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In animal models of asthma, interleukin-13 (IL-13) induces goblet cell metaplasia, eosinophil infiltration of the bronchial mucosa, and bronchial hyperreactivity, but the basis of its effects on airway epithelia remain unknown. Lesions of the epithelial barrier, frequently observed in asthma and other chronic lung inflammatory diseases, are repaired through proliferation, migration, and differentiation of epithelial cells. An inflammatory process may then, therefore, influence epithelial regeneration. We have thus investigated the effect of IL-13 on mucociliary differentiation of human nasal epithelial cells in primary culture. We show that IL-13 alters ciliated cell differentiation and increases the proportion of secretory cells. IL-13 downregulates the actin-binding protein ezrin and other cytoskeletal components. IL-13 also impairs lateral cell contacts and interferes with the apical localization of ezrin seen in differentiated ciliated cells. In addition, an IL-4 antagonistic mutant protein (Y124D), which binds to the IL-4 receptor α subunit, a common chain of IL-4 and IL-13 receptors, inhibits IL-13’s effects. IL-13 also decreases ciliary beat frequency in a time- and dose-dependent manner. These results suggest that, in human allergic asthmatic responses, IL-13 affects both ciliated and secretory cell differentiation, leading to airway damage and obstruction.

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**IL-13 alters mucociliary differentiation and ciliary beating of human respiratory epithelial cells**

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In animal models of asthma, interleukin-13 (IL-13) induces goblet cell metaplasia, eosinophil infiltration of the bronchial mucosa, and bronchial hyperreactivity, but the basis of its effects on airway epithelia remain unknown. Lesions of the epithelial barrier, frequently observed in asthma and other chronic lung inflammatory diseases, are repaired through proliferation, migration, and differentiation of epithelial cells. An inflammatory process may then, therefore, influence epithelial regeneration. We have thus investigated the effect of IL-13 on mucociliary differentiation of human nasal epithelial cells in primary culture. We show that IL-13 alters ciliated cell differentiation and increases the proportion of secretory cells. IL-13 downregulates the actin-binding protein ezrin and other cytoskeletal components. IL-13 also impairs lateral cell contacts and interferes with the apical localization of ezrin seen in differentiated ciliated cells. In addition, an IL-4 antagonistic mutant protein (Y124D), which binds to the IL-4 receptor α subunit, a common chain of IL-4 and IL-13 receptors, inhibits IL-13’s effects. IL-13 also decreases ciliary beat frequency in a time- and dose-dependent manner. These results suggest that, in human allergic asthmatic responses, IL-13 affects both ciliated and secretory cell differentiation, leading to airway damage and obstruction.


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**Introduction**

The lining airway tissue consists of a pseudostratified columnar epithelium that contains three main cell types: basal, secretory, and ciliated cells. The upper respiratory epithelium forms a continuous layer, thereby protecting the underlying tissue from various noxious agents. A continuous regeneration process that involves proliferation, migration, and differentiation of adjacent epithelial cells, as well as several cell-cell adhesion mechanisms, maintain the integrity of this epithelium. The mucosecretory phenotype is largely controlled by environmental cues. The airway epithelium responds to infectious agents, particles, pollutants, and allergens by increasing production of mucus, cytokines, reactive oxygen, and nitrogen species (see ref. 1 for a review). Moreover, environmental signals can significantly alter epithelial functions and lead to long-term airway hyperresponsiveness (AHR). Even though mechanisms that endorse long-term pulmonary diseases are not understood, in animal models IL-13 has recently emerged as a pivotal molecule to promote AHR (2). This cytokine was shown to be responsible for increased mucus production, goblet cell hyperplasia, and fibrosis.

