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Several neurodegenerative disorders, including Parkinson disease (PD), are characterized by the presence of Lewy bodies — cytoplasmic inclusions containing α-synuclein protein aggregates — in the affected neurons. A poorly understood feature of Lewy body diseases is loss of sympathetic nerves in the heart and other organs, manifesting as orthostatic hypotension (OH; also known as postural hypotension). We asked whether sympathetic denervation is associated with decreased uptake of catecholamines, such as dopamine and norepinephrine, into storage vesicles within sympathetic neurons. We used 6-[¹⁸F]-dopamine (¹⁸F-DA) to track myocardial uptake and retention of catecholamines. Concurrently, the fate of intra-neuronal ¹⁸F-DA was followed by assessment of arterial plasma levels of the ¹⁸F-DA metabolite ¹⁸F-dihydroxyphenylacetic acid (¹⁸F-DOPAC). The ratio of myocardial ¹⁸F-DA to arterial ¹⁸F-DOPAC provided an index of vesicular uptake. Tracer concentrations were measured in patients with PD with or without orthostatic hypotension (PD+OH, PD-No-OH); in patients with pure autonomic failure (PAF, a Lewy body disease without parkinsonism); in patients with multiple system atrophy (MSA, a non–Lewy body synucleinopathy); and in normal controls. Patients with PD+OH or PAF had decreased vesicular ¹⁸F-DA uptake and accelerated ¹⁸F-DA loss, compared with MSA and control subjects. PD-No-OH patients could be subtyped into one of these categories based on their initial ¹⁸F-DA uptake. We conclude that sympathetic denervation in Lewy body diseases is associated with decreased vesicular uptake […]
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Several neurodegenerative disorders, including Parkinson disease (PD), are characterized by the presence of Lewy bodies — cytoplasmic inclusions containing α-synuclein protein aggregates — in the affected neurons. A poorly understood feature of Lewy body diseases is loss of sympathetic nerves in the heart and other organs, manifesting as orthostatic hypotension (OH; also known as postural hypotension). We asked whether sympathethic denervation is associated with decreased uptake of catecholamines, such as dopamine and norepinephrine, into storage vesicles within sympathetic neurons. We used 6-[18F]-dopamine (18F-DA) to track myocardial uptake and retention of catecholamines. Concurrently, the fate of intra-neuronal 18F-DA was followed by assessment of arterial plasma levels of the 18F-DA metabolite 18F-dihydroxyphenylacetic acid (18F-DOPAC). The ratio of myocardial 18F-DA to arterial 18F-DOPAC provided an index of vesicular uptake. Tracer concentrations were measured in patients with PD with or without orthostatic hypotension (PD+OH, PD-No-OH); in patients with pure autonomic failure (PAF, a Lewy body disease without parkinsonism); in patients with multiple system atrophy (MSA, a non-Lewy body synucleinopathy); and in normal controls. Patients with PD+OH or PAF had decreased vesicular 18F-DA uptake and accelerated 18F-DA loss, compared with MSA and control subjects. PD-No-OH patients could be subtyped into one of these categories based on their initial 18F-DA uptake. We conclude that sympathetic denervation in Lewy body diseases is associated with decreased vesicular uptake of neuronal catecholamines, suggesting that vesicular monoamine transport is impaired. Vesicular uptake may constitute a novel target for diagnosis, treatment, and prevention.

Introduction

There is growing recognition that Parkinson disease (PD) is a generalized disorder that, in addition to its well-characterized motor symptoms, involves prominent non-motor manifestations such as dementia, depression, anosmia, and autonomic nervous system failure. Indeed, approximately 90% of PD patients exhibit signs of failure of one or more components of the autonomic nervous system (1); for example, post mortem neuropathologic studies have demonstrated profound sympathetic denervation within the cardiac tissues of a substantial proportion of PD patients (2). Consistent with this, neuroimaging evidence of cardiac sympathetic denervation has been found in all PD patients with orthostatic hypotension (PD+OH; also known as PD with postural hypotension) analyzed (3); however, a substantial proportion of PD patients without OH (PD-No-OH) lack evidence of such denervation and have near-normal myocardial neuron uptake of the sympathetic imaging agent 6-[18F]-dopamine (18F-DA) (4). Since striatal dopaminergic and cardiac sympathetic denervation develop over the course of several years (5, 6), understanding the underlying pathologic processes could allow for early identification of individuals at risk for PD and therefore provide an opportunity for neuroprotective intervention.

