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Nitric oxide (NO) derived from endothelial NO synthase (eNOS) is regarded as a protective factor against atherosclerosis. Therefore, augmentation of eNOS expression or NO production by pharmacological intervention is postulated to inhibit atherosclerosis. We crossed eNOS-overexpressing (eNOS-Tg) mice with atherogenic apoE-deficient (apoE-KO) mice to determine whether eNOS overexpression in the endothelium could inhibit the development of atherosclerosis. After 8 weeks on a high-cholesterol diet, the atherosclerotic lesion areas in the aortic sinus were unexpectedly increased by more than twofold in apoE-KO/eNOS-Tg mice compared with apoE-KO mice. Also, aortic tree lesion areas were approximately 50% larger in apoE-KO/eNOS-Tg mice after 12 weeks on a high-cholesterol diet. Expression of eNOS and NO production in aortas from apoE-KO/eNOS-Tg mice were significantly higher than those in apoE-KO mice. However, eNOS dysfunction, demonstrated by lower NO production relative to eNOS expression and enhanced superoxide production in the endothelium, was observed in apoE-KO/eNOS-Tg mice. Supplementation with tetrahydrobiopterin, an NOS cofactor, reduced the atherosclerotic lesion size in apoE-KO/eNOS-Tg mice to the level comparable to apoE-KO mice, possibly through the improvement of eNOS dysfunction. These data demonstrate that chronic overexpression of eNOS does not inhibit, but accelerates, atherosclerosis under hypercholesterolemia and that eNOS dysfunction appears to play important roles in the progression of atherosclerosis in apoE-KO/eNOS-Tg mice.

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Overexpression of endothelial nitric oxide synthase accelerates atherosclerotic lesion formation in apoE-deficient mice

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Nitric oxide (NO) derived from endothelial NO synthase (eNOS) is regarded as a protective factor against atherosclerosis. Therefore, augmentation of eNOS expression or NO production by pharmacological intervention is postulated to inhibit atherosclerosis. We crossed eNOS-overexpressing (eNOS-Tg) mice with atherogenic apoE-deficient (apoE-KO) mice to determine whether eNOS overexpression in the endothelium could inhibit the development of atherosclerosis. After 8 weeks on a high-cholesterol diet, the atherosclerotic lesion areas in the aortic sinus were unexpectedly increased by more than twofold in apoE-KO/eNOS-Tg mice compared with apoE-KO mice. Also, aortic tree lesion areas were approximately 50% larger in apoE-KO/eNOS-Tg mice after 12 weeks on a high-cholesterol diet. Expression of eNOS and NO production in aortas from apoE-KO/eNOS-Tg mice were significantly higher than those in apoE-KO mice. However, eNOS dysfunction, demonstrated by lower NO production relative to eNOS expression and enhanced superoxide production in the endothelium, was observed in apoE-KO/eNOS-Tg mice. Supplementation with tetrahydrobiopterin, an NOS cofactor, reduced the atherosclerotic lesion size in apoE-KO/eNOS-Tg mice to the level comparable to apoE-KO mice, possibly through the improvement of eNOS dysfunction. These data demonstrate that chronic overexpression of eNOS does not inhibit, but accelerates, atherosclerosis under hypercholesterolemia and that eNOS dysfunction appears to play important roles in the progression of atherosclerosis in apoE-KO/eNOS-Tg mice.

adhesion molecule expression and inflammatory cell infiltration in carotid arteries of cholesterol-fed rabbits (9). Accordingly, the gene transfer of NOS has been expected as a favorable candidate of therapy for the prevention or inhibition of atherosclerosis. However, these beneficial effects are examined only in the short term by using a pharmacological approach or transient gene transfer. Furthermore, NOS itself produces superoxide anions in the absence of its substrate l-arginine or cofactors (10, 11). The long-term outcomes of gene delivery of NOS remain unclear, and its effects on vascular structures are undetermined. From these viewpoints, the actual roles of eNOS in the development of atherosclerosis should be examined by using the model that chronically overexpresses eNOS at the vessel walls.

