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Chronic graft-versus-host disease (cGVHD) is a life-threatening impediment to allogeneic hematopoietic stem cell transplantation, and current therapies do not completely prevent and/or treat cGVHD. CD4+ T cells and B cells mediate cGVHD; therefore, targeting these populations may inhibit cGVHD pathogenesis. Ibrutinib is an FDA-approved irreversible inhibitor of Bruton’s tyrosine kinase (BTK) and IL-2 inducible T cell kinase (ITK) that targets Th2 cells and B cells and produces durable remissions in B cell malignancies with minimal toxicity. Here, we evaluated whether ibrutinib could reverse established cGVHD in 2 complementary murine models, a model interrogating T cell–driven sclerodermatous cGVHD and an alloantibody-driven multiorgan system cGVHD model that induces bronchiolar obliteration (BO). In the T cell–mediated sclerodermatous cGVHD model, ibrutinib treatment delayed progression, improved survival, and ameliorated clinical and pathological manifestations. In the alloantibody-driven cGVHD model, ibrutinib treatment restored pulmonary function and reduced germinal center reactions and tissue immunoglobulin deposition. Animals lacking BTK and ITK did not develop cGVHD, indicating that these molecules are critical to cGVHD development. Furthermore, ibrutinib treatment reduced activation of T and B cells from patients with active cGVHD. Our data demonstrate that B cells and T cells drive cGVHD and suggest that ibrutinib has potential as a therapeutic agent, warranting consideration for cGVHD clinical trials.

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Chronic graft-versus-host disease (cGVHD) is a life-threatening impediment to allogeneic hematopoietic stem cell transplantation, and current therapies do not completely prevent and/or treat cGVHD. CD4+ T cells and B cells mediate cGVHD; therefore, targeting these populations may inhibit cGVHD pathogenesis. Ibrutinib is an FDA-approved irreversible inhibitor of Bruton’s tyrosine kinase (BTK) and IL-2 inducible T cell kinase (ITK) that targets Th2 cells and B cells and produces durable remissions in B cell malignancies with minimal toxicity. Here, we evaluated whether ibrutinib could reverse established cGVHD in 2 complementary murine models, a model interrogating T cell–driven sclerodermatous cGVHD and an alloantibody-driven multiorgan system cGVHD model that induces bronchiolar obliterans (BO). In the T cell–mediated sclerodermatous cGVHD model, ibrutinib treatment delayed progression, improved survival, and ameliorated clinical and pathological manifestations. In the alloantibody-driven cGVHD model, ibrutinib treatment restored pulmonary function and reduced germinal center reactions and tissue immunoglobulin deposition. Animals lacking BTK and ITK did not develop cGVHD, indicating that these molecules are critical to cGVHD development. Furthermore, ibrutinib treatment reduced activation of T and B cells from patients with active cGVHD. Our data demonstrate that B cells and T cells drive cGVHD and suggest that ibrutinib has potential as a therapeutic agent, warranting consideration for cGVHD clinical trials.

Introduction

Chronic graft-versus-host disease (cGVHD) is a primary cause of nonrelapse mortality after allogeneic hematopoietic stem cell transplantation (HSCT) (1–4). Drug therapy for cGVHD has been predominantly limited to steroids and calcineurin inhibitors, which are incompletely effective and associated with infections as well as long-term risks of toxicity (5). Novel therapeutics that pinpoint pathogenic immune subsets might control cGVHD yet preserve immune effector functions.

In contrast to acute GVHD, cGVHD is a relatively acellular process that has fibrosis as a dominant feature. The specific immune phenomena that underlie cGVHD are variable; however, recent studies show that B cells, in addition to specific CD4+ T cell subsets, are key mediators of cGVHD (6–8). It has been demonstrated that pathogenic antibody deposition occurs in human cGVHD (9–12). A network of alloreactive T helper cells, including Th1, Th2, Th17, and T follicular helper (Tfh) cells, infiltrate tissues and produce a milieu of effector cytokines resulting in antibody deposition, tissue fibrosis, and autoimmunity (6, 8, 13–15).