Many questions are unanswered regarding source and regulation of IL-13 production as well as its potential functions on epithelial cells. IL-13 is generally described as a Th2-type cytokine that can be coexpressed with IL-4 and IL-5 (3). Recent studies have also demonstrated that alveolar macrophages of patients with lung fibrosis (4) or asthma (5) express a high level of IL-13. A shared IL-4/IL-13 receptor (IL-4/IL-13 R) that is composed of both IL-13Rα1 and IL-4Rα chains mediates IL-13 activities by STAT-6 activation (5–9). In IL-4Rα–deficient or STAT-6–deficient mice, in which both IL-4 and IL-13 signaling are impaired, allergen-induced goblet cell metaplasia, eosinophilic inflammation, and IgE production are largely inhibited (10, 11). Recent data suggest that airway epithelial cells are direct targets for IL-13 (12, 13). But the use of epithelial cell lines in these studies could not really address the question of how IL-13 could contribute to AHR. Does IL-13 only influence the activities of fully differentiated epithelial cells such as mucus secretion, or does the cytokine also interfere with the differentiation process of epithelial stem cells?

To explore the mechanisms by which IL-13 could alter airway epithelial cell differentiation, we examined its...
effect on mucociliary differentiation (MCD) of human nasal epithelial (HNE) cells. We have developed a primary culture where “basal-like” epithelial cells proliferate on a collagen gel matrix and further differentiate as epithelial cell spheroids, a highly efficient method to obtain and quantify MCD (14, 15). Here, we show that IL-13 dramatically alters the ciliated cell differentiation process and largely increases the proportion of secretory cells. These effects are mediated by a common receptor chain for IL-13 and IL-4. IL-13 affects the expression of ezrin, an actin-binding associated protein, and interferes with its apical localization during ciliated cell differentiation. At the ultrastructural level, IL-13 interferes with epithelial cell polarization, altering the apical and basolateral membrane-specification domains of epithelial cells. Moreover, IL-13 decreases ciliary beat frequency (CBF) of ciliated epithelial cells in a time- and dose-dependent way.

Methods
Cytokines and Ab’s. IL-4 and IFN-γ were purchased from R&D Systems Europe Ltd. (Abingdon, United Kingdom). The IL-4 mutant protein (Y124D) was a kind gift from W. Sebald (Würzburg University, Würzburg, Germany). Human recombinant IL-13 was purified from Escherichia coli (5) or, for some experiments, was purchased from Sigma (St. Quentin Fallavier, France). Anti-glutamylated tubulin mAb (GT335) was a gift from P. Denoulet (Université Paris 6, Paris, France). A mAb raised against human gastric mucins (anti-M1 mAb) was a gift from J. Bara (Hospital Saint-Antoine, Paris, France). Polyclonal anti-ezrin and anti–ZO-1 Ab’s were a gift from M. Arpin (Institut Curie, Paris, France).

Cell culture. Primary cell culture was achieved as initially described in Jorissen et al. (16) with slight modifications. Nasal tissue (mainly polyps or turbinates) was superfused from the epithelial cells because of their higher attachment. Suspension culture (Invitrogen Sarl) were used.

Transmission electron microscopy. Morphological studies were performed as described previously (17). Briefly, epithelial spheroids were fixed with 2% glutaraldehyde during mucociliary differentiation in the absence or presence of a cytokine at different times during differentiation. They were postfixed in 1% OsO₄, dehydrated in ethanol, and embedded in Epon. Thin sections were examined on a JEOL electron microscope (JEOL SA, Croissy sur Seine, France).

cDNA array analysis. Total RNA was extracted from cells by the acid phenol/guanidine thiocyanate method of Chomczynski and Sacchi (18). PolyA+ RNAs were isolated using an oligo-dT kit (Qiagen SA Courtaboeuf, France) from epithelial cells at day 11 during MCD in the presence or absence of IL-13 from day 2. Differential hybridization analysis was achieved with CLONTECH Laboratories Inc. (Palo Alto, California, USA) Atlas cDNA microarrays containing 588 selected cDNAs on a nylon membrane. Complex probes
labeled with $^{32}$P were obtained from subtractions (data not shown) or from total cDNAs and hybridized to the cDNA array (Atlas Human Cancer cDNA Expression Array; CLONTECH). Hybridization and washes were performed under highly stringent conditions.