In this study, we aimed to investigate the long-term effects of eNOS overexpression in the endothelium on the development of atherosclerosis by using genetically engineered mice. eNOS transgenic (eNOS-Tg) mice, which chronically overexpress eNOS in the vascular endothelium, show various vasoprotective effects on different vascular injury models by overproducing endothelium-derived NO (12–14). ApoE-deficient (apoE-KO) mice, a well-known animal model of atherosclerosis whose lesion development is similar to that observed in humans (15), were crossed with eNOS-Tg mice to generate eNOS-overexpressing apoE-KO (apoE-KO/eNOS-Tg) mice. We found promotion of atherosclerosis in apoE-KO/eNOS-Tg mice in comparison with apoE-KO mice, possibly due to the dysfunction of overexpressed eNOS in the endothelium that resulted in decreased NO bioactivity and enhanced production of superoxide. Supplementation with a NOS cofactor tetrahydrobiopterin (BH4) reversed eNOS dysfunction and inhibited atherosclerotic progression. Our study provides evidence that the preservation of eNOS function rather than eNOS expression is essential for the prevention of atherosclerosis.

**Methods**

**Materials.** Diaminofluorescein-2 diacetate (DAF-2 DA) and 2-methyl-6-(4-methoxyphenyl)-3, 7-dihydroimidazo[1, 2-a] pyrazin-3-one-hydrochloride (MCLA) were purchased from Daiichi Pure Chemicals Co. (Tokyo, Japan) and Tokyo Kasei Kogyo Co. (Tokyo, Japan), respectively. Sapropterin hydrochloride, chemically synthesized BH4, was obtained from Suntory Ltd. (Kyoto, Japan). The following Ab’s were used: a rabbit polyclonal anti-eNOS Ab (Transduction Laboratories, Lexington, Kentucky, USA); a rat monoclonal anti-mouse monocyte/macrophage Ab (MOMA-2; Biosource International, Camarillo, California, USA); a monoclonal anti-α smooth muscle actin Ab (DAKO A/S, Glostrup, Denmark). All other chemicals were obtained from Sigma-Aldrich (St. Louis, Missouri, USA).

**Animal preparation.** Homozygous apoE-KO mice (50% C57BL/6j, 50% 129SVJ) (16) were backcrossed at least four times to C57BL/6j mice (93.8% C57BL/6j, 7.2% 129SVJ). eNOS-Tg mice (99.9% C57BL/6j) overexpressing bovine eNOS under the control of preproendothelin-1 promoter have been described previously (12). Heterozygous eNOS-Tg mice were crossed with apoE-KO mice to yield double-heterozygous mice (96.9% C57BL/6j, 3.1% 129SVJ). These heterozygous littersmates were bred with apoE-KO mice to establish apoE-KO/eNOS-Tg mice. The animals used in this experiment were offspring of an intercross between apoE-KO/eNOS-Tg mice and apoE-KO mice (96.9% C57BL/6j, 3.1% 129SVJ). PCR was performed for genotyping for apoE (16) and the eNOS transgene (12).

**Experimental design.** ApoE-KO mice (n = 86) and apoE-KO/eNOS-Tg mice (n = 92) were weaned at 4 weeks of age onto a high-cholesterol diet (1.25% cholesterol, 7.5% cocoa butter, 7.5% casein, 0.5% sodium cholate; Oriental Yeast Co., Tokyo, Japan) (17) and maintained the diet for 8 or 12 weeks. In separate experiments, apoE-KO mice (n = 21) and apoE-KO/eNOS-Tg mice (n = 36) were maintained on a high-cholesterol diet supplemented with 10 mg/kg/day BH4 as described previously (18). eNOS-Tg mice (99.9% C57BL/6j) were used in the experiments of immunoblotting for eNOS expression (n = 6) and NOS activity (n = 6). Their littermate wild-type (WT) mice were used for a control group in the experiments of immunoblotting for eNOS expression (n = 6), NOS activity (n = 6), and in situ superoxide detection (n = 14). Animals were provided the diet and water ad libitum and were maintained on a 12-hour light/dark cycle. All animal experiments were conducted according to the Guidelines for Animal Experiments at Kobe University Graduate School of Medicine.

