Benzodiazepine-induced superoxide signals B cell apoptosis: mechanistic insight and potential therapeutic utility

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The properties of a proapoptotic 1,4-benzodiazepine, Bz-423, identified through combinatorial chemistry and phenotype screening are described. Bz-423 rapidly generated superoxide (O2–) in transformed Ramos B cells. This O2– response originated from mitochondria prior to mitochondrial transmembrane gradient collapse and opening of the permeability transition pore. Bz-423–induced O2– functioned as an upstream signal that initiated an apoptotic program characterized by cytochrome c release, mitochondrial depolarization, and caspase activation. Pretreatment of cells with agents that either block the formation of Bz-423–induced O2– or scavenge free radicals attenuated the death cascade, which demonstrated that cell killing by Bz-423 depends on O2–. Parallels between Ramos cells and germinal center B cells prompted experiments to determine whether Bz-423 had therapeutic activity in vivo. This possibility was tested using the (NZB × NZW)F1 murine model of lupus, in which the pathologically enhanced survival and expansion of germinal center B cells mediate disease. Administration of Bz-423 for 12 weeks specifically controlled germinal center hyperplasia and reduced the histological evidence of glomerulonephritis. Collectively, these studies define a new structure-function relationship for benzodiazepines and point to a new target and mechanism that could be of value for developing improved drugs to manage systemic lupus erythematosus and related disorders.


Introduction

Cytotoxicity is an important mechanism for treating autoimmune diseases like systemic lupus erythematosus (SLE) (1) and is the basis for nearly all cancer treatments (2). The selectivity of many cytotoxic agents is limited and generally relies on the differential ability of diseased and healthy cells to tolerate and repair drug-induced cellular damage. Compounds that regulate disease-specific targets clearly have the potential to be better drugs — the development of imatinib mesylate, which inhibits the oncogenic kinase Bcr-Abl, is a recent example of such a molecule (3). However, development of cytotoxic therapies that exploit disease-specific targets remains challenging. For many diseases, suitable targets have not been identified, and in cases where they exist (4), relatively few have been validated to the extent that it is known that blocking function controls disease.

Diversity-oriented synthesis and phenotype screening have been advanced as a robust method for identifying bioactive compounds (5). In this approach, arrays of molecules are synthesized and screened to identify leads based directly on function rather than affinity for a target. As part of efforts to identify new proapoptotic agents, we synthesized a library of 1,4-benzodiazepines and screened it for lymphotoxic members. Benzodiazepines were selected because they are
amenable to combinatorial synthesis (6), and because under certain conditions, some benzodiazepines influence cell survival (7). Also, because benzodiazepines do not damage DNA or interfere with nucleotide metabolism, cytotoxic benzodiazepines would likely possess unique modes of action.

Our screening experiments identified Bz-423 (Figure 1a). Unlike benzodiazepines with anxiolytic properties, Bz-423 did not bind to the central benzodiazepine receptor. Incubation of transformed Ramos B cells with Bz-423 rapidly generated superoxide (O$_2^-$) and that this reactive oxygen species (ROS) acted as an upstream signal that commenced an apoptotic process. Cell fractionation experiments revealed that the O$_2^-$ response resulted from the interaction of Bz-423 and a target within mitochondria. Because Ramos cells model aspects of germinal center (GC) B cell physiology (8), we reasoned that Bz-423 could have activity against GCs in vivo. This hypothesis was tested using the (NZB × NZW)F$_1$ (NZB/W) model of lupus, in which aberrant survival and expansion of GC B cells drive disease (9, 10). Bz-423 controlled GC hyperplasia and the subsequent development of glomerulonephritis in these mice. Collectively, these studies highlight a new role for O$_2^-$ in B cell apoptosis and identify Bz-423 as a novel lead for the development of more selective cytotoxic molecules to manage SLE and related disorders.

**Methods**

**Reagents.** Tacrolimus (FK506) was obtained from Fuji-sawa Pharmaceutical Co. Ltd. (Osaka, Japan). N-benzoylcarbonyl-Val-Ala-Asp-fluoromethylketone (z-VAD) was obtained from Enzyme Systems Products Inc. (Livermore, California, USA). Dihydroethidium (DHE) and 3,3′-dihexyloxacarbocyanine iodide (DiOC$_6$[3]) were obtained from Molecular Probes Inc. (Eugene, Oregon, USA). Carboxyfluorescein-Val-Ala-Asp-fluoromethylketone (FAM-VAD-fmk) was purchased from Intergen (Purchase, New York, USA). Manganese(III)meso-tetrakis(4-benzoic acid)porphyrin (MnTBAP) was purchased from Alexis Corp. (San Diego, California, USA). Benzodiazepines were synthesized as described (6). Other reagents were obtained from Sigma-Aldrich (St. Louis, Missouri, USA).

