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Uric acid transport and disease

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Introduction

Uric acid, a weak organic acid with a pKₐ of 5.75, is present principally as monosodium urate (MSU) at physiological pH values. Whereas in humans and the great apes, uric acid is the end product of purine degradation, in other mammals, it is further degraded into allantoin by uricase, an enzyme that is mostly found in the liver. The gene encoding uricase underwent mutational silencing during hominid evolution (1). The consequence of uricase inactivation is the appearance of urate levels that are much higher in humans (~240–360 μM) in comparison to other mammals (~30–50 μM in mice). It has been proposed that higher serum levels of urate may be of selective advantage in the evolution of hominids because of its antioxidant effects. On the other hand, hyperuricemia is associated with multiple diseases in humans and points to the deleterious effects of high concentrations of urate (Figure 1). Here, we review the information available on the role of uric acid as anti- or pro-oxidant, on the epidemiological link between hyperuricemia and disease, and on the molecular mechanisms of kidney urate transport.

Clinical consequences of hyperuricemia

Epidemiology of gout and hyperuricemia

There is strong epidemiological evidence that the prevalence of gout and hyperuricemia is on the increase worldwide. Gout is a disease that affects mainly males, with a clear increase in prevalence in both sexes with aging, and is caused by the tissue deposition of urate crystals that elicit an intense self-limiting inflammatory reaction. The epidemiological link between hyperuricemia and gout was established more than 150 years ago (2, 3). Recent studies have shown an increasing prevalence of gout, especially in the older age group. In a U.S. study, the prevalence doubled in the population over 75 years of age between 1990 and 1999, from 21 per 1,000 to 41 per 1,000 (4). In a second study, the prevalence of gout in the U.K. adult population was estimated to be 1.4%, with a peak of more than 7% in men aged over 75 years old (5). This trend has also been observed in studies in developing countries in Asia (6, 7). Although the studies focused on gout, it is inferred that hyperuricemia incidence has also increased over the same period. Potential explanations for these findings include lifestyle and dietary changes brought about by increasing prosperity, increased life expectancy, the increased use of hypertensive agents, as well as aging of the overall population.

Hyperuricemia, insulin resistance, hypertension, and cardiovascular disease

Hyperuricemia is a common finding in patients with the metabolic syndrome (8), and an inverse correlation was noted between insulin resistance and decreased renal uric acid clearance, which is itself associated with elevated uricemia (9). Obesity, in particular visceral adiposity, is also positively associated with hyperuricemia, which can be reduced by body weight loss (10–12). Hyperuricemia is also frequently observed in patients with cardiovascular diseases. The question of whether hyperuricemia is an independent risk factor for cardiovascular disease was raised more than five decades ago (13). Recently, there has been renewed interest in hyperuricemia and its association with hypertension and cardiovascular mortality, and studies suggest that it indeed may have a direct vascular effect (reviewed in refs. 14 and 15). In hypertensive children with normal renal function, there is a strong correlation between hyperuricemia and blood pressure (16), and in a controlled trial, treatment of these subjects with the xanthine oxidase inhibitor allopurinol significantly lowered blood pressure in a short-term study (17). In the last 20 years, over 10 studies have reported that hyperuricemia is an independent risk factor for the development of hypertension (reviewed in ref. 14).

Epidemiological studies have also evaluated the association between hyperuricemia and cardiovascular disease. In the Framingham cohort, investigators concluded that hyperuricemia was a covariate of other known cardiovascular risk factors for cardiac deaths and coronary heart disease (18). More recently, data appear to be swung in the interpretation the other way, indicating that hyperuricemia predisposes to plaque formation and endothelial dysfunction, as assessed by ultrasonography (19–21). Hyperuricemia was also reported to be an independent risk factor for cardiovascular mortality (22, 23). In patients with established cardiovascular disease, elevated urate levels were an independent predictor of cardiovascular events (24); and finally, in a meta-analysis of the association between hyperuricemia and stroke, a small but increased risk was found even after adjustment for known cardiovascular risk factors (25). In most studies, the increased risk of hyperuricemia for cardiovascular morbidity (by odds ratio or hazard ratio) was around 1.2–1.4.

