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Microglia in steady state

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Introduction

The adult CNS consists of billions of neurons, with each neuron creating up to 15,000 interconnections with other neurons (1). This immense neuronal network is delicate and can be only partially replaced; therefore, it is necessary to maintain, support, and guard this fragile system (2–5). In the adult CNS, neuronal maintenance and support are performed by different cell types: glial cells, including astrocytes and oligodendrocytes, often referred to as macroglia, and the resident tissue macrophages of the CNS parenchyma, including the microglia and macrophages of the CNS interfaces such as perivascular, meningeal, and choroid plexus macrophages (6, 7). Historically, the name “glia” is derived from the Greek word for glue, and for a long time, glial cells were just seen as the “cement” that maintains the structure of the CNS. Interestingly, Rudolf Virchow, who first named and described the neuroglia as a connective material between the neurons in 1856, pointed out that understanding the function and behavior of the nervous system requires characterization of the neuroglial biology (8). Following Virchow’s observations, more and more studies were performed to determine the identity of glial cells. Following the characterization of astrocytes, Müller cells, and radial glia, Santiago Ramón y Cajal discovered a new element of the neuroglia, which he claimed was of mesodermal origin (9, 10). In 1919, Pío del Río Hortega showed for the first time that this newly discovered “third element” included both oligodendrocytes and microglia (11). He described the microglial cells as wandering histiocytes with a mesodermal origin, separating them from the other “classical” glial cells with an epidermal origin (12, 13). Nowadays, it is still accepted that microglia are resident tissue macrophages with a mesodermal origin.

Nearly every tissue in the body contains specialized tissue macrophages; however, microglia are a special subset of immune cells, as they are located within an organ that is considered to be immune-privileged (14). During the last hundred years, the aims in the field were to obtain a detailed understanding of microglia under physiological and pathological conditions in the CNS. Microglia were long considered to be in a resting state in the healthy CNS, while inflammation or an infection in the CNS resulted in activation of the microglia to a professional phagocyte that either resolves the inflammation or infection or potentially promotes a pathological process. Nowadays, mounting evidence indicates that microglia are not in a resting state under healthy conditions, but instead play an essential role in maintaining tissue homeostasis under physiological conditions.

In this Review, we summarize the current state of knowledge about the physiological role and function of microglia during brain development and in the healthy adult CNS. We aim to give a detailed view of the physiological tasks microglial cells have in the healthy CNS and further highlight how microglia senescence is created and maintained during development to fulfill these essential tasks in the parenchyma.

Microglial development: from an erythromyeloid progenitor to a specialized tissue macrophage

To fully understand microglial function and properties under steady-state conditions in the CNS, it is important to understand the origins and developmental pathways of these cells. As proposed by Pío del Río Hortega, microglia are of mesodermal origin. In recent decades, it has become accepted that a hematopoietic progenitor enters the CNS early on during embryonic development from a single wave of mesodermal progenitors (6, 15, 16). After several decades of debate as to whether microglia are derived from a single wave of progenitors that enter the CNS only once during development and locally expand and maintain themselves within the CNS throughout an individual’s life, or whether microglial hematopoietic progenitors invade the CNS during early embryogenesis and are also continuously exchanged from a circulating hematopoietic progenitor pool throughout life (17). A number of studies in the last several years have provided detailed insights into microglial development and proven that microglial cells are derived from one single embryonic wave of progenitors (18–21). The first microglia enter the developing neuroectoderm in the mouse embryo at 9.5 days postconception (dpc) (18, 21, 22). These early embryonic microglia are derived...
and differentiation of microglia during development are highly dependent on colony-stimulating factor 1 receptor (Csf1r) expression (18, 29). Csf1r-deficient mice lack microglia and are devoid of the yolk sac–derived EMPs that give rise to embryonic microglia. Interestingly, mice deficient in one of the two known Csf1r ligands, colony-stimulating factor 1 (Csf1) or interleukin-34 (Il34), show only reduced numbers of microglia. Il34-deficient animals have decreased numbers of microglia in several brain regions (30, 31), whereas Csf1-deficient animals are reported to have either no microglia phenotype or a slightly decreased number of microglia (29, 32–34). In a study comparing microRNA expression in adult microglia and other myeloid cells, it was found that microglia are highly dependent on TGF-β signaling during their differentiation. Microglia are absent in the CNS of TGF-β–deficient mice, and they develop defects in glutamate homeostasis and synaptic plasticity (35). It is not yet clear how microglia are distributed throughout the CNS, and several different mechanisms have been proposed for their distribution, such as migration along radial glial cells toward different brain regions or the recruitment of microglia via guidance cues supplied by different brain regions (36). Undisturbed microglial development is tightly coupled to normal physiological function of adult microglia in the CNS, and a slight disturbance in the maturation and expansion of the cell population can have severe effects on the functional properties of the CNS (37). Therefore, it is still necessary to uncover more details of microglial cell development to completely understand the process that establishes a network of adult steady-state microglia during development.
Physiological function of microglia during embryonic and postnatal development