Many of the cellular activation and effector functions of these lymphoid subsets can be molecularly tethered to Bruton’s tyrosine kinase (BTK) and IL-2 inducible T cell kinase (ITK) (16, 17). BTK and ITK are highly conserved Tec family kinases that propagate immune receptor-based signaling in B and T lymphocytes, respectively (16). These molecules are activated upstream by SRC family kinases and, upon autophosphorylation, drive downstream acti-

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Conflict of Interest:

Bruce R. Blazar, John C. Byrd, Jason A. Dubovsky, and Ryan Flynn have filed for intellectual patent rights on aspects of the current research. Laurence Elias is an employee of Pharmacyclics Inc., the company that owns ibrutinib.

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model, which develops bronchiolar obliterans (BO) syndrome and multiorgan cGVHD without skin involvement (7, 33). In this model, ibrutinib blocked germinal center (GC) formation and Ig deposition, reduced tissue fibrosis, and reversed BO-associated pulmonary dysfunction. Genetic studies confirmed that ITK and BTK are independently critical for the development of cGVHD. These data strongly support the clinical investigation of ibrutinib as a novel therapeutic strategy for the treatment of cGVHD.

Results
Therapeutic administration of ibrutinib limits the development of sclerodermatous lesions in a murine cGVHD model. To assess the efficacy of ibrutinib as a therapeutic intervention for cGVHD, we used the LP/J→C57BL/6 model of sclerodermatous skin lesions, which develops dermal lesions characterized by hair loss, redness, flaking, scabbing, hunched posture, and thickened skin (32). In this murine model, symptoms become apparent between days 20 and 25 and peak between days 37 and 47 after HSCT. Ibrutinib or vehicle treatment was initiated in randomized cohorts at day 25, after the initial clinical signs of cGVHD (weight loss, hair loss, skin redness/flaking, hunched posture, or immobility) were visible in the majority (72%) of mice. Upon inspection at day 39 (14 days after starting therapy), ibrutinib-treated mice clearly lacked the sclerodermatous lesions, hair loss, and lymphohistiocytic infiltration that were observed in both the vehicle and cyclosporine treatment groups (Figure 1A). The development of cGVHD in this model was not effectively constrained by 10 mg/kg/d cyclosporine therapy that is T cell immune suppressive (Supplemental Figure 1; supplemental material available online with this article; doi:10.1172/JCI75328DS1). Histology of representative skin lesions obtained...
sections revealed that, compared with vehicle controls, ibrutinib significantly extended median time to cGVHD progression by 14 days of a possible 19). Using these metrics, we found that mice treated with ibrutinib significantly reduced the overall intensity of cGVHD compared with vehicle treatment ($P = 0.0184$) (Figure 2A, Supplemental Table 1, and Supplemental Figure 4). Chronic GVHD progression in this model is defined as a greater than 2-point increase in cGVHD score from the initiation of therapy (Supplemental Table 1). Data derived from 2 independent experiments show that ibrutinib limited cGVHD progression as compared with vehicle control (Figure 3D). Once again, ibrutinib significantly improved systemic cGVHD in this model ($P = 0.0019$). We also found that withdrawal of therapy at day 60 permitted clinical breakthrough in cGVHD in a single mouse (1 of 6); however, this was not statistically significant. A similar trend was observed by external cGVHD scoring (Supplemental Figure 11). Analysis of internal cGVHD pathology within the pulmonary and renal tissues on day 75 suggested that continuous long-term ibrutinib was more effective at controlling cGVHD; notably, internal pathology of the lung and kidney was not curtailed in BM-only recipients, indicating that certain cGVHD internal pathology in this model persists despite the elimination of T cells from the graft similar to what is observed in human allo-HSCT recipients (Supplemental Figure 12, A and B). Prophylactic ibrutinib treatment initiated pre-HSCT at day –2 and concluded at day 25 did not yield a significant improvement in cGVHD progression (Supplemental Figure 13), suggesting that ibrutinib will be most effective when T cell and B cell responses are more fully developed.