Although genetic contributions to PD have been identified within familial disease, none account for the vulnerability of the very specific subset of central and peripheral neurons that utilize monoamine neurotransmitters. The selective loss of catecholaminergic striatal dopaminergic and cardiac noradrenergic neurons, however, suggests that a common pathophysiological process may be attacking both tissues.

Dopaminergic neurons in the brain can be studied in vivo using 18F-labeled dihydroxyphenylalanine (18F-DOPA). Although denervation implies a decreased overall 18F-DOPA signal, it does not explain the results of kinetic studies that show faster removal of 18F-DOPA-derived radioactivity in the putamen of PD patients (7, 8). A compensatory increase in pathway traffic to residual dopaminergic terminals, by acting to maintain transmitter delivery to dopamine receptors, has been proposed to explain these data (7, 8); however, we hypothesize that, instead, decreased vesicular sequestration results in increased deamination of cytosolic 18F-DOPA. In this study, we have compared the existing model with our hypothesis using what we believe to be a novel combined neuroimaging-neurochemical approach capable of distinguishing between increased release and decreased vesicular uptake as determinants of accelerated loss of neuronal catecholamines.

Our technique monitors the alternative paths of 18F-DOPA, an excellent substrate for uptake into neurons that express cell membrane catecholamine transporters, in cardiac noradrenergic nerves (Figure 1). During a 3-minute i.v. administration of 18F-DOPA, plasma levels of the tracer rapidly increase; and during a short interval after termination of the infusion, plasma levels rapidly decline (9). Within this window, sympathetic nerves take up tracer from the circulation via the cell membrane norepinephrine transporter. Cytosolic 18F-DOPA has only two fates: vesicular uptake via the vesicular monoamine transporter (VMAT) or oxidative deamination by monoamine oxidase (MAO) to form 18F-dihydroxyphenylacetic

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acid ($^{18}$F-DOPAC), which is then rapidly extruded from the cell. Vesicular uptake normally predominates over oxidative deamination (Figure 1A) (10–13). Radioactivity is thus retained in neurons due to (a) effective reuptake by the VMAT of any $^{18}$F-DA that leaks passively into the cytosol, preventing its metabolism by MAO; and (b) neuronal reuptake of any released vesicular $^{18}$F-DA, preventing its extra-neuronal metabolism or entry into the circulation. The ratio of retained $^{18}$F-DA to released $^{18}$F-DOPAC acts as an index of vesicular transport (IVT). Neuronal degeneration alone would decrease both measures proportionately (Figure 1B), yielding lower absolute signals but with a constant IVT. In contrast, decreased VMAT activity would be expected to diminish retention of $^{18}$F-DA and increase release of $^{18}$F-DOPAC (Figure 1C), decreasing the IVT. A combination of the two deficits would produce a decreased radioactive signal as well as a low IVT (Figure 1D).

![Figure 1](https://example.com)

**Figure 1**

Concept diagram for the effects of denervation and decreased vesicular sequestration on the uptake and fate of $^{18}$F-DA. (A) Normally $^{18}$F-DA is taken up by sympathetic nerves via the cell membrane norepinephrine transporter (NET). Cytosolic $^{18}$F-DA mainly undergoes vesicular uptake via the VMAT, with subsequent loss of radioactivity via exocytotic release, and to a lesser extent undergoes oxidative deamination catalyzed by monoamine oxidase to form $^{18}$F-DOPAC. (B) Reduced sympathetic innervation decreases total neuronal uptake of $^{18}$F-DA, resulting in decreased initial myocardial radioactivity. The rate of loss of radioactivity is normal. (C) Reduced VMAT activity decreases radioactivity because augmented $^{18}$F-DOPAC production accelerates loss of cytosolic $^{18}$F-DA. (D) The combination of decreased sympathetic innervation and reduced VMAT activity decreases initial radioactivity, accelerates its loss, and increases $^{18}$F-DOPAC production. Dec., decreased; Inc., increased; Nml., normal; rad., myocardial $^{18}$F-DA-derived radioactivity.

