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Sensory neurons have the capacity to produce, release, and respond to acetylcholine (ACh), but the functional role of cholinergic systems in adult mammalian peripheral sensory nerves has not been established. Here, we have reported that neurite outgrowth from adult sensory neurons that were maintained under subsaturating neurotrophic factor conditions operates under cholinergic constraint that is mediated by muscarinic receptor–dependent regulation of mitochondrial function via AMPK. Sensory neurons from mice lacking the muscarinic ACh type 1 receptor (M₁R) exhibited enhanced neurite outgrowth, confirming the role of M₁R in tonic suppression of axonal plasticity. M₁R-deficient mice made diabetic with streptozotocin were protected from physiological and structural indices of sensory neuropathy. Pharmacological blockade of M₁R using specific or selective antagonists, pirenzepine, VU0255035, or muscarinic toxin 7 (MT7) activated AMPK and overcame diabetes-induced mitochondrial dysfunction in vitro and in vivo. These antimuscarinic drugs prevented or reversed indices of peripheral neuropathy, such as depletion of sensory nerve terminals, thermal hypoalgesia, and nerve conduction slowing in diverse rodent models of diabetes. Pirenzepine and MT7 also prevented peripheral neuropathy induced by the chemotherapeutic agents dichloroacetate and paclitaxel or HIV envelope protein gp120. As a variety of antimuscarinic drugs are approved for clinical use against other conditions, prompt translation of this therapeutic approach to clinical trials is feasible.

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Selective antagonism of muscarinic receptors is neuroprotective in peripheral neuropathy

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Sensory neurons have the capacity to produce, release, and respond to acetylcholine (ACh), but the functional role of cholinergic systems in adult mammalian peripheral sensory nerves has not been established. Here, we have reported that neurite outgrowth from adult sensory neurons that were maintained under subsaturating neurotrophic factor conditions operates under cholinergic constraint that is mediated by muscarinic receptor–dependent regulation of mitochondrial function via AMPK. Sensory neurons from mice lacking the muscarinic ACh type 1 receptor (M1R) exhibited enhanced neurite outgrowth, confirming the role of M1R in tonic suppression of axonal plasticity. M1R-deficient mice made diabetic with streptozotocin were protected from physiological and structural indices of sensory neuropathy. Pharmacological blockade of M1R using specific or selective antagonists, pirenzepine, VU0255035, or muscarinic toxin 7 (MT7) activated AMPK and overcame diabetes-induced mitochondrial dysfunction in vitro and in vivo. These antimuscarinic drugs prevented or reversed indices of peripheral neuropathy, such as depletion of sensory nerve terminals, thermal hypoalgesia, and nerve conduction slowing in diverse rodent models of diabetes. Pirenzepine and MT7 also prevented peripheral neuropathy induced by the chemotherapeutic agents dichloroacetate and paclitaxel or HIV envelope protein gp120. As a variety of antimuscarinic drugs are approved for clinical use against other conditions, prompt translation of this therapeutic approach to clinical trials is feasible.

Introduction

The innervation territory of intraepidermal nerve fibers (IENF) within the skin is plastic and maintained through a combination of collateral sprouting and regeneration that is regulated partly by neurotrophic factors (1). Distal dying-back or degeneration of nerve fibers is observed in many axonopathic diseases, including diabetic neuropathy, chemotherapy-induced peripheral neuropathy (CIPN), Friedreich ataxia, Charcot-Marie-Tooth disease type 2, and HIV-associated distal-symmetric neuropathy. There are no therapies for any of these diseases, all of which display some degree of mitochondrial dysfunction (2–4). This is pertinent, as the growth-cone motility required to maintain fields of innervation consumes 50% of ATP supplies in neurons due to high rates of actin treadmilling (5). Maintenance of plastic innervation therefore requires high consumption of ATP for growth-cone motility and maintenance of terminals and synapses (6, 7). Unmyelinated axons are also more energetically demanding than myelinated axons, consuming 2.5- to 10-fold more energy per action potential (8). Mitochondria are known to concentrate in regions of high metabolic demand (9), and sensory terminal boutons are packed with mitochondria (10).

Our work in rodent models of type 1 and 2 diabetes exhibiting neuropathy demonstrates that hyperglycemia triggers nutrient excess in neurons that, in turn, mediates a phenotypic change in mitochondria through alteration of the AMPK/peroxisome proliferator–activated receptor γ coactivator-1α (PGC-1α) signaling axis (4, 11). This vital energy-sensing metabolic pathway modulates mitochondrial function, biogenesis, and regeneration (12). There is accumulating evidence that stimulation of the AMPK/PGC-1α axis in neurons promotes improved mitochondrial function and regeneration (4, 13). For example, the AMPK activator resveratrol enhances neurite outgrowth (14), while augmented AMPK signaling maintains outer retina synapses (15) and directs mitochondria to axons to drive branching in cerebellar granule neurons (16). Upregulation of PGC-1α is protective against oxidative stress in hippocampal neurons (17) and prevents mutant Parkin-related degeneration in dopaminergic neurons (18). In the context of diabetes, the bioenergetic phenotype of mitochondria in dorsal root ganglia–derived (DRG-derived) sensory neurons is characterized by inner membrane depolarization, reduced expression of respiratory chain components, and suboptimal spare respiratory capacity (4, 11) without remarkable ultrastructural alterations (19). Activation of AMPK by resveratrol protected mitochondrial function and peripheral nerve structure and function in rodent models of both type 1 and type 2 diabetes (11).
In an effort to identify molecules capable of enhancing peripheral nerve repair, we screened compounds for their ability to enhance neurite outgrowth in adult sensory neurons using the NIH/Juvenile Diabetes Research Foundation (JDRF) Custom Collection (maintained by Micro Source Discovery Systems Inc.). The primary screen utilized sensory neurons derived from DRG of adult rats, with subsequent hits advanced to neurons derived from rat models of type 1 (streptozotocin [STZ]) and type 2 (Zucker diabetic fatty [ZDF]) diabetes. A number of molecules with antimuscarinic properties were identified as promoting neurite outgrowth in this system. Prior work in neurons from *Aplysia* and *Xenopus* showed both spontaneous and evoked release of quantal packets of acetylcholine (ACh) from growth cones. ACh modulated Ca²⁺-dependent motility via nicotinic and muscarinic receptors, with nicotinic signaling being positive for growth and muscarinic signaling negative (20, 21). Studies in embryonic sensory neurons have also demonstrated that ACh signaling through muscarinic receptors, and associated mobilization of Ca²⁺ from internal stores, acts as a regulator of growth-cone motility during development (22, 23). In mammals, cell bodies of sensory neurons synthesize and secrete ACh (24), express a peripheral form of choline acetyltransferase (pChAT), exhibit ChAT activity, have low acetylcholinesterase (AChE) activity, and express multiple muscarinic receptors including muscarinic Ach type 1 receptor (M1R) (25–27). Together, these findings support the credibility of an endogenous cholinergic system that tonically suppresses neurite outgrowth in adult mammalian neuronal cells.

