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**Cathepsin B inactivation attenuates hepatic injury and fibrosis during cholestasis**

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Although a lysosomal, cathepsin B–dependent (Ctsb-dependent) pathway of apoptosis has been described, the contribution of this pathway to tissue damage remains unclear. Our aim was to ascertain if Ctsb inactivation attenuates liver injury, inflammation, and fibrogenesis after bile duct ligation (BDL). In 3-day BDL mice, hepatocyte apoptosis, mitochondrial cytochrome c release, and serum alanine aminotransferase (ALT) values were reduced in Ctsb−/− versus Ctsb+/+ animals. Likewise, R-3032 (a Ctsb inhibitor) also reduced these parameters in BDL WT mice. Both genetic and pharmacologic inhibition of Ctsb in the BDL mouse reduced (a) hepatic inflammation, as assessed by transcripts for CXC chemokines and neutrophil infiltration, and (b) fibrogenesis, as assessed by transcripts for stellate cell activation and sirius red staining for hepatic collagen deposition. These differences could not be ascribed to alterations in cholestasis. These findings support a prominent role for the lysosomal pathway of apoptosis in tissue injury and link apoptosis to inflammation and fibrogenesis. Ctsb inhibition may be therapeutic in liver diseases.


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**Introduction**

Liver injury and fibrosis are cardinal features of most chronic human liver diseases. These two separate, nefarious processes combine to cause end-stage liver disease with cirrhosis and liver failure. Current therapeutic options for liver diseases, unfortunately, remain inadequate, and, as a result, the social economic burden of liver diseases remains high (1, 2). Further insights into the mechanisms contributing to liver injury and fibrosis and the signals potentially linking these two disease processes are necessary to help develop additional and effective rational therapies.

The mechanisms of liver cell injury are complex and involve the interplay of cytokines, toxic bile acids, reactive oxygen species, inflammatory cells, and alterations in vascular flow. The interdependent, multifaceted mechanisms culminating in liver injury have made identification of dominant processes difficult. Recent investigations have demonstrated that hepatocyte apoptosis, however, is a nearly ubiquitous response of the liver to injury (3).

Received for publication January 2, 2003, and accepted in revised form May 6, 2003.

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**Conflict of interest:** The authors have declared that no conflict of interest exists.

**Nonstandard abbreviations used:** alanine aminotransferase (ALT); bile duct ligation/ligated (BDL); cathepsin B (Ctsb); cathepsin knockout (Ctsb−/−); WT (Ctsb+/+); hepatic stellate cell (HSC); chemokine (CXC) ligand 1 (KC); macrophage inflammatory protein–2 (MIP-2); myeloperoxidase (MPO); α-smooth muscle actin (α-SMA); collagen α1(I) (COL1A1); tissue inhibitor of metalloproteinases (TIMP).
Although reducing hepatocyte apoptosis attenuates liver injury and inflammation, it is unclear if inhibiting apoptosis is sufficient to also abrogate stellate cell activation and liver fibrogenesis.

The aim of this study was to examine the effects of Ctsb inactivation on liver injury, inflammation, and fibrogenesis. The bile duct ligated (BDL) mouse was selected for these studies as it duplicates the hepatocyte apoptosis (12), stellate cell activation, and liver fibrosis (18, 19) observed in human liver diseases. To address this aim, several questions were formulated. Specifically, we asked whether Ctsb inactivation reduces (a) hepatocyte apoptosis and liver injury, (b) hepatic inflammation, and (c) hepatic fibrogenesis. The results indicate that both genetic and pharmacologic inactivation of Ctsb reduces liver injury, inflammation, and hepatic fibrogenesis during cholestasis. Because both liver injury and fibrogenesis are reduced by Ctsb inactivation, this protease is a potential target for the treatment of human liver diseases.

Methods

Extrahepatic cholestasis by ligation of the common hepatic duct. The use and the care of the animals were reviewed and approved by the Institutional Animal Care and Use Committee at the Mayo Clinic. C57BL/6 Ctsb knockout (Ctsb−/−) mice and WT littermates (Ctsb+/+) 6 to 8 weeks of age were used for these studies. The generation and use of these animals has previously been described in detail (20). Common BDL was performed as previously described in detail (12). Sham-operated mice, used as controls, underwent a laparotomy with exposure, but no ligation of the common bile duct was performed.

