Plasminogen as a prognostic biomarker for HBV-related acute-on-chronic liver failure

Daxian Wu, … , Zeyu Sun, Lanjuan Li


Graphical abstract
Plasminogen as a prognostic biomarker for HBV-related acute-on-chronic liver failure

Daxian Wu,1,2 Sainan Zhang,1 Zhongyang Xie,1 Ermei Chen,1 Qunfang Rao,1 Xiaoli Liu,1 Kaizhou Huang,1 Jing Yang,1 Lanlan Xiao,1 Feiyang Ji,1 Zhengyi Jiang,1 Yalei Zhao,1 Xiaoji Ouyang,1 Danhua Zhu,1 Xiahong Dai,3 Zhouhua Hou,4 Bingjie Liu,5 Binbin Deng,4 Ning Zhou,1 Hainv Gao,3 Zeyu Sun,1 and Lanjuan Li1

1State Key Laboratory for Diagnosis and Treatment of Infectious Diseases; National Clinical Research Center for Infectious Diseases; Collaborative Innovation Center for Diagnosis and Treatment of Infectious Diseases; The First Affiliated Hospital, College of Medicine, Zhejiang University, Hangzhou, China. 2Department of Infectious Diseases, The First Affiliated Hospital of Nanchang University, Nanchang, China. 3Department of Infectious Diseases, Shulan Hospital of Hangzhou, Hangzhou, China. 4Department of Infectious Diseases, Xiangya Hospital of Central South University, Changsha, China. 5Department of Infectious Diseases, Second Xiangya Hospital, Central South University, Changsha, China.

BACKGROUND. HBV-related acute-on-chronic liver failure (HBV-ACLF) is hallmarked by high short-term mortality rates, calling for accurate prognostic biomarkers for initial risk stratification.

METHODS. Three tandem mass tag–labeled (TMT-labeled) quantitative proteomic studies were performed on 10 patients with HBV-related acute hepatic decompensation and on 20 patients with HBV-ACLF. Candidate biomarkers were preliminarily verified in a cross-sectional cohort (n = 144) and further confirmed in 2 prospective cohorts (n = 207 and n = 148).

RESULTS. Plasminogen, a potential prognostic biomarker for HBV-ACLF, was identified by TMT quantitative proteomics and preliminarily verified in the cross-sectional cohort. Further validation with a prospective cohort (n = 207) showed that plasminogen levels at admission were significantly lower (P < 0.001) in HBV-ACLF nonsurvivors than in survivors. The cumulative survival duration of patients with high plasminogen levels was significantly longer (P < 0.001) than that of patients with low plasminogen levels. During hospitalization, plasminogen levels significantly decreased (P = 0.008) in the deterioration group but significantly increased (P < 0.001) in the improvement group. Additionally, plasminogen levels gradually increased in survivors but gradually decreased in nonsurvivors. The PS score, a prognostic panel incorporating plasminogen levels, hepatic encephalopathy occurrence, age, international normalized ratio (INR), and total bilirubin, was significantly superior to the Child-Pugh, Model for End-stage Liver Disease (MELD), Chronic Liver Failure Consortium ACLF (CLIF-C ACLF), Chinese Group on the Study of Severe Hepatitis B (COSSH), and HINT (a prognostic score based on hepatic encephalopathy occurrence, INR, neutrophil count, and thyroid-stimulating hormone) scores (all P < 0.05). The performances of the plasminogen level and PS score were validated in a second multicenter, prospective cohort (n = 148).

CONCLUSIONS. Plasminogen is a promising prognostic biomarker for HBV-ACLF, and sequential plasminogen measurements could profile the clinical course of HBV-ACLF. PS is a high-performance prognostic score for HBV-ACLF.

FUNDING. The National Key Research and Development Program (2017YFC1200204); the National Natural Science Foundation of China (81400589, 81600497); the Foundation for Innovative Research Groups of the National Natural Science Foundation of China (81221002); the Chinese High-Tech Research and Development Programs (2012AA020204); the National S&T Major Project (2012ZX10002004); and the Zhejiang Provincial Medicine and Health Science and Technology Project (2016147735).

Introduction

Acute-on-chronic liver failure (ACLF) is a life-threatening clinical condition that occurs in patients with preexisting chronic liver disease (CLD). It can progress rapidly and has a mortality rate of more than 50%, even after aggressive treatments (1–3). HBV infection is a major etiology of ACLF, and there are currently 350 million individuals infected with HBV worldwide (4). In most Asian countries, HBV-related ACLF (HBV-ACLF) accounts for over 70% of ACLF cases (5, 6). Reports have shown that the patient’s condition at admission is linked to the outcome of ACLF (1, 7); thus, biomarkers that enable early and accurate risk stratification are needed. Additionally, ACLF is a highly dynamic process; therefore, sequential assessments of biomarkers that reflect the course of liver failure during hospitalization may enhance the management of patients with ACLF (7–9). However, to our knowledge, no biomarker has satisfactorily addressed these challenges.