The aim of the current study was to determine the mechanism by which antimuscarinic compounds enhance neurite outgrowth and to translate findings into a therapeutic approach that could prevent or reverse peripheral neuropathy in a range of in vitro and in vivo models. Our data introduce selective or specific antimuscarinic drugs as a therapeutic approach for preventing and reversing sensory neuropathy in a variety of disease states of the PNS.

### Results

Muscarinic antagonists selective or specific for M₁R enhance neurite outgrowth. A preliminary screen (summarized in Supplemental Figures 1 and 2; supplemental material available online with this
The muscarinic receptor agonist muscarine (10 μM) significantly inhibited neurite outgrowth, by approximately 50% (Figure 1D). As ACh also activates a variety of nicotinic receptor subtypes in neurons, we determined whether blockade of this signaling pathway also modulated neurite outgrowth. The broad-spectrum nicotinic antagonists hexa-

article; doi:10.1172/JCI88321DS1; and previously described in ref. 28) identified pirenzepine, a selective M₃R antagonist (29), as able to induce a dose-dependent (3 to 100 nM) increase of total neurite outgrowth from neurons derived from normal rats (Figure 1, A and B). This effect was mimicked by 30 nM VU0255035, a structurally dissimilar but also selective M₃R antagonist (30) (Figure 1C). Selective antagonists of the M₃R (gallamine, 1 μM) (31), or M₃R (tropicamide, 1 μM) (32) had no effect on neurite outgrowth (Figure 1C). The muscarinic receptor agonist muscarine (10 μM) significantly inhibited neurite outgrowth, by approximately 50% (Figure 1D). As ACh also activates a variety of nicotinic receptor subtypes in neurons, we determined whether blockade of this signaling pathway also modulated neurite outgrowth. The broad-spectrum nicotinic antagonists hexa-
Figure 3. M1R blockade augmented mitochondrial function and elevated neurite outgrowth via AMPK/PGC-1α. (A) DRG cultures from adult M1R-KO mice and WT mice. OCR per 1,000 neurons. Oligo, oligomycin; rot/AA, rotenone plus antimycin A. Arrows indicate time added. (B) Neurons from STZ-induced diabetic mice were maintained overnight and exposed to 100 nM MT7 or vehicle for 1 hour. (A and B) Data are shown as mean ± SEM of n = 4–5 replicate cultures. *P < 0.05 vs. WT or untreated diabetic mice by unpaired Student’s t test. Neurons from diabetic rats were exposed to 100 nM MT7 for various times. Blots for p-AMPK and p-ACC in C and D data normalized to total ERK (T-ERK). Data are shown as mean + SEM of n = 3 replicate cultures. *P < 0.05; **P < 0.01; ***P < 0.001 vs. time 0 by 1-way ANOVA with Dunnett’s post-hoc test. (E) Reporter assay for PGC-1α in neurons from STZ-diabetic rats exposed to 10 μM VU0255035 or 100 nM MT7 for 1 hour. Data are shown as mean + SEM of n = 3 replicate cultures. *P < 0.05 vs. untreated cells (red bar) by 1-way ANOVA with Dunnett’s post-hoc test. Normalized to control plasmid, pGL3 (black bar). (F) Reporter activity for PGC-1α in neurons from STZ-diabetic rats exposed to 100 nM MT7 or 0.3 μM CC or in combination for 30 minutes. Untreated is shown as red bar. Data are shown as mean + SEM of n = 3 replicate cultures. **P < 0.01; ***P < 0.001, 1-way ANOVA with Tukey’s post-hoc test. (G–H) Total neurite outgrowth of neurons from diabetic rats transduced with adenovirus carrying dominant negative mutants of α1 (DN1) or α2 (DN2) subunits of AMPK. (H) Constitutively active α1 subunit of AMPK (Ad-CA-AMPK) expressed. Data are shown as mean + SEM of n = 3 replicate cultures. (G) **P < 0.01; ***P < 0.001, 1-way ANOVA with Tukey’s post-hoc test. (H) ***P < 0.05 by Student’s unpaired t test.
Overexpression of M1R inhibits neurite outgrowth. We constructed a plasmid that overexpressed a full-length rat GFP-M1R fusion protein (Figure 2A). Adult sensory neurons transfected with this plasmid exhibited low levels of neurite outgrowth compared with neurons transfected with GFP alone (Figure 2, B–D). The brightfield images in Figure 2B show that GFP-expressing neurons exhibited extensive neurite outgrowth and that this was stunted by overexpression of GFP-M1R. Immunocytochemistry confirmed that neurite outgrowth was significantly suppressed in neurons overexpressing GFP-M1R (Figure 2, C and D). Diminished neurite outgrowth by neurons that overexpressed GFP-M1R was parallelled by methonium (20 μM) and mecamylamine (50 μM) and had no effect on neurite outgrowth (Figure 1D). Pirenzepine and VU0255035 are selective M1R antagonists, whereas the only specific antagonist of the M1R is muscarinic toxin 7 (MT7)(33). Concentrations of MT7 as low as 10 nM significantly augmented neurite outgrowth (Figure 1E). The capacity of adult sensory neurons to support cholinergic signaling was confirmed using fluo-4 loading and fluorescence video microscopy. Application of 50 μM muscarine caused an acute and transient increase of intracellular Ca2+ levels that was inhibited by prior exposure (2 minutes) to 1.0 μM pirenzepine or 0.1 μM atropine, a nonspecific antimuscarinic (Figure 1, F–H).