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If hyperuricemia is an etiological factor in cardiovascular morbidity, what are the mechanisms, and will its modification affect outcome? Data from a rodent model suggested that uric acid–mediated vasoconstriction leads to endothelial dysfunction, activation of the renin-angiotensin system, and hypertension (26). Critics will, however, argue that it is impossible to disentangle hyperuricemia from hypertension and that hyperuricemia is a surrogate marker for early subclinical renal dysfunction, and the cardiovascular complications are secondary. In the absence of more compelling experimental data, this debate can only be resolved by large-scale intervention studies in a hyperuricemic population analyzing the effects on blood pressure and cardiovascular events over time.

**Uric acid: antioxidant or pro-oxidant?**

The relative hyperuricemia in humans has raised questions about its evolutionary advantages, and its association with diseases requires understanding how it can become deleterious at high concentrations. Initially, uric acid was considered an inert waste product that crystallizes at high concentrations to form renal stones and provoke gouty arthritis. Subsequently, uric acid was recognized to be a powerful antioxidant that scavenges singlet oxygen, oxygen radicals, and peroxynitrite and chelates transition metals, to reduce, for instance, iron ion–mediated ascorbic acid oxidation. Urate thus accounts for approximately half of the antioxidant capacity of human plasma, and its antioxidant properties are as powerful as those of ascorbic acid (27, 28). As illustrated in Figure 2A, uric acid can prevent peroxynitrite-induced protein nitrosation (29), lipid and protein peroxidation (30), and inactivation of tetrahydrobiopterin (31), a cofactor necessary for NOS. Uric acid also protects LDL from Cu²⁺-mediated oxidation (Figure 2B). Together, these antioxidant actions underlie the protective effects of uric acid action in cardiovascular diseases, aging, and cancer (27).

In vitro and cellular studies have nevertheless demonstrated that depending on its chemical microenvironment, uric acid may also be pro-oxidant. For instance, although uric acid can protect native LDL particles against Cu²⁺-induced oxidation, it also increases the oxidation of already oxidized LDLs, which contain lipid peroxidation products (32, 33), and this dual role appears to depend on the presence of transition metals. As illustrated in Figure 2A, when uric acid is oxidized by peroxynitrites, urate radicals are produced that could propagate the pro-oxidant state (34), but in the plasma they are rapidly inactivated by reaction with ascorbic acid (31).

NO, described initially as an endothelial cell–derived relaxing factor, is an important regulatory molecule in the cardiovascular system, and reduced NO levels are associated with hypertension and insulin resistance (35–37). Urate can react directly with NO under aerobic conditions to generate an unstable nitrosated uric acid product that can transfer NO to other molecules such as glutathione (ref. 38 and Figure 2). Under anaerobic conditions, urate is converted in the presence of NO into stable 6-amino uracil (39). The possibility that increased urate plasma levels can reduce NO bioavailability has been tested in rats treated with the uricase inhibitor oxonic acid. The consequent increase in plasma uric acid was indeed associated with a decrease in plasma nitrites/nitrates (NOx). Similarly, direct exposure of endothelial cells to uric acid slightly reduces basal or VEGF-stimulated NO production (40). Thus, uric acid can dose-dependently reduce NO bioavailability. Although a direct chemical reaction of urate with NO could explain the decrease in plasma NOx, there is evidence that in vivo urate can decrease NO production by interfering with its biosynthesis. For instance, in pulmonary endothelial cells, uric acid reduces NO production by a mechanism that depends on uric acid increasing the activity of arginase, which diverts l-arginine to urea production instead of to NO production by eNOS (Figure 2C and ref. 41).

Another pro-oxidant action of urate has been described during adipogenic differentiation of 3T3-L1 cells (Figure 2). When these cells are induced to differentiate into adipocytes, addition of uric acid at physiological concentrations further increases ROS production by a mechanism that involves activation of NADPH oxidase (42). This effect in adipocytes may participate in the induction of inflammation and insulin resistance of adipose tissue observed in obesity (43). In vascular smooth muscle cells, uric acid has been reported to stimulate MCP-1 production following activation of NF-κB, MAPKs, and cyclooxygenase 2 (44).