Ciliary beat frequency analyses. Three-week-old suspension cultures of cells obtained from three different individuals (triplicate measurements per individual) were used with a continuous stimulation (1–6 days) with 0, 1, 10, and 100 ng/ml of human recombinant IL-13. CBF was measured at room temperature (22°C) using computerized microscope photometry as described previously (19). The CBF was measured on five different spheroids per flask. The measurements in triplicate gave us 75 CBF values per individual.

Results

IL-13 stimulates goblet cell differentiation and inhibits ciliogenesis. In the absence of a human respiratory epithelial cell line able to differentiate in vitro, we developed primary cultures of HNE cells as initially described by Jorissen et al. (16). In that system, proliferation of basal-like epithelial cells precedes production of cell spheroids and further MCD (Figure 1a). To quantify ciliated and secretory cells, two specific mAb’s were used: GT335 reacting with glutamylated tubulin (20), a component of cilia axonemes (14), and anti-M1, recognizing the product of the MUC5AC gene (21, 22), a differentiation marker of secretory cells (23, 24). These two Ab’s allowed us to monitor the number of ciliated and secretory cells among the cell population (Figure 1b). After 1 week of MCD in standard culture conditions, the percentage of secretory cells reached 25%, largely exceeding the number of ciliated cells. After 3 weeks of culture, the situation was reversed: about 25% of cells were ciliated whereas the number of mucin-positive cells was reduced approximately twofold (Figure 1c). Addition of IL-13 (10 ng/ml) to the medium induced both a drastic increase in the number of secretory cells and a reduction in the number of ciliated cells compared with control cultures (Figure 1, b and c).

IL-13 had a dose- and time-dependent effect (Figure 2a). When added at the proliferation stage, it had little effect on the epithelial differentiation (Figure 2b). The presence of IL-13 was required during the whole MCD stage to develop a full-scale effect, because shorter treatments only resulted in partial inhibition of ciliated cell production (Figure 2c). Since the only known signaling pathway described for IL-13 includes a receptor shared with IL-4, we also evaluated the activity of IL-4 on human MCD. Figure 2d shows that IL-13 can be replaced by IL-4, but not by IFN-γ, to modify the course of epithelial cell differentiation. IFN-γ, in fact, had an inhibitory effect on IL-13–induced MCD (not shown). To further demonstrate that both IL-4 and IL-13 act through the same receptor, epithelial cells were simultaneously treated with IL-13 and increasing amounts of an IL-4 mutant (Y124D), a selective antagonist of IL-4/IL-13 shared receptor. Addition of the IL-4 mutant (Y124D) lead to a partial (10 ng/ml) or complete (100 ng/ml) reversion of IL-13 effects (Figure 2e). Taken
together, these data demonstrate that, as in the mouse, IL-13 and IL-4 promote differentiation of human epithelial cells into goblet cells through a common signaling pathway, which includes IL-4Rα. Moreover, IL-13/IL-4 treatment of epithelial cells also alters ciliogenesis. IL-13 impairs epithelial cell polarization. The polarized character of respiratory epithelial cells involves the actin cytoskeleton and membrane-associated protein complexes. In particular, molecular scaffolds from tight junctions are clearly implicated in the regulation of paracellular permeability. Since alterations of ciliogenesis suggested possible cytoskeletal modifications, we undertook a morphological study of epithelial cells during the differentiation process. IL-13–treated and –untreated spheroids were fixed at various stages of differentiation and analyzed using transmission electron microscopy. Several modifications in cell organization were observed at the ultrastructural level (Figure 3). IL-13 induced the formation of numerous interdigitations within lateral membranes (Figure 3, d and h). Ramified microvilli were also frequently observed within apical membranes of IL-13–treated cells (Figure 3, d and f) compared with simple ones in untreated cells. In some cases, cilia of IL-13–treated cells were detected in nonapical membrane areas, suggesting a defect in basal body targeting (Figure 3g). In the control culture, basal bodies were anchored to the apical membrane among dispersed microvilli (Figure 3c). Furthermore, impairment of cell polarization was also suggested by the presence of abnormal microvilli within basal membranes of IL-13–treated cells (Figure 3, d and e).