Figure 4. M1R antagonism prevents and reverses diabetic sensory neuropathy. (A) Thermal response latency and paw skin IENF density in female C57BL/6 (Ctrl, control) and STZ-diabetic mice ± pirenzepine (0.1–10 mg/kg/d s.c.) after 4 weeks of diabetes. Data are shown as mean ± SEM of n = 11–12. *P < 0.05; ****P < 0.0001 vs. control by 1-way ANOVA with Dunnett’s post-hoc test. (B) Thermal response latency and paw skin IENF density in WT and M1R-KO mice after 6 weeks (thermal response) or 12 weeks (IENF) of STZ-induced diabetes. Data are shown as mean ± SEM of n = 3–7. **P < 0.01; ***P < 0.001 vs. WT by 1-way ANOVA with Dunnett’s post-hoc test. (C) Thermal response latency in Swiss Webster, STZ-diabetic, and STZ-diabetic mice with pirenzepine (10 mg/kg/day s.c.) from 14 weeks. Data are shown as mean ± SEM of n = 8–10. ***P < 0.001 vs. control by repeated-measures 2-way ANOVA and Dunnett’s post-hoc test. (D) Thermal response latency in female C57BL/6 mice, STZ-diabetic mice, and STZ-diabetic mice with pirenzepine (10 mg/kg/d s.c.) up to 8 weeks, when treatment was withdrawn. Data are shown as mean ± SEM of n = 8–10. ***P < 0.001 vs. control by repeated-measures 2-way ANOVA and Dunnett’s post-hoc test. Groups as indicated by key in C. (E) Paw IENF density in mice where thermal response latency shown in C (14 weeks and 21 weeks of diabetes) and D (8 weeks and 17 weeks of diabetes), normalized to IENF of control mice at same time. The mean ± SEM of control mice at each time point defined lower limit of control group range, and mean ± SEM of STZ-diabetic mice at each time point defined upper limit of diabetic group range. Data are shown as mean ± SEM of n = 8–10. **P < 0.01 vs. start or cessation of treatment in same cohort by unpaired t test. (F) Paw thermal response latency in male C57BL/6 mice, db/db mice, and C57BL/6 or db/db mice with pirenzepine (10 mg/kg/d s.c.) from 12 weeks onwards. Data are shown as mean ± SEM of n = 9–10. ***P < 0.001 vs. db/db by repeated-measures 2-way ANOVA and Dunnett’s post-hoc test.
Muscarinic receptor blockade enhances mitochondrial function. Neuronal growth cones require optimal mitochondrial function to produce ATP for axon growth/plasticity, and sensory axons exhibit a high density of condensed organelles reflective of high ATP demand (5, 8, 34). Given the constraint on neurite outgrowth imposed by ACh, we investigated whether manipulation of cholinergic systems operating in peripheral sensory neurons altered mitochondrial regulatory pathways. We first measured the oxygen consumption rate (OCR) of isolated adult sensory neurons to determine whether M₃R inhibition directly affects neuronal respiration. Neurons derived from M₃R-KO mice exhibited enhanced spare respiratory capacity compared with those from WT mice without any concurrent change in basal respiration, coupling efficiency, or respiratory control ratio (Figure 3A and Supplemental Figure 4A). This suggests that ongoing cholinergic signaling via the M₃R constrains mitochondrial maximal respiratory capacity, which will restrict mitochondrial ATP generation under conditions of high demand.

Neurons derived from STZ-induced diabetic rodents exhibited oxidative stress, reduced spare respiratory capacity, and when dissociated and placed in culture, impaired neurite outgrowth (4, 11, 35). Spare respiratory capacity was increased in these neurons by the M₃R antagonists MT7 (100 nM, in STZ-mouse DRG culture) (Figure 3B and Supplemental Figure 4B), VU0255035 (10 μM, in STZ-rat DRG culture), or pirenzepine (1 μM, in STZ-mouse DRG culture) (Supplemental Figure 4D). Note that in all studies of neurons derived from STZ-induced diabetic rodents, the basal rate of respiration was not significantly different from that of age-matched controls. This confirms previous work from our laboratory and others (11, 36–38). Neurons derived from STZ-diabetic mice also exhibited enhanced neurite outgrowth when exposed to pirenzepine (1 μM) or MT7 (100 nM) (Supplemental Figure 4C), further illustrating the potential of antagonizing endogenous muscarinic receptor activity to overcome a disease phenotype.

M₃-selective antagonists activate the AMPK pathway to drive neurite outgrowth. A key pathway that senses cellular energy demands and modulates mitochondrial function is the AMPK pathway (39). Exposure of sensory neurons derived from STZ-induced diabetic rats to 100 nM MT7 or 10 μM VU0255035 enhanced activation (phosphorylation) of AMPK and its endogenous substrate, acetyl-CoA carboxylase (ACC) (Figure 3, C and D, and Supplemental Figure 4E). MT7, VU0255035, and pirenzepine also augmented luciferase reporter activity for PGC-1α, a downstream target of AMPK, when added to neurons derived from STZ-diabetic rats (Figure 3E and growth cones when using an antibody with selectivity for peripheral ChAT (Supplemental Figure 3, C–E). We therefore propose that the cholinergic phenotype of isolated adult sensory neurons places a tonic constraint on neurite outgrowth via a mechanism involving sensory neuron-derived ACh and the M₃R.