Results

Clinical characteristics of subgroups. The clinical characteristics of and differences between subject groups are summarized in Table 1. PD+OH and PD-No-OH groups did not differ in duration of motor symptoms or scores on the Unified Parkinson's Disease Rating Scale (UPDRS). PD+OH patients were also comparable to MSA patients in terms of autonomic symptoms and scores on the UPDRS. Normal kinetics of $^{18}$F-DA uptake and decline. Intravenous administration of $^{18}$F-DA produced immediate loading of the sympathetic nerves with $^{18}$F-DA–derived radioactivity (Figure 3A). By the end of a 3-minute infusion, radioactivity in the left ventricular myocardium exceeded that in the left ventricular chamber, reflecting rapid uptake of $^{18}$F-DA from the circulation (Figure 3, A–C). Arte-
Assessment of the myocardial/ventricular chamber; Figure 4E) radioactivity revealed a striking divergence among the groups. In the normal and MSA groups, mean myocardial/liver and myocardial/plasma ratios were effectively identical; yet they were dramatically increased at all time points when compared with PONP and PAF groups, which were themselves similar (Figure 4, D and E). The PD-No-OH subgroup had a distinctive intermediate level of $^{18}$F-DA uptake, with resultant signal ratios falling midway between the normal/MSA and PD+OH/PAF results (Figure 4, C–E).

**Patient groups differ in $^{18}$F-DA uptake.** The compared patient groups did not differ in arterial $^{18}$F-DA–derived radioactivity from the left ventricular chamber, indicating equivalent initial $^{18}$F-DA exposure (Figure 4A). Radioactivity in the liver, reflecting mainly non-neuronal uptake of $^{18}$F-DA or its metabolites, was used as a control measure of nonspecific signal. Hepatic $^{18}$F-DA was moderately greater at the 8-minute time point in all patient groups — PD+OH (8,491 ± 256 nCi-kg/cc-mCi), PAF (8,682 ± 504 nCi-kg/cc-mCi), and MSA (8,523 ± 228 nCi-kg/cc-mCi) — compared with the normal group (7,398 ± 249 nCi-kg/cc-mCi; $P = 0.002$, $P = 0.013$, $P = 0.0008$, respectively) (Figure 4B); however, this was in marked contrast to the clear and substantial differences in myocardial radioactivity among groups, where signals diverged immediately upon tracer administration and persisted throughout the study (Figure 4C). Low levels of radioactivity were observed in the PD+OH and PAF groups, whereas the MSA group had signals similar to those of normal controls (Figure 4C).

Normalizing the myocardial signals against hepatic (Figure 4D) or arterial (equivalent to left ventricular chamber; Figure 4E) radioactivity revealed a striking divergence among the groups. In the normal and MSA groups, mean myocardial/
With the PD-No-OH group additionally partitioned as “low radiation” (Low rad.) and “normal radiation” (Nml. rad.) based on the 8-minute base signals, the patient data were used to assess the interaction of initial uptake with signal decline. A logarithmic regression of the baseline loading versus signal decline values produced a strong correlation of high significance ($r = 0.46, P < 0.0001$; Figure 5C, individuals). The separation of phenotypes was particularly striking when analyzed by group means, with PD+OH and PAF groups having low uptake and rapid signal loss, whereas MSA and normal groups had high initial uptake with slower decline (Figure 5D). Instead of appearing as an intermediate phenotype, PD-No-OH patients cleanly separated with the other conditions, with a low initial signal predicting a PD+OH/PAF result and a high initial signal predicting an MSA/normal result (Figure 5D).

Notably, the patient with PARK1 (black circle in Figure 5D) and the patient with PARK4 (black square in Figure 5D) both had low initial myocardial $^{18}$F-DA after 8 minutes and high rates of loss of signal, consistent with the other patients in the PD+OH group.

Higher relative $^{18}$F-DOPAC indicates lower VMAT activity. Despite evidence of severely restricted myocardial uptake of $^{18}$F-DA in PD+OH and PAF patients (Figure 5A), those same patients had increased (PD+OH) or normal (PAF) arterial plasma levels of the $^{18}$F-DA metabolite $^{18}$F-DOPAC (Figure 6A). The ratio of the two signals ($^{18}$F-DA/$^{18}$F-DOPAC) constituted the IVT for cytosolic $^{18}$F-DA. By this measure, PD+OH and PAF groups exhibited vastly reduced VMAT activity after 8 minutes compared with the normal and MSA groups ($\chi^2 = 24, P < 10^{-6}$; Figure 6B, C and D). This deficit persisted throughout the time course of the study, with group mean index values falling rapidly before stabilizing around 10 minutes at 10% and 30% of normal for PD+OH and PAF groups, respectively (Figure 6D). The IVT and rate of radioactivity loss were negatively correlated, and the distribution of values among disease groups was strongly correlated with the presence of Lewy body disease ($\chi^2 = 40, P < 0.0011$; Figure 6E).