Therapeutic administration of ibrutinib ameliorates pulmonary fibrosis and the development of BO. cGVHD is characterized by a wide variety of autoimmune manifestations that are incompletely recapitulated by any single in vivo animal model. Recently published consensus criterion from the NIH considers BO the only pathognomonic manifestation of lung cGVHD (35). The C57BL/6 → B10.BR
Ibrutinib limits in vivo GC reactions and Ig deposition in pulmonary tissues. Ibrutinib’s ability to block B cell receptor–induced (BCR-induced) activation of BTK is well defined; however, it remains unclear whether GC reactions are effectively inhibited. To study this, we utilized the C57BL/6→B10.BR mouse model in which robust GC reactions sustain pathogenic B lymphocytes and lead to Ig deposition within the liver and lungs and the development of BO. Peanut agglutinin staining revealed GC reactions within the spleen, and ibrutinib therapy reduced the overall size, cellularity, and number of GC reactions compared with those of vehicle-treated mice with active cGVHD (P < 0.001) (Figure 5, A and B). On day 60 after HSCT, isolated splenocytes from chimeras were analyzed by flow cytometry for CD19+GL7+CD38lo GC.

Figure 3. Ibrutinib therapy prevents autoimmune injury in a T cell–dependent model of cGVHD. (A) Representative images from H&E-, B220-, or CD3-stained lung and kidney tissues from mice sacrificed at day 125 after HSCT from 6 mice/group. Images were taken by a trained veterinary pathologist who was blinded to animal cohorts. Original magnification, ×200. (B) Blinded pathologic analysis of H&E-stained lung tissues obtained from cGVHD cohorts (18 vehicle and 18 ibrutinib). Lymphohistiocytic infiltration was graded on a 0 to 4 scale for each animal. (C) Blinded pathologic analysis of H&E-stained kidney tissues obtained from cGVHD cohorts. Portal hepatitis and vasculitis were graded on a 0 to 4 scale for each animal. *P < 0.05; **P < 0.01. (D) Kaplan-Meier plot of GVHD progression-free survival in an independent experiment aimed to determine sustained benefits from continued ibrutinib therapy. During the course of the experiment, ibrutinib was withdrawn on day 60 from animals in the Ibrutinib (day 25 to day 60) cohort. ***P < 0.001.
Chronic GVHD sustaining T cells in this model originate from mature lymphocytes in the donor cell graft. To recapitulate the effect of ITK inhibition within these cGVHD-causative T lymphocytes, we administered \textit{Itk}–/– splenic T cells along with BM from WT mice to allogeneic recipients. Day 60 PFTs including resistance, elastance, and compliance were uniformly and significantly (\(P = 0.0014\); \(P = 0.0028\); \(P = 0.0003\)) reduced in mice receiving \textit{Itk}–/– versus WT splenic T cells and comparable to non-cGVHD, BM-only controls (Figure 6). These data reveal that T cell ITK activity is necessary for the development of cGVHD.

Data from both models implicates hyperreactive BTK in B cells isolated from both cGVHD models (Supplemental Figure 17). To genetically confirm the role of BTK signaling in cGVHD, we infused XID BM along with WT splenic T cells to mimic BTK inhibition. PFTs conducted at day 60 after HSCT revealed that BTK activity was essential to the development of BO (Figure 7). Pulmonary resistance, elastance, and compliance were significantly reduced in recipients of WT T cells and XID versus WT BM (\(P = 0.0025\); \(P = 0.0025\); \(P = 0.0496\)) and comparable to XID or WT BM-only controls.

Ibrutinib blocks T and B cell activation in samples obtained from patients with active cGVHD. Our data confirm that BTK and ITK are critical to the development of cGVHD and that ibrutinib works to alleviate the symptoms associated with severe cGVHD in murine models. To confirm that this effect is not restricted to mouse models, we tested the effects of ibrutinib on CD4 T and B cells. Ibrutinib significantly inhibited the cGVHD-induced formation of GCs within the spleen (\(P = 0.0222\)) to numbers comparable to those in the no cGVHD, BM only control (Figure 5C).