Together, the available information indicates that uric acid has complex chemical and biological effects and that its pro-oxidant or NO-reducing properties may explain the association among hyperuricemia, hypertension, the metabolic syndrome, and cardiovascular disease (45). In addition, when hyperuricemia leads to the formation of microcrystals, it leads to joint and renal inflammation. Chronic inflammation (as in tophaceous gout) leads to bone and cartilage destruction, and chronic hyperuricemia and
hyperuricosuria in gouty patients are also frequently associated with tubulointerstitial fibrosis and glomerulosclerosis, signs of local renal inflammation (46). Part of this is explained by the activation of the NALP3 inflammasome to process and secrete IL-1β (47), but other pathways of inflammation have also been demonstrated (47–49).

There is thus no simple explanation for the possible protective or pathogenic effect of hyperuricemia, and there is clearly a need for more animal models to study this link.

Urate transporting proteins and genetics of urate transporter pathologies

Urate homeostasis depends on the balance between production and complex processes of secretion and reabsorption in the kidney tubule and excretion in the intestine. It is estimated that approximately 30% of uric acid excretion is by the intestine by mechanisms that have so far not been investigated in detail. Renal mechanisms of urate excretion account for the other 70% and are key to the understanding of hyperuricemia. In patients presenting with gout and primary hyperuricemia, the majority underexcrete urate when the fractional clearance of urate is measured (50). Urate transport by the kidney has been investigated for many years, in part to search for uricosuric drugs to decrease plasma urate levels. So far, several classes of uricosuric drugs have been identified that decrease plasma urate levels, such as benzbromarone, probenecid, sulfipyrazone, or losartan, whereas other pharmacological agents such as pyrazinamide, the active metabolite of pyrazinamide, nicotinate, and lactate, are antiuricosuric.

In the human kidney, urate handling involves urate glomerular filtration followed by a complex array of reabsorptive and secretory mechanisms taking place in the proximal tubule. In the mouse, both the proximal and distal convoluted tubule appear to be involved in urate reabsorption and secretion, as determined by the localization of the various urate carriers that are discussed below and depicted in Figure 3. It has to be noted that the relative importance of the reabsorption and secretion mechanisms differ among species. Humans, mice, and rats predominantly reabsorb uric acid, whereas pigs, rabbits, reptiles, and birds have more active secretory mechanisms.

The organic anion transporters (SLC22A family)

URAT1. The urate/anion exchanger URAT1 (SLC22A12 gene) was first identified in a search for organic anion transporter–like (OAT-like) molecules in both gene databases and expression/functional studies in Xenopus oocytes (51). URAT1 is a 12-transmembrane domain–containing protein found in the apical membrane of proximal tubule epithelial cells and transports urate in exchange for Cl− or organic anions. The antiuricosuric agents lactate, pyrazinamide, and nicotinate can serve as substrate for the antiporter activity of URAT1 to increase urate reabsorption. On the other hand, URAT1 is inhibited by the classical uricosuric agents benzbromarone, probenecid, and losartan. Inactivating mutations in URAT1 have been found in Japanese patients with idiopathic renal hypouricemia (51, 52, 53). These patients have plasma uric acid levels lower than 60 μM (or <1 mg/dl) that are associated with urate fractional excretion rates of nearly 100%. These patients are mostly asymptomatic but may develop exercise–induced acute renal failure (54).

The mouse URAT1 is 74% identical to the human homolog; it shows similar transport properties, although its Km for urate is higher than that of human URAT1 (1200 μM vs. 370 μM); and it is also located in the apical membrane of proximal tubule epithelial cells (55). Knockout of the Urat1 gene in the mouse leads to increased urate excretion but no significant hypouricemia, indicating that in the mouse, this transporter plays a less important role than in humans for the control of uricemia (56).

