The first known human case of heme oxygenase-1 (HO-1) deficiency is presented in this report. The patient is a six-year-old boy with severe growth retardation. He has been suffering from persistent hemolytic anemia characterized by marked erythrocyte fragmentation and intravascular hemolysis, with paradoxical increase of serum haptoglobin and low bilirubin. An abnormal coagulation/fibrinolysis system, associated with elevated thrombomodulin and von Willebrand factor, indicated the presence of severe, persistent endothelial damage. Electron microscopy of renal glomeruli revealed detachment of endothelium, with subendothelial deposition of an unidentified material. Iron deposition was noted in renal and hepatic tissue. Immunohistochemistry of hepatic tissue and immunoblotting of a cadmium-stimulated Epstein-Barr virus–transformed lymphoblastoid cell line (LCL) revealed complete absence of HO-1 production. An LCL derived from the patient was extremely sensitive to hemin-induced cell injury. Sequence analysis of the patient’s HO-1 gene revealed complete loss of exon-2 of the maternal allele and a two-nucleotide deletion within exon3 of the paternal allele. Growth retardation, anemia, iron deposition, and vulnerability to stressful injury are all characteristics observed in recently described HO–1 targeted mice. This study presents not only the first human case of HO-1 deficiency but may also provide clues to the key roles played by this important enzyme in vivo.
Oxidative stress causes enhanced endothelial cell injury in human heme oxygenase-1 deficiency

Akihiro Yachie,1 Yo Niida,2 Taizo Wada,2 Noboru Igarashi,3 Hisashi Kaneda,2 Tomoko Toma,2 Kazuhide Ohta,2 Yoshihito Kasahara,2 and Shoichi Koizumi2

1Department of Laboratory Sciences, School of Health Sciences, and 2Department of Pediatrics, School of Medicine, Faculty of Medicine, Kanazawa University, Kanazawa 920-8641, Japan 3Department of Pediatrics, Toyama Prefectural Central Hospital, Toyama 930-0975, Japan

Address correspondence to: Akihiro Yachie, c/o Department of Pediatrics, School of Medicine, Faculty of Medicine, Kanazawa University, 13-1 Takaramachi, Kanazawa 920-8641, Japan. Phone: 81-76-265-2312; Fax: 81-76-262-1866; E-mail: yachie@med.kanazawa-u.ac.jp

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The first known human case of heme oxygenase-1 (HO-1) deficiency is presented in this report. The patient is a six-year-old boy with severe growth retardation. He has been suffering from persistent hemolytic anemia characterized by marked erythrocyte fragmentation and intravascular hemolysis, with paradoxical increase of serum haptoglobin and low bilirubin. An abnormal coagulation/fibrinolysis system, associated with elevated thrombomodulin and von Willebrand factor, indicated the presence of severe, persistent endothelial damage. Electron microscopy of renal glomeruli revealed detachment of endothelium, with subendothelial deposition of an unidentified material. Iron deposition was noted in renal and hepatic tissue. Immunohistochemistry of hepatic tissue and immunoblotting of a cadmium-stimulated Epstein-Barr virus–transformed lymphoblastoid cell line (LCL) revealed complete absence of HO-1 production. An LCL derived from the patient was extremely sensitive to hemin-induced cell injury. Sequence analysis of the patient’s HO-1 gene revealed complete loss of exon-2 of the maternal allele and a two-nucleotide deletion within exon3 of the paternal allele. Growth retardation, anemia, iron deposition, and vulnerability to stressful injury are all characteristics observed in recently described HO-1 targeted mice. This study presents not only the first human case of HO-1 deficiency but may also provide clues to the key roles played by this important enzyme in vivo.