IL-13 affects the expression and localization of ezrin. A differential cDNA analysis was performed to identify genes upregulated or downregulated during IL-13 treatment, using CLONTECH Laboratories Inc. The cDNA arrays, consisting of 588 selected cDNA on nylon membranes. Among the 588 clones, 137 clones were detected using probes from IL-13–treated cultures, untreated cultures, or both (data not shown). Interestingly, expression of several proteins involved in cell polarization was downregulated by IL-13: α-catenin, plakoglobin, RhoA, G25K (a Cdc42 homologue belonging to the Rho small G pro-
tein family) (data not shown), and ezrin (Figure 4a). Downregulation of ezrin expression by IL-13 was confirmed at the protein level (Figure 4b) and by RT-PCR experiments (data not shown). In addition, during the first days of in vitro differentiation, ezrin was localized within the cytoplasm (data not shown), whereas it was specifically directed to the microvilli of ciliated cells (Figure 4c) before the formation of cilia (data not shown). In IL-13–treated spheroids, ZO-1 detected an irregular pattern compared with control, and few cells displayed apical membrane ezrin localization compared with control conditions (Figure 4c).

Taken together, these data suggest that IL-13 impairs ciliogenesis, at least partly through modifications of expression and localization of components implicated in the process of epithelial cell polarity. IL-13 decreases ciliary beat frequency. The morphological alterations observed in IL-13–treated epithelial cells suggested a possible inhibition of ciliary function, since this

Figure 4
IL-13 affects ezrin expression and localization during mucociliary differentiation. (a) 32P-labeled complex probes were obtained from epithelial cell RNAs at day 11 during MCD (+/- IL-13 from day 2) and hybridized on CLONTECH Laboratories Inc.’s Atlas cDNA arrays. CD9, a member of the tetraspanin protein family, is strongly expressed in both conditions. Merlin is not detectable in either case, while ezrin expression is downregulated by IL-13. (b) Ezrin protein expression was downregulated by IL-13 (+7, +12 days after confluence during MCD). At day 7, protein expression is identical in the two conditions. At day 12, the difference is significant. The Western blot analysis results shown are from one representative experiment, corresponding to a 30% decrease of ezrin expression in the presence of IL-13. Ten micrograms of total protein extract per lane. (c) Localization of ZO-1 and ezrin is affected by IL-13. Epithelial cells were labeled with GT335 mAb (red) in combination with either anti–ZO-1 Ab (green) or anti-ezrin Ab (green). In control conditions during MCD, anti–ZO-1 Ab reveals a continuous regular pattern, defining the subapical membrane domain (tight junctions) of each individual cell. IL-13-treatment strongly affects epithelial cell shape as observed with anti–ZO-1 staining. Anti-ezrin Ab decorates microvilli specifically located at the apical membrane of ciliated cells. In IL-13–treated spheroids, ezrin largely remains in the cytoplasm. Note the low number of ciliated cells (GT335 positive-cells) in the presence of the cytokine. Bar, 10 µm.
function relies on both a proper cellular cytoskeletal organization and cell-to-cell lateral adhesion. Therefore, ciliary beat frequency (CBF) was measured in IL-13–treated and –untreated conditions. In these experiments, the cytokine was added to spheroid cultures after 18 days of MCD, several days after the onset of ciliogenesis. During the first 3 days of IL-13 treatment, no significant difference was observed in the number of ciliated cells between control and treated spheroids. After 6 and 11 days, the number of ciliated cells increased in the control, while it remained stationary in IL-13–treated spheroids (data not shown). In parallel, the cytokine induced marked increases of mucin-positive cells, as revealed by the anti-M1 staining (Figure 5a). Interestingly, a significant reduction of CBF was observed in a dose-dependent manner at day 6 of IL-13 exposure, but not at day 3 (Figure 5b). After 10 days of IL-13 treatment, ciliary beating was completely abolished (data not shown).