As ACh was not a component of the culture media, we hypothesized that, under cell culture conditions, the M₃R-mediated modulation of neurite outgrowth involved neuron-derived ACh. We confirmed that sensory neurons expressed the peripheral form of ChAT (25) (Supplemental Figure 3B) and ACh was detected in the culture medium from neurons grown at the same density as in all other experiments (16.52 ± 1.42 nmol/ml). Cultured neurons exhibited immunostaining for ChAT in perikarya, axons, and...
Supplemental Figure 4F). MT7 enhancement of PGC-1α was blocked by compound C (0.3 μM), a well-characterized pharmacological inhibitor of AMPK (Figure 3F). The mechanistic association between M1R regulation of AMPK activation and neurite outgrowth was confirmed using sensory neurons derived from STZ-induced diabetic rats transduced with adenovirus carrying dominant negative mutants of AMPKα1 and AMPKα2 subunits. Neurons overexpressing mutant AMPK did not show enhanced neurite outgrowth in response to 1 μM pirenzepine (Figure 3G and Supplemental Figure 4G), whereas overexpression of a constitutively active mutant of AMPK augmented neurite outgrowth (Figure 3H). Thus, ongoing activity of M1R and subsequent dampening of the AMPK/PGC-1α signaling axis restricted the capacity of sensory neurons to respond to increased energy demands such as those required to sustain neurite outgrowth.

M1R antagonism prevents and reverses indices of diabetic neuropathy in mice. Mitochondrial dysfunction is linked to the onset of diabetic peripheral neuropathy (2–4). We therefore tested the therapeutic potential of antagonizing muscarinic receptor-mediated suppression of mitochondrial function in diabetic mice, a model that reflects human diabetic neuropathy by developing loss of terminal regions of small sensory fibers and loss of sensorimotor function (40). We focused on pirenzepine as the test agent due to its well-characterized pharmacokinetics/dynamics, limited penetration of the blood-brain barrier, and history of safe clinical use for other indications (41). Pirenzepine did not alter disease severity, as body weight, plasma glucose, and HbA1c were unchanged (Supplemental Table 1). Analysis of expression of the M1R in the DRG of C57BL/6 mice with STZ-induced diabetes revealed no significant change in mRNA expression (Supplemental Figure 5).

Adult C57BL/6 mice with STZ-induced type 1 diabetes developed loss of paw IENF (illustrated in Supplemental Figure 6A) with concurrent thermal hypoalgesia, and both disorders were prevented by pirenzepine in a dose-dependent fashion (Figure 4A). Mice lacking the M1R had normal response times to paw heat stimulation and normal paw-skin IENF density when compared with WT mice (Figure 4B). Induction of diabetes in WT mice caused paw thermal hypoalgesia and depletion of IENF, whereas induction of diabetes in mice lacking the M1R was without effect on these parameters (Figure 4B). Importantly for potential clinical translation, the therapeutic capacity of pirenzepine extended to reversal of established neuropathy in mouse models of type 1 (STZ) and type 2 (db/db) diabetes (Figure 4, C, E, and F). Moreover, efficacy persisted for 5 to 9 weeks after cessation of treatment (Figure 4, D and E). The efficacy of pirenzepine was replicated by VU0255035, which also corrected loss of thermal sensation and IENF depletion without affecting disease severity in a mouse model of type 1 diabetes (Supplemental Figure 6B).

Pirenzepine-dependent recovery from diabetic neuropathy was associated with correction of mitochondrial dysfunction. Concurrent protection of mitochondria was confirmed by assays performed on sensory ganglia derived from diabetic rodents. Diabetes-induced defects in AMPK/PGC-1α, mitochondrial complex protein expression, and OCR were absent in pirenzepine-treated models of type 1 and type 2 diabetes (Figure 5, A and B, and Supplemental Figure 6, C–E). Furthermore, pirenzepine corrected the depression of respiratory chain complex I and IV activities in DRG obtained from...
M1R antagonists are neuroprotective in models of CIPN. (A) Paw thermal response latency (left panel) and IENF profiles (right panel) in female Swiss Webster mice (C), DCA-exposed mice (DCA), and DCA-exposed mice treated with pirenzepine (10 mg/kg/d s.c. last given 24 hours before assay) for 8 weeks during DCA exposure (DCA+PZ). (B) Paw withdrawal threshold (left panel) and thermal response latency (right panel) in female Swiss Webster mice (C), paclitaxel-exposed mice (PX), and paclitaxel-exposed mice treated with pirenzepine (10 mg/kg/d s.c. for 4 weeks following the last paclitaxel exposure and last given 24 hours before assay; PX+PZ). Data in A–B are shown as group mean ± SEM of n = 9–12/group. *P < 0.05; **P < 0.01; ****P < 0.0001 vs. control by 1-way ANOVA with Dunnett’s post-hoc test. Neurite outgrowth in adult sensory neuron cultures exposed to (C) paclitaxel (0.3 μM) or (D) oxaliplatin (3 μM) for 1 day in the absence/presence of 1 μM (C) or 0.1–10 μM (D) pirenzepine. Data are shown as mean ± SEM of n = 5–8 replicates/group. **P < 0.01, 1-way ANOVA with Tukey’s post-hoc test. (D) *P < 0.05 vs. oxaliplatin alone by 1-way ANOVA with Dunnett’s post-hoc test.

Discussion

We have discovered that adult peripheral sensory neurons maintained in vitro exhibit ongoing cholinergic constraint of mitochondrial function and neurite outgrowth. The signal transduction pathway linking M1R receptor activity to modulation of the AMPK/PGC-1α axis and mitochondrial function in neurons can be antagonized, and blocking this pathway may contribute to our observations of neuroprotection and recovery from injury promoted by M1R antagonists in models of metabolic-, chemical-, and HIV-related peripheral neuropathy.
There are 5 distinct subtypes of muscarinic receptor (M₁-R) that are divided into 2 classes according to their G protein-coupling preference (45). The M₁, M₃, and M₅ subtypes couple to the Gq/G₁₁ G proteins, whereas the M₂ and M₄ subtypes link to Gi/Go G proteins (45). While we cannot entirely exclude a contribution by other subtypes of this class when interpreting data using selective M₁-R antagonists, our data using M₃-R-deficient mice, overexpression of GFP-M₃-R, and the M₃-R-specific antagonist MT7 indicate that this receptor subtype mediates cholinergic constraint of the AMPK/PGC-1α axis, mitochondrial function, and neurite outgrowth. A role for endogenous ACh in regulating this pathway is supported by our measurement of secreted ACh detected in the culture medium, approximately 16 nM (16 μM), which far exceeds estimations of the ACh Kᵣ of 0.2–0.4 nM for the M₁-R taken from studies with rat brain neurons (46, 47). These data also correspond well with extracellular levels of ACh in the range of 0.1 to 0.6 nM detected using microdialysis in human and rat skin (48, 49). Thus, it is feasible that endogenously released ACh could act on M₁-R at nerve endings in the skin. In vitro work in the current study (Supplemental Figure 3, C–E) and in vivo studies in adult rat utilizing immunohistochemistry for the peripheral form of ChAT reveal that the protein is present in the cell body, axon, and nerve endings in the skin (25, 48). Furthermore, compartmented cultures using Campenot chambers of embryonic chick sensory neurons demonstrated secretion of ACh within the cell body compartment and also within the distal axonal compartment (49), emphasizing that ACh could be derived from sites along the whole sensory neuron axis.