Introduction

Heme oxygenases (HO) are rate-limiting enzymes that catalyze the conversion of heme into carbon monoxide and biliverdin (1). They consist of two different isoforms, HO-1 and HO-2. They have antioxidant capacity and therefore act as potent anti-inflammatory proteins whenever oxidative injury takes place. HO-2 is constitutively produced within the brain and testes, whereas HO-1 is produced ubiquitously, but only marginally in the resting state (2). Rapid induction of HO-1 follows various stresses (3, 4). Recent studies have suggested protective roles of HO-1 in various inflammatory conditions (5). However, no human disease has so far been attributed to primary deficiency of HO-1. We describe a six-year-old boy with HO-1 deficiency. The patient has been suffering marked growth retardation and developmental delay associated with erythrocyte fragmentation and persistent intravascular hemolysis. Marked abnormality of coagulation/fibrinolysis system, paradoxical increase of haptoglobin concentration, and low level of serum bilirubin were intriguing findings in this patient. Low serum bilirubin concentration in the presence of continuing hemolysis led us to suspect an abnormality in the hemoglobin metabolic pathway, and we wondered if any defect in HO activity was present in this patient. Immunoblotting analysis of Epstein-Barr virus–transformed lymphoblastoid cell line (LCL) clearly showed that he has complete deficiency of HO-1 production after stimulation by stress-inducing factors. Mutational analysis revealed abnormalities in both alleles. Complete deletion of exon2 was found in the maternal allele, and a 2 nucleotide deletion was present within exon3 of the paternal allele. The combination of these two mutations in the patient resulted in the failure of production of functional HO-1 protein. Lack of this important enzyme may explain the wide variety of clinical symptoms and laboratory findings noted.

Methods

Case presentation. The patient was 26 months old when he first sought medical advice at a hospital because of recurrent fever and generalized erythematous rash. His brother and sister were healthy. The mother had experienced two intrauterine fetal deaths. Growth retardation was apparent and marked hepatomegaly was noted, but the spleen was palpable. Asplenia was confirmed by abdominal ultrasonography and isotope image scanning. Hematuria and proteinuria were constantly present. The white cell count was 51,600/µl (normal 3,500–8,800). Lactate dehydrogenase was 2,260,000/µl (normal 130,000–350,000). Microcytic, hypochromic anemia was marked with erythrocyte count 1.48 × 1012/l (normal 4.30–5.50) and hemoglobin concentration 4.9 g/dl (normal 13.5–17.0). Serum iron concentration was 64 µg/dl (normal 50–170). Lactate dehydrogenase was 17,470 IU/L (normal 196–355). Aspartate aminotransferase was markedly elevated at 442 IU/l (normal 9–42), but alanine aminotransferase was within normal limits.
Ferritin was 780 ng/ml (normal 26–280). Marked abnormalities of the coagulation fibrinolysis system were noted. Fibrinogen was 109 mg/dl (normal, 196–356), fibrin degradation product was 300.1 μg/ml (normal <5), d-dimer was 186.1 μg/ml (normal <2.5), thrombin-antithrombin complex was 202.2 μg/l (normal <3), and plasmin-α2 plasmin inhibitor complex was 22.3 μg/ml (normal <0.8). Thrombomodulin was 12 ng/ml (normal <3.5) and Von Willebrand factor was 580% (normal 60–170). Hyperlipidemia was another prominent finding. Triglyceride was 638 mg/dl (normal 32–220), low-density lipoprotein (LDL) cholesterol was predominant. Total bilirubin levels were, on the contrary, constantly low at 0.1–0.3 mg/dl (normal 0.2–1.3). Serum haptoglobin concentration was 878 mg/dl (normal 30–252). Hemopexin was undetectable by immunoelectrophoresis. Serum heme concentration was extremely high at 490 μM (normally not detectable or <1 μM). Repeated direct and indirect Coombs’ tests were always negative. Serum concentration of interleukin (IL)-6 was 4 pg/ml, tumor necrosis factor-α was 5 pg/ml, IL-2 was 0.8 U/ml, and interferon-γ was <0.1 IU/ml. Kidney biopsy revealed mild mesangial proliferation and endothelial detachment from the glomerular basement membrane. Liver biopsy showed mild inflammatory changes with minimal lymphocyte infiltration. Rudimentary splenic tissue was found on this occasion, but no histopathological confirmation was done. He has been on oral steroid and various nonsteroidal anti-inflammatory medications since he was referred to our hospital 3 years ago. The patient is now 6 years old and still requires regular transfusions of erythrocytes because of progressive hemolytic anemia.