**Cell lines and culture.** Ramos cells were maintained in RPMI supplemented with 10% heat-inactivated FBS, penicillin (100 U/ml), streptomycin (100 μg/ml), and L-glutamine (290 μg/ml). In vitro experiments were conducted in media containing 2% FBS. Organic compounds were dissolved in media containing 0.5% DMSO.

**Detection of cell death and hypodiploid DNA.** Cell viability was assessed by staining with propidium iodide (PI; 1 μg/ml). PI fluorescence was measured using a FACS-Calibur flow cytometer (BD Biosciences Inc., San Diego, California, USA). Measurement of hypodiploid DNA was conducted after incubating cells in labeling solution (50 μg/ml of PI in PBS containing 0.2% Triton and 10 μg/ml RNase A) at 4°C for 12 hours. Data were analyzed excluding aggregates. Detection of O$_2^-$, mitochondrial transmembrane potential, and caspase activation. To detect O$_2^-$, we incubated cells with DHE (10 μM) for 30 minutes at 37°C and measured ethidium fluorescence by flow cytometry. Flow measurement of the mitochondrial transmembrane potential (ΔΨm) was conducted by first labeling cells with DiOC$_6$[3] (20 nM) for 15 minutes at 37°C. Carbonyl cyanide m-chlorophenylhydrazone (CCCP; 50 μM) was used as a positive control for disruption of ΔΨm. Caspase activation assays were performed with FAM-VAD-fmk. Processing of the substrate was evaluated by flow cytometry.

**Subcellular fractionation and cytochrome c detection.** Ramos cells (250 × 10$^6$ cells per sample) were treated with Bz-423 (10 μM) or vehicle for 1–5 hours. Cells were pelleted, resuspended in buffer (68 mM sucrose, 220 mM mannitol, 10 mM HEPES-NaOH pH 7.4, 10 mM KCl, 1 mM EDTA, 1 mM EGTA, 10 μg/ml leupeptin, 10 μg/ml aprotinin, 1 mM PMSF), incubated on ice for 10 minutes, and homogenized. The homogenate was centrifuged (5 minutes twice at 4°C, 800 g) to pellet nuclei and debris and again (15 minutes at 4°C, 16,000 g) to pellet mitochondria. The supernatant was concentrated, electrophoresed on 12% SDS gels, and transferred to Hybond ECL membranes (Amersham Pharmacia Biotech, Piscataway, New Jersey, USA). After blocking (PBS with 5% dried milk and 0.1% Tween), the membranes were probed with an anti–cytochrome c mAb (Pharmingen, San Diego, California, USA; 2 μg/ml) followed by an anti-mouse horseradish peroxidase–conjugated secondary antibody with detection by chemiluminescence (Amersham Pharmacia Biotech).

**ROS production in isolated mitochondria.** Male Long-Evans rats were starved overnight and sacrificed by decapitation. Liver samples were homogenized in buffer A (250 mM sucrose, 10 mM Tris, 0.1 mM EGTA pH 7.4, 4°C), and nuclei and cellular debris were pelleted (10 minutes, 830 g). Mitochondria were collected by centrifugation (10 minutes, 15,000 g), and the supernatant was collected as the S15 fraction. The mitochondrial pellet was washed three times with buffer B (250 mM sucrose, 10 mM Tris pH 7.4), and resuspended in buffer B at 20–30 mg/ml. Mitochondria were diluted (0.5 mg/ml) in buffer C (200 mM sucrose, 10 mM Tris pH 7.4, 1 mM KH$_2$PO$_4$, 10 μM EGTA, 2.5 μM rotenone, 5 mM succinate as an energy source) containing 2′,7′-dichlorodihydrofluorescein diacetate (DCFH-DA; 1 μM). For state 3 measurements (maximum mitochondrial respiration rate), ADP (2 mM) was included in the buffer, and prior to the addition of Bz-423, mitochondria were allowed to charge for 2 minutes. To induce state 4 (minimal respiration rate), oligomycin (10 μM) was added to buffer C. The oxidation of 2′,7′-dichlorodihydrofluorescein (DCFH) to 2′,7′-dichlorofluorescein (DCF) was monitored at 37°C with a spectrofluorometer (λ$_{em}$ [emission wavelength]: 503 nm; λ$_{ex}$ [excitation wavelength]: 522 nm). ROS production after
the induction phase was evaluated by measurement of the slope of each curve by linear regression. To detect effects on $\Delta\Psi_m$, mitochondria were incubated for 15 minutes at 37°C in buffer C with vehicle, Bz-423, or CCCP containing DHE (5 $\mu$m) or DiOC$_6[3]$ (20 nM), and aliquots were analyzed by fluorescence microscopy.