While the first microglial progenitors are entering the neuroectoderm, the first neurons are born in the mouse CNS (38). There is also some evidence that microglial cells appear in CNS regions with the onset of functional neuronal networks (39). This correlative event might indicate that during the development of neurons and neuronal circuit formation, microglia are required in the developing neuroectoderm. Csf1r-deficient animals, which do not have any microglia, exhibit severe defects in brain development with marked structural abnormalities in brain architecture, including olfactory bulb atrophy, expansion of the lateral ventricles, and dramatic thinning of the neocortex (29, 40). Microglia seem to serve several different functions during CNS development particularly as “architects,” orchestrating and coordinating the patterning and wiring in the developing CNS. In the following sections we will further discuss four main functions of microglia during development: the phagocytosis of dead cells, the trophic support of developing neurons in the CNS, the guidance of developing vasculature in the CNS, and the support and refinement of developing neural circuits by synaptic pruning (Figure 1).

Phagocytosis of apoptotic neurons during development. As professional phagocytes, microglia play a major role in removing apoptotic neurons from the developing CNS. In some regions up to half of all neurons born during development undergo apoptosis prior to adulthood (41, 42). Microglia are found in close proximity to apoptotic neurons in the developing brain, where they remove apoptotic debris (43–45), as well as induce programmed cell death. Microglia induce apoptosis in Purkinje cells of the cerebellum, but also in other brain regions including hippocampus, via release of superoxide ion, similar to the respiratory bursts seen in neutrophils (46–48). Release of superoxide ion is induced by the integrin CD11b and the immune receptor DNAX activation protein of 12 kDa (DAP12) after microglial interaction with the target neuron (48). DAP12 and its receptor, triggering receptor expressed on myeloid cells 2 (TREM2), have been shown to induce removal of apoptotic neurons in vitro and indicate that microglia play a critical role in eliminating apoptotic neurons during development without inducing an inflammatory phenotype (49, 50). Interestingly, mice lacking microglia, such as Pd.1- or Csf1r-deficient animals, have not been found to have major defects in removal of apoptotic neurons during development, suggesting that other cells in the CNS might be involved in the removal of apoptotic neurons.

Trophic support of developing neurons. In addition to the removal of idle neurons during development, microglia also support and promote neuronal survival in the developing CNS via secretion of different neurotrophic factors. Microglia are critical for the survival of cortical layer V neurons during postnatal development (51). Ablation of microglia or deficiency of the chemokine receptor Cx3cr1 resulted in a decreased survival of the layer V neurons. Interestingly, microglial secretion of insulin-like growth factor 1 (IGF-1) mediated the supportive effect on layer V neurons during development. Microglia also appear to be involved in the induction of programmed cell death via the release of neurotrophins (52). In the chick retina, tropomyosin receptor kinase A-negative (TrKA-negative) neurons are removed by the microglial secretion of nerve growth factor (NGF), which induces apoptosis via binding to low-affinity neuronal growth factor receptor p75 (52). Several in vitro studies showing the effects of microglia-secreted factors on neuronal survival indicate that there may be a variety of factors that can promote or reduce neuronal survival during development. Microglia are also involved in controlling the size of the neural precursor pool in the subventricular zone (SVZ), by eliminating T-box brain protein 2–positive (TBR2) and paired box protein-6–positive (Pax6+) neural precursors (53). Microglia activation by LPS or microglia inactivation by doxycycline or progesterone modulates neural precursor cell number (53, 54). Overactivation of microglia leads to a decreased number of precursors and a thinning of the SVZ, whereas a decrease in microglial activity results in an increased number of neural precursors (54). However, it should be mentioned here that the treatments used in these studies were not specific to microglia. Also, Pd.1-deficient animals show a decreased number of proliferating cortical progenitors in ex vivo cultures (55). Thus, microglia seem to play a major part in the establishment of the correct number of neurons by regulating cell death and survival in a region-specific manner through the orchestration of prodeath and prosurvival signals.

