominican Republic. Signed informed consent was received from all participants prior to their inclusion in the study.

Author contributions
GFD, JLS, CKM, and ART designed and conducted the clinical study. NC, NY, SSJ, and IAZ performed sample analysis. IAZ, XF, and OEA analyzed and interpreted data. IAZ performed visualization and data presentation. SMA was the project administrator. IAZ and GFD wrote the manuscript. SMA, NY, and ART provided editorial comments and critique.

Acknowledgments
This study was supported by the United States Agency for International Development (USAID) under Cooperative Agreement GPO-A-00-08-00005-00. The contents are the sole responsibility of the authors and do not necessarily reflect the views of their institutions, USAID, or the United States Government.

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