**Histological analysis of atherosclerotic lesions.** The apoE-KO and apoE-KO/eNOS-Tg mice were euthanized at the age of 12 or 16 weeks, respectively (8 or 12 weeks on the high-cholesterol diet, respectively), and the atherosclerotic lesions were analyzed as described previously (19, 20). After mice were anesthetized with pentobarbital sodium (80 mg/kg intraperitoneally; Abbott Laboratories, Abbott Park, Illinois, USA), the aorta was perfused with normal saline containing 10 U/ml heparin. Then the aortic sample was dissected from the middle of left ventricle to the iliac bifurcation and fixed in 4% paraformaldehyde overnight. The samples were cut in the ascending aorta, and the proximal samples containing the aortic sinus were embedded in OCT compounds (Tissue-Tek; Sakura Finetechnical Co., Tokyo, Japan) and sectioned (10-μm thickness). Five consecutive sections, spanning 550 μm of the aortic root, were collected from each mouse and stained with Sudan III and Masson’s trichrome. For quantitative analysis of the atherosclerosis, the total lesion area of five sections from each mouse was measured with the NIH 1.61 Imaging Software by modifying the method reported previously (17). The distal part of the excised aorta (from aortic arch to iliac bifurcation) was dissected free from surrounding tissues, opened longitudinally, and pinned onto a silicon-coated dish. Image analysis was performed on Sudan III–stained aortas with the NIH.
expression of eNOS in aortas was analyzed by extracting from the mice at the age of 12 weeks. The Industries, Osaka, Japan).

Statin levels were quantified by enzymatic reaction using automated clinical chemistry analyzer. HDL-cholesterol levels were obtained through centrifugation of the blood for 15 minutes at 5,500 g at 4°C and stored at −80°C until each assay was performed. Concentration of total cholesterol and triglyceride were determined using an automated clinical chemistry analyzer. HDL-cholesterol levels were quantified by enzymatic reaction using a commercially available kit (Wako Pure Chemicals Industries, Osaka, Japan).

**Protein analysis for eNOS.** The protein samples were extracted from the mice at the age of 12 weeks. The expression of eNOS in aortas was analyzed by immunoblotting, and Ca2+-dependent NOS enzymatic activity was determined by conversion of [3H]-L-arginine to [3H]-L-citrulline as described previously (12). Enzyme activity was expressed as citrulline production in picomoles per milligram of protein per minute.

In situ fluorescent signal detection and quantitative measurements of NO in aortas. NO production from aortas in situ was detected with fluorescence indicator DAF-2 DA (22–24). The fluorescent images of NO were obtained by the NightOWL luminograph at the wavelength of 465 nm (25). Briefly, aortas excised from 12-week-old animals were dissected free from the surrounding tissues and mounted in a black-colored silicon dish filled with PBS at pH 7.4. After the samples were placed in a light-tight box to prevent interference by external light, MCLA was applied to the chamber (final concentration: 20 µmol/l). The light emission due to the in situ MCLA reaction with superoxide anion was measured for 5 minutes, and the measurement was repeated three times to confirm the reproducibility. The last signal image was used for the quantitative analysis. Subsequently, the endothelium was removed, and the chemiluminescent signal image was repeatedly obtained. The chemiluminescence due to superoxide was identified by application of Cu/ZnSOD (400 U/ml) at the end of each measurement. The examined samples were then stained with Sudan III.

The output data of light emission was recorded as images of a nonlinear gray scale that were converted to the pseudocolor. The chemiluminescence signal intensities due to superoxide production were quantitatively analyzed with WinLight 32 software. Quantification of superoxide production was evaluated separately in approximately ten randomly selected sites (0.0012–0.002 cm²) of either plaque or nonplaque area in aortic vessels that were discriminated by Sudan III staining. Measurements from each area were averaged in plaque or nonplaque area per animal after subtraction of the background signal. Quantification of superoxide production was expressed as the ratio (fold increase) to the average values obtained from WT mice. The reduced superoxide levels by endothelial
removal were expressed as a percentage of the reduced signal intensities to those before denudation.