Iron staining of the liver and the kidney biopsy specimen. Paraffin-embedded liver and kidney sections from the patient were dewaxed and rehydrated. Prussian-blue staining was performed to detect ferric iron deposition within the tissue.

Cell preparation. Peripheral blood mononuclear cells (PBMC) were isolated from the patient and three normal controls. LCLs were prepared by transforming lymphocytes from normal controls and the patient using supernatant from B95-8. LCL from the patient was further cloned by a limiting dilution method (6).

Immunohistochemistry of HO-1–producing cells. Paraffin-embedded liver sections from the patient and a normal control were dewaxed and rehydrated. The section was heat-treated in a microwave oven and rinsed in Tris buffer. After blocking with normal goat serum, the sections were stained with appropriate dilutions of anti–HO-1 rabbit antiserum (Affinity BioReagents Inc., Golden, Colorado, USA) for 1 h at room temperature. After washing the slides in Tris buffer, alkaline phosphatase–conjugated goat anti–rabbit antiserum (TAGO Inc., Burlingame, California, USA) was reacted for 30 min at room temperature. Alkaline phosphatase activity was visualized using Fast Red TR salt (Sigma Chemical Co., St. Louis, Missouri, USA) after further washing of the slides in Tris buffer.

Immunoblotting of HO-1 and HO-2. PBMC or LCLs were suspended in Roswell Park Memorial Institute medium (RPMI)-1640 containing 10% FCS and antibiotics and cultured for 6 h with cadmium chloride (10 μM). Control cultures were performed with medium alone. PBMC (2 × 106) or LCLs (1 × 106) were washed in PBS, and the cell pellets were treated with 10% TCA for 10 min on ice. The cells were spun down and suspended in 100 μl of lysis solution containing 9 M urea, 2% Triton X-100, and 10% 2-mercaptoethanol. The mixture was disrupted by sonication and neutralized with 1 M Tris solution. The lysates (25 μl per lane) were applied without boiling to 5–20% polyacrylamide gradient gels (ATTO, Tokyo, Japan), and electrophoresis was carried out in SDS. The proteins were blotted onto nitrocellulose filters using a HORIZBLOT apparatus (ATTO). Blots were blocked in 5% skim milk in PBS for 1 h and reacted with rabbit anti–HO-1 or anti–HO-2 antiserum (Affinity BioReagents Inc.) diluted at 1:1,000 in PBS–0.1% Tween-20 (PBS-T) for 1 h. The membranes were washed and further incubated with horseradish peroxidase–conjugated donkey anti–rabbit antibody (Chemicon International Inc., Temecula, California, USA) at a 1:20,000 dilution in PBS-T for 1 h. Immunoblots were developed by using an ECL Western blotting detection system (Amersham International, Amersham, United Kingdom) (7).

Cytotoxicity assay. LCLs were used to evaluate the sensitivity to stress-inducing agents. The viability of all these cell lines or clones was >90% before the culture, as determined by the trypan blue dye exclusion test. Cells were suspended in RPMI-1649 culture medium supplemented with 10% FBS, 25 mM HEPES, 5 × 10–5 M 2-mercaptoethanol, 100 U/ml penicillin, and 10 μg/ml gentamicin at 105/ml. The cell suspension was plated in 48-well culture plates (Costar No. 3548, Corning-Costar Corp., Cambridge, Massachusetts, USA) and was cultured for 24 h in the presence of various concentrations of...
Table 2
Comparison of findings between human HO-1 deficiency and HO-1 targeted mouse

