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Figure 1
Theoretical mechanisms by which macrophage foam cells could be generated. Excess cholesteryl ester accumulation could occur because of the following: (a) enhanced uptake of native or modified lipoproteins or lipids; (b) alterations in intracellular cholesterol metabolism; (c) failure of export systems to maintain cholesterol homeostasis; or (d) combinations of the aforementioned mechanisms. Scavenger receptors expressed on the surface of macrophages that may contribute to the uptake of modified lipoproteins include SR-A, CD36, SR-BI, PSOX, MARCO, and lectin-like OxLDL receptor 1 (LOX-1). LDLR and LDLR-related protein 1 (LRP1) can mediate uptake of aggregated LDLs (including native or enzymatically modified LDLs), and secreted apoE can bind to such complexes and facilitate uptake, particularly via LRP1. LDL/IgG complexes can be internalized via Fc receptors, and lipoproteins bound by IgM or C-reactive protein (CRP) can in turn bind complement and undergo enhanced binding via complement receptors. Secreted lipoprotein lipase (LPL) can hydrolyze triglyceride-rich lipoproteins (TRLs), generating FFAs that can enter the cell and stimulate cholesteryl esterification. Residual remnant lipoproteins can be taken up via LRP1 or even LDLR or VLDLR. ABC transport proteins ABCA1 and ABCG1 and probably others, such as ABCA4, ABCA7, and SR-BI/II, can mediate the export of cholesterol, phospholipids, and/or oxidized phospholipids to apoAI, HDL, or other acceptors. Transcription of these transporters is regulated by PPARγ and liver X receptor (LXR), and they are also subject to posttranscriptional regulation by apoAI. Finally, uptake of native, modified or aggregated LDL could occur via stimulated macrophinoctosis, independent of or in association with receptor-mediated uptake. Undoubtedly, many other factors influence net cholesterol accumulation.

Based on their data, Moore et al. (1) suggest that in vivo scavenger receptor–mediated uptake of oxidized LDL (OxLDL) may not be a rate-limiting step in atherosclerosis. They describe their interesting observations that peritoneal macrophages elicited from the cholesterol-fed male Sna+/Apoε−/− and Cd36+/Apoε−/− male mice (significant) and 20% higher in the female double-KO mice (not significant) in comparison with those of sex-matched Apoε−/− animals. Many research groups have shown a positive relationship between lesion formation and plasma cholesterol levels in such mice (6, 7). Conceivably, any decrease in lesion formation as a result of scavenger receptor deletion might have been overcome by the substantially higher cholesterol levels in the knockout mice, albeit by a mechanism not dependent on that particular receptor. Second, while both male and female double-KO mice appeared to have equal or even increased atherosclerosis at the aortic valve (the site of most advanced lesion formation), males had a nonsignificant decrease in lesion formation, and female Cd36+/Apoε−/− mice had significantly decreased lesion formation in the arch. The literature is replete with many similar examples of a site-specific impact of a given intervention, and in fact, even sex-based differences in lesion formation at specific sites have been noted (8). A third point of potential importance is that the extent of atherosclerosis was examined at only 1 time point — after 8 weeks on the Western-type diet. By comparison, other published reports of the impact of scavenger receptor deficiency on atherosclerosis in mice have examined later time points. In this regard, a recent report showed that the presence of class B, type I scavenger receptor (SR-BI) in macrophages was proatherogenic at the earliest phase of lesion formation (after 4 weeks on a Western-type diet) but played an overall protective role in later stages of lesion formation (after 9 and 12 weeks) in Ldlr−/− mice (9). Likewise, in the CD36 bone marrow transplant model described above (5), the extent of atherosclerosis was determined after 12 weeks of a Western-type diet. The most dramatic reduction in lesion formation in the Cd36−/−Apoε−/− mice was observed in the aorta, while the decrease at the aortic valve was much less impressive. These examples suggest that, for proper comparisons to be made between studies, we need to look at the impact of interventions at both early and late time points, at different anatomical sites, and in both sexes.