**Discussion**

IL-13 plays an important role in the pathogenesis of asthma and other Th2-polarized tissue responses. Alteration of the epithelial barrier induces an inflammatory process in which both Th1 and Th2 cytokines are clearly implicated. Because the inhibition of IL-13 activity is sufficient to reduce the asthma phenotype in mice, in particular goblet cell hyperplasia (25, 26), we tested the effect of the cytokine during MCD of HNE cells as a model of epithelial cell regeneration. We used a primary culture because no human respiratory epithelial cell line is able to differentiate into secretory and ciliated cells. No neutrophils and eosinophils are present in the culture, allowing us to detect direct effects of IL-13 on the differentiation of epithelial cells. IL-13 increases the proportion of secretory cells. We have used the Muc5AC mucin gene product as a marker of secretory cell differentiation since an increase in its expression was correlated with an increase in mucus cells in murine airways, while the level of Muc1 mRNA and protein was constant (27). In addition, human tracheobronchial epithelial cells were shown to express increasing mRNA levels of the MUC5AC, MUC5B, and MUC4 genes during in vitro differentiation, while the levels of MUC2 mRNA remained low (23, 28, 29). In this paper, we show that IL-13 largely increases the proportion of MUC5AC-positive cells during in vitro MCD. Interestingly, the same effect was observed when IL-13 was added on differentiated epithelial cells (see Figure 5). Thus, IL-13 is able to increase the percentage of mucus-positive cells in human cell cultures in vitro. In vivo, IL-13 upregulates MUC5AC, but not MUC2, expression (27). Previous studies using cultured epithelial cells have shown that IL-13 and IL-4 do not affect, or may even decrease, mucin gene expression (30–32) and that
IL-4 up regulates MUC2 expression (33). Our cell culture conditions thus more closely reproduce the situation in vivo, in that MUC5AC expression is upregulated. Recent studies using a selective EGFR-tyrosine kinase inhibitor and cyclophosphamide or anti-IL-8 to block neutrophil recruitment (24) have suggested that EGFR signaling and neutrophils are involved in the IL-13 effects on mucin production. Our cell cultures, in the absence of neutrophils, show that these cells are not essential for the IL-13 regulation of mucin production. Whether the effects of IL-13 are directly on mucus production or on the differentiation of mucus cells as suggested by Rose et al. (31) remains to be further investigated.

IL-4 also increased the proportion of MUC5AC-positive cells (data not shown). Both IL-13 and IL-4 have been shown to use the IL-4Rα as a receptor component and thus activate common signaling pathways involving Janus kinases (JAKs), STAT6, and other signaling molecules (34) (see references therein). It is noteworthy that IL-4Rα and STAT6 are critically important in Th2 cell stimulation of mucus production, because mucous was not produced in IL-4Rα−/− mice inoculated with Th2 cells (35) and in STAT6−/− mice (11). The IL-13Rα1 in epithelial cells is composed of the IL-4Rα subunit and an IL-13–binding subunit. Of the two IL-13–binding subunits, IL-13Rα1 has been shown to be expressed in HNE cells (36) and to be implicated in IL-13 signaling (37). In HNE cells, the IL-4 antagonistic mutant protein (Y124D) antagonized IL-13 effects (see Figure 2), demonstrating the implication of a shared IL-4/IL-13 receptor in epithelial cells to IL-13. However, IL-4 appears to play a more important role in Th2 cell development and recruitment to the airways (2). Importantly, IFN-γ was not found to interfere with the MCD process (see Figure 2), but instead, was able to reduce IL-13–induced goblet cell hyperplasia (data not shown). A similar result was reported recently in an in vivo mouse model (38).