OAT4 and OAT10. OAT4 (encoded by the SLC22A11 gene) is a multispecific anion transporter present in the apical membrane of epithelial cells from the proximal tubule (57, 58). It is involved in luminal urate reabsorption by a mechanism that is transactivated by intracellular dicarboxylates but not by the antiuricosuric agents; it is also affected by the diuretic hydrochlorothiazide (59).
OAT10 (SLC22A13) is a urate and high-affinity nicotinate transporter expressed in brush border membrane vesicles from proximal tubules and, interestingly, also in cortical collecting ducts in rats (60).

OAT1 and OAT3. The organic anion and urate transporters OAT1 (SLC22A6) and OAT3 (SLC22A8) can function as urate/dicarboxylate exchangers (61–64) and are found on the basolateral side of the same cells that express Oat4 (58). However, Oat3 is also found in all segments of the rat nephron from the proximal tubule to the collecting duct (65). Gene knockout studies in the mouse indicate that absence of OAT1 or OAT3 slightly decreases uricosuria, suggesting that their principal function is in urate excretion (56).

**Multidrug resistance proteins**

MRP4. The multidrug resistance protein MRP4 (ATP-binding cassette family, ABCC4) is present in the apical membrane of proximal tubule epithelial cells. It appears to control ATP-
attributable to this causal variant (69).

least 10% of all gout cases in individuals of European descent are monocarboxylate cotransporters (SMCT1, SLC5A8 and SMCT2, 1 (78). This complex also includes the sodium/phosphate

dependent urate extrusion from the cells into the tubule lumen and thus contribute to urate excretion (66–68).

ABCG2. Genome-wide association studies for hyperuricemia and gout identified the ABCG2 locus (69). Functional studies (70) demonstrated that ABCG2, which is expressed in the apical membrane of proximal collecting duct cells (71), functions as a urate efflux transporter. Furthermore, a common SNP that introduces a Q141K mutation was found to reduce the transport rate by half when tested in Xenopus oocytes. In a human cohort, the presence of this allele was associated with significantly increased plasma uric acid levels and the risk for gout. The data indicated that at least 10% of all gout cases in individuals of European descent are attributable to this causal variant (69).

**Other genes identified by genetic association studies**

In the studies mentioned above (69), the sodium/phosphate cotransporter NPT4 (SLC17A3), present in the apical membrane of proximal tubule epithelial cells (72) was also found associated with uric acid levels and gout. This multispecific organic anion transporter is the human homolog of the pig OTAv1 found to be involved in urate efflux (73). In a meta-analysis of over 28,000 individuals (74), several genetic loci were found to be associated with urate plasma levels. These include the SCL17A1 gene encoding NPT1 (a neighboring gene of SLC17A3), URAT1, OAT4, ABCG2, and SCL2A9 (Glut9, see below). In addition, the monocarboxylate transporter MCT9 (SLC16A9), PDZ domain–containing protein 1 (PDZK1), and the protein CARMIL (LRRC16A) were identified. The apical urate transporters URAT1, NPT1, and OAT4 are known to bind to PDZK1 through their C-terminal PDZ domain (75, 76). CARMIL is a protein highly expressed in the kidney and binds actin-capping proteins, thereby increasing actin filament polymerization (77).

The association of PDZK1, NHERF1 (another PDZ-containing protein), CARMIL, and the urate transporters has been suggested to form an apical transportosome complex implicated in the regulation of urate transport (78). This complex also includes the sodium monocarboxylate cotransporters (SMCT1, SLC5A8 and SMCT2, SLC2A12); SMCT1 can also bind PDZK1 (78). Coexpression studies indeed indicated that PDZK1 and NHERF1 overexpression in the presence of URAT1 increases its transport activity (75). These genetic and biochemical data thus indicate that very complex regulatory processes may control the magnitude and direction of urate fluxes across the proximal tubule epithelium. Much more work is necessary to understand them in detail and to determine whether they are regulated by various hormones or metabolic states.

The same meta-analysis (74) also identified the glucokinase regulatory protein (GCKR) locus with hyperuricemia. The role of GCKR in urate transport is, however, unclear. This protein is known for its role in the control of glucokinase activity and glucose utilization by liver, and other genetic association studies have found the GCKR locus to influence triglyceride levels (79, 80).