Discrepancy between lipid accumulation in macrophages of the aorta and peritoneum

Based on their data, Moore et al. (1) suggest that in vivo scavenger receptor–mediated uptake of oxidized LDL (OxLDL) may not be a rate-limiting step in atherosclerosis. They describe their interesting observations that peritoneal macrophages elicited from the cholesterol-fed male Sna+/Apoε−/− and Cd36+/Apoε−/− mice contained 40–60% less cellular cholesterol and 70–80% less cholesteryl ester as compared with those of control Apoε−/− mice. Interestingly, no significant differences in macrophage cholesterol and cholesteryl ester content were observed between female Sna+/Apoε−/− and Cd36+/Apoε−/− mice and sex-matched Apoε−/− controls. If these scavenger receptors are not at the center of lipoprotein uptake, as Moore et al. suggest, it is unclear why their loss should result in decreased lipid accumulation in peritoneal macrophages (at least in male mice). This suggests that uptake of OxLDL was decreased somewhere in the body to yield these results. Our lab, Moore et al., and others have suggested that peritoneal macrophages from such mice are a model of macrophage behavior in the artery wall (10). However, Moore et al. report that the macro-
phages in the lesions appeared to be replete with lipid (1). Perhaps the assumption that the pattern of gene expression by peritoneal macrophages reflects that of macrophages within arterial lesions is not valid. Furthermore, in the presence of marked hypercholesterolemia, the relative concentration of extracellular, modified LDL was most likely also equally increased and may have led to saturation kinetics of the existing scavenger receptors. Under such conditions, alternative scavenger receptors could conceivably mediate sufficient uptake of modified LDL, leading to foam cell formation.

There are, in fact, a number of scavenger receptors, in addition to CD36 and SR-A, which could take up OxLDL (10, 11). Furthermore, compensatory changes in expressed receptors might overcome the loss of the deleted receptor. For example, minimally oxidized LDL, e.g., minimally modified LDL (mmLDL), itself not a ligand for scavenger receptors, can nevertheless stimulate both mRNA and protein expression of CD36, SR-A, and other receptors on macrophages, leading to enhanced OxLDL uptake that could more than compensate for the absence of the deleted receptor (12, 13). The expression of these receptors is influenced by both transcriptional and posttranscriptional regulation (14, 15). Indeed, for this reason and many more, the local regulation of scavenger receptor expression in the artery may be different from that in macrophages elsewhere, such as those that appear in the peritoneum. Because in vitro experiments with macrophages from Cd36−/−Sra−/− double-KO mice indicated a nearly 80% decrease in the uptake of OxLDL (16), in vivo experiments in which these mice are crossed into the ApoE−/− mouse and then assessed for atherosclerosis are eagerly awaited.

**Alternative pathways to produce foam cells**

In analyzing problems we all have the tendency to think of either . . . or when most often the answer is both. Thus, the situation with respect to foam cell development and atherosclerosis may not simply be that OxLDL uptake is not relevant and that other pathways are more important but that both occur simultaneously. However, for the sake of argument, let us consider alternative mechanisms that do not require scavenger receptor-mediated OxLDL uptake to generate macrophage foam cells. In fact, there are numerous such pathways that can lead to cholesterol accumulation as a consequence of enhanced uptake of lipoproteins or lipids (Figure 1). For example, Khoo et al. first showed that aggregation of native LDL greatly enhanced its uptake via the LDL receptor (LDLR) pathway (17). Indeed, one of the earliest consequences of oxidation of LDL is aggregation, and undoubtedly, some of the enhanced uptake of OxLDL is due to this pathway. Other modifications of LDL that take place in the artery may also induce such aggregated complexes, including enzymatic modifications, for example, via sphingomyelinase and various phospholipases (18). Immunoglobulin-coated LDL may also have enhanced uptake (17), and uptake of such immune complexes has been reported to increase LDLR activity (19). In turn, this could lead to enhanced uptake of native and/or aggregated LDL. Indeed, oxidized phospholipids found in mmLDL and OxLDL have been reported to increase LDLR activity in endothelial cells (20), and conceivably, mmLDL could produce a similar effect in macrophages. As emphasized by Kruth and colleagues, macrophage foam cells can also be generated in vivo following activation by phorbol 12-myristate 13-acetate, which leads to stimulation of native LDL uptake by increased fluid-phase endocytosis via a macropinocytosis pathway (21). Lipoprotein lipase secreted by macrophages can hydrolyze triglycerides in VLDL, leading to enhanced FFA and triglyceride-rich lipoprotein remnant uptake and increased cholesteryl ester accumulation (22). Interference with the regulation of intracellular cholesterol transport or of proteins that export cholesterol from the cells, such as ABCA1 and/or ABCG1, can also lead to increased macrophage cholesterol content (15, 23). Under a given set of parameters, for example, in the presence of mild hypercholesterolemia, only a few of these (or other) pathways may be operative and sufficiently contributory to rate limiting. On the other hand, when plasma cholesterol levels are exceedingly high, for example, it may well be that all of these pathways are operative and each individually sufficient to drive foam cell formation. In this latter scenario, deletion of any one pathway (or even 2) may not influence lesion formation.

