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Helicobacter pylori: preying on SIVA for survival in the stomach

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Infection with the Gram-negative bacterium Helicobacter pylori remains the most important modifiable risk factor for the development of gastric cancer, a leading cause of cancer-related deaths worldwide. How the interactions between H. pylori and its host shape the gastric environment during chronic infection warrants further investigation. In this issue of the JCI, Palrasu et al. used human cell lines and mouse models to provide mechanistic insight into H. pylori’s ability to delay apoptosis in gastric epithelial cells by actively driving the degradation of a proapoptotic factor, SIVA1. Their findings suggest that promoting the survival of gastric epithelial cells has implications not only for H. pylori pathogenesis but for host tumorigenesis.

Helicobacter pylori overcomes a myriad of host defense mechanisms

H. pylori is one of the most prolific human pathogens, affecting approximately half of the global population (1). The success of H. pylori as a chronic pathogen relies in large part on its ability to colonize and persist within the hostile gastric environment by overcoming a myriad of host defense mechanisms, including peristalsis and, most notably, stomach acid. Like other chronic pathogens, H. pylori has fine-tuned its interactions with its host, sufficiently modifying its environment to survive, yet tempering activation of the host inflammatory response to persist. As a result of alterations in host homeostasis, H. pylori increases oncogenic risk, with H. pylori infection being the single most important factor for the development of gastric cancer (2). H. pylori–derived virulence factors increase cancer risk by inducing chronic, recurrent inflammation while undermining intracellular host defense mechanisms and actively driving changes in epithelial cell proliferation, differentiation, and survival (3, 4).

In this issue of the JCI, Palrasu et al. (5) provide detailed, mechanistic evidence to illustrate one method by which H. pylori hijacks arguably the most basic, innate epithelial defense, apoptosis. The authors demonstrated that H. pylori infection of human gastric epithelial cells led to downregulation of the proapoptotic factor, SIVA1 (5). SIVA1 promotes CD27- and T cell receptor–mediated apoptosis and inhibits Bcl-x(L) antiapoptotic activity during cellular stress (6–8). Specifically, H. pylori infection promoted the proteasomal degradation of SIVA1 by activating a ubiquitin ligase and X-linked inhibitor of apoptosis, XIAP. Importantly, H. pylori’s antiapoptotic effects through SIVA1 are mediated by CagA, an H. pylori–specific virulence factor that is delivered into host cells by a type IV secretion system and that influences multiple host intracellular processes (9). CagA directly regulates SIVA1 stability in vitro by stimulating its degradation. Accordingly, individuals infected with cagA-positive strains of H. pylori showed increased XIAP phosphorylation (the activated form of the protein) and decreased SIVA1 compared with uninfected individuals or those infected with cagA-negative strains (5). This article thus identifies yet another key function of the versatile CagA protein (10), in this case promoting H. pylori pathogenesis by subverting established host apoptotic defense mechanisms (5).

Apoptosis in the stomach

The Palrasu et al. study (5) forces us to reconsider the evolutionary tit-for-tat that exists between H. pylori and the human stomach. H. pylori colonizes the stomach predominantly as an extracellular pathogen (11), so what would be the benefit to the bacterium in delaying apoptosis and promoting the survival of epithelial cells in which it does not primarily reside? One possibility is that these host epithelial cells contribute to a mucinous, extracellular matrix that provides attachment sites for H. pylori as well as shelters the bacteria from the highly acidic gastric lumen (12). Apoptosis remains an effective means for the host to discard these harboring cells and limit H. pylori’s epithelial foothold. H. pylori, not to be outdone, might have developed its own arsenal to specifically overcome apoptosis and enhance its colonization. In addition to blocking apoptosis, a previous study showed that H. pylori also relies on CagA to promote and maintain a proliferative state that enhances colonization (13).

From the host perspective, apoptosis in the stomach serves a critical function beyond simply restraining bacterial colonization. Apoptosis clears injured epithelial cells and limits ongoing cellular damage, which may be critical because H. pylori infection produces a characteristic genotoxicity, with DNA damage at specific regions in the host genome, namely in transcribed regions and proximal to telo-
meres (14). *H. pylori* has also been shown to inhibit host DNA repair mechanisms (15). In addition to DNA damage, persistent injury to gastric epithelial cells results in repeated rounds of cellular reorganization and proliferation, as part of an innate and conserved intracellular response to repair the gland (16). With each round of proliferation, these metastatic cells can accumulate mutations that can predispose to the development of cancer. *H. pylori* could directly contribute to this cyclical hit model of tumorigenesis (17) by promoting survival of metastatic cells harboring DNA damage or, specifically, mutations in key growth or differentiation-regulating genes. The authors show that the effect of *H. pylori* on SIVA1 actively limits the host response to DNA damage, independently of a critical regulator of the DNA damage response, p53 (18). Taken together, Palrasu et al. (5) lend further support for *H. pylori*’s carcinogenic potential (19) through the CagA-mediated downregulation of apoptotic mechanisms that would otherwise weed out mutant cells.

**Chronic *H. pylori* infection downregulates SIVA1 expression**

While Palrasu and colleagues primarily focused on *H. pylori*’s effects on SIVA1 in a human gastric cancer cell line (5), we note that the cell-specific expression of SIVA1 in vivo could have substantial implications for *H. pylori* pathogenesis and host tumorigenesis. For example, Siva1 was largely absent from the mucus-secreting foveolar/pit cells in mice. Broadly speaking, delaying apoptosis in this population of epithelial cells may confer an advantage to *H. pylori* in the more acute stage of infection, when *H. pylori* must gain a foothold within the infected gland (13), but it would carry little to no carcinogenic risk to the host, as these rapidly cycling cells are continually extruded from the tops of gastric glands into the gastric lumen. However, Siva1 was highly and almost exclusively expressed in chief cells at the bases of gastric glands within the gastric corpus, the acid-secreting region of the stomach, and was subsequently lost following chronic *H. pylori* infection (5). Injured gastric corpus glands can undergo a reorganization, characterized by the reprogramming of chief cells at the gland base into a population of proliferative, metaplastic cells (20). Downregulation of chief cell-specific SIVA1, therefore, could promote the survival of chief cells, representing one method by which *H. pylori* might increase oncogenic risk, since long-lived chief cells are prone to cyclical reprogramming events that can lead to chronic accumulation of DNA damage and an increased potential for neoplastic transformation (17, 20). Moreover, the reprogramming of chief cells promotes *H. pylori*’s chronic colonization and expansion throughout the stomach (21).

While this study by Palrasu et al. implicates SIVA1 as a critical component of *H. pylori* pathogenesis and as a key checkpoint in the progression to gastric cancer following chronic *H. pylori* infection (5), questions remain. Does the degradation of SIVA1 mark the evolution toward a pre-neoplastic state during chronic *H. pylori* infection? Can decreased SIVA1 levels portend a poorer prognosis in patients chronically infected with *H. pylori*? What is the mutational burden in cells that have degraded SIVA1? What is the ultimate fate of these cells, and are other host mechanisms in place to trigger apoptosis in the face of decreased SIVA1 levels? This study prompts a deeper understanding into the complex but critical host and microbial mechanisms that regulate the mutational landscape and underlie the gastric neoplastic milieu.

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spasmolytic polypeptide-expressing metaplasia allows Helicobacter pylori to expand its intragastric niche.