Patients with CLD who experience an episode of acute hepatic insult causing liver dysfunction are considered to have acute...
hepatic decompensation (AHD), which can further progress to ACLF hallmarked by multiorgan failure and high mortality rates. Therefore, AHD is considered a pre-ACLF condition, and the prognoses for AHD and ACLF differ considerably (2, 10). The emergence of quantitative proteomics technologies has facilitated the high-throughput discovery of candidate biomarkers, particularly noninvasive blood biomarkers, of liver pathophysiology such as those for liver regeneration (11), hepatocyte differentiation and dedifferentiation (12), and acute injury and failure (13, 14). However, few studies have focused on biomarkers distinguishing AHD from AHD, or ACLF survivors from nonsurvivors.

Here, we report the discovery of a promising prognostic biomarker for HBV-ACLF. First, we used isobaric labeling–based quantitative proteomics to assess ACLF-associated proteomic changes. Second, on the basis of the differentially expressed proteins (DEPs) identified in patients with ACLF, we verified several candidate biomarkers that allowed differentiation between ACLF nonsurvivors and survivors in a cross-sectional cohort. Third, we confirmed the prognostic power of plasminogen, the most promising biomarker, in a prospective, longitudinal cohort and developed a prognostic score (the P5 score) based on plasminogen levels, hepatic encephalopathy occurrence, age, international normalized ratio (INR), and total bilirubin. Finally, the prognostic value of plasminogen and the P5 score was further validated in a second multicenter, prospective cohort.

Results

Proteomics analysis. The overall design of this study is shown in Figure 1. During the discovery stage, 729, 699, and 703 proteins were identified in tandem mass tag–labeled (TMT-labeled) proteomics experiments 1, 2, and 3, respectively (raw data are available at https://www.iprox.org/page/project.html?id=IPX0001802000; project ID: IPX0001802000). In total, 584 proteins were identified in all 3 experiments (Figure 2A). Using a FDR filter under 0.05 with a difference of 1.5-fold or more, we identified 136 DEPs among patients with HBV-related AHD (HBV-AHD) and those with HBV-ACLF (Figure 2B). As expected, these patients could be distinguished in an unsupervised clustering analysis based on overall expression trends of DEPs (Figure 2C). Gene Ontology (GO) enrichment analyses revealed that the molecular functions of DEPs were primarily related to complement activity, protease inhibitor activity, and transporter activity, whereas the main biological processes involved protein metabolism, the immune response, and energy pathways. As for the cellular components term in the GO analysis, DEPs were mainly localized in extracellular components, exosomes, and lysosomes (Supplemental Figure 1, A–C; supplemental material available online with this article; https://doi.org/10.1172/JCI130197DS1). Hepatocyte nuclear factor-1α (HNF-1α), followed by estrogen-related receptor α (ERα), and nuclear receptor subfamily 4 group A member 2 (NR4A2) were predicted to be upstream transcription factors related to DEPs in patients with HBV-ACLF (Figure 2D). Western blot analysis showed a gradually decreasing level of HNF-1α in healthy controls (HCs) compared with patients with chronic hepatitis B (CHB), HBV-related liver cirrhosis (LC), HBV-AHD, or HBV-ACLF (Figure 2E). To validate the transcriptional connection between HNF-1α and plasminogen, we observed a dose-dependent inhibition of plasminogen expression in HepG2 cells treated with HNF-1α siRNA (Supplemental Figure 2). Additionally, pathway enrichment analysis showed that DEPs were overrepresented in the complement and coagulation cascades, cholesterol metabolism, and Staphylococcus aureus infection (Figure 3A). Also, those DEPs enriched in the complement and coagulation cascades were downregulated in HBV-ACLF survivors compared with HBV-AHD patients and further downregulated in HBV-AHD nonsurvivors (Figure 3, B–D).

Biomarkers predict the outcome for patients with HBV-ACLF. Of the 136 DEPs between the HBV-AHD and HBV-ACLF patients, 14 were downregulated and 2 were upregulated in HBV-ACLF nonsurvivors compared with those in survivors (Supplemental Table 1). Multivariate principal component analysis (PCA) showed that these candidate biomarkers clearly separated HBV-AHD patients, HBV-ACLF survivors, and HBV-ACLF nonsurvivors (Figure 4A). We built supervised orthogonal partial least squares discriminant analysis (OPLS-DA) models to identify protein signatures that could distinguish patients with HBV-ACLF from those with HBV-AHD, and HBV-ACLF nonsurvivors from survivors (Figure 4, B and C). Plasminogen, pigment epithelium–derived factor (SERPINF1), scavenger receptor cysteine-rich type 1 protein (M130), complement factor B (CFB), coagulation factor IX (F9), kininogen-1 (KNG1), and complement factor I (CFI) made the greatest contributions to differentiating HBV-ACLF survivors from nonsurvivors (predictive variable importance in projection [VIPpred] >1; Supplemental Table 1).

Preliminary validation of biomarkers. Among the 7 candidate biomarkers with a VIPpred greater than 1, the liver-specific proteins plasminogen, CFB, F9, KNG1, and CFI were validated in a cross-sectional cohort. As shown in Supplemental Figure 3, the levels of these 5 proteins decreased with increasing HBV disease severity (all P < 0.001). Importantly, plasminogen and CFI levels in ACLF nonsurvivors were significantly lower than those in survivors (P < 0.05), and CFB and F9 levels tended to be lower in nonsurvivors (both P < 0.10). The area under the receiver operating characteristics curves (AUCs) of plasminogen and CFI for the prediction of ACLF outcomes in the cross-sectional cohort were 0.770 (0.610–0.888) and 0.687 (0.521–0.824), respectively.