**Animals and drug delivery.** Female NZB/W mice (The Jackson Laboratory, Bar Harbor, Maine, USA) were randomly distributed into treatment and control groups. Through intraperitoneal injections, control mice received vehicle (50 $\mu$L aqueous DMSO) and treatment mice received Bz-423 dissolved in vehicle (60 mg/kg). Peripheral blood was obtained from the tail veins for the preparation of serum. Samples of the spleen and kidney were preserved in 10% formalin or by snap-freezing. Additional spleen sections from each animal were used to prepare single-cell suspensions.

**Flow cytometric analysis of splenocytes.** Splenocytes were prepared by mechanical disruption and red blood cells removed by isotonic lysis. Cells were stained at 4°C with fluorescent-conjugated anti-Thy1.2 (Pharmingen; 1 $\mu$g/ml) and/or anti-B220 (Pharmingen; 1 $\mu$g/ml) for 15 minutes. To detect outer-membrane phosphatidyl serine, cells were incubated with FITC-conjugated annexin V and PI (Roche Molecular Biochemicals, Indianapolis, Indiana, USA; 1 $\mu$g/ml).

**In vivo determination of ROS.** Spleens were removed from 4-month-old NZB/W mice treated with Bz-423 or vehicle, and frozen. ROS production was measured using manganese(II)3,3,9-diaminobenzidine as a substrate for horseradish peroxidase. Formalin-fixed kidney sections were analyzed for TUNEL-positive cells using a TUNEL kit (Roche Molecular Biochemicals) and were scored on a 0-to-4+ scale.

**Histology.** Formalin-fixed kidney sections were stained with hematoxylin and eosin (H&E), periodic acid-Schiff, and Masson’s trichrome. Glomerular immune complex deposition was detected by immunofluorescence using frozen tissue stained with FITC-conjugated goat anti-mouse IgG (Southern Biotechnology Associates, Birmingham, Alabama, USA). Sections were analyzed blinded for nephritis. To identify B cells, sections were stained with biotinylated anti-B220 (Pharmingen; 1 $\mu$g/ml) followed by streptavidin–Alexa 594 (Molecular Probes Inc.; 5 $\mu$g/ml). Frozen spleen sections were analyzed for TUNEL-positive cells using an In Situ Cell Death Detection kit (Roche Molecular Biochemicals) and were scored on a 0-to-4+ scale.

IgG titers, blood urea nitrogen, and proteinuria. Anti-DNA and IgG titers were determined by ELISA (12). Serum blood urea nitrogen was measured by the University of Michigan Hospital. Proteinuria was measured using ChemStrip 6 (Roche Molecular Biochemicals).

**Statistical analysis.** Statistical significance was assessed using the Mann-Whitney U test unless otherwise noted. P values are one-tailed, and data are given as mean ± SEM.

**Results**

Bz-423 induces cell death in vitro. The activity of Bz-423 was first compared with that of ligands of the peripheral benzodiazepine receptor (PBR), an 18-kDa transmembrane protein located in the mitochondrial membrane, because some ligands of the PBR are thought to modulate death signals from mitochondria (7). Both 1-(2-chlorophenyl)-N-methyl-N-(1-methylpropyl)-3-isouquinolinecarboxamide (PK11195) and 4'-chlorodiazepam bind tightly to the PBR ($K_d = 0.3$ and 30 nM, respectively; ref. 7) but are only cytotoxic at more than ten times the ED$_{50}$ of Bz-423 (Figure 1b). Competition assays for the PBR demonstrated that a 1,000-fold excess of Bz-423 was necessary to reduce $[^3]$H-PK11195 binding by 50%, and preincubation of cells with excess PK11195 (>20 $\mu$M) did not block the activity of Bz-423 (our unpublished data). These data indicate that cell killing by Bz-423 does not result from binding to the PBR. The activity of Bz-423 depends on its structure, since deleting either the naphthyl (ΔNAP) or the phenolic hydroxyl (ΔOH) group, elements that distinguish Bz-423 from diazepam, dramatically reduced cytotoxic activity (Figure 1b).

Bz-423–induced cytotoxicity was characterized by cell shrinkage, nuclear condensation, cytoplasmic vacuolization, membrane blebbing, and DNA fragmentation (hypodiploid DNA; Figure 1, c and d), consistent with apoptosis. These data also show that Bz-423 affects cell cycle progression, since there were fewer cells in the G$_2$/M phase (Figure 1d). To probe the role of caspases in Bz-423 killing, cells were preincubated with z-VAD, an irreversible caspase inhibitor. z-VAD completely prevented Bz-423–mediated apoptosis as measured by DNA fragmentation. Less than 5% of cells treated with z-VAD and Bz-423 had hypodiploid DNA, compared with 69% of cells treated with Bz-423 alone (Figure 1d). Inhibiting caspase activity did not protect against cell death; cellular morphology demonstrated that Bz-423 still killed more than 80% of cells in cultures with z-VAD (Figure 1c). Similar results have been reported for other apoptotic stimuli, where blocking caspase activity prevents DNA fragmentation but not cell death (13).