The functional product of alloreactive GC B cells is secreted Ig, which deposits within healthy tissues. In the C57BL/6→B10.BR cGVHD model, BO is inextricably related to the deposition of soluble Ig within pulmonary tissues and the fibroitic cascade that this initiates. By blocking B cell reactivity, ibrutinib limited pulmonary deposition of Ig as quantified at day 60 after HSCT using immunofluorescent microscopy (Figure 5D). Quantification of the immunofluorescent signal revealed elimination of pulmonary Ig deposition after therapeutic ibrutinib treatment (\(P < 0.001\)) (Figure 5E). Together, these data confirm that a clinically relevant downstream effect of ibrutinib therapy in the setting of cGVHD is the blockade of Ig deposition within healthy tissues.

Genetic ablation of BTK or ITK activity in allogeneic donor cell engraftment confirms that both TEC kinases are required for the development of cGVHD. The XID mouse in which the kinase activity of BTK is genetically abrogated and the \textit{Itk}–/– mouse have been fully characterized on the C57BL/6 genetic background (36, 37). Given ibrutinib’s ability to inhibit both ITK and BTK, we sought to examine the relative independent contributions of ITK and BTK to the development of cGVHD. We therefore examined pulmonary function at day 60 after HSCT, as this represents a primary functional measurement of cGVHD-induced lung injury and fibrosis in the C57BL/6→B10.BR model.
B cells obtained from patients with active and persistent cGVHD. Data revealed that after pretreatment with 1 μM ibrutinib, CD4+ T cells from these patients demonstrated lower surface expression of CD69 after ex vivo T cell receptor (TCR) stimulation using anti-CD3 (P = 0.033) (Figure 8A). Moreover, purified B cells that were pretreated with 1 μM ibrutinib showed lower levels of pBTK-Y223, pPLCγ2-Y1217, and pERK1/2 by immunoblot analysis (Figure 8B). These data confirm that ibrutinib can curtail immune receptor activation of human B and T cells in the setting of active cGVHD.

Discussion

Chronic GVHD develops from coordinated effects of both B and T cells, and multiple key functions of these cells are driven by TEC family kinases. Here, we show that neither XID BM nor Itk−/− donor T cells facilitate the development of systemic cGVHD in mice, identifying the importance of the TEC kinases BTK and ITK in cGVHD and identifying these 2 enzymes as therapeutic targets in this disease. Therefore, because of its ability to simultaneously target BTK and ITK, ibrutinib holds specific promise for the treatment of cGVHD. Our studies utilize 2 distinct but complementary, validated murine models of cGVHD: one that has dominant sclerodermatous features and the other with a nonsclerodermatous, multiorgan system fibrotic disease with BO (32, 33). Our results indicate that ibrutinib targets B and T cell–driven GC responses and is remarkably effective in treating cGVHD. In the sclerodermatous model, animals receiving therapeutic ibrutinib were often indistinguishable from their healthy counterparts, and in the nonsclerodermatous cGVHD model, no cGVHD manifestations were evident even at the end of the observation period. Moreover, GC reaction size, cellularity, and number were lower in mice receiving ibrutinib, correlating to a partial but significant resolution of cGVHD symptoms. These data are consistent with preclinical data in which GC reactions are key to cGVHD pathogenesis; for instance, clinical responses to rituximab (anti-CD20 mAb) have been observed, implicating B cells as etiopathogenic in human cGVHD (38–40). Finally, we confirmed that our observation could be applied to human therapy by testing ibrutinib’s capacity to block the molecular activation of T cells and B cells directly obtained from patients with active ongoing cGVHD.

Results from our genetic ablation models reveal that BM-derived B cells depend upon BTK for GC formation. Similarly, Itk−/− splenocytes are unable to cause cGVHD, suggesting that ITK is critical for T cell support of the fibrotic cascade. While XID and Itk−/− mice are useful in exploring the mechanisms responsible for cGVHD generation, there are caveats. For instance, TEC kinase has been shown to compensate for the lack of BTK in the XID mouse model, and complete genetic ablation of ITK blunts thymic maturation of functionally mature T lymphocytes (18, 41, 42). As a result, we can conclude that ITK and BTK are necessary components for the development of cGVHD; however, we cannot...
Conclude that ibrutinib’s therapeutic efficacy is solely driven by inhibition of these 2 TEC kinases.