IL-13 alters epithelial cell morphology and ciliated cell differentiation. The molecular basis involved in the process of cilogenesis remains largely unknown. Tubulin gy- tamylation is a marker of cilia axonemes. GT335, a mAb directed against glutamylated tubulins, stains the centriole/basal bodies and the axonemes of ciliated cells (14). The use of this Ab allowed us to quantify by flow cytometry the percentage of ciliated cells during MCD (see Figure 1). The relative proportion of ciliated cells could also be determined using immunodetection of glutamylated tubulin from total protein extracts in Western blot analysis (ref. 14 and this work).

IL-13 clearly inhibited ciliated cell differentiation in vitro. At the ultrastructural level, it altered epithelial cell morphology by creating large intercellular spaces and lateral membrane interdigitations. Moreover, it affected the targeting of basal bodies and, consequently, a lower proportion of ciliated cells was observed as the cultures aged. A screening of mRNAs differentially expressed during MCD in the presence or absence of IL-13 showed that several components involved in cell polarization such as RhoA, G25K, α-catenin, and plakoglobin were down-regulated at the transcriptional level (data not shown). Ezrin was affected at the transcriptional level and at the protein expression level (see Figure 4). Moreover, IL-13 affected its apical membrane targeting during differentiation. Ezrin belongs to the ERM family and acts as a link between the plasma membrane and the actin cytoskeleton (39) and may serve, in respiratory epithelial cells, as a protein kinase A anchoring protein for protein kinase A–mediated phosphorylation of CFTR (40). Ezrin may also determine survival of epithelial cells (41). In addition, IL-13 has been shown to increase epithelial permeability by activating the phosphoinositide 3-kinase (PI3-kinase) pathway (42) and to stimulate activation of the PI 3-kinase–dependent signaling cascade in HT-29 cells (43). Consequently, it will be of interest to test PI 3-kinase inhibitors for cell survival and differentiation of normal epithelial cells treated with IL-13. It is noteworthy that IL-13 both alters epithelial cell polarization and further ciliated cell differentiation and alters the beating of cilia.

Multiple IL-13 effects contribute to the asthma phenotype. There is growing evidence that IL-13 is strongly involved in the pathogenesis of asthma and causes AHR and eosinophilia to the adult murine lung (25, 26, 44, 45). In an inducible transgenic mouse overexpressing IL-13, the cytokine caused emphysema, mucus metaplasia, and inflammation (45). However, mucus cell overproduction may be not sufficient to explain airway obstruction. An important result coming from our in vitro studies is that IL-13 may both induce mucus metaplasia and alteration of ciliated cell differentiation and function. Ultrastructural studies and anti–ZO-1 staining of epithelial cells during MCD in the presence of IL-13 suggest a modification of paracellular permeability. Epithelial cells show several morphological alterations interfering with the process of mucociliary differentiation. Interestingly, when the cytokine was added on differentiated epithelial cells, both an increase in the proportion of secretory cells and a time- and dose-dependent decrease of CBF were observed. Further incubation (up to 10 days) with the cytokine completely abolished ciliary beating (data not shown). The reduction of CBF is statistically significant and differs from results using other cytokines, such as IL-1β and TNF-α, which increased CBF after a 4- to 24-hour treatment (46). Taken together, these results suggest that during in vivo epithelial repair, IL-13 may influence the recovery of a normal, mucociliary, phenotype. The CBF-inhibitory effect of IL-13 may be relevant in vivo because inhibition of ciliary beating may contribute to airway obstruction.

IL-13–induced mucus overproduction in respiratory airways has been described in vivo (25, 26), suggesting that it is crucial for allergen-induced airway hyperresponsiveness. Recent data demonstrate an important role for genetic variants of IL-13 in the development of asthma in humans, independent of IL-4 (47). Our data reinforce the idea that the role of the cytokine is important in human asthma. Thus, inhibiting the cytokine or its receptors in vivo may be relevant in chronic lung...
diseases such as asthma. The in vitro system we developed will be useful for testing biological or synthetic IL-13 antagonist components.

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