**Mediators of Bz-423–induced apoptosis.** To characterize the death mechanism engaged by Bz-423, intracellular ROS, $\Delta\Psi_m$, cytochrome c release, caspase activation, and DNA fragmentation were measured over time. We chose these endpoints as they have been previously implicated in B cell apoptosis (14). The first event detected after exposure to Bz-423 was an increase in the fraction of cells that stained with DHE, a redox-sensitive agent that reacts specifically with $O_2^-$ (15) (Figure 2a). Levels of $O_2^-$ diminished after an early maximum at 1 hour and then increased again after 4 hours of continued treatment (Figure 2b). This bimodal pattern points to a cellular mechanism limiting $O_2^-$ and suggests that the “early” and “late” $O_2^-$ maxima result from different processes.
Collapse of $\Delta \Psi_m$ was detected using DiOC$_6$[3], a mitochondria-selective potentiometric probe (16). The gradient change began after the early O$_2^-$ response and was observed in more than 90% of cells by 5 hours. Cytochrome $c$ release from mitochondria, a key step enabling caspase activation (17), was studied by immunoblotting cytosolic fractions. Levels of cytosolic cytochrome $c$ above amounts in cells treated with vehicle were detected by 5 hours (inset, Figure 2b). This release was coincident with the disruption of $\Delta \Psi_m$, and, together, these results are consistent with opening of the mitochondrial permeability transition (MPT) pore. Indeed, the late increase in O$_2^-$ tracked with the $\Delta \Psi_m$ collapse and the release of cytochrome $c$, suggesting that the secondary rise in O$_2^-$ results from these processes (18). Caspase activation, measured by processing of the pan-caspase-sensitive fluorescent substrate FAM-VAD-fmk, tracked $\Delta \Psi_m$, whereas the appearance of hypodiploid DNA was slightly delayed with respect to caspase activation (Figure 2b). Collectively, these results indicate that Bz-423 induces a mitochondria-dependent apoptotic pathway.

**Bz-423 directly targets mitochondria.** Since the early O$_2^-$ precedes other cellular events, it is possible that this ROS has a regulatory role. In nonphagocytic cells, redox enzymes, along with the mitochondrial respiratory chain (MRC), are the primary sources of ROS (19). The MRC, which is a group of multiprotein electron transport assemblies (complexes I–IV), reduces molecular oxygen to water. This process establishes a proton gradient across the inner mitochondrial membrane, providing energy for ATP synthesis by the mitochondrial F$_0$F$_1$-ATPase (complex V). To determine the basis for this response, we assayed inhibitors of these systems for their ability to regulate Bz-423–induced O$_2^-$ (at 1 hour) (Table 1). Of these reagents, only sodium azide, which acts primarily on cytochrome $c$ oxidase (complex IV) (20), and micromolar amounts of FK506, which block the formation of O$_2^-$ by the ubiquinol–cytochrome $c$ reductase component of MRC complex III (21), modulated Bz-423. These findings suggest that mitochondria are the source of Bz-423–induced O$_2^-$ and that a component of the MRC is involved in the response. Although the inhibition by FK506 could result from binding to either calcineurin or FK506-binding proteins, natural products that bind tightly to these proteins (rapamycin and cyclosporin A, respectively) did not diminish the Bz-423 O$_2^-$ response (Table 1).

O$_2^-$ production by Bz-423 could result from binding to a protein within mitochondria or a target in another compartment that signals mitochondria to generate ROS. To distinguish between these alternatives, isolated rat liver mitochondria were assayed for ROS production by monitoring of the oxidation of DCFH-DA to DCF in the presence and absence of Bz-423 as previously described (22). In this assay, the rate of DCF production increased after a lag period of about 15 minutes, during which endogenous reducing equivalents were consumed and the acetate moieties on the probe were hydrolyzed to yield DCFH, the redox-active species. Under aerobic conditions supporting state 3 respiration (succinate as energy plus ADP), both
antimycin A, which generates O$_2^-$ by inhibiting ubiquinol-cytochrome c reductase, and Bz-423 increased the rate of ROS production nearly twofold after the induction phase, based on comparison of the slopes of each curve to control (22) (Figure 3a). Swelling was not observed, demonstrating that Bz-423 does not directly target the MPT pore (13) (Figure 3b). Neither Bz-423 nor antimycin A generated substantial ROS in the subcellular S15 fraction (cytosol and microsomes; Figure 3c), and Bz-423 did not stimulate ROS if mitochondria were in state 4 (succinate plus oligomycin), even though antimycin A was active under these conditions (Figure 3d). Together, these experiments demonstrate that mitochondria contain a molecular target for Bz-423, and that state 3 respiration is required for the O$_2^-$ response.