**Deletion of a gene product may have unexpected consequences**

There is yet another important conceptual idea that needs to be addressed. We all tend to use linear reasoning in evaluating the impact of a gene deletion in the context of atherosclerosis. Thus, we assume that the contribution of a given gene product is linearly related to disease outcome such that deletion of a given scavenger receptor, for example, will result in a predictable decrease in OxLDL uptake and a linear decrease in lesion formation. However, it is not likely that nature operates in such a simple manner, and in fact, a nonlinear response is more likely. Deletion of CD36, for example, may have an impact on many other biological properties in unforeseen ways. CD36 is a classic innate pattern recognition receptor and binds many divergent and seemingly unrelated ligands. It is involved in many functions quite apart from binding and uptake of OxLDL, such as the binding and uptake of apoptotic cells. It may associate with other receptors in the cell, such as Toll-like receptor 2 or certain integrins, to initiate signaling cascades (24, 25), and via its ability to internalize a variety of ligands such as FFAs, it may affect many cellular functions. The genetic deletion of CD36 may have led to compensatory responses not yet appreciated that in turn may have affected lesion development in unexpected ways. As SR-A is also such an innate pattern recognition receptor, these possibilities may also hold true.

**Conclusions**

Despite all of these comments, it is not clear why the study from Moore et al. (1) yields conclusions different from those of other investigators. So at this time we find ourselves, like the rabbi in our opening story, saying to both the authors of this study and those of preceding studies that came to the opposite conclusion, “You are right.” However, like the rabbi’s wise wife, we need to continue to ask “How can this be?”

While this controversial study provides an alternative answer to a question believed to have been answered previously, it does not provide an explanation of why the 2 answers differ. Sometimes papers are noteworthy because they provide definitive insight into a fundamentally important issue. On the other hand, sometimes we think things are settled when in reality they are not. When studies such as this are well done, it is important to publish them, as they have an inherent heuristic value. The data presented by Moore et al. (1) will cause all of us to stop and reevaluate and to undertake much more experimentation and thought.

**Acknowledgments**

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Bile acids are natural detergents that assist in the absorption and digestion of fats in the intestine. In liver, the synthesis of bile acids from cholesterol is regulated by multiple signaling cascades that repress transcription of the gene encoding cholesterol 7α-hydroxylase (CYP7A1), the rate-limiting enzyme in the classic bile acid synthesis pathway. In this issue of the JCI, Ito and coworkers demonstrate that mice lacking βKlotho, a membrane protein with 2 putative glycosidase domains, have increased Cyp7a1 mRNA levels and bile acid concentrations (see the related article beginning on page 2202). βKlotho-KO mice also have small gallbladders and are resistant to cholesterol gallstone formation. These findings highlight the central role of βKlotho in bile acid homeostasis and raise the possibility that this protein could be a pharmacologic target for the treatment of gallstones.

Bile acids are cholesterol metabolites that are synthesized in the liver, stored in the gallbladder, and released during a meal into the small intestine, where they are crucial for the absorption of lipophilic nutrients and vitamins (1). Despite their importance in normal physiology, bile acids are strong deterrents whose concentrations must be tightly controlled. Dysregulation of bile acid homeostasis is associated with a range of pathophysiologic disorders including cholestatic liver disease and cholesterol gallstone formation. In this issue of the JCI, Ito et al. make an interesting and unexpected link between the protein βKlotho and the regulation of bile acid synthesis (2).

Feedback repression of bile acid synthesis

Cholesterol 7α-hydroxylase (CYP7A1), which is encoded by the CYP7A1 gene, catalyzes the rate-limiting step in the conversion of cholesterol to bile acids (Figure 1). Bile acids act via a feedback mechanism to repress CYP7A1 transcription. Work from a number of laboratories has revealed the complexity of this regulation (1, 3). One pathway through which CYP7A1 is

Weaving βKlotho into bile acid metabolism

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