In the cGVHD model that has BO as an important feature, fibrosis occurs by day 28 after HSCT. Intriguingly, ibrutinib treatment beginning on day 28 after HSCT in mice with established cGVHD resulted in resolution of fibrosis, suggesting that treatment in the early phase of cGVHD can permit tissue repair and further suggesting that ongoing antibody deposition in cGVHD target organs may be required for a persistent fibrogenic process. Notably, for patients with debilitating cGVHD from fibrosis, therapies include supportive care, high-dose steroids, rapamycin, mycophenolate, imatinib, extracorporeal photopheresis, IL-2, and lung transplant, all with incomplete efficacy and potentially serious complications (43–55). Although conclusions from rodent cGVHD must be validated in patients, our studies collectively indicate that a wide spectrum of cGVHD patients may benefit from ibrutinib therapy.

To examine the importance of sustained therapy, we conducted studies using both cGVHD models in which mice were withdrawn from ibrutinib therapy around day 60 after HSCT. In general, we observed a loss of efficacy with removal of the drug; however, not all metrics were statistically significant. These data are consistent with our molecular understanding, which would imply that pathogenic T cells and B cells are restrained by the inhibitor but not actively depleted. Overall, these data would direct caution in the clinical setting when attempting to taper such an inhibitor after relatively short time periods.

To study prophylactic efficacy, we initiated ibrutinib treatment 2 days prior to HSCT and continued until we begin to observe cGVHD (approximately 28 days). Although posttransplant administration of ibrutinib effectively controlled cGVHD, we found that prophylactic treatment was ineffective under these conditions. The ideal time frame for ibrutinib administration may coincide with the establishment of robust T cell–driven GC reactions that may take up to 1 month; prophylactic treatment alone may be ineffective for this reason. Furthermore, unlike rituximab, ibrutinib does not directly kill B cells; instead, it prevents downstream BCR activation, arresting cells in an unstimulated state. This effect can be lost after withdrawal of ibrutinib. Together, our data indicate that ibrutinib is likely to be better for cGVHD therapy as opposed to prophylaxis, should preclinical studies translate into the clinic.

Our studies focus on ibrutinib’s effect on cGVHD; however, the effects on infectious complications and leukemic relapse remain unknown. Recent mouse and human studies indicate that ibrutinib improves immune competence with regard to infectious complications; however, this has yet to be tested in the HSC setting (27, 30). Ibrutinib also has direct antileukemic effects in both B cell–derived tumors and acute myeloid leukemia (AML), supporting the notion that it may directly aid in relapse prevention (56, 57).

Overall, our complementary in vivo models demonstrate a clear therapeutic benefit derived from therapeutic administration of ibrutinib to reduce the prolonged autoimmune effects of cGVHD. In addition, our ex vivo human data suggest that these conclusions likely extend to the setting of human cGVHD. These data support the future study of this promising therapeutic agent in cGVHD as well as the exploration of novel strategies that target specific TEC kinases in the setting of allo-HSCT.
Methods
Mice. C57BL/6 (H2b) mice were purchased from the National Cancer Institute or from The Jackson Laboratory. LP/J and B10.BR (H2k) mice were purchased from The Jackson Laboratory. The C57BL/6 XID mouse, in which a specific mutation abrogates BTK kinase activity, was obtained from The Jackson Laboratory. The C57BL/6 Itk–/– mouse was a gift from Leslie Berg (University of Massachusetts, Boston, Massachusetts, USA) (58). Both strains are maintained on the defined C57BL/6 genetic background (36, 37). All mice were housed in a pathogen-free facility at The Ohio State University or The University of Minnesota.