BH₄ contents in aortas. Biopterin contents in aortas were measured by HPLC analysis as described previously (18, 28). The amount of BH₄ was calculated from the difference between the total (BH₄ plus BH₂ plus oxidized biopterin) and alkaline-stable biopterin (BH₂ plus oxidized biopterin).

Statistical analysis. Data were expressed as mean plus or minus SD. An unpaired Student t test was used to detect significant differences when two groups were compared. One-way ANOVA was used to compare the differences among three or four groups, with Bonferroni’s test for post hoc analysis. P values less than 0.05 were considered statistically significant.

Results
Accelerated atherosclerosis by eNOS overexpression in apoE-KO mice. After 8 weeks on a high-cholesterol diet (at the age of 12 weeks), atherosclerotic lesion formation was observed in the aortic sinus of apoE-KO mice (Figure 1a). In apoE-KO/eNOS-Tg mice, unexpectedly, the atherosclerotic lesions were markedly promoted compared with apoE-KO mice (Figure 1b). As shown in Figure 1c, the lesion size was significantly increased 2.6-fold in male and twofold in female apoE-KO/eNOS-Tg mice compared with apoE-KO mice. In histological examination, the atherosclerotic plaque areas were remarkably greater in apoE-KO/eNOS-Tg mice than in apoE-KO mice (Figure 2). The percentage of MOMA-2–stained area in the plaque was not significantly different between the two groups (apoE-KO mice: 64% ± 14%; apoE-KO/eNOS-Tg: 61% ± 12%, P = NS). The α-smooth muscle actin–positive cells were few or hardly detectable (data not shown), and fibrotic changes were only partly distributed in the plaque lesions of both apoE-KO and apoE-KO/eNOS-Tg mice (Figure 2, c and d). Thus, the atherosclerotic lesions were more extended in apoE-KO/eNOS-Tg mice, whereas the cellular composition was not changed between the two groups.

The mean lesion areas in the aortic tree statistically did not differ between apoE-KO and apoE-KO/eNOS-Tg mice after 8 weeks on a high-cholesterol diet (percentage of lesion area: 8.8% ± 3.0% in male apoE-KO mice; 10.4% ± 2.4% in male apoE-KO/eNOS-Tg; 8.3% ± 2.8% in female apoE-KO mice; 10.8% ± 2.3% in female apoE-KO/eNOS-Tg; P = NS). For this reason, we extended the cholesterol feeding period for an additional 4 weeks. After 12 weeks on a high-cholesterol diet, the lesion formation in the aortic tree was also markedly progressed in apoE-KO/eNOS-Tg mice compared with apoE-KO mice (Figure 3, a and b).

Figure 1
Atherosclerotic lesions in the aortic sinus. (a and b) Representative photographs of Sudan III–stained aortic root sections from apoE-KO and apoE-KO/eNOS-Tg mice fed on a high-cholesterol diet for 8 weeks. Sections were taken at the same level of aortic valves (original magnification ×15). (c) Quantitative analysis of atherosclerotic lesion size in males and females of apoE-KO and apoE-KO/eNOS-Tg mice. Total lesion area of five sections in the aortic root from each mouse was quantified morphometrically as described in Methods. Each symbol represents the lesion area measurement from an individual mouse, with the mean per group indicated by a horizontal line. After 8 weeks on a high-cholesterol diet, the atherosclerotic lesion areas were significantly increased in apoE-KO/eNOS-Tg compared with apoE-KO mice. *P < 0.001 vs. male apoE-KO mice; **P < 0.01 vs. female apoE-KO mice.

Figure 2
Histological examination of atherosclerotic lesions in the aortic root. (a and b) Photographs are representative of immunostaining for MOMA-2 in the atherosclerotic lesions, which showed no difference in the distribution between apoE-KO (a) and apoE-KO/eNOS-Tg mice (b) fed on a high-cholesterol diet for 8 weeks. (c and d) Fibrotic changes were detected with Masson’s trichrome in the aortic root sections from apoE-KO (c) and apoE-KO/eNOS-Tg mice (d) fed a high-cholesterol diet. Fibrosis was only partly distributed in the plaque lesions of both mice (original magnification ×75).
The quantitative analysis showed significant increases in the lesion area of 1.5 times in males and 1.4 times in females compared with apoE-KO mice (Figure 3c). Thus, atherosclerotic development was significantly accelerated by eNOS overexpression in the endothelium in the early stage of atherosclerosis.