Guidance of the developing vasculature. One important event during the development of the CNS from a few neuronal layers to billions of neurons organized in different circuits within distinct brain regions is the vascularization of the CNS to provide nutrients and oxygen. The sprouting of blood vessels into the neuroectoderm starts around 10 dpc in mice (56), shortly after the first microglial progenitors enter the CNS. Microglia in the developing neuroectoderm play an essential role in vascular networking by serving as “tip macrophages” that connect sprouting vessels. In mice and zebrafish, microglia promote the branching of invading sprouting vessels, and a reduction in microglia leads to a decreased number of vascular branching points (57). Moreover, Csf1r-deficient animals, which do not have retinal microglia, exhibit a decreased branching of the vascular plexus compared with their WT counterparts (58). Vessel growth and density were reduced after microglia depletion, but could be restored after intravital injection of microglia (59). Microglia guide the sprouting vessel tip by secretion of soluble guidance factors rather than by direct contact, with bidirectional communication between the sprouting vessel and the microglia (60).

Maturation and refinement of neuronal circuits. Recently, microglia were shown to play an important role in the maturation and formation of neuronal circuits, especially during postnatal development. Electron microscopy data revealed that microglia in the healthy CNS are in constant contact with neuronal and astrocytic elements, and it was therefore suggested that microglia are located close to synapses in the healthy brain (61, 62). It was also shown that microglial cells make direct contact with pre- and postsynaptic structures, and these cells have been seen to continuously interact for 4–5 minutes in the healthy CNS (63). However, this contact is greatly prolonged during the status epilepticus in the ischemic CNS (63), and neuronal hyperactivity results in an increase in microglial processes that are recruited toward the active synapse (64). One can conclude from these and other studies that microglia seem to sense synaptic activity, prolong their contact with actively signaling synapses, and also modulate the neuronal activity at the synapse (63–65). Notably, it has not been shown that interactions...
between microglial processes and synaptic boutons are correlated with the disappearance of these boutons after contact occurs. In the developing brain, the creation of the synapse architecture in neuronal circuits is a critical aspect of CNS maturation (66). Tremblay and colleagues used detailed light and electron microscopy to show that during learning and sensory experiences, microglia are in contact with different synaptic elements, including dendritic spines, axonal terminals, astrocytic processes, and the synaptic cleft (67). Microglia also engulf and remove synaptic elements during sensory experience and are involved in the plasticity of the synapse (67).

It was later shown that microglia take up postsynaptic material, as indicated by the presence of postsynaptic density protein 95–positive (PSD95+) puncta in the microglial processes, as well as synaptic-tosomal-associated protein 25–positive (SNAP25+) material, which is derived from presynaptic elements (68). This study further revealed a dynamic role of microglia in synaptic pruning through removal of unused dendritic spines during postnatal phases. Furthermore, synaptic pruning was dependent on microglia number during the postnatal phase. Cx3cr1 deficiency reduces the number of microglia during the postnatal phase, leading to reduced synaptic pruning and impaired neuronal circuit maturation (68). Microglial synaptic pruning is also dependent on the neuronal activity of the dendritic spines as well as the labeling of developing synapses with complement component C3, which leads to phagocytosis via the microglial complement receptor CD11b (also known as CR3) (69, 70). Several studies indicate that microglia play a major role in synaptic pruning of neurons, and we are only starting to understand the detailed mechanisms of this process. More research is needed to further elucidate the role of the synaptic pruning performed by microglial cells compared with synaptic pruning seen in other glial cells such as astrocytes and self-pruning of neurons (70–73).

