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Commentary

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Striking a balance in an antibody network: A roadmap for HIV-1 vaccines

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With almost 2 million new HIV-1 infections in 2018, a highly effective vaccine is imperative. Vaccine-elicited HIV-1 antibodies contribute to protection through multiple nonneutralizing activities, but the exact mechanisms remain unknown. In this issue of the JCI, Neidich and associates sought to determine how antibodies contributed to reducing the risk of HIV-1 acquisition in a phase IIb preventative vaccine efficacy trial, HVTN 505. Their studies revealed that antibody-dependent cellular phagocytosis (ADCP) and FcγRIIa binding were strongly associated with reduced HIV-1 risk; however, HIV-1 envelope–specific IgG3, IgA; and host FcγRIIa genotype also influenced risk. This study highlights the intricate interactions between antibodies and innate immune functions in humans.

Antibody Fc interactions correlated with reduced HIV-1 acquisition

HIV-1 remains the leading cause of death worldwide, with 38 million people living with HIV/AIDS and 770,000 HIV-infected people dying in 2018 (1). Despite drug- and behavior-based interventions, new cases still occur at an alarming rate in many regions of the world. A safe and effective vaccine could significantly decrease new HIV infections, save millions of lives, and reduce the burden of AIDS on a global scale. An effective vaccine will need to induce robust and long-lasting humoral and cellular immune responses that can overcome genetically diverse HIV-1 variants with complex immune evasion strategies. Recent studies of immune correlates in vaccinated human volunteers have revealed complicated profiles of Ig antibody class, subtype, and effector functions, suggesting that fine-tuning antibody profiles could provide better protection against HIV-1 infection (2–5). Neidich et al. investigated how nonneutralizing antibody responses contributed to reduced acquisition risk in a phase IIb efficacy trial, HVTN 505, which was conducted at 21 sites within the US (6). The trial administered DNA and recombinant adenovirus type 5 (rAd5) immunizations to 2,500 men and transgendered persons who have sex with men and were at risk for HIV-1 infection (7). The vaccine was designed to elicit antibodies against envelope (Env) proteins representing three major HIV-1 clades as well as multifunctional CD4+ and CD8+ T cells (7). There was no effect of the vaccine on acquisition of HIV-1 infection. However, the vaccine left a footprint of immune pressure on the Env protein of breakthrough variants (8). Further, it elicited a high rate of antibody-dependent cellular phagocytosis (ADCP) with a broad dynamic range (8). To identify immune risk correlates, the authors used a case-control strategy in which they compared immune measures between 125 uninfected and 25 infected vaccine recipients, sampled at 4 weeks after the final rAd5 immunization (6).

Neutralizing-antibody activity has been associated with vaccine-mediated protection against several pathogens; however, antibodies exhibiting a much more diverse portfolio of antiviral activities may better reduce susceptibility to HIV-1. Capitalizing on antibody diversity might prove advantageous if the antibodies were abundant, could bind to different virion forms and Env proteins, could interact with multiple Fcγ receptors (FcγRs), and required low mutation without unusual adaptations (9). Antibody binding to FcγRs expressed on various effector cells provides a powerful bridge between the innate and adaptive arms of the immune system. This interaction can lead to such effector functions as antibody-dependent cell-mediated cytotoxicity (ADCC) of infected cells or ADCP of opsonized viral particles, which is typically mediated by IgG3 antibodies engaged with FcγRIIa (10, 11).

To gain insight into whether the ADCP generated by HVTN 505 was a correlate of reduced risk, Neidich et al. evaluated this activity in vitro using a consensus HIV-1 Env protein coupled to fluorescent beads, which are taken up by a monocytic cell line upon antibody binding to FcγRIIa (12). This approach detected Env-specific, IgG-mediated ADCP in 88% of the vaccinees, and the median ADCP score was twice as high in uninfected individuals compared with infected individuals (6). The authors also measured in vitro binding of tetrameric FcγRIIa to Env-specific IgG. ADCP and FcγRIIa binding both significantly correlated with reduced risk of HIV-1 acquisition, which held when controlling for potentially confounding factors such as age, race, behavior risk, and body mass index (6). Further analyses demonstrated high IgG3 response rates in HVTN 505 vaccines, and IgG3 binding to a panel of HIV-1 Env proteins was also significantly correlated with reduced risk of HIV-1 acquisition (6). These results support a scenario in which high IgG3 responses against Env facilitated FcγRIIa engagement and ADCP, which contributed to reducing the infection risk. While these results provide new insight into the protective potential of a subset of
nonneutralizing IgG antibodies, further studies could reveal a clearer understanding of the mechanisms. Antibody binding to FcRRIIa could have resulted in phagocytosis of opsonized viral particles, but could also have induced signaling by the effector cells, providing indirect antiviral activity. It will also be critical to understand why vaccine-elicited ADCP did not provide a higher level of protection against infection. The authors postulated that the short IgG3 half-life in serum limited protection, so maximizing antiviral activity will likely require developing approaches to increase anti-Env IgG3 magnitude and durability. Further experiments should also test ADCP using viral variants that represent circulating strains and breakthrough variants from this cohort. Ultimately, characterizing the specificity of antibodies that mediate ADCP will guide the design of vaccine immunogens that can present effective targets.