Pharmacologic Ctsb inhibition. In selected experiments, mice were treated with the Ctsb inhibitor R-3032 (4.9 mg/ml in 30:70 polyethylene glycol 400/H2O at pH 7.5) intraperitoneally twice a day. The agent was obtained from Celera Genomics. The dose was based on pharmacokinetic data demonstrating a half-life of 4.2 hours, and preliminary data demonstrating that R-3032 extracellular concentrations of 10 µM were required to maximally inhibit TNF-α/actinomycin D–mediated apoptosis in isolated cultured murine hepatocytes (not shown). R-3032 is a reversible Ctsb inhibitor. The Kᵢ for Ctsb is 0.02 µM, whereas the Kᵢ for cathepsin K is 89 µM, cathepsin L is 12 µM, and cathepsin S is 3 µM. The Kᵢ for Ctsb is at least 2 logs lower than it is for these other lysosomal cathepsin proteases, and the drug does not inhibit caspases. Thus, the drug is a selective Ctsb inhibitor.

Histology and the TUNEL assay. The liver was diced into 5 × 5-mm sections, fixed in 4% paraformaldehyde for 48 hours, and then embedded in paraffin (Curtin Matheson Scientific Inc., Houston, Texas, USA). Tissue sections (4 µm) were prepared with a microtome (Reichert Scientific Instruments, Buffalo, New York, USA) and placed on glass slides. Hematoxylin and eosin staining was performed according to standard techniques. TUNEL assay was performed with a commercially available kit, according to the manufacturer's instructions (In Situ Cell Death Detection Kit; Roche Diagnostics Corp., Indianapolis, Indiana, USA). Hepatocyte apoptosis in liver sections was quantitated by counting the number of TUNEL-positive cells in 30 random microscopic low-power fields (×630).

Determination of serum total bilirubin, bile acids, and alanine aminotransferase. Total serum bilirubin, total serum bile acid, and serum alanine aminotransferase (ALT) determinations were performed using commercially available assay kits according to the manufacturer's instructions (Sigma-Aldrich Diagnostics kit no. 505, 550, and 450; Sigma-Aldrich, St. Louis, Missouri, USA).

Preparation of subcellular fractions. Cytosolic extracts (S-100) were prepared from mouse liver using the approach previously described (10). Protein concentration was measured with the Bradford assay (Bio-Rad Laboratories Inc., Hercules, California, USA).

Immunoblot analysis. Aliquots of S-100 cytosolic extracts containing 50 µg of protein were subjected to 15% SDS-PAGE and transferred to nitrocellulose membranes. Membranes were first probed overnight at 4°C with a mouse anti–cytochrome c antibody (PharMingen, San Diego, California, USA), dilution 1:1,000, and then incubated with an HRP-conjugated goat anti-mouse IgG secondary antibody (BioSource International, Camarillo, California, USA) diluted 1:5,000 for 45 minutes at room temperature. Blots were developed by the enhanced chemiluminescence system (Amer sham Life Sciences Inc., Arlington Heights, Illinois, USA), according to the manufacturer's instructions.

Real-time PCR. Total RNA was obtained from whole liver with the Trizol Reagent (Invitrogen Corp., Carlsbad, California, USA). For each RNA sample, a 10-µg aliquot was reverse transcribed into cDNA using oligo-dT random primers and Moloney murine leukemia virus reverse transcriptase. Real-time PCR was performed with Taq polymerase (Invitrogen Corp.) and primers for α-smooth muscle actin (α-SMA), collagen α1(I) (COL1A1), TGF-β1, and tissue inhibitor of metalloproteinases (TIMP) as previously described (18). Primers for the experiment using inflammation were as follows: CXC chemokine ligand 1 (KC), forward 5′-TGGGATTCCACTCAAGAA-CAC-3′, reverse 5′-TGGGACCTTACATC-3′ (yielding a 167-bp product); macrophage inflammatory protein-2 (MIP-2), forward 5′-CCACAAACCAACGGGC-TAC-3′, reverse 5′-GCTTCAGGGTCAAGGCAA-3′ (221-bp); GAPDH, forward 5′-ACCAAGAAGCTGTTGGTATG-3′, reverse 5′-ATGAGGAGGGTGGAGATGG-3′ (340-bp). Both GAPDH and 18S primers (Ambion Inc., Austin Texas, USA ) were used as controls for RNA integrity. All PCR products were confirmed by gel electrophoresis.