The developing CNS has many more synapses than the mature adult CNS; thus, the removal of unused synapses and the maintenance of functional interconnections is an important process. Disruptions in this process are thought to be associated with autism spectrum disorders or other behavior defects and learning disorders (74, 75). Methyl CpG-binding protein 2–deficient (Mecp2-deficient) animals or animals with a myeloid-specific deletion of Mecp2 show Rett syndrome–like phenotypes, which can be rescued by reintroduction of WT bone marrow–derived macrophages to the CNS (76). Interestingly, it has been shown that phagocytic activity of the WT bone marrow–derived cells is necessary to rescue the Rett syndrome phenotype. In contrast, other studies investigating the function of microglia in the development of Mecp2 deficiency–induced Rett syndrome revealed enhanced phagocytosis of dendritic spines during synaptic pruning that is not rescued by reintroduction of Mecp2 into microglia (77, 78). These studies suggest a contribution of microglia in disease pathology, but other mechanisms of disease could also be involved. Further investigation needs to be carried out to reveal the precise contribution of microglia to the development of Rett syndrome.

Psychiatric disease syndromes like obsessive-compulsive disorder (OCD) are potentially associated with dysfunctional microglia. For example, homeobox protein B8–deficient (Hoxb8-deficient) mice develop extensive grooming behavior with hair loss and skin lesions similar to the human OCD spectrum disorder trichotillomania (79). Hoxb8-mutant animals also display an altered sensory response to nociceptive and thermal stimuli that results from a defect of interneurons in the dorsal spinal cord (80). HOXB8 in the CNS is expressed by a subpopulation of microglia, and transplantation of WT bone marrow into Hoxb8-mutant mice rescued pathological grooming behavior, but did not rescue the sensory phenotype (81).

Several studies in the last decade have revealed that microglia contribute to the formation and development of the CNS. As summarized above, this contribution includes regulation of circuit maturation processes and the guidance of developing vessels in the brain. Moreover, microglia enter the CNS at an early time point during development and function both as innate immune cells to protect the developing brain and to guide and construct the developing nervous system. These findings suggest we are just beginning to understand the important roles of microglia in CNS development.

Physiological function of microglia in the adult brain

Microglia are distributed over the entire CNS parenchyma and can be found in every region in the healthy adult CNS. The density of microglia differs between anatomical regions and ranges from 5% in the cortex to 12% in the substantia nigra (82). Interestingly, microglia seem to be more abundant in gray matter than in white matter (83). In several studies it was suggested that microglial cells maintain their own population in the adult CNS via endogenous proliferation (20, 27, 28, 84), but only a limited amount of experimental evidence supporting this hypothesis is available so far. A recent investigation revealed that microglial cell number is tightly controlled by temporal and spatial coupling of apoptosis and proliferation within the microglial population, which provides evidence for tight control of microglial cell numbers (85). Using a novel microglia-fate mapping system, it was shown that in the healthy brain regional differences in microglia self-renewal exist and that microglia expansion is a random process during homeostasis that can shift to clonality upon pathology (86).