An alternative measure of vesicular uptake of cytosolic $^{18}$F-DA in the whole body is based on the relationship between plasma $^{18}$F-DOPAC and the main neuronal metabolite of norepinephrine, dihydroxyphenylglycol (DHPG). Under resting conditions, arterial plasma DHPG (DHPGa) indicates the overall turnover of vesicular stores of norepinephrine in sympathetic nerves (19). Decreased vesicular uptake (adjusted for sympathetic denervation) would thus be associated with low DHPGa and increased $^{18}$F-DOPAC, with their ratio forming an index of vesicular $^{18}$F-DA sequestration. The PD+OH and PAF groups had significantly lower ratios of DHPGa to $^{18}$F-DOPAC than MSA or control groups (Figure 7, A–C). Across subject groups, decreased vesicular uptake was associated with accelerated loss of myocardial $^{18}$F-DA–derived radioactivity (Figure 7D).

**Discussion**

In this study, patients with PD or PAF had accelerated loss of catecholamines in cardiac sympathetic nerves. Although both diseases are known to be associated with cardiac sympathetic denervation...
(20), loss of neurons in itself is insufficient to explain this pattern. Measurement of arterial plasma concentrations of $^{18}$F-DOPAC was the key to quantifying the alternate dispositions of $^{18}$F-DA. Collectively, our findings suggest that decreased vesicular uptake underlies the accelerated loss of intra-neuronal catecholamines in Lewy body diseases (Figure 8).

$^{18}$F-DA tracking in α-synucleinopathies. PD and PAF are characterized by α-synuclein deposits in Lewy bodies and Lewy neurites (21). In contrast, MSA is a non–Lewy body synucleinopathy in which α-synuclein deposition occurs in glial cells (17). Among α-synucleinopathies, it is the Lewy body diseases that are specifically associated with accelerated loss of intra-neuronal catecholamines. Normal volunteers treated with desipramine to block catecholamine uptake had decreased myocardial $^{18}$F-DA without alteration of the rate of removal of residual radioactivity. Similarly, normal findings in MSA were consistent with the view that in MSA autonomic failure results from impaired control of outflows in intact sympathetic nerves (22). In contrast, only patients with PD or PAF had evidence for accelerated loss of catecholamines from cardiac sympathetic nerves.

Among individuals with evidence for accelerated loss of radioactivity and decreased vesicular uptake, all had PD+OH or PAF; whereas among subjects with normal rates of signal loss and normal vesicular uptake, all had MSA or were normal controls. Importantly, patients with rare, dominantly inherited PD+OH from mutation of the α-synuclein gene (PARK1) or from triplication of the normal α-synuclein gene (PARK4) had high rates of myocardial $^{18}$F-DA loss, comparable to patients with sporadic PD+OH. This suggests that α-synucleinopathy in catecholaminergic neurons may contribute to accelerated loss of intra-neuronal catecholamines.

The measurement of arterial plasma concentrations of $^{18}$F-DOPAC was critical to quantifying the alternate dispositions of $^{18}$F-DA. Values for IVT were decreased in PD+OH and PAF patients compared with those in MSA and in untreated and desipramine-treated normal volunteers. This provided in vivo evidence for impaired VMAT activity. Arterial DHPG divided by peak $^{18}$F-DOPAC, an index of vesicular uptake in the body as a whole, was also clearly lower in the PD+OH and PAF than in the MSA and normal groups. In PAF, decreased neuronal uptake (decreasing $^{18}$F-DOPAC) was counterbalanced by decreased vesicular uptake (increasing $^{18}$F-DOPAC).

$^{18}$F-DA scanning and assays of plasma $^{18}$F-DOPAC are currently only feasible at the NIH Clinical Center. To replicate the present results at other centers may require development of alternative clinical means to assess vesicular uptake. For instance, because of the vesicular localization of dopamine-beta-hydroxylase, after administration of tracer-labeled dopamine a high ratio of labeled dopamine metabolites to labeled norepinephrine metabolites in urine would point to decreased vesicular uptake.