Real-time PCR was performed with the LightCycler (Roche Diagnostics Corp., Mannheim, Germany) and SYBR green as the fluorophore (Molecular Probes Inc., Eugene, Oregon, USA). The result was expressed as a
ratio of product copies per milliliter to copies per milliliter of housekeeping gene 18S and GAPDH from the same RNA (respective cDNA) sample and PCR run.

**Determination of liver fibrosis.** Liver fibrosis was quantified with sirius red. Direct red 80 and Fast green FCF (color index 42053) were provided by Sigma-Aldrich. The liver was diced into 5 × 5-mm sections, immersion fixed in PBS containing 4% paraformaldehyde for 24 hours at 4°C, and embedded in paraffin. Ten-micrometer sections were mounted on glass slides. Sections were deparaffinized and the slides rehydrated as follows with a wash for each 5-minute step: Xylene (twice), 100% ethyl alcohol (EtOH), 95% EtOH, 70% EtOH, 30% EtOH, 1× PBS, and distilled water (twice). The sections were incubated for 2 hours in room temperature with an aqueous solution of saturated picric acid containing 0.1% Fast green FCF and 0.1% direct red 80. The sections were covered with aluminum foil during the incubation. Stained slides were washed slowly under running distilled water for 6 minutes, dehydrated (3 minutes for each step), mounted, and examined by light microscopy. Red-stained collagen fibers were quantitated by digital image analysis as described below.

The Bacus Laboratories Inc. Slide Scanner (BLISS) system (Lombard, Illinois, USA) allows for the capture and quantitation of histologic images as tiles. The tissue section on the slide was automatically scanned using a preselected magnification lens (×40), and the captured bright-field images were digitized into a series of picture elements (pixels) each of which has a specific optical density. Through mathematical manipulation of the pixels using the instrument’s software, the captured images were quantified. For sirius red, quantitation was based on determining the optical densities of the chromogen. Quantitative histomorphometry was performed on the 6-μm-stained sections. The methodology was similar to that previously described (21, 22). Two cross sections, from two lobes from each animal were scanned. The scanned areas were captured as ×40 tiles, and the evaluation by BLISS was performed without knowledge of the specimens. All images were captured with a ×40 lens, the highest magnification available, as tiles with 480 × 752 pixel resolution. The computer automatically measured histologic features from each tile. Each captured tile was analyzed by the Histology Grade software on the instrument with separation of green and red-green-blue (RGB) filters. The red area was mathematically divided by the RGB area and multiplied by 100%. This determined the percentage area staining positively for collagen fibers, providing a quantitative value on a continuous scale. The areas scanned were captured using the BLISS system. Quantitative histomorphometry was evaluated on the individual images (pixel resolution 480 × 752) for the sirius red chromogen as previously described (18).

**Immunohistochemistry.** The sections (5 μm thick) were stained for myeloperoxidase (MPO) using a rabbit polyclonal antibody (NeoMarkers, Fremont, California, USA), which is prediluted by the manufacturer for staining formalin-fixed, paraffin-embedded tissues. The sections were incubated with the antibody overnight at 4°C. Negative control slides were incubated with nonimmune immunoglobulin under the same conditions. Secondary reagents were obtained from the DAKO LSAB2 kit (DAKO Corp., Carpinteria, California, USA), and 3,3′-diaminobenzidine tetrahydrochloride (Sigma-Aldrich) was used for visualization. Finally, the tissue was counterstained with hematoxylin.
Statistics. All data represent at least four independent experiments and are expressed as the mean ± SD unless otherwise indicated. Differences between groups were compared using ANOVA for repeated measures and a post hoc Bonferroni test to correct for multiple comparisons.