**Plasma lipids levels and hemodynamics.** Plasma cholesterol levels were remarkably elevated by a high-cholesterol feeding in both apoE-KO and apoE-KO/eNOS-Tg mice; however, there was no significant difference between the two groups (Table 1). In contrast, triglyceride levels were not affected by a high-cholesterol diet in both groups (Table 1). Mean systemic blood pressure in apoE-KO/eNOS-Tg mice was 83.2 ± 7.4 mmHg (n = 8), which was approximately 20 mmHg lower than that in apoE-KO mice (103.5 ± 5.6 mmHg; n = 7, P < 0.01). As reported previously (12), eNOS overexpression in the endothelium significantly decreased blood pressure in apoE-KO mice.

**Expression of eNOS and NOS activity in aortas.** As shown in Figure 4, a and b, eNOS expression in aortas from eNOS-Tg mice was significantly greater than in WT mice. The protein levels of eNOS in apoE-KO/eNOS-Tg mice were also 10.8 times and 3.6 times greater than in WT mice and apoE-KO mice, respectively. Interestingly, in accordance with the report of Laursen et al. (29), each protein level of eNOS in apoE-KO or in apoE-KO/eNOS-Tg mice was slightly, but significantly, increased compared with WT or eNOS-Tg mice, respectively.

**Ca2+-dependent NOS activity in aortas was 1.8 times higher in eNOS-Tg mice than in WT mice (eNOS-Tg: 2.73 ± 0.61 pmol/mg protein/min vs. WT: 1.51 ± 0.12 pmol/mg protein/min; P < 0.05, n = 6 for each group).** ApoE-KO/eNOS-Tg mice also showed a significant increase in NOS activity compared with apoE-KO mice (apoE-KO/eNOS-Tg: 3.05 ± 0.31 pmol/mg protein/min vs. apoE-KO: 2.10 ± 0.51 pmol/mg protein/min; P < 0.05, n = 6 for each group). However, NOS activity in apoE-KO/eNOS-Tg mice did not differ from that in eNOS-Tg mice.

**NO production in aortas.** The fluorescent signal intensities due to acetylcholine-stimulated NO production were not significantly different between WT and apoE-KO mice (WT mice: 35,680 ± 8,920 pW/cm², apoE-KO mice: 32,330 ± 3,890 pW/cm²; P = NS). In apoE-KO/eNOS-Tg mice, the endothelium-derived NO production was 1.5 times higher than that in apoE-KO mice (Figure 4, c–g). However, the NO bioactivity in apoE-KO/eNOS-Tg mice was relatively lower than that assumed from the increase in eNOS protein levels.

**Increased superoxide production in aortas from apoE-KO/eNOS-Tg mice.** To investigate the spatial distribution and the quantitative determination of superoxide production in the atherosclerotic vessels, in situ superoxide detection was performed with MCLA. As shown in Figure 5, a and d, the chemiluminescent signal due to superoxide production was hardly detectable in aortas from WT mice. On the other hand, the clear chemiluminescent signal was detected in the atherosclerotic regions. The protein levels of eNOS in apoE-KO/eNOS-Tg mice were also 10.8 times and 3.6 times greater than in WT mice and apoE-KO mice, respectively. Interestingly, in accordance with the report of Laursen et al. (29), each protein level of eNOS in apoE-KO or in apoE-KO/eNOS-Tg mice was slightly, but significantly, increased compared with WT or eNOS-Tg mice, respectively.