To relate data obtained with mitochondria to observations in whole cells, we probed isolated mitochondria with DHE and DiOC$_6$[3]. In both state 3 and state 4, control mitochondria fluoresced brightly with DiOC$_6$[3], indicating that $\Delta\Psi_m$ was intact (Figure 3e). Addition of Bz-423 did not alter the DiOC$_6$[3] signal over the course of measurement, indicating that $\Delta\Psi_m$ had not collapsed. In contrast, the protonophore CCCP disrupted $\Delta\Psi_m$, and this abolished the red fluorescence. Oxidation of DHE by endogenous O$_2^-$ produces red fluorescence. Oxidation of DHE by endogenous O$_2^-$ produces red fluorescence within mitochondria. Bz-423 did not induce O$_2^-$ over control levels in state 4. However, DHE fluorescence was markedly increased after incubation of mitochondria with Bz-423 under state 3 conditions, reflecting elevated levels of O$_2^-$.

Collectively, these experiments confirmed the results of the DCF assay, demonstrated an ROS response in mitochondria consistent with that seen in whole cells, and provided evidence to support the hypothesis that the early O$_2^-$ does not result from collapse of $\Delta\Psi_m$ (see Figure 2b).

Bz-423–induced apoptosis depends on the early O$_2^-$ response. To determine whether O$_2^-$ is needed for Bz-423–induced apoptosis, we explored the dependency of the apoptotic process on ROS. Pretreatment of cells with FK506, which prevents formation of Bz-423–induced O$_2^-$, significantly inhibited caspase activation, mitochondrial depolarization, DNA fragmentation, and cell death (Figure 4a). Moreover, after cells were incubated with Bz-423 for approximately 1 hour, which is the point at which the early O$_2^-$ response is maximal (see Figure 2b), addition of FK506 was much less effective at blocking cell death (Figure 4b). Preincubating cells with vitamin E, an

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Table 1

<table>
<thead>
<tr>
<th>Target</th>
<th>Inhibitor</th>
<th>% DHE-positive: inhibitor alone</th>
<th>% DHE-positive: Bz-423 plus inhibitor</th>
<th>Relative response$^b$</th>
</tr>
</thead>
<tbody>
<tr>
<td>MRC</td>
<td>DMSO control</td>
<td>7</td>
<td>72</td>
<td>100 ± 13</td>
</tr>
<tr>
<td>MRC/Calcineurin</td>
<td>Sodium azide (1 mM)</td>
<td>0</td>
<td>0</td>
<td>1 ± 1</td>
</tr>
<tr>
<td>FKS06-binding proteins</td>
<td>FK506 (1 µM)</td>
<td>1</td>
<td>10</td>
<td>14 ± 10</td>
</tr>
<tr>
<td>Calcineurin</td>
<td>Rapamycin (1 µM)</td>
<td>1</td>
<td>60</td>
<td>83 ± 2</td>
</tr>
<tr>
<td>Cytochrome P450s</td>
<td>Cyclosporin A (0.5 µM)</td>
<td>2</td>
<td>60</td>
<td>83 ± 2</td>
</tr>
<tr>
<td>Cytochrome P450s</td>
<td>Benzylimidazole (100 µM)</td>
<td>14</td>
<td>90</td>
<td>126 ± 7</td>
</tr>
<tr>
<td>Cytochrome P450s</td>
<td>SKF525A (5 µM)</td>
<td>12</td>
<td>92</td>
<td>128 ± 6</td>
</tr>
<tr>
<td>Cytochrome P450 (CYP231)</td>
<td>Cimetine (100 µ M)</td>
<td>6</td>
<td>83</td>
<td>116 ± 7</td>
</tr>
<tr>
<td>Cyclooxygenase</td>
<td>Indomethacin (100 µM)</td>
<td>4</td>
<td>69</td>
<td>97 ± 4</td>
</tr>
<tr>
<td>Monoamineoxidase</td>
<td>Phenezine (10 µM)</td>
<td>5</td>
<td>78</td>
<td>109 ± 4</td>
</tr>
<tr>
<td>Xanthine oxidase</td>
<td>Allopurinol (100 µM)</td>
<td>6</td>
<td>79</td>
<td>111 ± 7</td>
</tr>
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</table>