The best-characterized role of M₁-R in the PNS is in sympathetic neurons, where it mediates the M current (50). Acute ACh activation of M₁-R stimulates phospholipase C β (PLCβ) and triggers generation of inositol triphosphate, which induces endoplasmic reticulum Ca²⁺ release. Downstream Ca²⁺-dependent pathways drive closing of Kᵥ7 channels, and the outcome is an enhanced propensity for depolarization of the plasma membrane. Sensory neurons also express Kᵥ7 channels and exhibit the M current, but an initiating role of M₁-R in this pathway has not been confirmed (51). Upon axotomy, sensory neurons exhibit spontaneous electrical activity that consumes extensive ATP. Given our findings that M₁-R antagonism of axotomized adult sensory neurons in culture enhances neurite outgrowth, we speculate that blockade of the M current would reduce likelihood of depolarization, thus preserving ATP to support actin-treadmilling in the growth cone and enhancing axon outgrowth (5).

Sensory neuron culture data presented in Supplemental Figure 8 indicate that the antimuscarinic drug-driven activation of AMPK is mediated by Ca²⁺/calmodulin-dependent protein kinase kinase β (CaMKKβ), a well-characterized upstream kinase that phosphorylates AMPK in an AMP-independent manner (52). In cultured sensory neurons, lipid nanoparticle-mediated siRNA knockdown of CaMKKβ caused reduced phosphorylation of AMPK (Supplemental Figure 8C) and a shift in isoelectric focusing to more positively charged, presumably less phosphorylated, AMPK isoforms (Supplemental Figure 8D). In nonneuronal transformed cells coexpressing Halo-CaMKKβ and M₁-R or Halo-AMPK2 and M₁-R, subsequent treatment with pirenzepine altered the charged state of CaMKKβ isoforms (Supplemental Figure 8E) and phosphorylation state of AMPK α2 isoforms (Supplemental Figure 8F), indicative of direct modulation via M₁-R (no effect was seen in the absence of M₁-R coexpression). Finally, in cultured sensory neurons, the MT7-induced phosphorylation of AMPK was blocked by the
CaMKK inhibitor STO-609 (Supplemental Figure 8, G and H). The in vitro activation of AMPK in response to MT7 or VU0255035 developed slowly over 60 minutes (Figure 3, C and D, and Supplemental Figure 4E). Fluorescence imaging indicated that this activation of AMPK was associated with a rise of intracellular Ca^{2+} concentration in neurites over a 37.5-minute time period (Supplemental Figure 9). This observation seems counterintuitive, since, as shown in Figure 1, F–H, pirenzepine blocks the acute Ca^{2+} transient following muscarine treatment. However, this longer-term effect of M1R blockade, of as-yet-unknown genesis, that is driving elevation of intracellular Ca^{2+} concentration in axons could mediate activation of CaMKKβ and subsequently AMPK. AMPK activity maintains optimal mitochondrial function under high ATP demand, and this pathway is critical for axonal plasticity and growth-cone motility (5, 14–16). For example, the specific complex I inhibitor rotenone lowered intraneuritic ATP concentration and diminished neurite outgrowth in mouse adult sensory neurons (53) and embryonic rat neurons (54). Rotenone similarly blocked neurite outgrowth in adult sensory neurons, without concomitant cell death (P. Fernyhough, unpublished observations). In vivo, axotomy of adult sensory neurons causes mitochondrial depolarization and ATP depletion, and subsequent genetically mediated enhancement of mitochondrial trafficking elevates rates of nerve regeneration in response to a sciatic nerve crush (55). The pathogenic mechanisms that depress AMPK activity in peripheral neuropathies caused by diabetes (4) and paclitaxel (P. Fernyhough, unpublished observations) remain unclear. In nonneuronal cells from animal and human tissues, high extracellular glucose concentration drives down AMPK activity via nutrient stress (13). This inhibition of AMPK activity, and subsequently mitochondrial respiration, is mediated by a fall in the AMP/ATP ratio, so that high intracellular glucose concentration funnels through glycolysis to generate ATP and obviates a requirement for extensive mitochondrial-dependent ATP production (56). An attractive feature of the M1R-mediated activation of AMPK is that it likely occurs through an AMP-independent pathway, such as CaMKKβ. Alternatively, it is possible that AMPK activation in response to M1R blockade is a consequence of neurite outgrowth-driven diminishment of local ATP supplies and a subsequent rise in the AMP/ATP ratio. Nevertheless, we have identified a therapeutic approach that may release mitochondrial respiration and neuronal plasticity from tonic cholinergic constraint and offers an alternative approach to neuroprotection and regeneration following acute stress or ongoing metabolic injury.