**Table 1**

<table>
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<th>WT (C57BL/6)</th>
<th>ApoE-KO</th>
<th>ApoE-KO/eNOS-Tg</th>
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<td></td>
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<td>6</td>
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<td>T-CHO mg/dl</td>
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<td>HDL-C mg/dl</td>
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<td>66.2 ± 15.2</td>
<td>43.2 ± 9.9</td>
</tr>
<tr>
<td>Triglyceride mg/dl</td>
<td>9.2 ± 1.2</td>
<td>6.2 ± 1.5</td>
<td>7.5 ± 1.0</td>
</tr>
</tbody>
</table>

ApoE-KO and apoE-KO/eNOS-Tg mice were fed on a high-cholesterol diet for 8 weeks. Animals were fasted for at least 12 hours and bled, and plasma total cholesterol, HDL cholesterol, and triglycerides were determined as described in Methods. *P < 0.01 vs. WT mice. T-CHO, plasma total cholesterol; HDL-C, HDL cholesterol.
plaque lesions of apoE-KO mice (Figure 5, b and e). In apoE-KO/eNOS-Tg mice, MCLA signal was intensely visualized and more extensively distributed from the aortic arch to the iliac bifurcation (Figure 5, c and f).

Quantitative analysis showed that superoxide production in nonplaque areas was increased 3.3-fold in apoE-KO/eNOS-Tg mice and 2.1-fold in apoE-KO mice compared with normal aortic vessels in WT mice (Figure 5g). In plaque areas, superoxide generation was further increased more than tenfold in both apoE-KO and apoE-KO/eNOS-Tg mice compared with WT mice. However, the increase in superoxide production was more significantly augmented in both areas of apoE-KO/eNOS-Tg mice compared with those of apoE-KO mice.

To examine the source of superoxide generation in aortas, the endothelium was sequentially removed. In apoE-KO mice, the endothelial denudation resulted in only slight reduction of superoxide production in both plaque and nonplaque areas (Figure 5h). In contrast, superoxide levels in nonplaque areas in apoE-KO/eNOS-Tg mice were significantly decreased by the endothelial denudation, showing that the vascular endothelium is the pivotal source of superoxide generation in aortas of apoE-KO/eNOS-Tg mice.

Reduced BH4 contents in atherosclerotic vessels. Enhanced superoxide production and decreased NO bioactivity in the endothelium raised a possibility that activation of eNOS might be dysregulated under hypercholesterolemia in our model. Previous studies demonstrated that loss or insufficiency of BH4, an essential cofactor of NOS, impaired the physiological function of NOS in vitro or in vivo (18, 30, 31). Therefore, we subsequently measured tissue biopterin contents in aortas to examine the roles of BH4 on the atherogenesis. In apoE-KO mice, BH4 contents in aortas were approximately 50% decreased compared with WT mice (WT: 5.13 ± 0.01 pmol/mg protein; apoE-KO: 2.56 ± 0.01 pmol/mg protein; *P < 0.01). BH4 contents in apoE-KO/eNOS-Tg mice were also significantly lower than those in WT mice (apoE-KO/eNOS-Tg: 2.48 ± 0.01 pmol/mg protein), whereas these BH4 levels in aortas did not differ between apoE-KO and apoE-KO/eNOS-Tg mice. This finding indicates that dysfunctional eNOS is more abundantly present in aortas of apoE-KO/eNOS-Tg mice.

Effects of BH4 on the development of atherosclerosis in apoE-KO/eNOS-Tg mice. We hypothesized that supplementation of BH4 could inhibit the progression of atherosclerosis by restoring eNOS function in apoE-KO/eNOS-Tg mice. After 12 weeks of administration, BH4 treatment significantly reduced the lesion size in the aortic tree by 26% in male and by 28% in female apoE-KO/eNOS-Tg mice.
mice (Figure 6c). In apoE-KO females, the aortic tree lesion size was also decreased by BH4 treatment compared with untreated females (Figure 6d); however, the degree of the reduction size was comparatively smaller than in apoE-KO/eNOS-Tg mice. In contrast, apoE-KO males did not show a significant change in the lesion size under BH4 treatment ($P = 0.25$ vs. untreated males).

Plasma lipid profiles were not affected by BH4 administration at 8 or 12 weeks of treatment (data not shown).