Validation of plasminogen in a prospective, longitudinal HBV-ACLF cohort. Given that plasminogen was suggested to be the most promising prognostic biomarker in the preliminary validation (Supplemental Table 1 and Supplemental Figure 3), we next focused on the prognostic utility of plasminogen in a prospective HBV-ACLF cohort (cohort 2, n = 207).

Of the patients with HBV-ACLF, 61.8% had prior cirrhosis, 78.2% were men, and 32.1% died within 30 days. The most frequent precipitating event for HBV-ACLF was HBV reactivation (60.9%), followed by bacterial infection (36.7%) and drug use (13.5%). The organs that failed most frequently, in order, were the liver (72.5%), coagulation system (28.5%), and lungs (24.6%). Kidney and circulation failure were rare in patients with HBV-ACLF (1.4% and 1.9%, respectively). Of these patients, 44.0% had single-organ failure, whereas 24.2% and 14.0% had 2 or 3 or more failed organs, respectively.

As shown in Figure 5A, the plasminogen level at admission in the nonsurvivor group was significantly lower than that in the survivor group (32.69 [29.39–39.89] vs. 48.57 [40.91–61.38] μg/mL, respectively).
The AUC of plasminogen levels for 30-day mortality was 0.848, with a sensitivity of 0.688 and a specificity of 0.893 at an optimal cut-off value of 35.47 (Figure 5B). We divided patients with ACLF into high-plasminogen (>35.5 μg/mL) and low-plasminogen (≤35.5 μg/mL) groups according to the optimal cut-off value. The cumulative survival rate of the high-plasminogen group was significantly higher than that of the low-plasminogen group (P < 0.0001; Figure 5C). The plasminogen level at admission decreased as the number of failed organs increased from 0 to more than 3 (52.03 [45.71–63.28], 50.74 [41.07–62.11], 39.90 [34.11–44.90], and 32.61 [25.42–35.30] μg/mL, P < 0.001; Figure 5F). Additionally, the plasminogen levels at admission were markedly lower in patients with coagulation failure and cerebral failure than in those without these conditions (both P < 0.001). The plasminogen levels were slightly lower in patients with liver failure and respiratory failure than in those without these conditions (P = 0.042 and P = 0.049, respectively). We observed no significant difference in plasminogen levels between patients with circulation failure and those without (Figure 5, G–K).

Sequential plasminogen measurements reflect the clinical course of HBV-ACLF. To observe the dynamic alterations of plasminogen during the patients' hospitalization, we assessed HBV-ACLF nonsurvivors with available 7-day follow-up serum samples (n = 36) and HBV-ACLF survivors with available 14-day follow-up serum samples (n = 48). We found that plasminogen levels gradually increased in survivors (P < 0.001) and gradually decreased in nonsurvivors (P = 0.019) (Figure 6A). Among these 84 patients, 18 experienced a deterioration in their condition, 30 had fluctua-
tium ACLF (CLIF-C ACLF), Chinese Group on the Study of Severe Hepatitis B (COSSH), and HINT (A prognostic score based on hepatic encephalopathy occurrence, INR, neutrophil count, and thyroid-stimulating hormone) scores ($r = 0.78, 0.80, 0.88, \text{ and } 0.89, \text{ respectively; all } P < 0.001; \text{ Supplemental Figure 4})$. The AUC of the P5 score for 30-day mortality was 0.955, with a sensitivity of 0.896 and a specificity of 0.906 at an optimal cut-off value of 16.95 (Supplemental Table 3). The P5 score showed significantly greater predictive power for 30-day mortality for HBV-ACLF patients than did the Child-Pugh, MELD, CLIF-C ACLF, COSSH, and HINT scores (all $P < 0.05; \text{ Figure 7B and Supplemental Tables 3 and 4}$). When patients were divided into risk subgroups according to the optimal P5 cut-off value, we found that the mortality rate of the high-risk (P5 >17) group was significantly higher than that of the low-risk (P5 ≤17) group (74.1% vs. 3.3%, $P < 0.001$). The cumulative survival rate for the high-risk P5 group was significantly lower than that for the low-risk P5 group ($P < 0.001; \text{ Figure 7C}$).

**Validation of plasminogen and P5 in an external, prospective cohort.** We used an external, prospective HBV-ACLF cohort (cohort 3) from 3 hospitals to validate the performance of plasminogen levels and the P5 score. The comparisons of clinical and laboratory characteristics at admission between the derivation and validation cohorts are listed in Supplemental Table 5. Consistent with the results from the derivation cohort, plasminogen levels in the nonsurvivor group were significantly lower than those in the survivor group (33.60 [27.86–42.62] vs. 51.02 [40.40–65.58] $\mu$g/mL, $P < 0.001$; Figure 5A). The plasminogen AUC for 30-day mortalities in their condition, and 36 experienced improvement in their condition during hospitalization (Supplemental Table 2). Compared with plasminogen levels at admission, the levels at the final follow-up assessment (14 days after admission or discharge) were significantly decreased in the deterioration group ($P = 0.008$) but significantly increased in the improvement group ($P < 0.001$), and were unchanged in the fluctuation group ($P = 0.943$) (Figure 6B). In summary, plasminogen levels closely correlated with the clinical course of HBV-ACLF.