Antimuscarinic drugs were effective in several aspects of peripheral neuropathy. The ability of pirenzepine to reverse loss of IENF profiles in type 1 diabetes is the first experimental evidence, to our knowledge, showing reversal of this clinically significant end point. Previous studies have focused on prevention of IENF loss, for example, when studying protective effects of neurotrophin treatment in STZ-induced diabetic mice (57, 58). M1R-KO mice were also protected from diabetic neuropathy, revealing a primary role for M1R in driving neuroprotection (Figure 4B). However, these findings require cautious interpretation. We found no evidence for diabetes altering the endogenous muscarinic receptor signaling pathway. Previous work revealed no change in ChAT activity in the sciatic nerve of db/db mice (59), and in the current study, mRNA levels for the M1R in the DRG were not affected by STZ-induced diabetes (Supplemental Figure 5). Further studies are required to determine whether endogenous GPCR activity was altered by diabetes. Nonneuronal cells such as keratinocytes also express M1R, so that systemic delivery of M1R antagonists or loss of M1R in the M1R-KO mice may impart neuroprotective and regenerative effects via alternative and/or additional pathways. Keratinocytes exhibit a rich cholinergic phenotype with expression of a range of muscarinic and nicotinic components, including M1R, ChAT, and AChE (60). It has been reported that, during development, keratinocytes produce a cholinergic barrier to penetration of the superficial layers of the epidermis by the plastic peripheral terminals of epidermal sensory neurons (60). Thus, in our studies using systemically delivered M1R antagonists in animals, these agents could also operate via blockade of M1R activity in keratinocytes or by disruption of the keratinocyte cholinergic barrier. Blockade of M1R signaling in satellite cells within the DRG, which then affects neighboring neurons, also cannot be excluded. However, M1R expression has not yet been demonstrated in satellite cells, and a study utilizing electron microscopy combined with autoradiography in rat superior cervical ganglia found specific binding of a muscarinic agonist to the M1R in neuronal somata and dendrites and not satellite cells (61). Given the possible range of off-target effects of the antimuscarinic drugs, it was promising that, from a therapeutic standpoint, no side effects were observed. Moreover, none of the drugs in the long term (3- to 4-month treatment protocols) affected the diabetic state, thereby excluding acute or long-term modulation of pancreatic function (Supplemental Tables 1 and 2). Noninvasive and iterative echocardiogram studies in STZ-induced diabetic mice have also been unable to demonstrate alterations in cardiac structure or function (data not shown).

Although the manifestations of peripheral neuropathy can vary between patients with any of the diseases modeled in our studies, there is a growing appreciation that mitochondrial dysfunction contributes to many types of neuropathy by promoting retraction or loss of peripheral sensory terminals and sensory loss (2–4). Sensory neurons exhibit a condensed mitochondrial network, and this is particularly apparent in unmyelinated neurons that require very high rates of ATP production to maintain electrical activity along the whole length of the axon due to the absence of nodes of Ranvier to mediate saltatory conduction (8, 34). In human skin biopsies, loss of mitochondrial content in IENF of patients with early signs of neuropathy has been documented (62). Our in vivo studies with pirenzepine-treated type 1 and type 2 diabetic rodents indicate that nerve protection and/or repair occurred in association with correction of deactivation of AMPK and of multiple indices of mitochondrial dysfunction in the DRG (Figure 5, A–C, and Supplemental Figure 6, C–E). Other factors that augment mitochondrial function, such as ciliary neurotrophic factor and C-terminal inhibitors of heat shock protein 90, also correct neuropathy in diabetic rodents (37, 38). The blockade of muscarinic receptor–mediated inhibition of mitochondrial activity using antimuscarinic drugs may not represent a specific intervention against any one primary pathogenic mechanism and potentially allows broad therapeutic application to all conditions that show diminished energy capacity under stress. Moreover, diminished AMPK activity and mitochondrial complex expression and activity are not unique to the nervous system in diabetes, and...
similar deficits have been reported in mesangial cells of the kidney in diabetic nephropathy (63). Interestingly, a recent drug screen for factors enhancing myelination in models of multiple sclerosis also identified broad spectrum antimuscarinics as potential therapeutics (64). While the animal models of peripheral neuropathy that we studied do not exhibit overt demyelination, it is a feature of the equivalent human diseases that may also be amenable to antimuscarinic therapy.

Peripheral neuropathy is a major, and largely untreated, cause of human morbidity, with huge associated health care costs (65). One particularly encouraging implication of our identification of the endogenous M$_R$-mediated suppression of sensory neuron metabolism is that drugs that modulate this process are already in widespread clinical use for other indications. Moreover, the safety profile of antimuscarinic drugs is well characterized, with over 20 years of clinical application for a variety of indications in Europe and the USA (62, 63). As such, antimuscarinic drugs are a promising class of therapeutic agents for factors enhancing myelination in models of multiple sclerosis suggested by our studies could potentially translate relatively rapidly to clinical use. Nerve conduction slowing is commonly used as an efficacy endpoint in clinical trials, and this disorder was prevented in diabetic rodents by pirenzepine therapy. Most notably, structural (IENF loss) and functional (thermal hypoalgesia) indices of small fiber neuropathy present in diabetic rodents were both prevented and reversed by antimuscarinic drugs. Since small fiber degeneration develops early in the human disease and can be reliably quantified using a variety of minimal or noninvasive techniques that can be applied iteratively (66–68), future clinical trials of antimuscarinic drugs might feasibly focus on reversal of these early indices of neuropathy. Further, as antimuscarinic drugs were effective in augmenting collateral sprouting in our in vitro assay, this new therapeutic approach may be most effective during the early stages of a dying-back neuropathy prior to overt and/or complete fiber loss.