$^a$Data are normalized to the response of Bz-423 alone. $^b$Rotenone, myxothiazol, thenoyltrifluoroacetone, antimycin A, stigmatellin, and oligomycin, which inhibit other components of the MRC, along with the flavoenzyme inhibitor diphenyleneiodonium, are less informative, as they independently generate significant ROS in Ramos cells.
antioxidant that scavenges ROS, or MnTBAP, an O$_2^-$ dismutase mimetic, also attenuated each of these endpoints (Figure 4a). MnTBAP was somewhat less effective at influencing the downstream effectors engaged by Bz-423, because dismutation of O$_2^-$ yields H$_2$O$_2$, which also triggers the same effectors (23) (Figure 4a). In sum, these data demonstrate that cell killing by Bz-423 depends on O$_2^-$.

Bz-423 induces ROS and kills primary B lymphocytes in vivo. In the NZB/W model of SLE, splenic GC B cells are hyperactivated and pathologically expanded. Somatic hypermutation within GCs produces autoantibodies, a subset of which contribute to the development of glomerulonephritis (9, 24, 25). Because Ramos cell behavior parallels many of the responses of GC B cells (8), we reasoned that Bz-423 might have activity in NZB/W mice that could be therapeutically useful. To characterize the effect of Bz-423 on NZB/W lymphocytes, we gave mice a single dose of either Bz-423 (60 mg/kg; n = 4) or vehicle (n = 4) and sacrificed them after 2 h. This dose provides peak serum levels of approximately 5 µM 1 hour after injection; this is near the ED$_{50}$ in vitro (see Figure 1b). As shown in Figure 5, a and b, Bz-423 induced robust ROS production in the spleen compared with control. Based on these findings, we administered Bz-423 (60 mg/kg/d; n = 7) or vehicle (n = 7) for 7 days to determine whether it was lymphotoxic. A short time frame was chosen so that cellular recruitment or proliferation would not significantly alter splenocyte populations. Total lymphocyte viability in the Bz-423–treated animals after sacrifice was decreased (81% ± 1% vs. 85% ± 1%; P < 0.05) and B cell apoptosis was increased versus
controls (35 ± 2 vs. 27 ± 2; P < 0.05). These changes were relatively small because early apoptotic cells are rapidly cleared by the reticuloendothelial system in vivo (16). An increase in T cell apoptosis was not observed (15 ± 2 for both control and treatment; P = 0.23). However, since the kinetics of death and clearance may differ between B and T lymphocytes, we cannot exclude the possibility that Bz-423 also kills T cells in vivo.

Bz-423 reduces lymphoproliferative and autoimmune disease in NZB/W mice. We next designed a study to determine whether Bz-423 alters the progression of disease in NZB/W mice. Our endpoints were measures of GC B cell hyperplasia, glomerulonephritis, and autoantibody titers, which are established markers of disease (25). Since Bz-423 is a first-generation agent with an unknown toxicological profile, we did not employ mortality as an endpoint. In the protocol, female NZB/W mice were given Bz-423 (60 mg/kg every other day; n = 25) or vehicle (aqueous DMSO; n = 20) beginning at 6.5 months of age, and all were sacrificed 12 weeks later. This time frame begins after the histological onset of disease and continues to when severe nephritis is usually observed (25).

Disease-related GC hyperplasia in NZB/W mice expanded the white pulp and distorted normal splenic architecture (25). Analysis of spleen sections after termination of the study (12 weeks of dosing) revealed a reduction in the white pulp in mice receiving Bz-423 (1 to 2+ vs. 3 to 4+; P = 0.02). Mice given Bz-423 had 40% fewer GCs relative to controls (10 ± 2 vs. 17 ± 1 per 10 mm²; P = 0.009), and the GCs in the treated mice were 40% smaller than those in controls (20 × 10³ ± 2 × 10³ vs. 35 × 10³ ± 5 × 10³ μm²; P = 0.013; Figure 5, c and d). Spleens from Bz-423-treated animals also had more TUNEL-positive cells than did spleens from controls (about 3+ vs. 1+; P = 0.038), and these cells were located within GCs (Figure 5, e and f), suggesting that the decrease in GCs may have resulted from increased apoptosis within this compartment. In addition to affecting GCs, treatment afforded a small decrease in follicular zone B cells (12%; P = 0.046) with no clear changes to the marginal zone (data not shown).

To further investigate the changes observed histochemically, splenocytes obtained after termination of the study were analyzed by flow cytometry. As expected, Bz-423 mice had fewer B cells relative to controls (percent B220⁺ splenocytes, 59% ± 3% vs. 67% ± 2%; P = 0.03) with no apparent effect on T cells (percent Thy1.2⁺ splenocytes, Bz-423, 16% ± 2%; control, 17% ± 2%; P = 0.5). As discussed above, differences in the rate of apoptosis or clearance between lymphocytes could mask an effect on T cells. Dual staining with combinations of anti-B220, -IgM, and -CD5 revealed that no one B cell population (defined by these markers) was altered to a greater extent than any other. Similarly, staining to detect CD4 or CD8, alone or in combination with CD69, CD45RB, CD44, or CD5, showed no specific differences in splenic T cell populations (data not shown).