**Development and evaluation of a plasminogen-based prognostic model.** We next evaluated the performance of plasminogen in combination with clinical parameters at admission to predict the outcomes of HBV-ACLF using the derivation cohort (cohort 2). Univariate and multivariate logistic regression analyses showed that plasminogen levels, age, hepatic encephalopathy (HE) occurrence, total bilirubin (TBil) levels, and the INR were independent prognostic factors for HBV-ACLF (Table 1). Therefore, we developed a prognostic panel (P5) based on the following 5 parameters: $\text{P5} = 4.3 \times \ln(\text{age}) + 2.3 \times (\text{HE}) + 2.1 \times \ln(\text{TBil}) + 4.7 \times \ln(\text{INR}) - 2.9 \times \ln(\text{plasminogen})$, where $\text{HE} = 0$ for patients without HE; $\text{HE} = 1$ for patients with mild HE (grades 1–2); and $\text{HE} = 2$ for patients with severe HE (grades 3–4). The P5 score for the nonsurvivor group was significantly higher than that for the survivor group (20.05 [17.74, 21.89] vs. 13.86 [12.05, 15.80], $P < 0.0001$; Figure 7A). The P5 score was positively associated with the Child-Pugh score ($r = 0.54, P < 0.0001$) and more strongly associated with the Model for End-stage Liver Disease (MELD), Chronic Liver Failure Consor-
Figure 3. Enriched KEGG pathways. (A) Schematic representation of the 11 enriched Kyoto Encyclopedia of Genes and Genomes (KEGG) pathways (all $P < 0.01$). Small dots indicate proteins, and large dots indicate enriched pathways. (B) Interactions of proteins associated with the complement and coagulation cascades. Blue indicates reference expression levels, and green indicates downregulation (magnitude is indicated by color intensity). All proteins shown were downregulated in HBV-ACLF survivors and to a greater degree in HBV-ACLF nonsurvivors compared with patients with HBV-AHD. (C and D) Relative expression levels of DEPs involved in the complement and coagulation cascades. Rank correlation was analyzed by the Spearman method. *$P < 0.05$ and ***$P < 0.001$. C1R, complement C1r subcomponent; C1S, complement C1S subcomponent; C2, complement C2; C3, complement C3; C4BPA, C4b-binding protein $\alpha$ chain; C4BPB, C4b-binding protein $\beta$ chain; C5, complement C5; C6, complement C6; CBA, complement component C8 $\alpha$ chain; CBB, complement component C8 $\beta$ chain; C8G, complement component C8 $\gamma$ chain; C9, complement component C9; CFB, complement factor B; CFI, complement factor I; CLU, clusterin; CPB2, carboxypeptidase B2; F2, prothrombin; F5, coagulation factor V; F9, coagulation factor IX; FGA, fibrinogen $\alpha$ chain; FGB, fibrinogen beta chain; FGG, fibrinogen $\gamma$ chain; KNG1, kininogen-1; PLG, plasminogen; PROC, vitamin K-dependent protein C; SERPINA5, plasma serine protease inhibitor; SERPINC1, antithrombin-III; SERPIND1, heparin cofactor 2; VTN, vitronectin.
mortality was 0.812, with a sensitivity of 0.762 and a specificity of 0.717 (Figure 5D). The cumulative survival duration for patients with high plasminogen levels was significantly longer than that for patients with low plasminogen levels (P < 0.0001; Figure 5E). Plasminogen levels decreased as the number of failed organs increased (P < 0.001; Figure 5F). Plasminogen levels at admission were dramatically lower in patients with coagulation failure and cerebral failure than in those who did not have these conditions (both P < 0.001). We observed no significant difference in plasminogen levels between patients with liver failure, respiratory failure, or circulation failure and those without (Figure 5, G–K). Thus, the relationships between plasminogen levels and the number and type of failed organs were similar to those in the derivation cohort.

Nonsurvivors had a significantly higher P5 score than did survivors (19.69 [16.91, 22.39] vs. 13.80 [12.45, 15.92], P < 0.0001; Figure 7A). As in the derivation cohort, the P5 score was positively associated with the Child-Pugh and MELD scores (r = 0.48 and 0.60, respectively; P < 0.001) and more strongly associated with the CLIF-C ACLF, COSSH, and HINT scores (r = 0.77, 0.88, and 0.88, respectively; all P < 0.001; Supplemental Figure 5). The AUC of the P5 score for 30-day mortality was 0.907, which was significantly higher than that of the Child-Pugh, MELD, and HINT scores (AUC = 0.718, 0.680, and 0.856 respectively, all P < 0.05) and tended to be higher than those of the CLIF-C ACLF and COSSH scores (AUC = 0.857 and 0.868; P = 0.0566 and 0.0686; respectively; Figure 7D and Supplemental Table 4). The AUCs are listed in Supplemental Table 3. The mortality rate for the high-risk P5 group (P5 >17) was significantly higher than that for the low-risk P5 group (P5 ≤17) (72.1% vs. 10.5%, P < 0.001, Figure 7E).