Mechanism of catecholamine loss. Several studies have suggested that α-synucleinopathy in catecholaminergic neurons may interfere with vesicular dopamine recycling. Specifically, overexpression of α-synuclein increased cytosolic dopamine concentrations (23) and stable transfection of α-synuclein into SHSY5Y cells decreased vesicular uptake (24), while protofibrillar A53T mutant α-synuclein permeabilized vesicles (25). Neuroimaging studies have previously noted decreased binding of ligands for VMAT in PD, with the decreased binding taken as evidence for...
the loss of neurons (26). Our results suggest that vesicular uptake itself may be impaired.

Impairment of vesicular uptake is likely to involve a reduction in the presence or activity of VMAT. A recent report noted decreased expression of the type 2 VMAT gene in platelets from PD patients (27), although it is unclear whether this pattern is shared in cardiac sympathetic neurons. There are several other ways that vesicular uptake could be compromised. For example, axoplasmic transport delivers key vesicular proteins from their site of synthesis in the cell body to the terminals; thus, vesicular uptake could also be reduced by structural or functional abnormalities of axonal trafficking that decrease the number of vesicles available. Alternatively, cell membrane and vesicular monoamine transport are energy-requiring processes (28, 29), and intrinsic errors of mitochondrial function or metabolic insults posed by exogenous toxins could result in decreased neuronal uptake and vesicular sequestration. Moving forward, bases for the deficit in vesicular $^{18}$F-DA uptake will need to be resolved.

**Study limitations.** The use of arterial $^{18}$F-DOPAC as an indirect measure of vesicular uptake of $^{18}$F-DA in sympathetic nerves was critical to this study. Medications, individual differences in catechol metabolism, and heterogeneity of noradrenergic denervation among organs might influence circulating $^{18}$F-DOPAC levels. In addition, $^{18}$F-DOPAC produced from $^{18}$F-DA in non-neuronal cells is converted efficiently to $^{18}$F-homovanillic acid by catechol-

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**Figure 5**

Individual and group mean values for initial $^{18}$F-DA–derived radioactivity and rates of decline. (A) Initial radioactivity for individuals. (B) Rates of loss of radioactivity for individuals. (C) Scatter plot of individual values for rates of loss versus initial radioactivity. Shaded rectangles highlight regions of (top left) decreased initial radioactivity plus increased loss in patients with Lewy body diseases (pink) or (bottom right) normal initial radioactivity and normal rates of loss in patients with MSA. Dashed line represents the logarithmic equation of best fit. (D) Scatter plot of individual values for rates of loss versus initial radioactivity. Mean (±SEM) slopes expressed as a function of mean radioactivity at 8 minutes. Red, PD+OH; yellow, PD without OH and with low $^{18}$F-DA (PD-No-OH Low rad.); magenta, PD without OH and with normal $^{18}$F-DA (PD-No-OH Nml. rad.); blue, MSA; green, PAF; gray, normal control subjects. Black circle, PD+OH(PARK1) patient; black square, PD+OH(PARK4) patient. "(1819)" indicates the 8-minute radioactivity for that data point.
O-methyltransferase, such that low catechol-O-methyltransferase activity might increase plasma $^{18}$F-DOPAC; however, there is no evidence that either PD or PAF is associated with polymorphism of the catechol-O-methyltransferase gene (30); and the ratio of plasma normetanephrine to DHPG, an index of catechol-O-methyltransferase activity, is about the same in MSA as in PAF and PD+OH (18).

All PD patients who underwent arterial blood sampling at the time of $^{18}$F-DA scanning were off levodopa, carbidopa, and entacapone; and their arterial plasma DOPA levels were within the normal range. We presumed that abnormalities of sympathetic noradrenergic function observed in the myocardium were also found in extracardiac organs; however, PD-No-OH often entails low myocardial $^{18}$F-DA-derived radioactivity, despite neurochemical evidence of approximately normal extracardiac innervation (31). Most of the PD-No-OH patients were outpatients and did not undergo arterial catheterization or else underwent arterial catheterization as part of $^{18}$F-DOPA scanning; only one PD-No-OH patient underwent arterial catheterization as part of $^{18}$F-DA scanning. We are planning neuroimaging and neurochemistry studies of additional PD-No-OH patients to test the hypothesis that PD-No-OH with cardiac sympathetic denervation but intact extracardiac innervation is associated with normal arterial $^{18}$F-DOPAC responses. If so, this would be an “exception that proves the rule” in terms of the link between catecholaminergic denervation and decreased vesicular sequestration in Lewy body diseases. That is, patients with intact extracardiac innervation should have normal arterial $^{18}$F-DOPAC responses, regardless of whether they have neuroimaging evidence for decreased cardiac innervation.