**Glucose transporter family member SLC2A9**

GLUT9 (SLC2A9) was initially identified by sequence similarity with members of the glucose transporter (Glut) family (81). GLUT9 has the structure of a type II Glut isofrom, with 12 transmembrane domains, a large extracellular loop between the first and second transmembrane domains, and both amino- and carboxyterminal ends on the cytoplasmic side (82). In both humans and mice, GLUT9 exists as two alternatively spliced variants that encode different aminoterminal cytoplasmic tails (83, 84). Human GLUT9a has 540 amino acids and is encoded by 12 exons, whereas GLUT9b is 512 amino acids long and encoded by 13 exons, spread over an approximately 250-kb genomic region. In both humans and mice, GLUT9b expression is restricted to liver and kidney, whereas GLUT9a has a broad tissue distribution including liver, kidney, intestine, leukocytes, and chondrocytes (85), where its expression is upregulated by inflammatory cytokines (86) (Figure 4). In polarized epithelial cells, human GLUT9a is expressed in the basolateral membrane, whereas GLUT9b is targeted to the apical pole (84), and in human kidney, GLUT9 is present in the proximal tubule (84). In the mouse, GLUT9 is present in the distal convoluted tubule (83), both in the basolateral and apical membranes (87) (Figure 3), but it is not yet known which isofrom is present in each pole of the cells, in particular since both mouse isofroms have been reported to be targeted to the basolateral membrane of MDCK cells (83).

Functionally, Glut9 was initially reported to be a glucose (88) and/or fructose (89) transporter that, in contrast to other members of the Glut family, could not be inhibited by cytochalasin B. However, the glucose and fructose transport activity reported in these publications was very low and could not be observed in other studies (90, 91). Furthermore, genetic inactivation of the major liver glucose and fructose transporter (Glut2) completely suppressed glucose uptake.
by hepatocytes (92), even though Glut9 is still highly expressed on their cell surface, indicating that sugar transport is most probably not a physiologically relevant function of Glut9.

Remarkably, the function of GLUT9 was revealed by human genetic studies. Indeed, genome-wide association studies found that the major locus associated with uric acid plasma levels in human cohorts was the SLC2A9 gene, explaining up to 3.5% of serum uric acid level variations (93). This initial study was rapidly followed by several similar reports that replicated, in other cohorts, the observed association of SLC2A9 with uricemia and demonstrated that human GLUT9 is a urine transporter (69, 94–97). Detailed transport studies of the mouse Glut9a and Glut9b splice variants confirmed that the forms have indistinguishable kinetic properties, with a \( K_m \) for urate of approximately 0.6 mM, and that transport cannot be competed by excess glucose or fructose. Furthermore, transport is electrogenic and independent of Na\(^+\) or Cl\(^-\) concentrations but dependent on membrane potential (90).

Importantly, urate transport can be inhibited by the uricosuric agents benz bromarone (90%) inhibition of transport) and losartan (50% inhibition) but only marginally by pyrazinoate. The general mode of action of exercise-induced acute renal failure.

Glut9 in genome-wide association studies

In addition to the association of SLC2A9 with serum uric acid levels, a significant association with gout was reported (95). This study showed a greater impact of the minor allele on decreasing plasma uric acid with higher BMI (98). The study showed a greater impact of the minor allele on decreasing plasma uric acid with higher BMI (98). The study also showed a mild renal insufficiency, increased water intake, and approximately 5-fold-increased urine volume, with impaired urine concentration capacity.

Selective inactivation of Glut9 in the liver by tamoxifen injection of adult Alb-CreERT2;Glut9\(^{-/-}\); Urate-knockout mice (Lglut9\(^{-/-}\); mice) induces severe hyperuricemia, reaching approximately 200 μM in males as compared with a control value of approximately 40 μM and a daily urate excretion rate that was similar to that of the systemic Glut9\(^{-/-}\) mice with a fractional excretion of 25%–35%. This was also associated with a urine concentration defect but with only a small increase in urine volume. Together, these data indicate that Glut9 is required for urine access to hepatic uricase and conversion to allantoin and for urine reabsorption in the kidney.