During the study, two control mice died with 4+ nephritis, whereas none did in the Bz-423 mice. Based on histology, 60% of controls (12 of 20) had nephritis of 2+ or greater, while only 16% of Bz-423-treated mice (4 of 25) had disease (χ²: P = 0.003). At the end of the study, disease in the controls was characterized by diffuse, proliferative glomerulonephritis with expansion of all cellular elements and occasional wire-loop formation, consistent with an average score of 3+ (Figure 5, g and h). In contrast, Bz-423 mice had milder changes (1+; P = 0.002) and less glomerular IgG deposition (1+ in Bz-423 vs. 3+ in controls; P = 0.002; Figure 5, i and j). At the end of the study, 83% of controls had abnormally high blood urea nitrogen (≥ 30 mg/dl), compared with 27% in the treatment group (χ²: P = 0.001). A similar trend was observed with proteinuria: 39% of controls had significant proteinuria (> 100 mg/dl) compared with 18% of Bz-423-treated mice (χ²: P = 0.1). Collectively, these data suggest that mice administered Bz-423 had less disease than controls.

To determine the effect of Bz-423 on antibody levels, serum was drawn after 3, 6, 9, and 12 weeks of dosing and anti-DNA and IgG titers were measured. After 3 weeks, Bz-423 mice had modestly lower anti-ssDNA (Bz-423, 546 ± 91 U/ml; control, 804 ± 95 U/ml; P = 0.014) and IgG (Bz-423, 4.2 ± 0.3 mg/ml; control,

**Figure 4**

Regulation of ROS blocks Bz-423–induced killing. (a) After preincubation of Ramos cells for 30 minutes with FK506 (1 μM, blue), vitamin E (100 μM, red), MnTBAP (100 μM, green), or no inhibitor (black), Bz-423 (10 μM) was added to the cultures. White bars indicate control samples treated with vehicle alone. Using flow cytometry, DHE fluorescence (O₂⁻) was measured at 1 hour, caspase activation at 5 hours, ∆Ψₒ (DiOC₆[3]) at 5 hours, and PI permeability and hypodiploid DNA at 24 hours. (b) Effect on cell viability of addition of FK506 at times relative to the addition of Bz-423. The results in a and b represent more than five separate determinations. P < 0.05 for the differences between Bz-423 and control for each inhibitor at each endpoint (Student’s t test).
6.4 ± 0.6 mg/ml; \( P = 0.05 \)), whereas anti-dsDNA levels also trended lower (Bz-423, 463 ± 94 U/ml; control, 640 ± 117 U/ml; \( P = 0.083 \)). At later times, differences between the control and treatment groups were not observed (after 12 weeks: Bz-423 anti-ssDNA, 738 ± 120 U/ml; control, 809 ± 175 U/ml; \( P = 0.37 \); Bz-423 anti-dsDNA, 789 ± 145 U/ml; control, 733 ± 198 U/ml; \( P = 0.46 \); Bz-423 IgG, 6.7 ± 0.8 mg/ml; control, 5.5 ± 1.0 mg/ml; \( P = 0.24 \)). Similarly, other lymphotoxic drugs can lessen nephritis in NZB/W mice without altering serum anti-DNA levels (26). Since the effects we observe at 3 weeks are small and treatment started after the onset of disease, it is unlikely that they account for the observed disease improvement. Moreover, anti-DNA-DNA complexes may not be the principal autoantibody involved in immune complex deposition in NZB/W mice (27). Hence, Bz-423 may have a greater effect on the autoantibody subpopulation(s) (and mechanisms) more relevant to disease. Alternatively, functional B cells can mediate disease expression either by serving as antigen-presenting cells or by contributing directly to inflammation (28). If pathogenic NZB/W B cells act in this manner, targeting them could also improve disease without altering anti-DNA titers.

**Discussion**

High levels of ROS that accompany the late stages of apoptosis damage macromolecules, whereas physiologic concentrations regulate a range of intracellular signaling pathways (19). Some apoptotic stimuli, e.g., ceramide (29), dexamethasone (30), and TNF-\( \alpha \) (31), induce ROS early in their death responses as a means of initiating downstream effector mechanisms such as caspase activation. Similarly, our data demonstrate that the early \( O_2^- \) response induced by interaction of Bz-423 with mitochondria signals an apoptotic program in B lymphocytes. Several B cell–specific signaling pathways respond to ROS and, when so engaged, initiate apoptosis. For example, activation of Bruton’s tyrosine kinase by ROS (32) results in phosphorylation of phospholipase \( \gamma \) (33), which leads to \( Ca^{2+} \)-dependent apoptosis. This and related ROS-dependent processes may contribute to the susceptibility of B cells to Bz-423.