The PD+OH group averaged about a decade older than the other groups, raising the possibility of age mismatching as a confounding variable. ANCOVA was conducted for each of the main dependent variables: neuronal uptake, rate of loss of intra-neuronal catechol-
amines, and vesicular uptake index. For the rate of loss of intra-neuronal catecholamines and for vesicular uptake, group × age interactions were nonsignificant. For neuronal uptake, a significant group × age interaction term was obtained due to a positive correlation between 8-minute radioactivity and age in the normal group. This was consistent with our previous report that, among healthy individuals, myocardial $^{18}$F-DA–derived radioactivity increases with age (32); however, this would produce an effect in the direction opposite to that observed in our study. The group × age interaction term was not statistically significant when the ANCOVA for 8-minute radioactivity was repeated for the patient groups only, and the post-hoc tests confirmed decreased neuronal uptake in the groups with Lewy body diseases compared with the MSA group. Therefore, although the patient groups differed in mean age, this did not detract from the main conclusions of the study.

Pathogenesis of denervation by cytosolic DA. Decreased VMAT activity could represent an underlying molecular mechanism contributing to catecholaminergic denervation in Lewy body disease pathogenesis. With ongoing catecholamine biosynthesis and vesicular leakage, decreased vesicular sequestration produces cytosolic catecholamines that are converted to toxic products by spontaneous autooxidation to quinones (33, 34) or enzymatic conversion to catecholaldehydes (33, 35, 36). Moreover, cytosolic DA can interact with calcium and α-synuclein to destroy substantia nigra neurons (37).

MAO can act on dopamine to produce dihydroxyphenylacetaldehyde (DOPAL), a catecholaldehyde that potently oligomerizes and aggregates α-synuclein (38). Lipid peroxidation products interfere with detoxification of DOPAL (39) by inhibiting aldehyde dehydrogenase and aldehyde reductase (40), stimulating a potentially deadly positive feedback loop. Consistent with a pathogenetic role of catecholaldehydes in Lewy body diseases, a recent postmortem study noted a high ratio of DOPAL/DA in the putamen of patients with end-stage PD (41). In the present study, increased production of $^{18}$F-DOPAC from cytosolic $^{18}$F-DA implies increased production of the catecholaldehyde $^{18}$F-DOPAL as the obligate intermediate metabolite.

Reserpine, a VMAT antagonist, depletes catecholamine stores in the brain and heart (42), produces decreased locomotion and other features reminiscent of PD (43), and evokes apoptosis of striatal neurons by a glutamate-dependent process (44). Mice with low type 2 VMAT have motor and non-motor manifestations similar to those in PD (45). Moreover, inhibition of vesicular sequestration augments the toxicity of a variety of agents such as 1-methyl-4-phenyl-1,2,3,6-tetrahydropyridine (46, 47) and 6-hydroxydopamine (48). Conversely, the pesticide and complex I inhibitor rotenone inhibits vesicular uptake (49, 50), increases production of DOPAL (51), and evokes apoptosis via oxidation of cytosolic dopamine (52).
Clinical significance. Given the above, there are several potential routes by which decreased VMAT activity could result in the catecholamine depletion that produces the major clinical manifestations of Lewy body diseases. Clinical laboratory findings of accelerated loss of 18F-DA–derived radioactivity and decreased vesicular uptake may also be useful in the differential diagnosis of PD+OH versus MSA. Similar tests may help in identifying α-synucleinopathy in patients with dementia or other symptoms or signs of central neurodegeneration. Therapeutically, drugs targeted to increase the efficiency of VMAT function may have utility in the treatment or prevention of catecholaminergic neurodegeneration in Lewy body disorders.

Methods
Subjects. Patients were referred to the NIH and carried an admission diagnosis of PD, MSA, or PAF. Categorization in terms of occurrence of OH and diagnoses of PD, MSA, or PAF were based on previously published consensus criteria (53) supplemented by data about plasma levels of catechols (18). MSA patients were included regardless of classification in terms of parkinsonian, cerebellar, or mixed subtypes. In all patients with OH, the OH was determined to be neurogenic because of abnormal responses of beat-to-beat blood pressure associated with the Valsalva maneuver (54) or orthostatic increments in plasma norepinephrine levels (55).