Beneficial effects of BH4 on the generation of superoxide and NO in the endothelium. Subsequently, the biochemical effects of BH4 on the production of superoxide and NO were examined in BH4-treated apoE-KO/eNOS-Tg mice. As shown in Figure 7a, superoxide generation in plaque areas was markedly decreased by BH4 administration (Figure 7a). Superoxide production in non-plaque areas was also slightly decreased by BH4 treatment, although the reduction did not reach statistical significance ($P = 0.51$). Endothelial removal decreased superoxide levels in aortas from either BH4-treated or untreated apoE-KO/eNOS-Tg mice (Figure 7b). However, the degree of the reduction was attenuated by BH4 treatment. These findings show that supplementation of BH4 reduced superoxide production in the endothelium. In addition, acetylcholine-stimulated NO production was significantly increased by BH4 administration (Figure 7c). Thus, the supplementation of BH4 decreased superoxide generation and increased NO production in the endothelium of apoE-KO/eNOS-Tg mice.

Figure 6
BH4 suppresses atherosclerotic progression in apoE-KO/eNOS-Tg mice. Representative photographs of Sudan III-stained, longitudinally opened aortas from BH4-treated (b) and untreated (a) apoE-KO/eNOS-Tg mice on a high-cholesterol diet for 12 weeks. Atherosclerotic lesion formation was remarkably suppressed by BH4 administration in apoE-KO/eNOS-Tg mice. (c) Quantitative analysis of atherosclerotic lesion size in aortas from apoE-KO/eNOS-Tg mice. In BH4-treated apoE-KO/eNOS-Tg mice, atherosclerotic lesion size was significantly smaller than in untreated mice. $*P < 0.05$ vs. untreated apoE-KO/eNOS-Tg males; $**P < 0.01$ vs. untreated apoE-KO/eNOS-Tg females. (d) Quantitative analysis of atherosclerotic lesion size in aortas from apoE-KO mice. BH4 treatment also decreased atherosclerotic lesion size in apoE-KO females; however, the reduction was comparatively smaller than in apoE-KO/eNOS-Tg mice. ApoE-KO males did not show a significant reduction of lesion size. $*P < 0.05$ vs. untreated apoE-KO females.
Discussion

The roles of eNOS on the development of atherosclerosis have been vigorously investigated. Previous studies reported that eNOS expression was decreased in the severe atherosclerotic lesions in arteries (32, 33). Recent studies also showed that eNOS deficiency augmented atherosclerotic lesion formation in apoE-KO mice (34, 35). These studies suggest that eNOS acts as an antiatherogenic factor on the vessel walls and that the reduced expression of eNOS precedes more advanced lesion formation of atherosclerosis. Therefore, upregulation of eNOS at the vessel walls has been expected to inhibit the development of atherosclerosis. However, our present study demonstrated that overexpression of eNOS in the endothelium did not inhibit, but accelerated, atherosclerosis in apoE-KO mice.

In the present study, we observed much greater expression of eNOS protein in aortas from apoE-KO/eNOS-Tg mice than in apoE-KO mice (Figure 4, a and b). However, the amount of NO production relative to the eNOS expression level was much lower in apoE-KO/eNOS-Tg mice (Figure 4, c and d). This finding suggests that there exists dysfunction of overexpressed eNOS, which leads to the decrease in NO bioactivity. In accordance with our present results, it was reported that eNOS expression was maintained or even increased in hypercholesterolemic or atherosclerotic vessels (29, 36, 37). These studies raise a possibility that the impaired NO bioactivity, rather than eNOS expression, plays an important role in the initiation or progression of atherosclerosis.

Reactive oxygen species generated by a variety of cells existing in the atherosclerotic vessels are profoundly implicated in the pathogenesis of atherosclerosis (38). Superoxide is one of the strongest oxidants and plays a central role as the source of many reactive oxygen species. Therefore, we next examined the superoxide production in aortas of apoE-KO/eNOS-Tg mice. As shown in Figure 5, the superoxide production in apoE-KO/eNOS-Tg mice was more extensively distributed and significantly increased not only in the atherosclerotic plaque, but also in nonplaque areas, as compared with apoE-KO mice. Removal of the endothelium significantly decreased superoxide production in nonplaque areas in apoE-KO/eNOS-Tg mice, revealing that the endothelium is a major source of superoxide generation in apoE-KO/eNOS-Tg mice. In contrast, the production of NO that is capable of scavenging superoxide was also increased in apoE-KO/eNOS-Tg mice (Figure 4). Therefore, the increases in superoxide generation from the endothelium in apoE-KO/eNOS-Tg mice do not seem to result from the reduced production of NO.