Estimation of HBV-ACLF mortality based on the P5 score. To facilitate the clinical application of the P5 score, we estimated the HBV-ACLF mortality rates in the derivation and validation cohorts on the basis of the P5 score using Fisher’s canonical discriminant analysis. The mortality rate approached zero when the P5 score was lower than 10; increased to 18.3% and 90.5% for P5 scores of 15 and 20, respectively; and reached 100% for P5 scores above 24 (Figure 7F). For P5 scores from 15 to 20, the mortality rate of HBV-ACLF increased by 18.5% for each 1-point increment in the P5 score.

Performance of the P5 score in different HBV-ACLF subtypes. Among the patients with HBV-ACLF in the derivation and validation cohorts, 133 (37.5%) did not have prior cirrhosis (noncirrhotic ACLF, type A), 137 (38.6%) had prior compensated cirrhosis (compensated cirrhotic ACLF, type B), and 85 (23.9%) had prior decompensated cirrhosis (decompensated cirrhotic ACLF, type C). For the prediction of outcomes for patients with type A HBV-ACLF, the AUC of the P5 score was significantly higher than that of the Child-Pugh, MELD, CLIF-C ACLF, and HINT scores (0.955 vs. 0.807, 0.818, 0.906, and 0.921 respectively; all P < 0.05). In addition, for the prediction of the outcomes for patients with type-B HBV-ACLF, the AUC of the P5 score was significantly higher than that of the Child-Pugh, MELD, CLIF-C ACLF, and COSSH scores (0.938 vs. 0.697, 0.785, 0.872, and 0.874, respectively; all P < 0.05) and tended to be higher than the AUC of the HINT score (0.938 vs. 0.903, P = 0.09). Finally, for the prediction of the outcomes for patients with type C HBV-ACLF, the P5 score was comparable to the other 5 scores (0.869 vs. 0.759, 0.774, 0.803, 0.842, and 0.791, respectively; all P > 0.05). The comparison between the P5 score and other scores according to HBV-ACLF subtype is shown in Supplemental Figure 6 and Supplemental Tables 6 and 7.

Plasminogen levels in autoimmune and alcoholic ACLF. In order to investigate whether the predictive potential of plasminogen could be extended to ACLF caused by non-HBV etiologies, the present study enrolled another cross-sectional cohort (cohort 4) that included 30 HCs and 112 patients with CLD whose diseases were either autoimmune in origin or caused by alcohol (Supplemental Table 8). Surprisingly, plasminogen levels also gradually decreased from HCs to non-LC, to LC, to AHD, and then to ACLF. Plasminogen levels in ACLF nonsurvivors were significantly lower than those in survivors (P < 0.01, Supplemental Figure 8). These encouraging results suggest that plasminogen may also serve as a prognostic biomarker for ACLF of other etiologies and warrant further studies.
Discussion

A few studies utilized proteomic approaches to identify biomarkers for HBV-ACLF (15–17). However, these studies were conducted with small sample sizes, and, consequently, the results were inconclusive. Additionally, these studies did not include HBV-AHD, which is difficult to differentiate from HBV-ACLF, did not attempt to differentiate HBV-ACLF survivors from nonsurvivors, and did not analyze the clinical course of HBV-ACLF in a prospective, longitudinal manner. In summary, the molecular signature of HBV-ACLF was still incomplete. Therefore, we performed this study with the aim of identifying effective biomarkers that reflect the progression of HBV-ACLF.

Unsupervised clustering of proteomics data showed that 136 DEPs could distinguish HBV-ACLF from HBV-AHD unambiguously, suggesting that these proteins might predict the occurrence of ACLF. Additionally, HNF-1α was predicted to be the key transcriptional regulator that leads to significant alterations in DEPs during HBV-ACLF (Figure 2D). Moreover, hepatic expression of HNF-1α was confirmed to gradually decrease from HCs to HBV-ACLF. HNF-1α has been reported to regulate complex networks of biological pathways, including complement activation, the clotting cascade, and cholesterol metabolism (18–21). Coincidentally, these pathways were found to be enriched in the present study (Figure 3A). In addition, another study has revealed that 2 transcriptional activation sites of plasminogen are recognized by HNF-1 (22). The present study further revealed that expression of the plasminogen gene was decreased in HNF-1α-knockdown HepG2 cells and that...
When AHD progresses to ACLF, risk stratification is necessary to identify patients who are in urgent need of a liver transplant and those who are not (23). Indicators for this purpose, including soluble CD163 (24), macrophage inflammatory protein 3α (25), and connexin 43 (26), have been proposed. However, these indicators are still a long way from clinical application. Thus, we further refined biomarkers to differentiate HBV-ACLF nonsurvivors from survivors. Among the 16 candidate biomarkers, plasminogen, the most promising biomarker discovered by OPLS-DA, was verified in 2 prospective cohorts. We observed that a decreased plasminogen level at admission was markedly associated with mortality in patients with HBV-ACLF. During hospitalization, a 14-day longitudinal observation showed that plasminogen levels gradually increased in survivors, but the levels gradually decreased in nonsurvivors. These changes in plasminogen levels reflected the course of improvement, deterioration, and fluctuation. Notably, plasminogen levels were negatively associated with the number of failed organs and were markedly lower in patients with HBV-ACLF with cerebral failure or coagulation failure. These results robustly demonstrated that plasminogen is a promising biomarker for HBV-ACLF and that sequential plasminogen measurements reflect the clinical course of HBV-ACLF. Moreover, when analyzed together with the clinical parameters, plasminogen remained an independent prognostic factor for HBV-ACLF in a multivariate logistic regression analysis.