<table>
<thead>
<tr>
<th>Findings</th>
<th>Human</th>
<th>Mouse</th>
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<tbody>
<tr>
<td>Intrauterine death</td>
<td>Stillbirth, abortion</td>
<td>20% birth rate</td>
</tr>
<tr>
<td>Growth failure</td>
<td>+</td>
<td>+</td>
</tr>
<tr>
<td>Anemia</td>
<td>+</td>
<td>+</td>
</tr>
<tr>
<td>Fragmentation</td>
<td>+</td>
<td>?</td>
</tr>
<tr>
<td>Iron binding capacity</td>
<td>Increased</td>
<td>Increased</td>
</tr>
<tr>
<td>Ferritin</td>
<td>Elevated</td>
<td>Elevated</td>
</tr>
<tr>
<td>Iron deposition</td>
<td>+</td>
<td>+</td>
</tr>
<tr>
<td>Hepatomegaly</td>
<td>+</td>
<td>+</td>
</tr>
<tr>
<td>Splenomegaly</td>
<td>Asplenia</td>
<td>+</td>
</tr>
<tr>
<td>Lymph node swelling</td>
<td>+</td>
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</tr>
<tr>
<td>Leukocytosis</td>
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<tr>
<td>Thrombocytosis</td>
<td>+</td>
<td>?</td>
</tr>
<tr>
<td>Coagulation abnormality</td>
<td>+</td>
<td>?</td>
</tr>
<tr>
<td>Endothelial injury</td>
<td>+</td>
<td>+</td>
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<tr>
<td>Hyperlipidemia</td>
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HO-1, heme oxygenase-1

Results

Plasma and peripheral blood smears. The patient’s plasma, centrifuged immediately after venipuncture, contained large amounts of lipid in the upper layer. The plasma was a dark maroon color and extremely turbid. Hematocrit was always low (Fig. 1a). May-Grünwald and Giemsa staining of the peripheral blood smear revealed abundant fragmented or dysmorphic, bizarre-shaped erythrocytes (Fig. 1b, arrows). Erythroblasts and Howell-Jolly bodies were occasionally seen, and platelets were numerous.

Microscopic examination of renal biopsy specimen. Mild mesangial proliferation and thickening of the capillary loop were observed within the glomeruli. Scattered lymphocyte infiltration was also seen (Fig. 2a). By transmission electron microscopy, endothelial swelling and detachment were prominent throughout the glomerular capillary (Fig. 2b, arrow). An unidentifiable material was deposited between the detached endothelium and glomerular basement membrane (Fig. 2b, asterisk). A normal glomerular capillary is shown in Fig. 2c.

Iron staining of paraffin-embedded specimens. Iron staining was performed by a standard Prussian-blue stain.
Iron staining of the kidney and liver. Paraffin-embedded specimens of the kidney and liver were stained for iron. (a) Kidney. ×200. (b) Liver. ×200. Asterisk indicates a glomerulus.

Immunohistochemistry of HO-1–producing cells. Immunohistochemistry of paraffin-embedded liver sections is shown in Fig. 4. Intense HO-1 staining was detected within Kupffer cells of the control liver (Fig. 4a, arrow). Parenchymal cells, however, did not produce HO-1. In contrast, no HO-1 staining was detected in parenchymals or Kupffer cells of the patient’s liver (Fig. 4b, arrow).

HO production by PBMC and LCL. PBMC, either from the patient or three controls, did not produce HO-1 when they were cultured alone (Fig. 5a, lanes 1, 3, 5, and 7). PBMC from the patient did not produce any detectable HO-1 after cadmium stimulation (Fig. 5a, lane 2). In contrast, significant levels of HO-1 were induced by cadmium within PBMC from the controls (Fig. 5a, lanes 4, 6, and 8). Control LCL produced both HO-1 and HO-2 after cadmium stimulation (Fig. 5b, lane 1). LCLs from the father (Fig. 5b, lane 3) and the mother (Fig. 5b, lane 4) also produced comparable levels of HO-1 and HO-2. LCL from the patient, however, produced only HO-2 and no detectable HO-1, even after cadmium stimulation (Fig. 5b, lane 2). Different stimulations, including sodium arsenite or hemin did not induce HO-1 production by the patient’s LCL, either (data not shown).