Small molecules increase intracellular \( O_2^- \) in a variety of ways, including stimulating release of \( O_2^- \) from oxygenases, inhibiting oxido-reductases, and disrupting MRC activity (34). Inhibitor studies with whole cells pointed to the MRC as the source of Bz-423–induced \( O_2^- \). Experiments with isolated mitochondria under conditions supporting state 3 respiration demonstrate an \( O_2^- \) response analogous to that in whole cells. Mitochondria did not respond to Bz-423 in state 4 where energy is supplied in the absence of ADP and respiration is minimal. During the transition from state 3 to 4, the proton-motive force becomes sufficiently high that intermediates competent in one-electron reduction reactions (e.g., ubisemiquinone anion) have extended half-lives, and these conditions favor reduction of \( O_2^- \) to \( O_2 \) at complex III of the MRC (35). Hence, it is possible that Bz-423 generates \( O_2^- \) by inducing a state-3-to-4 conversion. Oligomycin, a macrolide natural product
that binds to the mitochondrial F$_0$F$_1$-ATPase (complex V), induces a state-3-to-4 transition and generates O$_2^-$ like Bz-423 (36). Based on these similarities, it is possible that the F$_0$F$_1$-ATPase is also the molecular target for Bz-423.

**Action of Bz-423 on autoimmune disease.** Traditional chemotherapeutics compromise mitochondrial function indirectly (2). However, several promising investigational agents directly target mitochondria (37). Given this precedent and the relationships between Ramos and GC cell pathology in diseases like lymphoma and SLE, we explored the properties of Bz-423 in vivo. The critical elements of the Bz-423 response in vitro, O$_2^-$ production and B cell apoptosis, were observed in NZB/W mice after brief dosing. In the NZB/W model, pathogenic autoantibodies are the products of activated, class-switched B cells that emerge from GCs (9, 10, 24). After 12 weeks, Bz-423 dramatically reduced the number and size of GCs and increased apoptosis in remaining GCs. Treatment did not alter the representation of myeloid or erythroid precursors in bone marrow, decrease peripheral blood counts, or change cytokine production by splenocytes (our unpublished data). Thus, while we cannot exclude other effects, our data are consistent with a model linking Bz-423-mediated disease improvement to apoptosis of GC B cells, an important target for SLE intervention (10, 28).

The apoptotic threshold of GC B cells in normal mice is tightly regulated by c-FLIP and signaling through the B cell receptor (BCR), CD40, CD80, and Fas (38, 39). Since little is known about how these factors contribute to the survival of autoimmune GC B cells, it is difficult to deduce why they are susceptible to Bz-423. At present, the most persuasive evidence suggests that the longevity of NZB/W GC B cells is tied to increased expression of costimulatory molecules (38), downregulation of inhibitory receptors (40), and hyporesponsiveness to persistent BCR stimulation (41). With respect to this last point, it is interesting that BCR stimulation also sensitizes B cells to cytotoxic agents (42). Hence, it is possible that receptor ligation contributes to the selectivity of Bz-423. In support of this, we find that anti-IgM sensitized B cells to Bz-423 (our unpublished data). While the molecular basis for BCR sensitization is not fully understood, cross-linking of BCRs can itself elevate intracellular ROS (43). Furthermore, lymphocytes from lupus patients have less reduced glutathione and increased ROS relative to normal cells (44). Thus, the vulnerability of NZB/W GC B cells, in part, may result from an additive effect of Bz-423-induced O$_2^-$ and endogenously generated ROS, such that radicals from all sources combine to overwhelm the reducing potential of autoimmune lymphocytes and to trigger apoptosis. However, it is likely that additional factors, like developmental state and local environment, also play a role in modulating cellular susceptibility to Bz-423.

In summary, Bz-423 is a proapoptotic molecule engaging the cell-death machinery in an O$_2^-$-dependent manner. Our studies define a novel structure-function relationship for benzodiazepines and point to a new molecular target and pharmacological mechanism that could be of value for the management of SLE. Present studies are directed at identifying this target as a basis for advancing drug-discovery and mechanistic experiments, particularly with respect to selectivity in vivo.

**Acknowledgments**

This work was supported by NIH grants AI-47450 and GM-42168 (to G.D. Glick) and GM-50353 (to J.A. Ellman), and by the University of Michigan Multipurpose Arthritis Center.