It would be expected that plasminogen, as a liver-specific protein, along with other coagulation factors, would dramatically decrease when liver functions are severely impaired. In theory, a decrease in plasminogen levels should parallel an increase in the INR value in patients with ACLF as a result of impaired synthetic functions of the liver. In this study, however, the plasminogen level was weakly correlated with the INR value ($r = 0.55$–$0.58$, Supplemental Figure 7), implying that plasminogen may be involved in additional pathological processes apart from the coagulation cascade during the pathogenesis of ACLF. In patients with liver failure, liver regeneration was commonly accompanied by necrosis and shown to be necessary for the patients’ recovery. Plasminogen activation by the plasmin/α2-antiplasmin system reportedly plays an important role in liver regeneration after injury (27). Therefore, markedly decreased plasminogen levels in patients with ACLF would hamper liver regeneration by reducing the production of hepatocyte growth factor and impeding remodeling (28, 29). Thus, patients with ACLF are subjected to a vicious circle of liver injury, plasminogen depletion, and impaired hepatocyte regeneration. Further investigations are needed to ascertain the mechanism underlying decreased plasminogen levels in patients with ACLF.

Because ACLF involves multiple systems and has a complex pathology (1, 9), a comprehensive prognostic score that includes indicators of multiple pathological processes is needed to predict the outcome of ACLF. Similar to previous reports (30–32), we demonstrated comparable abilities of CLIF-C ACLF, COSSH, and HINT scores to determine HBV-ACLF prognosis. Here, we showed that the P5 score, based on plasminogen levels and 4 other clinical parameters, outperformed the Child-Pugh, MELD, CLIF-C ACLF, COSSH, and HINT scores in both a single-center derivation cohort and a multicenter validation cohort. According to the estimated HBV-ACLF mortality rate, P5 scores below 15 and above 20 indicated good and poor prognoses, respectively, enabling patient stratification. In addition, 40.8% of patients with HBV-ACLF had P5 scores of 15 to 20, and the mortality rate for patients with HBV-ACLF increased by 18.5% for each 1-point increment in the P5 score in this range, facilitating a dynamic monitoring of the disease during hospitalization. Notably, the P5 score showed a considerably higher predictive power for HBV-ACLF types A and B, but its ability to predict type C was comparable to that of the other scores. The latter may be due to the small sample size used. Therefore, the P5 score enables the prediction of outcomes for patients with ACLF and decision-making regarding the allocation of intensive care resources and priorities for urgent liver transplantation.

This study has several limitations. First, we identified 136 DEPs that could predict the occurrence of ACLF, which may provide a rich biomarker pool for HBV-ACLF diagnosis, but further refinement of the diagnostic biomarkers from this pool is needed. Second, we focused on plasminogen as a prognostic biomarker for HBV-ACLF and verified its performance in multiple cohorts; but whether the addition of other candidate biomarkers could increase the predictive power for HBV-ACLF has not been investigated. Third, whether plasminogen is a prognostic predictor of ACLF caused by other etiologies still needs further study, although the plasminogen levels were verified as having gradually decreased with increasing disease severity in a small cross-sectional cohort of individuals with autoimmune or alcoholic CLD.
In conclusion, we investigated the proteomes of patients with HBV-ACLF by TMT quantitative proteomics. The most promising biomarker, plasminogen, allowed the differentiation of HBV-ACLF nonsurvivors from survivors, whereas sequential plasminogen measurements facilitated predictions of the clinical course of HBV-ACLF.

We then showed that the P5 score was superior to currently available prognostic models and validated its performance in an
with vasoactive agents. Respiratory failure was determined when the ratio of arterial oxygen partial pressure to fractional inspired oxygen (PaO2/FiO2) was 200 or less or the ratio of pulse oxymetric saturation to FiO2 (SpO2/FiO2) was 214 or less. The clinical course was assessed as described previously (30) by comparing the CLIF-SOFA scores at admission and on day 14 thereafter or at discharge. Improvement and deterioration were defined as a 2-point or greater decrease or increase in the CLIF-SOFA score, respectively, whereas fluctuation was defined as the difference between −1 and 1.