Therapeutic HSCT models. The C57BL/6→B10.BR model has been described previously (7). In brief, B10.BR recipients conditioned with 120 mg/kg/d i.p. cyclophosphamide (Cy) on days -3 and -2 and 8.3 Gy TBI (using a 137Cesium irradiator) on day -1 were engrafted with 1 × 10^7 Thy1.2-depleted C57BL/6 derived BM cells with (or without) 1 × 10^6 allogeneic splenocytes.

Experiments with the LP/J→C57BL/6 model were conducted using methods similar to those previously described (32). Briefly, C57BL/6 recipients were conditioned with 8.5 Gy x-ray TBI on day 0 and were provided 1 × 10^7 LP/J-derived BM cells and 2 × 10^6 spleno-
cytes by tail-vein injection. Mice surviving to day 25 begin to show clinical and pathological changes consistent with systemic cGVHD, frequently involving the skin, lung, and kidneys and infrequently involving hepatic or salivary gland lymphohistiocytic infiltration, conjunctivitis, anterior uveitis, esophagitis, and corneal ulcers. In our hands, this specific splenocyte and irradiation dose produces a cGVHD phenotype, devoid of the classic gastrointestinal lesions, splenic atrophy, or diarrhea associated with acute GVHD (aGVHD). The development of cGVHD was measured in coded fashion using a modified version of the scoring system originally described by Cooke et al. (Supplemental Table 1 and ref. 34).

Therapeutical administration of ibrutinib (provided by L. Elias) via drinking water was conducted as previously described (27). Mice received a daily dose of 15 mg/kg/d ibrutinib in 0.4% methylcellulose by i.p. injection starting at day 28 after transplant for the C57BL/6 model. Drinking water administration daily dose was calculated previously (Supplemental Table 2). In the latter strain combination, a cohort of mice was given cyclosporine A administered i.p. in 0.2% CMC at 10 mg/kg/d starting at day 25 for 2 weeks followed by thrice weekly as previously described (59). Unless otherwise stated, ibrutinib was administered until the end of the study.

For both cGVHD models, the BTK pathway was found to be constitutively activated, similar to what has been identified in human cGVHD (Supplemental Figure 17).

PFTs. PFTs were performed on anesthetized mice using whole-body plethysmography with the Flexivent system (SCIREQ) as previously described (7, 33).

GC detection. GC detection was conducted with 6-μm spleen cryosections stained using rhodamine peanut agglutinin as previously described (7).

Masson trichrome staining. Cryosections (6 μM) were fixed for 5 minutes in acetone and stained with H&E and with the Masson Trichrome Staining Kit (Sigma-Aldrich) for detection of collagen deposition. Collagen deposition was quantified on trichrome-stained sections as a ratio of area of blue staining to area of total staining using the Adobe Photoshop CS3 analysis tool.

Histopathological scoring. Coded pathologic analysis of H&E-stained sections was performed by A. Panoskaltsis-Mortari or B.K. Harrington in an unbiased manner with scores ranging from 0 to 4 (60). For pulmonary tissues, scores indicate the number of lymphoplasmacytic and histiocytic cellular cuffs infiltrating the surrounding airways or vasculature and the number of infiltrating aggregates. For renal H&E-stained sections, both perivascular lymphoplasmacytic infiltration and intratubular protein were quantified. For additional details, see Supplemental Methods.

Immunoblot analysis. Experiments were conducted using conventional methodology previously described (61). Blotting was conducted using pBTK-Y223-, BTK-, pPLCγ2-Y1217-, PLCγ2-, pERK1/2-, ERK-, and GAPDH-specific antibodies (Cell Signaling Technologies).

Statistics. A 2-tailed Student’s t test was used for normal data at equal variance. Significance was defined as P < 0.05. For cGVHD scoring in the LP/J → C57BL/6 model, a linear mixed effects model was applied to assess the trends in cGVHD scores from days 33 to 52, using the measurement at day 25 as a covariate to account for differences in the initial measurement between treatments. Chronic GVHD progression in the LP/J → C57BL/6 model was prospectively defined as a greater than 2-point increase in cGVHD score from the initiation of therapy (Supplemental Table 1).

Study approval. All animal studies were approved by the institutional animal care committees at The Ohio State University and the University of Minnesota.

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