Cytotoxicity analysis. The sensitivity of the patient cell lines to oxidative injury was tested by a cytotoxicity analysis. Five different clones from patient LCL and LCLs from five normal controls were selected for analysis. Hemin, a substrate of HO-1, at different concentrations did not show any cytotoxicity against control LCLs even after 24 hours of culture (Fig. 6, open circles). Marked cell death was induced in the patient culture after 24 hours (Fig. 6, closed circles). More than 60% of the cells were dead at 50 μM of hemin, and the survival rate declined dose-dependently. Kinetic study revealed that patient LCL started to die after only 12 hours of culture (data not shown).

Heme concentration in culture supernatant. In both control and patient cultures, heme concentrations in the supernatant did not decrease significantly during 24 hours of culture (Table 1).

Mutational analysis of HO-1 gene. Structural organization of HO-1 cDNA and construction of primers are shown in Fig. 7. Reverse transcriptase-PCR for HO-1 mRNA was performed using the primers as described in Methods. Although the control expressed HO-1 mRNA of single size (Fig. 8a, lane 1), both the patient and mother expressed HO-1 mRNA of two different sizes (lane 2 and lane 4, respectively). Cells from the father expressed a single band of mRNA (lane 3). In the patient, the smaller size was predominant, and only a minor fraction revealed a near normal size. Direct sequencing of each

![Figure 3](image)

![Figure 4](image)
Immunoblotting of HO-1 induced in cadmium-stimulated cells. (a) PBMC from patient (lanes 1 and 2) and control 1 (lanes 3 and 4). Control 2 (lanes 5 and 6), and control 3 (lanes 7 and 8) were cultured alone (lanes 1, 3, 5, and 7) or with cadmium (lanes 2, 4, 6, and 8). Lysate samples were prepared as shown in Methods. Blotted membrane was reacted simultaneously with anti–HO-1 antiserum and anti–HO-2 antiserum, followed by the reaction with HRP-conjugated anti–rabbit IgG. (b) LCLs from patient, parents, and control were cultured with cadmium and treated similarly. Lane 1, control; lane 2, patient; lane 3, father; and lane 4, mother. HRP, horseradish peroxidase; LCL, lymphoblastoid cell line, PBMC, peripheral blood mononuclear cells.

Discussion

HO-1 is a stress-induced isoform of heme oxygenases and is not produced constitutively at a significant level (1, 2, 10). HO-1 is induced rapidly after oxidative stress and is thought to act as a potent endogenous factor for the resolution of stress-induced inflammatory injury (11–14). The detection of this particular isoform can, therefore, be used as an indicator of oxidative injury in a particular tissue, and modulation of the enzyme levels may alter the antioxidative state of living organisms (15). Inhibition of HO-1 activity may result in extreme vulnerability of an individual to common stressful stimuli, including infections and environmental toxic substances (5). A cascade of inflammatory reactions and vascular endothelial damage may rapidly result, and various complications may follow with sustained oxidative injury. However, no such human disease with low or absent HO-1 activity has been reported to date. In this regard, it is intriguing that Poss and Tonegawa (16) recently reported on HO-1–targeted mice, showing that they lack the ability to reuse iron and are characterized by progressive anemia, tissue iron deposition, chronic inflammation, and delayed growth. Furthermore, these mice are extremely sensitive to oxidative injury and are prone to death with lipopolysaccharide (LPS) administration (17). Table 2 shows the summary of characteristics of the HO-1–targeted mice in comparison with those of our patient.