Study design and patient enrollment. As shown in Figure 1, three batches of TMT-labeled quantitative proteomics analyses were performed for 10 patients with HBV-AHD and 20 patients with HBV-ACLF (10 survivors and 10 nonsurvivors). Then, 4 cohorts of subjects were enrolled for preliminary and further verification of screened biomarkers. A cross-sectional cohort (cohort 1), comprising 26 HCs, 26 CHB, 26 HBV-related LC, 26 HBV-AHD, and 40 HBV-ACLF inpatients and outpatients from May 1 to August 1, 2016 from the First Affiliated Hospital of Zhejiang University, was enrolled for preliminary verification of those biomarker candidates identified by quantitative proteomics. A prospective, longitudinal HBV-ACLF cohort (cohort 2, derivation cohort, n = 207), enrolled from June 1, 2017 to September 1, 2018 at the First Affiliated Hospital of Zhejiang University, was used to validate the prognostic performance of plasminogen and to develop a prognostic score for HBV-ACLF. We also included an external prospective, multicenter HBV-ACLF cohort (cohort 3, validation cohort, n = 148), enrolled from June 1, 2016 to May 30, 2017 at the First Affiliated Hospital of Zhejiang University (n = 86), the Xiangya Hospital of Central South University (n = 35), and the Shulan Hospital of Hangzhou (n = 27). Cohort 3

external, multicenter cohort. We believe that both the level of plasminogen and the P5 score, translated from bench to clinic, will facilitate clinical decision-making in the management of HBV-ACLF.

Methods Definitions. CHB and LC were diagnosed according to criteria outlined in previous reports (33–36). HE was defined and graded using the West Haven criteria (37). HBV-AHD was diagnosed on the basis of previous studies (38–41). Briefly, patients with HBV-related CLD, with or without cirrhosis, experience acute hepatic insults resulting in liver dysfunction (manifesting as a serum TBil level ≥2 mg/dL and prolongation of the prothrombin time of ≥3 seconds, with or without the presence of ascites, HE, or variceal hemorrhage) but do not meet the criteria for HBV-ACLF, and are thus considered to have HBV-AHD. HBV-ACLF was diagnosed according to slightly modified Asian Pacific Association for the Study of the Liver (APASL) criteria (30). In brief, HBV-ACLF was defined as TBil levels of 5 mg/dL or higher and an INR of 1.5 or higher (or prothrombin activity <40%) for patients with HBV-related CLD who have suffered acute hepatic insults within 4 weeks.

Organ failure was diagnosed using the chronic liver failure–sequential organ failure assessment (CLIF-SOFA) score as described previously (2). Briefly, patients were considered to have liver failure if their TBil level was 12 mg/dL or higher and brain and kidney failure if they had grade III–IV HE and of a serum creatinine level of 2 mg/dL or higher, respectively. Coagulation failure was confirmed when the INR was 2.5 greater or the platelet count was 20 × 10^9/L or lower. Circulation failure was determined when the mean arterial pressure was less than 70 mmHg or when the patient was under treatment with vasoactive agents. Respiratory failure was determined when the ratio of arterial oxygen partial pressure to fractional inspired oxygen (PaO2/FiO2) was 200 or less or the ratio of pulse oxymetric saturation to FiO2 (SpO2/FiO2) was 214 or less. The clinical course was assessed as described previously (30) by comparing the CLIF-SOFA scores at admission and on day 14 thereafter or at discharge. Improvement and deterioration were defined as a 2-point or greater decrease or increase in the CLIF-SOFA score, respectively, whereas fluctuation was defined as the difference between −1 and 1.

Study design and patient enrollment. As shown in Figure 1, three batches of TMT-labeled quantitative proteomics analyses were performed for 10 patients with HBV-AHD and 20 patients with HBV-ACLF (10 survivors and 10 nonsurvivors). Then, 4 cohorts of subjects were enrolled for preliminary and further verification of screened biomarkers. A cross-sectional cohort (cohort 1), comprising 26 HCs, 26 CHB, 26 HBV-related LC, 26 HBV-AHD, and 40 HBV-ACLF inpatients and outpatients from May 1 to August 1, 2016 from the First Affiliated Hospital of Zhejiang University, was enrolled for preliminary verification of those biomarker candidates identified by quantitative proteomics. A prospective, longitudinal HBV-ACLF cohort (cohort 2, derivation cohort, n = 207), enrolled from June 1, 2017 to September 1, 2018 at the First Affiliated Hospital of Zhejiang University, was used to validate the prognostic performance of plasminogen and to develop a prognostic score for HBV-ACLF. We also included an external prospective, multicenter HBV-ACLF cohort (cohort 3, validation cohort, n = 148), enrolled from June 1, 2016 to May 30, 2017 at the First Affiliated Hospital of Zhejiang University (n = 86), the Xiangya Hospital of Central South University (n = 35), and the Shulan Hospital of Hangzhou (n = 27). Cohort 3
was used to further validate the performance of plasminogen and the P5 score. Finally, another cross-sectional cohort (cohort 4), which included 30 HCs and 112 patients with autoimmune (n = 64) or alcoholic (n = 48) ACLD enrolled from July 1 to October 1, 2019 at the First Affiliated Hospital of Zhejiang University, was included to assess the performance of plasminogen in non-HBV-related ACLF. Among the 112 patients, 33 with presented noncirrhotic liver disease, 18 had LC, 33 had AHD, and 28 had ACLF. All patients with ACLF were followed for 30 days or until death, whichever occurred first. Exclusion criteria for patients with HBV-ACLF are detailed in the Supplemental Methods.

Management of patients with HBV-ACLF. The management of patients with HBV-ACLF is detailed in the Supplemental Methods.