Other immune and host factors modulated HIV-1 infection risk

It is becoming more evident that Env-specific circulating IgA elicited by vaccination could indirectly modulate IgG antibody function. In the HIV-1 vaccine efficacy trial RV144, Env-specific plasma IgA directly associated with HIV-1 infection risk, possibly by interfering with protective IgG antibodies that could mediate ADCC and other antiviral activities (5, 13). When the authors investigated Env-specific IgA in HVTN 505 vaccinees, the vaccine, again, exhibited a negative impact on risk. High Env-specific IgA levels negatively modified the association between ADCP and reduced risk of acquisition (6). In other words, when Env-specific IgA levels were low or undetectable, the potentially protective effects of ADCP and antibody binding to FcRRIIa were even stronger. It is worth noting that IgA exists as two isotypes in humans and is found in multiple specialized forms in blood and mucosal tissue compartments (14, 15). Like IgG antibodies, serum IgA can interact with FcγR, mediate antiviral activities, and is also thought to play a key role in balancing inhibitory and activating pathways that influence IgG-mediated functions (14). Thus, elevated serum IgA may serve as a marker of a dysregulated humoral immune response. It will be interesting to more fully characterize the properties of vaccine-induced serum and mucosal IgA antibodies and determine whether they do, in fact, interfere with the capacity of IgG to mediate ADCP, directly or indirectly. Future studies could entertain the possibility of developing vaccine regimens that generate balanced amounts of IgA and IgG.

Given the strong association between FcRRIIa binding and reduced risk of infection, Neidich and colleagues considered the genetics of the vaccinated individuals by investigating whether polymorphisms in the FcRRIIa gene modified the correlation of antibody functions with risk of infection. They found that the presence of a certain genotype strengthened the association of ADCP with reduced risk of acquisition, and this association remained highly significant when adjusted for cellular responses (6). These results highlight how host genetic variation can impact the underlying Fc-mediated antibody functions and influence HIV-1 susceptibility.

Although antibodies repeatedly correlate with reduced risk in vaccinated humans, it is logical to expect that robust cellular immune responses could also contribute to an effective HIV-1 vaccine by containing initial viral spread or controlling breakthrough HIV-1 replication. Previous studies have provided evidence that cell-mediated immune responses are not protective on their own, but do exert selective pressure on breakthrough virus (16). Neidich et al. investigated whether there were any potential synergistic effects between cellular and humoral responses in reducing acquisition in HVTN 505. They used systems analysis and machine-learning approaches to search for evidence that polyfunctional CD4+ and CD8+ T cells also contributed to reducing infection risk. When they tested all measured immune responses and baseline clinical and demographic factors for prediction of risk, they found that antibody and T cell variables together gave the highest predictive power, indicating that multiple immune components likely contributed to defining HIV-1 risk in HVTN 505. However, future studies should expand on how to enhance the immune responses that track with reduced acquisition, both antibody and T cell mediated, to the point that together they can provide a high level of protection against acquisition.

Lastly, the real-world complexity of a vaccine clinical trial such as HVTN 505 should not be underappreciated. HVTN 505 involved multiple sites, a wide age range, racial and ethnic diversity, variation in risk behaviors, sexually transmitted infections, use of pre- and postexposure prophylaxis, and drug and alcohol use (7). Even though Neidich et al. controlled for potentially confounding factors, it is remarkable that such strong antibody correlates of HIV-1 risk were identified. Although the effect failed to prevent infection, the mechanisms could have a direct impact on improving clinical vaccines.

Conclusions and future directions

It is apparent that vaccines can elicit antibodies that mediate functions such as ADCC and ADCP, as measured in vitro. These vaccine-related responses continue to emerge as immune correlates of reduced acquisition, suggesting that we need to investigate the intricate network of IgG and IgA antibodies circulating in serum and located at mucosal surfaces, and how different antibody types synergize or compete to converge on effector functions to modulate risk of infection. The work by Neidich et al. suggests that a vaccine should aim to elicit highly functional and carefully orchestrated humoral immune responses that strike a balance between functions, classes, and subtypes, instead of relying on a single type of antibody or function to provide comprehensive protection. Magnitude and durability of functional antibody responses against Env remain as challenges to overcome. The study here also reminds us that FcγR host genetics and immune repertoire modulate immune activity and warrant further investigation. Future experiments should utilize different Env proteins, virions, or stabilized trimers, breakthrough and/or circulating viral variants, and autologous primary effector cells, and develop additional approaches to define mechanisms beyond the immune measure in serum. In the absence of a highly efficacious HIV-1 vaccine, new information about how antibodies could reduce the risk of infection provides viable avenues of investigation.

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