In each CNS region, microglia occupy distinct nonoverlapping territories. Therefore, each microglial cell has a highly specialized morphology under physiological conditions with a small cell soma containing few organelles and surrounding elongated processes with secondary branching and lamellipodia (87, 88). This delicate morphology was already recognized by Pío del Río Hortega, who described the radial ramified processes of microglia in 1919 (11). Compared with other tissue macrophages, microglia have a large cell surface area; for example, the perimeter of a hippocampal microglial cell is seven times that of a Kupffer cell in the liver (82). While the phenotype of microglia under physiological conditions has long been described as resting and downregulated, there is accumulating evidence that microglia are important for the maintenance of tissue homeostasis and regulate numerous processes in the adult CNS (6, 89). New imaging techniques and genetic tools have allowed visualization of living microglia in vivo and ex vivo. It was also shown that the elongated processes of microglia move continuously, scanning the surrounding area (62, 90). Several ex vivo studies have monitored physiological microglial motility in hippocampal or cortical slice cultures (90, 91). Even though these studies do not reflect the overall physiological behavior of microglia in vivo, they showed that ramified microglia are motile
Microglia as modulators of synaptic plasticity. Microglia play a critical role in maintaining synaptic plasticity under physiological conditions and in regulating synaptic properties, especially during learning and circuit maturation (98), which particularly occur during postnatal development and early adulthood. However, it is not yet clear whether microglia play a role in the maintenance of synapse properties in the healthy adult CNS. Depletion of microglia in the postnatal CNS or deletion of brain-derived neurotrophic factor (BDNF) in CX3CR1+ cells, which include microglia, resulted in reduced synaptic structural plasticity associated with learning (99). Depletion of microglia in different postnatal phases led to a decrease in both synapse elimination and formation during learning, indicating that microglia play a role in dendritic spine remodeling during motor skill learning. Interestingly, microglia deletion in early adulthood still resulted in reduced synapse elimination and decreased motor learning (99). Therefore, microglia retain the capacity to regulate learning-induced synapse modification in young adult animals. Surprisingly, microglia deletion via administration of the CSF1R inhibitor PLX3397 in adult animals (2 months old) did not result in behavioral or cognitive defects or changes in synaptic properties, even after 3 weeks of treatment (100).

Adult resident microglia are in continuous contact with neurons to monitor their functional status. This interaction and communication between neurons and microglia are maintained by a variety of receptors and ligands such as CX3CR1/fractalkine (CX3CL1) or CD200/CD200R (Figure 2). The detailed interaction network between microglia and neurons and how this network maintains the physiological status of microglia and the appropriate function of the neuronal network are reviewed in detail elsewhere (101-103).

Regulation of adult neurogenesis by microglia. Adult microglia regulate postnatal neurogenesis in the hippocampus and SVZ. Whereas aging seems to have a negative effect on microglia, resulting in a decrease in neurogenesis, exercise and environmental enrichment physiologically prime microglia to support adult neurogenesis (104-106). Exercise enhances hippocampal microglial release of the chemokine CX3CL1, which protects neuronal precursor cells (106). Additionally, microglia help maintain the hippocampal neurogenic niche in the dentate gyrus via expression of CX3CR1, which mediates the communication and interaction between microglia and neurons in adult mice (103). In several studies, microglial CX3CR1 was also shown to play a major role in supporting and regulating adult neurogenesis. Deficiency in CX3CR1 or interruption of CX3CR1 signaling resulted in an upregulation of proinflammatory signaling in microglia and a dramatic reduction of adult hippocampal neurogenesis (107, 108). Neuronal progenitors continuously proliferate in the subgranular zone of the dentate gyrus, but only a few of them become integrated in functional neuronal circuits; all other cells undergo apoptosis. Ramified microglia in the hippocampus phagocytose apoptotic cells via terminal branches, building characteristic ultrastructural formations that can be described as “ball and chain” structures (109). Because of their role in the maintenance of the hippocampal neurogenic niche during adulthood, microglia are essential components in learning and memory formation. A recent study also showed that microglia serve important functions in phagocytosing apoptotic cells from the neurogenic niche.
in the SVZ (110). The Tyro3, Axl, and Mertk (TAM) RTKs Mer and Axl expressed on microglial cells were shown to be detrimental for phagoptosis. Phagoptosis is the phagocytosis of neuronal progenitors that are still viable but already upregulated first apoptotic markers leading to recognition by phagocytes. Therefore, microglia regulate cellular density of neuronal progenitors in the SVZ during adult neurogenesis (110).

Mutations affecting microglial function in the adult CNS. The findings discussed above indicate that microglia play an essential role in maintaining tissue homeostasis in the healthy CNS and therefore the undisturbed function of the neuronal network; however, the entire repertoire of microglial function has not been fully elucidated. Newly developed genetic tools and techniques will help to identify and verify more physiological functions in the future. We would now like to highlight a few examples demonstrating the detrimental role of microglial cells for a physiological and healthy tissue homeostasis in the CNS. The induced deficiency of the microglial signature transcription factor SALL1 in adult microglia resulted in a loss of microglia-specific genes and the expression of genes associated with other tissue macrophages. SALL1 deficiency in microglia and other CNS tissue macrophages resulted in an increase in the number of microglia and a reactive microglia phenotype that was accompanied by a decrease in differentiating doublecortin-positive neural blasts in the hippocampus (95). Loss of the transcription factor IRF8, which is involved in microglial development, resulted in drastic morphological changes in adult microglia and a maturation defect accompanied by marked changes in the gene expression profile of microglia under physiological conditions (20). Further, IRF8-deficient patients exhibited severe immunodeficiency; however, the impact of IRF8 deficiency on their cognitive function was not studied (111).