Results

Hepatocyte apoptosis and liver injury are Ctsb dependent in the BDL mouse. To examine the effects of Ctsb in mediating liver injury and hepatic fibrosis, we used Ctsb+/− and Ctsb+/+ littermates. Because gene-deleted animals often develop processes to compensate for the deficient alleles, selected results with Ctsb−/− animals were also verified by pharmacologic inhibition of Ctsb in WT littermates. Ctsb catalytic activity was inhibited using the reversible pharmacologic inhibitor R-3032. Mice were BDL for 3 days. Histopathologic examination of liver specimens demonstrated biliary proliferation, portal edema, and mild portal infiltrates in Ctsb+/+, Ctsb−/−, and R-3032–treated Ctsb+/+ mice, indicating similar cholestatic effects of BDL in all three groups of mice (Figure 1a). Serum markers for cholestasis, total serum bilirubin, and bile acid determinations were also virtually identical in all three groups (Figure 1, b and c). In striking contrast to the comparable magnitude of cholestasis in the three experimental groups, liver cell apoptosis (TUNEL-positive cells per low-power field) was significantly reduced in Ctsb+/+ and R-3032–treated Ctsb+/+ mice compared with Ctsb+/− mice (Figure 2, a and b). Likewise, bile infarcts (confluent foci of hepatocyte feathery degeneration caused by bile acid cytotoxicity) were only observed in BDL Ctsb+/+ mice (Figure 1a). Consistent with these observations, hepatic cytosolic cytochrome c, suggesting activation of the mitochondrial pathway of apoptosis (23), was minimal in Ctsb−/− and in R-3032–treated Ctsb+/− animals compared with Ctsb+/+ BDL mice (Figure 2c). Finally, serum ALT values, an index of hepatocyte injury, were also significantly lower in Ctsb+/− and R-3032–treated Ctsb+/+ versus Ctsb+/+ BDL mice (Figure 2d). The ALT elevations in the BDL WT mice may be secondary to apoptosis and/or to the associated inflammatory response that occurs in this liver disease model (see below). These data implicate a pathogenic role for Ctsb in cholestatic liver injury.

Hepatic inflammation is Ctsb dependent in the BDL mouse. Hepatocyte apoptosis is a proinflammatory process in the liver that promotes chemokine generation and

Figure 2
Liver injury and cytochrome c release are reduced in Ctsb−/− and R-3032–treated Ctsb+/+ mice. Ctsb+/− and Ctsb+/+ mice were BDL for 3 days as described in Methods. (a) Fixed liver specimens were analyzed by TUNEL assay to identify apoptotic hepatocytes (arrows). (b) The number of TUNEL-positive cells was significantly higher in Ctsb+/+ BDL mice than in sham-operated control or Ctsb−/− and R-3032–treated Ctsb+/+ BDL mice (P < 0.0001, n = 4 for each experimental group). (c) Cytosolic and mitochondrial fractions were prepared as described in Methods. Aliquots of 50 µg of cytosolic protein were subjected to SDS-PAGE and immunoblotted for cytochrome c. Release of cytochrome c in the cytosol was higher in Ctsb+/+ BDL livers compared with Ctsb−/− and R-3032–treated Ctsb+/+ BDL mice. A representative immunoblot from one animal from each group is shown, together with densitometric analysis of multiple immunoblots (n = 3 animals for each group). (d) Serum ALT values are significantly greater in Ctsb+/+ than in Ctsb−/− (P < 0.005, n = 4 for each experimental group) and R-3032–treated Ctsb+/+ mice 3 days after BDL (P < 0.0001, n = 4 for each experimental group). U/l, units per liter.
neutrophil infiltration (6–8). To examine the effects of Ctsb in mediating liver inflammation, we used BDL Ctsb+/+ and Ctsb−/− littermates and verified the observations by pharmacologic inhibition of Ctsb in BDL WT littermates. Mice were BDL for 3 days. Immunohistochemistry examination of liver specimens for MPO (a marker for neutrophils) demonstrated neutrophil infiltrates in BDL Ctsb+/+, but not in BDL Ctsb−/− or in R-3032–treated BDL Ctsb+/+ animals (Figure 3a). To investigate the role of Ctsb-mediated hepatic chemokine expression, mRNA was extracted from the livers of Ctsb−/−, R-3032–treated Ctsb+/+, and Ctsb+/+ mice that had undergone BDL for 3 days. KC and MIP-2 mRNA transcripts, neutrophil chemotactic, were quantitated using real-time PCR technology (4, 24, 25). In Ctsb+/+ animals BDL for 3 days, the mRNA for these two transcripts were increased 24-fold or greater compared with sham-operated controls (Figure 3, b and c). More importantly, the transcripts for KC and MIP-2 were significantly reduced in Ctsb−/− and R-3032–treated Ctsb+/+ BDL animals compared with Ctsb+/+ BDL mice (Figure 3, b and c). These data suggest neutrophil-associated inflammation occurs in cholestasis and is coupled to Ctsb-associated liver injury.