It is also interesting to note that the Lglut9\(^{-/-}\); mice showed no nephropathy or kidney morphological abnormalities, even though the daily urate excretion was the same as in the Glut9\(^{-/-}\) mice. This suggests that hyperuricosuria-induced nephropathy requires specific conditions, as found in neonates, which have more acidic urine and which cannot compensate increased urine volume by increased fluid intake. Interestingly, the uricase-knockout mice also show hyperuricemia and massive uricosuria and development of nephropathy with accumulation of urate crystals in the kidney (105), confirming that hyperuricosuria present from the time of birth can induce nephropathy.

Impaired urate homeostasis in the Glut9\(^{-/-}\) mice is much more severe than in Urate1\(^{-/-}\), Oat1\(^{-/-}\), or Oat3\(^{-/-}\) mice (56), indicating that Glut9 is a major regulator of urate homeostasis. Also, it is important to note that in mice, Glut9 is mostly present in the distal convoluted tubule, whereas Urate1 and the other urate transporting proteins are present in the proximal tubule, as in humans (see Figure 3). This suggests that apical and basolateral expression of Glut9 in the same cells may be sufficient for transepithelial urate reabsorption. This also suggests that in the mouse, urate reabsorption takes place in the distal convoluted tubule, whereas Urate1 and the other urate transporting proteins are present in the proximal tubule. This has, however, never been tested directly in the mouse to our knowledge. If Glut9 is absent from the proximal tubule, where the other apical urate transport proteins are found, and since Glut9a is so far the only known basolateral urate protein involved in urate efflux, this suggests that another, as-yet-unidentified basolateral urate transporter may exist in the proximal tubule. Indeed, as noted above, Oat1 and Oat3 double-knockout mice have decreased uricosuria, indicating that these transporters are involved in urate secretion, and, on the other hand, Urate1\(^{-/-}\)
mice have increased uricosuria, indicating that this transporter, and the proximal tubule, must also be involved in urate reabsorption in the mouse. One cannot, however, exclude low levels of Glut9 expression in the proximal tubule that are not detected by immunofluorescence microscopy, because Glut9a mRNA is observed in this tubule segment (90).

Finally, it is not known whether expression of Glut9 in the distal tubule is unique to the mouse or whether it is also present in this nephron segment in other species. This observation nevertheless provides an indication that urate renal handling by Glut9 can proceed independent of the presence of the other urate-transporting proteins, in particular Urat1.

As discussed above, it is not yet established whether uric acid is causally linked with hypertension, atherosclerosis, or insulin resistance because there is a lack of animal models to study the role of hyperuricemia. The availability of mice with genetic induction of hyperuricemia. The availability of mice with genetic induction of hyperuricemia. Finally, although efforts have concentrated on the renal transport mechanisms, it is intriguing that they may have a function in other organs or tissues. For example, what is the function of the Glut9 transporter in the leukocytes and chondrocytes? Are transporter mechanisms important in the response of endothelial cells to urate, and can they explain the vascular effects of urate? The availability of mice that are deficient for different transporters will certainly facilitate investigations in the future.

Future perspectives

The increasing understanding of urate transport mechanisms sheds light on the causes of hyperuricemia. On one hand, it provides a basis to dissect out the genetic influences on hyperuricemia and to start understanding the complex regulation of urate bidirectional fluxes in tubular cells. On the other hand, it will help researchers achieve a better understanding of the pharmacological basis for drug action, in relation to drugs that predispose to hyper- or hypouricemia. Indeed, development of uricosuric drugs that act on specific transporters has already started, and it is hoped that this will eventually lead to a wider selection of effective treatments for hyperuricemia. Finally, although efforts have concentrated on the renal transport mechanisms, it is intriguing that they may have a function in other organs or tissues. For example, what is the function of the Glut9 transporter in the leukocytes and chondrocytes? Are transporter mechanisms important in the response of endothelial cells to urate, and can they explain the vascular effects of urate? The availability of mice that are deficient for different transporters will certainly facilitate investigations in the future.

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