**Methods**

**Culture of adult sensory neurons from rats and mice.** DRGs from adult male rats or mice (from Central Animal Care, University of Manitoba) were dissociated using previously described methods (37, 69, 70). Centrifugation through a 15% BSA column was used to enrich for neurons, as described (71). This procedure removed the vast majority of fibroblasts and Schwann cells; however, a small number of satellite cells approximating 5% to 10% of the final culture remained (mostly directly associated with large sensory neurons). Neurons were cultured in defined Ham’s F12 media in the presence of modified Bottenstein’s N2 supplement without insulin (0.1 mg/ml transferrin, 20 nM progesterone, 100 μM putrescine, 30 nM sodium selenite, 0.1 μg/ml BSA; all additives were from Sigma-Aldrich; culture medium was from Life Technologies). In all experiments, the media was also supplemented with a low-dose cocktail of neurotrophic factors (0.1 ng/ml NGF, 1.0 ng/ml GDNF, and 0.1 ng/ml NT-3; all from Promega). The growth factor treatment attempted to mimic the levels of neurotrophic support experienced in vivo by sensory neurons (see Supplemental Figure 1 for rationale). As shown in Figure 2F and Supplemental Figure 1, we also used a medium-dose cocktail (0.3 ng/ml NGF, 5 ng/ml GDNF, 1 ng/ml NT-3, and 0.1 nM insulin) or a high-dose cocktail (1 ng/ml NGF, 10 ng/ml GDNF, 10 ng/ml NT-3, and 1 nM insulin). Age-matched control neurons were cultured in the presence of 10 mM D-glucose and 0.1 nM insulin and diabetic neurons with 25 mM D-glucose and zero insulin. M17 was purchased from Alomone Labs.

**Assessment of total neurite outgrowth.** Rat or mouse neurons grown on glass coverslips were fixed with 2% paraformaldehyde in PBS (pH 7.4) for 15 minutes at room temperature and permeabilized with 0.3% Triton X-100 in PBS for 5 minutes. Cells were then incubated in blocking buffer (Roche) diluted with FBS and 1.0 mM PBS (1:1:3) for 1 hour, then rinsed 3 times with PBS. The primary antibody used was against β-tubulin isoform III (cat. T8578; 1:1000), which is neuron specific (Sigma-Aldrich). Plates were incubated at 4°C overnight. The following day, the coverslips were incubated with CY3-conjugated secondary antibodies (Jackson ImmunoResearch Laboratories) for 1 hour at room temperature and then mounted and imaged using a Carl Zeiss Axioskop-2 fluorescence microscope equipped with an AxioCam camera. Random images were captured using AxioVision 4.8 software. Alternatively, in neurons transfected with GFP-expressing vectors, random images of the GFP signal were captured. Quantification of total neurite outgrowth was performed by measuring the mean pixel area of captured images using ImageJ software (NIH) adjusted for the cell body signal. All values were adjusted for neuronal number (38, 72). In this culture system, the level of total neurite outgrowth has been validated to be directly related to an arborizing form of axonal plasticity and homologous to collateral sprouting in vivo (73).

**Real-time intracellular calcium imaging.** For acute measurements, as shown in Figure 1, F–H, neurons were cultured in 96-well glass-bottom dishes overnight and then loaded with calcium-sensitive dye using the Fluo-4 NW (no wash) Kit from Thermo Fisher Scientific. The dish was placed in a Cellomics Arrayscan–VTI HCS Reader (Thermo Fisher Scientific) with liquid delivery attachment. Baseline signals were collected over 1 to 2 minutes; then drugs were added, after which images were collected over 80 seconds. At least 54–78 neurons were imaged in each well over this period. The data are presented as averaged intensity of flou-4 fluorescence.

**Cloning and expression of MIR.** The full-length cDNA of M$_R$ was amplified using the forward and reverse primers (ATGAACACCTCAGTGCGATAGGGA, 5’-3’) for total RNA extracted from C57BL/J mouse brain tissue. The MIR-cDNA was subsequently cloned in pEGFP-C1 vector (Promega) at the Xho1 and SacII restriction sites. The pEGFP-M$_R$ plasmid was transfected into adult primary rat DRG neurons using Amaxa Rat Neuron Nucleofection Reagent (VPG-01003) and cultured as described above. The neurons were harvested 48 hours after transfection, and cell lysates were prepared for Western blot, or neurons were fixed in 2% paraformaldehyde. Western blot was immunoblotted using antibodies to GFP (ab-290, Abcam) and M$_R$ (AMR-001, Alomone Labs) to detect M$_R$-GFP fusion protein.

**Measurement of mitochondrial respiration in DRG neurons from mice and rats.** An XF24 Analyzer (Seahorse Biosciences) was used to measure neuronal bioenergetic function. The XF24 creates a transient 7-μl chamber in specialized 24-well microplates that allows for OCR to be monitored in real time. Culture medium was changed 1 hour before the assay to unbuffered DMEM (pH 7.4) supplemented with 1 mM pyruvate and 10 mM D-glucose. Neuron density in the range of 2,500-5,000 cells per well gave linear OCR. Oligomycin (1 μM), carbonyl cyanide-3-trifluoromethoxyphenyl hydrazide (FCCP) (range of 0.1 to 1.0 μM), and rotenone (1 μM) plus antimycin A (1 μM) was inject-
transfected in triplicate with 1.8 μg of PGC-1α Luc-promoter plasmid DNA and 0.2 μg of pCMV-Renilla (Promega) using the Amaxa Nucleofector Electroporation Kit for low numbers of cells according to the manufacturer’s instructions (ESBE Scientific). Cells were lysed using passive lysis buffer provided with the Dual-Luciferase Reporter Assay System (Promega). Luciferase activity was measured using a luminometer (model LMAXII; Molecular Devices). 20 μl of each sample was loaded in a 96-well plate and was mixed with 100 μl of Luciferase Assay Reagent II, and firefly luciferase activity was first recorded. Then, 100 μl of Stop-and-Glo Reagent (Promega) was added, and Renilla luciferase activity was measured. All values were adjusted to Renilla luciferase activity and normalized to control plasmid pGL3 levels. CC, a specific inhibitor of AMPK (77), was obtained from Abcam.

**Viral transduction of AMPK mutants in cultured sensory neurons.** Adult sensory neurons from control or diabetic rats maintained in the presence of a low-dose cocktail of neurotrophic factors were infected with adenovirus carrying dominant negative mutants of AMPKα1 or AMPKα2 subunits (DN1 or DN2) or constitutively active AMPK (ad-AMPK-CA), respectively. The ad-AMPK-CA and dominant negative adenoviral constructs were delivered at 20 PFU/cell, and the control adenoviral construct was delivered at 10 PFU/cell. Cultures were allowed to attach/grow for 1 day and were incubated with adenovirus for 3 hours, and the media was changed. Neurite outgrowth was determined in GFP-positive neurons 48 hours after infection. The constructs were gifts from Jason Dyck (University of Alberta, Edmonton, Alberta, Canada) (78).