Liver fibrogenesis is Ctsb dependent in the BDL mouse. To investigate the role of Ctsb-mediated liver injury in liver fibrogenesis, mRNA was extracted from the livers of Ctsb+/+, R-3032–treated Ctsb+/+, and Ctsb+/+ mice that had undergone BDL for 3 days. The α-SMA mRNA transcripts reflecting HSC activation were quantitated using real-time PCR technology. In Ctsb+/+ animals BDL for 3 days, the mRNA for this transcript was increased compared with that in sham-operated controls, indicating stellate cell activation in this model of cholestasis (Figure 4a). The transcripts for α-SMA were significantly reduced in Ctsb+/+ and R-3032–treated Ctsb+/+ BDL animals compared with Ctsb+/+ BDL mice (Figure 4a). These data suggest HSC activation in cholestasis is, in part, Ctsb dependent.

To ascertain if the observed indicators of HSC activation were also associated with fibrogenesis (17), transcripts for molecules implicated in fibrogenesis were quantitated. TGF-β mRNA, a cytokine playing an instrumental role in liver fibrogenesis (26), was greater in BDL Ctsb+/+ compared with BDL Ctsb−/− and R-3032–treated BDL Ctsb+/+ mice (Figure 4b). COL1A1 mRNA expression was also markedly increased in BDL Ctsb+/+ versus Ctsb−/− and R-3032–treated BDL Ctsb+/+ mice (Figure 4c). In chronic liver injury, activated stellate cells are the major source of tissue inhibitors of metalloproteinases (TIMPs), which inhibit collagen degradation by MMPs and protect HSCs from apoptosis (27–29). However, compared with the increases in α-SMA, TGF-β, and COL1A1, alterations in TIMP mRNA were modest and not significantly different between the experimental groups (Figure 4d). Collectively, these data suggest that Ctsb-mediated liver injury is associated with HSC activation and hepatic fibrogenesis.

Hepatic collagen deposition is Ctsb dependent in the BDL mouse. To examine the relationship between Ctsb-mediated liver injury and fibrosis, mice were BDL and Ctsb+/+ mice were treated with R-3032 intraperitoneally twice a day for 2 weeks. This duration of BDL was necessary for the development of septal fibrosis as assessed by classic histopathologic techniques. Hepatic collagen deposition/accumulation
was stained with sirius red (Figure 5a) and quantitated using digital image analysis (Figure 5b). Significant collagen staining was present in mice that had undergone BDL for 2 weeks; however, the quantity of collagen was again greater in Ctsb+/+ than in Ctsb–/– and in R-3032–treated Ctsb+/+ BDL mice (Figure 5, a and b). Taken together, these observations suggest Ctsb-mediated liver injury during extrahepatic cholestasis results in fibrogenesis and collagen deposition within the liver.

Discussion

The principal findings of this study relate Ctsb inactivation to liver injury and fibrogenesis in cholestasis. The observations demonstrate that, in the BDL animal, both genetic and pharmacologic inactivation of Ctsb reduces (a) hepatocyte apoptosis, serum ALT values, and histologic evidence of liver injury; (b) hepatic inflammation, as assessed by expression of chemoattractants and neutrophil infiltration; (c) mRNA expression for markers of HSC fibrogenic...
activity; and (d) collagen deposition. Taken together, these observations suggest a critical role for this protease in mediating the deleterious consequences of cholestasis. Each of these observations is discussed in greater detail below.