Ubiquitin-specific protease 18 (USP18) was recently found to be a critical negative regulator of microglial activation, especially in white matter microglia (112). Loss of USP18 induces an overactivated phenotype in resting microglia and severe CNS pathology. Usp18-deficient microgliopathy resulted from prolonged STAT1 activation and expression of IFN-induced genes in microglial cells. Absence of type 1 IFN receptor α chain (IFNAR1) rescued the hyperactivated microglial phenotype, indicating that there is a tonic IFN signal under physiological conditions in the CNS, as well as an inability of Usp18-deficient microglia to terminate IFN signaling. Therefore, dysregulation of IFN signaling results in a loss of microglial homeostasis in the adult CNS (Figure 2). Notably, the recent identification of Usp18-deficient patients with severe brain abnormalities underscores the essential role of USP18 for normal CNS homeostasis (113).

Microglial interaction with peripheral processes. Under physiological conditions, microglia are meant to serve as resident immune cells in a highly immune-privileged organ with little contact with the periphery. However, it is now clear that microglia may interact directly or indirectly (through perivascular macrophages and endothelial cells) with the periphery, including with the circulating blood. Microglia are highly sensitive to peripheral metabolic changes, with excess dietary lipids resulting in an immunoreactive phenotype (114). It has also been shown that microglial cells in the hypothalamus exhibit a proinflammatory gene expression profile and activated morphology upon high-fat-diet feeding. Another study demonstrated that microglia are highly dependent on the presence of the gut microbiota and associated metabolites to develop into fully functional mature microglia in the adult CNS (115) (Figure 2). Microglia from germ-free mice or adult mice with depleted gut microbiota showed an immature microglial phenotype with a concomitant impaired immunological response and a drastic change in gene expression (110), as short-chain fatty acids, which are metabolites produced from resident gut microbiota, trigger maturation of adult microglia. These recent data demonstrate an important and unexpected role of the gut microbiota in the maturation and physiological status of microglia in the CNS and suggest studies to further analyze the interaction of the gut microbiota and microglia and the consequences of these interactions for CNS homeostasis.

Summary
The findings summarized in this Review highlight a plethora of novel microglia functions in the CNS under physiological conditions, from the guidance of developing neuronal networks to the maintenance of neuronal circuits in the adult. Unlike a resting immune cell, microglia are responsible for multiple tasks in the physiological CNS to maintain homeostatic function. Furthermore, these cells resemble a dynamic and highly specialized tissue macrophage, equipped with a gene signature imprinted from their yolk sac EMP origin and a highly specialized gene signature acquired upon entry into the CNS. Although we have a good idea where microglial cells originate and when they populate the CNS, it still remains unclear how microglial cells control their cell number and distribution throughout the adult CNS. Based on the recent literature, we can conclude that if microglia cannot develop into their physiological ramified state, the tissue homeostasis of the adult CNS is highly disturbed. During development, microglia are integrated in a complex signaling network and highly adapted to the CNS environment; even small alterations during this time can disturb these cellular interactions and result in dramatic short- or long-term changes. This signaling network of microglial cells with neurons, but also with other neighboring microglial cells, is not fully understood, and we are just beginning to understand the communication and interactions of microglial cells in the healthy CNS. Recent studies have only started to demonstrate the complexity of microglial involvement in neuronal network formation and wiring, and it is still uncertain how many behavioral and psychiatric disorders may result from microglial dysfunction or mutations affecting microglial cells. Therefore, there are still many questions about microglial behavior under steady-state conditions. We believe that all of the findings described in this Review mark only the start of a full understanding of how microglial cells function under steady-state conditions, and that physiological microglial behavior will be uncovered in future studies that employ newly developed tools to study microglia in the healthy CNS.

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