In addition to many potential sources of superoxide in the endothelium, such as NADH/NADPH oxidase, xanthine oxidase, and cyclooxygenase (39), NOS has a potency to produce superoxide rather than NO under the conditions in which its substrate L-arginine or cofactors such as BH4 are absent (10, 11). It is indicated that lack of or insufficiency of BH4 relative to the eNOS protein amount is responsible for the impaired endothelial function and superoxide production (40, 41). Therefore, as a mechanism of the accelerated atherosclerosis in apoE-KO/eNOS-Tg mice, we explored a possibility that eNOS dysfunction is due to the relative insufficiency of intracellular BH4 levels. Indeed, we found that BH4 contents in aortas were significantly reduced in both apoE-KO and apoE-KO/eNOS-Tg mice compared with those in WT mice. Suplemental BH4 decreased superoxide production in the endothelium of both plaque and nonplaque areas (Figure 7, a and b) and dramatically reduced the size of atherosclerotic lesions in apoE-KO/eNOS-Tg mice (Figure 6c).
Furthermore, NO production in the endothelium was also significantly increased by BH4 treatment (Figure 7c). Because BH4 is proposed as an antioxidant factor at high doses (42), the reduced atherosclerotic lesion by BH4 treatment might be caused by its antioxidant action. However, the extent of the reduced lesion size was much smaller in BH4-treated apoE-KO mice than BH4-treated apoE-KO/eNOS-Tg mice (Figure 6, c and d). Therefore, the inhibitory effects of BH4 on the atherosclerotic development were much greater in the presence of eNOS overexpression. This observation suggests that the restoration of eNOS function by BH4 rather than its antioxidant action is mainly responsible for the amelioration of atherosclerotic development. On the other hand, L-arginine is also an essential determinant for NOS activity. It is proposed that its deficiency also causes vascular endothelial dysfunction via a decrease in NO production (43). Although we have not examined the effects of L-arginine treatment on atherogenesis, the possibility can not be excluded that L-arginine also inhibits atherosclerotic progression in apoE-KO/eNOS-Tg mice. Thus, accelerated atherosclerosis by the overexpression of eNOS in apoE-KO mice is at least partly caused by superoxide production from the endothelium through eNOS dysfunction.

Inducible NOS (iNOS) is also shown to be involved in atherogenesis (21, 44, 45). In immunohistochemistry, we detected iNOS expression mainly in the foam cell–rich regions of atherosclerotic lesions in both apoE-KO and apoE-KO/eNOS-Tg mice. However, the expression of iNOS was not obviously different between the two genotypes (data not shown). In accordance with our findings, Niu et al. reported that the depletion of iNOS did not affect the susceptibility to atherosclerosis in mice (44). In contrast, it was also demonstrated that iNOS accelerated lesion formation from the early phase of atherosclerosis and that tissue injury mediated by iNOS progressed along with lesion formation (21, 45). This inconsistency might be due partly to the diversity of atherogenic models; however, the roles of iNOS in atherogenesis might become greater over time with the progression of atherosclerosis. Because the present study was conducted in the relatively early stage of atherosclerosis, the roles of iNOS could be comparatively smaller than the effects of overexpressed eNOS.

Thus, we investigated chronic effects of eNOS overexpression on the development of atherosclerosis using genetically engineered apoE-KO/eNOS-Tg mice. Evidence demonstrates that overexpression of eNOS in the endothelium promoted atherosclerosis in apoE-KO mice. Dysfunction of eNOS that is manifested by the reduced production of NO and increased generation of superoxide in the endothelium seems to be responsible for the progression of atherosclerosis in apoE-KO/eNOS-Tg mice. Furthermore, insufficiency of NOS cofactor BH4 appears to be involved mainly in the eNOS dysfunction. Our study indicates that eNOS function rather than eNOS protein expression is crucial for the maintenance or the increase of NO bioactivity. Our present findings also provide insight that modulation of NOS cofactors, including BH4, a major regulator of eNOS, might be a new strategy for the prevention or inhibition of atherosclerosis.

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