The study included 37 PD+OH, 38 PD-No-OH, 59 MSA, and 18 PAF patients and 46 healthy controls. Arterial plasma levels of 18F-DOPAC were measured in subgroups of PD+OH (n = 11), PD-No-OH (n = 7), MSA (n = 23), and control subjects (n = 29).

Plasma 18F-DOPAC. Blood for assays of 18F-DOPAC was drawn via an indwelling brachial arterial catheter. Plasma catechols including 18F-DOPAC were assayed by batch alumina extraction followed by liquid chromatography with electrochemical detection, as described previously (9, 56). The concentrations in pg/ml was converted to nCi-kg/cc-mCi based on the specific activity of 18F-DA at the time of injection and the dose of radioactivity in mCi per kg body mass. Individual values for sepal radioactivity at 8 minutes divided by peak 18F-DOPAC were used to provide an index of vesicular sequestration of cytosolic 18F-DA. An alternative measure of vesicular uptake based on the relationship between plasma 18F-DOPAC and plasma DHPG was calculated as DHPGa divided by peak arterial 18F-DOPAC to provide an index of vesicular sequestration in the body as a whole.

Data analysis and statistics. For each subject, we measured the concentration of myocardial radioactivity at 8 minutes after initiation of 18F-DA administration as a measure of neuronal uptake. As a measure of loss of intra-neuronal catecholamine, we used the slope of the monoexponential line of best fit for the relationship of the log of 18F-DA–derived activity with time during the 8- to 25-minute period after injection. In a small number of subjects in whom radioactivity did not decrease during this interval, the slope data were excluded. The PD-No-OH group was stratified into two subgroups, one with low 18F-DA–derived activity (less than 5,000 nCi-kg/cc-mCi), about 2 SDs below the normal mean, in the frame at 8 minutes after initiation of 18F-DA administration (PD-No-OH Low rad.) and one with normal radioactivity (PD-No-OH Nml. rad.), to test whether the two subgroups differed in mean slopes.

All clinical, neuroimaging, and neurochemical values were expressed as mean ± 1 SEM. Mean values for uptake and subsequent decline of 18F-DA–derived radioactivity and for vesicular uptake indices were compared across groups by factorial analysis of variance, with post-hoc group comparisons using the Fisher’s protected least significant difference test. The graphics and statistical package was KaleidaGraph 4.01 (Synergy Software). Mean values in two subject groups (e.g., PD+OH vs. MSA) were compared using independent means 2-tailed t tests. Pearson correlation coefficients were calculated for scatter plots (e.g., relating slopes with 8-minute radioactivity). For frequency comparisons between groups, χ2 was calculated. A P value less than 0.05 defined statistical significance.

Since the PD+OH group was found to be substantially older than the other groups, we applied a regression approach to assess age as a possible confounding factor in the study. We carried out ANCOVAs (StatView 5.0.1, SAS Institute Inc.) for each of the main dependent variables: neuronal uptake (represented by 8-minute myocardial 18F-DA–derived radioactivity), rate of loss of intra-neuronal catecholamines (represented by the slope of mono-exponential decline in radioactivity between 8 and 25 minutes), and the IVT (represented by 8-minute radioactivity divided by peak arterial 18F-DOPAC). Each ANCOVA included diagnostic group as the factor and age as the covariate.

Study approval. The Intramural Research Board of the NINDS at the NIH approved the protocols for this study. All subjects gave informed written consent before the procedures.

Figure 8
Summary of findings. PD+OH and PAF were associated with markedly decreased cardiac sympathetic innervation, PD-No-OH with less severe but significantly decreased innervation, and MSA with normal innervation. The PD+OH, PAF, and PD-No-OH Low rad. groups had accelerated loss of radioactivity, whereas the PD-No-OH Nml. rad. and MSA groups had normal loss. The PD+OH and PAF groups had elevated 18F-DOPAC after normalizing for initial myocardial radioactivity or for overall noradrenergic innervation (DHPGa). The findings are consistent with the concept that decreased vesicular uptake is associated with accelerated loss of intra-neuronal catecholamines in Lewy body diseases.
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