This study represents the first reported case of human HO-1 deficiency. It is recently reported that Kupffer cells are the major source of HO-1 production in rat liver (18). Immunohistochemical study in this report also shows that HO-1 is primarily produced by Kupffer cells in the liver. Absence of HO-1 staining in the patient clearly indicates that he lacks HO-1 production in vivo upon physiological stresses. PBMC from the patient did not produce HO-1 even when they were stimulated by an optimum concentration of cadmium, further indicating that the patient has a genetic abnormality in HO-1 gene. Lack of HO-1 production by LCLs from the patient argues against the possibility that HO-1 production by Kupffer cells or PBMC was secondarily downregulated by the sustained inflammatory state in this patient. In addition, mutations were detected in both alleles of HO-1 gene, further confirming that the HO-1 defect in the patient is the primary abnormality.

Hemoglobin and its metabolites are known to be potent inducers of HO-1 (13, 14, 19). It was clearly shown by the cytotoxicity assay that HO-1 provides efficient protection against certain oxidative stress, such as hemin. HO-2, which is expressed normally and constitutively within the patient’s cells, does not provide protection against hemin-induced cell injury. Furthermore, the cell protection provided by HO-1 is not simply through the degradation of heme added to the culture, because heme was added in excess in the form of hemin, and there was no significant decrease in the heme concentration even in the culture of control LCLs. The precise mechanism of hemin-induced death of HO-1–deficient cells is currently being studied extensively. These in vitro studies and the clinical symptoms presented by the patient demonstrate the critical importance of HO-1, rather than HO-2, in iron metabolism and cell protection from oxidative damage.
Many of the clinical features and laboratory findings are compatible with those found in HO-1–targeted mice, as shown in Table 2. It is not clear, however, if the spectrum of clinical findings and laboratory data observed in this patient can be explained solely by the lack of HO-1. Certainly, asplenia makes some contribution to the modulation of the patient’s condition, either by prolonging the intravascular survival of damaged cells and therefore augmenting the heme-mediated oxidative stress, or by minimizing the red cell destruction and preventing the progression of anemia. The mechanism of hyperlipidemia, with high cholesterol and triglyceride levels, is not clear. Prolonged corticosteroid therapy alone may explain the levels seen in this patient. Bilirubin is a known antioxidant (20), and it also acts as a scavenger for degraded LDL cholesterol (21–24). Impaired bilirubin production in this patient might also be responsible for the abnormally elevated serum cholesterol. Furthermore, a high LDL cholesterol level itself, coupled with free heme, may accelerate the oxidative injury of the vascular endothelium (25). High thrombomodulin concentration indicates that the patient’s endothelium suffers constant injury (26, 27). Electron microscopic study of the patient’s kidney shows peculiar detachment of the endothelium within the glomeruli. These changes may lead to the constant destruction of erythrocytes and platelets. Fragmented, exhausted erythrocytes and platelets may persist within the circulation for a long time in the absence of a spleen, and they may in turn damage the endothelium and act as potent procoagulants (28).

Iron deposition was detected within renal proximal tubular epithelium, hepatic parenchymal cells, and Kupffer cells in HO-1–targeted mice. Our patient showed similar iron deposition, and the finding is again compatible with the mouse model. Cellular infiltration in the liver or kidney was much less impressive in the patient samples than the findings reported in HO-1–targeted mice. The age of the patient and history of stress exposures may alter the course of the illness and pathological findings significantly. Although the existence of renal damage in HO-1–targeted mice has not been described, heme and its derivatives are known to cause renal tubular damage, and a recent report indicated that HO-1 plays an important role in protecting against epithelial injury of renal tubules (29). HO-1 defect is certainly responsible for the renal tubular injury and subsequent proteinuria and hematuria seen in this patient.

Although there is no positive family history or consanguinity of the parents, abnormality of HO-1 gene was confirmed by the mutational analysis of both alleles of HO-1 gene. Milder cases, with unexplained chronic inflammation, may be found in the future if careful analysis of HO-1 gene is performed. Our patient may represent an extreme end and a prototype of HO-1 deficiency that has a wide spectrum of clinical presentations. Analysis of the complicated features of the patient may lead to a further understanding of the key roles played by HO-1 in vivo.
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