Increasing evidence implicates Ctsb as a proapoptotic protease. For example, Ctsb contributes to bile salt- and TNF-α–induced hepatocyte apoptosis (10, 14, 30, 31), and pharmacologic inhibition of Ctsb blocks apoptosis induced by p53 and cytotoxic agents (32). Ctsb activity appears to play a critical role in lysosomal permeabilization in cytotoxic events, causing release of lysosomal proteases into the cytosol, which in turn cause mitochondrial dysfunction (10, 16). The current findings extend these observations by demonstrating a role for this protease in vivo during a model of human liver disease, namely, cholestasis. Consistent with the prior in vitro studies, Ctsb would appear to contribute to hepatocyte apoptosis by causing mitochondrial dysfunction and cytochrome c release. Indeed, cytosolic cytochrome c was markedly reduced in BDL Ctsb−/− and in R-3032–treated Ctsb−/− animals compared with BDL WT animals. How Ctsb contributes to mitochondrial dysfunction remains to be elucidated, but our previous in vitro studies implicated a requirement for additional cytosolic factor(s) (10). Nonetheless, the current studies provide mechanistic evidence implicating the lysosomal protease Ctsb and therefore a dominant role for the lysosomal pathway of hepatocyte apoptosis in cholestatic liver injury.

Our study also shows that Ctsb-mediated liver injury not only causes apoptosis but also stimulates production of proinflammatory chemokines. Hepatocyte apoptosis therefore appears to be associated with the generation of chemokines promoting inflammation in cholestasis. Indeed, in other models of liver injury hepatocyte apoptosis has also been linked to inflammation. For example, Fas-mediated hepatocyte apoptosis elicits an inflammatory response in the liver that could secondarily induce HSC activation (25, 33). Although originally thought of as a “silent process,” orchestrated and continuous apoptosis in the liver is likely profibrogenic in pathophysiologic conditions.

Our studies suggest a role for Ctsb in hepatic fibrogenesis during cholestasis. Ctsb could have a direct or indirect effect on hepatic fibrogenesis. It is likely that Ctsb inactivation and consequent attenuation of hepatocyte apoptosis is the mechanism linking this proapoptotic protease to liver fibrogenesis. Indeed, inhibition of Fas-mediated apoptosis also attenuates hepatic fibrogenesis, supporting a link between liver cell apoptosis and HSC activation (18, 19). The mechanism by which hepatocyte apoptosis results in hepatic fibrogenesis is likely indirect. Hepatocyte apoptosis elicits an inflammatory response associated with chemokine expression and neutrophil infiltration (5–8). This inflammatory response has been well established to cause stellate cell activation (34). The activated stellate cells produce collagen, causing liver scarring. Alternatively, engulfment of hepatocyte apoptotic bodies directly by stellate cells may also promote activation of these cells as has been observed in vitro (35). However, based on current concepts, we favor the following model linking Ctsb-associated hepatocyte apoptosis to inflammation and stellate cell activation. Ctsb, via cytotoxic signaling cascades initiated by toxic bile acids or perhaps TNF-α, induces hepatocyte apoptosis. This injurious process promotes hepatic inflammatory responses. The inflammation subsequently induces stellate cell activation and fibrogenesis. This linear model (apoptosis → inflammation → fibrosis) is likely simplistic but provides a framework to further study apoptosis as an inciting event in liver injury and scarring.

In summary, our findings suggest that during extrahepatic cholestasis in the mouse, liver injury, inflammation, markers of stellate cell activation, and elevation of indices of hepatic fibrogenesis are, in part, Ctsb dependent. Furthermore, inactivation of Ctsb catalytic activity with selective protease inhibitors such as R-3032 indicates a potential therapeutic option for cholestatic liver injury, inflammation, and fibrosis. These data also implicate a mechanistic link between hepatocyte apoptosis and HSC activation and suggest inhibition of apoptosis would diminish liver fibrosis in chronic cholestatic liver diseases. These concepts merit further investigation as mechanisms(s) contributing to the development of cirrhosis and as potential antifibrotic therapeutic strategies.

Acknowledgments

This work was supported by a fellowship grant from the Postdoctoral Program of the German Academic Exchange Service to A. Canbay, NIH grant DK063947 to G.J. Gores, and the Mayo Foundation. The secretarial assistance of Erin Bungum is gratefully acknowledged. We thank Darren L. Riehle and James Tarara for their excellent technical assistance in digital image analysis.