**Respiratory complex activities in mouse DRG.** Measurements of enzymatic activities of respiratory complexes from mouse DRG homogenates were performed using a temperature-controlled UltraSpec 2100 UV-visible spectrophotometer equipped with Biochrom Swift II software (Biopharmacia Biotech) as previously described (11).

**Animals.** Studies were performed in Sprague-Dawley rats (Harlan) and Swiss Webster, C57BL/6 (stock 000664), C57BLKs (stock 000662), and BKS.Cg-Dock7m+/+Leprdb/J (stock 000642: commonly called db/db) mice (all Jackson Laboratories) or M.R knockout mice on a C57BL/6 background (line 1784; Taconic Biosciences Inc.) (79). In all but the spontaneously diabetic db/db mice, type 1 diabetes was induced by injection of STZ (from Sigma-Aldrich) in 0.9% saline after overnight fast at a single dose of 50–60 mg/kg for female rats, 75 mg/kg for male rats, or 90–100 mg/kg on 2 consecutive days for mice. Blood glucose levels were confirmed 4 to 7 days later in samples obtained by tail prick and measured using a strip-operated reflectance meter (One Touch Ultra, LifeScan Inc.). Persistence of diabetic status was confirmed at the end of each study (see Supplemental Tables 1 and 2) by recording body weight, blood glucose, and in select studies, plasma insulin concentration (Ultra Mouse Insulin ELISA kit, Crystal Chem Inc.) and HbA1c (A1CNow Test Kit, Bayer Healthcare). Paclitaxel neuropathy was induced by injection (5.0 mg/kg i.p.) on days 1, 3, 5, and 7 of the study (80). DCA neuropathy was induced by daily injection (1.0 g/kg i.p.) throughout the study (43, 81). Local exposure to gp120 (product 619) was given at 10 mg/kg s.c. 5 times weekly, and VU0255035 (a gift from Vanderbilt Center for Neuroscience Drug Discovery, Franklin, Tennessee) was given at 10 mg/kg.
mg/kg i.p. 5 times weekly. MT7 (product M-200, Alomone Labs) was given as eye drops (20 μl of 25 ng/ml solution in 0.1 M sodium phosphate buffer) either once daily from the onset of gp120 exposure or 3 times daily starting after 5 weeks of gp120 exposure.

**Behavioral tests.** Hind-paw withdrawal responses to von Frey filaments (50% paw withdrawal threshold in gram of force applied) and radiant heat (latency to withdrawal in seconds) and also paw flinching following injection of 50 μl 0.5% formalin were measured in conscious unrestrained animals (82, 83).

**Electrophysiology.** Electrophysiological parameters were determined as previously described in multiple papers (84, 85). Animals were anesthetized with isoflurane and stimulating electrodes placed at the sciatic notch and Achilles tendon of the left hind limb, with recording electrodes placed in the interosseous muscles of the ipsilateral foot. Nerve temperature was maintained at 37°C and the nerve stimulated by single-square wave pulses applied first to the notch and then the tendon. Peak-peak latency of the resulting M or H waves was used to derive MNVC and sciatic sensory nerve-conduction velocity (SNCV), respectively, using the distance between stimulating electrodes. NCV was measured in triplicate and the median used to represent NCV of the animal.

**IENF quantification.** The plantar dermis and epidermis of the hind paw was removed and added to 4% paraformaldehyde. Tissue was processed to paraffin blocks, cut as 6-μm sections, and immunostained using an antibody to PGP 9.5 (cat. 7863-0504; 1:1000, AbD Serotec); the number of immunoreactive IENF profiles was quantified under blinded conditions by light microscopy and normalized to length of the dermal/epidermal junction (86).

**Corneal confocal microscopy.** Corneal nerves of the subbasal nerve plexus were imaged in anesthetized mice using a Heidelberg Retina Tomograph 3 with Rostock Cornea Module (Heidelberg Engineering), and occupancy of 5 consecutive images (2 μm intervals) per animal was calculated using an 8 × 8 grid (Figure 8) as described elsewhere (87).

**Statistics.** Data are expressed as mean ± SEM and individual data points shown in scatter dot plots when n is greater than 3. Where appropriate, data were subjected to unpaired 2-tailed Student’s t test, 1-way ANOVA with post-hoc comparisons using Tukey’s or Dunnett’s post-hoc tests, or 2-way ANOVA with repeat measures followed by Dunnett’s post-hoc test. GraphPad Prism software was used to perform statistical analysis.

**Study approval.** All animal procedures were approved by the University of Manitoba Animal Care Committee (overseen by the Committee on Animal Care) using Canadian Council of Animal Care rules or the Institutional Animal Care and Use Committee at UCSD.

**Author contributions**

KF, AG, TMZ, and DRS established, maintained, treated, and performed behavioral assays on groups of rats and mice. LT, RVDP, MGS, and DRS performed primary neuron cell culture, Western blotting, and immunocytochemistry. RVDP carried out the initial drug screen and analyzed calcium signals in cultured neurons. SKR performed mitochondrial enzymatic activities and Seahorse and Oroboros analysis of mitochondrial function. AS carried out gene reporter and adenoval infection studies. MGS generated the GFP-M_R and Halo constructs, reverse-transcriptase PCR (RT-PCR), siRNA knockdown, 2D gel and isoelectric focusing, and time-lapse calcium imaging. KF, JO, AG, NM, and CGJ performed morphometric, electrophysiological, and biochemical assays. LT, RVP, DRS, MGS, AS, SKRC, KF, and CGJ analyzed data. JW provided M_R knockout mice and edited the paper. DRS, MGS, and CGJ designed experiments. PF and NAC designed experiments, analyzed data, and wrote and edited the paper.

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5. Bernstein BW, Bamberg JR. Actin-ATP hydrolysis and occupancy of 5 consecutive images (2 μm intervals) per animal was calculated using an 8 × 8 grid (Figure 8) as described elsewhere (87).
622

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622

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