Proteomic protocols and bioinformatic analysis. High-abundance serum proteins (albumin and IgG) were depleted from samples using the ProteoPrep Blue Albumin and IgG Depletion Kit (PROTBA, Sigma-Aldrich). Next, 120 μg albumin/IgG-depleted serum was reduced, alkylated, and digested with DTT, iodoacetamide (IAA), and trypsin. The peptide solution was labeled with a TMT-10plex Isobaric Label Reagent Set plus TMT 11-131C Label Reagent (A34808, Thermo Fisher Scientific) and divided into 15 fractions. Fractions were dried, resuspended, and loaded onto a nanoACQUITY ultraperformance liquid chromatography (UPLC) system (Waters). Outcoming data were acquired using the Q-Exactive coupled mass spectrometer (Thermo Fisher Scientific). All protocols were performed according to the manufacturers’ instructions (see also Supplemental Methods). RAW files were searched against the human UniProt database (version 11-2018; https://www.uniprot.org/statistics/Swiss-Prot) using MaxQuant software (version 1.6.3.3). Bioinformatics analyses were performed using Perseus (version 1.6.1.3), Cytoscape (version 3.7.0), FunRich (version 3.1.3), and SIMCA (version 14.0) software, as described in the Supplemental Methods.

Western blotting, ELISA, and HNF-1α interference in HepG2 cells. HNF-1α, a transcription factor predicted by FunRich software according to the DEPs, was validated by Western blotting on liver tissues from donors, recipients of liver transplantation, or liver biopsies. The levels of selected biomarker candidates in serum were measured using ELISA kits. The regulation of plasminogen by HNF-1α was confirmed by detection of interference in HepG2 cells. Western blotting, ELISA, and HNF-1α interference protocols are described in detail in the Supplemental Methods.

Calculation of scores. The Child-Pugh, MELD, CLIF-C ACLF, COSSH, and HINT scores were calculated as detailed in the Supplemental Methods.

Statistics. Statistical analysis was performed using SPSS (version 18.0, SPSS Inc.) and MedCalc (MedCalc Software). Categorical data, presented as numbers (percentages), were compared using χ² or Fisher’s exact test. Continuous data are presented in tables as the mean ± SD or the median with percentiles (P25–P75) and in graphs as dot plots with box-and-whisker plots. The lines within the boxes indicate the median, and the bounds of the boxes represent the 25th and 75th percentiles. whiskers indicate both the maximum and minimum values, and dots out of whiskers represent outliers. Continuous data were compared by Student’s t test, 1-way ANOVA, Mann-Whitney U test, or Kruskal-Wallis H test, as appropriate. Paired and repeated-measures data were analyzed by the Wilcoxon test and the Greenhouse-Geisser method, respectively. Rank correlation was analyzed by the Spearman method. Independent prognostic factors for HBV-ACLF were identified by multivariate logistic regression according to the forward Wald method, with entry and removal probabilities of 0.05 and 0.10, respectively. Kaplan-Meier plots were used to compare the cumulative survival rates. A multivariate logistic regression analysis was performed to develop a prognostic score for HBV-ACLF. The receiver operating characteristic curves (ROCs) were compared using a z test (DeLong’s method). The HBV-ACLF mortality rate based on the P5 score was estimated by Fisher’s canonical discriminant analysis. All tests were 2-tailed, and P values of less than 0.05 were considered statistically significant.

Study approval. This study was conducted in compliance with the principles of the 1975 Declaration of Helsinki and was approved by the Ethics Committees of the First Affiliated Hospital, Zhejiang University, Xiangya Hospital, Central South University, and Shulan Hospital of Hangzhou. Written informed consent was obtained from all patients or their legal representatives prior to their participation in the study.

Author contributions

DW, SZ, and ZX contributed equally to this work. LL, ZS, and HG are the guarantors of this work. LL, HG, XL, and DZ designed the study. LL, ZS, HG, and XL obtained financial support for this study. DW, ZS, QR, and SZ conducted the main experiments. DW, SZ, EC, QR, KH, ZX, JY, and LX contributed to data acquisition. DW, QR, JY, LX, XD, NZ, B1, ZH, and BD collected serum and completed the follow-up. DW, KH, FJ, ZJ, YZ, and XO performed the serological detection tests. ZS, FJ, and DW conducted statistical analyses. DW, ZS, SZ, and XL analyzed and interpreted the data. DW wrote the manuscript, and ZS, HG, and LL provided critical revisions of the manuscript. All authors approved the final version of the manuscript.

Acknowledgments

This project was supported by grants from the National Key Research and Development Program (2017YFC1200204); the National Natural Science Foundation of China (81400589, 81600497); the Foundation for Innovative Research Groups of the National Natural Science Foundation of China (81121002); the Chinese High-Tech Research and Development Program (2012AA020204); the National S&T Major Project (2012ZX10002004); and the Zhejiang Provincial Medicine and Health Science and Technology Project (2016147735).

Address correspondence to: Zeyu Sun or Lanjuan Li, First Affiliated Hospital, College of Medicine, Zhejiang University, 79 Qingchun Road, Shangcheng District, 310003 Hangzhou, China. Phone: 86.571.87236579; Email: zeyysun@zju.edu.cn (ZS). Phone: 86.571.87236458; Email: llili@zju.edu.cn (LL).


